

2021 AAU Region 21A - 6/24/2021 to 6/26/2021

Track & Field
Timberline HS
Results**Girls 100 Meter Dash 8-under**

Name	Age	Team	Finals
Finals			
1 Zoe Patterson	7	Idaho Dash T	18.82 -3.6
2 Leila Bowens	5	Idaho Dash T	21.23 -3.6
3 Brigid Higgins	6	Idaho Dash T	25.65 -3.6

Girls 200 Meter Dash 8-under

Name	Age	Team	Finals
Finals			
1 Zoe Patterson	7	Idaho Dash T	41.20 -1.2
2 Brigid Higgins	6	Idaho Dash T	56.54 -1.2

Girls 400 Meter Dash 8-under

Name	Age	Team	Finals
Finals			
1 Tenley Settle	8	Unattached	1:37.46
2 Leila Bowens	5	Idaho Dash T	1:43.32

Girls Long Jump 8-under

Name	Age	Team	Finals
Finals			
1 Zoe Patterson	7	Idaho Dash T	2.65m NWI
2 Leila Bowens	5	Idaho Dash T	2.34m NWI
3 Brigid Higgins	6	Idaho Dash T	1.43m NWI
--- Tenley Settle	8	Unattached	FOUL

Girls 100 Meter Dash 9 years old

Name	Age	Team	Finals
Finals			
1 Cora Miller	8	Tigard Youth	15.76 -3.0
2 Sa'Niya Jackson	8	Idaho Dash T	17.21 -3.0

Girls 200 Meter Dash 9 years old

Name	Age	Team	Finals
Finals			
1 Sa'Niya Jackson	8	Idaho Dash T	36.97 -2.8

Girls Long Jump 9 years old

Name	Age	Team	Finals
Finals			
1 Cora Miller	8	Tigard Youth	3.44m NWI
2 Sa'Niya Jackson	8	Idaho Dash T	3.21m NWI

Girls Shot Put 6 lbs 9 years old

Name	Age	Team	Finals
Finals			
1 Juliette Booth	9	Idaho Dash T	4.46m

Girls Javelin Throw Turbo (400 g 9 years old)

Name	Age	Team	Finals
Finals			
1 Juliette Booth	9	Idaho Dash T	8.70m

Girls 100 Meter Dash 10 years old

Name	Age	Team	Finals
Finals			
1 Kiana Landerdahl	10	Speed Unlimi	15.64 -3.3
2 Osarieme Ogbeide	10	Tigard Youth	16.28 -3.3
3 Keelan Higgins	10	Idaho Dash T	25.89 -3.3

Girls 200 Meter Dash 10 years old

Name	Age	Team	Finals
Finals			
1 Kiana Landerdahl	10	Speed Unlimi	32.07 -2.8
2 Osarieme Ogbeide	10	Tigard Youth	33.81 -2.8
3 Keelan Higgins	10	Idaho Dash T	56.48 -2.8

Girls 800 Meter Run 10 years old

Name	Age	Team	Finals
Finals			
1 Nezeyya Bugher	10	Sherwood Tra	3:02.85

Girls 1500 Meter Run 10 years old

Name	Age	Team	Finals
Finals			
1 Nezeyya Bugher	10	Sherwood Tra	6:08.11

Girls Long Jump 10 years old

Name	Age	Team	Finals
Finals			
1 Osarieme Ogbeide	10	Tigard Youth	3.39m NWI

Girls Javelin Throw Turbo (400 g 10 years old)

Name	Age	Team	Finals
Finals			
1 Nezeyya Bugher	10	Sherwood Tra	14.48m

Girls 100 Meter Dash 11 years old

Name	Age	Team	Finals
Finals			
1 Lauren Smith	10	Idaho Dash T	14.33 -1.6
2 Addie Miller	10	Tigard Youth	14.86 -1.6
3 Deanna Bowens	11	Idaho Dash T	15.46 -1.6
4 Amira Moore	11	Tigard Youth	15.85 -1.6
5 Betty Hintz	10	Idaho Dash T	17.54 -1.6

Girls 200 Meter Dash 11 years old

Name	Age	Team	Finals
Finals			
1 Lauren Smith	10	Idaho Dash T	29.84 -0.8
2 Addie Miller	10	Tigard Youth	31.25 -0.8
3 Betty Hintz	10	Idaho Dash T	37.18 -0.8

Girls 800 Meter Run 11 years old

Name	Age	Team	Finals
Finals			
1 Charlotte Soliday	10	Spokane Spee	2:50.23

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Results**Girls 1500 Meter Run 11 years old**

