

2023 AAU Region 05 National Qualifier - 6/22/2023 to 6/25/2023

Highland Springs High School Track Complex

Results

Boys 100 Meter Dash 8-under

Name	Yr	Team	Prelims
Preliminaries			
1	Peyton Jefferson	15 VA Beach Fla	14.15q NWI
2	Jamal Hill Jr	15 757 Colts Tr	14.35q NWI
3	Josiah Jones	15 757 Colts Tr	14.87q NWI
4	Kameron Whitaker	15 Global Trans	15.24q NWI
5	Aiden Keene	15 Global Trans	15.24q NWI
6	Josiah White	15 Technique TC	15.36q NWI
7	Jahmir Rosborough	15 Virginia Rap	15.60q NWI
8	Thaddeus Sykes Jr	15 Jdc3 Elite	15.70q NWI
9	Royce Taliaferro	16 Eastend Ligh	16.02 NWI
9	Benjamin Walker III	15 Williamsburg	16.02 NWI
11	Jamison Rodgers	15 VA Beach Fla	16.03 NWI
12	Tahj Roy	15 Virginia Sta	16.23 NWI
13	Uriah Whittle	15 Williamsburg	16.23 NWI
14	Jonathan Murray	16 Technique TC	16.23 NWI
15	Aubrey Arthur	15 Hampton Road	16.44 NWI
16	Richard Rodgers, Jr.	15 Unattached	16.64 NWI
17	Donnell Taborn	16 Global Trans	17.42 NWI
18	Laures Henry, Jr.	16 Pwc Panther	18.74 NWI
19	Landon Pearson	16 Unattached	20.35 NWI
20	Donovan Thomas	18 Pwc Panther	20.53 NWI
21	Noble White	18 Pwc Panther	20.71 NWI
22	Christian Muyanji	16 T4p Academy	20.99 NWI
23	Jeremiah Foutz	15 2nd To None	25.37 NWI

Boys 100 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1	Peyton Jefferson	15 VA Beach Fla	13.66 NWI
2	Jamal Hill Jr	15 757 Colts Tr	14.21 NWI
3	Josiah Jones	15 757 Colts Tr	14.82 NWI
4	Kameron Whitaker	15 Global Trans	15.25 NWI
5	Aiden Keene	15 Global Trans	15.27 NWI
6	Jahmir Rosborough	15 Virginia Rap	15.52 NWI
7	Josiah White	15 Technique TC	15.95 NWI

Boys 200 Meter Dash 8-under

Name	Yr	Team	Prelims
Preliminaries			
1	Jamal Hill Jr	15 757 Colts Tr	29.73q NWI
2	Peyton Jefferson	15 VA Beach Fla	30.31q NWI
3	Stephon Bowman	15 Technique TC	31.20q NWI
4	Kameron Whitaker	15 Global Trans	32.43q NWI
5	Aiden Keene	15 Global Trans	32.85q NWI
6	Aubrey Arthur	15 Hampton Road	32.94q NWI
7	Josiah White	15 Technique TC	33.09q NWI
8	Benjamin Walker III	15 Williamsburg	34.21q NWI
9	Jonathan Murray	16 Technique TC	34.41 NWI
10	Tysen Donaldson	15 Virginia Bea	34.73 NWI
11	Donnell Taborn	16 Global Trans	35.01 NWI
12	Corey Thompkins	15 5 Star Eagle	35.24 NWI
13	Jackson James	15 Jdc3 Elite	35.49 NWI
14	Tahj Roy	15 Virginia Sta	35.58 NWI

15	Laures Henry, Jr.	16 Pwc Panther	39.53 NWI
16	Noble White	18 Pwc Panther	42.51 NWI

Boys 200 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1	Jamal Hill Jr	15 757 Colts Tr	29.18 NWI
2	Stephon Bowman	15 Technique TC	29.39 NWI
3	Peyton Jefferson	15 VA Beach Fla	29.47 NWI
4	Kameron Whitaker	15 Global Trans	31.89 NWI
5	Aiden Keene	15 Global Trans	31.90 NWI
6	Aubrey Arthur	15 Hampton Road	32.96 NWI
7	Josiah White	15 Technique TC	33.04 NWI
8	Benjamin Walker III	15 Williamsburg	33.66 NWI

Boys 400 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1	Josiah Jones	15 757 Colts Tr	1:10.75
2	Stephon Bowman	15 Technique TC	1:10.78
3	Jamal Hill Jr	15 757 Colts Tr	1:13.33
4	Jahmir Rosborough	15 Virginia Rap	1:14.85
5	Tysen Donaldson	15 Virginia Bea	1:22.53
6	Isaac Brooks	16 Spartan Chos	1:22.81
7	Alexander Plowden	16 T4p Academy	1:24.55
8	Isaiah Womack	15 Virginia Sta	1:26.33
9	Adewale Sabbakhan	16 Eastend Ligh	1:26.72
10	Ruben Anderson Jr	17 Jdc3 Elite	1:28.89
11	Ferdinand Thomas III	16 Hampton Road	1:30.41
12	Uriah Whittle	15 Williamsburg	1:32.67
13	Laures Henry, Jr.	16 Pwc Panther	1:33.92
14	Kasey Shepherd	15 360 Elite Tr	1:34.02
15	Noble White	18 Pwc Panther	1:34.06
16	Jackson Moreland	16 VA Beach Fla	1:36.40
17	Jaysen Pickett	16 VA House of	1:37.49
18	Kobe Shepherd	15 360 Elite Tr	1:40.74
19	Ridley Gregory	15 Virginia Rap	1:51.19
20	Donovan Thomas	18 Pwc Panther	1:52.41

Boys 800 Meter Run 8-under

Name	Yr	Team	Finals
Finals			
1	Isaac Brooks	16 Spartan Chos	3:03.35
2	Adewale Sabbakhan	16 Eastend Ligh	3:11.99
3	William Yiengst	15 Unattached	3:14.56
4	Ferdinand Thomas III	16 Hampton Road	3:23.12
5	Jackson Moreland	16 VA Beach Fla	3:25.26
6	Tyler Burke	16 757 Colts Tr	3:25.36
7	Zaidan Blake-Stephenson	15 Unattached	3:31.29

Boys 4x100 Meter Relay 8-under

Team	Relay	Finals	
Finals			
1	Technique TC	A	1:01.34
2	Eastend Ligh	A	1:05.88

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Boys Long Jump 8-under

Name	Yr	Team	Finals
Finals			
1 Aiden Keene	15	Global Trans	12-11.00 NWI
2 Josiah Jones	15	757 Colts Tr	11-06.25 NWI
3 Corey Thompkins	15	5 Star Eagle	11-03.00 NWI
4 Peyton Jefferson	15	VA Beach Fla	11-02.25 NWI
5 Kameron Whitaker	15	Global Trans	11-01.00 NWI
5 Jamison Rodgers	15	VA Beach Fla	11-01.00 NWI
7 Ferdinand Thomas III	16	Hampton Road	10-07.00 NWI
8 Jahmir Rosborough	15	Virginia Rap	10-01.25 NWI
9 Mekhi Richardson	15	Eastend Ligh	10-00.00 NWI
10 Donnell Taborn	16	Global Trans	9-09.50 NWI
11 Alexander Plowden	16	T4p Academy	8-11.00 NWI
12 Jaysen Pickett	16	VA House of	6-10.25 NWI
13 Landon Pearson	16	Unattached	6-02.50 NWI
14 Liam Scarborough	16	Cavs' Track	6-00.00 NWI
15 Arion Levison	18	Heart N Glor	4-03.25 NWI
--- Kendall Grady	17	Technique TC	FOUL
--- Ruben Anderson Jr	17	Jdc3 Elite	FOUL
--- Jeremiah Foutz	15	2nd To None	FOUL
--- Thaddeus Sykes Jr	15	Jdc3 Elite	FOUL

Boys Shot Put 4 lbs 8-under

Name	Yr	Team	Finals
Finals			
1 Kahdon Carmon	16	Eastend Ligh	18-03.50
2 Chase Rouse	15	Unattached	14-07.50
3 Jaysen Pickett	16	VA House of	11-07.50

Boys Javelin Throw Turbo (300 g 8-under)

Name	Yr	Team	Finals
Finals			
1 Aubrey Arthur	15	Hampton Road	57-07
2 Richard Rodgers, Jr.	15	Unattached	50-06
3 Alexander Plowden	16	T4p Academy	47-06
4 Kannon Reynolds	17	Virginia Bla	47-00
5 Jackson James	15	Jdc3 Elite	38-06
6 Chase Rouse	15	Unattached	34-11
7 Jullian Simms	15	Williamsburg	33-01
8 Cayden Dennis	15	Technique TC	32-04
9 Tyler Burke	16	757 Colts Tr	31-08
9 Landyn Booker	16	West End Ric	31-08
11 Thaddeus Sykes Jr	15	Jdc3 Elite	30-04
12 Landon Pearson	16	Unattached	28-11
13 Christian Muyanji	16	T4p Academy	26-00
14 Robert Christian	16	West End Ric	24-06
15 Sardan Johnson, Jr	15	Eastend Ligh	22-11
16 Jahleel Atkins	16	Hampton City	17-06
17 Jeremiah Foutz	15	2nd To None	16-07.50

Boys 100 Meter Dash 9 years old

Name	Yr	Team	Prelims
Preliminaries			
1 Kingston Hamilton	14	5 Star Eagle	13.93q NWI

2 Derrick Whittington Jr.	14	5 Star Eagle	14.41q NWI
3 Ayden Harrison	14	Hampton Road	14.58q NWI
4 Olumide Oniyide	14	Smithfield P	14.66q NWI
5 Caleb Lumas	14	Track 757	14.68q NWI
6 Joshua Collier Jr.	14	5 Star Eagle	15.05q NWI
7 Isaiah Dumbravo	14	Hampton Road	15.06q NWI
8 Vincent Hill, III	14	360 Elite Tr	15.16q NWI
9 Jordan Mitchell	14	Virginia Pri	15.63 NWI
10 Colby Hall, Jr	14	Eastend Ligh	15.72 NWI
11 Cayden Mcdonald	14	360 Elite Tr	16.02 NWI
12 Ryon Grant	14	Hampton Road	16.38 NWI
13 Jameson Stith	14	Global Trans	16.43 NWI
14 Ellery Smith Jr	14	Hampton Road	16.79 NWI
15 Isaiah O'Neal	14	Pwc Panther	17.74 NWI
--- Bryson Burnette	14	Virginia Rap	FS NWI

Boys 100 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 Kingston Hamilton	14	5 Star Eagle	14.36 NWI
2 Derrick Whittington Jr.	14	5 Star Eagle	14.67 NWI
3 Ayden Harrison	14	Hampton Road	14.95 NWI
4 Olumide Oniyide	14	Smithfield P	15.22 NWI
5 Caleb Lumas	14	Track 757	15.24 NWI
6 Joshua Collier Jr.	14	5 Star Eagle	15.28 NWI
7 Vincent Hill, III	14	360 Elite Tr	15.42 NWI
8 Isaiah Dumbravo	14	Hampton Road	15.43 NWI

