



AAU BEACH VOLLEYBALL GETTING STARTED

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AAU is...

Boys and Girls, Men and Women. AAU is local and global. AAU is **laughter**, challenges, and opportunities. AAU is **the place** where you learn discipline, team work and persistence. AAU is an organization where **problem solving** and cooperation are taught through the medium of sports.

AAU is the oldest not-for-profit organization in the world dedicated exclusively to the **development** of sports. AAU is **45 different** sports programs. AAU is grassroots, local, national and global events.

AAU is athletic programs where striving to be your best is far more important than being the best. AAU is **educational programs** taught in both the written form and through example.

AAU is alumni from **Shaquille O'Neal** and Carmello Anthony, through Swin Cash and Sheryl Swoopes, to Carl Lewis, Jackie Joyner Kersee, and **Muhammad Ali**.

AAU is the AAU Junior Olympic Games. AAU is National Championships, and the **local and global** competition leading up to them. AAU is **289,860,028 million** people at practices and athletic events annually.

AAU is the AAU Sullivan Award, honoring the **top amateur athlete**. AAU is the arm of the **President's Challenge**, enhancing the fitness levels of America's youth.

AAU is impacting **communities** today and tomorrow. AAU is **building America's future one athlete at a time.**



WHERE YOU BEGIN HAS EVERYTHING TO DO WITH WHERE YOU FINISH.

We've been raising champions for more than a century. Since 1888, the AAU has set the standard for amateur sports in the United States. 'Sports For All, Forever' has been our focus and drive for 133 years and counting. It is more than a motto – it is our vision for sports in the United States and throughout the world. And today we are proud to host more sporting events for more age divisions in more cities than any other organization in the world.

However, the AAU is not just about sports. For every athlete who attains professional sports status after the AAU, there are hundreds more who apply their AAU experience elsewhere. What our participants gain is much more valuable than athletic glory, much more important than any athletic achievement. Through participation in AAU sports programs athletes acquire the mental acuity, emotional maturity, and social tools necessary to succeed in the classroom and in the world beyond.

We are raising tomorrow's leaders on today's playgrounds. No matter your sport, age, or experience level, there is a place for you in the AAU. Congratulations on becoming a part of this tradition. And remember, where you begin has everything to do with where you finish!



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WHY SHOULD I JOIN AAU?

Our Membership is good for all of our 45 sports

- For only \$14 for youth athletes, and \$16 for non-athletes, you can participate in any or all of our offered sports.



Places to Play

- The AAU believes that our events should be hosted at the best facilities. That is why we are partnered with the ESPN Wide World of Sports the premier multi-sport facility in the USA.
- Our National Championships take place in fun locations including but not limited to Orlando, FL; Virginia Beach, VA; Philadelphia, PA; Los Angeles, CA; Las Vegas, NV; Cocoa Beach, FL; and New Orleans, LA.

High Level of Competition

- The AAU is proud to have some of the best young athletes in the country competing in all of our 45 sports.
- Former AAU athletes are now in the NBA, WNBA, MLB, as well as many Olympians.

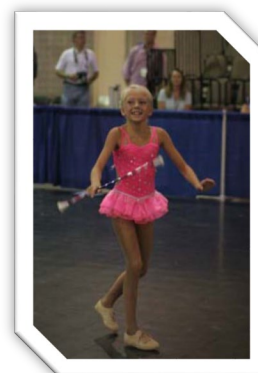
Events

- The AAU has many types of events to offer: Local Invitational Tournaments, Leagues, Sports Festivals, District Championships, Super Regionals, Showcase Events, and National Championships.
 - Whether you want to play close to home, or play across the country, the AAU can make it happen.
- AAU Junior Olympic Games
 - The largest youth multi-sport event in America with over 20 sports.
 - Current cities hosting: Des Moines, IA; Greensboro, NC; Virginia Beach, VA; Houston, TX; and Detroit, MI.



Insurance

- Participant Insurance
 - Your AAU Membership comes with the benefit of secondary sports accident insurance in the event you are injured while competing or participating
- Practice and Event Insurance
 - Coverage Limit: \$5,000,000 of general liability



Hosting an AAU Event



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Getting Started in AAU Sports

Go to www.ausports.org and click on JOIN AAU and Create a User Account

Purchase your AAU Individual Non-Athlete membership- All Athletes and Non-Athletes (coaches, volunteers, officials) must be individual members of the AAU. Background screens are conducted for all Non-Athlete members of the AAU. You must have an active Non-Athlete Membership to purchase a club membership. Applied status or pending memberships are not acceptable.

