

2024 AAU Virginia north District Qualifier - 6/9/2024

Hermitage High School Track Complex

Results

Boys 100 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1 Joseph Blanks Jr.	16	Legacy Track	14.69 NWI
2 Carl Parson III	17	Jdc3 Elite	15.00 NWI
3 Ian Harrell	16	Dale City Li	15.24 NWI
4 Stephan Peoplr	16	Hornets Trac	15.30 NWI
5 Jace Nimmons	16	Dale City Li	15.65 NWI
6 Kane Montgomery	16	T4p Academy	15.72 NWI
7 Parker Moore	16	2nd To None	15.99 NWI
8 Collin Rollins Jr	16	Nva Track	16.48 NWI
9 Caleb Moore	17	2nd To None	16.59 NWI
10 Joshua Enwesi	16	T4p Academy	17.00 NWI
11 Rio Goddard	16	Dale City Li	17.03 NWI
12 Blayne Williams	16	Dale City Li	17.24 NWI
13 Jayden Harris	16	Dale City Li	17.54 NWI
14 Christian Andrade	16	Unattached	17.63 NWI
15 Omega Franklin	18	Heart N Glor	17.73 NWI
16 Victor Bradford III	18	Hornets Trac	18.83 NWI
17 Jeremiah Foxworth	18	Hornets Trac	19.24 NWI
18 Brodi Cornish	16	Dale City Li	19.81 NWI

Boys 200 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1 Joseph Blanks Jr.	16	Legacy Track	31.60 NWI
2 Carl Parson III	17	Jdc3 Elite	33.81 NWI
3 Stephan Peoplr	16	Hornets Trac	34.23 NWI
4 Parker Moore	16	2nd To None	34.31 NWI
5 Kane Montgomery	16	T4p Academy	34.85 NWI
6 Collin Rollins Jr	16	Nva Track	34.96 NWI
7 Ian Harrell	16	Dale City Li	35.04 NWI
8 Jace Nimmons	16	Dale City Li	35.07 NWI
9 Franciscus Thomas	16	Dale City Li	35.19 NWI
10 Caleb Moore	17	2nd To None	35.59 NWI
11 Eli Staples	17	Dale City Li	35.82 NWI
12 Isaac Mccall	17	Nva Track	36.53 NWI
13 Rio Goddard	16	Dale City Li	37.67 NWI
14 Jayden Harris	16	Dale City Li	37.75 NWI
15 Christian Andrade	16	Unattached	37.77 NWI
16 Blayne Williams	16	Dale City Li	38.04 NWI
17 Jeremiah Foxworth	18	Hornets Trac	42.58 NWI
18 Victor Bradford III	18	Hornets Trac	42.63 NWI
19 Brodi Cornish	16	Dale City Li	44.62 NWI

Boys 400 Meter Dash 8-under

Name	Yr	Team	Finals
Finals			
1 Alexander Plowden	16	T4p Academy	1:17.03
2 Laures Henry, Jr	16	Pwc Panthers	1:17.23
3 Ashton Robertson	17	Jdc3 Elite	1:18.08
4 Ruben Anderson Jr	17	Jdc3 Elite	1:19.05
5 Joseph Blanks Jr.	16	Legacy Track	1:19.73
6 Parker Moore	16	2nd To None	1:21.31
7 Eli Staples	17	Dale City Li	1:23.03

8 Jaysen Pickett	16	VA House of	1:23.42
9 Isaac Mccall	17	Nva Track	1:24.67
10 Franciscus Thomas	16	Dale City Li	1:25.05
11 Caleb Moore	17	2nd To None	1:28.27
12 Christian Andrade	16	Unattached	1:28.82
13 Paul Curtis Jr.	18	Heart N Glor	1:28.86
14 Rio Goddard	16	Dale City Li	1:31.39
15 Bodhi Bassaikhan	17	Virginia Pri	1:32.54
16 Blayne Williams	16	Dale City Li	1:37.34
17 Jayden Harris	16	Dale City Li	1:38.59
18 Omega Franklin	18	Heart N Glor	1:40.05
19 Brodi Cornish	16	Dale City Li	1:46.20

Boys 800 Meter Run 8-under

Name	Yr	Team	Finals
Finals			
1 Ashton Robertson	17	Jdc3 Elite	3:06.17
2 Ruben Anderson Jr	17	Jdc3 Elite	3:07.21
3 Isaac Brooks	16	Spartan Chos	3:11.48
4 Khamryn Tyler-Moten	16	Eastend Ligh	3:13.58
5 Edward Wyrsh	16	Virginia Pri	3:20.29
6 Bodhi Bassaikhan	17	Virginia Pri	3:21.39
7 Paul Curtis Jr.	18	Heart N Glor	5:02.89

Boys 1500 Meter Run 8-under

Name	Yr	Team	Finals
Finals			
1 Edward Wyrsh	16	Virginia Pri	6:58.73
2 Isaac Brooks	16	Spartan Chos	7:03.31
3 Zay Blake	16	Unattached	8:04.70

Boys 4x100 Meter Relay 8-under

Team	Relay	Finals
Finals		
1 Dale City Li	A	1:06.18
1) Eli Staples 17	2) Franciscus Thomas 16	
3) Ian Harrell 16	4) Jace Nimmons 16	
2 Nva Track	A	1:11.68
1) Collin Rollins Jr 16	2) Isaac Mccall 17	
3) Michael Bowens Jr 17	4) Noah Rollins 20	
3 Pwc Panthers	A	1:13.33
1) Donovan Thomas 18	2) Landon Pearson 16	
3) Laures Henry, Jr 16		

Boys Long Jump 8-under

Name	Yr	Team	Finals
Finals			
1 Alexander Plowden	16	T4p Academy	10-08.50 NWI
2 Ruben Anderson Jr	17	Jdc3 Elite	10-03.25 NWI
3 Ashton Robertson	17	Jdc3 Elite	9-05.50 NWI
4 Zay Blake	16	Unattached	8-10.50 NWI
5 Isaac Brooks	16	Spartan Chos	8-01.50 NWI
6 Landon Pearson	16	Pwc Panthers	8-00.00 NWI
7 Noble White	18	Pwc Panthers	6-10.75 NWI
8 Laures Henry, Jr	16	Pwc Panthers	6-00.00 NWI

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Boys Shot Put 4 lbs 8-under

Name	Yr	Team	Finals
Finals			
1 Zay Blake	16	Unattached	19-01.75
2 Michael Bowens Jr	17	Nva Track	18-04.50
3 Jaysen Pickett	16	VA House of	16-10.00
4 Khamryn Tyler-Moten	16	Eastend Ligh	16-02.50
5 Joshua Enwesi	16	T4p Academy	7-02.00

Boys Javelin Throw Turbo (300 g 8-under)

Name	Yr	Team	Finals
Finals			
1 Alexander Plowden	16	T4p Academy	63-00
2 Jaysen Pickett	16	VA House of	43-03
3 Kane Montgomery	16	T4p Academy	42-09
4 Carl Parson III	17	Jdc3 Elite	37-02
5 Donovan Thomas	18	Pwc Panthers	37-00
6 Khamryn Tyler-Moten	16	Eastend Ligh	31-08
7 Michael Bowens Jr	17	Nva Track	31-04
8 Noble White	18	Pwc Panthers	26-07
9 Landon Pearson	16	Pwc Panthers	25-01
10 Joshua Enwesi	16	T4p Academy	23-08
11 Kayden Biggs	19	Unattached	18-00
12 Omega Franklin	18	Heart N Glor	15-10
13 Paul Curtis Jr.	18	Heart N Glor	9-07

