

2023 AAU Virginia South District Qualifier - 6/10/2023

Varina High School Track Complex

Results

Girls 100 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1	Kiana Parham	15 5 Star Eagle	14.84 NWI
2	Kennedy Jefferson	15 Eastend Ligh	15.20 NWI
3	Ja'Nya Collins	15 Jdc3 Elite	15.43 NWI
4	Taylor Thomas	15 Eastend Ligh	15.57 NWI
5	Ava-Simone Buries	15 Nva Track	15.66 NWI
6	Ava Nelson	15 Eastend Ligh	15.94 NWI
7	Yemi Oniyide	15 Smithfield P	16.08 NWI
8	Jaliyah Hawkins	17 Unattached	16.09 NWI
9	Laila Willis	15 Hampton Road	16.11 NWI
10	Julianna Washington	15 VA Beach Fla	16.32 NWI
11	Alex Gatling	15 VA Beach Fla	16.40 NWI
12	Jailyn Tennessee	15 Track 757	16.45 NWI
13	Zoey Alexander	15 Track 757	16.48 NWI
14	Lia Abrams	15 Track 757	16.75 NWI
15	Khloe Shepherd	15 360 Elite Tr	16.85 NWI
16	Alyssa Edmonds	15 Track 757	16.89 NWI
17	Olivia Quamina	17 Virginia Bla	17.04 NWI
18	Taylor Bradburn	16 Virginia Rap	17.34 NWI
19	Olivia Yerby	15 Virginia Bla	17.34 NWI
20	Jordyn Loney	15 Eastend Ligh	17.36 NWI
21	Laiyah Starling	15 Virginia Sta	17.44 NWI
22	Alexa Stokes	15 VA Beach Fla	17.62 NWI
23	Raedyn Noel	16 Track 757	17.90 NWI
24	Kamry Johnson	16 Hampton Road	18.16 NWI
25	Dennia Ward	15 Eastend Ligh	18.18 NWI
26	Mila Carter	15 Virginia Sta	18.33 NWI
27	Dania Cain	15 Hampton City	18.35 NWI
28	Asaya Mitchell	16 Speed Proteg	18.38 NWI
29	Brianna Thombs	16 Eastend Ligh	18.60 NWI
30	Nora Park	17 Virginia Rap	18.60 NWI
31	Shir'Leya Garrett-Pollard	17 Eastend Ligh	18.81 NWI
32	Zamara Buries	17 Nva Track	18.95 NWI
33	Skylar Parker	16 Eastend Ligh	19.18 NWI
34	Brielle Burton	16 Virginia Bla	19.34 NWI
35	Taylor Deblanc	15 Hampton Road	19.74 NWI
36	Elle Lewis	16 Eastend Ligh	19.76 NWI
37	Malaya Bowman	15 Technique TC	19.79 NWI
38	Kori Hayes	16 West End Ric	20.15 NWI
39	Mariah Nicholson	17 Virginia Rap	20.37 NWI
40	Nina Lomax	16 West End Ric	20.40 NWI
41	Madison Parker	17 757 Colts Tr	20.63 NWI
42	Xyla Davis	16 VA Beach Fla	20.65 NWI
43	Sophia Simmons	16 Hampton Road	20.97 NWI
44	Olivia Lewis	16 Eastend Ligh	21.03 NWI
45	Delilah Gilliam	16 Hampton Road	21.22 NWI
46	Sina Cason	16 Central Virg	21.60 NWI
47	Nevaeh Warren	16 VA Beach Fla	21.79 NWI
48	Jordyn Moody	15 Track 757	21.83 NWI
49	Chyann Stevens	17 Virginia Bla	22.14 NWI
50	Taryn Bradburn	17 Virginia Rap	23.03 NWI
51	Eden Slade	15 All Out Runn	23.07 NWI
52	Mikylah Highley	17 Superior Tra	23.16 NWI

53	Aleah Stokes	17 VA Beach Fla	23.30 NWI
54	Jaelynn Mayes	16 West End Ric	23.61 NWI
55	Zamya Davis	18 VA Beach Fla	23.64 NWI
56	Tamari Wilson	16 Virginia Sta	23.65 NWI
57	Tylin Freeman	17 West End Ric	24.21 NWI
58	Katrice Frias	18 VA Beach Fla	24.57 NWI
59	Kinsley Davis	17 Peninsula El	24.74 NWI
60	Olivia Young	17 Cavs' Track	28.83 NWI
61	Faith Lomax	19 West End Ric	31.10 NWI

Girls 200 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1	Kiana Parham	15 5 Star Eagle	31.47 NWI
2	Maya Griffin	15 Eastend Ligh	31.62 NWI
3	Ava-Simone Buries	15 Nva Track	31.95 NWI
4	Ja'Nya Collins	15 Jdc3 Elite	32.56 NWI
5	Taylor Thomas	15 Eastend Ligh	32.88 NWI
6	Genesis Newman	15 Virginia Bea	33.07 NWI
7	Kennedy Jefferson	15 Eastend Ligh	33.07 NWI
8	Jailyn Tennessee	15 Track 757	33.73 NWI
9	Julianna Washington	15 VA Beach Fla	33.96 NWI
10	Ava Nelson	15 Eastend Ligh	34.54 NWI
11	Laila Willis	15 Hampton Road	34.59 NWI
12	Yemi Oniyide	15 Smithfield P	34.63 NWI
13	Alyssa Edmonds	15 Track 757	35.99 NWI
14	Olivia Yerby	15 Virginia Bla	36.12 NWI
15	Lia Abrams	15 Track 757	36.57 NWI
16	Zoey Alexander	15 Track 757	36.66 NWI
17	Olivia Quamina	17 Virginia Bla	36.97 NWI
18	Alex Gatling	15 VA Beach Fla	37.33 NWI
19	Raedyn Noel	16 Track 757	37.87 NWI
20	Laiyah Starling	15 Virginia Sta	38.95 NWI
21	Jordyn Loney	15 Eastend Ligh	39.16 NWI
22	Shir'Leya Garrett-Pollard	17 Eastend Ligh	39.22 NWI
23	Kamry Johnson	16 Hampton Road	39.33 NWI
24	Nora Park	17 Virginia Rap	39.51 NWI
25	Asaya Mitchell	16 Speed Proteg	40.05 NWI
26	Skylar Parker	16 Eastend Ligh	40.07 NWI
27	Alexa Stokes	15 VA Beach Fla	40.32 NWI
28	Mila Carter	15 Virginia Sta	40.52 NWI
29	Madison Fedele	16 Track 757	40.65 NWI
30	Taylor Deblanc	15 Hampton Road	40.67 NWI
31	Dania Cain	15 Hampton City	41.71 NWI
32	Mariah Nicholson	17 Virginia Rap	42.50 NWI
33	Brielle Burton	16 Virginia Bla	43.35 NWI
34	Delilah Gilliam	16 Hampton Road	44.92 NWI
35	Kori Hayes	16 West End Ric	45.21 NWI
36	Jaela Smith	16 VA Beach Fla	46.63 NWI
37	Nevaeh Warren	16 VA Beach Fla	46.76 NWI
38	Olivia Lewis	16 Eastend Ligh	47.61 NWI
39	Chyann Stevens	17 Virginia Bla	48.52 NWI
40	Sina Cason	16 Central Virg	48.89 NWI
41	Xyla Davis	16 VA Beach Fla	49.06 NWI
42	Mikylah Highley	17 Superior Tra	49.16 NWI
43	Jaelynn Mayes	16 West End Ric	49.46 NWI

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Results

Finals ... (Girls 200 Meter Dash 8-under)

	Name	Yr	Team	Finals
44	Eden Slade	15	All Out Runn	51.79 NWI
45	Tylin Freeman	17	West End Ric	51.88 NWI
46	Taryn Bradburn	17	Virginia Rap	52.91 NWI
47	Aleah Stokes	17	VA Beach Fla	53.29 NWI
48	Zamyia Davis	18	VA Beach Fla	53.38 NWI
49	Katrice Frias	18	VA Beach Fla	56.83 NWI

Girls 400 Meter Dash 8-under

	Name	Yr	Team	Finals
Finals				
1	Maya Griffin	15	Eastend Ligh	1:14.83
2	Julianna Washington	15	VA Beach Fla	1:22.40
3	Genesis Newman	15	Virginia Bea	1:25.81
4	Khloe Shepherd	15	360 Elite Tr	1:25.85
5	Madison Fedele	16	Track 757	1:27.06
6	Sydney Kent	15	Hampton Road	1:27.59
7	Alex Gatling	15	VA Beach Fla	1:28.90
8	Taylor Bradburn	16	Virginia Rap	1:28.97
9	Asaya Mitchell	16	Speed Proteg	1:32.79
10	Zahara Brandon	16	Track 757	1:33.21
11	Raedyn Noel	16	Track 757	1:37.17
12	Zamara Buries	17	Nva Track	1:37.34
13	Giuliana Fedele	15	Track 757	1:37.59
14	Taya Henderson	17	Unattached	1:41.36
15	Kali Hunter	16	West End Ric	1:43.27
16	Jaela Smith	16	VA Beach Fla	1:45.07
17	Naomi Roe	17	Superior Tra	1:53.20
18	Nahla Roe	17	Superior Tra	1:54.65
19	Eden Slade	15	All Out Runn	2:07.34

Girls 800 Meter Run 8-under

	Name	Yr	Team	Finals
Finals				
1	Madison Fedele	16	Track 757	3:13.09
2	Zahara Brandon	16	Track 757	3:23.35
3	Sydney Kent	15	Hampton Road	3:31.19
4	Giuliana Fedele	15	Track 757	3:31.42
5	Jaela Smith	16	VA Beach Fla	3:52.87
---	Kinsley Davis	17	Peninsula El	DNF

Girls 1500 Meter Run 8-under

	Name	Yr	Team	Finals
Finals				
1	Zahara Brandon	16	Track 757	7:04.59
2	Giuliana Fedele	15	Track 757	7:05.50

Girls 4x100 Meter Relay 8-under

	Team	Relay	Finals
Finals			
1	Eastend Ligh	A	1:03.15
2	Track 757	A	1:04.75
3	Virginia Rap	A	1:22.84