Boys 200 Meter Dash 9 years old

Name	Yr	Team	Prelims
Preliminaries			
1 Kingston Hamilton	14	5 Star Eagle	28.88q NWI
2 Zyaire Emerson	14	Virginia Bea	29.61q NWI
3 Derrick Whittington Jr.	14	5 Star Eagle	30.23q NWI
4 Olumide Oniyide	14	Smithfield P	30.32q NWI
5 Joshua Collier Jr.	14	5 Star Eagle	30.91q NWI
6 Ayden Harrison	14	Hampton Road	30.92q NWI
7 Ahvonte Flowers	14	Virginia Bea	30.95q NWI
8 Vincent Hill, III	14	360 Elite Tr	31.21q NWI
9 Caleb Lumas	14	Track 757	31.26 NWI
10 Brantley Morrison	14	Virginia Bea	32.30 NWI
11 Tristan Skinner	14	Eastend Ligh	32.49 NWI
12 Isaiah Dumbravo	14	Hampton Road	32.92 NWI
13 Jordan Mitchell	14	Virginia Pri	33.03 NWI
14 Timothy Chapman Jr	14	Nva Track	33.18 NWI
15 Jace Johnson	14	Virginia Bea	33.67 NWI
16 Jameson Stith	14	Global Trans	34.72 NWI
17 Isaiah O'Neal	14	Pwc Panther	38.03 NWI

Boys 200 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 Kingston Hamilton	14	5 Star Eagle	28.29 NWI
2 Zyaire Emerson	14	Virginia Bea	28.45 NWI
3 Derrick Whittington Jr.	14	5 Star Eagle	29.91 NWI
4 Ayden Harrison	14	Hampton Road	30.76 NWI

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Finals ... (Boys 200 Meter Dash 9 years old)

Name	Yr	Team	Finals
5 Olumide Oniyide	14	Smithfield P	30.77 NWI
6 Vincent Hill, III	14	360 Elite Tr	31.29 NWI
7 Joshua Collier Jr.	14	5 Star Eagle	31.41 NWI
8 Ahvonte Flowers	14	Virginia Bea	31.50 NWI

Boys 400 Meter Dash 9 years old

Name	Yr	Team	Finals
1 Zyaire Emerson	14	Virginia Bea	1:07.39
2 Ahvonte Flowers	14	Virginia Bea	1:10.73
3 Vincent Hill, III	14	360 Elite Tr	1:11.53
4 Jesiah James	14	Jdc3 Elite	1:15.18
5 Timothy Chapman Jr	14	Nva Track	1:15.19
6 Jace Johnson	14	Virginia Bea	1:18.28
7 Brantley Morrison	14	Virginia Bea	1:19.42
8 Isaiah O'Neal	14	Pwc Panther	1:26.03
9 Cayden Mcdonald	14	360 Elite Tr	1:31.00
10 Kaiden Coles	14	Technique TC	1:40.70

Boys 800 Meter Run 9 years old

Name	Yr	Team	Finals
1 Alexander Galloway	14	Track 757	3:17.14
2 Jayden Allen	14	Eastend Ligh	3:28.66

Boys High Jump 9 years old

Name	Yr	Team	Finals
1 Corey Johnson Jr.	14	Eastend Ligh	3-06.00
2 Alexander Galloway	14	Track 757	3-00.00

Boys Long Jump 9 years old

Name	Yr	Team	Finals
1 Kingston Hamilton	14	5 Star Eagle	13-11.50 NWI
2 Derrick Whittington Jr.	14	5 Star Eagle	13-02.50 NWI
3 Olumide Oniyide	14	Smithfield P	13-01.50 NWI
4 Caleb Lumas	14	Track 757	12-09.25 NWI
5 Joshua Collier Jr.	14	5 Star Eagle	12-01.25 NWI
6 Jesiah James	14	Jdc3 Elite	11-01.50 NWI
7 Jameson Stith	14	Global Trans	10-10.00 NWI
--- Jordan Mitchell	14	Virginia Pri	FOUL
--- Isaiah Dumbravo	14	Hampton Road	FOUL

Boys Shot Put 6 lbs 9 years old

Name	Yr	Team	Finals
1 Ellery Smith Jr	14	Hampton Road	20-05.50
2 Dwaine Buchanan	14	360 Elite Tr	17-04.00

Boys Javelin Throw Turbo (400 g 9 years old)

Name	Yr	Team	Finals
1 Colby Hall, Jr	14	Eastend Ligh	67-05
2 Ayden Harrison	14	Hampton Road	64-10

3 Ellery Smith Jr	14	Hampton Road	47-11
4 Mikhiel De'Braux Jr.	14	757 Colts Tr	44-06
5 Ryon Grant	14	Hampton Road	40-05
6 Kaiden Coles	14	Technique TC	25-09

Triathlon: #3 Boys 400 Meter Dash 9 years old Triathlon

Name	Yr	Team	Finals
1 Alexander Galloway	14	Track 757	1:30.45

Triathlon: #1 Boys High Jump 9 years old Triathlon

Name	Yr	Team	Finals
1 Alexander Galloway	14	Track 757	0.87m 28

Triathlon: #2 Boys Shot Put 9 years old Triathlon

Name	Yr	Team	Finals
1 Alexander Galloway	14	Track 757	4.14m 142

Boys Triathlon 9 years old

Name	Yr	Team	Finals
1 Alexander Galloway	14	Track 757	170

Boys 1500 Meter Race Walk 9 years old

Name	Yr	Team	Finals
1 Kaiden Coles	14	Technique TC	11:47.59
2 Jaiden Evans	14	Williamsburg	12:25.04

Boys 100 Meter Dash 10 years old

Name	Yr	Team	Prelims
1 Liam Park	13	Virginia Rap	13.83q NWI
2 Jasen Freeman	13	Smithfield P	14.09q NWI
3 Ervin Flournoy Jr	13	Virginia Pri	14.27q NWI
4 Arion Morgan	13	5 Star Eagle	14.45q NWI
5 Duke Okonta	13	VA House of	14.52q NWI
6 Jonathan Lewis	13	Eastend Ligh	14.68q NWI
7 Cameron Turner	13	VA Beach Fla	14.72q NWI
8 Joshua Coulter	13	Virginia Bla	14.74q NWI
9 Jermon Bafaty	13	VA House of	14.84 NWI
10 Jason Goode	13	Sports Acade	14.85 NWI
11 Bryce Booker	13	West End Ric	15.04 NWI
12 Ky'Mari Jenkins	13	Smithfield P	15.19 NWI
13 Tyler Lovelady	13	Unattached	15.33 NWI
14 Jaxon Mitchen	13	Virginia Rap	15.46 NWI
15 Anuoluwapo Oyekan	13	Pwc Panther	15.69 NWI
16 Jayden Winder	13	5 Star Eagle	15.88 NWI
17 Zackarius Peyton	13	Virginia Rap	16.10 NWI

Boys 100 Meter Dash 10 years old

Name	Yr	Team	Finals
1 Liam Park	13	Virginia Rap	13.99 NWI
2 Jasen Freeman	13	Smithfield P	14.13 NWI

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Finals ... (Boys 100 Meter Dash 10 years old)

Name	Yr	Team	Finals
3 Ervin Flournoy Jr	13	Virginia Pri	14.75 NWI
4 Duke Okonta	13	VA House of	14.76 NWI
5 Arion Morgan	13	5 Star Eagle	14.81 NWI
6 Cameron Turner	13	VA Beach Fla	14.98 NWI
7 Joshua Coulter	13	Virginia Bla	15.10 NWI
8 Jonathan Lewis	13	Eastend Ligh	15.20 NWI

Boys 200 Meter Dash 10 years old

Name	Yr	Team	Prelims
Preliminaries			
1 Nasir Riley	13	Norfolk Real	28.30q NWI
2 Liam Park	13	Virginia Rap	29.35q NWI
3 Ervin Flournoy Jr	13	Virginia Pri	29.38q NWI
4 Jasen Freeman	13	Smithfield P	29.72q NWI
5 Ivan Roberts	13	Heart N Glor	30.18q NWI
6 Duke Okonta	13	VA House of	30.45q NWI
7 Arion Morgan	13	5 Star Eagle	30.48q NWI
8 Tamir Walton	13	Virginia Pri	30.84q NWI
9 Jermon Bafaty	13	VA House of	30.93 NWI
10 Vaughn Johnson	13	Global Trans	31.28 NWI
11 Jason Goode	13	Sports Acade	31.53 NWI
12 Joshua Coulter	13	Virginia Bla	31.62 NWI
13 Jonathan Lewis	13	Eastend Ligh	32.11 NWI
14 Tyler Lovelady	13	Unattached	32.60 NWI
15 Ky'Mari Jenkins	13	Smithfield P	33.24 NWI
16 Gregory Pope	13	Track 757	33.28 NWI
17 Shawn Gramby	13	VA Beach Fla	33.40 NWI
18 Anuoluwapo Oyekan	13	Pwc Panther	33.91 NWI
19 Jayden Winder	13	5 Star Eagle	34.29 NWI
20 Bryce Booker	13	West End Ric	35.23 NWI

Boys 200 Meter Dash 10 years old

Name	Yr	Team	Finals
Finals			
1 Nasir Riley	13	Norfolk Real	27.31 NWI
2 Jasen Freeman	13	Smithfield P	28.47 NWI
3 Liam Park	13	Virginia Rap	29.46 NWI
4 Duke Okonta	13	VA House of	29.76 NWI
5 Arion Morgan	13	5 Star Eagle	29.84 NWI
6 Ervin Flournoy Jr	13	Virginia Pri	29.89 NWI
7 Ivan Roberts	13	Heart N Glor	30.06 NWI
8 Tamir Walton	13	Virginia Pri	31.43 NWI

Boys 400 Meter Dash 10 years old

Name	Yr	Team	Finals
Finals			
1 Ivan Roberts	13	Heart N Glor	1:07.00
2 Jasen Freeman	13	Smithfield P	1:08.19
3 Jason Goode	13	Sports Acade	1:14.04
4 Tamir Walton	13	Virginia Pri	1:14.16
5 Jayden Gaither	13	Virginia Bla	1:14.26
6 Julius Gunning	13	Track 757	1:14.82
7 Tyler Lovelady	13	Unattached	1:18.54
8 Jamel Vinnie	13	360 Elite Tr	1:19.70

9 Anuoluwapo Oyekan	13	Pwc Panther	1:22.94
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Boys 800 Meter Run 10 years old

Name	Yr	Team	Finals
Finals			
1 Russell Destremps	13	VA House of	2:27.35
2 Raylen Summers	13	VA Beach Fla	2:38.12
3 Andras Jacobson	13	VA House of	2:41.56
4 Jayden Gaither	13	Virginia Bla	2:43.96
5 Ivan Roberts	13	Heart N Glor	2:44.71
6 Julius Gunning	13	Track 757	2:45.77
7 Jaxson Morrow	13	Smithfield P	3:09.18
8 Jamel Vinnie	13	360 Elite Tr	3:12.45

Boys 1500 Meter Run 10 years old

Name	Yr	Team	Finals
Finals			
1 Russell Destremps	13	VA House of	4:57.68
2 Raylen Summers	13	VA Beach Fla	5:23.26
3 Andras Jacobson	13	VA House of	5:26.31
4 Jaxson Morrow	13	Smithfield P	6:05.27

Boys 4x100 Meter Relay 10 years old

Team	Relay	Finals
Finals		
1 Virginia Bea	A	58.94
2 Virginia Rap	A	1:00.87
3 Eastend Ligh	A	1:01.30

