



## AAU 14-UNDER YOUTH NATIONAL CHAMPIONSHIP February 15 – 16, 2025

All Running events will start at the designated time listed each day. Listen to announcements and check-in to the designated check-in area for your event at least 30 minutes early. Any athlete that does not check-in before their schedule heat is run will be scratched from the event. **Boys will run first followed by Girls.**

### Saturday – February 15, 2025

**This is a rolling schedule**

**10:00AM**

4 x 800 Meter Relay – TF - Starting with 7&8 Year Olds – 14 Year Olds  
60 Meter Hurdles – SEMI-FINAL - Starting with 11 Year Olds – 14 Year Olds (top 8 times advance to finals)  
60 Meter Dash – SEMI-FINAL – Starting with 5 Year Olds – 14 Year Olds (top 8 times advance to finals)  
400 Meter Dash –TF- Starting with 5 & 6 Year Olds – 14 Year Olds  
1500 Meter Run – TF- Starting with 7&8 Year Olds – 14 Year Olds (Age Groups may be combined by gender)  
200 Meter Dash – SEMI-FINAL - Starting with 5 Year Olds – 14 Year Olds (top 8 times advance to finals)  
1500 Meter Race walk – TF- 9 Year Olds – 12 Year Olds- All Age Groups Combined  
3000 Meter Race-walk – TF - All Age Groups Combined – 13 Year Olds – 14 Year Olds  
4 x 400 Meter Relay – TF - Starting with 7&8 Year Olds – 14 Year Old

### Sunday – February 16, 2025

**This is a rolling schedule**

**10:00AM**

60 Meter Hurdles – FINALS - Starting with 11 Year Olds – 14 Year Olds  
60 Meter Dash – FINALS - Starting with 5 Year Olds – 14 Year Olds  
800 Meter Run – TF - Starting with 5 Year Olds – 14 Year Olds  
200 Meter Dash – FINALS - Starting with 5 Year Olds – 14 Year Olds  
3000 Meter Run – Starting with 11 Year Olds – 14 Year Olds – Age Groups may be combined by gender  
4 x 200 Meter Relay – Starting with 5 Year Olds – 14 Year Olds

- **NOTE: If there are not enough runners in Semi-Final, event will be run as a Final at that time.**
- **NOTE: Some distance races may be combined due to the number of participants.**



## AAU 14-UNDER YOUTH NATIONAL CHAMPIONSHIP February 15 – 16, 2025

All Field Events will follow schedule below. **This is a rolling schedule.** Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the **Field Event official – ONLY** - at the appropriate time. **Field Event athletes will have 10 minutes to report back to their Field Event after their running event** and be ready to compete.

**Long Jump and Shot Put will be contested with four jumps or throws as finals** and the top 8 will be awarded medals and All-American patches.

### **This is a rolling schedule**

#### **Saturday**      **February 15<sup>th</sup>**

Time	Long Jump 1	High Jump 1	Shot Put 1
<b>9:00am</b>	10B/10G	14B/14G	11B/11G
	9B/9G	13B/13G	12B/12G
	7-8B/7-8G	12B/12G	13B/13G
	5-6B/5-6G	11B/11G	14B/14G
		10B/10G	
		9B/9G	

#### **Sunday**      **February 16<sup>th</sup>**

Time	Long Jump 1	High Jump 1	Shot Put 1
<b>9:00am</b>	14B/14G	Competition held On Saturday Feb. 15 <sup>th</sup>	5-6B/5-6G
	13B/13G		7-8B/7-8G
	12B/12G		9B/9G
	11B/11G		10B/10G