Name	Age	Team	Finals
Finals			
1 Alyssa Hancock	11	Sherwood Tra	5:23.34

Girls 3000 Meter Run 11 years old

Name	Age	Team	Finals
Finals			
1 Alyssa Hancock	11	Sherwood Tra	12:07.35

Girls 80 Meter Hurdles 11 years old

Name	Age	Team	Finals
Finals			
1 Charlotte Soliday	10	Spokane Spee	18.22 +0.0

Girls High Jump 11 years old

Name	Age	Team	Finals
Finals			
1 Anna Jacobs	11	Idaho Dash T	1.15m

Girls Long Jump 11 years old

Name	Age	Team	Finals
Finals			
1 Lauren Smith	10	Idaho Dash T	4.23m NWI
2 Addie Miller	10	Tigard Youth	4.11m NWI
3 Anna Jacobs	11	Idaho Dash T	3.71m NWI
4 Deanna Bowens	11	Idaho Dash T	3.69m NWI

Girls Shot Put 6 lbs 11 years old

Name	Age	Team	Finals
Finals			
1 Amira Moore	11	Tigard Youth	6.34m

Girls Javelin Throw Turbo (400 g 11 years old)

Name	Age	Team	Finals
Finals			
1 Amira Moore	11	Tigard Youth	14.40m

Girls 100 Meter Dash 12 years old

Name	Age	Team	Finals
Finals			
1 Gianna Hutchinson	11	Idaho Dash T	13.75 -1.5
2 Danica Delatorre	11	Idaho Dash T	15.28 -1.5

Girls 200 Meter Dash 12 years old

Name	Age	Team	Finals
Finals			
1 Gianna Hutchinson	11	Idaho Dash T	29.15 0.5
2 Danica Delatorre	11	Idaho Dash T	31.80 0.5

Girls 800 Meter Run 12 years old

Name	Age	Team	Finals
Finals			
1 Bella Spencer	12	Unattached	2:27.20

Girls 1500 Meter Run 12 years old

Name	Age	Team	Finals
Finals			
1 Bella Spencer	12	Unattached	5:09.15
2 Elise Swanson	12	Tigard Youth	6:08.97

Girls High Jump 12 years old

Name	Age	Team	Finals
Finals			
1 Harper Sohlman	12	Tigard Youth	1.27m
2 Elise Swanson	12	Tigard Youth	1.25m

Girls Long Jump 12 years old

Name	Age	Team	Finals
Finals			
1 Alisha Khan	11	Speed Unlimi	4.02m NWI
2 Elise Swanson	12	Tigard Youth	3.19m NWI
3 Harper Sohlman	12	Tigard Youth	2.99m NWI
4 Danica Delatorre	11	Idaho Dash T	2.53m NWI

Girls Shot Put 6 lbs 12 years old

Name	Age	Team	Finals
Finals			
1 Analeia Tilo	11	Unattached	8.94m
2 Hadley Hughes	12	Unattached	8.91m

Girls Discus Throw 1.0 Kg 12 years old

Name	Age	Team	Finals
Finals			
1 Analeia Tilo	11	Unattached	25.42m
2 Hadley Hughes	12	Unattached	22.60m

Girls Javelin Throw Turbo (400 g 12 years old)

Name	Age	Team	Finals
Finals			
1 Hadley Hughes	12	Unattached	32.66m
2 Alisha Khan	11	Speed Unlimi	25.16m
3 Harper Sohlman	12	Tigard Youth	14.54m

Girls 100 Meter Dash 13 years old

Name	Age	Team	Finals
Finals			
1 Christine Huckins	13	Spike Up Ath	12.91 -0.8
2 Talia Johnson	13	Unattached	13.92 -0.8
3 Ella Tsai	12	Tigard Youth	14.24 -0.8
4 Harlyn Tischhauser	12	Tigard Youth	14.50 -0.8
5 Morgan Churchill	12	Unattached	14.53 -0.8
6 Alaina Hayhurst	12	Idaho Dash T	16.02 -0.8

Girls 200 Meter Dash 13 years old

Name	Age	Team	Finals
Finals			
1 Christine Huckins	13	Spike Up Ath	26.22 -0.4
2 Talia Johnson	13	Unattached	28.28 -0.4
3 Aaliyah Khan	13	Speed Unlimi	28.70 -0.4

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Results**Finals ... (Girls 200 Meter Dash 13 years old)**

Name	Age	Team	Finals
4 Alexis Simpson	12	Spokane Spee	28.99 -0.4
5 Ella Tsai	12	Tigard Youth	29.46 -0.4
6 Morgan Churchill	12	Unattached	29.70 -0.4
7 Harlyn Tischhauser	12	Tigard Youth	29.99 -0.4