Boys 100 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 Jamal Hill Jr	15	757 Colts Tr	14.06 NWI
2 Uriah Whittle	15	Hornets Trac	15.02 NWI
3 Caleb Fenty	15	Nva Track	15.07 NWI
4 Benjamin Walker III	15	Hornets Trac	15.10 NWI
5 Jackson James	15	Jdc3 Elite	15.16 NWI
6 Kortne Banks	15	Dale City Li	16.38 NWI
7 Xavier Lincoln	15	Nva Track	16.80 NWI
8 Deion Harvey	15	Nva Track	16.90 NWI
9 Andre' Booker	15	Dale City Li	17.04 NWI
10 Hanif Montgomery	15	T4p Academy	17.44 NWI
11 Eric Wynn Jr	15	Hornets Trac	17.87 NWI

Boys 200 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 Jamal Hill Jr	15	757 Colts Tr	29.09 NWI
2 Josiah Jones	15	757 Colts Tr	29.73 NWI
3 Tristan Singleton	15	Nva Track	31.15 NWI
4 Benjamin Walker III	15	Hornets Trac	31.61 NWI
5 Uriah Whittle	15	Hornets Trac	32.16 NWI
6 Jackson James	15	Jdc3 Elite	32.64 NWI
7 Mathias Gonzalez	15	Dale City Li	32.68 NWI
8 Xavier Lincoln	15	Nva Track	34.46 NWI
9 Andre' Booker	15	Dale City Li	34.61 NWI
10 Kortne Banks	15	Dale City Li	34.73 NWI
11 Deion Harvey	15	Nva Track	36.03 NWI

12 Hanif Montgomery	15	T4p Academy	39.70 NWI
13 Caleb Smallwood	15	Track 757	40.00 NWI

Boys 400 Meter Dash 9 years old

Name	Yr	Team	Finals
Finals			
1 Josiah Jones	15	757 Colts Tr	1:09.54
2 Caleb Fenty	15	Nva Track	1:10.98
3 Tristan Singleton	15	Nva Track	1:14.23
4 Mathias Gonzalez	15	Dale City Li	1:17.04
5 Kortne Banks	15	Dale City Li	1:17.87
6 Arian York	15	Heart N Glor	1:19.23
7 Jordan Garrett	15	Legacy Track	1:19.24
8 Xavier Lincoln	15	Nva Track	1:24.87
9 Andre' Booker	15	Dale City Li	1:25.77
10 William Yiengst	15	Unattached	1:35.74
11 Caleb Smallwood	15	Track 757	1:36.55

Boys 800 Meter Run 9 years old

Name	Yr	Team	Finals
Finals			
1 Josiah Jones	15	757 Colts Tr	2:44.59
2 Caleb Fenty	15	Nva Track	2:50.08
3 Mathias Gonzalez	15	Dale City Li	2:54.85
4 William Yiengst	15	Unattached	2:55.50
5 Keegan Densham	15	VA House of	3:09.51
6 Arian York	15	Heart N Glor	3:17.13
7 Jamal Hill Jr	15	757 Colts Tr	3:20.22
8 Dante Barnes Jr	15	757 Colts Tr	3:29.25
9 Caleb Smallwood	15	Track 757	3:49.16

Boys 1500 Meter Run 9 years old

Name	Yr	Team	Finals
Finals			
1 Keegan Densham	15	VA House of	6:22.92
2 Dante Barnes Jr	15	757 Colts Tr	6:58.44

Boys High Jump 9 years old

Name	Yr	Team	Finals
Finals			
1 Jordan Garrett	15	Legacy Track	3-02.00

Boys Long Jump 9 years old

Name	Yr	Team	Finals
Finals			
1 Benjamin Walker III	15	Hornets Trac	10-11.00 NWI
2 Jackson James	15	Jdc3 Elite	10-09.50 NWI
3 Arian York	15	Heart N Glor	10-01.75 NWI
4 Hanif Montgomery	15	T4p Academy	10-00.50 NWI

Boys Shot Put 6 lbs 9 years old

Name	Yr	Team	Finals
Finals			
1 Eric Wynn Jr	15	Hornets Trac	22-04.00
2 Jordan Garrett	15	Legacy Track	12-06.00

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Boys Javelin Throw Turbo (400 g 9 years old)

Name	Yr	Team	Finals
Finals			
1	Eric Wynn Jr	15 Hornets Trac	60-07
2	Dante Barnes Jr	15 757 Colts Tr	54-10

Boys 100 Meter Dash 10 years old

Name	Yr	Team	Finals
Finals			
1	Camryn Ellerbe	14 Dale City Li	13.95 NWI
2	Alexander Land	14 Heart N Glor	14.11 NWI
3	Jamie Hawkins	14 Unattached	15.04 NWI
4	Jordan Mitchell	14 Virginia Pri	15.17 NWI
5	Jaicen Eusey	14 On-time Trac	15.84 NWI
6	Christian Stewart	14 Hornets Trac	16.86 NWI
7	Xavier Hart	14 Spartan Chos	17.76 NWI

Boys 200 Meter Dash 10 years old

Name	Yr	Team	Finals
Finals			
1	Alexander Land	14 Heart N Glor	30.28 NWI
2	Jamie Hawkins	14 Unattached	30.31 NWI
3	Camryn Ellerbe	14 Dale City Li	30.34 NWI
4	Kingston Maddox	14 Nva Track	30.43 NWI
5	Josiyah Brooks	14 Jdc3 Elite	31.01 NWI
6	Jordan Mitchell	14 Virginia Pri	33.10 NWI
7	William Pete	14 Dale City Li	34.47 NWI

Boys 400 Meter Dash 10 years old

Name	Yr	Team	Finals
Finals			
1	Jamie Hawkins	14 Unattached	1:06.55
2	Kingston Maddox	14 Nva Track	1:08.45
3	Landon Beander	14 Dale City Li	1:08.48
4	Nasir Peay	14 Nva Track	1:11.20
5	Alexander Land	14 Heart N Glor	1:11.55
6	Jesiah James	14 Jdc3 Elite	1:11.56
7	Timothy Chapman Jr	14 Nva Track	1:12.08
8	Camryn Ellerbe	14 Dale City Li	1:12.17
9	Josiyah Brooks	14 Jdc3 Elite	1:12.36
10	Christopher Carr	14 Track 757	1:13.89
11	Deon Franklin	14 Heart N Glor	1:14.09
12	Jaicen Eusey	14 On-time Trac	1:15.97
13	William Pete	14 Dale City Li	1:19.09
14	Alexander Galloway	14 Track 757	1:25.55

Boys 800 Meter Run 10 years old

Name	Yr	Team	Finals
Finals			
1	Christopher Carr	14 Track 757	2:42.90
2	Landon Beander	14 Dale City Li	2:44.97
3	Nasir Peay	14 Nva Track	2:48.47
4	Lukas Schellinger	14 Virginia Pri	2:54.68
5	Alexander Galloway	14 Track 757	3:15.81
6	Deon Franklin	14 Heart N Glor	3:24.11
7	Bridan Watkins	14 Eastend Ligh	3:28.24

Boys 1500 Meter Run 10 years old

Name	Yr	Team	Finals
Finals			
1	Lukas Schellinger	14 Virginia Pri	6:07.35
2	Bridan Watkins	14 Eastend Ligh	6:47.97

Boys 4x100 Meter Relay 10 years old

Team	Relay	Finals
Finals		
1	Nva Track	A 1:00.42
1) Kingston Maddox 14 2) Nasir Peay 14		
3) Timothy Chapman Jr 14 4) Tristan Singleton 15		

Boys High Jump 10 years old

Name	Yr	Team	Finals
Finals			
1	Timothy Chapman Jr	14 Nva Track	3-06.00

Boys Long Jump 10 years old

Name	Yr	Team	Finals
Finals			
1	Jordan Mitchell	14 Virginia Pri	11-03.50 NWI
2	Jesiah James	14 Jdc3 Elite	11-02.50 NWI
3	Alexander Galloway	14 Track 757	8-11.75 NWI
4	Deon Franklin	14 Heart N Glor	7-08.25 NWI