Boys 4x400 Meter Relay 10 years old

Team	Relay	Finals
Finals		
1 Eastend Ligh	A	5:12.65

Boys High Jump 10 years old

Name	Yr	Team	Finals
Finals			
1 Cameron Turner	13	VA Beach Fla	4-04.00
2 Vaughn Johnson	13	Global Trans	3-10.00
3 Jamel Vinnie	13	360 Elite Tr	3-02.00
3 Gregory Pope	13	Track 757	3-02.00

Boys Long Jump 10 years old

Name	Yr	Team	Finals
Finals			
1 Cameron Turner	13	VA Beach Fla	15-00.00 NWI
2 Mayson Henderson	13	Virginia Rap	14-00.50 NWI
3 Ervin Flournoy Jr	13	Virginia Pri	13-11.00 NWI
4 Duke Okonta	13	VA House of	13-02.00 NWI
5 Jayden Winder	13	5 Star Eagle	12-07.25 NWI
6 Vaughn Johnson	13	Global Trans	12-02.00 NWI
7 Arion Morgan	13	5 Star Eagle	12-01.00 NWI
8 Tamir Walton	13	Virginia Pri	11-09.00 NWI
9 Tyler House	13	VA House of	11-00.00 NWI
10 Aniko Whitaker	13	757 Colts Tr	10-05.00 NWI
11 Jaxon Mitche	13	Virginia Rap	10-02.50 NWI

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Boys Shot Put 6 lbs 10 years old

Name	Yr	Team	Finals
Finals			
1 Khalil Roane	13	Hampton Road	29-08.00
2 Gregory Palmer, III	13	360 Elite Tr	27-07.00
3 Jawarren Cowles	13	Track 757	23-07.75
4 Landon Parker	13	Eastend Ligh	22-08.00
5 Tyler House	13	VA House of	21-05.50

Boys Javelin Throw Turbo (400 g 10 years old)

Name	Yr	Team	Finals
Finals			
1 Khalil Roane	13	Hampton Road	86-01
2 Tyler House	13	VA House of	76-07
3 Raylen Summers	13	VA Beach Fla	62-09
4 Joshua Coulter	13	Virginia Bla	56-10
5 Jawarren Cowles	13	Track 757	55-07
6 Landon Parker	13	Eastend Ligh	53-07
7 Jayden Gaither	13	Virginia Bla	48-04
8 Aniko Whitaker	13	757 Colts Tr	38-10
9 Gavin R Baiden	13	Virginia Sta	36-07
10 Shawn Gramby	13	VA Beach Fla	36-06
11 Bryce Booker	13	West End Ric	35-06

Triathlon: #3 Boys 400 Meter Dash 10 years old Triathlon

Name	Yr	Team	Finals
Finals			
1 Vaughn Johnson	13	Global Trans	1:14.40 60
2 Kyle Cleveland	13	West End Ric	1:23.89

Triathlon: #1 Boys High Jump 10 years old Triathlon

Name	Yr	Team	Finals
Finals			
1 Vaughn Johnson	13	Global Trans	1.07m 116
2 Kyle Cleveland	13	West End Ric	0.97m 68

Triathlon: #2 Boys Shot Put 10 years old Triathlon

Name	Yr	Team	Finals
Finals			
1 Vaughn Johnson	13	Global Trans	5.51m 220
2 Kyle Cleveland	13	West End Ric	3.73m 119

Boys Triathlon 10 years old

Name	Yr	Team	Finals
Finals			
1 Vaughn Johnson	13	Global Trans	396
2 Kyle Cleveland	13	West End Ric	187

Boys 100 Meter Dash 11 years old

Name	Yr	Team	Prelims
Preliminaries			
1 Jeremiah Rodgers	12	VA Beach Fla	13.19q NWI
2 Jaquawri Collins	12	Jdc3 Elite	13.43q NWI
3 Mesyah Hickman	12	Virginia Rap	13.73q NWI
4 Cameron Weathers	12	Global Trans	14.05q NWI
5 Aaryon Grant	12	Hampton Road	14.16q NWI

6 Quatez Stevens Jr	12	Virginia Bla	14.31q NWI
7 Brook Farmer Jr	12	Smithfield P	14.58q NWI
8 Tyrell Mcknight	12	Pwc Panther	14.95q NWI
9 Kindrex Thompson	12	Speed Proteg	15.04 NWI
10 Marcos Bethel	12	Spartan Chos	15.06 NWI
11 Joshua Mcmillan-Floy	12	VA Beach Fla	15.09 NWI
12 Michael James Iii	12	Jdc3 Elite	15.27 NWI
13 Javir Stewart	12	Hampton Road	15.44 NWI
14 Shawn Scott	12	Track 757	15.66 NWI
15 Quavontae Aaron-Woody	12	Virginia Rap	15.72 NWI
16 Sheldon Tullos	12	Pwc Panther	15.85 NWI
17 Elijah O'Neal	12	Pwc Panther	16.28 NWI
18 Alex Aj Kuilan	12	Virginia Rap	17.80 NWI
19 Kaden Bright	12	Smithfield P	18.02 NWI

Boys 100 Meter Dash 11 years old

Name	Yr	Team	Finals
Finals			
1 Jeremiah Rodgers	12	VA Beach Fla	13.38 NWI
2 Cameron Weathers	12	Global Trans	14.14 NWI
3 Aaryon Grant	12	Hampton Road	14.52 NWI
4 Brook Farmer Jr	12	Smithfield P	14.55 NWI
5 Tyrell Mcknight	12	Pwc Panther	14.99 NWI
--- Mesyah Hickman	12	Virginia Rap	DNF NWI

Boys 200 Meter Dash 11 years old

Name	Yr	Team	Prelims
Preliminaries			
1 Gunner Hammett	12	Unattached	26.28q NWI
2 Jeremiah Rodgers	12	VA Beach Fla	27.10q NWI
3 Jaquawri Collins	12	Jdc3 Elite	27.40q NWI
4 Caden Leonard	12	5 Star Eagle	28.61q NWI
5 Jonas Logan	12	Virginia Bla	28.64q NWI
6 Quatez Stevens Jr	12	Virginia Bla	28.80q NWI
7 Cameron Weathers	12	Global Trans	29.31q NWI
8 Mesyah Hickman	12	Virginia Rap	30.73q NWI
9 Tyrell Mcknight	12	Pwc Panther	31.04 NWI
10 Marcos Bethel	12	Spartan Chos	31.28 NWI
11 Shawn Scott	12	Track 757	31.87 NWI
12 Javir Stewart	12	Hampton Road	32.39 NWI
13 Leon Cabbell Jr.	12	Eastend Ligh	32.63 NWI
14 Kindrex Thompson	12	Speed Proteg	32.80 NWI
15 Elijah O'Neal	12	Pwc Panther	33.99 NWI
16 Sheldon Tullos	12	Pwc Panther	36.41 NWI

Boys 200 Meter Dash 11 years old

Name	Yr	Team	Finals
Finals			
1 Gunner Hammett	12	Unattached	26.02 NWI
2 Jeremiah Rodgers	12	VA Beach Fla	27.10 NWI
3 Caden Leonard	12	5 Star Eagle	28.56 NWI
4 Cameron Weathers	12	Global Trans	28.61 NWI
5 Jonas Logan	12	Virginia Bla	28.78 NWI
6 Mesyah Hickman	12	Virginia Rap	30.58 NWI
--- Jaquawri Collins	12	Jdc3 Elite	DQ NWI

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Boys 400 Meter Dash 11 years old

Name	Yr	Team	Finals
Finals			
1	Gunner Hammett	12 Unattached	56.95
2	Jalen Marchetti-Griffin	12 757 Colts Tr	1:04.43
3	Kaden Brown	12 Eastend Ligh	1:09.34
4	Tyrell Mcknight	12 Pwc Panther	1:09.96
5	Noah Blizzard-Miller	12 Hampton City	1:10.90
6	Shawn Scott	12 Track 757	1:13.02
7	Kindrex Thompson	12 Speed Proteg	1:16.66
8	Niko Cabbler	12 Virginia Rap	1:16.83
9	Darrell Brooks	12 Technique TC	1:18.07
10	Mesyah Hickman	12 Virginia Rap	1:19.11
11	Elijah O'Neal	12 Pwc Panther	1:19.86

Boys 800 Meter Run 11 years old

Name	Yr	Team	Finals
Finals			
1	Gunner Hammett	12 Unattached	2:08.58
2	Jalen Marchetti-Griffin	12 757 Colts Tr	2:28.88
3	Jaxon Harris	12 Virginia Pri	2:37.87
4	Prince Comara	12 Superior Tra	2:38.05
5	Leon Cabbell Jr.	12 Eastend Ligh	2:57.57
6	Darrell Brooks	12 Technique TC	3:19.10

Boys 1500 Meter Run 11 years old

Name	Yr	Team	Finals
Finals			
1	Jaxon Harris	12 Virginia Pri	5:34.23
2	Prince Comara	12 Superior Tra	5:34.32
3	Darrell Brooks	12 Technique TC	6:38.92

Boys 80 Meter Hurdles 11 years old

Name	Yr	Team	Finals
Finals			
1	Caden Leonard	12 5 Star Eagle	14.94 NWI
2	Braylon Grinder	12 Virginia Rap	15.57 NWI
3	Noah Blizzard-Miller	12 Hampton City	17.23 NWI
4	Michael James Iii	12 Jdc3 Elite	18.29 NWI

Boys Long Jump 11 years old

Name	Yr	Team	Finals
Finals			
1	Jeremiah Rodgers	12 VA Beach Fla	16-01.25 NWI
2	Jaquawri Collins	12 Jdc3 Elite	15-01.25 NWI
3	Caden Leonard	12 5 Star Eagle	14-03.00 NWI
4	Cameron Weathers	12 Global Trans	14-02.00 NWI
5	Braylon Grinder	12 Virginia Rap	13-07.00 NWI
6	Jalen Marchetti-Griffin	12 757 Colts Tr	13-00.50 NWI
7	Niko Cabbler	12 Virginia Rap	10-06.50 NWI
8	Shylon Harris	12 Technique TC	10-03.50 NWI

Boys Shot Put 6 lbs 11 years old

Name	Yr	Team	Finals
Finals			
1	Noah Blizzard-Miller	12 Hampton City	25-01.00

2	Kaden Bright	12 Smithfield P	24-01.00
3	Jeremiah Campbell	12 Hampton Road	21-10.00
4	Saqon Moody	12 Track 757	20-01.00
5	James Booker	12 West End Ric	15-11.50

Boys Discus Throw 1.0 Kg 11 years old

Name	Yr	Team	Finals
Finals			
1	Saqon Moody	12 Track 757	42-04.50

Boys Javelin Throw Turbo (400 g 11 years old)

Name	Yr	Team	Finals
Finals			
1	Marcos Bethel	12 Spartan Chos	88-10
2	Aaryon Grant	12 Hampton Road	69-11
3	Joshua Memillan-Floym	12 VA Beach Fla	60-02
4	Quatez Stevens Jr	12 Virginia Bla	56-10
5	Michael James Iii	12 Jdc3 Elite	54-10
6	Saqon Moody	12 Track 757	39-05
7	Alex Aj Kuilan	12 Virginia Rap	36-10
8	Shylon Harris	12 Technique TC	35-02
9	James Booker	12 West End Ric	30-06