Non-Athlete memberships are \$16. For an additional \$2, participants can purchase an extended benefit (AB) membership which extends coverage when participating in non-AAU events. Visit www.ausports.org and look under the membership tab for comprehensive explanation of the entire insurance program as well as information on the AAU insurance certificate program.

AAU Club Membership- Each organization must be a registered AAU Club. You can have more than one team within the same club. Club membership can be completed instantly online at www.ausports.org click on Member Login. Login to your account, on the dashboard page click on Club Application; then you will see a description and benefits for each club level. Youth club membership fees are \$30 (Club Level 1), \$60 (Level 2), or \$300 (Level 3). Club membership is valid September 1 to August 31.

Sign up your club/team/organization's members! Youth athlete membership is \$14 per athlete. Non-athlete (coach, volunteer, official) membership is \$16. A benefit of AAU membership is sports accident and general liability coverage. For an additional \$2, participants can purchase an extended benefit (AB) membership which extends coverage when participating in non-AAU events. For complete information on insurance, visit www.ausports.org.

All AAU Non-Athletes will also be required to obtain PCA Double-Goal Coach® training and certification. The AAU National Office is happy to announce to its members, that this Coaches' Education is FREE for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance (PCA). Please visit <https://ausports.org/Positive-Coaching-Alliance> to start the MANDATORY AAU/PCA coaches' educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

Know your Insurance benefits!

Your club and individual members are covered by both Sports Accident and General Liability. There must be a club membership for the organization and EVERYONE participating must have an individual AAU Athlete or Non Athlete membership. Please visit www.ausports.org and look under the membership tab for a comprehensive explanation of the entire insurance program as well as information on the AAU insurance certificate program.

1. Hosting AAU Tournaments and Leagues – Licensed Event (Event Sanction)

As an AAU Club Level 2 or 3, you can apply for a licensed event to host your own tournaments or leagues. Licensed event fees are \$50 for a youth event per day maxing out at \$350 (Fees Cap after a maximum of 7 days). Visit www.ausports.org and log into your account to submit a licensed event application or for more information on licensing an event with the AAU.



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Licensing your event with AAU has many benefits.

- The resources of a multi-million dollar organization while maintaining administrative control of your event
- The AAU nationally recognized brand and logo
- Multi-million dollar insurance program
- Marketing opportunities with AAU members
- AAU ribbons, medals and banners
- Established and recognized sport rules
- Local and national websites to promote your event
- Convenient online services

While submitting your licensed event you can also request Event Third Party Certificates for your facilities if they require them (fees apply).

***NOTE:** Starting in 2014 AAU has updated our language from Event Sanction to Licensed Event.

2. Local District Directors

Your local District Director can provide you with additional information regarding other teams and tournaments in your area. If there is not a Director in your area and you are interested in developing a program in your District, please contact the AAU National Office at 407-934-7200. Also, visit the sport specific website for your sport by going to www.aausports.org and clicking your sport from the drop-down menu.

3. Insurance and Insurance Certificate Program

As an AAU registered Club you have access to our insurance certificate program. This program offers a verification of insurance for the club, third party practice, event, extended benefit and sponsor certificates. Please visit www.aausports.org and look under the membership tab for comprehensive explanation of the entire insurance program as well as information on the AAU insurance certificate program.



AAU BEACH VOLLEYBALL

PROGRAM OVERVIEW

www.aubeach.org



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The AAU Beach Volleyball Program offers opportunities for athletes of all ages, in all skill levels. Events are held throughout the country, including local competitions, Invitationals, Preliminary events, District Championships, Grand Prix events, Regional Championships, Super Regionals, and National Championships.

*For qualifying information, refer to the AAU Volleyball Rules at www.aubeach.org

BENEFITS OF COMPETING IN AAU EVENTS

- 1. Insurance.** AAU members receive coverage from a multi-million dollar insurance program.
- 2. National Championships.** AAU members have an opportunity to compete in national championship events at world-class facilities across the country.
- 3. Safety.** All non-athletes (coaches) must pass a background screening before competing in AAU events.
- 4. Membership.** Nationally recognized non-profit Multi-Sport organization where anyone can join and compete.
- 5. Events.** Freedom and flexibility in conducting programs and hosting events.

AGE DIVISIONS

The age determination date for AAU Beach Volleyball is Sept. 1. Below are the 2022 age requirements for each age division.