Boys Shot Put 6 lbs 10 years old

Name	Yr	Team	Finals
Finals			
1	Ronan Zawacki	14 Unattached	21-00.50
2	Xavier Hart	14 Spartan Chos	19-02.00
3	Josiyah Brooks	14 Jdc3 Elite	16-00.00
4	Bridan Watkins	14 Eastend Ligh	14-08.00

Boys Javelin Throw Turbo (400 g 10 years old)

Name	Yr	Team	Finals
Finals			
1	Landon Beander	14 Dale City Li	71-03
2	Jesiah James	14 Jdc3 Elite	63-09
3	Ronan Zawacki	14 Unattached	55-08
4	Christian Stewart	14 Hornets Trac	50-11
5	Xavier Hart	14 Spartan Chos	50-06
6	Lukas Schellinger	14 Virginia Pri	45-03
7	William Pete	14 Dale City Li	44-08

Boys 100 Meter Dash 11 years old

Name	Yr	Team	Finals
Finals			
1	Bryce Gross	13 Spartan Chos	13.60 NWI
2	Austin York	13 Heart N Glor	13.85 NWI
3	Dylan Scott	13 Heart N Glor	13.93 NWI
4	Abdul Malik Adewusi	13 Heart N Glor	14.03 NWI
5	Quinary Mattear-Williams	13 Dale City Li	14.54 NWI
6	Duke Okonta	13 Spartan Chos	14.92 NWI
7	Landon Savage	13 Nva Track	15.56 NWI
8	Jude Stevens	13 Unattached	15.77 NWI

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Finals ... (Boys 100 Meter Dash 11 years old)

Name	Yr	Team	Finals
9 Noah Murrell	13	Nva Track	16.36 NWI
10 Mattheus King	13	Dale City Li	16.47 NWI

Boys 200 Meter Dash 11 years old

Name	Yr	Team	Finals
1 Bryce Gross	13	Spartan Chos	28.33 NWI
2 Myles Allen	13	Dale City Li	28.92 NWI
3 Abdul Malik Adewusi	13	Heart N Glor	29.33 NWI
4 Austin York	13	Heart N Glor	29.33 NWI
5 Duke Okonta	13	Spartan Chos	30.36 NWI
6 Dylan Scott	13	Heart N Glor	32.15 NWI
7 Tamir Walton	13	Virginia Pri	32.54 NWI
8 Landon Savage	13	Nva Track	32.55 NWI
9 Noah Murrell	13	Nva Track	33.69 NWI
10 Mattheus King	13	Dale City Li	34.34 NWI

Boys 400 Meter Dash 11 years old

Name	Yr	Team	Finals
1 Ivan Roberts	13	Heart N Glor	1:03.07
2 Myles Allen	13	Dale City Li	1:03.55
3 Noah Murrell	13	Nva Track	1:12.82
4 Dallas Lancaster	13	Legacy Track	1:13.33
5 Tamir Walton	13	Virginia Pri	1:15.91
6 Weston Hilliard	13	Nva Track	1:20.65

Boys 800 Meter Run 11 years old

Name	Yr	Team	Finals
1 Andras Jacobson	13	VA House of	2:31.98
2 Konnor Rakowitz	13	Nva Track	2:34.64
3 Chase Berisha	13	Dale City Li	2:41.76
4 Eli Tardugno	13	Nva Track	2:47.98
5 Weston Hilliard	13	Nva Track	2:52.30
6 Ivan Roberts	13	Heart N Glor	2:56.75
7 Brisbane Turner	13	VA House of	2:56.99
8 Bryan Watkins	13	Eastend Ligh	3:07.71
9 Justin Taylor	13	Virginia Pri	3:09.09

Boys 1500 Meter Run 11 years old

Name	Yr	Team	Finals
1 Andras Jacobson	13	VA House of	5:05.64
2 Konnor Rakowitz	13	Nva Track	5:11.88
3 Eli Tardugno	13	Nva Track	5:33.26
4 Chase Berisha	13	Dale City Li	5:37.87
5 Brisbane Turner	13	VA House of	5:38.29
6 Bryan Watkins	13	Eastend Ligh	6:15.06

Boys 3000 Meter Run 11 years old

Name	Yr	Team	Finals
1 Andras Jacobson	13	VA House of	11:38.86
2 Chase Berisha	13	Dale City Li	11:51.76

3 Eli Tardugno	13	Nva Track	12:24.01
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Boys High Jump 11 years old

Name	Yr	Team	Finals
1 Dallas Lancaster	13	Legacy Track	3-08.00
2 Bryan Watkins	13	Eastend Ligh	3-06.00

Boys Long Jump 11 years old

Name	Yr	Team	Finals
1 Myles Allen	13	Dale City Li	14-00.50 NWI
2 Quinary Mattear-Williams	13	Dale City Li	12-00.00 NWI
3 Tamir Walton	13	Virginia Pri	11-11.25 NWI
4 Duke Okonta	13	Spartan Chos	10-01.75 NWI
5 Jude Stevens	13	Unattached	8-01.50 NWI
--- Bryce Gross	13	Spartan Chos	FOUL

Boys Shot Put 6 lbs 11 years old

Name	Yr	Team	Finals
1 Tyler House	13	VA House of	24-07.00
2 Brayden Reeves	13	Dale City Li	23-03.75
3 Douglas Bryant Ii	13	Dale City Li	23-02.00

Boys Discus Throw 1.0 Kg 11 years old

Name	Yr	Team	Finals
1 Brayden Reeves	13	Dale City Li	56-05
2 Tyler House	13	VA House of	45-08
3 Douglas Bryant Ii	13	Dale City Li	39-08

Boys Javelin Throw Turbo (400 g 11 years old)

Name	Yr	Team	Finals
1 Tyler House	13	VA House of	93-11
2 Brayden Reeves	13	Dale City Li	77-02
3 Douglas Bryant Ii	13	Dale City Li	63-05
4 Brisbane Turner	13	VA House of	52-00
5 Dallas Lancaster	13	Legacy Track	44-02
6 Mattheus King	13	Dale City Li	41-05
7 Justin Taylor	13	Virginia Pri	39-11

Boys 100 Meter Dash 12 years old

Name	Yr	Team	Finals
1 Amarion Logan	12	Dale City Li	13.11 NWI
2 Jaquawri Collins	12	Jdc3 Elite	13.43 NWI
3 Devon Artis Jr	12	Jdc3 Elite	14.29 NWI
4 Jacob Smith	12	Nva Track	14.39 NWI
5 Kellen Mccall	12	Nva Track	14.51 NWI
6 Xavier Singleton	12	Nva Track	14.68 NWI
7 Jamison Smith	12	Dale City Li	14.88 NWI
8 Giovanni Hoilmes	12	Legacy Track	15.05 NWI
9 Kobe Deloatch	12	Nva Track	15.15 NWI
10 Mekhi Ford	12	T4p Academy	15.22 NWI
11 Edward Lewis	12	Virginia Pri	15.32 NWI

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Finals ... (Boys 100 Meter Dash 12 years old)

Name	Yr	Team	Finals
12 Marcos Bethel	12	Spartan Chos	15.59 NWI
13 Tyrell Mcknight	12	Pwc Panthers	15.93 NWI

