



Region 23 2014 Track & Field Championship

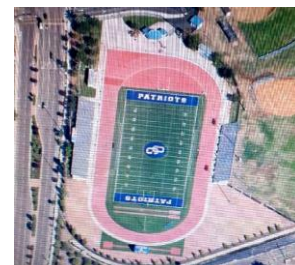


Pacific Southwest, Southern Nevada and Southern Pacific Districts

Regional Championship Meet

Top 8 in running events, top 5 in field events, and top 4 in multi-events/relays will advance to the [2014 AAU Junior Olympic Games in Des Moines, Iowa](#)

Location: Orange Glen High School 2200 Glenridge Road, Escondido, CA 92027
Host: Jackie Robinson Family YMCA – <http://www.jackierobinson.ymca.org>
Facilities: The facility has an all-weather surface and runways. Spikes must be ¼ inch or less.
Dates: June 14-15, 2014 (Track & Field) | June 12-13, 2014 (Multi Events)
Sanction: This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
Entry Fees: \$20.00 per athlete. This includes athletes on relays and alternates.
Late Entry: All entries must be received before June 11, 2014 deadline. NO EXCEPTIONS!
Relay Fees: NONE
Eligibility: All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site <http://aausports.org/JoinNow.aspx> to obtain their membership. Relay Teams must have a current AAU club membership. You can get a club membership at <http://aausports.org/JoinNow.aspx>. **AAU memberships will not be sold at the Region 23 Track & Field Championship.**



AAU Card: All athletes must be able to present their 2014 AAU membership number at the time of Coach O online registration. All relay teams must present current 2014 AAU Club code at the time of Coach O online registration.

On-Line Meet Registration: The 2014 AAU Region 23 Track and Field Championship has online registration for the meet. **You must also pay your entry fees online as well, so you will need a credit card.** Entries are not valid until payment is made. http://coachoregistration.com/track/entry/ca_aaung23 for the meet will be available from Monday, May 19, 2014 until Wednesday, June 11, 2014. All entries must be received before June 11, 2014 deadline. NO EXCEPTIONS! In track and field, a competitor in the 8 & under, 9 Years, 10 Years, 11 Years, or 12 Years, Divisions may enter a maximum of three (3) events per competitor, including relays. Competitors in the 13 Years, 14 Years, 15-16 Years, or 17-18 Years age divisions may enter a maximum of four (4) events per competitor, including relays. These event limitations include relays, but do not include multi-events. Entry in a relay, either as a principal or an alternate member, will be considered an entry for the purpose of this rule. **Those athletes who qualify in certain events for National Championship meets are eligible to compete in only those events during the applicable meet.**

Multi-Events In 2014, all Multi-Event divisions with more than one (1) entry will be contested on June 12-13, 2014 at Orange Glen High School. Schedule is TBA. Athletes must declare their entry on CoachO.com prior to the June 11, 2014 entry deadline.

Important: Please check your entries using the Coach O Email Confirmation. TO FIX MISTAKES BEFORE THE DEADLINE: Log back in to Coach O using your account information and make revisions. TO FIX MISTAKES AFTER THE DEADLINE, BUT BEFORE CHECK-IN: Send the change to jpeevy7@gmail.com. All clerical changes (spelling, team, gender, DOB) will be made at no charge. All changes related to events and relay teams will be allowed with a \$10 fee per change. TO FIX MISTAKES AT CHECK-IN: All clerical changes (spelling, team, gender, DOB) will be made at \$5 per athlete. All changes related to events and relay teams will be allowed with a \$15 fee per change. All late payments must be made in cash.

Check-In: Check-in for all athletes and coaches participating in the 2014 AAU Region 23 Track & Field Meet will be held at Orange Glen High School. Hours of operation on Saturday and Sunday will begin at 7:00am. All participants must check-in prior to competition. Races and events will not be held up for athletes checking in.

Parking: No charge for parking. The 2014 AAU Region 23 Track and Field Championships parking will be on a first come first serve basis.

Spectator Fee: Spectator Fee's will be as follows: Admission \$5.00. Children 4 and Under FREE.

Fluids: Water will be available for athletes.

Weather: The average high temperature in San Diego during the month of June is in the mid 80's with low humidity.

Facilities: Restroom facilities will be available at the venue.

Hip Numbers: Hip numbers will be issued at clerk of course and will be required for all running event competitors in their event.

Warm Up: Will be located on the fields outside of the stadium.