- 10 & Under - Born on or after Sept. 1, 2011
- 12 & Under - Born on or after Sept. 1, 2009
- 14 & Under - Born on or after Sept. 1, 2007
- 15 & Under - Born on or after Sept. 1, 2006
- 16 & Under - Born on or after Sept. 1, 2005
- 18 & Under - Born on or after Sept. 1, 2003 OR born on or after Sept. 1 2002 AND be a high school student (12th grade or below) during some part of the current academic year.

For a complete breakdown of the age divisions including information on waivers and exceptions, please visit www.aubeach.org

EVENTS (Dates/locations/divisions are tentative)



AAU National Classic

June 2022 | Orlando, FL



AAU Pan Pacific Championships

July 2022 | Santa Monica, CA

Girls 16, 18



AAU Boys' National Beach Volleyball Champs

July 12, 2022 | Hermosa Beach, CA

Boys 12, 14, 16



AAU Girls' National Beach Volleyball Champs

July 20-24, 2022 | Hermosa Beach, CA

Girls 10, 12, 14, 15, 16, 18



West Coast AAU Junior Olympic Games

July 25-29, 2022 | Hermosa Beach, CA

Girls 12, 14, 15, 16, 18



AAU Best of the Beach

August 5, 2022 | Hermosa Beach, CA

Girls 14, 16



AAU Coed Nationals

August 7, 2022 | Hermosa Beach, CA

Coed Teams 12, 14, 17



AAU Pacific Rim Challenge

August 27-28, 2022 | Honolulu, HI

SPORT CONTACTS

Gino Grajeda, National Beach Commissioner // 310-344-4466 // gino@aausports.org

Crystal Mannino, Senior Sport Manager // 407-934-7200 // crystal@aausports.org



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How to host an AAU Beach Volleyball Tournament

1. Register yourself as an AAU non-athlete (\$16) at www.aubeach.org.
2. Register as an AAU Club Level 2 (\$60) or Level 3 (\$300) online at www.aubeach.org.
3. If you are interested in hosting a qualifying event, email your event dates to volleyball@aausports.org and wait for approval.
4. Apply at www.aubeach.org for an event license. Youth license fees are \$50 per day or a maximum of \$350 for a league or tournament series. For adult events, there is an additional \$20 adult license fee.
5. Once your event is licensed with AAU, it will be listed on the AAU event calendar. Any athlete that participates would need to be an AAU member. Athlete membership is \$14. AAU membership is valid for any AAU sport.
6. You can order AAU medals or ribbons online at www.aubeach.org.

*All AAU Beach qualifiers MUST use VolleyballLife.com for registration and results.

Visit the AAU Beach Volleyball website (www.aubeach.org) for additional information on events, rules, qualifying structure and more.

Practice

Set a practice schedule that best fits your program, budget and facility. Create the schedule according to your number of athletes, time allotted, fee paid, staff availability and etc. as necessary.

Hosting Events

Suggestions for getting you started:

1. Create a budget for the event
2. Secure a facility and contract
 - Include equipment, supplies and other as you find necessary
3. Create an administrative team
4. License the event with the AAU
5. Solicit sponsorships
6. Secure housing arrangements and contracts
7. Set up registration process
8. Promote via AAU website calendar of Events, email blast, registration info, and other creative ideas
9. Set a tentative schedule
10. Purchase supplies, awards, concessions, office supplies, decorations and etc. as you find necessary.
11. Post final schedule and send to each specific club attending
12. Results
 - post onsite throughout event
 - post online
 - submit to AAU post event
 - send to each specific club who attended
13. Wrap up/Review
 - Review budget
 - Create a pros and cons list for future events

*See the AAU Beach Volleyball website for more information at www.aubeach.org information.



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Review the AAU Sport Handbooks - Review the AAU Sport Handbooks for guidelines and rules. A current copy of the Handbooks can be downloaded at www.ausports.org by using the sport menu located at the top of the homepage and selecting your sport.

Contact the AAU Sports Manager or AAU National Chair - Please visit www.ausports.org for a detailed listing of AAU Sports Managers and AAU Sport National Chairs.

You can also contact the **AAU National Headquarters** at (407) 934-7200 for further information.

Purchase your AAU Individual Non Athlete membership - All Athletes and Non-Athletes (coaches, volunteers, officials) must be individual members of the AAU. Background screens are conducted for all Non-Athlete members of the AAU. You must have an active Non-Athlete Membership to purchase a club membership. Applied status or pending memberships are not acceptable.