Girls 400 Meter Dash 13 years old

Name	Age	Team	Finals
1 Talia Johnson	13	Unattached	1:03.84
2 Audrey Ford	13	Tigard Youth	1:04.75
3 Alexis Simpson	12	Spokane Spee	1:07.63
4 Harlyn Tischhauser	12	Tigard Youth	1:08.33
5 Morgan Churchill	12	Unattached	1:10.95

Girls 800 Meter Run 13 years old

Name	Age	Team	Finals
1 Evylee Bugher	12	Sherwood Tra	2:33.32
2 Jackson Hale	12	Tigard Youth	2:54.79
3 Stella Lickley	13	Idaho Dash T	2:59.93
4 Mary Higgins	12	Idaho Dash T	3:01.28
5 Charlotte Dvorak	13	Idaho Dash T	3:49.67

Girls 1500 Meter Run 13 years old

Name	Age	Team	Finals
1 Evylee Bugher	12	Sherwood Tra	5:22.48
2 Jackson Hale	12	Tigard Youth	6:16.70
3 Mary Higgins	12	Idaho Dash T	6:18.97
4 Chloe Hancock	12	Sherwood Tra	7:22.96
5 Charlotte Dvorak	13	Idaho Dash T	8:07.33

Girls 3000 Meter Run 13 years old

Name	Age	Team	Finals
1 Evylee Bugher	12	Sherwood Tra	12:10.15
2 Jackson Hale	12	Tigard Youth	13:49.73
3 Mary Higgins	12	Idaho Dash T	13:50.97

Girls 100 Meter Hurdles 13 years old

Name	Age	Team	Finals
1 Alaina Hayhurst	12	Idaho Dash T	21.14 0.7
2 Alazne Campbell	12	Idaho Dash T	22.30 0.7

Girls 200 Meter Hurdles 13 years old

Name	Age	Team	Finals
1 Alazne Campbell	12	Idaho Dash T	38.74 +0.0

Girls High Jump 13 years old

Name	Age	Team	Finals
1 Molly Hughart	12	Tigard Youth	1.27m

Girls Long Jump 13 years old

Name	Age	Team	Finals
1 Aaliyah Khan	13	Speed Unlimi	4.84m NWI
2 Harlyn Tischhauser	12	Tigard Youth	4.23m NWI
3 Ella Tsai	12	Tigard Youth	3.99m NWI
4 Alexis Simpson	12	Spokane Spee	3.83m NWI
5 Alaina Hayhurst	12	Idaho Dash T	3.70m NWI

Girls Javelin Throw 600 g 13 years old

Name	Age	Team	Finals
1 Aaliyah Khan	13	Speed Unlimi	32.50m
2 Evylee Bugher	12	Sherwood Tra	23.36m

Outdoor Pentathlon: #5 Girls 800 Meter Run 13 years old Outdoor Pentat

Name	Age	Team	Finals
1 Anna Lynn	13	Unattached	2:49.74 466

Outdoor Pentathlon: #1 Girls 100 Meter Hurdles 13 years old Outdoor Pe

Name	Age	Team	Finals
1 Anna Lynn	13	Unattached	24.29 46

Outdoor Pentathlon: #4 Girls High Jump 13 years old Outdoor Pentathlo

Name	Age	Team	Finals
1 Anna Lynn	13	Unattached	1.12m 239

Outdoor Pentathlon: #2 Girls Long Jump 13 years old Outdoor Pentathlo

Name	Age	Team	Finals
1 Anna Lynn	13	Unattached	3.46m 192

Outdoor Pentathlon: #3 Girls Shot Put 13 years old Outdoor Pentathlon

Name	Age	Team	Finals
1 Anna Lynn	13	Unattached	5.91m 266

Girls Outdoor Pentathlon 13 years old

Name	Age	Team	Finals
1 Anna Lynn	13	Unattached	1209

Girls 100 Meter Dash 14 years old

Name	Age	Team	Finals
1 Taysia Johnson	14	Unattached	14.13 -1.4
2 Nikkeya Lynch	13	Idaho Dash T	15.00 -1.4

Girls 200 Meter Dash 14 years old

Name	Age	Team	Finals
1 Taysia Johnson	14	Unattached	29.15 -0.4
2 Nikkeya Lynch	13	Idaho Dash T	30.60 -0.4

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Results**Finals ... (Girls 200 Meter Dash 14 years old)**