Outdoor Pentathlon: #5 Boys 1500 Meter Run 11 years old Outdoor Penta

Name	Yr	Team	Finals
Finals			
1	Noah Blizzard-Miller	12 Hampton City	7:34.06 15

Outdoor Pentathlon: #1 Boys 80 Meter Hurdles 11 years old Outdoor Pen

Name	Yr	Team	Finals
Finals			
1	Noah Blizzard-Miller	12 Hampton City	18.37 292

Outdoor Pentathlon: #4 Boys High Jump 11 years old Outdoor Pentathlon

Name	Yr	Team	Finals
Finals			
1	Noah Blizzard-Miller	12 Hampton City	1.17m 170

Outdoor Pentathlon: #2 Boys Long Jump 11 years old Outdoor Pentathlo

Name	Yr	Team	Finals
Finals			
1	Noah Blizzard-Miller	12 Hampton City	3.69m 158

Outdoor Pentathlon: #3 Boys Shot Put 11 years old Outdoor Pentathlon

Name	Yr	Team	Finals
Finals			
1	Noah Blizzard-Miller	12 Hampton City	8.21m 379

Boys Outdoor Pentathlon 11 years old

Name	Yr	Team	Finals
Finals			
1	Noah Blizzard-Miller	12 Hampton City	1014

Boys 1500 Meter Race Walk 11 years old

Name	Yr	Team	Finals
Finals			
1	Shylon Harris	12 Technique TC	10:32.88

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Boys 100 Meter Dash 12 years old

Name	Yr	Team	Prelims
Preliminaries			
1	Tyus Page	11 Eastend Ligh	12.81q NWI
2	Aiden Smith	11 Heart N Glor	12.87q NWI
3	Xzavier Mcintyre	11 360 Elite Tr	13.06q NWI
4	Preston Jefferson	11 VA Beach Fla	13.21q NWI
5	Byron Baxter	11 Eastend Ligh	13.43q NWI
6	Ja'Kell West	11 Eastend Ligh	13.64q NWI
7	Elijah Ballard-Maung	11 Virginia Pri	14.02q NWI
8	Vince Pope	11 Unattached	14.07q NWI
9	Devon Brown	11 Heart N Glor	14.63 NWI
10	Zackary Clark	11 Smithfield P	14.93 NWI
11	Davareo Warren	11 VA Beach Fla	15.20 NWI
12	Gavin Toderico	11 Future Flyer	17.15 NWI
13	Lawrence Worthem	11 Spartan Chos	54.43 NWI

Boys 100 Meter Dash 12 years old

Name	Yr	Team	Finals
Finals			
1	Tyus Page	11 Eastend Ligh	12.89 NWI
2	Aiden Smith	11 Heart N Glor	13.00 NWI
3	Xzavier Mcintyre	11 360 Elite Tr	13.10 NWI
4	Byron Baxter	11 Eastend Ligh	13.13 NWI
5	Preston Jefferson	11 VA Beach Fla	13.55 NWI
6	Elijah Ballard-Maung	11 Virginia Pri	13.96 NWI
7	Ja'Kell West	11 Eastend Ligh	13.97 NWI
8	Vince Pope	11 Unattached	14.42 NWI

Boys 200 Meter Dash 12 years old

Name	Yr	Team	Prelims
Preliminaries			
1	Karon Parker	11 Global Trans	26.65q NWI
2	Aiden Smith	11 Heart N Glor	26.81q NWI
3	Tyus Page	11 Eastend Ligh	26.91q NWI
4	Byron Baxter	11 Eastend Ligh	27.04q NWI
5	Xzavier Mcintyre	11 360 Elite Tr	27.79q NWI
6	Vince Pope	11 Unattached	29.27q NWI
7	Lawrence Worthem	11 Spartan Chos	30.01q NWI
8	Daijon Chatman	11 Virginia Bla	30.63q NWI
9	Ja'Kell West	11 Eastend Ligh	30.69 NWI
10	Jaylen Pickett	11 VA House of	31.63 NWI
11	Khalil Jefferson	11 Eastend Ligh	32.32 NWI

Boys 200 Meter Dash 12 years old

Name	Yr	Team	Finals
Finals			
1	Karon Parker	11 Global Trans	25.88 NWI
2	Tyus Page	11 Eastend Ligh	26.13 NWI
3	Aiden Smith	11 Heart N Glor	26.64 NWI
4	Byron Baxter	11 Eastend Ligh	26.69 NWI
5	Xzavier Mcintyre	11 360 Elite Tr	27.68 NWI
6	Vince Pope	11 Unattached	28.98 NWI
7	Daijon Chatman	11 Virginia Bla	31.71 NWI
8	Lawrence Worthem	11 Spartan Chos	31.85 NWI

Boys 400 Meter Dash 12 years old

Name	Yr	Team	Finals
Finals			
1	Tyler Robinson	11 Dale City Li	58.73
2	Aiden Smith	11 Heart N Glor	1:00.66
3	Karon Parker	11 Global Trans	1:00.83
4	Bryson Campbell	11 757 Colts Tr	1:02.04
5	Christian Kearney	11 Global Elite	1:02.86
6	Cameron Coles	11 Eastend Ligh	1:04.24
7	Kasaun Goodman	11 Track 757	1:05.79
8	Elijah Chandler	11 Hampton Road	1:08.70
9	Lawrence Worthem	11 Spartan Chos	1:09.92
10	Jaylen Pickett	11 VA House of	1:09.98
11	Curtis Lassiter Iii	11 Technique TC	1:10.24
12	Xzavier Mcintyre	11 360 Elite Tr	1:10.84
13	Daijon Chatman	11 Virginia Bla	1:11.17
14	Kawika Kuhre	11 Track 757	1:15.53
15	Ian Slade	11 All Out Runn	1:21.69

Boys 800 Meter Run 12 years old

Name	Yr	Team	Finals
Finals			
1	Tyler Robinson	11 Dale City Li	2:21.43
2	Thomas Kim	11 VA House of	2:23.06
3	Nicholas Norwood	11 Virginia Pri	2:24.19
4	Bryson Campbell	11 757 Colts Tr	2:27.69
5	Cameron Coles	11 Eastend Ligh	2:28.12
6	Kingston Clark Jr	11 Hampton Road	2:35.09
7	Kawika Kuhre	11 Track 757	2:49.62
8	Jahari Simpson	11 Eastend Ligh	2:55.25
9	Aydin Barikbin	11 VA House of	2:56.39
10	Nehemiah Adams	11 Virginia Pri	3:05.93

Boys 1500 Meter Run 12 years old

Name	Yr	Team	Finals
Finals			
1	Thomas Kim	11 VA House of	4:48.84
2	Nicholas Norwood	11 Virginia Pri	5:18.51
3	Kingston Clark Jr	11 Hampton Road	5:23.21
4	Kawika Kuhre	11 Track 757	5:57.06
5	Colin Hutcheson	11 Speed Proteg	6:26.67
6	Benjamin Harmon	11 XC Elite	6:57.08

Boys 3000 Meter Run 12 years old

Name	Yr	Team	Finals
Finals			
1	Thomas Kim	11 VA House of	10:19.31
2	Benjamin Harmon	11 XC Elite	13:01.16

Boys 80 Meter Hurdles 12 years old

Name	Yr	Team	Finals
Finals			
1	Kasaun Goodman	11 Track 757	15.05 NWI
2	Christian Kearney	11 Global Elite	16.35 NWI

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Boys 4x400 Meter Relay 12 years old

Team	Relay	Finals
1 Eastend Ligh	A	4:33.08

Boys 4x800 Meter Relay 12 years old

Team	Relay	Finals
1 Eastend Ligh	A	12:30.72

Boys High Jump 12 years old

Name	Yr	Team	Finals
1 Preston Jefferson	11	VA Beach Fla	3-10.00

Boys Long Jump 12 years old

Name	Yr	Team	Finals
1 Christian Kearney	11	Global Elite	16-03.75 NWI
2 Karon Parker	11	Global Trans	15-09.50 NWI
3 Zackary Clark	11	Smithfield P	13-10.50 NWI
4 Jahari Simpson	11	Eastend Ligh	13-10.00 NWI
5 Noah Norwood	11	Virginia Pri	13-08.50 NWI
6 Reginald Moore	11	Virginia Bla	13-07.25 NWI
7 Ja'Kell West	11	Eastend Ligh	13-02.00 NWI
8 Khalil Jefferson	11	Eastend Ligh	12-11.00 NWI
9 Jaylen Pickett	11	VA House of	12-01.00 NWI
10 Gavin Toderico	11	Future Flyer	10-07.50 NWI
--- Elijah Ballard-Maung	11	Virginia Pri	FOUL

Boys Shot Put 6 lbs 12 years old

Name	Yr	Team	Finals
1 Justin Fancher	11	Eastend Ligh	30-07.00
2 Curtis Lassiter Iii	11	Technique TC	27-11.50
3 Elijah Chandler	11	Hampton Road	23-01.00

Boys Discus Throw 1.0 Kg 12 years old

Name	Yr	Team	Finals
1 Noah Norwood	11	Virginia Pri	63-01
2 Justin Fancher	11	Eastend Ligh	59-01
3 William Blow Jr	11	757 Colts Tr	47-10.50

Boys Javelin Throw Turbo (400 g 12 years old

Name	Yr	Team	Finals
1 Noah Norwood	11	Virginia Pri	91-01
2 Reginald Moore	11	Virginia Bla	77-00
3 Justin Fancher	11	Eastend Ligh	72-04
4 Elijah Chandler	11	Hampton Road	71-08
5 Gavin Toderico	11	Future Flyer	57-02
6 Daijon Chatman	11	Virginia Bla	44-05
7 Kaiden Brown	11	Eastend Ligh	34-02

Boys 1500 Meter Race Walk 12 years old

Name	Yr	Team	Finals
1 Michael Walton	11	Virginia Sta	11:26.90

Boys 100 Meter Dash 13 years old

Name	Yr	Team	Prelims
Preliminaries			
1 John Cody	10	Global Elite	11.91q NWI
2 Maliek Nelson	10	Technique TC	12.05q NWI
3 Jeremiah White	10	Virginia Sta	12.39q NWI
4 Ahmad Diggs	10	5 Star Eagle	12.41q NWI
5 Camari France-Hill	10	5 Star Eagle	12.95q NWI
6 Keenan Helm	10	Virginia Rap	13.29q NWI
7 Isaiah Capa	10	Empire Athle	13.45q NWI
8 Breon Harris	10	Virginia Sta	13.63q NWI
9 Quincy Grimes	10	Superior Tra	13.71 NWI
10 Josiah Willie	10	360 Elite Tr	13.78 NWI
11 Chance Davis	10	Technique TC	13.97 NWI
12 Gabriel Mccants	10	Dulles Youth	13.99 NWI
13 Avery Oliva	10	Superior Tra	14.28 NWI
14 Da'son Johnson	10	VA Beach Fla	14.97 NWI