AAU Club Membership - Register online at www.ausports.org and click on JOIN AAU.

Club Membership is necessary to apply to license an AAU Event. Other benefits of joining as a club include receiving AAU mailings, event notifications, membership certificate, voting rights in AAU elections and club practice insurance.

Individual Athlete/Coach Membership - To participate in an AAU Licensed event, each athlete and coach must be members of the AAU. AAU membership is \$14 per youth athlete and \$16 per non-athlete (coach). As a member of the AAU, you can participate in any of the 45 sports offered by the AAU.

*The membership year is from **September 1st through August 31st**. Membership must be renewed each year to be valid.*

AAU membership provides each member with sports accident insurance for all properly licensed AAU events and supervised practices. Please refer to the current insurance brochure on our web site.

AAU License Application Form - A license is written approval by the AAU to authorize registered athletes to participate in a specific competition or exhibition. No event is an official AAU event unless the host has obtained an AAU license prior to the start of the event. Instructions for completing and submitting a license application and fees are located on our homepage www.ausports.org. All participants in AAU Licensed events must be individual members of the AAU.





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Hosting an AAU Event

The AAU brand and benefits are the perfect tools for event directors to use to ensure a successful event. Planning and advertising are the keys to your events' success. Plan ahead; submit your license application in a timely manner to enable participants to schedule and make travel plans to attend.

To Submit a Licensed Event Application

After obtaining a club level 2 or 3 and an individual non-athlete membership for the contact listed on the club, go to www.ausports.org. On the right you will find a box with yellow lettering; click on Licensed Event Application. You may choose a logo or provide your own. Choose a flyer template or upload your own flyer. All approved licensed events are posted on our find an event site where more than 10 million viewers have access to your event information.

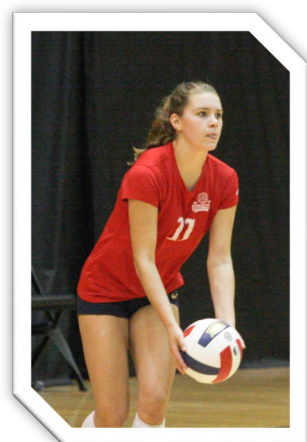
Order AAU Medals and Awards

As a benefit of licensing your tournament through the AAU, you can order AAU medals and ribbons. To order awards, you must submit to the AAU National Headquarters: (1) Awards Application (2) Tournament Flyer (3) Signed Copy of the Approved Licensed Event (4) Appropriate Fees.

Championship Medals are available for District and Regional championships (includes 1 gold, 1 silver and 1 bronze medal). **Sports for All Medals** are available for invitational, league, open, or preliminary events. Ribbons are available for first through eighth place, plus merit. The price for **ribbons** is forty (40) cents each. All orders are assessed a shipping fee as follows: Orders under \$50.00 pay a flat rate of \$10.00, Orders from \$51.00 to \$249.00 pay a flat rate of \$25.00, Orders over \$250.00 pay 10% of total. Orders that are received 15 working days or less prior to the event will be assessed a \$50.00 expedite fee. In addition, if the order requires next day shipping or 2-day shipping you must pay the shipping cost via credit card! Please note that no refunds will be given on any unused medals or ribbons. For complete information on AAU Awards, please refer to the Awards Application Form at www.ausports.org.

Claim Forms

In case of any incidents during your event, make sure you have copies of the AAU Claim Forms at the tournament. These forms should be completed and submitted to the address on the instruction page immediately after an incident. This holds true whether the person involved is a participant or spectator, or whether or not you feel the incident will result in a claim. Please follow all the directions on the form. Claim forms are available at www.ausports.org





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What are the benefits of AAU Membership?

The AAU is a nationally recognized brand, logo with established and recognized sport rules. The AAU is proud to host more sporting events for more age divisions in more cities than any other organization in the world.

Your club and members will receive benefits of a multi-million-dollar insurance program with convenient online services. If you license your event with the AAU, you will have marketing opportunities and eblast promotions of your event to **the 1 million** plus current and past members of the AAU as well as listing the event on our local and national websites.

Our membership fees are low and we offer a variety of sports. Your one (1) membership is valid for any of our 45 sports! We offer two types of individual AAU memberships and three levels of club AAU memberships.