Girls Long Jump 8-under

	Name	Yr	Team	Finals
Finals				
1	Laila Willis	15	Hampton Road	10-06.25 NWI
2	Olivia Yerby	15	Virginia Bla	10-03.50 NWI
3	Kiana Parham	15	5 Star Eagle	10-02.50 NWI
4	Yemi Oniyide	15	Smithfield P	9-11.50 NWI
5	Jalayah Hawkins	17	Unattached	9-06.50 NWI
6	Malaya Bowman	15	Technique TC	8-10.50 NWI
7	Kamry Johnson	16	Hampton Road	7-07.25 NWI
8	Sydney Kent	15	Hampton Road	6-07.00 NWI
9	Dennia Ward	15	Eastend Ligh	6-03.50 NWI
10	Taya Henderson	17	Unattached	6-03.00 NWI
11	Zamara Buries	17	Nva Track	5-04.50 NWI
12	Kali Hunter	16	West End Ric	4-09.00 NWI
---	Ava-Simone Buries	15	Nva Track	FOUL

Girls Shot Put 4 lbs 8-under

	Name	Yr	Team	Finals
Finals				
1	Brianna Thombs	16	Eastend Ligh	10-10.50
2	Tamari Wilson	16	Virginia Sta	10-07.00
3	Elle Lewis	16	Eastend Ligh	9-00.25
4	Jordyn Moody	15	Track 757	8-07.25
5	Nina Lomax	16	West End Ric	8-03.50

Girls Javelin Throw Turbo (300 g 8-under)

	Name	Yr	Team	Finals
Finals				
1	Ja'Nya Collins	15	Jdc3 Elite	28-02
2	Elle Lewis	16	Eastend Ligh	25-07
3	Brielle Burton	16	Virginia Bla	23-00
3	Taylor Deblanc	15	Hampton Road	23-00
5	Nina Lomax	16	West End Ric	22-10.50
6	Dennia Ward	15	Eastend Ligh	22-01.50
7	Jordyn Loney	15	Eastend Ligh	21-05
8	Sophia Simmons	16	Hampton Road	21-02.50
9	Laiyah Starling	15	Virginia Sta	20-09
10	Malaya Bowman	15	Technique TC	20-04
11	Nevaeh Warren	16	VA Beach Fla	19-10
12	Madison Parker	17	757 Colts Tr	19-06.50
13	Mila Carter	15	Virginia Sta	19-06
14	Brianna Thombs	16	Eastend Ligh	18-11.50
15	Delilah Gilliam	16	Hampton Road	18-10.50
16	Dania Cain	15	Hampton City	18-10
17	Jaelynn Mayes	16	West End Ric	18-04
18	Tamari Wilson	16	Virginia Sta	18-01
19	Alexa Stokes	15	VA Beach Fla	16-08.50
20	Kori Hayes	16	West End Ric	14-05
21	Olivia Lewis	16	Eastend Ligh	14-02
22	Chyann Stevens	17	Virginia Bla	13-07
23	Jordyn Moody	15	Track 757	13-05
24	Skylar Parker	16	Eastend Ligh	12-01.50
25	Tylin Freeman	17	West End Ric	12-00
26	Xyla Davis	16	VA Beach Fla	11-06.50

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Results

Finals ... (Girls Javelin Throw Turbo (300 g 8-under))

Name	Yr	Team	Finals
27 Zamyia Davis	18	VA Beach Fla	10-06
28 Aleah Stokes	17	VA Beach Fla	9-11
29 Shir'Leya Garrett-Pollard	17	Eastend Ligh	8-07
30 Katrice Frias	18	VA Beach Fla	4-01
31 Faith Lomax	19	West End Ric	3-11

Girls 100 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 Autumn Gregory	14	VA Beach Fla	14.15 NWI
2 Laila Mallory	14	Heart N Glor	14.60 NWI
3 Kennedy Johnson	14	Eastend Ligh	14.82 NWI
4 Nyla Hamlette	14	Track 757	14.97 NWI
5 Kamari Green	14	Virginia Rap	15.28 NWI
6 Tyasia Dunbar	14	VA Beach Fla	15.47 NWI
7 Mariah Bowens	14	Nva Track	15.51 NWI
8 Nevaeh Booker	14	Track 757	15.73 NWI
9 Shaniyah Adkins	14	Eastend Ligh	15.88 NWI
10 Harmoni Johnson	14	Eastend Ligh	16.22 NWI
11 Nadia Powell-Mason	14	360 Elite Tr	16.88 NWI
12 Baileigh Simms	14	Virginia Bla	16.98 NWI
13 Kyndal Jones	14	Williamsburg	17.02 NWI
14 Cassidy Alexander	14	VA Beach Fla	17.13 NWI
15 Kelsey Harrington	14	Eastend Ligh	19.01 NWI
16 Sofia Gilliam	14	Hampton Road	20.00 NWI
17 Eliana Lockhart	14	Speed Proteg	23.05 NWI

Girls 200 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 Autumn Gregory	14	VA Beach Fla	29.43 NWI
2 Kennedy Johnson	14	Eastend Ligh	30.29 NWI
3 Laila Mallory	14	Heart N Glor	30.46 NWI
4 Tyasia Dunbar	14	VA Beach Fla	31.70 NWI
5 Mariah Bowens	14	Nva Track	32.78 NWI
6 Shaniyah Adkins	14	Eastend Ligh	32.81 NWI
7 Kamari Green	14	Virginia Rap	32.83 NWI
8 Nevaeh Booker	14	Track 757	33.78 NWI
9 Harmoni Johnson	14	Eastend Ligh	34.13 NWI
10 Madisen Francis	14	Eastend Ligh	34.20 NWI
11 Emery Johnson	14	Virginia Bla	34.73 NWI
12 Paris Pollard	14	Hampton Road	36.24 NWI
13 Kyndal Jones	14	Williamsburg	36.27 NWI
14 Nadia Powell-Mason	14	360 Elite Tr	39.32 NWI
15 Olivia Hawkins	14	Virginia Bla	39.83 NWI
16 Ameera Christian	14	West End Ric	40.89 NWI
17 Sofia Gilliam	14	Hampton Road	41.42 NWI
18 Cassidy Alexander	14	VA Beach Fla	41.56 NWI

Girls 400 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 Autumn Gregory	14	VA Beach Fla	1:08.71
2 Laila Mallory	14	Heart N Glor	1:09.83

3 Tyasia Dunbar	14	VA Beach Fla	1:13.36
4 Carsyn Campbell	14	Hampton Road	1:13.93
5 Kamari Green	14	Virginia Rap	1:22.69
6 Nadia Powell-Mason	14	360 Elite Tr	1:27.18
7 Kelsey Harrington	14	Eastend Ligh	1:28.62
8 Madisen Francis	14	Eastend Ligh	1:28.69
9 Paris Pollard	14	Hampton Road	1:29.88

Girls 800 Meter Run 9 years old

Name	Yr	Team	Finals
Finals			
1 Taylor Tention	14	VA Beach Fla	2:49.12
2 Sophia Parris	14	Track 757	2:56.87
3 Parker Thomas	14	Aerial Supre	3:00.39
4 Carsyn Campbell	14	Hampton Road	3:05.25
5 Hayden Harvey	14	Unattached	3:08.33
6 Victoria Gong	14	Faith In Act	3:16.59

Girls 1500 Meter Run 9 years old

Name	Yr	Team	Finals
Finals			
1 Taylor Tention	14	VA Beach Fla	5:52.14
2 Parker Thomas	14	Aerial Supre	6:16.01
3 Carsyn Campbell	14	Hampton Road	6:24.36
4 Victoria Gong	14	Faith In Act	6:43.49
5 Eleanor Strange	14	West End Ric	6:58.74
6 Madison Fontenette	14	Technique TC	7:57.77

Girls High Jump 9 years old

Name	Yr	Team	Finals
Finals			
1 Ava Gaddy	14	Eastend Ligh	3-06.00

Girls Long Jump 9 years old

Name	Yr	Team	Finals
Finals			
1 Mariah Bowens	14	Nva Track	10-07.50 NWI
2 Parker Thomas	14	Aerial Supre	10-04.00 NWI
3 Nyla Hamlette	14	Track 757	9-10.00 NWI
4 Nevaeh Booker	14	Track 757	9-05.75 NWI
5 Paris Pollard	14	Hampton Road	9-03.25 NWI
6 Olivia Hawkins	14	Virginia Bla	8-00.50 NWI
7 Ameera Christian	14	West End Ric	7-10.00 NWI
8 Sophia Parris	14	Track 757	6-07.25 NWI
--- Madison Fontenette	14	Technique TC	FOUL

Girls Shot Put 6 lbs 9 years old

Name	Yr	Team	Finals
Finals			
1 Baileigh Simms	14	Virginia Bla	14-01.00
2 Emery Johnson	14	Virginia Bla	12-07.00
3 Madisen Francis	14	Eastend Ligh	10-10.00
4 Eliana Lockhart	14	Speed Proteg	10-01.75
5 Alexis White	14	West End Ric	8-04.50

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Results

Girls Javelin Throw Turbo (400 g 9 years old)

Name	Yr	Team	Finals
Finals			
1	Emery Johnson	14 Virginia Bla	37-06
2	Eliana Lockhart	14 Speed Proteg	28-03
3	Olivia Hawkins	14 Virginia Bla	23-07
4	Baileigh Simms	14 Virginia Bla	23-02
5	Sofia Gilliam	14 Hampton Road	22-11
6	Alexis White	14 West End Ric	21-07.50
7	Eleanor Strange	14 West End Ric	21-01
8	Cassidy Alexander	14 VA Beach Fla	20-11
9	Taylor Tention	14 VA Beach Fla	17-09.50
10	Ameera Christian	14 West End Ric	17-03

Girls 1500 Meter Race Walk 9 years old

Name	Yr	Team	Finals
Finals			
1	Madison Fontenette	14 Technique TC	12:31.18
2	Alexis White	14 West End Ric	12:58.78