Boys 100 Meter Dash 13 years old

Name	Yr	Team	Finals
Finals			
1 Maliek Nelson	10	Technique TC	11.86 NWI
2 John Cody	10	Global Elite	11.87 NWI
3 Ahmad Diggs	10	5 Star Eagle	12.60 NWI
4 Camari France-Hill	10	5 Star Eagle	13.06 NWI
5 Keenan Helm	10	Virginia Rap	13.27 NWI
6 Jeremiah White	10	Virginia Sta	13.35 NWI
7 Isaiah Capa	10	Empire Athle	13.38 NWI
8 Breon Harris	10	Virginia Sta	13.96 NWI

Boys 200 Meter Dash 13 years old

Name	Yr	Team	Prelims
Preliminaries			
1 John Cody	10	Global Elite	24.51q NWI
2 Maliek Nelson	10	Technique TC	24.78q NWI
3 Ahmad Diggs	10	5 Star Eagle	25.25q NWI
4 Jy'Aire Collins	10	Jdc3 Elite	25.37q NWI
5 Johnathan Enwesi	10	T4p Academy	26.01q NWI
6 Jeremiah White	10	Virginia Sta	26.54q NWI
7 Camari France-Hill	10	5 Star Eagle	26.69q NWI
8 Trevor Ballard	10	East Coast S	26.72q NWI
9 Valen-Tino Shaw	10	VA Beach Fla	27.38 NWI
10 Julian Javvier	10	360 Elite Tr	27.76 NWI
11 Isaiah Capa	10	Empire Athle	27.84 NWI
12 Da'son Johnson	10	VA Beach Fla	30.79 NWI
13 Eric Johnson	10	Speed Proteg	31.40 NWI

Boys 200 Meter Dash 13 years old

Name	Yr	Team	Finals
Finals			
1 Maliek Nelson	10	Technique TC	23.83 NWI

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Finals ... (Boys 200 Meter Dash 13 years old)

Name	Yr	Team	Finals
2 John Cody	10	Global Elite	24.24 NWI
3 Ahmad Diggs	10	5 Star Eagle	25.62 NWI
4 Johnathan Enwesi	10	T4p Academy	25.71 NWI
5 Camari France-Hill	10	5 Star Eagle	26.76 NWI
6 Trevor Ballard	10	East Coast S	26.85 NWI

Boys 400 Meter Dash 13 years old

Name	Yr	Team	Prelims
Preliminaries			
1 John Cody	10	Global Elite	55.42q
2 Maliek Nelson	10	Technique TC	56.00q
3 Jy'Aire Collins	10	Jdc3 Elite	58.13q
4 Trevor Ballard	10	East Coast S	59.09q
5 Ke'Arion Burch	10	Virginia Rap	59.67q
6 Valen-Tino Shaw	10	VA Beach Fla	1:00.95q
7 Johnathan Enwesi	10	T4p Academy	1:01.68q
8 Xander Brown	10	Dulles Youth	1:02.83q
9 Keenan Helm	10	Virginia Rap	1:03.30
10 Dereon Huels	10	Virginia Rap	1:05.88
11 Quincy Grimes	10	Superior Tra	1:06.09
12 Christopher Harris	10	Virginia Pri	1:07.46
13 Chance Davis	10	Technique TC	1:10.32
14 Da'son Johnson	10	VA Beach Fla	1:11.06
15 Cameron Myrick	10	360 Elite Tr	1:13.48
16 Jamaal Ralph, Jr	10	Eastend Ligh	1:14.25
17 Sean Hahn	10	Dulles Youth	1:16.04
18 Eric Johnson	10	Speed Proteg	1:22.74

Boys 400 Meter Dash 13 years old

Name	Yr	Team	Finals
Finals			
1 Maliek Nelson	10	Technique TC	54.33
2 John Cody	10	Global Elite	54.42
3 Trevor Ballard	10	East Coast S	57.79
4 Johnathan Enwesi	10	T4p Academy	58.70
5 Ke'Arion Burch	10	Virginia Rap	59.39
6 Valen-Tino Shaw	10	VA Beach Fla	59.71
7 Xander Brown	10	Dulles Youth	1:02.38

Boys 800 Meter Run 13 years old

Name	Yr	Team	Finals
Finals			
1 Marcel Worthem	10	Spartan Chos	2:21.92
2 Valen-Tino Shaw	10	VA Beach Fla	2:29.47
3 Xander Brown	10	Dulles Youth	2:31.71
4 Jayden Earl	10	Hampton Road	2:34.20
5 Alex Barbrow	10	Virginia Pri	2:34.25
6 Ryan Talton	10	Virginia Pri	2:34.30
7 Christopher Harris	10	Virginia Pri	2:34.31
8 Kevin Vazquez	10	2nd To None	2:45.09
9 Sean Hahn	10	Dulles Youth	2:53.17
10 Jakob Engesser	10	East Coast S	3:01.93
11 Jamaal Ralph, Jr	10	Eastend Ligh	3:02.63

Boys 1500 Meter Run 13 years old

Name	Yr	Team	Finals
Finals			
1 Marcel Worthem	10	Spartan Chos	4:48.68
2 Caleb James	10	VA House of	4:51.39
3 Mason Yiengst	10	Unattached	5:07.65
4 Jayden Earl	10	Hampton Road	5:17.89
5 Kevin Vazquez	10	2nd To None	5:38.15

Boys 3000 Meter Run 13 years old

Name	Yr	Team	Finals
Finals			
1 Caleb James	10	VA House of	10:18.98
2 Marcel Worthem	10	Spartan Chos	11:11.48
3 Lucas King	10	Virginia Rap	13:00.02

Boys 100 Meter Hurdles 13 years old

Name	Yr	Team	Finals
Finals			
1 Xander Brown	10	Dulles Youth	17.54 NWI
2 Kingston Crawford	10	434 Track &	19.10 NWI
3 Dallas Jackson	10	Eastend Ligh	19.47 NWI
4 Kendal Johnson	10	T4p Academy	20.03 NWI
5 Sean Hahn	10	Dulles Youth	21.01 NWI
--- Julian Javier	10	360 Elite Tr	DQ NWI

Boys 200 Meter Hurdles 13 years old

Name	Yr	Team	Finals
Finals			
1 Ahmad Diggs	10	5 Star Eagle	28.20 NWI
2 Julian Javier	10	360 Elite Tr	31.57 NWI
3 Dallas Jackson	10	Eastend Ligh	31.97 NWI
4 Kingston Crawford	10	434 Track &	32.93 NWI
5 Kendal Johnson	10	T4p Academy	35.97 NWI

Boys High Jump 13 years old

Name	Yr	Team	Finals
Finals			
1 Gabriel Mccants	10	Dulles Youth	4-10.00
2 Alex Barbrow	10	Virginia Pri	4-04.00

Boys Long Jump 13 years old

Name	Yr	Team	Finals
Finals			
1 Jy'Aire Collins	10	Jdc3 Elite	17-01.50 NWI
2 Ahmad Diggs	10	5 Star Eagle	16-10.00 NWI
3 Ke'Arion Burch	10	Virginia Rap	16-05.00 NWI
4 Camari France-Hill	10	5 Star Eagle	16-02.25 NWI
5 Dallas Jackson	10	Eastend Ligh	15-08.00 NWI
6 Johnathan Enwesi	10	T4p Academy	15-07.00 NWI
7 Valen-Tino Shaw	10	VA Beach Fla	15-02.25 NWI
8 Jeremiah White	10	Virginia Sta	15-01.00 NWI
9 Kingston Crawford	10	434 Track &	14-00.50 NWI
9 Gabriel Mccants	10	Dulles Youth	14-00.50 NWI
11 Isaiah Capa	10	Empire Athle	13-07.50 NWI
12 Dereon Huels	10	Virginia Rap	12-09.00 NWI

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Finals ... (Boys Long Jump 13 years old)

Name	Yr	Team	Finals
13 Breon Harris	10	Virginia Sta	12-04.00 NWI
14 Kendal Johnson	10	T4p Academy	10-10.00 NWI

Boys Triple Jump 13 years old

Name	Yr	Team	Finals
1 Ke'Arion Burch	10	Virginia Rap	35-03.00 NWI
2 Jy'Aire Collins	10	Jdc3 Elite	34-08.00 NWI
3 Kingston Crawford	10	434 Track &	31-04.00 NWI
4 Lucas King	10	Virginia Rap	24-11.00 NWI

Boys Shot Put 4 kg 13 years old

Name	Yr	Team	Finals
1 Michael James Jr	10	Dale City Li	45-01.25
2 Ke'Arion Burch	10	Virginia Rap	30-01.00
3 Josiah Willie	10	360 Elite Tr	29-02.00
4 Christopher Cumby	10	Commonwealth	27-10.00
5 Jayden Earl	10	Hampton Road	21-00.75
6 Taylin Terry-Sutton	10	Virginia Sta	17-01.00

Boys Discus Throw 1.0 Kg 13 years old

Name	Yr	Team	Finals
1 Michael James Jr	10	Dale City Li	141-08
2 Christopher Cumby	10	Commonwealth	101-07
3 Josiah Willie	10	360 Elite Tr	97-06
4 Lucas King	10	Virginia Rap	72-01.50
5 Jayden Earl	10	Hampton Road	70-00
6 Taylin Terry-Sutton	10	Virginia Sta	37-04.50

Boys Javelin Throw 600 g 13 years old

Name	Yr	Team	Finals
1 Michael James Jr	10	Dale City Li	98-04
2 Caleb James	10	VA House of	64-08

Boys 100 Meter Dash 14 years old

Name	Yr	Team	Prelims
1 Christopher Rouse	09	The Speed Te	11.30q NWI
2 Ronald Trott	09	VA House of	11.57q NWI
3 Dylan Thombs	09	Virginia Sta	11.62q NWI
4 Benjamin Carter	09	All Out Runn	11.83q NWI
5 Lamarri Scarborough	09	Cavs' Track	12.25q NWI
6 Peyton Lane	09	360 Elite Tr	12.28q NWI
7 Jaysean Preston	09	VA Beach Fla	12.54q NWI
8 Jeremiah Jones	09	360 Elite Tr	12.58q NWI
9 Adonis Jones	09	Future Flyer	12.73 NWI
10 Jordan Etheridge	09	Heart N Glor	13.15 NWI
11 William Hampton Ii	09	360 Elite Tr	13.19 NWI
12 Paul Conley Jr	09	Spartan Chos	15.02 NWI

Boys 100 Meter Dash 14 years old

Name	Yr	Team	Finals
1 Christopher Rouse	09	The Speed Te	11.37 NWI
2 Ronald Trott	09	VA House of	11.78 NWI
3 Dylan Thombs	09	Virginia Sta	11.93 NWI
4 Benjamin Carter	09	All Out Runn	12.13 NWI
5 Peyton Lane	09	360 Elite Tr	12.41 NWI
6 Lamarri Scarborough	09	Cavs' Track	12.44 NWI
7 Jaysean Preston	09	VA Beach Fla	12.57 NWI

Boys 200 Meter Dash 14 years old

Name	Yr	Team	Prelims
1 Christopher Rouse	09	The Speed Te	23.36q NWI
2 Ronald Trott	09	VA House of	24.15q NWI
3 Dylan Thombs	09	Virginia Sta	24.30q NWI
4 Benjamin Carter	09	All Out Runn	24.48q NWI
5 Zachary Petersen	09	VA House of	25.16q NWI
6 Jeremiah Jones	09	360 Elite Tr	25.28q NWI
7 Jaysean Preston	09	VA Beach Fla	25.31q NWI
8 Emanuel Hughes	09	Virginia Rap	25.42q NWI
9 Peyton Lane	09	360 Elite Tr	25.83 NWI
10 Jordan Etheridge	09	Heart N Glor	26.22 NWI
11 Jaden Weathers	09	Global Trans	27.32 NWI
12 William Hampton Ii	09	360 Elite Tr	27.43 NWI
13 Terrell Godwin Jr	09	360 Elite Tr	27.48 NWI
14 Issa Owens	09	VA House of	28.01 NWI

