



AAU Primary Track and Field Program ***Developmental Track & Field Meet or Series***

Philosophy: The goal of AAU track and Field is to provide positive competitive opportunities for our members. We are committed to the development of athletes, physically, mentally, and academically. We believe that we are a developmental program that can significantly impact the lives of the youth of America and the future of the sport of track & Field.

The meet/series of meets are to be sanctioned by AAU Track & Field.

Each athlete must have a current AAU membership to compete. To purchase an AAU Membership card please register online at <https://ausports.org/Join-AAU>

Divisions:

Primary athletes may compete in a maximum of 4 events, including relay participation.

Example of Events By Age Groups:

- P2/3** 50m hurdles, 50m, Softball Throw, Standing Long Jump
- P4** 50m hurdles, 50m, Softball Throw, Standing Long Jump
- P5** 80m hurdles, 100m, 200m, LJ, SP and 4x100 Relay
- P6** 80m hurdles, 100m, 200m, LJ, SP and 4x100 Relay
- P7** 80m hurdles, 100m, 200m, 400m, 800m, 1500m, SP, LJ, Turbo, Javelin, 4x100 Relay and 4x400 Relay
- P8** 80m hurdles, 100m, 200m, 400m, 800m, 1500m, SP, LJ, Turbo, Javelin, 4x100 Relay and 4x400 Relay

*Hurdles Suggestion – Football Players agility hurdles

No athlete will be permitted to participate without a current AAU membership card.

Rules: The series of meets will be conducted under the AAU Track and Field Youth rules.

RUNNING EVENTS: All running events are TIMED FINALS.

FIELD EVENTS: All Jumps & Throws: (4 THROWS/JUMPS ONLY!)

Our goal will be to keep the series of meets within 3 hours. Teaching athletes the basic of track and field.

Entry Procedure: online/on sight

Awards: Medals will be awarded to the top three finishers in each event. All other participants will receive an AAU Track & Field ribbon.

Funding:

AAU Track & Field Executive Committee would allocate \$5,000.00 / year to fund 10 meets @ a cost of \$500.00 per meet.

These funds would be used to cover the cost of medals and other expenses. Ribbons are provided by the AAU Track & Field Executive Committee.

If additional funding is needed for the meet:

Entry Fee; \$5.00

Admission Fee: \$5.00 Adults, \$2.00 Children under 12

Other Notables:

We are in the process of launching parents and Volunteer training classes that could be included as a part of the series. This would educate the parents to the rules of track and field and possibly lead them to become Certified Officials.

To make this program successful, we suggest reaching out to Recreation Depts, YWCA, YMCA, Boys and Girls club, etc...



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Grant Program Purpose: The goal of AAU track and Field is to provide positive competitive opportunities for our members. We are committed to the development of athletes, physically, mentally and academically. We believe that we are a developmental program that can significantly impact the lives of the youth of America and the future of the sport of track & Field.

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Applicant Information

AAU Member Name: _____

AAU Member Number: _____

Phone Number: _____

Email: _____

AAU Club Name: _____

AAU Club Code: _____

About the Event or Program to be funded

Event (Name of event or program): _____

Event Dates: _____

Please describe your proposal (include overview of the specific licensed event(s) planned, location & timing of the event(s), a brief description of the event(s), the projected participation (# of teams & individuals) and projected costs): (Attachment)

Estimate number of new AAU Track & Field and Cross-Country memberships: _____

How do you anticipate awarded Grant funds being used? (Attachment)

If a grant is awarded to you/your club, when will you need the Grant funds requested? _____