Girls 100 Meter Dash 10 years old

Name	Yr	Team	Finals
Finals			
1	Shir'Niya Garrett-Pollard	13 Eastend Ligh	13.50 NWI
2	Navyiah Quamina	13 Virginia Bla	13.72 NWI
3	Kailyn Johnson	13 Hampton Road	14.00 NWI
4	Kenya Herring	13 Eastend Ligh	14.45 NWI
5	India Cuevas	13 Virginia Sta	14.68 NWI
6	Amiah Brock	13 Lazars Track	14.97 NWI
7	Khalia Butler	13 Hampton City	15.02 NWI
8	Eva Annand	13 Track 757	15.35 NWI
9	Brooklyn Levison	13 Heart N Glor	15.41 NWI
10	London Hackett	13 Virginia Bla	15.42 NWI
11	Brelyn Moses-Outlaw	13 VA Beach Fla	15.46 NWI
12	Skyla'Jae Johnson	13 Hampton Road	15.54 NWI
13	Madison Moore	13 Heart N Glor	15.74 NWI
14	Karmen Reynolds	13 Virginia Bla	15.98 NWI
15	Alanna Simms	13 Williamsburg	16.55 NWI
16	Aaria Gidden Townsend	13 VA Beach Fla	16.56 NWI
17	Jariya Cox	13 Virginia Rap	16.82 NWI
18	Lashae Kingston	13 West End Ric	16.90 NWI
19	Leah Fowler	13 VA Beach Fla	17.05 NWI
20	Laylah Fowler	13 VA Beach Fla	17.08 NWI
21	Kayla Morris	13 5 Star Eagle	17.20 NWI
22	Zarlayh Taylor	13 Eastend Ligh	17.45 NWI
23	Amirah Jones	13 Eastend Ligh	17.65 NWI
24	Mariah Durham	13 Virginia Sta	17.73 NWI
25	Kennedy Brown	13 Phranchize P	17.84 NWI
26	Anauri Miller	13 Speed Proteg	18.30 NWI
27	Jordyn Collier	13 5 Star Eagle	18.94 NWI
28	Jennalle Najar	13 Smithfield P	19.29 NWI

Girls 200 Meter Dash 10 years old

Name	Yr	Team	Finals
Finals			
1	Shir'Niya Garrett-Pollard	13 Eastend Ligh	27.69 NWI
2	Navyiah Quamina	13 Virginia Bla	27.73 NWI
3	Kailyn Johnson	13 Hampton Road	28.96 NWI
4	Nejae Sabbakhan	13 Eastend Ligh	29.03 NWI
5	Kenya Herring	13 Eastend Ligh	30.13 NWI
6	India Cuevas	13 Virginia Sta	30.28 NWI
7	Khalia Butler	13 Hampton City	31.02 NWI
8	Brooklyn Levison	13 Heart N Glor	31.75 NWI
9	Eva Annand	13 Track 757	31.89 NWI
10	Brelyn Moses-Outlaw	13 VA Beach Fla	32.46 NWI
11	London Hackett	13 Virginia Bla	33.52 NWI
12	Janel Thomas	13 VA Beach Fla	33.68 NWI
13	Karmen Reynolds	13 Virginia Bla	34.03 NWI
14	Alanna Simms	13 Williamsburg	34.05 NWI
15	Lashae Kingston	13 West End Ric	34.15 NWI
16	Laylah Fowler	13 VA Beach Fla	34.59 NWI
17	Aaria Gidden Townsend	13 VA Beach Fla	34.65 NWI
18	Leah Fowler	13 VA Beach Fla	35.10 NWI
19	Anyah Phanelson	13 Virginia Rap	35.31 NWI
20	Zarlayh Taylor	13 Eastend Ligh	36.25 NWI
21	Kayla Morris	13 5 Star Eagle	36.41 NWI
22	Kennedy Brown	13 Phranchize P	37.86 NWI
23	Anauri Miller	13 Speed Proteg	39.81 NWI
24	Jennalle Najar	13 Smithfield P	40.11 NWI

Girls 400 Meter Dash 10 years old

Name	Yr	Team	Finals
Finals			
1	Navyiah Quamina	13 Virginia Bla	1:06.22
2	Nejae Sabbakhan	13 Eastend Ligh	1:08.85
3	Amiah Brock	13 Lazars Track	1:14.42
4	Khalia Butler	13 Hampton City	1:16.97
5	Janel Thomas	13 VA Beach Fla	1:22.56
6	Anyah Phanelson	13 Virginia Rap	1:23.76
7	Skyla'Jae Johnson	13 Hampton Road	1:24.12
8	Jennalle Najar	13 Smithfield P	1:34.08

Girls 800 Meter Run 10 years old

Name	Yr	Team	Finals
Finals			
1	Olivia Jackson	13 Faith In Act	3:09.87
2	Payton Chambers	13 Track 757	3:14.80
3	Anyah Phanelson	13 Virginia Rap	3:30.25

Girls 1500 Meter Run 10 years old

Name	Yr	Team	Finals
Finals			
1	Olivia Jackson	13 Faith In Act	6:37.86

Girls 4x100 Meter Relay 10 years old

Team	Relay	Finals
Finals		
1	Eastend Ligh	A 56.86

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Finals ... (Girls 4x100 Meter Relay 10 years old)

Team	Relay	Finals
2 Eastend Ligh	B	1:02.37

Girls 4x400 Meter Relay 10 years old

Team	Relay	Finals
1 Eastend Ligh	A	5:10.00
2 Track 757	A	5:10.10

Girls High Jump 10 years old

Name	Yr	Team	Finals
1 Georgia Thompson	13	Nva Track	3-08.00
1 Autumn Lewis	13	Eastend Ligh	3-08.00
3 Janel Thomas	13	VA Beach Fla	3-04.00
4 Payton Chambers	13	Track 757	3-00.00

Girls Long Jump 10 years old

Name	Yr	Team	Finals
1 Kailyn Johnson	13	Hampton Road	14-00.75 NWI
2 India Cuevas	13	Virginia Sta	12-04.75 NWI
3 Georgia Thompson	13	Nva Track	11-07.25 NWI
4 Brooklyn Levison	13	Heart N Glor	11-06.50 NWI
5 Brelyn Moses-Outlaw	13	VA Beach Fla	10-00.25 NWI
6 London Hackett	13	Virginia Bla	9-11.00 NWI
7 Jordyn Collier	13	5 Star Eagle	9-06.00 NWI
8 Jariya Cox	13	Virginia Rap	9-05.00 NWI
9 Aaria Gidden Townsend	13	VA Beach Fla	9-02.00 NWI
10 Kayla Morris	13	5 Star Eagle	7-11.00 NWI
11 Madison Moore	13	Heart N Glor	7-03.25 NWI
12 Anauri Miller	13	Speed Proteg	6-01.50 NWI
13 Lashae Kingston	13	West End Ric	4-05.25 NWI
--- Amiah Brock	13	Lazers Track	FOUL
--- Kennedy Brown	13	Phranchize P	FOUL

Girls Shot Put 6 lbs 10 years old

Name	Yr	Team	Finals
1 Skyla'Jae Johnson	13	Hampton Road	19-08.00
2 Jordyn Collier	13	5 Star Eagle	17-11.00
3 Jariya Cox	13	Virginia Rap	16-05.50
4 Amirah Jones	13	Eastend Ligh	16-03.25
5 Madison Moore	13	Heart N Glor	15-11.00
6 Mariah Durham	13	Virginia Sta	14-03.00
7 Shona Gibson	13	West End Ric	13-09.00

Girls Javelin Throw Turbo (400 g 10 years old)

Name	Yr	Team	Finals
1 Georgia Thompson	13	Nva Track	59-09
2 Karmen Reynolds	13	Virginia Bla	43-03.50
3 Alanna Simms	13	Williamsburg	36-10
4 Amirah Jones	13	Eastend Ligh	29-06
5 Shona Gibson	13	West End Ric	29-03
6 Gabriella Mcgee	13	Technique TC	26-01.50

7 Mariah Durham	13	Virginia Sta	25-09.50
8 Laylah Fowler	13	VA Beach Fla	22-01.50
9 Zarlayh Taylor	13	Eastend Ligh	22-00
10 Leah Fowler	13	VA Beach Fla	20-11

Girls 1500 Meter Race Walk 10 years old

Name	Yr	Team	Finals
1 Gabriella Mcgee	13	Technique TC	11:06.74
2 Shona Gibson	13	West End Ric	11:36.26

Girls 100 Meter Dash 11 years old

Name	Yr	Team	Finals
1 Layla Mitchell	12	Heart N Glor	13.04 NWI
2 Kenae Fullwood	12	Heart N Glor	13.43 NWI
3 Taniah Alexander	12	Virginia Sta	14.54 NWI
4 Brilee Brown	12	Heart N Glor	14.61 NWI
5 Kendall Jones	12	Technique TC	14.87 NWI
6 Mary Neal	12	Virginia Bla	14.98 NWI
7 Kamille Reaves	12	Hampton Road	14.98 NWI
8 Jayda Norman	12	Williamsburg	15.44 NWI
9 Kadence Hayes	12	West End Ric	15.58 NWI
10 Marley Harris	12	Technique TC	16.00 NWI
11 Jamya Rogers	12	Central Virg	16.46 NWI
12 Chloe Clark	12	360 Elite Tr	16.49 NWI
13 Aaliyah Brown	12	Virginia Sta	16.74 NWI
14 Zoe Matlock	12	Central Virg	17.69 NWI

Girls 200 Meter Dash 11 years old

Name	Yr	Team	Finals
1 Layla Mitchell	12	Heart N Glor	26.88 NWI
2 Kenae Fullwood	12	Heart N Glor	27.58 NWI
3 Taniah Alexander	12	Virginia Sta	29.62 NWI
4 Khamya Rhines	12	Hampton City	30.01 NWI
5 Peyton Hicks	12	Eastend Ligh	30.39 NWI
6 Kendall Jones	12	Technique TC	30.80 NWI
7 Mary Neal	12	Virginia Bla	31.21 NWI
8 Kamille Reaves	12	Hampton Road	31.91 NWI
9 Jayda Norman	12	Williamsburg	32.22 NWI
10 Jamya Rogers	12	Central Virg	32.27 NWI
11 Marley Harris	12	Technique TC	32.78 NWI
12 Egypt Martino	12	Virginia Rap	33.06 NWI
13 Kadence Hayes	12	West End Ric	33.37 NWI
14 Chloe Clark	12	360 Elite Tr	34.33 NWI
15 Aaliyah Brown	12	Virginia Sta	35.14 NWI
16 Zoe Matlock	12	Central Virg	36.43 NWI

Girls 400 Meter Dash 11 years old

Name	Yr	Team	Finals
1 Morgan Kent	12	Hampton Road	1:01.96
2 Olivia Sedgwick	12	Eastend Ligh	1:05.11
3 Syreniti Jenkins	12	Track 757	1:08.96
4 Khamya Rhines	12	Hampton City	1:11.01

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Finals ... (Girls 400 Meter Dash 11 years old)

Name	Yr	Team	Finals
5 Gabrielle Thombs	12	Eastend Ligh	1:15.18
6 Brilee Brown	12	Heart N Glor	1:15.87
7 Jada Byrd	12	Virginia Rap	1:17.53
8 Egypt Martino	12	Virginia Rap	1:18.89
9 Jamya Rogers	12	Central Virg	1:25.32
10 Zoe Matlock	12	Central Virg	1:25.56
11 Chloe Clark	12	360 Elite Tr	1:28.90