Name	Age	Team	Finals
3 Emily Clinch	13	Tigard Youth	30.81 -0.4
4 Aubrey Oleson	13	Tigard Youth	31.71 -0.4

Girls 400 Meter Dash 14 years old

Name	Age	Team	Finals
Finals			
1 Taysia Johnson	14	Unattached	1:07.33
2 Emily Clinch	13	Tigard Youth	1:12.24
3 Aubrey Oleson	13	Tigard Youth	1:15.87

Girls 800 Meter Run 14 years old

Name	Age	Team	Finals
Finals			
1 Taysia Johnson	14	Unattached	2:42.57
2 Mckenzie Brown	13	Spike Up Ath	3:03.79

Girls 1500 Meter Run 14 years old

Name	Age	Team	Finals
Finals			
1 Sylvia Huckins	13	Spike Up Ath	5:35.18
2 Kallen Mutchie	13	Spike Up Ath	5:35.24
3 Mckenzie Brown	13	Spike Up Ath	7:06.14

Girls 3000 Meter Run 14 years old

Name	Age	Team	Finals
Finals			
1 Kallen Mutchie	13	Spike Up Ath	12:12.67
2 Sylvia Huckins	13	Spike Up Ath	13:19.95

Girls High Jump 14 years old

Name	Age	Team	Finals
Finals			
1 Emily Clinch	13	Tigard Youth	1.17m

Girls Pole Vault 14 years old

Name	Age	Team	Finals
Finals			
1 Marissa Johnson	13	Tigard Youth	2.90m

Girls Long Jump 14 years old

Name	Age	Team	Finals
Finals			
1 Nikkeya Lynch	13	Idaho Dash T	3.83m NWI

Girls Shot Put 6 lbs 14 years old

Name	Age	Team	Finals
Finals			
1 Marissa Johnson	13	Tigard Youth	11.85m

Girls Discus Throw 1.0 Kg 14 years old

Name	Age	Team	Finals
Finals			
1 Marissa Johnson	13	Tigard Youth	36.92m

Girls Javelin Throw 600 g 14 years old

Name	Age	Team	Finals
Finals			
1 Aubrey Oleson	13	Tigard Youth	19.56m

Girls 100 Meter Dash 15-16 years old

Name	Age	Team	Finals
Finals			
1 Kyla Palmer	15	Idaho Dash T	13.07 -0.1
2 Brianna Hayhurst	15	Idaho Dash T	13.14 -0.1
3 Kytriana Hackett	16	G3 Performan	13.44 -0.1
4 Thea Smith	15	Speed Unlimi	13.49 -0.1
5 Alexa Turner-Esposito	16	Idaho Dash T	13.60 -1.8
6 Kennedy Patterson	14	Idaho Dash T	13.64 -0.1
7 Phoebe Waters	15	Idaho Dash T	13.68 -0.1
8 Shelby Fry	16	Idaho Dash T	14.00 -0.1
9 Ruby Jordan	16	Unattached	14.23 -1.8
10 Hannah Schafer	15	Idaho Dash T	14.71 -1.8

Girls 200 Meter Dash 15-16 years old

Name	Age	Team	Finals
Finals			
1 Kyla Palmer	15	Idaho Dash T	26.49 -2.2
2 Adeline Wimer	16	Spike Up Ath	27.00 -2.2
3 Brianna Hayhurst	15	Idaho Dash T	27.48 -2.2
4 Phoebe Waters	15	Idaho Dash T	27.79 -2.2
5 Abigail Krzemien	15	Spike Up Ath	27.93 -2.2
6 Kytriana Hackett	16	G3 Performan	28.15 -0.2
7 Thea Smith	15	Speed Unlimi	28.22 -2.2
8 Kennedy Patterson	14	Idaho Dash T	28.25 -2.2
9 Sydney Chu	16	Idaho Dash T	28.46 -2.2
10 Alexa Turner-Esposito	16	Idaho Dash T	28.64 -0.2
11 Isabella Brown	14	Spokane Spee	28.77 -0.2
12 Shelby Fry	16	Idaho Dash T	29.60 -0.2
13 Hannah Schafer	15	Idaho Dash T	30.40 -0.2

