

**2023 AAU Cross Country Championships - 12/2/2023****Apalachee Regional Park****Results****Event 13 Women 19-29 5000 Meter Run open/masters**

Name	Year Team	Finals	Points
Results - Women 19-29			
1 Williams, Saviah	V02max Track Club	24:25.92	

**Event 13 Men 19-29 5000 Meter Run open/masters**

Name	Year Team	Finals	Points
Results - Men 19-29			
1 Patio, Cesar	Unattached	17:17.97	
-- Patino, Cesar	Unattached	DNS	

**Event 13 Women 30-34 5000 Meter Run open/masters**

Name	Year Team	Finals	Points
Results - Women 30-34			
1 Ramirez, Julia	Lightning Yo	41:27.90	
2 Ramirez, Berenice	Lightning Yo	41:36.19	

**Event 13 Men 30-34 5000 Meter Run open/masters**

Name	Year Team	Finals	Points
Results - Men 30-34			
1 Delvelle, Xavier	Unattached	22:03.48	

**Event 13 Women 35-39 5000 Meter Run open/masters**

Name	Year Team	Finals	Points
Results - Women 35-39			
1 Fleming, Brienne	Southern Ind	29:22.76	
2 Orea, Lourdes	Lightning Yo	39:21.98	

**Event 13 Men 35-39 5000 Meter Run open/masters**

Name	Year Team	Finals	Points
Results - Men 35-39			
1 Sperry, Jared	Durham Striders	22:07.14	
2 Alanis, Manuel	Elgin Road Warriors	24:10.80	

**Event 13 Women 40-44 5000 Meter Run open/masters**

Name	Year Team	Finals	Points
Results - Women 40-44			
-- Dietzen, Cecelia	Elgin Road Warriors	DNS	

