

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Girls 100 Meter Dash 8-under**

Name	Year Team	Prelims	Wind
Preliminaries			
1 Ari Armour	15 Aurora, CO	17.36q	1.1
2 Love Woods	15 Denver, CO	17.38q	1.1
3 Malia Gideon	15 Aurora, CO	19.10q	1.1
4 Malia Weddington	17 Aurora, CO	19.61q	1.1

Girls 100 Meter Dash 8-under

Name	Year Team	Finals	Wind
Finals			
1 Ari Armour	15 Aurora, CO	17.36	NWI
2 Love Woods	15 Denver, CO	17.38	NWI
3 Malia Gideon	15 Aurora, CO	19.10	NWI
4 Malia Weddington	17 Aurora, CO	19.61	NWI

Girls 200 Meter Dash 8-under

Name	Year Team	Prelims	Wind
Preliminaries			
1 Love Woods	15 Denver, CO	38.24q	-0.1
2 Ari Armour	15 Aurora, CO	39.19q	-0.1
3 Malia Gideon	15 Aurora, CO	42.11q	-0.1

Girls 200 Meter Dash 8-under

Name	Year Team	Finals	Wind
Finals			
1 Love Woods	15 Denver, CO	38.24	NWI
2 Ari Armour	15 Aurora, CO	39.19	NWI
3 Malia Gideon	15 Aurora, CO	42.11	NWI

Girls 400 Meter Dash 8-under

Name	Year Team	Finals
1 Charis Peters	15 Leadville, CO	1:20.94
2 Ari Armour	15 Aurora, CO	1:40.86

Girls Long Jump 8-under

Name	Year Team	Finals	Wind
1 Malia Weddington	17 Aurora, CO	2.50	NWI 0.06m
2 Love Woods	15 Denver, CO	2.25	NWI 0.05m

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Girls 100 Meter Dash 9 years old**

Name	Year Team	Prelims	Wind
Preliminaries			
1 Aryia Abram	14 Brighton, CO	16.22q	1.1

Girls 100 Meter Dash 9 years old

Name	Year Team	Finals	Wind
Finals			
1 Aryia Abram	14 Brighton, CO	16.22	NWI

Girls 200 Meter Dash 9 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Aryia Abram	14 Brighton, CO	31.24q	-0.7

Girls 200 Meter Dash 9 years old

Name	Year Team	Finals	Wind
Finals			
1 Aryia Abram	14 Brighton, CO	31.24	NWI

Girls Long Jump 9 years old

Name	Year Team	Finals	Wind
1 Aryia Abram	14 Brighton, CO	3.00	NWI
			0.07m

Girls 100 Meter Dash 10 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Jaylynn Avalos	13 Broomfield, CO	16.95q	1.1

Girls 100 Meter Dash 10 years old

Name	Year Team	Finals	Wind
Finals			
1 Jaylynn Avalos	13 Broomfield, CO	16.95	NWI

Girls 200 Meter Dash 10 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Jaylynn Avalos	13 Broomfield, CO	38.25q	NWI

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Girls 200 Meter Dash 10 years old**

Name	Year Team	Finals	Wind
Finals			
1 Jaylynn Avalos	13 Broomfield, CO	38.25	NWI

Girls 400 Meter Dash 10 years old

Name	Year Team	Finals
1 Zoe Peters	13 Leadville, CO	1:19.32

Girls Long Jump 10 years old

Name	Year Team	Finals	Wind
1 Jaylynn Avalos	13 Broomfield, CO	2.75	NWI 0.07m

Girls 100 Meter Dash 11 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Cameryn Love	12 MIND OVER MA	16.61q	1.6

Girls 100 Meter Dash 11 years old

Name	Year Team	Finals	Wind
Finals			
1 Cameryn Love	12 MIND OVER MA	16.61	NWI

Girls 200 Meter Dash 11 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Sydney Browne	12 Denver, CO	29.96q	NWI
2 Cameryn Love	12 MIND OVER MA	34.74q	NWI