Girls 400 Meter Dash 15-16 years old

Name	Age	Team	Finals
Finals			
1 Kyla Palmer	15	Idaho Dash T	59.04
2 Adeline Wimer	16	Spike Up Ath	1:00.57
3 Phoebe Waters	15	Idaho Dash T	1:04.06
4 Haley Hasl	15	Spike Up Ath	1:05.56
5 Kennedy Patterson	14	Idaho Dash T	1:06.25
6 Kytriana Hackett	16	G3 Performan	1:06.27
7 Sydney Chu	16	Idaho Dash T	1:06.42
8 Ella Fisher	14	Tigard Youth	1:06.87
9 Isabella Brown	14	Spokane Spee	1:07.53
10 Hope Grace Myers	14	Spike Up Ath	1:09.21
11 Caroline Johnson	15	Tigard Youth	1:10.75

Girls 800 Meter Run 15-16 years old

Name	Age	Team	Finals
Finals			
1 Abigail Krzemien	15	Spike Up Ath	2:31.79

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Results**Finals ... (Girls 800 Meter Run 15-16 years old)**

Name	Age	Team	Finals
2 Caroline Johnson	15	Tigard Youth	2:45.28

Girls 1500 Meter Run 15-16 years old

Name	Age	Team	Finals
Finals			
1 Senoya Bugher	14	Sherwood Tra	5:17.17
2 Haley Hasl	15	Spike Up Ath	5:46.77

Girls 3000 Meter Run 15-16 years old

Name	Age	Team	Finals
Finals			
1 Senoya Bugher	14	Sherwood Tra	11:44.77

Girls 100 Meter Hurdles 15-16 years old

Name	Age	Team	Finals
Finals			
1 Millie Bledsoe	16	Idaho Dash T	17.26 -0.8
2 Shelby Fry	16	Idaho Dash T	18.01 -0.8
3 Damaris Stuffle	15	Elite Techni	19.52 -0.8
4 Kalli Kessler	15	Unattached	21.28 -0.8

Girls 400 Meter Hurdles 15-16 years old

Name	Age	Team	Finals
Finals			
1 Millie Bledsoe	16	Idaho Dash T	1:10.25
2 Damaris Stuffle	15	Elite Techni	1:17.16

Girls 4x100 Meter Relay 15-16 years old

Team	Relay	Finals
Finals		
1 Idaho Dash Track Club	A	54.76
1) Adrienne Russell 15	2) Brianna Hayhurst 15	
3) Kennedy Patterson 14	4) Shelby Fry 16	
5) Alexa Turner-Esposito 16		

Girls 4x400 Meter Relay 15-16 years old

Team	Relay	Finals
Finals		
1 Idaho Dash Track Club	A	4:13.16
1) Kyla Palmer 15	2) Millie Bledsoe 16	
3) Phoebe Waters 15	4) Sydney Chu 16	

Girls High Jump 15-16 years old

Name	Age	Team	Finals
Finals			
1 Kalli Kessler	15	Unattached	1.47m
2 Alex Gustavel	15	Unattached	1.37m
2 Kyla Conley	16	Spokane Spee	1.37m
--- Hope Grace Myers	14	Spike Up Ath	NH

Girls Long Jump 15-16 years old

Name	Age	Team	Finals
Finals			
1 Danika Hartman	16	Unattached	5.36m NWI

2 Millie Bledsoe	16	Idaho Dash T	5.09m NWI
3 Thea Smith	15	Speed Unlimi	4.96m NWI
4 Brianna Hayhurst	15	Idaho Dash T	4.58m NWI
5 Adrienne Russell	15	Idaho Dash T	4.38m NWI

Girls Triple Jump 15-16 years old

Name	Age	Team	Finals
Finals			
1 Josie Settle	15	Unattached	11.42m NWI
2 Danika Hartman	16	Unattached	11.11m NWI
3 Thea Smith	15	Speed Unlimi	9.48m NWI
4 Hope Grace Myers	14	Spike Up Ath	8.84m NWI

Girls Shot Put 4 kg 15-16 years old

Name	Age	Team	Finals
Finals			
1 Ruby Jordan	16	Unattached	10.06m
2 Kaylee Wuest	15	Spike Up Ath	9.58m
3 Leslie Kinder	16	Spike Up Ath	9.22m
4 Hallee Hughes	16	Unattached	9.11m
5 Janel Kinder	16	Spike Up Ath	8.01m

Girls Discus Throw 1.0 Kg 15-16 years old

Name	Age	Team	Finals
Finals			
1 Hallee Hughes	16	Unattached	35.04m
2 Kaylee Wuest	15	Spike Up Ath	33.82m
3 Leslie Kinder	16	Spike Up Ath	27.82m
4 Janel Kinder	16	Spike Up Ath	24.12m