Boys 200 Meter Dash 14 years old

Name	Yr	Team	Finals
1 Christopher Rouse	09	The Speed Te	23.14 NWI
2 Ronald Trott	09	VA House of	23.86 NWI
3 Benjamin Carter	09	All Out Runn	24.18 NWI
4 Zachary Petersen	09	VA House of	25.10 NWI
5 Jeremiah Jones	09	360 Elite Tr	25.24 NWI
6 Jaysean Preston	09	VA Beach Fla	25.53 NWI
7 Emanuel Hughes	09	Virginia Rap	25.87 NWI

Boys 400 Meter Dash 14 years old

Name	Yr	Team	Prelims
1 Benjamin Carter	09	All Out Runn	55.06q
2 Zachary Petersen	09	VA House of	56.55q
3 Jeremiah Jones	09	360 Elite Tr	57.46q
4 Emanuel Hughes	09	Virginia Rap	57.82q
5 Daniel Edmonds	09	Cavs' Track	58.80q
6 Jaysean Preston	09	VA Beach Fla	58.87q
7 Harry Franklin Jr.	09	The Speed Te	59.68q
8 Sebastian Unruh	09	Virginia Bla	59.72q
9 Peyton Lane	09	360 Elite Tr	59.86
10 William Hampton Ii	09	360 Elite Tr	1:00.92
11 Jacob Sackenheim	09	East Coast S	1:01.28
12 Terrell Godwin Jr	09	360 Elite Tr	1:01.99

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Preliminaries ... (Boys 400 Meter Dash 14 years old)

Name	Yr	Team	Prelims
13 Jordan Etheridge	09	Heart N Glor	1:02.49
14 Josiah Dove	09	Technique TC	1:06.39

Boys 400 Meter Dash 14 years old

Name	Yr	Team	Finals
Finals			
1 Benjamin Carter	09	All Out Runn	54.81
2 Zachary Petersen	09	VA House of	55.38
3 Jeremiah Jones	09	360 Elite Tr	56.94
4 Emanuel Hughes	09	Virginia Rap	57.78
5 Harry Franklin Jr.	09	The Speed Te	57.94
6 Jaysean Preston	09	VA Beach Fla	59.29
7 Daniel Edmonds	09	Cavs' Track	1:00.54

Boys 800 Meter Run 14 years old

Name	Yr	Team	Finals
Finals			
1 Christopher Nigbur	09	VA Beach Fla	2:13.75
2 Zachary Paredes	09	VA House of	2:14.96
3 Soren Hines	09	Unattached	2:21.92
4 Jacob Sackenheim	09	East Coast S	2:22.21
5 Harry Franklin Jr.	09	The Speed Te	2:24.55

Boys 1500 Meter Run 14 years old

Name	Yr	Team	Finals
Finals			
1 Jonas Yiengst	09	VA House of	4:35.58
2 Alexander Featherly	09	VA House of	4:39.04
3 Christopher Nigbur	09	VA Beach Fla	4:42.19
4 Zachary Paredes	09	VA House of	4:56.20
5 Soren Hines	09	Unattached	5:09.37

Boys 3000 Meter Run 14 years old

Name	Yr	Team	Finals
Finals			
1 Alexander Featherly	09	VA House of	9:58.06
2 Zachary Paredes	09	VA House of	11:44.67

Boys 100 Meter Hurdles 14 years old

Name	Yr	Team	Finals
Finals			
1 Laurence Dell Jr	09	Sanders Hurd	14.73 NWI
2 Jayden Javier	09	360 Elite Tr	14.75 NWI

Boys 200 Meter Hurdles 14 years old

Name	Yr	Team	Finals
Finals			
1 Jayden Javier	09	360 Elite Tr	26.72 NWI
2 Laurence Dell Jr	09	Sanders Hurd	27.18 NWI
3 Aljerrod Wright	09	Future Flyer	29.34 NWI
4 Micah Shepherd	09	Technique TC	29.73 NWI

Boys 4x100 Meter Relay 14 years old

Team	Relay	Finals
Finals		
1 Virginia Sta	A	52.08

Boys 4x400 Meter Relay 14 years old

Team	Relay	Finals
Finals		
1 360 Elite Track Club	A	3:57.81
2 VA House of Speed	A	4:07.35
3 360 Elite Track Club	B	4:31.33
4 Virginia Rap	A	4:39.11

Boys High Jump 14 years old

Name	Yr	Team	Finals
Finals			
1 Adonis Jones	09	Future Flyer	4-08.00
1 Daniel Edmonds	09	Cavs' Track	4-08.00

Boys Long Jump 14 years old

Name	Yr	Team	Finals
Finals			
1 Dillon House	09	VA House of	20-05.00 NWI
2 Christopher Rouse	09	The Speed Te	18-09.00 NWI
2 Zachary Petersen	09	VA House of	18-09.00 NWI
4 Jayden Javier	09	360 Elite Tr	18-00.00 NWI
5 Jaysean Preston	09	VA Beach Fla	17-07.00 NWI
6 Dylan Thombs	09	Virginia Sta	17-02.50 NWI
7 Brandon Downey	09	Spartan Chos	16-04.25 NWI
8 Lamarri Scarborough	09	Cavs' Track	16-02.00 NWI
9 Jacob Sackenheim	09	East Coast S	15-02.75 NWI
10 Jeremiah Philip	09	Empire Athle	14-10.75 NWI
11 Issa Owens	09	VA House of	14-07.75 NWI
12 Braylen Harrelson	09	Virginia Rap	14-07.25 NWI
13 Emanuel Hughes	09	Virginia Rap	14-06.00 NWI
14 Jordan Etheridge	09	Heart N Glor	14-04.75 NWI

Boys Triple Jump 14 years old

Name	Yr	Team	Finals
Finals			
1 Christopher Rouse	09	The Speed Te	38-00.00 NWI
2 Dillon House	09	VA House of	34-06.25 NWI
3 Brandon Downey	09	Spartan Chos	33-10.25 NWI
4 Braylen Harrelson	09	Virginia Rap	31-09.25 NWI

Boys Shot Put 4 kg 14 years old

Name	Yr	Team	Finals
Finals			
1 Christian Loftin	09	Dale City Li	38-01.25
2 Jayden Gaston	09	Western Bran	32-11.00
3 Benjamin Watson	09	VA Beach Fla	29-05.00
4 Paul Conley Jr	09	Spartan Chos	28-01.75
5 Nehemiah Hammett	09	Virginia Bla	26-05.75

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Boys Discus Throw 1.0 Kg 14 years old

Name	Yr	Team	Finals
Finals			
1 Christian Loftin	09	Dale City Li	105-07
2 Jayden Gaston	09	Western Bran	77-09
3 Nehemiah Hammett	09	Virginia Bla	74-08
4 Paul Conley Jr	09	Spartan Chos	60-02

Boys Javelin Throw 600 g 14 years old

Name	Yr	Team	Finals
Finals			
1 Dillon House	09	VA House of	97-05
2 Christian Loftin	09	Dale City Li	95-10
3 Issa Owens	09	VA House of	94-03
4 Adonis Jones	09	Future Flyer	79-03
4 Zachary Petersen	09	VA House of	79-03
6 Aljerrod Wright	09	Future Flyer	41-07

Outdoor Pentathlon: #5 Boys 1500 Meter Run 14 years old Outdoor Pentathlon

Name	Yr	Team	Finals
Finals			
1 Brandon Downey	09	Spartan Chos	6:31.38 151

Outdoor Pentathlon: #1 Boys 100 Meter Hurdles 14 years old Outdoor Pentathlon

Name	Yr	Team	Finals
Finals			
1 Brandon Downey	09	Spartan Chos	22.97 153

Outdoor Pentathlon: #4 Boys High Jump 14 years old Outdoor Pentathlon

Name	Yr	Team	Finals
Finals			
--- Brandon Downey	09	Spartan Chos	NH

Outdoor Pentathlon: #2 Boys Long Jump 14 years old Outdoor Pentathlon

Name	Yr	Team	Finals
Finals			
1 Brandon Downey	09	Spartan Chos	4.81m 346

Outdoor Pentathlon: #3 Boys Shot Put 14 years old Outdoor Pentathlon

Name	Yr	Team	Finals
Finals			
1 Brandon Downey	09	Spartan Chos	6.85m 298

Boys Outdoor Pentathlon 14 years old

Name	Yr	Team	Finals
Finals			
1 Brandon Downey	09	Spartan Chos	948

Boys 100 Meter Dash 15-16 years old

Name	Yr	Team	Prelims
Preliminaries			
1 Landon Reeves	07	Sports Acade	11.26q NWI
2 Gavin Richardson	07	Virginia Bla	11.33q NWI
3 Michael Wolfe	07	Spartan Chos	11.72q NWI
4 Allen Morris	07	Empire Athle	11.75q NWI
5 Dekari Curtis	08	Empire Athle	12.08q NWI

6 Xavier Hernandez - Campbell	08	Empire Athle	12.20q NWI
7 Darius Mccarter	07	2nd To None	12.29q NWI
8 Elijah Joyner	07	East Coast S	12.44q NWI
9 Zyahn Quamina	07	Virginia Bla	12.55 NWI
10 Devin Delaney	08	Dulles Youth	12.56 NWI
11 Christopher Saunders	08	Pwc Panther	12.75 NWI
12 Kendall Hawkins-Ford	07	T4p Academy	13.46 NWI
13 Alialhadi Alsaady	08	Spartan Chos	13.50 NWI
14 Bryant Walker	08	VA Beach Fla	14.35 NWI

Boys 100 Meter Dash 15-16 years old

Name	Yr	Team	Finals
Finals			
1 Landon Reeves	07	Sports Acade	11.29 NWI
2 Gavin Richardson	07	Virginia Bla	11.38 NWI
3 Michael Wolfe	07	Spartan Chos	11.76 NWI
4 Allen Morris	07	Empire Athle	11.82 NWI
5 Dekari Curtis	08	Empire Athle	12.09 NWI
6 Xavier Hernandez - Campbell	08	Empire Athle	12.12 NWI
7 Darius Mccarter	07	2nd To None	12.14 NWI
8 Elijah Joyner	07	East Coast S	12.38 NWI

Boys 200 Meter Dash 15-16 years old

Name	Yr	Team	Prelims
Preliminaries			
1 Landon Reeves	07	Sports Acade	23.04q NWI
2 Miles Mompont	07	Hampton Road	23.13q NWI
3 Nicholas Bailey	07	VA House of	23.40q NWI
4 Allen Morris	07	Empire Athle	23.60q NWI
5 Gavin Richardson	07	Virginia Bla	23.79q NWI
6 Mack Jones III	08	5 Star Eagle	24.70q NWI
7 Xavier Hernandez - Campbell	08	Empire Athle	25.14q NWI
8 Zyahn Quamina	07	Virginia Bla	25.22q NWI
9 Kingston Blackburn	08	The Speed Te	25.33 NWI
10 Darius Mccarter	07	2nd To None	25.50 NWI
11 Christopher Saunders	08	Pwc Panther	26.03 NWI
12 Xavier Lagrou	07	360 Elite Tr	26.03 NWI
13 Elijah Joyner	07	East Coast S	26.20 NWI
14 Alialhadi Alsaady	08	Spartan Chos	28.41 NWI