Girls 200 Meter Dash 11 years old

Name	Year Team	Finals	Wind
Finals			
1 Sydney Browne	12 Denver, CO	29.96	NWI
2 Cameryn Love	12 MIND OVER MA	34.74	NWI

Girls 400 Meter Dash 11 years old

Name	Year Team	Finals
1 Sydney Browne	12 Denver, CO	1:10.44
2 Kelsey Black	12 Severance, CO	1:13.10

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Girls Long Jump 11 years old**

Name	Year Team	Finals	Wind
1 Sydney Browne	12 Denver, CO	3.50	NWI 0.09m

Girls Shot Put 6 lbs 11 years old

Name	Year Team	Finals
1 Kelsey Black	12 Severance, CO	4.50 0.11m

Girls Javelin Throw Turbo (400 g 11 years old

Name	Year Team	Finals
1 Kelsey Black	12 Severance, CO	49-07 15.11m

Outdoor Pentathlon: #5 Girls 800 Meter Run 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Kelsey Black	12 Severance, CO	2:59.26	372

Outdoor Pentathlon: #1 Girls 80 Meter Hurdles 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Kelsey Black	12 Severance, CO	15.97	1.7	587

Outdoor Pentathlon: #4 Girls High Jump 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Kelsey Black	12 Severance, CO	1.10m 3-07.25	222

Outdoor Pentathlon: #2 Girls Long Jump 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Kelsey Black	12 Severance, CO	3.71m	-2.0	12-02.25 244

Outdoor Pentathlon: #3 Girls Shot Put 11 years old Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Kelsey Black	12 Severance, CO	4.88m 16-00.25	201

Girls Outdoor Pentathlon 11 years old

Name	Year Team	Finals	H#
1 Kelsey Black	12 Severance, CO	1626	

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Girls 100 Meter Dash 12 years old**

Name	Year Team	Prelims	Wind
Preliminaries			
1 Geona White	11 Englewood, CO	13.25q	1.6

Girls 100 Meter Dash 12 years old

Name	Year Team	Finals	Wind
Finals			
1 Geona White	11 Englewood, CO	13.25	NWI

Girls 200 Meter Dash 12 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Geona White	11 Englewood, CO	29.04q	NWI

Girls 200 Meter Dash 12 years old

Name	Year Team	Finals	Wind
Finals			
1 Geona White	11 Englewood, CO	29.04	NWI

Girls 400 Meter Dash 12 years old

Name	Year Team	Finals
Finals		
1 Riley Crockett	11 Longmont, CO	1:10.55

Girls 800 Meter Run 12 years old

Name	Year Team	Finals
Finals		
1 Savannah Fernandez	11 Broomfield, CO	2:50.89

Girls 1500 Meter Run 12 years old

Name	Year Team	Finals
Finals		
1 Savannah Fernandez	11 Broomfield, CO	6:11.64

Girls Long Jump 12 years old

Name	Year Team	Finals	Wind
Finals			
1 Riley Crockett	11 Longmont, CO	4.25	NWI
			0.10m

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Girls 100 Meter Dash 13 years old**

Name	Year Team	Prelims	Wind
Preliminaries			
1 Avery Jones	10 Aurora, CO	14.66q	-0.3
2 Naomi Coleman	10 Denver, CO	15.16q	-0.3

Girls 100 Meter Dash 13 years old

Name	Year Team	Finals	Wind
Finals			
1 Avery Jones	10 Aurora, CO	14.66	NWI
2 Naomi Coleman	10 Denver, CO	15.15	NWI

Girls 200 Meter Dash 13 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Naomi Coleman	10 Denver, CO	27.45q	2.7
2 Avery Jones	10 Aurora, CO	28.10q	2.7
3 Rhyan Gadlin	10 Aurora, CO	28.28q	2.7

Girls 200 Meter Dash 13 years old

Name	Year Team	Finals	Wind
Finals			
1 Naomi Coleman	10 Denver, CO	27.45	NWI
2 Avery Jones	10 Aurora, CO	28.10	NWI
3 Rhyan Gadlin	10 Aurora, CO	28.28	NWI