Girls Javelin Throw 600 g 15-16 years old

Name	Age	Team	Finals
Finals			
1 Adrienne Russell	15	Idaho Dash T	37.84m
2 Hallee Hughes	16	Unattached	36.42m
3 Kaylee Wuest	15	Spike Up Ath	20.46m
4 Senoya Bugher	14	Sherwood Tra	19.90m
5 Caroline Johnson	15	Tigard Youth	19.14m
6 Leslie Kinder	16	Spike Up Ath	18.64m
7 Janel Kinder	16	Spike Up Ath	13.92m

Heptathlon: #4 Girls 200 Meter Dash 15-16 years old Heptathlon

Name	Age	Team	Finals
Finals			
1 Josie Settle	15	Unattached	26.85 724
2 Millie Bledsoe	16	Idaho Dash T	26.98 713
3 Abigail Krzemien	15	Spike Up Ath	27.38 681
4 Adrienne Russell	15	Idaho Dash T	27.79 647

Heptathlon: #7 Girls 800 Meter Run 15-16 years old Heptathlon

Name	Age	Team	Finals
Finals			
1 Abigail Krzemien	15	Spike Up Ath	2:32.07 667
2 Josie Settle	15	Unattached	2:48.20 482
3 Millie Bledsoe	16	Idaho Dash T	3:35.09 109
4 Adrienne Russell	15	Idaho Dash T	3:35.18 108

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Results**Heptathlon: #1 Girls 100 Meter Hurdles 15-16 years old Heptathlon**

Name	Age	Team	Finals	
Finals				
1	Millie Bledsoe	16 Idaho Dash T	16.63	639
2	Josie Settle	15 Unattached	16.81	618
3	Abigail Krzemien	15 Spike Up Ath	19.90	311
4	Adrienne Russell	15 Idaho Dash T	20.31	277

Heptathlon: #2 Girls High Jump 15-16 years old Heptathlon

Name	Age	Team	Finals	
Finals				
1	Josie Settle	15 Unattached	1.60m	736
2	Millie Bledsoe	16 Idaho Dash T	1.38m	491
3	Abigail Krzemien	15 Spike Up Ath	1.28m	389
3	Adrienne Russell	15 Idaho Dash T	1.28m	389

Heptathlon: #5 Girls Long Jump 15-16 years old Heptathlon

Name	Age	Team	Finals	
Finals				
1	Josie Settle	15 Unattached	5.04m	570
2	Millie Bledsoe	16 Idaho Dash T	4.97m	551
3	Adrienne Russell	15 Idaho Dash T	4.57m	446
4	Abigail Krzemien	15 Spike Up Ath	4.24m	364

Heptathlon: #3 Girls Shot Put 15-16 years old Heptathlon

Name	Age	Team	Finals	
Finals				
1	Adrienne Russell	15 Idaho Dash T	8.51m	432
2	Millie Bledsoe	16 Idaho Dash T	7.73m	382
3	Josie Settle	15 Unattached	7.54m	370
4	Abigail Krzemien	15 Spike Up Ath	6.51m	304

Heptathlon: #6 Girls Javelin Throw 15-16 years old Heptathlon

Name	Age	Team	Finals	
Finals				
1	Adrienne Russell	15 Idaho Dash T	38.10m	631
2	Josie Settle	15 Unattached	25.60m	394
3	Millie Bledsoe	16 Idaho Dash T	15.90m	213
4	Abigail Krzemien	15 Spike Up Ath	13.96m	178

Girls Heptathlon 15-16 years old

Name	Age	Team	Finals	
Finals				
1	Josie Settle	15 Unattached	3894	
2	Millie Bledsoe	16 Idaho Dash T	3098	
3	Adrienne Russell	15 Idaho Dash T	2930	
4	Abigail Krzemien	15 Spike Up Ath	2894	

Women 100 Meter Dash 17-18 years old

Name	Age	Team	Finals	
Finals				
1	Therisa Niven	16 Spokane Spee	12.47	1.4
2	Zoe Gonzales	16 Spokane Spee	12.47	1.4
3	Fair Niven	18 Spokane Spee	12.53	1.4
4	Amelia Howard	16 Idaho Dash T	12.85	1.4

5	Allison Read	17 G3 Performan	13.03	1.4
6	Sydney Reagan	17 Spokane Spee	13.28	1.4
7	Denisse Romero	16 Spike Up Ath	14.06	-0.7
8	Aimee Bedard	16 Idaho Dash T	14.17	-0.7
9	Sophie Sarver	16 Idaho Dash T	14.19	-0.7

