

**2019 Kissimmee AAU
Track & Field
Regional 9 Qualifier**



2019 AREA 9 AAU JUNIOR OLYMPICS KISSIMMEE REGIONAL QUALIFIER

THURSDAY - JUNE 20, 2019

RUNNING EVENTS

8:30 AM 3000M (F) 11G, 12G, 13G, 14G, 15-16G,17-18G 11B, 12B, 13B, 14B, 15-16B, 71-18B
 1500RW (F) 9G, 10G, 11G, 12G 9B, 10B, 11B, 12B
 3000RW (F) 13G, 14G, 15-16G, 17-18G 13B, 14B, 15-16B, 17-18B

FIELD EVENTS

8:30 AM High Jump 17-18B, 17-18G, 15-16G, and 15-16B

MULTI-EVENTS

9:30 AM Decathlon 15-16B, 17-18B 100M, LJ, SP, HJ, 400M
 Heptathlon 15-16G, 17-18G 100H, HJ, SP, 200M
 10:30 AM Pentathlon 13B, 14B 100H, SP, HJ, LJ, 1500M
 Pentathlon 13G, 14G 100H, SP, HJ, LJ, 800M

FIELD EVENTS

9:30 AM										
Shot Put	11B	12B	11G	12G						
Turbo Javelin	8 & UG	8 & UB	9G	9B	10G	10B	11G	11B	12G	12B

FRIDAY-JUNE 21, 2019

MULTI-EVENTS

8:30 AM Decathlon 15-16B, 17-18B 110H, DT, PV, JT, 1500M
 Heptathlon 15-16G, 17-18G LJ, JT, 800M
 Pentathlon 11G, 12G 80H, SP, HJ, LJ, 800M
 Pentathlon 11B, 12B 80H, SP, HJ, LJ, 1500M
 Triathlon 9B, 10B HJ, SP, 400M
 Triathlon 9G, 10G HJ, SP, 200M

FIELD EVENTS

10:30 AM										
Shot Put	17-18G	15-16G	17-18B	15-16B						

RUNNING EVENTS - 9:00 AM

100 Meters (S) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
 4 X 800R (F) 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B
 4 X 100R (S) 8 & U G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

SATURDAY - JUNE 22, 2019

RUNNING EVENTS - 8:30 AM

200H (F) 13G, 14G, 13B, 14B
 400H (F) 15G, 16G, 17B, 18B
 400M (F) 8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B 8
 1500M (F) & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B 8 &
 200M (S) U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B 8 & U
 4 X 100R (F) G&B, 9-10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

FIELD EVENTS

8:00 AM				
Long Jump Pit 1	17-18B	15-16B	14B	13B
Long Jump Pit 2	17-18G	15-16G	14G	13G
High Jump	14G	13G	14B	13B
Shot Put	13B	14B	13G	14G
Triple Jump Pit 1	17-18B	15-16B	14B	13B
Triple Jump Pit 2	17-18G	15-16G	14G	13G

8:30 AM									
Discus	13G	14G	13B	14B	15-16B	15-16G	17-18G	15-16B	17-18B

* Triple Jump will be contested immediately following the 17-18G and 17-18B Long Jump.

RUNNING EVENTS - 8:30 AM

110H (F)	15-16B, 17-18B
100H (F)	13B, 14B 13G, 14G, 15-16G, 17-18G
80H (F)	11G, 12G, 11B, 12B
100M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B
Steeplechase (F)	15-16G, 17-18G, 15-16B, 17-18B
800M (F)	8 & U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B 8
200M (F)	& U G&B, 9G & B, 10G & B, 11G & B, 12G & B, 13G & B, 14G & B, 15-16 G & B, 17-18G & B 9-
4 X 400R (F)	10G & B, 11-12G & B, 13-14G & B, 15-16G & B, 17-18G & B

FIELD EVENTS

8:30 AM								
Javelin	13G	14G	13B	14B	15-16G	15-16B	17-18G	17-18B

8:30 AM								
Long Jump Pit 1	12B	11B	10B	9B	8 & UB			
Long Jump Pit 2	12G	11G	10G	9G	8 & UG			
High Jump	9G	9B	10G	10B	11G	12G	11B	12B
Shot Put	9G	10G	9B	10B	8&UG	8&UB		
Pole Vault	13-14G	15-16G	17-18G	13-14B	15-16B	17-18B		

9:00				
Discus	11B	12B	11G	12G