Information: Region 23 Meet Director- Michael Brunker 619-264-1451 mbrunker@ymca.org <http://www.jackierobinson.ymca.org>

Volunteers: An event this big needs all kinds of support. **To volunteer email jackierobinson@ymca.org**

Awards: All advancing positions in each event will receive medals. Ribbons will be awarded for each place in every contest.

Age Determination:	8 & Under	2006 and after
	9 years	2005
	10 years	2004
	11 years	2003
	12 years	2002
	13 years	2001
	14 years	2000
	15-16 years	1998-1999
	17-18 years	1996-1997



Relays: Relays will only be contested in all age divisions.

READ CAREFULLY: All races will be seeded by time entered. All races will be seeded slowest to fastest. If athletes no show for there races, their will be NO re-seeding at the start line. (Meet Committee) Athletes not checked into their field events by the time the first official attempt of the event will scratched from the event. Please check into field events on time. (Meet Committee in accordance to JO Games Rule)

JUNIOR OLYMPIC DECLARATION & REGISTRATION INFORMATION: Those athletes that qualify for the AAU Junior Olympic Games in Des Moines, Iowa must declare and register for the meet at www.coacho.com before July 21, 2014. No entries will be accepted after Midnight EST (9:00pm on the West Coast) July 21, 2014. Do not jeopardize your athlete's chance of competing by not completing this step before the AAU Junior Olympic Games.

Schedule of Events

Saturday, June 14, 2014

Running Events

8:00am	1500m	All Divisions
THIS IS A ROLLING SCHEDULE	110m hurdles (10-39")	15-16, 17-18
	100m hurdles (10-33")	13B, 14B, 15-16G, 17-18W
	100m hurdles (10-30")	13G, 14G
	80m hurdles (8-30")	11G, 11B, 12G, 12B
	3200m relay	11, 12, 13, and 14, 15-16, 17-18
	400m relay	All Divisions
	100m	All Divisions
	800m	All Divisions
	200m	All Divisions
	1600m relay	9, 10, 11, 12, 13, and 14, 15-16, 17-18

Field Events

8:00am	Long Jump	8G, 8B
	High Jump	15-16G, 17-18W
Followed by:	Long Jump	9G, 9B, 10G, 10B
	High Jump	15-16B, 17-18M
Followed by:	Long Jump	11G, 11B, 12G, 12B
	High Jump	13G, 13B, 14G, 14B
	Discus	11B, 11B, 12G, 12B
Followed by:	Long Jump	13G, 13B, 14G, 14B
	High Jump	9G, 9B, 10G, 10B
	Discus	13G, 13B, 14G, 14B
Followed by:	Long Jump	15-16G, 15-16B, 17-18W, 17-18M
	High Jump	11G, 11B, 12G, 12B
	Discus	15-16G, 15-16B, 17-18W, 17-18M

Sunday, June 15, 2014

Running Events

8:00am	1500m Race-walk	9, 10, 11, and 12
THIS IS A ROLLING SCHEDULE	3000m Race-walk	13, 14, 15-16, 17-18
	2000m Steeplechase	15-16, 17-18 (DRY – NO WATER JUMPING)
	400m hurdles (10-30")	15-16G and 17-18W
	400m hurdles (10-36")	15-16B and 17-18M
	200m hurdles (5-30")	13G, 13B, 14G, 14B
	3000m	11, 12, 13, 14, 15-16, 17-18
	400m	All Divisions

Field Events

8:00am	Turbo Javelin/Javelin	All Divisions
8:30am	Triple Jump	13, 14, 15-16, 17-18
8:30am	Shot Put	All Divisions
9:30am	Pole Vault	13, 14, 15-16, 17-18

All races are timed finals. There are no qualifying rounds to a final. In the long jump, triple jump, javelin, shot put and discus, you will be allowed 4 attempts only. No finals.

Jackie Robinson Heads for Buffalo

PASADENA, June 25.—Thanks to the generosity of Pasadena sport lovers, Jackie Robinson, sensational all-around Pasadena Junior College athlete, will en-train Monday for Buffalo, N. Y., where he will wear the colors of the Bulldog school in the National A.A.U. track and field championships July 2 and 3.

Pasadenans beat the "dead line" and put over a popular \$200 subscription fund to send young Robinson east. A total of \$239.06, most of it raised by the athlete's own Pasadena J.C. school mates, was contributed, with a local newspaper conducting the campaign. Charles W. Paddock, original "Fastest Human" and former world's record-holding sprinter, first opened the drive to send Robinson east.