Women 200 Meter Dash 17-18 years old

Name	Age	Team	Finals	
Finals				
1	Renea Taylor	18 Spokane Spee	25.60	-0.5
2	Therisa Niven	16 Spokane Spee	25.77	-0.5
3	Fair Niven	18 Spokane Spee	26.14	-0.5
4	Ava Gross	17 Unattached	26.17	-0.5
5	Zoe Gonzales	16 Spokane Spee	26.23	-0.5
6	Mayah Eberhardt	17 Spokane Spee	26.47	-0.5
7	Alaynah Reed	17 Unattached	27.14	-1.1
8	Allison Read	17 G3 Performan	27.23	-0.5
9	Eloise Bolles	16 Spokane Spee	27.34	-0.2
10	Jaela Thornburg	18 Spokane Spee	27.80	-0.5
11	Allyson Sofaly	16 Idaho Dash T	28.15	-0.2
12	Corinne Fernandez	18 Spike Up Ath	29.52	-1.1
13	Sydney Reagan	17 Spokane Spee	29.80	-0.2
14	Adriana Varn	17 Idaho Dash T	30.89	-1.1
15	Sophie Sarver	16 Idaho Dash T	31.17	-0.2

Women 400 Meter Dash 17-18 years old

Name	Age	Team	Finals	
Finals				
1	Ava Gross	17 Unattached	59.52	
2	Mayah Eberhardt	17 Spokane Spee	1:01.38	
3	Eloise Bolles	16 Spokane Spee	1:01.96	
4	Jaela Thornburg	18 Spokane Spee	1:02.96	
5	Amelia Howard	16 Idaho Dash T	1:03.12	
6	Alaynah Reed	17 Unattached	1:03.55	
7	Allison Read	17 G3 Performan	1:04.96	
8	Isabella Reyes	17 Idaho Dash T	1:05.34	
9	Ahmeah Brown	16 Unattached	1:05.38	
10	Corinne Fernandez	18 Spike Up Ath	1:07.16	

Women 800 Meter Run 17-18 years old

Name	Age	Team	Finals	
Finals				
1	Sariah Maughan	17 Spokane Spee	2:17.12	
2	Lauren Muscutt	17 Spokane Spee	2:17.39	
3	Lillian Herman	16 Tigard Youth	2:26.52	
4	Ahmeah Brown	16 Unattached	2:33.19	

Women 1500 Meter Run 17-18 years old

Name	Age	Team	Finals	
Finals				
1	Lillian Herman	16 Tigard Youth	5:26.38	

Women 100 Meter Hurdles 17-18 years old

Name	Age	Team	Finals	
Finals				
1	Reilly Lovercheck	17 Rising Phoen	16.61	+0.0

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Finals ... (Women 100 Meter Hurdles 17-18 years old)

Name	Age	Team	Finals
2 Allyson Sofaly	16	Idaho Dash T	16.65 +0.0
3 Morgan Sauerwein	17	Idaho Dash T	19.18 +0.0
4 Sophia Cromwell	17	Idaho Dash T	20.95 +0.0

Women 400 Meter Hurdles 17-18 years old

Name	Age	Team	Finals
1 Renea Taylor	18	Spokane Spee	1:06.20
2 Sophia Cromwell	17	Idaho Dash T	1:14.13
3 Morgan Sauerwein	17	Idaho Dash T	1:20.31

Women 4x100 Meter Relay 17-18 years old

Team	Relay	Finals
1 Spokane Speed Academy	A	47.65
1) Fair Niven 18	2) Renea Taylor 18	
3) Therisa Niven 16	4) Zoe Gonzales 16	
2 Idaho Dash Track Club	A	53.67
1) Adriana Varn 17	2) Aimee Bedard 16	
3) Alicia Sarver 17	4) Amelia Howard 16	

Women 4x400 Meter Relay 17-18 years old

Team	Relay	Finals
1 Spokane Speed Academy	A	4:04.03
1) Fair Niven 18	2) Jaela Thornburg 18	
3) Renea Taylor 18	4) Sariah Maughan 17	
2 Spokane Speed Academy	B	4:09.69
1) Eloise Bolles 16	2) Lauren Muscutt 17	
3) Mayah Eberhardt 17	4) Zoe Gonzales 16	
3 Idaho Dash Track Club	A	4:35.59
1) Allyson Sofaly 16	2) Amelia Howard 16	
3) Morgan Sauerwein 17	4) Sophia Cromwell 17	
5) Isabella Reyes 17		

Women 4x800 Meter Relay 17-18 years old

Team	Relay	Finals
1 Spokane Speed Academy	A	12:32.40
1) Eloise Bolles 16	2) Jaela Thornburg 18	
3) Lauren Muscutt 17	4) Sariah Maughan 17	