Individual Memberships (See AAU Insurance Program Summary of this packet)

1. Athlete Memberships with Sport Accidental Insurance Benefits

- a. \$14 Regular membership
- b. \$16 Extended Coverage (AB) membership

Allows AB members to participate in non-AAU licensed events (*See separate handout)

2. Non -Athlete Memberships with Sport Accidental Insurance Benefits

- a) \$16 Regular membership
- b) \$18 Extended Coverage (AB) membership

Allows AB members to participate in non-AAU licensed events (*See separate handout)

Club Memberships (See AAU Insurance Program Summary of this packet) **Note: In order to purchase a club membership, you must first purchase individual non-athlete memberships for your club contacts.**

1. Club Level 1 with Liability Insurance Benefits

- a) Eligible to participate in events
- b) Eligible to vote at appropriate District meetings
- c) Eligible to receive license for practice insurance

2. Club Level 2 with Liability Insurance Benefits

- a) Eligible to participate in events
- b) Eligible to vote at appropriate District meetings
- c) Eligible to receive license for practice insurance
- d) Eligible to receive license to host an event
- e) Eligible to use AAU Name & Logo in AAU licensed events

3. Club Level 3 with Liability Insurance Benefits

- a) Eligible to participate in events
- b) Eligible to vote at appropriate District meetings
- c) Eligible to receive license for practice insurance
- d) Eligible to receive license to host an event
- e) Eligible to use AAU Name & Logo in AAU licensed events
- f) Eligible for tax-exempt status
- g) Eligible to accept tax-exempt donations
- h) Eligible to become sales tax exempt in your state

EXTENDED COVERAGE PROGRAM (AB)

The Extended Coverage (AB) coverage program was developed to extend coverage for AAU members while participating in events hosted by organizations that are not member clubs of the AAU. Coverage in this program is provided for properly registered athletes or non-athletes for events in the United States of America (including its territories and possessions) Puerto Rico, and Canada.

To have extended coverage (AB), the following criteria applies:

- For team competitions, the entire competing team and coach (non-athlete) must be AAU extended coverage (AB) members.
- For individual competitions, each competing individual must be an AAU extended coverage (AB) member and must be supervised by an AAU extended coverage (AB) registered coach.
- The competition must be formally scheduled, supervised and conducted by a recognized sport association, civic organization or school (and not be a member of the AAU).
- If you are a member of the AAU in the extended coverage (AB) category and conduct an event that is not licensed by the AAU, you forfeit your rights of extended coverage (AB), for that event only.

Benefits of the AB program are:

- Sports Accident
- General Liability
- Certificates of Insurance

Who is insured?

- Athletes
- Non-Athletes
- Member clubs/teams
- Amateur Athletic Union of the United States, Inc.



When does AB coverage take effect?

- Coverage takes effect when AAU registered members in the extended coverage (AB) category are participating in **events hosted by organizations that are not member clubs of the AAU.**
- **Example:** All of Jim's Basketball Team members are registered AAU extended coverage (AB) members. Jims Basketball Team is participating in an event hosted by the local Park and Recreation organization. The Park and Recreation organization is not a member club of the AAU nor is the event sanctioned by the AAU. Jim's Basketball Team has coverage in this situation by being AAU extended coverage (AB) members.



AAU Insurance Program Summary

AAU Insurance is a benefit of membership.

Club Membership insures practices and an event license insures competitions/clinics etc.,
Everyone participating must also have an individual AAU Athlete or Non Athlete Membership

SPORTS ACCIDENT: Coverage is provided for properly registered members that are injured during an approved event. Coverage is excess medical and becomes primary if there is no other coverage.

Excess Medical	\$100,000
Youth/Non Athlete Deductible	\$300
Adult Athlete Deductible	\$300
Accidental Death & Dismemberment	\$20,000
Dental	Included

Who is insured? (The following categories include but are not limited to)

Athletes and Non-Athletes

Covered events

Licensed Events: This is an event that has been applied for and received an event license from the AAU of the U.S. Inc.

Supervised Practices for member clubs.

GENERAL LIABILITY COVERAGE

LIMITS

Each Occurrence - per event	Up to \$1,000,000
Personal and Advertising Injury	Up to \$1,000,000
Excess Liability Limit	Up to \$5,000,000
Participant Legal Liability	Included
Damage to Premises Rented to you	\$1,000,000
Medical Expenses (any one person)	\$5,000
Sexual Abuse & Molestation -	Included

Who is insured? (The following categories include but are not limited to)*

Registered Athletes and Non-Athletes

Member clubs/teams when all participants are properly registered as athletes or non athletes

Event organizers, promoters, sponsors and managers of AAU licensed events

Volunteers while acting in their capacity at an AAU licensed event

AAU of the USA, Inc.