Boys 200 Meter Dash 15-16 years old

Name	Yr	Team	Finals
Finals			
1 Miles Mompont	07	Hampton Road	22.66 NWI
2 Landon Reeves	07	Sports Acade	22.74 NWI
3 Nicholas Bailey	07	VA House of	23.10 NWI
4 Gavin Richardson	07	Virginia Bla	23.50 NWI
5 Allen Morris	07	Empire Athle	23.78 NWI
6 Mack Jones III	08	5 Star Eagle	24.27 NWI
7 Xavier Hernandez - Campbell	08	Empire Athle	24.73 NWI
8 Zyahn Quamina	07	Virginia Bla	25.70 NWI

Boys 400 Meter Dash 15-16 years old

Name	Yr	Team	Prelims
Preliminaries			
1 Landon Reeves	07	Sports Acade	51.82q

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Preliminaries ... (Boys 400 Meter Dash 15-16 years old)

Name	Yr	Team	Prelims
2 Miles Mompont	07	Hampton Road	51.83q
3 Nicholas Bailey	07	VA House of	52.56q
4 Mack Jones III	08	5 Star Eagle	53.34q
5 Michael Wolfe	07	Spartan Chos	53.44q
6 Gavin Smith	08	434 Track &	54.08q
7 Marek Manka	08	VA House of	54.40q
8 Demetris Wilson	07	VA Beach Fla	54.75q
9 Jalil Mcentyre	07	434 Track &	55.52
10 Kristian Parker	08	East Coast S	56.01
11 Dekari Curtis	08	Empire Athle	56.47
12 Gavin Richardson	07	Virginia Bla	56.56
13 Xavier Hernandez - Campbell	08	Empire Athle	57.23
14 Christopher Saunders	08	Pwc Panther	58.26
15 Gabriel Morlado	08	Virginia Bla	1:00.09
16 Kendall Hawkins-Ford	07	T4p Academy	1:04.12

Boys 400 Meter Dash 15-16 years old

Name	Yr	Team	Finals
1 Landon Reeves	07	Sports Acade	50.54
2 Miles Mompont	07	Hampton Road	51.13
3 Nicholas Bailey	07	VA House of	51.19
4 Michael Wolfe	07	Spartan Chos	52.10
5 Mack Jones III	08	5 Star Eagle	52.60
6 Demetris Wilson	07	VA Beach Fla	52.94
7 Gavin Smith	08	434 Track &	53.33
8 Marek Manka	08	VA House of	54.47

Boys 800 Meter Run 15-16 years old

Name	Yr	Team	Finals
1 Jalil Mcentyre	07	434 Track &	2:06.91
2 Jayden Coleman	07	Sports Acade	2:07.47
3 Jeyrick Cruz-Aquino	08	Pwc Panther	2:08.06
4 Stewart Williams	07	Unattached	2:08.08
5 Gavin Smith	08	434 Track &	2:10.20
6 Demetris Wilson	07	VA Beach Fla	2:11.42
7 Aiden Ragsdale	08	VA House of	2:12.11
8 Jack Steffens	08	East Coast S	2:17.53
9 Gabriel Morlado	08	Virginia Bla	2:17.99
10 Aiden Revell	08	East Coast S	2:35.34
11 Aramis Alcantara	08	East Coast S	2:53.97

Boys 1500 Meter Run 15-16 years old

Name	Yr	Team	Finals
1 Jeyrick Cruz-Aquino	08	Pwc Panther	4:33.47
2 Aiden Ragsdale	08	VA House of	4:34.82
3 Jayden Coleman	07	Sports Acade	4:39.45
4 Aiden Revell	08	East Coast S	5:11.04
5 Lawrence Shannon	08	Hampton Road	5:23.61
6 Aramis Alcantara	08	East Coast S	5:54.21

Boys 110 Meter Hurdles 15-16 years old

Name	Yr	Team	Finals
1 Daylen Webster	08	Smithfield P	15.85 NWI
2 Jayden Martin	07	Virginia Rap	19.39 NWI
3 Xavier Lagrou	07	360 Elite Tr	21.04 NWI
4 Darian Petty	08	434 Track &	21.09 NWI

Boys 400 Meter Hurdles 15-16 years old

Name	Yr	Team	Finals
1 Zephaniah Palacios	07	Hampton Road	1:05.12
2 Jayden Martin	07	Virginia Rap	1:05.44

Boys 4x400 Meter Relay 15-16 years old

Team	Relay	Finals
1 East Coast Speed	A	3:56.17

Boys Long Jump 15-16 years old

Name	Yr	Team	Finals
1 George Julias	07	Unattached	19-06.50 NWI
2 Zephaniah Palacios	07	Hampton Road	19-00.50 NWI
3 Darian Petty	08	434 Track &	17-07.00 NWI
4 Jayden Martin	07	Virginia Rap	17-06.00 NWI
4 Xavier Lagrou	07	360 Elite Tr	17-06.00 NWI
6 Devin Delaney	08	Dulles Youth	15-07.50 NWI
7 Christopher Saunders	08	Pwc Panther	15-06.50 NWI
8 Alialhadi Alsaady	08	Spartan Chos	15-06.00 NWI
9 Jack Steffens	08	East Coast S	14-01.50 NWI

Boys Triple Jump 15-16 years old

Name	Yr	Team	Finals
1 Zephaniah Palacios	07	Hampton Road	38-02.00 NWI
2 George Julias	07	Unattached	36-00.00 NWI
3 Xavier Hernandez - Campbell	08	Empire Athle	33-00.00 NWI

Boys Shot Put 12 lbs 15-16 years old

Name	Yr	Team	Finals
1 Mason Bell	08	Spartan Chos	38-11.25
2 Cortlen Blaino	07	G4 Xpress	35-09.75
3 James Vinnie, III	08	360 Elite Tr	33-01.00
4 Quinn Subers	07	Commonwealth	32-08.00
5 Bryant Walker	08	VA Beach Fla	24-11.00

Boys Discus Throw 1.6 Kg 15-16 years old

Name	Yr	Team	Finals
1 Mason Bell	08	Spartan Chos	112-09
2 Quinn Subers	07	Commonwealth	110-03
3 James Vinnie, III	08	360 Elite Tr	92-01
4 Cortlen Blaino	07	G4 Xpress	91-06.50
5 Bryant Walker	08	VA Beach Fla	87-10

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Boys Javelin Throw 800 g 15-16 years old

Name	Yr	Team	Finals	
Finals				
1	Zyahn Quamina	07 Virginia Bla	58-05	
2	Bryant Walker	08 VA Beach Fla	53-07	

Decathlon: #1 Boys 100 Meter Dash 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	Luke Konecny	07 Unattached	12.33	588
2	James Matheny	07 Unattached	12.46	563

Decathlon: #5 Boys 400 Meter Dash 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	Luke Konecny	07 Unattached	55.14	593
2	James Matheny	07 Unattached	55.22	590

Decathlon: #10 Boys 1500 Meter Run 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	Luke Konecny	07 Unattached	4:59.91	560
2	James Matheny	07 Unattached	5:04.92	532

Decathlon: #6 Boys 110 Meter Hurdles 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	James Matheny	07 Unattached	16.60	667
2	Luke Konecny	07 Unattached	18.65	464

Decathlon: #4 Boys High Jump 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	Luke Konecny	07 Unattached	1.57m	441
1	James Matheny	07 Unattached	1.57m	441

Decathlon: #8 Boys Pole Vault 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	James Matheny	07 Unattached	2.58m	259
2	Luke Konecny	07 Unattached	2.13m	165

Decathlon: #2 Boys Long Jump 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	Luke Konecny	07 Unattached	5.65m	512
2	James Matheny	07 Unattached	5.16m	413

Decathlon: #3 Boys Shot Put 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	James Matheny	07 Unattached	9.01m	426
2	Luke Konecny	07 Unattached	7.80m	354

Decathlon: #7 Boys Discus Throw 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	Luke Konecny	07 Unattached	26.62m	398
2	James Matheny	07 Unattached	25.44m	376

Decathlon: #9 Boys Javelin Throw 15-16 years old Decathlon

Name	Yr	Team	Finals	
Finals				
1	Luke Konecny	07 Unattached	35.74m	381
2	James Matheny	07 Unattached	26.74m	254

Boys Decathlon 15-16 years old

Name	Yr	Team	Finals	
Finals				
1	James Matheny	07 Unattached	4521	
2	Luke Konecny	07 Unattached	4456	

Men 100 Meter Dash 17-18 years old

Name	Yr	Team	Prelims	
Preliminaries				
1	Jason Woods	06 Spartan Chos	10.86q	NWI
2	Iasiah Reid	04 The Speed Te	10.91q	NWI
3	Maddox White	06 The Speed Te	11.04q	NWI
4	Carrington Jones	05 The Speed Te	11.09q	NWI
5	K'Wan Bryant	05 Empire Athle	11.09q	NWI
6	Jaydin Williams	05 Empire Athle	11.11q	NWI
7	Mark Anthony-Whyte	06 Spartan Chos	11.15q	NWI
8	Noah Gizzarelli	06 Spartan Chos	11.31q	NWI
9	Patrick Tubbins	06 Spartan Chos	11.35	NWI
10	Ghaith Taha	05 Spartan Chos	11.36	NWI
11	Jeryll Gaines	06 Track 757	11.37	NWI
12	Isaiah-Taji Kargbo-Owens	05 Spartan Chos	11.46	NWI
13	Laurence Reynolds	06 Virginia Bla	11.57	NWI
14	Jacari Tiller	06 Virginia Bla	11.73	NWI
15	Michael Barnor	04 Spartan Chos	11.87	NWI
16	Xavier Calloway	04 434 Track &	11.97	NWI
17	Larry Copeland II	06 Pwc Panther	11.99	NWI

Men 100 Meter Dash 17-18 years old

Name	Yr	Team	Finals	
Finals				
1	Maddox White	06 The Speed Te	10.95	NWI
2	Iasiah Reid	04 The Speed Te	10.98	NWI
3	Jason Woods	06 Spartan Chos	11.06	NWI
4	K'Wan Bryant	05 Empire Athle	11.14	NWI
5	Carrington Jones	05 The Speed Te	11.15	NWI
6	Mark Anthony-Whyte	06 Spartan Chos	11.24	NWI
7	Jaydin Williams	05 Empire Athle	11.30	NWI
8	Noah Gizzarelli	06 Spartan Chos	11.40	NWI

Men 200 Meter Dash 17-18 years old

Name	Yr	Team	Prelims	
Preliminaries				
1	Chadison Cowan	06 Track 757	22.05q	NWI
2	Jason Woods	06 Spartan Chos	22.06q	NWI