Girls 400 Meter Dash 13 years old

Name	Year Team	Finals
1 Rhyan Gadlin	10 Aurora, CO	1:05.39

Girls 800 Meter Run 13 years old

Name	Year Team	Finals
1 Mckenna Groen	10 Aurora, CO	2:47.83

Girls 1500 Meter Run 13 years old

Name	Year Team	Finals
1 Mckenna Groen	10 Aurora, CO	5:26.20

Girls 200 Meter Hurdles 13 years old

Name	Year Team	Finals	Wind
1 Rhyan Gadlin	10 Aurora, CO	32.11	2.3

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****....Girls 200 Meter Hurdles 13 years old**

2 Naomi Coleman	10 Denver, CO	32.12	2.3
3 Avery Jones	10 Aurora, CO	33.64	2.3

Girls High Jump 13 years old

Name	Year Team	Finals	
1 Kylar Black	10 Severance, CO	3-08.00	1.11m

Girls Pole Vault 13 years old

Name	Year Team	Finals	
1 Adelyn Main	10 Larkspur, CO	2.75m	9-00.25

Girls Long Jump 13 years old

Name	Year Team	Finals	Wind	
1 Rhyan Gadlin	10 Aurora, CO	4.50	-2.0	0.11m
2 Kylar Black	10 Severance, CO	3.75	-2.3	0.09m
-- Naomi Coleman	10 Denver, CO	ND	NWI	

Girls Shot Put 6 lbs 13 years old

Name	Year Team	Finals	
1 Kylar Black	10 Severance, CO	5.50	0.14m

Girls Javelin Throw 600 g 13 years old

Name	Year Team	Finals	
1 Kylar Black	10 Severance, CO	45-10	13.97m

Girls 100 Meter Dash 14 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Cianna Gaskin	09 Parker, CO	13.75q	1.6

Girls 100 Meter Dash 14 years old

Name	Year Team	Finals	Wind
Finals			
1 Cianna Gaskin	09 Parker, CO	13.75	NWI

Girls 200 Meter Dash 14 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Cianna Gaskin	09 Parker, CO	28.10q	2.7

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Girls 200 Meter Dash 14 years old**

Name	Year Team	Finals	Wind
Finals			
1 Cianna Gaskin	09 Parker, CO	28.10	NWI

Girls 400 Meter Dash 14 years old

Name	Year Team	Finals
1 Sofia Sigg	09 Longmont, CO	1:00.99

Girls Long Jump 14 years old

Name	Year Team	Finals	Wind
1 Sofia Sigg	09 Longmont, CO	5.00	-1.2 0.13m
2 Cianna Gaskin	09 Parker, CO	4.00	-2.5 0.10m

Girls Shot Put 6 lbs 14 years old

Name	Year Team	Finals	Wind
1 Cianna Gaskin	09 Parker, CO	23-03.00	7.08m

Girls 100 Meter Dash 15-16 years old

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Gabrielle Shepston	07 Broomfield, CO	12.77q	1.7	1
2 Evelyn Sportel	08 Colorado Springs, C	12.86q	1.3	2
3 Kate Schmidhuber	07 Brighton, CO	13.10q	1.7	1
4 Sienna Knight	07 Longmont, CO	13.28q	1.3	2
5 Zoey Zabel	08 Niwot, CO	13.91q	1.7	1 13.905
6 Alexis Weddington	07 Aurora, CO	13.91q	1.3	2 13.909
7 Carson Chou	08 Berthoud, CO	14.15q	1.3	2
8 Phoebe Donovan	07 Boulder, CO	14.93q	1.7	1

