

2013 AAU Indoor National Track & Field Championship
Friday, Saturday and Sunday * March 15-17, 2013**
Friday Event Schedule

Friday, March 15

Multi-Events/Racewalk

NOTE: This will be a rolling schedule. Facility is open for practice from 10:00-11:00am

Order of Events/Age Division (NOTE: All events begin at 12:00pm unless otherwise specified)

Pentathlon - 15-16 year old Girls & 17-18-19 year old Men (Finals)

.....55 m Hurdles (39"), LJ, SP, HJ, 1000 meters

Pentathlon – 15-16 year old Girls & 17-18-19 year old Women (Finals)

.....55m Hurdles (33"), HJ, SP, .LJ, 800 meters

Pentathlon – 13 year old Boys & 14 year old Boys (Finals)

.....55m Hurdles (33"), LJ, SP, HJ, 1000 meters

Pentathlon – 13 year old Girls & 14 year old Girls (Finals)

.....55m Hurdles (30"), HJ, SP, LJ, 800 meters

Pentathlon – 11 year old Boys & 12 year old Boys (Finals)

.....55m Hurdles (30"), LJ, SP, HJ, 1000 meters

Pentathlon – 11 year old Girls & 12 year old Girls (Finals)

.....55m Hurdles (30"), HJ, SP, LJ, 800 meters

Triathlon - 9 year old Girls, 10 year old Girls (Finals)

.....HJ, SP, 200

Triathlon – 9 year old Boys & 10 year old Boys (Finals)

.....HJ, SP, 400

1500 Meter Racewalk **Starting at 2:00 pm (Finals)**

.....9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B

3000 Meter Racewalk **Starting at 2:30 pm (Finals)**

.....13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18-19W, 17-18-19YM

Pole Vault (PV Pit).....13G, 14G, 15-16G, 17-18-19W, 13B, 14B, 15-16B, 17-18-19M

Triple Jump (Pit 1)13G, 14G, 15-16, 17-18-19W, 13B, 14B, 15-16B, 17-18-19M

Friday, March 15

(Night Session)

5:00 3000 Meter Run Finals

.....11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18-19W, 17-18-19M

6:30 200 Meter Dash Prelims All Age groups starting with 8&UG – (Top 8 to Finals)

2013 AAU Indoor National Track & Field Championship
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Saturday Event Schedule

Saturday, March 16

Track & Field Events

Running Events - (NOTE: First event will start at 8:00 am sharp)

NOTE: This will be a rolling schedule

1500 Meter Run Finals (Age groups may be combined by gender)

All age groups starting with 8&UG

55 Meter Hurdles Prelims (top 8 times to finals)

11G, 11B, 12G, 12B, 13G, 14G, 13B, 14B, 15-16G, 17-18-19W, 15-16B, 17-18-19M

55 Meter Dash Prelims –

All age groups starting with 8&UG (top 8 times to finals)

800 Meter Run Timed Finals

All age groups starting with 8&UG-12B (Timed Finals)

400 Meter Dash Finals

All age groups starting with 13G-17-18-19M (Timed Finals)

Field Events - (NOTE: First event will start at 8:00 am sharp)

Long Jump (Pit 1)

13B, 15-16B, 13G, 15-16G, 9B, 11G

Long Jump (Pit 2)

14B, 17-18-19M, 14G, 17-18-19W, 10B, 12G

High Jump (Pit 1)

11B, 12B,14B, 13B, 14G, 13G

High Jump (Pit 2)

9G, 10G, 11G, 12G, 9B, 10B

Shot Put (Ring 1)

13G, 14G, 17-18-19W, 15-16G, 13B, 14B, 12G, 11G, 10G

Shot Put (Ring 2)

17-18-19M, 15-16B, 12B, 11B, 10B, 9B, 8&UB, 9G, 8&UG

***2013 AAU Indoor National Track & Field Championship
Friday, Saturday and Sunday *** March 15-17, 2013
Sunday Event Schedule***

Sunday, March 17

Track & Field Events

Running Events - (NOTE: First event will start at 8:00 am sharp)

NOTE: This will be a rolling schedule

200 Meter Dash Finals

All age groups starting with 8&UG (top 8 times from Prelims)

400 Meter Dash Finals

8&UG-12B (Timed Finals)

55 Meter Hurdles Finals

11G, 11B, 12G, 12B, 13G, 14G, 13B, 14B, 15-16G, 17-18-19W, 15-16B, 17-18-19M

55 Meter Dash Finals

All age groups starting with 8&U (top 8 times from Prelims)

800 Meter Run Timed Finals

13G-17-18-19M (Timed Finals)

4 x 400 Meter Relay Finals

10G, 10B, 12G, 12B, 14G, 14B, 15-16G, 15-16B, 17-18-19W, 17-18-19M

Field Events - (NOTE: First event will start at 8:00 am sharp)

High Jump (Pit 1)

15-16B, 17-18-19M, 15-16G, 17-18-19W

Long Jump (Pit 1)

12B, 11B, 10G, 9G, 8 &UG, 8&UB