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Name	Yr	Team	Prelims
3 Jaydin Williams	05	Empire Athle	22.10q NWI
4 Iasiah Reid	04	The Speed Te	22.31q NWI
5 K'Wan Bryant	05	Empire Athle	22.39q NWI
6 Justin Anderson	06	Spartan Chos	22.45q NWI
7 Mark Anthony-Whyte	06	Spartan Chos	22.50q NWI
8 Ty Mathes	05	Unattached	22.66q NWI
9 Maddox White	06	The Speed Te	22.70 NWI
10 Desean Jenkins	05	Sports Acade	22.84 NWI
11 Carrington Jones	05	The Speed Te	22.89 NWI
12 Ghaith Taha	05	Spartan Chos	22.96 NWI
13 Jeremiah Palacious	05	Hampton Road	23.02 NWI
14 Xavier Mitchell	06	Speed Proteg	23.13 NWI
15 Noah Gizzarelli	06	Spartan Chos	23.17 NWI
16 Laurence Reynolds	06	Virginia Bla	23.18 NWI
17 Jonathan Logan	06	Sports Acade	23.45 NWI
18 Daunte Lord	05	Spartan Chos	23.53 NWI
19 Jasha Brewington	05	Hampton City	23.56 NWI
20 Jacari Tiller	06	Virginia Bla	23.85 NWI
21 Michael Barnor	04	Spartan Chos	24.12 NWI
22 Larry Copeland II	06	Pwc Panther	24.84 NWI
23 Abel Mesfin	06	Spartan Chos	25.21 NWI
24 K-Ron Furguson	06	Virginia Rap	27.70 NWI

Men 200 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Chadison Cowan	06	Track 757	21.87 NWI
2 Iasiah Reid	04	The Speed Te	22.25 NWI
3 Jaydin Williams	05	Empire Athle	22.31 NWI
4 K'Wan Bryant	05	Empire Athle	22.46 NWI
5 Ty Mathes	05	Unattached	22.74 NWI
6 Justin Anderson	06	Spartan Chos	22.82 NWI

Men 400 Meter Dash 17-18 years old

Name	Yr	Team	Prelims
Preliminaries			
1 Chadison Cowan	06	Track 757	49.00q
2 Justin Anderson	06	Spartan Chos	49.23q
3 Xavier Mitchell	06	Speed Proteg	50.48q
4 Prezcott Unruh	06	Virginia Bla	51.04q
5 Jonathan Logan	06	Sports Acade	51.62q
6 Ta'Shaun Griffith	06	The Speed Te	52.43q
7 Roman Bernard	06	Sports Acade	52.47q
8 Liam Lear-Wecht	05	The Speed Te	52.48q
9 Benjamin Otero	06	Central Virg	53.35
10 Damarion Artis	06	East Coast S	53.70
11 Amir Edwards Jr	06	Pwc Panther	54.10
12 Larry Copeland II	06	Pwc Panther	54.80
13 Xavier Calloway	04	434 Track &	55.11
14 Abel Mesfin	06	Spartan Chos	56.01
15 Alex Blair	04	2nd To None	56.10

Men 400 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Chadison Cowan	06	Track 757	49.40
2 Justin Anderson	06	Spartan Chos	50.83
3 Jonathan Logan	06	Sports Acade	51.46
4 Roman Bernard	06	Sports Acade	51.54
5 Liam Lear-Wecht	05	The Speed Te	51.84
6 Ta'Shaun Griffith	06	The Speed Te	52.49

Men 800 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Jayden Curry	06	Unattached	1:58.49
2 Anton Jones	05	The Speed Te	1:58.53
3 Amir Edwards Jr	06	Pwc Panther	2:05.22
4 Joshua Martin	06	Unattached	2:05.68
5 Liam Lear-Wecht	05	The Speed Te	2:06.10
6 Zach Dalva-Baird	06	Unattached	2:06.73
7 Ta'Shaun Griffith	06	The Speed Te	2:07.32
8 Aran Jothi	06	434 Track &	2:08.08
9 Alex Blair	04	2nd To None	2:10.65
10 Anthony Carter	04	Spartan Chos	2:12.58

Men 1500 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Jayden Curry	06	Unattached	4:14.07
2 Zach Dalva-Baird	06	Unattached	4:34.21
3 Aran Jothi	06	434 Track &	4:40.95
4 Anthony Carter	04	Spartan Chos	4:44.47
5 Alex Blair	04	2nd To None	4:45.83

Men 3000 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Anthony Carter	04	Spartan Chos	11:02.67

Men 110 Meter Hurdles 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Isaiah Hayes	06	Peninsula El	14.80 NWI
2 Jeremiah Palacious	05	Hampton Road	15.19 NWI
3 Davian Burke	06	The Speed Te	15.40 NWI
4 Tyshawn Brown	05	434 Track &	16.11 NWI
5 Jasha Brewington	05	Hampton City	16.78 NWI
6 Damarion Artis	06	East Coast S	17.07 NWI
7 Timothy Williams Jr	05	5 Star Eagle	18.01 NWI
8 Quarzel Frazier	06	Hampton City	19.23 NWI

Men 400 Meter Hurdles 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Michail Rose	05	Faith In Act	54.00
2 Davian Burke	06	The Speed Te	57.42
3 Jasha Brewington	05	Hampton City	1:00.50

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Men 4x100 Meter Relay 17-18 years old

Team	Relay	Finals
Finals		
1 Spartan Chos	A	44.81
2 Spartan Chos	C	45.90
3 Spartan Chos	B	46.84

Men 4x400 Meter Relay 17-18 years old

Team	Relay	Finals
Finals		
1 The Speed Team	A	3:25.78
2 Sports Acade	A	3:29.63
3 The Speed Team	B	3:30.59
4 Spartan Chos	A	3:30.83

Men 4x800 Meter Relay 17-18 years old

Team	Relay	Finals
Finals		
1 The Speed Team	A	8:25.99

Men High Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Jaydin Williams	05	Empire Athle	6-06.00
2 Jayden Curry	06	Unattached	6-04.00
3 Tyshawn Brown	05	434 Track &	6-00.00
3 Jeryll Gaines	06	Track 757	6-00.00
5 Alex Blair	04	2nd To None	5-06.00
6 Timothy Williams Jr	05	5 Star Eagle	5-00.00

Men Long Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Jeremiah Palacious	05	Hampton Road	23-00.00 NWI
2 Stephon Woodson	05	Unattached	21-02.00 NWI
3 Daunte Lord	05	Spartan Chos	20-11.75 NWI
4 Xavier Mitchell	06	Speed Proteg	20-06.75 NWI
5 Tyshawn Brown	05	434 Track &	20-03.75 NWI
6 Isaiah-Taji Kargbo-Owens	05	Spartan Chos	20-00.00 NWI
7 Michael Hamlin	05	The Speed Te	19-06.00 NWI
8 Eric Jacobson Jr	05	Virginia Bla	19-04.00 NWI
9 Xavier Calloway	04	434 Track &	19-00.00 NWI
10 Amari Roberts	06	Faith In Act	18-10.50 NWI
11 Jasha Brewington	05	Hampton City	18-03.00 NWI
12 Elijah King	05	Faith In Act	17-07.00 NWI
13 Timothy Williams Jr	05	5 Star Eagle	16-11.75 NWI
14 Hassan Kamara	04	Spartan Chos	16-00.00 NWI
--- K-Ron Furguson	06	Virginia Rap	FOUL

Men Triple Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Ty Mathes	05	Unattached	44-03.00 NWI
2 Daunte Lord	05	Spartan Chos	43-09.50 NWI
3 Hassan Kamara	04	Spartan Chos	42-06.00 NWI
4 Isaiah-Taji Kargbo-Owens	05	Spartan Chos	42-04.50 NWI

5 Tyshawn Brown	05	434 Track &	41-04.50 NWI
6 Stephon Woodson	05	Unattached	40-08.00 NWI
7 Patrick Tubbins	06	Spartan Chos	38-02.00 NWI
--- K-Ron Furguson	06	Virginia Rap	FOUL

Men Shot Put 12 lbs 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Sean James	06	Virginia Bla	43-02.50
2 Trevor Klein	06	Spartan Chos	35-05.50

Men Discus Throw 1.6 Kg 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Trevor Klein	06	Spartan Chos	120-00.25
2 Sean James	06	Virginia Bla	105-08

Men Javelin Throw 800 g 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Jason Mcdaniels	05	Virginia Bla	81-07
2 Quarzel Frazier	06	Hampton City	76-09
3 Sean James	06	Virginia Bla	71-09

Decathlon: #1 Men 100 Meter Dash 17-18 years old Decathlon

Name	Yr	Team	Finals
Finals			
1 Jasha Brewington	05	Hampton City	11.89 673
2 Jason Mcdaniels	05	Virginia Bla	13.21 433

Decathlon: #5 Men 400 Meter Dash 17-18 years old Decathlon

Name	Yr	Team	Finals
Finals			
1 Jasha Brewington	05	Hampton City	53.47 662
2 Jason Mcdaniels	05	Virginia Bla	1:08.32 175

Decathlon: #10 Men 1500 Meter Run 17-18 years old Decathlon

Name	Yr	Team	Finals
Finals			
1 Jasha Brewington	05	Hampton City	5:31.62 391
2 Jason Mcdaniels	05	Virginia Bla	6:32.85 146

Decathlon: #6 Men 110 Meter Hurdles 17-18 years old Decathlon

Name	Yr	Team	Finals
Finals			
1 Jasha Brewington	05	Hampton City	17.86 538
2 Jason Mcdaniels	05	Virginia Bla	23.96 104

Decathlon: #4 Men High Jump 17-18 years old Decathlon

Name	Yr	Team	Finals
Finals			
1 Jasha Brewington	05	Hampton City	1.52m 404
--- Jason Mcdaniels	05	Virginia Bla	NH

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Decathlon: #8 Men Pole Vault 17-18 years old Decathlon

	Name	Yr	Team	Finals	
Finals					
1	Jason Mcdaniels	05	Virginia Bla	1.98m	136
2	Jasha Brewington	05	Hampton City	1.53m	59

Decathlon: #2 Men Long Jump 17-18 years old Decathlon

	Name	Yr	Team	Finals	
Finals					
1	Jasha Brewington	05	Hampton City	5.92m	569
2	Jason Mcdaniels	05	Virginia Bla	4.81m	346

Decathlon: #3 Men Shot Put 17-18 years old Decathlon

	Name	Yr	Team	Finals	
Finals					
1	Jasha Brewington	05	Hampton City	9.27m	442
2	Jason Mcdaniels	05	Virginia Bla	8.56m	400

Decathlon: #7 Men Discus Throw 17-18 years old Decathlon

	Name	Yr	Team	Finals	
Finals					
1	Jasha Brewington	05	Hampton City	28.68m	439
2	Jason Mcdaniels	05	Virginia Bla	26.82m	402

Decathlon: #9 Men Javelin Throw 17-18 years old Decathlon

	Name	Yr	Team	Finals	
Finals					
1	Jason Mcdaniels	05	Virginia Bla	24.10m	217
2	Jasha Brewington	05	Hampton City	22.60m	197

Men Decathlon 17-18 years old

	Name	Yr	Team	Finals
Finals				
1	Jasha Brewington	05	Hampton City	4374
2	Jason Mcdaniels	05	Virginia Bla	2359

Men 3000 Meter Race Walk Masters

	Name	Yr	Team	Finals
Finals				
1	Alexey Popov		Unattached	17:52.83