



# AAU Track & Field District Qualifier Meet Requirements/Guidelines

## **Program Objective:**

The objective of the AAU Regional Qualifier Program is to increase grassroots participation in the overall AAU track & field program, expanding AAU District level qualifying programs, increasing overall AAU membership and standardizing the AAU Junior Olympic registration and advancement process.

## **District Qualifier Meet Management Guidelines:**

The following guidelines have been established at the District level to assure the quality and consistency of all AAU District level qualifiers:

\*At the AAU District Qualifier level all inquiries pertaining to the Regional Qualifier will be handled through the AAU Regional Qualifier Program Coordinator and/or the AAU National Office Track & Field Sports Manager.

**\*The AAU Codebook designates the District Track & Field Committee responsible for the conduct of the District Championship/qualifier. As the District Track & Field Director heads that Committee, it is his/her duty ensure that the event is managed per National and District Committee rules.**

**\*Additional qualifiers can be scheduled by the AAU National Track & Field Committee Chair. If the District Track & Field Director wishes to conduct an additional qualifier, the event must be approved by the Regional Qualifier Program Coordinator and/or the National Committee Chair.** It is the responsibility of the District Track & Field Director to obtain approval from the National Program Coordinator for the additional qualifiers to be held within the district.

**\*On-Line registration event is mandatory at the District level. CoachO Registration has been designated as the track & field on-line event registration system for the AAU Track & Field Committee.**

**\*Use of a FAT timing system and the Hy-Tek Meet backup is mandatory at the District level.**

**\*The District Qualifier is an advancement meet. Athletes must compete in an AAU Event Licensed District Qualifier in order to be eligible to compete in a Regional Qualifier meet**

**\*THE TOP 16 FINISHERS IN EACH EVENT WILL ADVANCE TO THE REGIONAL QUALIFIER.**

**\*AN ATHLETE MAY ONLY ADVANCE TO THE REGIONAL QUALIFIER IN THE EVENT(S) IN WHICH HE/SHE QUALIFIED AT THE DISTRICT QUALIFIER.**

**\*All events at the District Qualifier may be contested as time finals.**

\*Results from the District Qualifiers shall be made available to the athletes, coaches, spectators and parents during the course of the track meet.

\*All discrepancies and challenges must be cleared up by meet management at the end of the meet.

\*The Meet Director shall e-mail a HYTEK backup of the meet database to AAU Support within four (4) hours after the conclusion of the track meet. **Before submitting the HYTEK database to the AAU support staff, the Meet Director shall proof the database for mistakes (DNS, athletes in wrong age groups, incorrect or no marks in an event, etc.).**

**\*Corrections to results will only be accepted from the Meet Director if they are omissions or corrections resulting from a specific document challenge made by the coach, parent, or athlete. These corrections must be initiated, corrected and submitted by the Meet Director to AAU Support with proper documentation within twenty-four (24) hours of the conclusion of the meet.**

\*All corrections to results must be submitted electronically. An electronic form will be supplied by AAU Support. This form can only be submitted once and the results submission period will end when the twenty-four (24) hour time period expires. **THERE WILL BE NO CHANGES TO RESULTS AFTER THE 24 HOUR RESULTS SUBMISSION PERIOD ENDS.**

**\*\*Any athlete scheduled to take a college entrance exam (SAT/ACT) will be waived into the Regional Qualifier by the Regional Qualifier Program Coordinator upon receipt of the proper documentation. Documentation and the request in writing must be received PRIOR to the first date of District Qualifier competition.\*\* **PLEASE FILL OUT THE WAIVER REQUEST FORM FOUND [HERE](#). Exam waivers are to be requested at [aaawaivers@ausports.org](mailto:aaawaivers@ausports.org). Please do not send waiver requests to any other e-mail address.****

**\*Meet MUST be properly licensed according to the AAU Code.**

**\*Security and medical personnel available in case of an emergency.**

\* There must be adequate Officials to properly conduct the meet according to AAU and/or USATF rules as outlined in the AAU Track & Field Handbook.