AAU Districts, AAU Governors and Administrators, AAU Directors & Officers

Officials while acting in their capacity at an AAU licensed event

Covered events

Licensed Events: This is an event that has been applied for and received an event license from the AAU of the U.S. Inc.

Supervised Practices for member clubs.

EXTENDED COVERAGE (AB) INSURANCE PROGRAM

The Extended Coverage (AB) program was developed to extend coverage for AAU members while participating in events hosted by organizations that are not member clubs of the AAU. Coverage in this program is provided for properly registered athletes or non-athletes.

Sports Accident	\$100,000
Liability Limit	Same as above
Excess Liability Limit	Same as above

Extended Coverage (AB) Is not available in Adult Sports of Taekwondo, Diving, Gymnastics, Box Lacrosse

Any organization that is a member of the AAU and hosts an event that is not licensed by the AAU would not have any coverage for the event, even if its members are AAU AB Registered.

This brochure is only a brief description of the coverage available under the AAU Policies. The policies may contain reductions, limitations, exclusions and termination provisions. If there is a conflict between the contents of this document and the policy, the terms and conditions of the policy will govern in all cases.



AAU Insurance Program Summary

AAU Insurance is a benefit of membership.

Club Membership insures practices and an event license insures competitions/clinics etc.,
Everyone participating must also have an individual AAU Athlete or Non Athlete Membership

VERIFICATION OF INSURANCE AVAILABLE

ALL INSURANCE CERTIFICATES ARE AVAILABLE AT WWW.AAUSPORTS.ORG UNDER THE INSURANCE OVERVIEW TAB

Verification of Insurance: This document verifies the club has insurance coverage as defined by the AAU policy and extends the club's coverage to a third party (if accepted by the third party). Your specific club name will appear on the document. **Free-Documents Available immediately.**

THIRD PARTY/ADDITIONAL INSURED INSURANCE CERTIFICATES AVAILABLE

ALL INSURANCE CERTIFICATES ARE AVAILABLE AT WWW.AAUSPORTS.ORG UNDER THE INSURANCE OVERVIEW TAB

This program is designed to provide member clubs the ability to obtain certificate(s). The fee structure is based on requesting the third party/additional insured certificate(s) at least 30 days before coverage start date or incurring an expedite fee

Fee Structure	Fee	Expedite Fee	Total
Start Date is 31 + days from today	\$35	NA	\$35
Start Date is 16-30 days from today	\$35	\$65	\$100
Start Date is 0-15 days from today	\$35	\$100	\$135

For the fees listed above, you may request up to 200 third party/additional insured certificate(s) in one transaction. If you do not list all requests on your initial submission, there will be a \$30.00 transaction fee each time you return to list additional requests. For each facility/entity over 200 there is a \$10.00 per facility/entity fee.

PRACTICE CERTIFICATES: Fees apply. This certificate extends coverage for members during practice and practice only. The practice must be scheduled & supervised by an AAU non-athlete member. It specifically names the third party/additional insured, confirms the club has coverage as defined by the AAU policy and extends the club's coverage to the third party/additional insured. (This certificate is applicable where needed for CG 2026 1219).

Available 2 hours after certificate request

EVENT CERTIFICATES: Fees apply. This certificate extends coverage for activities such as leagues, tournaments, clinics and other events approved by the Amateur Athletic Union of the United States, Inc. There must be a event license number relative to this event. Event licenses may take up to 16 days for approval. It specifically names the third party/additional insured, confirms the club has coverage as defined by the AAU policy and extends the club's coverage to the third party/additional insured. (This certificate is applicable where needed for CG 2026 1219).

Available 2 hours after Approval of Event License Application

SPONSOR: Fees apply. This certificate extends coverage to a benefactor or donor who supports a member club. The sponsor name will appear on the certificate(s). It confirms the club has coverage as defined by the AAU policy and extends the club's coverage to the third party/additional insured. (This certificate is applicable where needed for CG 2026 1219). This type of certificate request must be submitted to the AAU National Office for processing.

Available 24-48 hours after request has been submitted and accepted.

EXTENDED COVERAGE CERTIFICATE: Fees apply. This certificate is for AAU member clubs while participating in events hosted by organizations that are not member clubs of the AAU. This certificate must be obtained by an AAU member club. This certificate insures the named third party in regards to the AAU member club's sole negligence. The entire competing team and coach (non-athlete) must be AAU Extended Benefit members. If you are a member of the AAU in the Extended Benefit category and conduct an event that is not licensed by the AAU, you forfeit your rights of insurance coverage for said event. This type of certificate request must be submitted to the AAU National Office for processing.