Girls 100 Meter Dash 15-16 years old

Name	Year Team	Finals	Wind
Finals			
1 Gabrielle Shepston	07 Broomfield, CO	12.77	NWI
2 Evelyn Sportel	08 Colorado Springs, C	12.86	NWI
3 Kate Schmidhuber	07 Brighton, CO	13.10	NWI
4 Sienna Knight	07 Longmont, CO	13.28	NWI
5 Alexis Weddington	07 Aurora, CO	13.91	NWI
5 Zoey Zabel	08 Niwot, CO	13.91	NWI
7 Carson Chou	08 Berthoud, CO	14.15	NWI
8 Phoebe Donovan	07 Boulder, CO	14.93	NWI

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Girls 200 Meter Dash 15-16 years old**

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Alexandria Horton	08 Aurora, CO	26.53q	1.0	1
2 Kate Schmidhuber	07 Brighton, CO	26.61q	1.0	1
3 Gabrielle Shepston	07 Broomfield, CO	27.12q	1.2	2
4 Evelyn Sportel	08 Colorado Springs, C	27.14q	1.2	2
5 Sienna Knight	07 Longmont, CO	27.32q	1.0	1
6 Zoey Zabel	08 Niwot, CO	28.53q	1.2	2
7 Phoebe Donovan	07 Boulder, CO	31.11q	1.0	1

Girls 200 Meter Dash 15-16 years old

Name	Year Team	Finals	Wind
Finals			
1 Alexandria Horton	08 Aurora, CO	26.53	NWI
2 Kate Schmidhuber	07 Brighton, CO	26.61	NWI
3 Gabrielle Shepston	07 Broomfield, CO	27.12	NWI
4 Evelyn Sportel	08 Colorado Springs, C	27.14	NWI
5 Sienna Knight	07 Longmont, CO	27.32	NWI
6 Zoey Zabel	08 Niwot, CO	28.53	NWI
7 Phoebe Donovan	07 Boulder, CO	31.11	NWI

Girls 400 Meter Dash 15-16 years old

Name	Year Team	Finals
1 Gabrielle Shepston	07 Broomfield, CO	59.33
2 Kate Schmidhuber	07 Brighton, CO	1:01.83
3 Alexandria Horton	08 Aurora, CO	1:02.18
4 Zoey Zabel	08 Niwot, CO	1:05.68

Girls 800 Meter Run 15-16 years old

Name	Year Team	Finals
1 Gabrielle Shepston	07 Broomfield, CO	2:29.86
2 Lucia Ten Eyck	08 Broomfield, CO	3:17.04

Girls 1500 Meter Run 15-16 years old

Name	Year Team	Finals
1 Lucia Ten Eyck	08 Broomfield, CO	7:05.00

Girls 2000 Meter Steeplechase 15-16 years old

Name	Year Team	Finals
1 Leah McDonald	07 Wellington, CO	7:43.99

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Girls 4x100 Meter Relay 15-16 years old**

Team	Finals
1 REAL TRAINING COLORADO 'A'	40.00

Girls High Jump 15-16 years old

Name	Year Team	Finals
1 Prestley Barta	07 Riverton, WY	4-06.00 1.37m

Girls Pole Vault 15-16 years old

Name	Year Team	Finals
1 Sofia Herf	07 Englewood, CO	3.20m 10-06.00
2 Abby Frei	07 Denver, CO	2.14m 7-00.25

Girls Long Jump 15-16 years old

Name	Year Team	Finals	Wind
1 Carson Chou	08 Berthoud, CO	4.00	-2.2 0.10m

Girls Triple Jump 15-16 years old

Name	Year Team	Finals	Wind
1 Carson Chou	08 Berthoud, CO	9.62m	-2.9 31-06.75
2 Phoebe Donovan	07 Boulder, CO	8.46m	-0.3 27-09.25

Girls Shot Put 4 kg 15-16 years old

Name	Year Team	Finals
1 Victoria Williams	07 Tucson, AZ	8.25 0.20m
2 Sarai Templeman	07 Greeley, CO	5.75 0.14m
3 Alexis Weddington	07 Aurora, CO	4.25 0.10m

Girls Discus Throw 1.0 Kg 15-16 years old

Name	Year Team	Finals
1 Victoria Williams	07 Tucson, AZ	28.38m 93-01
2 Sarai Templeman	07 Greeley, CO	19.94m 65-05