Girls 800 Meter Run 11 years old

Name	Yr	Team	Finals
1 Alyssa Parran	12	Track 757	2:43.65
2 Charlee Peoples	12	Eastend Ligh	2:48.44
3 Jada Byrd	12	Virginia Rap	2:51.51

Girls 1500 Meter Run 11 years old

Name	Yr	Team	Finals
1 Alyssa Parran	12	Track 757	6:04.92
2 Leana Fleshman	12	West End Ric	7:47.70

Girls 3000 Meter Run 11 years old

Name	Yr	Team	Finals
1 Leana Fleshman	12	West End Ric	13:20.14

Girls 80 Meter Hurdles 11 years old

Name	Yr	Team	Finals
1 Alyssa Parran	12	Track 757	15.65 NWI
2 Addison Turner	12	VA Beach Fla	15.94 NWI
3 Khamya Rhines	12	Hampton City	18.16 NWI
4 Syreniti Jenkins	12	Track 757	18.64 NWI

Girls High Jump 11 years old

Name	Yr	Team	Finals
1 Addison Turner	12	VA Beach Fla	4-02.00
1 Gabrielle Thombs	12	Eastend Ligh	4-02.00
3 Olivia Sedgwick	12	Eastend Ligh	3-10.00
4 Charlee Peoples	12	Eastend Ligh	3-08.00
4 Brilee Brown	12	Heart N Glor	3-08.00

Girls Long Jump 11 years old

Name	Yr	Team	Finals
1 Layla Mitchell	12	Heart N Glor	14-06.00 NWI
2 Morgan Kent	12	Hampton Road	13-07.50 NWI
3 Mary Neal	12	Virginia Bla	13-01.50 NWI
4 Addison Turner	12	VA Beach Fla	13-00.00 NWI
5 Jayda Norman	12	Williamsburg	12-06.00 NWI
6 Charlee Peoples	12	Eastend Ligh	11-10.50 NWI
7 Peyton Hicks	12	Eastend Ligh	11-10.00 NWI
8 Kadence Hayes	12	West End Ric	11-05.25 NWI
9 Taniah Alexander	12	Virginia Sta	11-00.00 NWI

10 Aaliyah Brown	12	Virginia Sta	10-01.00 NWI
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Girls Shot Put 6 lbs 11 years old

Name	Yr	Team	Finals
1 Peyton Hicks	12	Eastend Ligh	13-07.00

Girls Javelin Throw Turbo (400 g 11 years old)

Name	Yr	Team	Finals
1 Kendall Jones	12	Technique TC	27-04.50
2 Marley Harris	12	Technique TC	24-05
3 Leana Fleshman	12	West End Ric	24-04.50

Girls 1500 Meter Race Walk 11 years old

Name	Yr	Team	Finals
1 Naomi Burnett	12	West End Ric	12:30.85

Girls 100 Meter Dash 12 years old

Name	Yr	Team	Finals
1 Nyema Harvey	11	Eastend Ligh	13.39 NWI
2 Gabrielle Thomas	11	Heart N Glor	13.43 NWI
3 Adrianna Southerland	11	Hampton Road	13.53 NWI
4 Micah Hardie	11	All Out Runn	13.72 NWI
5 Dillan Keene	11	Heart N Glor	13.86 NWI
6 Demiyah Wilson	11	West End Ric	13.91 NWI
7 Ryleigh Daniels	11	Lazers Track	14.08 NWI
8 Mariah Calliste	11	Track 757	14.12 NWI
9 Jaylin Whitties	11	Central Virg	14.14 NWI
10 Zanari Davis	11	VA Beach Fla	14.15 NWI
11 Amiyah Smith	11	Hampton Road	14.16 NWI
12 Jerriah Diggs	11	Hampton Road	14.26 NWI
13 Aubrey McKinnon	11	Hampton City	14.26 NWI
14 Katelyn Robinson	11	Empire Athle	14.27 NWI
15 Abigail Wright	11	360 Elite Tr	14.31 NWI
16 Raegan Cooley	11	Virginia Bla	14.35 NWI
17 Khloe Best	11	Hampton City	14.53 NWI
18 Aaliyah Reason	11	Technique TC	14.55 NWI
19 Leilanne Scarborough	11	Cavs' Track	14.57 NWI
20 Zoe Moore	11	Smithfield P	14.59 NWI
21 Bayah Manley	11	VA Beach Fla	14.67 NWI
22 Zionna Walker	11	Virginia Sta	14.69 NWI
23 Samira Atkins	11	Hampton City	14.74 NWI
24 Skye Brooks	11	Track 757	14.90 NWI
25 Jada Goode	11	Sports Acade	15.14 NWI
26 Journee Canaday	11	Williamsburg	15.20 NWI
27 Laila Gilliam	11	Hampton Road	15.61 NWI
28 Anjani Patel	11	Superior Tra	15.81 NWI
29 Samantha Huffman	11	434 Track &	16.89 NWI

Girls 200 Meter Dash 12 years old

Name	Yr	Team	Finals
1 Nyema Harvey	11	Eastend Ligh	27.62 NWI
2 Demiyah Wilson	11	West End Ric	27.85 NWI

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Finals ... (Girls 200 Meter Dash 12 years old)

Name	Yr	Team	Finals
3 Olivia Dozier	11	Dulles Youth	28.31 NWI
4 Micah Hardie	11	All Out Runn	28.40 NWI
5 Gabrielle Thomas	11	Heart N Glor	28.47 NWI
6 Aubrey McKinnon	11	Hampton City	28.72 NWI
7 Zanari Davis	11	VA Beach Fla	28.81 NWI
8 Dillan Keene	11	Heart N Glor	28.87 NWI
9 Alaya Williams	11	Virginia Bla	29.00 NWI
10 Mariah Calliste	11	Track 757	29.01 NWI
11 Maliyah Atkins	11	Track 757	29.17 NWI
12 Jaylin Whitties	11	Central Virg	29.23 NWI
13 Ryleigh Daniels	11	Lazers Track	29.60 NWI
13 Samantha Beasley	11	Eastend Ligh	29.60 NWI
15 Jerriah Diggs	11	Hampton Road	29.66 NWI
16 Abigail Wright	11	360 Elite Tr	29.81 NWI
17 Nizyah Belcher	11	Virginia Rap	30.03 NWI
18 Jada Goode	11	Sports Acade	30.04 NWI
19 Zoe Moore	11	Smithfield P	30.29 NWI
20 Samira Atkins	11	Hampton City	30.35 NWI
21 Khloe Best	11	Hampton City	30.54 NWI
22 Raegan Cooley	11	Virginia Bla	30.86 NWI
23 Bayah Manley	11	VA Beach Fla	30.99 NWI
24 Skye Brooks	11	Track 757	31.07 NWI
25 Zionna Walker	11	Virginia Sta	31.33 NWI
26 Amari Epps	11	Virginia Bla	31.54 NWI
27 Maximiliana Brandon	11	Track 757	32.13 NWI
28 Leilanne Scarborough	11	Cavs' Track	32.27 NWI
29 Journee Canaday	11	Williamsburg	32.29 NWI
30 Amirah Dobson	11	Eastend Ligh	33.27 NWI
31 Samantha Huffman	11	434 Track &	35.32 NWI
32 Skyler Permitter	11	Virginia Bla	36.06 NWI
33 Adrionna Southerland	11	Hampton Road	1:18.48 NWI

Girls 400 Meter Dash 12 years old

Name	Yr	Team	Finals
1 Olivia Dozier	11	Dulles Youth	1:03.30
2 Demiyah Wilson	11	West End Ric	1:04.42
3 Maliyah Atkins	11	Track 757	1:05.30
4 Alaya Williams	11	Virginia Bla	1:07.20
5 Jada Goode	11	Sports Acade	1:09.75
6 Samira Atkins	11	Hampton City	1:09.79
7 Zanari Davis	11	VA Beach Fla	1:10.42
8 Dillan Keene	11	Heart N Glor	1:11.18
9 Nizyah Belcher	11	Virginia Rap	1:11.36
10 Aubrey McKinnon	11	Hampton City	1:11.38
11 Kylee Harrington	11	Eastend Ligh	1:12.01
12 Maximiliana Brandon	11	Track 757	1:13.18
13 Gabrielle Thomas	11	Heart N Glor	1:13.43
14 Abigail Wright	11	360 Elite Tr	1:14.75
15 Khloe Best	11	Hampton City	1:18.20
16 Bayah Manley	11	VA Beach Fla	1:18.54
17 Anna Warner	11	Unattached	1:19.27

Girls 800 Meter Run 12 years old

Name	Yr	Team	Finals
1 Anna Warner	11	Unattached	2:54.71
2 Farrah Bramlett	11	Unattached	2:54.74

Girls 3000 Meter Run 12 years old

Name	Yr	Team	Finals
1 Elaina Dunlavy	11	XC Elite	12:30.80

Girls 80 Meter Hurdles 12 years old

Name	Yr	Team	Finals
1 Olivia Dozier	11	Dulles Youth	14.12 NWI
2 Farrah Bramlett	11	Unattached	14.87 NWI
3 Amari Epps	11	Virginia Bla	15.92 NWI
4 Courtney Frasier	11	Track 757	16.05 NWI
5 Maximiliana Brandon	11	Track 757	19.08 NWI

Girls 4x100 Meter Relay 12 years old

Team	Relay	Finals
1 Hampton Road	A	53.60
2 Eastend Ligh	A	55.27

Girls 4x400 Meter Relay 12 years old

Team	Relay	Finals
1 Virginia Rap	A	5:06.00
2 Track 757	A	5:07.00

Girls High Jump 12 years old

Name	Yr	Team	Finals
1 Farrah Bramlett	11	Unattached	4-05.00
2 Courtney Frasier	11	Track 757	4-00.00
2 Kylee Harrington	11	Eastend Ligh	4-00.00
4 Kayden Short	11	Eastend Ligh	3-04.00
4 Brelyn Coates	11	Speed Evolut	3-04.00

Girls Long Jump 12 years old

Name	Yr	Team	Finals
1 Amiyah Smith	11	Hampton Road	14-03.50 NWI
2 Katelyn Robinson	11	Empire Athle	14-01.50 NWI
3 Ryleigh Daniels	11	Lazers Track	14-00.50 NWI
4 Zoe Moore	11	Smithfield P	12-11.75 NWI
5 Aaliyah Reason	11	Technique TC	11-10.00 NWI
6 Samantha Huffman	11	434 Track &	9-00.50 NWI
--- Zionna Walker	11	Virginia Sta	FOUL
--- Raegan Cooley	11	Virginia Bla	FOUL