Boys 200 Meter Dash 12 years old

Name	Yr	Team	Finals
1 Aamarion Logan	12	Dale City Li	26.77 NWI
2 Ryan Tomlinson	12	Nva Track	27.26 NWI
3 Jalen Marchetti-Griffin	12	757 Colts Tr	27.32 NWI
4 Jaquawri Collins	12	Jdc3 Elite	27.53 NWI
5 Xavier Singleton	12	Nva Track	28.20 NWI
6 Jacob Smith	12	Nva Track	28.65 NWI
7 Tory White	12	Jdc3 Elite	29.11 NWI
8 Jamison Smith	12	Dale City Li	29.99 NWI
9 Giovanni Hoilmes	12	Legacy Track	30.35 NWI
10 Kobe Deloatch	12	Nva Track	30.60 NWI
11 Tyrell Mcknight	12	Pwc Panthers	30.82 NWI
12 Edward Lewis	12	Virginia Pri	30.92 NWI
13 Baraa Ziadeh	12	VA House of	31.52 NWI
14 Michael James Iii	12	Jdc3 Elite	31.81 NWI
15 Marcos Bethel	12	Spartan Chos	32.51 NWI

Boys 400 Meter Dash 12 years old

Name	Yr	Team	Finals
1 Jalen Marchetti-Griffin	12	757 Colts Tr	59.60
2 Ryan Tomlinson	12	Nva Track	59.88
3 Ja'Von Drakeford	12	2nd To None	1:03.68
4 Tory White	12	Jdc3 Elite	1:04.03
5 Xavier Singleton	12	Nva Track	1:06.23
6 Giovanni Hoilmes	12	Legacy Track	1:08.21
7 Tyrell Mcknight	12	Pwc Panthers	1:08.93
8 Baraa Ziadeh	12	VA House of	1:11.85
9 Jackson Savoy	12	Spartan Chos	1:15.76

Boys 800 Meter Run 12 years old

Name	Yr	Team	Finals
1 Jalen Marchetti-Griffin	12	757 Colts Tr	2:33.76
2 Karim Jean	12	Nva Track	2:47.33
3 Ja'Von Drakeford	12	2nd To None	2:47.64
4 Jackson Savoy	12	Spartan Chos	2:50.63
5 Ethan Hakizimana	12	Dale City Li	2:53.67

Boys 1500 Meter Run 12 years old

Name	Yr	Team	Finals
1 Karim Jean	12	Nva Track	4:49.67
2 Ethan Hakizimana	12	Dale City Li	5:18.64
3 Ja'Von Drakeford	12	2nd To None	5:31.67
4 Damian Serrano	12	Legacy Track	5:40.39
5 Essair Otero Cruz	12	Dale City Li	5:40.87

Boys 3000 Meter Run 12 years old

Name	Yr	Team	Finals
1 Damian Serrano	12	Legacy Track	11:52.38
2 Essair Otero Cruz	12	Dale City Li	12:01.80

Boys 80 Meter Hurdles 12 years old

Name	Yr	Team	Finals
1 Jordan Blackley	12	Technique TC	16.69 NWI
2 Torrance (Tj) Zellner Jr.	12	Zellner Trac	19.26 NWI

Boys 4x100 Meter Relay 12 years old

Team	Relay	Finals
1 Nva Track	A	55.54
1) Jacob Smith 12	2) Kellen Mccall 12	
3) Kobe Deloatch 12	4) Landon Savage 13	
2 Heart N Glor	A	56.45
1) Abdul Malik Adewusi 13	2) Austin York 13	
3) Dylan Scott 13	4) Ivan Roberts 13	

Boys High Jump 12 years old

Name	Yr	Team	Finals
1 Jordan Blackley	12	Technique TC	4-04.00
2 Damian Serrano	12	Legacy Track	3-06.00

Boys Long Jump 12 years old

Name	Yr	Team	Finals
1 Aamarion Logan	12	Dale City Li	14-10.00 NWI
2 Jordan Blackley	12	Technique TC	13-09.00 NWI
3 Jamison Smith	12	Dale City Li	12-09.50 NWI
4 Torrance (Tj) Zellner Jr.	12	Zellner Trac	10-11.50 NWI
5 Jackson Savoy	12	Spartan Chos	9-08.25 NWI
6 Baraa Ziadeh	12	VA House of	9-05.75 NWI
7 Jackson Lupton	12	VA House of	8-07.50 NWI

Boys Shot Put 6 lbs 12 years old

Name	Yr	Team	Finals
1 Nyvontae Dukes	12	T Woods	26-03.00
2 Devon Artis Jr	12	Jdc3 Elite	25-06.50
3 Mekhi Ford	12	T4p Academy	25-04.00

Boys Discus Throw 1.0 Kg 12 years old

Name	Yr	Team	Finals
1 Michael James Iii	12	Jdc3 Elite	66-09
2 Devon Artis Jr	12	Jdc3 Elite	58-03
3 Nyvontae Dukes	12	T Woods	43-06

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Results

Boys Javelin Throw Turbo (400 g 12 years old)

Name	Yr	Team	Finals
Finals			
1	Marcos Bethel	12 Spartan Chos	108-04
2	Torrance (Tj) Zellner Jr.	12 Zellner Trac	91-06
3	Jaquawri Collins	12 Jdc3 Elite	66-09
4	Kellen Mccall	12 Nva Track	64-03
5	Mekhi Ford	12 T4p Academy	62-00
6	Michael James Iii	12 Jdc3 Elite	59-10
7	Tory White	12 Jdc3 Elite	55-09

Boys 100 Meter Dash 13 years old

Name	Yr	Team	Finals
Finals			
1	Shaun Grady	11 Dale City Li	12.11 NWI
2	Javon Young	11 Jdc3 Elite	12.70 NWI
3	Elijah Ballard-Maung	11 Virginia Pri	12.83 NWI
4	Marcus Singleton	11 Dale City Li	13.34 NWI
5	Grayson Wrenn	11 Nva Track	13.40 NWI
6	Julius Asante	11 Unattached	13.44 NWI
7	Vincent Pope	11 Hornets Trac	13.97 NWI
8	Cameron Litteral	11 Nva Track	14.25 NWI
9	Lawrence Worthem	11 Spartan Chos	14.65 NWI
10	Kenny Werts	11 Future Flyer	14.89 NWI
11	Stone Fisher	11 Nva Track	15.46 NWI
12	Solomon Hooks, III	11 Hornets Trac	15.62 NWI
13	Tyrek Snead	11 T Woods	16.88 NWI

Boys 200 Meter Dash 13 years old

Name	Yr	Team	Finals
Finals			
1	Shaun Grady	11 Dale City Li	25.08 NWI
2	Javon Young	11 Jdc3 Elite	27.61 NWI
3	Carter Haransky	11 VA House of	27.79 NWI
4	Jeremiah Logan	11 Dale City Li	28.25 NWI
5	Hakim Dasher	11 Dale City Li	29.12 NWI
6	Vincent Pope	11 Hornets Trac	29.29 NWI
7	Lawrence Worthem	11 Spartan Chos	29.31 NWI
8	Julius Asante	11 Unattached	29.41 NWI
9	Nehemiah Adams	11 Virginia Pri	31.49 NWI
10	Solomon Hooks, III	11 Hornets Trac	33.24 NWI
11	Tyrek Snead	11 T Woods	37.95 NWI

Boys 400 Meter Dash 13 years old

Name	Yr	Team	Finals
Finals			
1	Tyler Robinson	11 Dale City Li	56.43
2	Shaun Grady	11 Dale City Li	56.44
3	Javelle Wiley	11 Jdc3 Elite	58.63
4	Carter Haransky	11 VA House of	59.45
5	Jeremiah Logan	11 Dale City Li	1:01.52
6	Lawrence Worthem	11 Spartan Chos	1:01.59
7	Marcus Singleton	11 Dale City Li	1:01.69
8	Hakim Dasher	11 Dale City Li	1:01.96
9	Vincent Pope	11 Hornets Trac	1:02.55