**\*Meet Management is responsible for assuring that there is proper shading (tents) and hydration (fluids) for all athletes and Officials at all times during competition.**

## **Age Groups:**

The AAU Track & Field program is comprised of nine (9) age divisions. **The athlete's YEAR OF BIRTH shall determine the appropriate age division for current year competition for all age divisions 8-Under through 15-16. The DATE of birth shall be used to determine the appropriate age division for the 17-18 age division thus assuring that any athlete that DOES NOT turn 19 before the last day of the AAU Junior Olympic Games competition is still eligible to compete. Athletes MUST NOT turn 19 before the final day of AAU Junior Olympic Games competition.**

The agegroups **MUST** be listed on all track & field related information as follows:Effective 2013

8-Under  
9 Years  
10 Years  
11 Years  
12 Years  
13 Years  
14 Years  
15-16 Years  
17-18 Years

## **Events:**

**Effective 2012, the 1500m has been added to the AAU Junior Olympic Games track & field competition.**

<b>8-Under DIVISION</b>						
100m Dash	200m Dash	400m Dash	800m Dash	Long Jump	Shot Put (4lbs)	4x100m Relay
1500m Run						

<b>9 Year Old &amp; 10 Year Old DIVISIONS</b>		
<b>Track &amp; Field Events</b>		<b>Multi Events (Triathlon)</b>
100m Dash	1500m Racewalk	Shot Put (6 lbs.)
200 m Dash	Long Jump	High Jump
400m Dash	High Jump	200m Dash (Girls)
800m Run	Shot Put (6 lbs.)	400m Dash (Boys)
1500m Run	4x100m Relay	
4x400m Relay		

<b>11 Year Old &amp; 12 Year Old DIVISIONS</b>		
<b>Track &amp; Field Events</b>		<b>Multi Events (Pentathlon)</b>
100m Dash	80m Hurdles (8-30")	80m Hurdles (8-30")
200m Dash	Long Jump	Shot Put (6 lbs.)
400m Dash	High Jump	High Jump
800m Run	Discus (1.0 kg)	Long Jump
1500m Run	Shot Put (6 lbs.)	800m Run (Girls)
3000m Run	1500m Racewalk	1500m Run (Boys)
4x100m Relay	4x400m Relay	
4x800m Relay		

### 13 Year Old & 14 Year Old DIVISIONS

Track & Field Events		Multi Events (Pentathlon)
100m Dash	3000m Racewalk	100m Hurdles (10-30" Girls)
200m Dash	Long Jump	100m Hurdles (10-33" Boys)
400m Dash	Triple Jump	Shot Put (6 lbs. Girls)
800m Run	High Jump	Shot Put (4 kg Boys)
1500m Run	Pole Vault	High Jump
3000m Run	Shot Put (4 kg Boys)	Long Jump
200m Hurdles (5-30")	Shot Put (6 lbs. Girls)	800m Run (Girls)
100m Hurdles (10-33" Boys)	Discus (1.0 kg)	1500m Run (Boys)
	Javelin (600g)	
100m Hurdles (10-30" Girls)		
	4x100m Relay	
4x400m Relay	4x800m Relay	

### 15-16 Year Old & 17-18 Year Old DIVISIONS

Track & Field Events		Multi Events	
100m Dash	Long Jump	<b>Decathlon (Boys)</b>	<b>Heptathlon (Girls)</b>
200m Dash	Triple Jump	<b>Day 1</b>	<b>Day 1</b>
400m Dash	High Jump	100m Dash	100m Hurdle (10-33")
800m Run	Pole Vault	Long Jump	High Jump
1500m Run	Shot Put (4 kg Girls)	Shot Put (12 lbs.)	Shot Put (4 kg)
3000m Run	Shot Put (12 lbs. Boys)	High Jump	200m Dash
3000m Racewalk	Discus (1.0 kg Girls)	400m Dash	
110m Hurdles (10-39" Boys)	Discus (1.6 kg Boys)	<b>Day 2</b>	<b>Day 2</b>
	Javelin (600g Girls)	110m Hurdles (10-39")	Long Jump
100m Hurdles (10-30" Girls)	Javelin (800g Boys)	Discus (1.6 kg)	Javelin (600g)
		Pole Vault	800m Run
400m Hurdles (10-36" Boys)	2000m Steeplechase (30" Girls/36" Boys) 18 hurdle jumps 5 water jumps	Javelin (800g)	
		1500m Run	
400m Hurdles (10-30" Girls)			
	4x100m Relay		
4x400m Relay	4x800m Relay		

### **Stadium Guidelines/Requirements:**

Depending on the number of athletes you expect for the meet you should be prepared to handle all athletes and spectators. The AAU Track & Field Executive Committee recommends that you select your meet venue based on the facility standards set below.