Girls Javelin Throw 600 g 15-16 years old

Name	Year Team	Finals
1 Sarai Templeman	07 Greeley, CO	14.88m 48-10

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Women 100 Meter Dash 17-18 years old**

Name	Year Team	Prelims	Wind
Preliminaries			
1 Ashlyn Mundell	05 Casper, WY	12.31q	1.3
2 Jordyn Benton	06 Parker, CO	12.94q	1.3

Women 100 Meter Dash 17-18 years old

Name	Year Team	Finals	Wind
Finals			
1 Ashlyn Mundell	05 Casper, WY	12.31	NWI
2 Jordyn Benton	06 Parker, CO	12.94	NWI

Women 200 Meter Dash 17-18 years old

Name	Year Team	Prelims	Wind
Preliminaries			
1 Jordyn Benton	06 Parker, CO	26.36q	1.4
2 Ashlenn Baca	05 Loveland, CO	27.95q	1.4
3 Rosie Nowlin	06 Longmont, CO	28.90q	1.4

Women 200 Meter Dash 17-18 years old

Name	Year Team	Finals	Wind
Finals			
1 Jordyn Benton	06 Parker, CO	26.36	NWI
2 Ashlenn Baca	05 Loveland, CO	27.95	NWI
3 Rosie Nowlin	06 Longmont, CO	28.90	NWI

Women 400 Meter Dash 17-18 years old

Name	Year Team	Finals
1 Carolyn Mason	05 Colorado Springs, C	1:02.93
2 Ashlenn Baca	05 Loveland, CO	1:03.75
3 Rosie Nowlin	06 Longmont, CO	1:04.12

Women 800 Meter Run 17-18 years old

Name	Year Team	Finals
1 Ashlenn Baca	05 Loveland, CO	2:31.59
2 Rosie Nowlin	06 Longmont, CO	2:34.21
3 Ashley Keazer	06 Erie, CO	3:17.04

Women 400 Meter Hurdles 17-18 years old

Name	Year Team	Finals
1 Ashlenn Baca	05 Loveland, CO	1:13.73

2023 AAU Region 20 Regional Championship - 6/21/2023 to 6/24/2023**Evie Dennis Stadium****Results****Women 2000 Meter Steeplechase 17-18 years old**

Name	Year Team	Finals
1 Shirley Weaver	05 Fort Collins, CO	7:44.28
2 Autumn Mccorkel	06 Fort Collins, CO	7:44.64

Women High Jump 17-18 years old

Name	Year Team	Finals
1 Sydney Mortimer	06 Arapahoe, WY	4-04.00 1.32m

Women Pole Vault 17-18 years old

Name	Year Team	Finals
1 Anna Willis	06 Colorado Springs, C	3.51m 11-06.25
2 Paige Plumb	05 DRIFT MOTION	J2.90m 9-06.25
3 Macy Billinger	06 Castle Rock, CO	J2.90m 9-06.25
4 Isabel Varela	06 DRIFT MOTION	J2.90m 9-06.25
5 Dylan Gommel	05 Parker, CO	2.75m 9-00.25

Women Long Jump 17-18 years old

Name	Year Team	Finals	Wind
1 Anna Willis	06 Colorado Springs, C	4.75 -3.7	0.12m

Women Triple Jump 17-18 years old

Name	Year Team	Finals	Wind
1 Ashley Keazer	06 Erie, CO	9.16m -3.4	30-00.75

Women Shot Put 4 kg 17-18 years old

Name	Year Team	Finals
1 Keturah Templeman	05 Evans, CO	8.50 0.21m

Women Discus Throw 1.0 kg 17-18 years old

Name	Year Team	Finals
1 Keturah Templeman	05 Evans, CO	26.22m 86-00

Women Javelin Throw 600 g 17-18 years old

Name	Year Team	Finals
1 Keturah Templeman	05 Evans, CO	27.90m 91-06