10	Grayson Wrenn	11 Nva Track	1:03.55
11	Jaylen Pickett	11 VA House of	1:04.47
12	Ian Murray	11 Dale City Li	1:07.98
13	Stone Fisher	11 Nva Track	1:09.18
14	Cameron Litteral	11 Nva Track	1:11.59
15	Nehemiah Adams	11 Virginia Pri	1:12.20
16	Solomon Hooks, III	11 Hornets Trac	1:18.06

Boys 800 Meter Run 13 years old

Name	Yr	Team	Finals
Finals			
1	Tyler Robinson	11 Dale City Li	2:17.06
2	Nicholas Norwood	11 Virginia Pri	2:18.15
3	Ethan Duval	11 Legacy Track	2:19.76
4	Thomas Kim	11 VA House of	2:24.16
5	Javelle Wiley	11 Jdc3 Elite	2:28.77
6	Jeremiah Logan	11 Dale City Li	2:29.58
7	Carter Haransky	11 VA House of	2:30.13
8	Jaylen Pickett	11 VA House of	2:33.26
9	Aydin Barikbin	11 VA House of	2:34.10
10	Isaac Preston	11 Dale City Li	2:36.07
11	Andrew Bourkland	11 VA House of	2:48.84

Boys 1500 Meter Run 13 years old

Name	Yr	Team	Finals
Finals			
1	Nicholas Norwood	11 Virginia Pri	4:50.64
2	Ethan Duval	11 Legacy Track	4:53.92
3	Aydin Barikbin	11 VA House of	5:05.22
4	Thomas Kim	11 VA House of	5:05.55
5	Andrew Bourkland	11 VA House of	5:33.25

Boys 3000 Meter Run 13 years old

Name	Yr	Team	Finals
Finals			
1	Thomas Kim	11 VA House of	10:41.52
2	Aydin Barikbin	11 VA House of	10:43.16

Boys 100 Meter Hurdles 13 years old

Name	Yr	Team	Finals
Finals			
1	Isaac Preston	11 Dale City Li	18.63 NWI

Boys High Jump 13 years old

Name	Yr	Team	Finals
Finals			
1	Javon Young	11 Jdc3 Elite	4-06.00
2	Jaylen Pickett	11 VA House of	4-00.00

Boys Long Jump 13 years old

Name	Yr	Team	Finals
Finals			
1	Tyler Robinson	11 Dale City Li	16-06.25 NWI
2	Noah Norwood	11 Virginia Pri	16-04.50 NWI
2	Javon Young	11 Jdc3 Elite	16-04.50 NWI
4	Marcus Singleton	11 Dale City Li	16-02.25 NWI
5	Elijah Ballard-Maung	11 Virginia Pri	15-05.50 NWI

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Results

Finals ... (Boys Long Jump 13 years old)

Name	Yr	Team	Finals
6 Isaac Preston	11	Dale City Li	14-07.00 NWI
7 Vincent Pope	11	Hornets Trac	9-04.00 NWI

Boys Shot Put 4 kg 13 years old

Name	Yr	Team	Finals
1 Ian Murray	11	Dale City Li	30-10.00
2 Kenny Werts	11	Future Flyer	18-08.00

Boys Discus Throw 1.0 Kg 13 years old

Name	Yr	Team	Finals
1 Noah Norwood	11	Virginia Pri	87-00
2 Jaylen Pickett	11	VA House of	68-09
3 Kenny Werts	11	Future Flyer	32-02

Boys 100 Meter Dash 14 years old

Name	Yr	Team	Finals
1 Jy'Aire Collins	10	Jdc3 Elite	12.20 NWI
2 Tyrin Rodgers	10	Unattached	12.30 NWI
3 Jonathan Enwesi	10	T4p Academy	12.46 NWI
4 Jai Barnes	10	Spartan Chos	12.47 NWI
5 Connor Todd	10	Virginia Pri	12.60 NWI
6 Makai Fongyen	10	Nva Track	12.66 NWI
7 Brendan Boyd	10	Jdc3 Elite	12.81 NWI
8 Bilal Raza	10	Nva Track	12.88 NWI
9 Mason Mercer	10	Legacy Track	12.89 NWI
10 Isaac Wheatley	10	VA House of	13.02 NWI
11 Ryan Serngadichaivit	10	Virginia Pri	13.14 NWI
12 Michael James Jr.	10	Dale City Li	13.28 NWI
13 Zion Hylton	10	Jdc3 Elite	14.85 NWI
14 Orion Vaughan	10	Nva Track	15.34 NWI

Boys 200 Meter Dash 14 years old

Name	Yr	Team	Finals
1 Jy'Aire Collins	10	Jdc3 Elite	24.71 NWI
2 Trevor Ballard	10	Unattached	24.76 NWI
3 Jonathan Enwesi	10	T4p Academy	24.95 NWI
4 Tyrin Rodgers	10	Unattached	25.00 NWI
5 Jai Barnes	10	Spartan Chos	25.11 NWI
6 Makai Fongyen	10	Nva Track	25.48 NWI
7 Connor Todd	10	Virginia Pri	25.76 NWI
8 Jeremiah Emanuel	10	Jdc3 Elite	25.82 NWI
9 Brendan Boyd	10	Jdc3 Elite	25.90 NWI
10 Bilal Raza	10	Nva Track	26.43 NWI
11 Mason Mercer	10	Legacy Track	26.52 NWI
12 Isaac Wheatley	10	VA House of	26.68 NWI
13 Trey Paddyfoot	10	Jdc3 Elite	27.26 NWI
14 Antonio Murray	10	Dale City Li	27.27 NWI
15 Aric White	10	Jdc3 Elite	27.61 NWI
16 Sebastian Cooke	10	Dale City Li	28.02 NWI
17 Orion Vaughan	10	Nva Track	29.25 NWI

Boys 400 Meter Dash 14 years old

Name	Yr	Team	Finals
1 Trevor Ballard	10	Unattached	54.78
2 Jy'Aire Collins	10	Jdc3 Elite	55.93
3 Jonathan Enwesi	10	T4p Academy	57.41
4 Jeremiah Emanuel	10	Jdc3 Elite	57.49
5 Jackson Todd	10	Virginia Pri	58.63
6 Trey Paddyfoot	10	Jdc3 Elite	59.39
7 Mason Mercer	10	Legacy Track	1:00.11
8 Brendan Boyd	10	Jdc3 Elite	1:00.35
9 Mason Yienst	10	VA House of	1:00.53
10 Isaac Wheatley	10	VA House of	1:00.78
11 Tj Dempsey	10	Nva Track	1:02.73
12 Ryan Serngadichaivit	10	Virginia Pri	1:03.29
13 Sebastian Cooke	10	Dale City Li	1:03.63
14 Aric White	10	Jdc3 Elite	1:04.13
15 Asher Sim	10	Virginia Pri	1:04.54

Boys 800 Meter Run 14 years old

Name	Yr	Team	Finals
1 Marcel Worthem	10	Spartan Chos	2:17.21
2 Mason Yienst	10	VA House of	2:23.13
3 Jackson Todd	10	Virginia Pri	2:26.19
4 Ryan Talton	10	Virginia Pri	2:34.71
5 Zion Gatson	10	Legacy Track	2:34.79
6 Sebastian Cooke	10	Dale City Li	2:41.33
7 Asher Sim	10	Virginia Pri	2:47.20
8 Kevin Vazquez	10	2nd To None	3:02.71

Boys 1500 Meter Run 14 years old

Name	Yr	Team	Finals
1 Marcel Worthem	10	Spartan Chos	4:44.09
2 Caleb James	10	VA House of	4:59.57
3 Ryan Talton	10	Virginia Pri	5:03.81
4 Zion Gatson	10	Legacy Track	5:04.44
5 Kevin Vazquez	10	2nd To None	5:47.24