The number of athletes you expect at your AAU District Qualifier will determine the minimum requirements.

<b>1 - 500 ATHLETES</b>	<b>500 or MORE</b>
Minimum of 8 lane track	Minimum of 8 lane track
1-2 horizontal jumping pits	2 or more horizontal jumping pits
1-2 high jump pits	2 or more high jump pits
1-2 shot put rings	2 or more shot put rings
1 pole vault pit that meets NFHS guidelines	1 pole vault pit that meets NFHS guidelines
Seating capacity of at least 1,000	Seating capacity of at least 2,000
Proper restroom facilities	Proper restroom facilities
1 discus ring located outside stadium	1-2 discus ring located outside stadium
1 javelin area located outside stadium	1 javelin area located outside stadium
Proper warm up area	Proper warm up area
* <b>IMPORTANT</b> - Throwing sector lines cannot intersect any other throwing area	

## **Meet Management Checklist**

**Please use this checklist to make sure that you have provided for and prepared for all components of the AAU District Qualifier.**

### **Secure Facility**-Required

A facility needs to be obtained to run the meet. The facility must have the capability of contesting all events.

**Date** - All District Qualifier meets must be completed by date determined by the AAU Track & Field Executive Committee.

The date that is determined should not conflict with any other local, regional or national events (including USATF events in your area). This will allow for increased participation from local clubs and athletes. **Dates, venue, Meet Director information (to include phone and e-mail) and event schedule MUST be turned in to the AAU National Office. No meet will be listed on the AAU website until the Event Licensing of the event is complete.**

### **Event License - Mandatory**

District Qualifier Event Licenses **MUST** be completed online. Your District event(s) must be Licensed online at [www.aausports.org](http://www.aausports.org). Event Licenses are subject to approval. District events are approved by the District Sports Director. All athletes and coaches must have a current AAU Membership to participate in an AAU Licensed Event.

## **Entry/Registration - Mandatory**

Prepare a Meet Information Sheet to comply with the requirements of the AAU. **The use of the Coach O On-line Registration program is mandated.**

It must also include the following information:

- This event is Licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

## **Entry Fees**

Determine fee, if any, to be charged, not to exceed \$20.00 for an AAU District Qualifier Meet. This should be in line with fees charged by other meets and in accordance with the National AAU Track & Field Handbook.

## **Organizing Host/Committee**

This committee should bring together a representative cross section of a community or area track and field leaders and coaches, newspaper and radio, business, service clubs, Chamber of Commerce, industry, civic officials and labor-to present the idea.

Items to be discussed include type of meet, date of competition, facilities available, tentative list of teams and available athletes, tentative budget and the recommendation for selection of a chairman. After a chairman is selected, the committee should choose a meet director- someone who has a thorough understanding of track and field and has a good relationship with schools, colleges, and clubs in the region.

## **Meet Director**

In the smallest or the largest meet, the Meet Director is the key to the entire presentation. He or she must be a person who not only understands the sport but must also be able to direct the efforts of others and have a general understanding of all aspects of the undertaking. They must be able to foresee everything that must go into the meet in the way of planning. They should be flexible and creative. The Meet Director shall serve as the coordinator of the event.

## **Promotion**

Select a publicity director who is well versed with the sport and who has a good relationship with local newspapers in sports and general news. Early releases relating to the planning and progress of the meet are important. The AAU National Office will help by advertising through Email Blasts and posting your Event Flyer.

## **Tentative Schedule of Events**

As soon as the meet has been developed the Meet Director should organize a tentative schedule of events. The best guidance for this task is knowledge of the events and the rulebook. The schedule must not only follow a proper order but interval of time between each event must be allowed for the completion of the previous event and the calling of the next event. Other details should acknowledge the variety of events to maintain spectator interest.

## **Awards**

You must order awards directly from the AAU, just visit [www.aausports.org](http://www.aausports.org) for more information. All District Qualifier Meets MUST use “AAU Sports For All, Forever medals” for 1<sup>st</sup> – 3<sup>rd</sup> place finishers in each event contested, including all competing relay team members. If you are awarding ribbons for 4<sup>th</sup> – 8<sup>th</sup> place, they must be AAU Ribbons purchased through the AAU National Office.