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Girls Shot Put 6 lbs 12 years old

Name	Yr	Team	Finals
Finals			
1	Charlese Veney	11 Eastend Ligh	29-07.50
2	Anaiah Dove	11 Technique TC	24-09.50
3	Jaelle Strother	11 Track 757	23-05.00
4	Amilya Boyd	11 Hampton Road	20-01.00
5	Amirah Dobson	11 Eastend Ligh	19-07.50
6	Laila Dunn	11 Hampton Road	19-03.00
7	Katelyn Robinson	11 Empire Athle	17-00.00
8	Ka'Mya Christian	11 West End Ric	16-06.00
8	Laila Gilliam	11 Hampton Road	16-06.00
10	Aaliyah Reason	11 Technique TC	8-08.00
---	Skyler Perminter	11 Virginia Bla	FOUL

Girls Discus Throw 1.0 Kg 12 years old

Name	Yr	Team	Finals
Finals			
1	Charlese Veney	11 Eastend Ligh	67-03
2	Amilya Boyd	11 Hampton Road	53-11
3	Anaiah Dove	11 Technique TC	53-09.50
4	Jaelle Strother	11 Track 757	52-03.50
5	Laila Dunn	11 Hampton Road	47-07.50
6	Amirah Dobson	11 Eastend Ligh	29-09.50

Girls Javelin Throw Turbo (400 g 12 years old)

Name	Yr	Team	Finals
Finals			
1	Charlese Veney	11 Eastend Ligh	66-10
2	Anaiah Dove	11 Technique TC	47-09
3	Laila Dunn	11 Hampton Road	43-00
4	Alaya Williams	11 Virginia Bla	41-11.50
5	Amilya Boyd	11 Hampton Road	40-00
6	Amari Epps	11 Virginia Bla	38-05
7	Ka'Mya Christian	11 West End Ric	32-11
8	Journee Canaday	11 Williamsburg	32-09.50
9	Skyler Perminter	11 Virginia Bla	32-02
10	Jaelle Strother	11 Track 757	27-07.50

Girls 1500 Meter Race Walk 12 years old

Name	Yr	Team	Finals
Finals			
1	Ka'Mya Christian	11 West End Ric	11:25.72

Girls 100 Meter Dash 13 years old

Name	Yr	Team	Finals
Finals			
1	Pharrah Taylor	10 Hampton Road	12.74 NWI
2	Cheyenne Mayo	10 Hampton City	12.89 NWI
3	Taryn Patrick	10 Superior Tra	12.98 NWI
4	Kaelyn Willis	10 Hampton Road	13.18 NWI
5	Zamya Doran	10 Track 757	13.32 NWI
6	Asah Delaney	10 Superior Tra	13.33 NWI
7	Charly Williams	10 Eastend Ligh	13.42 NWI
8	Marlinda Harris	10 Hampton Road	13.54 NWI
9	Kayla Parker	10 The Speed Te	13.55 NWI

10	Rayanah Johnson	10 The Speed Te	13.58 NWI
11	Gabriella Perry	10 Superior Tra	13.62 NWI
12	Janai Luck	10 Eastend Ligh	14.28 NWI
13	Ayanna BOWENS	10 All Out Runn	14.30 NWI
14	Gabrielle Tarpley	10 Eastend Ligh	14.37 NWI
15	Makayla White	10 All Out Runn	14.48 NWI
16	Brianna Mcday	10 All Out Runn	14.51 NWI
17	Chanye Stevens	10 Virginia Bla	14.53 NWI
18	Londynn Slade	10 All Out Runn	14.66 NWI
19	Chi'Hanna Sawyer	10 Virginia Bla	14.77 NWI
20	Samari Burton	10 Eastend Ligh	14.84 NWI
21	Destyne Hunter	10 Hampton Road	15.20 NWI
22	Paityn Dacosta-Bobb	10 Eastend Ligh	15.41 NWI
23	Chanessa Campbell	10 Hampton Road	15.41 NWI
24	Trinity Brown	10 Virginia Rap	15.46 NWI
25	Makenzie Washington	10 Technique TC	16.12 NWI
26	Jalen Jones	10 Hampton City	18.09 NWI
27	Veronica Adams	10 Virginia Bla	18.31 NWI

Girls 200 Meter Dash 13 years old

Name	Yr	Team	Finals
Finals			
1	Pharrah Taylor	10 Hampton Road	25.94 NWI
2	Cheyenne Mayo	10 Hampton City	26.05 NWI
3	Taryn Patrick	10 Superior Tra	26.18 NWI
4	Imani Moore	10 The Speed Te	26.80 NWI
5	Jayla Talley	10 Virginia Bla	27.07 NWI
6	Kaelyn Willis	10 Hampton Road	27.13 NWI
7	Zamya Doran	10 Track 757	27.52 NWI
8	Asah Delaney	10 Superior Tra	27.53 NWI
9	Faith Purdy	10 The Speed Te	27.69 NWI
10	Kayla Parker	10 The Speed Te	27.98 NWI
11	Gabriella Perry	10 Superior Tra	28.07 NWI
12	Rayanah Johnson	10 The Speed Te	28.94 NWI
13	Ayanna BOWENS	10 All Out Runn	29.50 NWI
14	Saniyah Thomas	10 Speed Evolut	30.24 NWI
15	Chanye Stevens	10 Virginia Bla	30.56 NWI
16	Londynn Slade	10 All Out Runn	30.69 NWI
17	Chi'Hanna Sawyer	10 Virginia Bla	30.75 NWI
18	Chanessa Campbell	10 Hampton Road	31.14 NWI
19	Paityn Dacosta-Bobb	10 Eastend Ligh	32.16 NWI
20	Destyne Hunter	10 Hampton Road	32.41 NWI
21	Makenzie Washington	10 Technique TC	32.80 NWI
22	Trinity Brown	10 Virginia Rap	33.21 NWI

Girls 400 Meter Dash 13 years old

Name	Yr	Team	Finals
Finals			
1	Imani Moore	10 The Speed Te	59.30
2	Myciah Bingham	10 Superior Tra	1:02.37
3	Aaris Moore	10 Superior Tra	1:02.50
4	Jalia Johnson	10 Superior Tra	1:04.10
5	Faith Purdy	10 The Speed Te	1:04.89
6	Isley Shepard	10 Virginia Rap	1:05.88
7	Kayla Parker	10 The Speed Te	1:06.38
8	Saniyah Thomas	10 Speed Evolut	1:10.26

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Finals ... (Girls 400 Meter Dash 13 years old)

Name	Yr	Team	Finals
9 Londynn Slade	10	All Out Runn	1:10.60
10 Zamyia Doran	10	Track 757	1:11.30
11 Sydney Parris	10	Track 757	1:12.67
12 Janai Luck	10	Eastend Ligh	1:13.72
13 Brylie Fischer	10	All Out Runn	1:14.62
14 Makenzie Washington	10	Technique TC	1:18.21

Girls 800 Meter Run 13 years old

Name	Yr	Team	Finals
1 Maddie Ramirez	10	XC Elite	2:21.79
2 Elizabeth Gong	10	Faith In Act	2:34.49
3 Alyssa Fedele	10	Track 757	2:39.40
4 Aaris Moore	10	Superior Tra	2:44.98
5 Brylie Fischer	10	All Out Runn	2:48.91
6 Sydney Parris	10	Track 757	2:54.02
7 Kaydence Muir	10	All Out Runn	2:54.02
8 Aniya Arthur	10	Hampton Road	3:01.61

Girls 1500 Meter Run 13 years old

Name	Yr	Team	Finals
1 Maddie Ramirez	10	XC Elite	4:58.25
2 Emilia Natalucci	10	XC Elite	5:21.90
3 Elizabeth Gong	10	Faith In Act	5:26.14
4 Alyssa Fedele	10	Track 757	5:29.11
5 Kaydence Muir	10	All Out Runn	5:52.98
6 Sydney Parris	10	Track 757	5:56.40

Girls 3000 Meter Run 13 years old

Name	Yr	Team	Finals
1 Alyssa Fedele	10	Track 757	11:25.50
2 Kaydence Muir	10	All Out Runn	12:13.29
3 Brylie Fischer	10	All Out Runn	12:26.02

Girls 100 Meter Hurdles 13 years old

Name	Yr	Team	Finals
1 Gabrielle Tarpley	10	The Speed Te	18.12 NWI
2 Isley Shepard	10	Virginia Rap	18.21 NWI
3 Charly Williams	10	The Speed Te	19.44 NWI
4 Lundyn Carr	10	5 Star Eagle	21.21 NWI

Girls 200 Meter Hurdles 13 years old

Name	Yr	Team	Finals
1 Cheyanne Mayo	10	Hampton City	28.00 NWI
2 Marlinda Harris	10	Hampton Road	31.80 NWI
3 Jayla Talley	10	Virginia Bla	32.00 NWI
4 Lundyn Carr	10	5 Star Eagle	33.00 NWI
4 Charly Williams	10	Eastend Ligh	33.00 NWI
6 Charly Williams	10	The Speed Te	34.00 NWI
7 Aniya Arthur	10	Hampton Road	34.28 NWI
8 Gabrielle Tarpley	10	The Speed Te	35.00 NWI

9 Janai Luck	10	Eastend Ligh	35.50 NWI
10 Faith Purdy	10	The Speed Te	36.00 NWI
11 Isley Shepard	10	Virginia Rap	36.50 NWI
12 Gabrielle Tarpley	10	Eastend Ligh	37.00 NWI

Girls Long Jump 13 years old

Name	Yr	Team	Finals
1 Cheyanne Mayo	10	Hampton City	16-01.50 NWI
2 Imani Moore	10	The Speed Te	15-09.50 NWI
3 Marlinda Harris	10	Hampton Road	15-04.00 NWI
4 Gabriella Perry	10	Superior Tra	14-07.50 NWI
4 Jayla Talley	10	Virginia Bla	14-07.50 NWI
6 Pharrhah Taylor	10	Hampton Road	14-04.00 NWI
7 Lundyn Carr	10	5 Star Eagle	14-02.50 NWI
8 Jalia Johnson	10	Superior Tra	13-11.25 NWI
9 Mycah Bingham	10	Superior Tra	13-08.50 NWI
10 Aniya Arthur	10	Hampton Road	12-11.00 NWI
11 Aaris Moore	10	Superior Tra	12-01.50 NWI
12 Makenzie Washington	10	Technique TC	10-03.50 NWI

