



### **Final Race Schedule: Saturday, December 5**

- 1:30pm – Athletes Check in for 5k and 10k races
- 1:50pm – National Anthem
- 2:00pm – 5k and 10k race begins
- 3:00pm – Athletes check in for 1k and 3k races
- 3:15pm – 1k and 3k races begins
- 3:30pm – 5k and 10k Award Ceremony at Podium
- 4:15pm – 1k and 3k Award Ceremony at Podium

### **Health Protocols**

The Leon County Division of Tourism provides a safe, welcoming environment for participants while adhering to the following mandatory participation requirements:

- Wrist bands mandatory to enter facility for coaches and spectators. Athletes will present their bibs. Each team packet will include athlete bands, essential personal bands and one spectator band per each registered athlete on the team. (Coaches please make sure you give out the wrist bands prior to the event.)
- Everyone is always required to wear a face covering at the facility, unless they are actively competing or have a chronic preexisting or demonstrable medical condition.
- Everyone entering the site must go through a Health Screening to check for COVID-19 symptoms, including temperature checks, before admission to the facility.

### **Wristbands Mandatory For Facility Entrance**

- Each team packet will include athlete bands, essential personal bands and one spectator band per each registered athlete on the team.
- ***Note: Coaches will be responsible for distributing wristbands, which must be worn visibly by all. While the parking lot will remain open to all, no one will be allowed on the competition grounds without a wristband. Those without wristbands will be instructed to return to their vehicles. Everyone entering the park will be health screened at the entrance.***

### **Packet Pick-Up**

- Friday, December 4- Packet pick up will be drive thru from **10 a.m.- 6 p.m.** at the entrance of the park (follow message boards) at Apalachee Regional Park. Face covering and social distancing will be required all times.
- Saturday, December 5- Packet pick up will be located in the Spectator Parking Lot from **6:30 a.m.- 12 p.m.** (follow signage)

### **Race Results & Awards**

- Results will not be posted onsite but rather online provided by Adkinstrak.com or at <https://results.adkinstrak.com/meets/6486> .
- **Awards:** Rolling Awards - The official awards ceremony for each age group will take place 30 minutes after the conclusion of their race.

### **Merchandise Sales**

- Team IP will be onsite selling shirts.
- Event shirts will be sold onsite during preview of Friday and Saturday.

### **Hydration & Concessions**

- Due to COVID-19 there will limited concession provided. We will have bottle water available in each tent area for those that need it.
- Medical staff will be providing water at the finish line to athletes.
- Each competitor, coach and essential personnel is encouraged to bring their own food and drink for their comfort.



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