Available 24-48 hours after request has been submitted and accepted.

This brochure is only a brief description of the coverage available under the AAU Policies. The policies may contain reductions, limitations, exclusions and termination provisions. If there is a conflict between the contents of this document and the policy, the terms and conditions of the policy will govern in all cases.

Suggestions to get you started

Forming a team can be a little overwhelming so the following are a few things to consider when beginning the process.

Important Considerations

The four most important considerations in forming a team are developing a philosophy for your team, finding committed players, finding a coach and finding a practice facility.

Develop Philosophy

Will it be a participation team where everyone gets equal playing time or a performance team where playing time must be earned? If the coach and the players don't buy into the philosophy of the team it will eventually lead to problems and hard feelings.

Selection of Players

- Will you run area wide or local tryout?
- Will they be open tryouts or by invitation only?
- Are tryouts necessary or will you just select your own team?
- You will also need to decide how many players you will have on your teams' roster. Cost, which is addressed in the next section (click on Financial Obligations of Clubs/Teams) have some impact on that decision.

Develop a Budget

You must first figure out how much money you need to run your club. You have an option of dividing the cost of running your club amongst the number of players on your team. If you want to supplement the amount of money the players are responsible to contribute or if you do not want the players to contribute any money, then you must do one of the following action points.

Get a Sponsor

Find a local business or person in your area that would like to sponsor your team either with money or merchandise.

Solicit Donations

Your first step in this process is to visit www.aausports.org and get a Club Level 3 membership. Selecting a Club Level 3 membership makes your club a subordinate under the AAU's Group exemption program, making the entity a tax-exempt organization. Level 3 Clubs are eligible to accept tax-exempt donations directly. (See club memberships).



Host a Tournament

Hosting a tournament can give your club an opportunity to raise money for your team.

Questions? For further information on how you can begin running AAU leagues, tournaments, and clinics, please contact volleyball@aausports.org for more info.

The information provided above is a general guideline to be followed at your discretion. The AAU does not endorse any particular organizational process or claim to have exact knowledge on how to start or find a team.

*The information provided above is a general guideline/suggestion to be followed at your discretion.



AAU BEACH VOLLEYBALL

GETTING STARTED

www.aaubeach.org



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BASIC TOURNAMENT RULES

The AAU Junior Beach Volleyball Tour will utilize the USA Beach Volleyball Rules of Competition; see the following highlighted playing rules for this summer.

- Rally Scoring: 2 games to 21, with third game to 15 (if necessary) or 1 game to 28 (rally scoring)
- Block counts as a contact
- No open hand dinks/tips
- One toss per serve
- Players may not "set" the ball or contact the ball with finger action in an attempt to play the ball when receiving the serve.
- Any contact with any part of the net by a player's body is a violation.
- Players handling the ball must set the ball in direction they are facing or directly behind them (shoulders squared) when returning the ball over the net.
- Side changes in multiples of seven (7) when the set goes to 21 or 28. Side changes in multiples of five (5) when the set goes to 15.
- Time-Outs:
 - 1) Each team is allowed one time-out per set.
 - 2) In addition, one technical time-out is allowed per each set of 21 to 28 points. The technical time-out is not awarded to each team, but rather a shared time-out when the total combined score is reached. During games 1 and 2 that are played to 21 points the technical time-out is taken when the combined score reaches 21. There is no technical time-out in a set of 15 points. For single sets to 28 points, the technical time-out is taken when the combined score reaches 28.
- Active coaching is allowed during side changes, time-outs and in between sets and matches. The coach may not enter the court. The interaction must take place during the time allowed when players change sides of the court and play must immediately begin after the side change.
- For the 10U division ONLY, all contacts that are hit overhand are considered a driven ball. The first contact may be received with multiple contacts (on the same attempt) or may take the ball with an open hand or set.
- For the 10U division, servers may step onto the court to serve.
- Athletes may wear socks or sand socks during competition.

Net Heights

Boys 18, 16, 15 - 8'
Boys 14 - 7'4"
Boys 12, 10 - 7'
Girls 18, 16, 15, 14 - 7'4"
Girls 12, 10 - 7'

Playing Court

All Divisions: 16 m x 8 m (52'6" x 26'3")

Visit www.aaubeach.org
for more information.