Girls Triple Jump 13 years old

Name	Yr	Team	Finals
1 Mycah Bingham	10	Superior Tra	28-01.00 NWI
2 Gabriella Perry	10	Superior Tra	28-00.00 NWI

Girls Shot Put 6 lbs 13 years old

Name	Yr	Team	Finals
1 Inariah Wiltshire	10	Virginia Bla	25-11.75
2 Chanessa Campbell	10	Hampton Road	25-08.50
3 Lundyn Carr	10	5 Star Eagle	24-03.25
4 Jalen Jones	10	Hampton City	20-06.00
5 Destyne Hunter	10	Hampton Road	20-05.50
6 Samari Burton	10	Eastend Ligh	20-02.50

Girls Discus Throw 1.0 Kg 13 years old

Name	Yr	Team	Finals
1 Destyne Hunter	10	Hampton Road	53-02
2 Jalen Jones	10	Hampton City	50-10.50
3 Chanessa Campbell	10	Hampton Road	44-07.50
4 Samari Burton	10	Eastend Ligh	33-11

Girls 3000 Meter Race Walk 13 years old

Name	Yr	Team	Finals
1 Brylie Fischer	10	All Out Runn	21:23.31

Girls 100 Meter Dash 14 years old

Name	Yr	Team	Finals
1 Imani Smith	09	VA Beach Fla	12.80 NWI
2 Cerenyti Bryant	09	Unattached	13.04 NWI
3 Morgan Custis	09	Superior Tra	13.47 NWI
4 Ciara Brickhouse	09	757 Colts Tr	13.63 NWI

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Finals ... (Girls 100 Meter Dash 14 years old)

Name	Yr	Team	Finals
5 Dakota Jones	09	Superior Tra	13.63 NWI
6 J'Naiyah Mayo	09	Virginia Sta	13.65 NWI
7 Cenai Lawrence	09	Virginia Sta	13.70 NWI
8 Q'Niya Brown	09	Virginia Sta	13.72 NWI
9 Peighton Holliday	09	Superior Tra	13.73 NWI
10 Tatiana Evans	09	Williamsburg	13.77 NWI
11 Aliyana Kuilan	09	Virginia Rap	13.79 NWI
12 Ahmari Warren	09	VA Beach Fla	13.80 NWI
13 Sahreana Warren	09	VA Beach Fla	14.04 NWI
14 Katelyn Ingram	09	Track 757	14.08 NWI
15 Makia Herndon	09	Virginia Bla	14.11 NWI
16 Siana Dukes-Wheeler	09	5 Star Eagle	14.19 NWI
17 Mariah Cottoms	09	Virginia Bla	14.24 NWI
18 Jamya Rosborough	09	Virginia Rap	14.48 NWI
19 Layla Thomas	09	All Out Runn	14.58 NWI
20 Dayja Fowler	09	VA Beach Fla	14.60 NWI
21 Harris-Byrnes Jaiden	09	VA Beach Fla	14.73 NWI
22 Summer Thomas	09	Sports Acade	14.74 NWI
23 Destiny Faulk	09	757 Colts Tr	15.17 NWI
24 Angel Fugate	09	Hampton Road	15.20 NWI
25 Braelynn Wilkinson	09	Eastend Ligh	15.26 NWI
26 Sarai Lewis	09	VA Beach Fla	15.44 NWI
27 Jenesis Huffman	09	434 Track &	16.18 NWI
28 Zaya Tolson	09	Virginia Bla	16.30 NWI
29 Miyonna Miller	09	Speed Proteg	16.33 NWI

Girls 200 Meter Dash 14 years old

Name	Yr	Team	Finals
1 Imani Smith	09	VA Beach Fla	25.81 NWI
2 Cerenyti Bryant	09	Unattached	26.65 NWI
3 Zariah Ayers	09	Virginia Sta	27.49 NWI
4 Arianna Thompson	09	Superior Tra	27.51 NWI
5 Kalynn Carson	09	Hampton City	27.53 NWI
6 Makae Lee Kuhre	09	Track 757	27.68 NWI
7 Q'Niya Brown	09	Virginia Sta	27.81 NWI
8 Dakota Jones	09	Superior Tra	27.91 NWI
9 Morgan Custis	09	Superior Tra	27.93 NWI
10 Sahreana Warren	09	VA Beach Fla	27.95 NWI
11 J'Naiyah Mayo	09	Virginia Sta	28.10 NWI
12 Tyona White	09	VA Beach Fla	28.27 NWI
13 Shawna Gramby	09	VA Beach Fla	28.33 NWI
14 Cenai Lawrence	09	Virginia Sta	28.46 NWI
15 Siana Dukes-Wheeler	09	5 Star Eagle	28.64 NWI
16 Peighton Holliday	09	Superior Tra	28.78 NWI
17 Katelyn Ingram	09	Track 757	28.79 NWI
18 Mariah Cottoms	09	Virginia Bla	28.86 NWI
19 Makia Herndon	09	Virginia Bla	28.97 NWI
20 Aliyana Kuilan	09	Virginia Rap	28.97 NWI
21 Ahmari Warren	09	VA Beach Fla	29.19 NWI
22 Trinity Williams	09	Track 757	29.41 NWI
23 Tatiana Evans	09	Williamsburg	29.56 NWI
24 Khloe Lucas	09	Virginia Bla	29.63 NWI
25 Marcela Burns	09	Track 757	29.80 NWI

26 Dayja Fowler	09	VA Beach Fla	29.93 NWI
27 Sebriah Gooding	09	757 Colts Tr	29.99 NWI
28 Layla Thomas	09	All Out Runn	30.58 NWI
29 Harris-Byrnes Jaiden	09	VA Beach Fla	30.59 NWI
30 Kaia Wilkins	09	Virginia Bla	30.75 NWI
31 Summer Thomas	09	Sports Acade	31.00 NWI
32 Mecolla Curtis	09	Empire Athle	31.19 NWI
33 Angel Fugate	09	Hampton Road	32.51 NWI
34 Shaylah Moreland	09	VA Beach Fla	33.39 NWI
35 Sarai Lewis	09	VA Beach Fla	33.50 NWI
36 Ryleigh Delaney	09	Dulles Youth	33.64 NWI
37 Miyonna Miller	09	Speed Proteg	34.61 NWI

Girls 400 Meter Dash 14 years old

Name	Yr	Team	Finals
1 Princess Comara	09	Superior Tra	58.09
2 Skyler Hope	09	Superior Tra	59.51
3 Zariah Ayers	09	Virginia Sta	1:02.67
4 Arianna Thompson	09	Superior Tra	1:03.14
5 Makae Lee Kuhre	09	Track 757	1:03.31
6 Tyona White	09	VA Beach Fla	1:03.58
7 Merselle Brown	09	Track 757	1:03.74
8 Cerenyti Bryant	09	Unattached	1:04.13
9 Nadia Grant	09	Aerial Supre	1:04.82
10 Ciara Brickhouse	09	757 Colts Tr	1:05.77
11 Sahreana Warren	09	VA Beach Fla	1:06.09
12 Kalynn Carson	09	Hampton City	1:06.80
13 Katelyn Ingram	09	Track 757	1:06.82
14 Siana Dukes-Wheeler	09	5 Star Eagle	1:07.18
15 Ahmari Warren	09	VA Beach Fla	1:08.93
16 Dayja Fowler	09	VA Beach Fla	1:10.54
17 Mecolla Curtis	09	Empire Athle	1:10.57
18 Kaia Wilkins	09	Virginia Bla	1:10.92
19 Shawna Gramby	09	VA Beach Fla	1:11.04
20 Aliyana Kuilan	09	Virginia Rap	1:11.82
21 Lynn Gowin	09	All Out Runn	1:12.35
22 Summer Thomas	09	Sports Acade	1:16.50
23 Destiny Faulk	09	757 Colts Tr	1:16.83
24 Trinity Williams	09	Track 757	1:22.01

Girls 800 Meter Run 14 years old

Name	Yr	Team	Finals
1 Princess Comara	09	Superior Tra	2:26.20
2 Nadia Grant	09	Aerial Supre	2:46.84
3 Grace Casey	09	Track 757	2:50.36
4 Ciara Brickhouse	09	757 Colts Tr	2:52.82
5 Destiny Faulk	09	757 Colts Tr	3:01.51

Girls 1500 Meter Run 14 years old

Name	Yr	Team	Finals
1 Grace Casey	09	Track 757	5:54.54
2 Mckinley Klinefelter	09	XC Elite	6:05.03

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Girls 3000 Meter Run 14 years old

Name	Yr	Team	Finals
Finals			
1	Grace Casey	09 Track 757	11:25.49
2	Mckinley Klinefelter	09 XC Elite	12:47.48

Girls 100 Meter Hurdles 14 years old

Name	Yr	Team	Finals
Finals			
1	Nhandi Logan	09 Virginia Bla	16.41 NWI
2	Kylin Harrelson	09 Virginia Rap	18.58 NWI
3	Eliana Bradner	09 434 Track &	18.77 NWI
4	Khloe Lucas	09 Virginia Bla	19.61 NWI
5	Marcela Burns	09 Track 757	20.14 NWI
6	Miracle Edwards	09 Virginia Bla	21.62 NWI
7	Ta'Nylah Pope	09 Track 757	21.76 NWI

Girls 200 Meter Hurdles 14 years old

Name	Yr	Team	Finals
Finals			
1	Tyona White	09 VA Beach Fla	29.20 NWI
2	Merselle Brown	09 Track 757	31.00 NWI
3	Eliana Bradner	09 434 Track &	32.50 NWI
4	Marcela Burns	09 Track 757	33.00 NWI
5	Kalynn Carson	09 Hampton City	34.00 NWI
6	Ta'Nylah Pope	09 Track 757	35.00 NWI

Girls 4x100 Meter Relay 14 years old

Team	Relay	Finals
Finals		
1	Superior Tra	A 49.99
2	The Speed Team	A 51.64
3	Hampton Road	A 51.79
4	Virginia Sta	A 52.27
5	Virginia Rap	A 55.08
6	All Out Runn	A 57.80

Girls 4x400 Meter Relay 14 years old

Team	Relay	Finals
Finals		
1	Superior Tra	A 4:12.00
2	Superior Tra	B 4:13.00
3	Track 757	A 4:14.00
4	VA Beach Flames Llc	A 4:15.00

Girls 4x800 Meter Relay 14 years old

Team	Relay	Finals
Finals		
1	Track 757	A 11:30.00
2	XC Elite	A 11:40.00

Girls High Jump 14 years old

Name	Yr	Team	Finals
Finals			
1	Merselle Brown	09 Track 757	5-00.00
2	Nhandi Logan	09 Virginia Bla	4-06.00