Women Pole Vault 17-18 years old

Name	Age	Team	Finals
1 Kelsey Lovercheck	17	Rising Phoen	2.59m

Women Long Jump 17-18 years old

Name	Age	Team	Finals
1 Reilly Lovercheck	17	Rising Phoen	4.91m NWI
2 Allyson Sofaly	16	Idaho Dash T	4.62m NWI
3 Morgan Sauerwein	17	Idaho Dash T	4.20m NWI
4 Denisse Romero	16	Spike Up Ath	4.15m NWI

5 Adriana Varn	17	Idaho Dash T	3.96m NWI
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Women Triple Jump 17-18 years old

Name	Age	Team	Finals
1 Reilly Lovercheck	17	Rising Phoen	10.66m NWI
2 Denisse Romero	16	Spike Up Ath	8.53m NWI

Women Shot Put 4 kg 17-18 years old

Name	Age	Team	Finals
1 Kathriene Jones	16	Spike Up Ath	9.01m
2 Emma Shelton	17	Unattached	8.80m
3 Breeann Wuest	18	Spike Up Ath	8.63m

Women Discus Throw 1.0 kg 17-18 years old

Name	Age	Team	Finals
1 Breeann Wuest	18	Spike Up Ath	29.00m
2 Kathriene Jones	16	Spike Up Ath	28.84m
3 Emma Shelton	17	Unattached	25.28m

Women Javelin Throw 600 g 17-18 years old

Name	Age	Team	Finals
1 Madelynn Straus	17	Unattached	35.20m
2 Kathriene Jones	16	Spike Up Ath	16.74m
3 Breeann Wuest	18	Spike Up Ath	16.22m

Heptathlon: #4 Women 200 Meter Dash 17-18 years old Heptathlon

Name	Age	Team	Finals
1 Amelia Howard	16	Idaho Dash T	27.48 672
2 Reilly Lovercheck	17	Rising Phoen	28.17 617
3 Morgan Sauerwein	17	Idaho Dash T	29.50 518

Heptathlon: #7 Women 800 Meter Run 17-18 years old Heptathlon

Name	Age	Team	Finals
1 Reilly Lovercheck	17	Rising Phoen	2:36.10 618
2 Amelia Howard	16	Idaho Dash T	3:22.15 187
3 Morgan Sauerwein	17	Idaho Dash T	3:26.41 159

Heptathlon: #1 Women 100 Meter Hurdles 17-18 years old Heptathlon

Name	Age	Team	Finals
1 Reilly Lovercheck	17	Rising Phoen	17.32 561
2 Amelia Howard	16	Idaho Dash T	18.47 441
3 Morgan Sauerwein	17	Idaho Dash T	19.12 379

Heptathlon: #2 Women High Jump 17-18 years old Heptathlon

Name	Age	Team	Finals
1 Amelia Howard	16	Idaho Dash T	1.33m 439
1 Reilly Lovercheck	17	Rising Phoen	1.33m 439
--- Kelsey Lovercheck	17	Rising Phoen	NH

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Finals ... (Heptathlon: #2 Women High Jump 17-18 years old Heptathlon)

Name	Age	Team	Finals
--- Morgan Sauerwein	17	Idaho Dash T	NH
--- Alaina Morgan	17	Unattached	NH

Heptathlon: #5 Women Long Jump 17-18 years old Heptathlon

Name	Age	Team	Finals
Finals			
1 Reilly Lovercheck	17	Rising Phoen	4.70m 479
2 Amelia Howard	16	Idaho Dash T	4.59m 451
3 Morgan Sauerwein	17	Idaho Dash T	4.22m 359

Heptathlon: #3 Women Shot Put 17-18 years old Heptathlon

Name	Age	Team	Finals
Finals			
1 Amelia Howard	16	Idaho Dash T	8.48m 430
2 Reilly Lovercheck	17	Rising Phoen	6.48m 302
3 Morgan Sauerwein	17	Idaho Dash T	5.45m 237

Heptathlon: #6 Women Javelin Throw 17-18 years old Heptathlon

Name	Age	Team	Finals
Finals			
1 Reilly Lovercheck	17	Rising Phoen	24.90m 380
2 Amelia Howard	16	Idaho Dash T	20.70m 302
3 Morgan Sauerwein	17	Idaho Dash T	12.10m 144

Women Heptathlon 17-18 years old

Name	Age	Team	Finals
Finals			
1 Reilly Lovercheck	17	Rising Phoen	3396
2 Amelia Howard	16	Idaho Dash T	2922
3 Morgan Sauerwein	17	Idaho Dash T	1796