## **Meet Program - Optional**

### **Officials/Officials Meeting:**

Working with your local USATF officials' association is very important. No meet can be properly conducted without competent officials. The supervisor of track and field officials for your local association should be notified of your requirements at least 3 months before your meet. Visit [www.usatf.org](http://www.usatf.org) to find out who is your associations officials chairperson. An Officials meeting must be held prior to the start of competition to assure familiarity with the facility and a clear understanding of the AAU and USATF rules.

### **Information for Athletes, Teams and Coaches**

Make certain that detailed information is mailed or posted on a website in advance so that all persons concerned can be informed.

### **Transportation and Housing**

A sub-committee should arrange information to be available about car rental and motel-hotel information.

### **Security**

A local police representative should be invited to serve on your Games Committee. With this relationship you may avoid off-duty charges. They can assist you with crowd and traffic control. It is very important for the meet director to have security for the safety of all those involved with the meet. Police Explorers from your local police department might be a source for you to contact.

### **Announcer**

Do not select someone who likes to talk for the job. Get a genuine authority on the microphone, one that is impartial and has a good voice. He or she will help your meet. He should have adequate assistance.

### **Trainers**

First aid, medical and training facilities for athletes are a necessity! Local school and club trainers are often willing to assist if supplies and facilities are provided by the meet. We recommend that you include a doctor as part of your Games Committee.

### **Meet Management Team**

A meet management team should be appointed to direct the mechanics of the meet on the day of competition. They should have a minimum of 5 assistants. Their responsibilities and assignments shall be determined by the Meet Director.

## **AAU Regional Qualifier Program Regions (revised December 2014)**

<b>Region 1</b>	(1)	Adirondack / Connecticut / New England / New Jersey / New York Metropolitan
<b>Region 2</b>	(1)	Middle Atlantic (Delaware / New Jersey [Southern] / Pennsylvania [Eastern])
<b>Region 3</b>	(1)	Maryland (Baltimore area) / Potomac Valley (Washington DC)
<b>Region 4</b>	(1)	Lake Erie / Ohio / Niagara / West Virginia / Western Pennsylvania
<b>Region 5</b>	(1)	Virginia
<b>Region 6</b>	(1)	Kentucky / Southeastern (Alabama/ Tennessee)
<b>Region 7</b>	(1)	Puerto Rico
<b>Region 8</b>	(1)	Georgia / South Carolina
<b>Region 9</b>	(2)	Florida
<b>Region 10</b>	(1)	Florida Gold Coast
<b>Region 11</b>	(1)	Southern (Louisiana / Mississippi)
<b>Region 12</b>	(1)	Michigan
<b>Region 13</b>	(1)	Central (Illinois) / Indiana
<b>Region 14</b>	(1)	Iowa / Minnesota / Nebraska / North Dakota / South Dakota / Wisconsin
<b>Region 15</b>	(1)	Ozark (Eastern Missouri / St. Louis area)
<b>Region 16</b>	(1)	Arkansas / Missouri Valley (Kansas / Western Missouri) / Oklahoma
<b>Region 17</b>	(1)	Gulf (Houston area)
<b>Region 18</b>	(1)	Southwestern (Dallas area) / West Texas
<b>Region 19</b>	(1)	South Texas
<b>Region 20</b>	(1)	Arizona / Colorado / New Mexico / Utah / Wyoming
<b>Region 21</b>	(1)	Alaska / Inland Empire (Eastern Washington / Idaho / Northeast Nevada) / Montana / Oregon / Pacific Northwest (Western Washington)
<b>Region 22</b>	(1)	Central California / Pacific (Northern California / Northwest Nevada)
<b>Region 23</b>	(1)	Pacific Southwest (San Diego area) / Southern Nevada / Southern Pacific (LA area)
<b>Region 24</b>	(1)	Hawaii
<b>Region 25</b>	(1)	North Carolina

**\*\*The AAU Track & Field Regional Qualifier Program Liaison can add additional Regional Qualifying opportunities as deemed necessary. Please be advised that requests for permission to compete in a Regional Qualifier outside of your original competition area will not be approved. All decisions shall be binding. Competitors can only compete in one (1) Regional Qualifier.**