2	Makia Herndon	09 Virginia Bla	4-06.00
4	Zariah Ayers	09 Virginia Sta	4-02.00
5	Cenai Lawrence	09 Virginia Sta	3-08.00
---	J'Naiah Mayo	09 Virginia Sta	NH

Girls Long Jump 14 years old

Name	Yr	Team	Finals
Finals			
1	Skyler Hope	09 Superior Tra	16-10.00 NWI
2	Nhandi Logan	09 Virginia Bla	16-09.25 NWI
3	Ta'Nylah Pope	09 Track 757	16-00.00 NWI
4	Ciara Brickhouse	09 757 Colts Tr	15-01.00 NWI
5	Makia Herndon	09 Virginia Bla	14-11.25 NWI
6	Kylin Harrelson	09 Virginia Rap	14-00.25 NWI
7	Eliana Bradner	09 434 Track &	13-11.00 NWI
8	Miracle Edwards	09 Virginia Bla	13-10.50 NWI
9	Dakota Jones	09 Superior Tra	13-09.25 NWI
10	Khloe Lucas	09 Virginia Bla	13-08.00 NWI
11	Makae Lee Kuhre	09 Track 757	13-07.00 NWI
12	Lynn Gowin	09 All Out Runn	13-04.50 NWI
13	Siana Dukes-Wheeler	09 5 Star Eagle	13-04.00 NWI
14	Q'Niya Brown	09 Virginia Sta	12-04.00 NWI
15	Jamya Rosborough	09 Virginia Rap	11-08.50 NWI
16	Destiny Faulk	09 757 Colts Tr	11-04.00 NWI
17	Ryleigh Delaney	09 Dulles Youth	11-01.00 NWI
18	Tatiana Evans	09 Williamsburg	10-03.00 NWI
---	Miyonna Miller	09 Speed Proteg	FOUL
---	Jenesis Huffman	09 434 Track &	FOUL
---	Trinity Williams	09 Track 757	FOUL

Girls Triple Jump 14 years old

Name	Yr	Team	Finals
Finals			
1	Kylin Harrelson	09 Virginia Rap	33-03.00 NWI
2	Dakota Jones	09 Superior Tra	32-00.50 NWI
3	Miracle Edwards	09 Virginia Bla	32-00.00 NWI
4	Jenesis Huffman	09 434 Track &	31-00.50 NWI
5	Jada Bell	09 Cavs' Track	31-00.00 NWI
6	Miyonna Miller	09 Speed Proteg	29-00.50 NWI
7	Eliana Bradner	09 434 Track &	29-00.00 NWI

Girls Shot Put 6 lbs 14 years old

Name	Yr	Team	Finals
Finals			
1	Shaylah Moreland	09 VA Beach Fla	21-10.50
2	Braelynn Wilkinson	09 Eastend Ligh	21-04.00
3	Jenesis Huffman	09 434 Track &	21-02.00
4	Sarai Lewis	09 VA Beach Fla	20-11.50
5	Zaya Tolson	09 Virginia Bla	19-11.00
6	Angel Fugate	09 Hampton Road	16-04.00

Girls Discus Throw 1.0 Kg 14 years old

Name	Yr	Team	Finals
Finals			
1	Braelynn Wilkinson	09 Eastend Ligh	57-00
2	Shaylah Moreland	09 VA Beach Fla	43-08.50

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Finals ... (Girls Discus Throw 1.0 Kg 14 years old)

Name	Yr	Team	Finals
3 Angel Fugate	09	Hampton Road	38-08

Girls 3000 Meter Race Walk 14 years old

Name	Yr	Team	Finals
1 Lynn Gowin	09	All Out Runn	22:38.84

Girls 100 Meter Dash 15-16 years old

Name	Yr	Team	Finals
1 I'Yahni Rheubottom	08	Track 757	12.40 NWI
2 Marley Green	08	Lazers Track	12.70 NWI
3 Aniyah Troupe	07	Speed Evolut	12.93 NWI
4 Alexandria Scott	07	Virginia Bla	13.06 NWI
5 Keeniyah Jackson	07	Virginia Bla	13.11 NWI
6 Tamiah Gilliam	07	Virginia Sta	13.23 NWI
7 Ariana Reason	07	Technique TC	13.26 NWI
8 Madison Chaney	08	VA Beach Fla	13.34 NWI
9 Jazaria West	08	Speed Proteg	13.36 NWI
10 Dalilah Setterlund	08	Virginia Bla	13.41 NWI
11 Destiny Carter	07	5 Star Eagle	13.44 NWI
12 Taylin Johnson	08	Speed Proteg	13.48 NWI
13 Mykaylah Grayson	08	757 Colts Tr	13.61 NWI
14 Deiona Moore	08	360 Elite Tr	13.61 NWI
15 Chloe Webb	08	Central Virg	13.61 NWI
16 Ayonna Hayden	07	434 Track &	13.64 NWI
17 Kyria Martinez	07	Virginia Sta	13.65 NWI
18 Jayla Benjamin	08	434 Track &	13.66 NWI
19 Marrison Seabron	08	Sundevils	13.68 NWI
20 Jordan Ridley	07	Virginia Bla	13.95 NWI
21 Amaiyah Flowers	08	Virginia Bea	14.19 NWI
22 Mekenzie Gilbert	08	360 Elite Tr	14.30 NWI
23 Jazelle Smith	07	Peninsula El	14.31 NWI
24 Alixandra Meigs	08	Empire Athle	14.56 NWI
25 Lenaya Hunter	08	Hampton Road	14.58 NWI
26 Valencia Covington	07	360 Elite Tr	14.70 NWI
27 Jhara Minor	08	Speed Proteg	15.23 NWI
28 Abigail Tarpley	08	Eastend Ligh	16.23 NWI
29 Nancy Suliman	08	Speed Proteg	17.48 NWI
30 Allisyn Harris	08	Track 757	19.24 NWI

Girls 200 Meter Dash 15-16 years old

Name	Yr	Team	Finals
1 Kennedy Myrie	07	Heart N Glor	25.63 NWI
2 Marley Green	08	Lazers Track	26.21 NWI
3 I'Yahni Rheubottom	08	Track 757	26.36 NWI
4 Aaleyah Foster	07	The Speed Te	26.38 NWI
5 Madison Chaney	08	VA Beach Fla	26.88 NWI
6 Keeniyah Jackson	07	Virginia Bla	26.94 NWI
7 Ariana Reason	07	Technique TC	27.09 NWI
8 Alexandria Scott	07	Virginia Bla	27.21 NWI
9 Hope McLain	08	Speed Evolut	27.72 NWI
10 Tamiah Gilliam	07	Virginia Sta	27.88 NWI

11 Chloe Webb	08	Central Virg	27.93 NWI
12 Brielle Smith	08	Virginia Bla	28.09 NWI
13 Deiona Moore	08	360 Elite Tr	28.10 NWI
14 Marrison Seabron	08	Sundevils	28.13 NWI
15 Mykaylah Grayson	08	757 Colts Tr	28.48 NWI
16 Mariah Saunders	08	Pathfinders	28.75 NWI
17 Dalilah Setterlund	08	Virginia Bla	28.86 NWI
18 Kyria Martinez	07	Virginia Sta	29.04 NWI
19 Taylin Johnson	08	Speed Proteg	29.15 NWI
20 Mekenzie Gilbert	08	360 Elite Tr	29.42 NWI
21 Amaiyah Flowers	08	Virginia Bea	29.51 NWI
22 Jayla Benjamin	08	434 Track &	29.81 NWI
23 Valencia Covington	07	360 Elite Tr	30.15 NWI
24 Jordan Ridley	07	Virginia Bla	30.36 NWI
25 Golden John	07	Speed Proteg	30.61 NWI
26 Jazelle Smith	07	Peninsula El	30.93 NWI
27 Nancy Suliman	08	Speed Proteg	31.48 NWI
28 Makiyah Paige	07	Hampton Road	31.73 NWI
29 Jakayla Baker	07	Virginia Bla	32.90 NWI

Girls 400 Meter Dash 15-16 years old

Name	Yr	Team	Finals
1 Michailyn Rose	08	Faith In Act	55.77
2 Kennedy Myrie	07	Heart N Glor	57.51
3 Aaleyah Foster	07	The Speed Te	59.92
4 Brianna Comer	07	The Speed Te	1:00.97
5 Destiny Carter	07	5 Star Eagle	1:01.06
6 Hope McLain	08	Speed Evolut	1:01.49
7 Mariah Saunders	08	Pathfinders	1:02.43
8 Ariana Reason	07	Technique TC	1:03.87
9 Sandra Davenport	07	Unattached	1:04.04
10 I'Yahni Rheubottom	08	Track 757	1:04.05
11 Marley Green	08	Lazers Track	1:04.05
12 Madison Somerville	07	Virginia Bla	1:04.58
13 Madison Chaney	08	VA Beach Fla	1:05.25
14 Chloe Webb	08	Central Virg	1:06.09
15 Alanah Chrispin	08	Sundevils	1:06.93
16 Jazaria West	08	Speed Proteg	1:07.47
17 Taylin Johnson	08	Speed Proteg	1:08.03
18 Tamiah Gilliam	07	Virginia Sta	1:08.06
19 Deiona Moore	08	360 Elite Tr	1:09.27
20 Golden John	07	Speed Proteg	1:10.57
21 Ganiya Williams	07	Virginia Sta	1:13.21
22 Valencia Covington	07	360 Elite Tr	1:13.82
23 Mykaylah Grayson	08	757 Colts Tr	1:17.96
24 Amanda Ingram	07	Virginia Rap	1:36.74

Girls 800 Meter Run 15-16 years old

Name	Yr	Team	Finals
1 Michailyn Rose	08	Faith In Act	2:16.53
2 Alyssa Pongracz	07	Unattached	2:28.26
3 Iyndia Bey	08	Unattached	2:28.43
4 Sandra Davenport	07	Unattached	2:29.30
5 Madison Somerville	07	Virginia Bla	2:36.36

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Finals ... (Girls 800 Meter Run 15-16 years old)

Name	Yr	Team	Finals
6 Abigail Cooper	07	Central Virg	2:44.90
7 Ava-Grace Satterfield	08	XC Elite	2:46.45
8 Chloe Webb	08	Central Virg	2:46.47
9 Eva Jackson	08	Faith In Act	2:49.01
10 Alanah Chrispin	08	Sundevils	3:06.94
11 Lenaya Hunter	08	Hampton Road	3:29.33
12 Valencia Covington	07	360 Elite Tr	4:05.26
13 Amanda Ingram	07	Virginia Rap	4:09.33