Boys 3000 Meter Run 14 years old

Name	Yr	Team	Finals
1 Caleb James	10	VA House of	9:58.76
2 Kai Wotring	10	Unattached	10:00.53
3 Marcel Worthem	10	Spartan Chos	10:33.53
4 Kevin Vazquez	10	2nd To None	13:05.54

Boys 100 Meter Hurdles 14 years old

Name	Yr	Team	Finals
1 Kendal Johnson	10	T4p Academy	18.80 NWI
2 Zion Gatson	10	Legacy Track	22.38 NWI

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Boys 200 Meter Hurdles 14 years old

Name	Yr	Team	Finals
Finals			
1	Jeremiah Emanuel	10 Jdc3 Elite	30.15 NWI
2	Kendal Johnson	10 T4p Academy	34.23 NWI
3	Kristopher Eusey Ii	10 On-time Trac	37.91 NWI

Boys 4x100 Meter Relay 14 years old

Team	Relay	Finals
Finals		
1 Nva Track	A	49.02
1) Bilal Raza 10	2) Grayson Wrenn 11	
3) Makai Fongyen 10	4) Orion Vaughan 10	
2 Virginia Pri	A	49.09
1) Connor Todd 10	2) Elijah Ballard-Maung 11	
3) Noah Norwood 11	4) Ryan Serngadichaivit 10	

Boys High Jump 14 years old

Name	Yr	Team	Finals
Finals			
1	Antonio Murray	10 Dale City Li	5-06.00
2	Kendal Johnson	10 T4p Academy	4-05.00
3	Tj Dempsey	10 Nva Track	4-02.00
3	Jeremiah Emanuel	10 Jdc3 Elite	4-02.00
5	Trey Paddyfoot	10 Jdc3 Elite	4-00.00

Boys Long Jump 14 years old

Name	Yr	Team	Finals
Finals			
1	Jy'Aire Collins	10 Jdc3 Elite	17-06.25 NWI
2	Tj Dempsey	10 Nva Track	16-07.50 NWI
3	Jai Barnes	10 Spartan Chos	15-11.50 NWI
4	Trey Paddyfoot	10 Jdc3 Elite	15-10.00 NWI
5	Makai Fongyen	10 Nva Track	15-06.50 NWI
6	Sebastian Cooke	10 Dale City Li	13-08.75 NWI
7	Jonathan Enwesi	10 T4p Academy	13-05.50 NWI
8	Kristopher Eusey Ii	10 On-time Trac	13-04.00 NWI
9	Zion Gatson	10 Legacy Track	11-08.00 NWI

Boys Triple Jump 14 years old

Name	Yr	Team	Finals
Finals			
1	Kendal Johnson	10 T4p Academy	33-00.00 NWI

Boys Shot Put 4 kg 14 years old

Name	Yr	Team	Finals
Finals			
1	Michael James Jr.	10 Dale City Li	45-05.00
2	Tyrin Rodgers	10 Unattached	42-05.00
3	Zion Hylton	10 Jdc3 Elite	32-09.00
4	Brendan Boyd	10 Jdc3 Elite	32-00.50

Boys Discus Throw 1.0 Kg 14 years old

Name	Yr	Team	Finals
Finals			
1	Michael James Jr.	10 Dale City Li	140-07

2	Tyrin Rodgers	10 Unattached	102-03
3	Connor Todd	10 Virginia Pri	59-04
4	Zion Hylton	10 Jdc3 Elite	48-07
5	Aric White	10 Jdc3 Elite	47-10
6	Jackson Todd	10 Virginia Pri	40-10

Boys 100 Meter Dash 15-16 years old

Name	Yr	Team	Finals
Finals			
1	Joshua Johnson	08 SuperNoVA	10.66 NWI
2	Keenen Davis	08 Unattached	11.12 NWI
3	Adam Hampstead	08 VA House of	11.34 NWI
4	Maddox Man	09 Dale City Li	11.43 NWI
5	Ethan Li	08 Nva Track	11.59 NWI
6	Alijah Salmon	09 Unattached	11.60 NWI
7	Jaelyn Cox	09 Dale City Li	11.60 NWI
8	Joel Pinero	09 Legacy Track	11.82 NWI
9	Jordan Smith	09 Nva Track	11.85 NWI
10	Landon Choate	08 VA House of	11.86 NWI
11	Theodore Irvine	08 VA House of	11.86 NWI
12	Anthony Taylor	09 Virginia Pri	11.90 NWI
13	Ryshad Ellerbe	09 Dale City Li	11.99 NWI
14	Jeremiah Jones	09 360 Elite Tr	12.11 NWI
15	Brandon Downey	09 Spartan Chos	12.22 NWI
16	Adonis Jones	09 Future Flyer	12.58 NWI
17	Issa Owens	09 VA House of	12.59 NWI
18	Parth Krishna	09 Nva Track	12.61 NWI
19	Noah Frett	09 Spartan Chos	12.77 NWI
20	Ahmad Miles	09 On-time Trac	12.99 NWI
21	Alialhadi Alsaady	08 Spartan Chos	13.11 NWI
22	Paul Conley Jr	09 Spartan Chos	13.60 NWI

Boys 200 Meter Dash 15-16 years old

Name	Yr	Team	Finals
Finals			
1	Joshua Johnson	08 SuperNoVA	22.43 NWI
2	Keenen Davis	08 Unattached	22.62 NWI
3	Tommy Christopher	08 Nva Track	22.63 NWI
4	Maddox Man	09 Dale City Li	23.73 NWI
5	Adam Hampstead	08 VA House of	23.86 NWI
6	John Bishop	09 Dale City Li	24.24 NWI
7	Russel Kamgaing	08 Pwc Panthers	24.26 NWI
8	Joel Pinero	09 Legacy Track	24.37 NWI
9	Xavier Forde	09 Nva Track	24.38 NWI
10	Theodore Irvine	08 VA House of	24.57 NWI
11	Jaelyn Cox	09 Dale City Li	24.57 NWI
12	Alijah Salmon	09 Unattached	24.58 NWI
13	Landon Choate	08 VA House of	24.60 NWI
14	Connor Licari	08 VA House of	24.61 NWI
15	Ryshad Ellerbe	09 Dale City Li	24.65 NWI
16	Zachary Petersen	09 VA House of	24.79 NWI
17	Jaden Makuwa	08 Pwc Panthers	24.84 NWI
18	Anthony Taylor	09 Virginia Pri	24.91 NWI
19	Cameron Gardner	08 T4p Academy	25.33 NWI
20	Jeremiah Jones	09 360 Elite Tr	25.38 NWI
21	Brandon Downey	09 Spartan Chos	25.55 NWI

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Results

Finals ... (Boys 200 Meter Dash 15-16 years old)

Name	Yr	Team	Finals
22 Jeyrick Cruz-Aquino	08	Pwc Panthers	25.77 NWI
23 Zayden Robinson	09	T Woods	26.21 NWI
24 Parth Krishna	09	Nva Track	26.37 NWI
25 Omar Ziadeh	08	VA House of	26.40 NWI
26 Noah Frett	09	Spartan Chos	26.68 NWI
27 Issa Owens	09	VA House of	26.79 NWI
28 Alialhadi Alsaady	08	Spartan Chos	27.33 NWI
29 Damarien Trent	08	Unattached	27.77 NWI
30 Tyler Espinoza	09	Dale City Li	28.72 NWI
31 Paul Conley Jr	09	Spartan Chos	28.94 NWI