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QUALIFICATION TO WEST COAST AAU JUNIOR OLYMPIC GAMES

Preliminary Events

- These events may earn bids to the West Coast AAU Junior Olympic Games if approved by the AAU Volleyball Committee. Please email volleyball@aausports.org with questions.
- Preliminary events that are approved as qualifying events will award bids to the top 2 teams in each division with at least 5 teams.
- If the 1st and/or 2nd place **TEAM** has previously earned a bid in the same age division, the 3rd or 4th place team will earn a bid. No teams placing lower than 4th will earn a bid.

District Championships

- Only one District Championship event per District. Must be approved by the District Sports Director. Serves as the championship event within the District.
- At least 1 member of each team must reside within the District hosting the event.
- The top teams qualify to the West Coast AAU Junior Olympic Games from each event. The number of teams qualifying is based on the number of teams participating.
 - 5 to 9 teams = top 2 teams qualify
 - 10 or more teams = top 4 teams qualify
- If the 1st, 2nd, 3rd or 4th place **TEAM** has previously earned a bid, the 5th, 6th, 7th, or 8th place teams **WILL NOT** qualify. No teams placing lower than 4th will earn a bid.
- AAU District Championship medals must be awarded

Grand Prix Events

- Large events that focus on local participation (the host district and neighboring districts).
- Events must be approved by the AAU Volleyball Committee.
- The top teams qualify to the West Coast AAU Junior Olympic Games from each event. The number of teams qualifying is based on the number of teams participating.
 - 5 to 9 teams = top 2 teams qualify
 - 10 or more teams = top 4 teams qualify
- If the 1st, 2nd, 3rd or 4th place team has previously earned a bid, the 5th, 6th, 7th, or 8th place teams **WILL NOT** qualify. No teams placing lower than 4th will earn a bid.
- Any Grand Prix event that does not meet the minimum requirements may be subject to removal from licensing the following year or reclassified as a preliminary event.

Regional Championships

- Serves as the championship event within the Region.
- At least 1 member of each team must reside within the Region hosting the event.
- Events must be approved by the AAU Volleyball Committee.
- The top teams qualify to the West Coast AAU Junior Olympic Games from each event. The number of teams qualifying is based on the number of teams participating.
 - At least 4 teams = top 1 teams qualify
 - 5 or more teams = top 4 teams qualify
- If the 1st, 2nd, 3rd, or 4th place **TEAM** has previously earned a bid, the 5th, 6th, 7th, or 8th place teams **WILL NOT** qualify. No teams placing lower than 4th will earn a bid.
- The top team in the Girls 14/16 divisions will also earn a bid to the Best of the Beach event.

Super Regional Events

- Large events that are open to teams from any District and have participation from multiple Regions.
- Events must be approved by the AAU Volleyball Committee. No new events are able to be licensed as Super Regional events.
- The top teams qualify to the West Coast AAU Junior Olympic Games from each event. The number of teams qualifying is based on the number of teams participating.
 - At least 4 teams = top 1 teams qualify
 - 5 or more teams = top 4 teams qualify
- If the 1st, 2nd, 3rd, or 4th place **TEAM** has previously earned a bid, the 5th, 6th, 7th, or 8th place teams **WILL NOT** qualify. No teams placing lower than 4th will earn a bid.
- Any Super Regional event that does not meet the minimum requirements may be subject to removal from licensing the following year or reclassified as a Preliminary event.

National Championships

- The top 8 teams qualify to the West Coast AAU Junior Olympic Games from the National Championship, National Classic, Pan Pacific Championships, and America's Challenge.
- There must be a minimum of 10 teams in the age division in order for any teams to qualify.
- No teams placing lower than 8th will earn a bid.



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National Executive Committee Contact Information

National Chair

Joe Gura

jgura@aausports.org

Committee Members

Bob Blanford

502-551-4094

kyaubob@gmail.com

Joyce Cooney

314-846-5149

acevbc@aol.com

Yvonne Devlin

407-466-9239

yvonne.devlin@yahoo.com

Gino Grajeda (Beach Commissioner)

310-344-4466

gino@aausports.org

Joe Jablonski

630-854-0202

joej@aausports.org

Sharon Schatz

616-951-3033

mjvbaem@gmail.com

AAU National Office Contact Information

1910 Hotel Plaza Boulevard

Lake Buena Vista, FL 32830

407-934-7200

407-934-7242 (Fax)

Sport Managers

Melanie Foxworth

melanie@aausports.org

Crystal Mannino

crystal@aausports.org

Tyler Wegehaupt

tyler@aausports.org