Girls 1500 Meter Run 15-16 years old

Name	Yr	Team	Finals
1 Sandra Davenport	07	Unattached	5:15.93
2 Alyssa Pongracz	07	Unattached	5:21.63
3 Ava-Grace Satterfield	08	XC Elite	5:47.07
4 Eva Jackson	08	Faith In Act	5:52.72
5 Gabriella Irish	08	Virginia Bla	6:02.21
6 Abigail Cooper	07	Central Virg	6:11.71

Girls 3000 Meter Run 15-16 years old

Name	Yr	Team	Finals
1 Alyssa Pongracz	07	Unattached	11:18.58
2 Eva Jackson	08	Faith In Act	12:17.14
3 Gabriella Irish	08	Virginia Bla	13:29.11
4 Ava-Grace Satterfield	08	XC Elite	14:27.77

Girls 100 Meter Hurdles 15-16 years old

Name	Yr	Team	Finals
1 Tiara Jenkins	07	Track 757	15.66 NWI
2 Gabrielle Davis	08	Track 757	16.16 NWI
3 Tatiana Burns	07	Track 757	16.28 NWI
4 Aliyah Binette	08	Virginia Bla	18.85 NWI
5 Ayonna Hayden	07	434 Track &	20.16 NWI
6 Mckenzie Gilbert	08	360 Elite Tr	21.62 NWI
7 Lenaya Hunter	08	Hampton Road	22.23 NWI

Girls 400 Meter Hurdles 15-16 years old

Name	Yr	Team	Finals
1 Mckenzie Gilbert	08	360 Elite Tr	1:02.00
2 Gabrielle Davis	08	Track 757	1:03.00
3 Brielle Smith	08	Virginia Bla	1:04.00
4 Tatiana Burns	07	Track 757	1:05.00
5 Michailyn Rose	08	Faith In Act	1:05.75
6 Tiara Jenkins	07	Track 757	1:07.00
6 Brianna Comer	07	The Speed Te	1:07.00
8 Ganiya Williams	07	Virginia Sta	1:08.00
9 Amiya Beach	08	Sundevils	1:09.00

Girls 4x100 Meter Relay 15-16 years old

Team	Relay	Finals
1 Virginia Blaze	A	51.89

Girls 4x400 Meter Relay 15-16 years old

Team	Relay	Finals
1 Sundevils	A	4:00.00
2 Track 757	A	4:00.01

Girls High Jump 15-16 years old

Name	Yr	Team	Finals
1 Gabrielle Davis	08	Track 757	5-00.00
2 Lauren Curry	08	Commonwealth	4-10.00
3 Aliyah Binette	08	Virginia Bla	4-06.00
3 Brielle Smith	08	Virginia Bla	4-06.00
5 Adrianna Organ	07	434 Track &	4-02.00
5 Deiona Moore	08	360 Elite Tr	4-02.00

Girls Long Jump 15-16 years old

Name	Yr	Team	Finals
1 Michailyn Rose	08	Faith In Act	17-01.25 NWI
2 Mariah Saunders	08	Pathfinders	15-08.50 NWI
3 Ayonna Hayden	07	434 Track &	14-10.50 NWI
4 Aliyah Binette	08	Virginia Bla	14-09.50 NWI
5 Adrianna Organ	07	434 Track &	13-09.00 NWI
6 Amiya Beach	08	Sundevils	12-06.50 NWI
7 Jayla Benjamin	08	434 Track &	12-03.00 NWI
8 Makiyah Paige	07	Hampton Road	10-05.00 NWI

Girls Triple Jump 15-16 years old

Name	Yr	Team	Finals
1 Ayonna Hayden	07	434 Track &	34-02.00 NWI
2 Adrianna Organ	07	434 Track &	33-00.00 NWI
3 Rylee Coates	08	Speed Evolut	31-05.50 NWI
4 Traniya Stewart	07	434 Track &	30-00.00 NWI
5 Aliyah Binette	08	Virginia Bla	29-00.50 NWI
6 Jayla Benjamin	08	434 Track &	29-00.00 NWI

Girls Shot Put 4 kg 15-16 years old

Name	Yr	Team	Finals
1 Lauren Curry	08	Commonwealth	32-03.00
2 Mackenzie Blanchet	07	Commonwealth	31-07.00
3 Abigail Tarpley	08	Eastend Ligh	27-03.75
4 Allisyn Harris	08	Track 757	24-06.75
5 Sienna Isreal	08	Virginia Bla	23-11.25

Girls Discus Throw 1.0 Kg 15-16 years old

Name	Yr	Team	Finals
1 Mackenzie Blanchet	07	Commonwealth	119-01
2 Lauren Curry	08	Commonwealth	99-10
3 Abigail Tarpley	08	Eastend Ligh	66-01
4 Lenaya Hunter	08	Hampton Road	56-00
5 Jazelle Smith	07	Peninsula El	51-10
6 Allisyn Harris	08	Track 757	44-01.50

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Finals ... (Girls Discus Throw 1.0 Kg 15-16 years old)

Name	Yr	Team	Finals
7 Sienna Isreal	08	Virginia Bla	41-07.50
8 Jhara Minor	08	Speed Proteg	30-05

Women 100 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Elizabeth Robinson	06	Central Virg	12.63 NWI
2 Lilly Versen	05	Unattached	12.66 NWI
3 E'Yana Watson	06	Faith In Act	12.90 NWI
4 Taylor Porter	06	434 Track &	13.12 NWI
5 Tanaysia Banks	06	Faith In Act	13.47 NWI
6 Amarea Temple	05	VA Beach Fla	13.57 NWI
7 Alexis Dilliard	06	5 Star Eagle	13.62 NWI
8 Aja Jackson	05	Virginia Bla	13.95 NWI
9 Sierra Wilson	05	Central Virg	14.08 NWI

Women 200 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Elizabeth Robinson	06	Central Virg	25.86 NWI
2 Kamille Atkins	05	Sports Acade	26.18 NWI
3 Lilly Versen	05	Unattached	26.19 NWI
4 Zayre Floyd	06	Speed Evolut	26.52 NWI
5 E'Yana Watson	06	Faith In Act	26.55 NWI
6 Amarea Temple	05	VA Beach Fla	27.24 NWI
7 Tanaysia Banks	06	Faith In Act	27.85 NWI
8 Mayson Jenkins	06	Sports Acade	27.90 NWI
9 Alexis Dilliard	06	5 Star Eagle	28.72 NWI
10 Naiyir Depriest	06	Virginia Bla	29.15 NWI
11 Aja Jackson	05	Virginia Bla	29.90 NWI

Women 400 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Danielle Hollington	06	Hampton Road	58.55
2 Kamille Atkins	05	Sports Acade	1:00.76
3 Mayson Jenkins	06	Sports Acade	1:01.50
4 Shakira Conway	04	The Speed Te	1:01.88
5 Zayre Floyd	06	Speed Evolut	1:02.84
6 Alexis Dilliard	06	5 Star Eagle	1:06.25
7 Amarea Temple	05	VA Beach Fla	1:07.02
8 Karen Boules	06	Sports Acade	1:08.53

Women 800 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Mayson Jenkins	06	Sports Acade	2:34.62
2 Genevieve Stewart	06	Faith In Act	2:36.95
3 Karen Boules	06	Sports Acade	2:57.00

Women 1500 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Genevieve Stewart	06	Faith In Act	5:24.62

Women 100 Meter Hurdles 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Akera Molette	06	434 Track &	16.40 NWI
2 Tanaysia Banks	06	Faith In Act	19.09 NWI
3 Nevaeh Huffman	06	434 Track &	20.46 NWI
4 Aja Jackson	05	Virginia Bla	20.53 NWI

Women 400 Meter Hurdles 17-18 years old

Name	Yr	Team	Finals
Finals			
1 June Hobaugh	06	The Speed Te	1:04.00
2 Shakira Conway	04	The Speed Te	1:04.01
3 Trenaye Collier	06	The Speed Te	1:10.00

Women High Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Akera Molette	06	434 Track &	5-02.00
2 E'Yana Watson	06	Faith In Act	5-00.00
3 Taylor Porter	06	434 Track &	4-10.00
4 Destiny Burrell	06	Technique TC	4-08.00

Women Long Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Ciarra Moore	05	Hampton Road	17-04.00 NWI
2 Trenaye Collier	06	The Speed Te	16-04.50 NWI
3 Lilly Versen	05	Unattached	16-01.50 NWI
4 Taylor Porter	06	434 Track &	15-11.00 NWI
5 Akera Molette	06	434 Track &	15-03.00 NWI
6 Sierra Wilson	05	Central Virg	14-00.25 NWI
7 Nevaeh Huffman	06	434 Track &	13-04.50 NWI
8 Aja Jackson	05	Virginia Bla	12-09.00 NWI
--- Tiana Bey	04	Sports Acade	FOUL
--- Zayre Floyd	06	Speed Evolut	FOUL
--- Tanaysia Banks	06	Faith In Act	FOUL
--- Kamille Atkins	05	Sports Acade	FOUL

Women Triple Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Akera Molette	06	434 Track &	38-08.00 NWI
2 Trenaye Collier	06	The Speed Te	36-05.00 NWI
3 Taylor Porter	06	434 Track &	35-07.00 NWI
4 Ciarra Moore	05	Hampton Road	34-05.00 NWI
5 Destiny Burrell	06	Technique TC	34-00.00 NWI
6 Lilly Versen	05	Unattached	33-06.00 NWI
7 Sierra Wilson	05	Central Virg	32-07.00 NWI
8 Nevaeh Huffman	06	434 Track &	30-00.00 NWI

Women Shot Put 4 kg 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Marianna Rivera-Diaz	04	Commonwealth	31-00.50
2 Alexandria Alston	06	Virginia Bla	27-01.25

2023 AAU Virginia South District Qualifier - 6/10/2023

Varina High School Track Complex

Results

Finals ... (Women Shot Put 4 kg 17-18 years old)

	Name	Yr	Team	Finals
3	Destiny Burrell	06	Technique TC	26-06.00

Women Discus Throw 1.0 kg 17-18 years old

	Name	Yr	Team	Finals
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Finals

1	Destiny Burrell	06	Technique TC	109-04.50
2	Marianna Rivera-Diaz	04	Commonwealth	70-10
3	Alexandria Alston	06	Virginia Bla	46-03