Boys 400 Meter Dash 15-16 years old

Name	Yr	Team	Finals
1 Tommy Christopher	08	Nva Track	50.52
2 Keenen Davis	08	Unattached	51.72
3 John Bishop	09	Dale City Li	51.84
4 Marek Manka	08	VA House of	52.52
5 Maddox Man	09	Dale City Li	54.04
6 Zachary Petersen	09	VA House of	54.33
7 Connor Licari	08	VA House of	54.37
8 Adam Hampstead	08	VA House of	54.50
9 Jeyrick Cruz-Aquino	08	Pwc Panthers	54.70
10 Xavier Forde	09	Nva Track	54.80
11 Jordan Smith	09	Nva Track	54.94
12 Landon Choate	08	VA House of	54.95
13 Theodore Irvine	08	VA House of	55.15
14 Ryshad Ellerbe	09	Dale City Li	55.18
15 Joel Pinero	09	Legacy Track	55.48
16 Braylon Flowers	09	2nd To None	55.56
17 Jeremiah Jones	09	360 Elite Tr	55.94
18 Jaelyn Cox	09	Dale City Li	56.06
19 Cameron Gardner	08	T4p Academy	58.51
20 Zayden Robinson	09	T Woods	58.66
21 Ethan Hung-Ricci	08	Spartan Chos	59.02
22 Damarien Trent	08	Unattached	1:00.88
23 Omar Ziadeh	08	VA House of	1:01.61
24 Parth Krishna	09	Nva Track	1:02.00

Boys 800 Meter Run 15-16 years old

Name	Yr	Team	Finals
1 Brandon Morrow	08	Nva Track	2:05.70
2 Zachary Paredes	09	VA House of	2:08.13
3 Marek Manka	08	VA House of	2:12.66
4 Jeyrick Cruz-Aquino	08	Pwc Panthers	2:13.01
5 Ethan Hung-Ricci	08	Spartan Chos	2:22.32
6 Braylon Flowers	09	2nd To None	2:24.27
7 Jacob Zimmerman	08	Dale City Li	2:26.29
8 Patrick Stormer	08	Dale City Li	2:26.32
9 John Bishop	09	Dale City Li	2:27.64
10 Silas Metcalfe	09	Pwc Panthers	2:29.91
11 Clarence Niman II	08	2nd To None	2:50.25
12 Tyler Espinoza	09	Dale City Li	3:06.17

Boys 1500 Meter Run 15-16 years old

Name	Yr	Team	Finals
1 Brandon Morrow	08	Nva Track	4:22.49
2 Indiana Owings	09	VA House of	4:35.02
3 Patrick Stormer	08	Dale City Li	4:40.60
4 Jeyrick Cruz-Aquino	08	Pwc Panthers	4:41.21
5 Jacob Zimmerman	08	Dale City Li	4:46.48
6 Soren Hines	09	Unattached	4:58.44
7 Zachary Paredes	09	VA House of	5:08.50
8 Braylon Flowers	09	2nd To None	5:31.43
9 Clarence Niman II	08	2nd To None	5:43.69

Boys 3000 Meter Run 15-16 years old

Name	Yr	Team	Finals
1 Jacob Zimmerman	08	Dale City Li	10:32.24
2 Patrick Stormer	08	Dale City Li	10:32.25
3 Soren Hines	09	Unattached	10:37.62
4 Zachary Paredes	09	VA House of	11:45.89

Boys 110 Meter Hurdles 15-16 years old

Name	Yr	Team	Finals
1 Laurence Dell Jr	09	Sanders Hurd	15.71 NWI
2 Ethan Li	08	Nva Track	16.85 NWI
3 Xavier Forde	09	Nva Track	17.78 NWI

Boys 400 Meter Hurdles 15-16 years old

Name	Yr	Team	Finals
1 Keenen Davis	08	Unattached	1:03.17
2 Laurence Dell Jr	09	Sanders Hurd	1:05.09
3 Silas Metcalfe	09	Pwc Panthers	1:09.94
4 Cameron Gardner	08	T4p Academy	1:16.14

Boys 4x100 Meter Relay 15-16 years old

Team	Relay	Finals
1 Nva Track	A	45.63
1) Ethan Li 08	2) Jordan Smith 09	
3) Tommy Christopher 08	4) Xavier Forde 09	
2 VA House of Speed	A	46.24
1) Adam Hampstead 08	2) Dillon House 09	
3) Landon Choate 08	4) Zachary Petersen 09	
3 VA House of Speed	B	48.84
1) Connor Licari 08	2) Issa Owens 09	
3) Omar Ziadeh 08	4) Theodore Irvine 08	

Boys High Jump 15-16 years old

Name	Yr	Team	Finals
1 Russel Kamgaing	08	Pwc Panthers	5-04.00
2 Adonis Jones	09	Future Flyer	5-00.00
3 Dillon House	09	VA House of	4-10.00

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Boys Long Jump 15-16 years old

Name	Yr	Team	Finals
Finals			
1	Jaden Makuwa	08 Pwc Panthers	21-02.50 NWI
2	Dillon House	09 VA House of	20-04.50 NWI
3	Russel Kamgaing	08 Pwc Panthers	20-02.50 NWI
4	Brandon Downey	09 Spartan Chos	19-00.50 NWI
5	Jaelyn Cox	09 Dale City Li	18-01.00 NWI
6	Silas Metcalfe	09 Pwc Panthers	17-10.75 NWI
7	Jordan Smith	09 Nva Track	16-04.50 NWI
8	Omar Ziadeh	08 VA House of	15-09.00 NWI
8	Ahmad Miles	09 On-time Trac	15-09.00 NWI
10	Alialhadi Alsaady	08 Spartan Chos	13-02.50 NWI
11	Zachary Petersen	09 VA House of	13-00.50 NWI
---	Zayden Robinson	09 T Woods	FOUL

Boys Triple Jump 15-16 years old

Name	Yr	Team	Finals
Finals			
1	Jaden Makuwa	08 Pwc Panthers	45-07.00 NWI
2	Russel Kamgaing	08 Pwc Panthers	45-00.00 NWI
3	Brandon Downey	09 Spartan Chos	40-00.00 NWI
3	Zayden Robinson	09 T Woods	40-00.00 NWI
3	Alialhadi Alsaady	08 Spartan Chos	40-00.00 NWI

Boys Shot Put 12 lbs 15-16 years old

Name	Yr	Team	Finals
Finals			
1	Sale Robertson	09 Jdc3 Elite	42-06.50
2	Mason Bell	08 Spartan Chos	39-04.00
3	Christian Loftin	09 Dale City Li	37-05.00
4	Latreal Parker	08 T Woods	31-06.00
5	Devinn Harris	09 Triangle Cha	30-02.00
6	Paul Conley Jr	09 Spartan Chos	26-02.50

Boys Discus Throw 1.6 Kg 15-16 years old

Name	Yr	Team	Finals
Finals			
1	Ethan Li	08 Nva Track	130-01
2	Christian Loftin	09 Dale City Li	109-01
2	Mason Bell	08 Spartan Chos	109-01
4	Sale Robertson	09 Jdc3 Elite	96-04
5	Devinn Harris	09 Triangle Cha	69-07

Men 100 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1	Elijah Amenra	07 SuperNoVA	10.60 NWI
2	Justin Sherman	06 SuperNoVA	10.97 NWI
3	Jaythan Dumas	07 Dale City Li	10.98 NWI
4	Justin Anderson	06 Spartan Chos	10.99 NWI
5	Niles Briggman	07 Spartan Chos	11.01 NWI
6	Michael Wolfe	07 Spartan Chos	11.12 NWI
7	Farraj Al-Amin	07 Next Level S	11.21 NWI
8	Jeremiah Palacious	05 Peninsula El	11.27 NWI
9	Laurence Reynolds	06 Virginia Bla	11.28 NWI

