

2023 AAU Cross Country Championships - 12/2/2023**Apalachaee Regional Park****Results****Event 15 Women 19-99 3000 Meter Run Parents/Coaches**

Name	Year Team	Finals	Points
Results - Women 19-99			
1 Taylor, Erin	Without Limi	11:51.93	
2 Watkins, Sally	Hillsborough	14:11.25	
3 Brown, Sarah	Hillsborough	15:02.72	
4 Fourie Zirkelbach, Jeann	Olney Cross	17:26.28	
5 Fargher, Kristin	Hillsborough	18:28.97	
6 Nguyen-Dang, Mai	Hillsborough	18:37.61	
-- Carver, Teresa	Without Limi	DNS	
-- Destremps, Kathy	Hillsborough	DNS	

Event 15 Men 19-99 3000 Meter Run Parents/Coaches

Name	Year Team	Finals	Points
Results - Men 19-99			
1 Reinhold, Derek	AmblerOC	10:04.26	
2 Hornsby, Jonevan	Prospect Par	10:09.13	
3 Brown, Tommy	Hillsborough	11:12.47	
4 Lucas, Travis	Hillsborough	11:13.07	
5 Longo, Adam	Seven Locks	12:09.95	
6 Mindrup, Steve	Hillsborough	12:18.75	
7 Destremps, Russell	Hillsborough	13:01.93	
8 Bozak, David	AmblerOC	13:23.75	
9 Zirkelbach, Victor	Olney Cross	13:48.28	
10 Mcdonald, Eddie	Hillsborough	14:14.96	
11 Geisel, Jeremy	Hillsborough	14:15.55	
12 Short, Adam	Without Limi	14:21.64	
13 Paganini, Francesco	Unattached	14:52.51	
14 Tam, Kin	Prospect Par	17:02.12	
-- Rementelas, Nikolaos	Olney Cross	DNS	
-- Ryan, Ron	Kern County	DNS	
-- Mahareddy, Ajit Reddy	California G	DNS	
-- McDonnell, Kevin	Prospect Par	DNS	
-- Moon, Michael	Lake Cities	DNS	
-- Grens, Cahan	Kern County Cros	DNS	