10	Jesse Ntiamoah	06 Spartan Chos	11.31 NWI
11	Christopher Ham	07 Spartan Chos	11.39 NWI
12	Nizjohn Humphrey	07 T Woods	11.49 NWI
13	Noah Gizzarelli	06 Spartan Chos	11.50 NWI
14	Mason Wilhite	07 VA House of	11.60 NWI
15	Sienque Cooke	05 Peninsula El	11.75 NWI
16	Jared Mack-Innis	06 T4p Academy	11.83 NWI
17	Kj Roach	06 Titan Elite	12.04 NWI
18	Cayden White	07 T4p Academy	12.55 NWI
19	Micah Jean	06 Legacy Track	12.77 NWI
20	Cameron Lloyd	06 Titan Elite	12.90 NWI

Men 200 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1	Niles Briggman	07 Spartan Chos	21.91 NWI
2	Elijah Amenra	07 SuperNoVA	22.45 NWI
3	Andrew Geiser	07 Nva Track	22.52 NWI
4	Laurence Reynolds	06 Virginia Bla	22.52 NWI
5	Justin Sherman	06 SuperNoVA	22.53 NWI
6	Justin Anderson	06 Spartan Chos	22.56 NWI
7	Michael Wolfe	07 Spartan Chos	22.69 NWI
8	Farraj Al-Amin	07 Next Level S	22.72 NWI
9	Christopher Ham	07 Spartan Chos	22.92 NWI
10	Jaythan Dumas	07 Dale City Li	23.13 NWI
11	Jesse Ntiamoah	06 Spartan Chos	23.30 NWI
12	Noah Gizzarelli	06 Spartan Chos	23.54 NWI
13	Levi Newman	06 T4p Academy	23.56 NWI
14	Shaun Hadley	07 Dale City Li	23.61 NWI
15	Austin Williams	07 Southern Spr	23.91 NWI
16	Mason Wilhite	07 VA House of	24.17 NWI
17	Nizjohn Humphrey	07 T Woods	24.21 NWI
18	Jack Suttell	07 Spartan Chos	24.29 NWI
19	Mason Choate	06 VA House of	24.35 NWI
20	Jacob Spector	07 VA House of	24.56 NWI
21	Jared Mack-Innis	06 T4p Academy	25.19 NWI
22	Kj Roach	06 Titan Elite	25.33 NWI
23	Micah Jean	06 Legacy Track	25.75 NWI
24	Cameron Lloyd	06 Titan Elite	26.18 NWI

Men 400 Meter Dash 17-18 years old

Name	Yr	Team	Finals
Finals			
1	Justin Anderson	06 Spartan Chos	48.84
2	Farraj Al-Amin	07 Next Level S	49.98
3	Adonis Taylor	06 SuperNoVA	50.13
4	Jayden Curry	06 Unattached	50.32
5	Levi Newman	06 T4p Academy	50.99
6	Shaun Hadley	07 Dale City Li	51.04
7	Niles Briggman	07 Spartan Chos	51.40
8	Christopher Ham	07 Spartan Chos	51.73
9	Andrew Geiser	07 Nva Track	52.02
10	Zain Elcock	07 Spartan Chos	53.74
11	Mason Choate	06 VA House of	54.01
12	Jack Suttell	07 Spartan Chos	55.03
13	Nolawi Melese	07 Spartan Chos	55.11

2024 AAU Virginia north District Qualifier - 6/9/2024

Hermitage High School Track Complex

Results

Finals ... (Men 400 Meter Dash 17-18 years old)

Name	Yr	Team	Finals
14 Kendall Hawkins-Ford	07	T4p Academy	57.42
15 Cameron Lloyd	06	Titan Elite	59.27
16 Kj Roach	06	Titan Elite	1:02.99

Men 800 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Jayden Curry	06	Unattached	2:09.42
2 Dylan Zimmerman	05	Dale City Li	2:09.93
3 Zain Elcock	07	Spartan Chos	2:18.44
4 Nolawi Melese	07	Spartan Chos	2:21.72
5 Wyatt Jimenez	06	2nd To None	2:26.23

Men 1500 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Jayden Curry	06	Unattached	4:23.27
2 Dylan Zimmerman	05	Dale City Li	4:24.26
3 Nathan Cochran	07	Unattached	4:33.65
4 Wyatt Jimenez	06	2nd To None	5:00.90

Men 3000 Meter Run 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Dylan Zimmerman	05	Dale City Li	9:30.74
2 Nathan Cochran	07	Unattached	9:48.57
3 Wyatt Jimenez	06	2nd To None	11:16.64

Men 110 Meter Hurdles 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Isaiah Hayes	06	Peninsula El	14.86 NWI
2 Jeremiah Palacios	05	Peninsula El	15.15 NWI
3 Sienque Cooke	05	Peninsula El	15.40 NWI
4 Isaac Parker	07	Peninsula El	17.39 NWI

Men 400 Meter Hurdles 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Kendall Hawkins-Ford	07	T4p Academy	1:10.13
2 Derrick Harrell	07	Track 757	1:11.32

Men 4x100 Meter Relay 17-18 years old

Team	Relay	Finals
Finals		
1 SuperNoVA	A	41.63
2 Spartan Chosen VA	A	43.15
1) Blake Johnson 06	2) Christopher Ham 07	
3) Isaiah-Taji Kargbo-Owens 05	4) Jesse Ntiamoah 06	
3 Spartan Chosen VA	B	45.37
1) Justin Anderson 06	2) Michael Wolfe 07	
3) Noah Gizzarelli 06	4) Zain Elcock 07	
4 T4p Academy	A	46.34
1) Cayden White 07	2) Jared Mack-Innis 06	
3) Kendall Hawkins-Ford 07	4) Levi Newman 06	

5 VA House of Speed	A	47.45
1) Jacob Spector 07	2) Mason Choate 06	
3) Mason Wilhite 07	4) Nicholas Bailey 07	

Men High Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Sienque Cooke	05	Peninsula El	6-00.00
2 Elias Connor	06	Nva Track	5-04.00
3 Kj Roach	06	Titan Elite	5-02.00
3 Cayden White	07	T4p Academy	5-02.00
5 Ransford Antwi	07	Pwc Panthers	5-00.00

Men Long Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Isaac Parker	07	Peninsula El	21-01.00 NWI
1 Farraj Al-Amin	07	Next Level S	21-01.00 NWI
3 Mason Wilhite	07	VA House of	19-08.00 NWI
4 Nizjohn Humphrey	07	T Woods	17-11.50 NWI
5 Cayden White	07	T4p Academy	17-06.00 NWI
6 Jared Mack-Innis	06	T4p Academy	17-03.00 NWI
7 Isaiah-Taji Kargbo-Owens	05	Spartan Chos	16-09.00 NWI
8 Jeremiah Palacios	05	Peninsula El	16-02.75 NWI
9 Kendall Hawkins-Ford	07	T4p Academy	15-04.50 NWI
10 Ransford Antwi	07	Pwc Panthers	15-04.00 NWI

Men Triple Jump 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Austin Williams	07	Southern Spr	37-10.00 NWI
2 Marcel Davis	07	Aerial Supre	35-03.00 NWI
3 Isaiah-Taji Kargbo-Owens	05	Spartan Chos	33-00.00 NWI
3 Trevelyan Flood	07	Aerial Supre	33-00.00 NWI
3 Elias Connor	06	Nva Track	33-00.00 NWI

Men Shot Put 12 lbs 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Phillip Harris	06	Triangle Cha	50-06.00
2 Garrett Connor	05	Unattached	48-11.00
3 Joseph Sorto	06	Unattached	38-00.00
4 Samuel Kirkwood	07	Legacy Track	35-05.00
5 Jaylen Grady	06	Dale City Li	29-05.00

Men Discus Throw 1.6 Kg 17-18 years old

Name	Yr	Team	Finals
Finals			
1 Jaylen Grady	06	Dale City Li	135-03
2 Garrett Connor	05	Unattached	124-04
3 Phillip Harris	06	Triangle Cha	116-09
4 Samuel Kirkwood	07	Legacy Track	114-06
5 Joseph Sorto	06	Unattached	106-04