



INTERESTED IN SPORTS?

Then the AAU is the place to start! The philosophy of "**Sports for All, Forever**" is shared by over 500,000 participants and over 50,000 volunteers. The Districts annually sanction more than 34 sports programs, 250 national championships, over 30,000 age division events, and over 15,000 local, regional and national competitions.

The AAU sponsors the AAU Junior Olympic Games, the AAU James E. Sullivan Memorial Award along with the AAU Complete Athlete Program. Two of the AAU's flagship programs, which are administered for the President's Council on Physical Fitness and Sports are the President's Challenge and the Presidential Sports Award.

Established in 1888, the AAU is one of the largest, non-profit, volunteer, sports organizations in the United States and is dedicated exclusively to the promotion and development of amateur sports.

Today the AAU continues to operate on the basic principles by maintaining the mutual interests of its members while achieving and improving amateur sports.

POSITIVE COACHING ALLIANCE (PCA)

The AAU has partnered with PCA to become the first national sports organization to require all its coaches to obtain PCA Double-Goal Coach® training and certification. PCA will provide training at no cost. Please visit www.aausports.org in order to get more information on how you can become a PCA Double-Goal Coach.

AAU ATHLETICS

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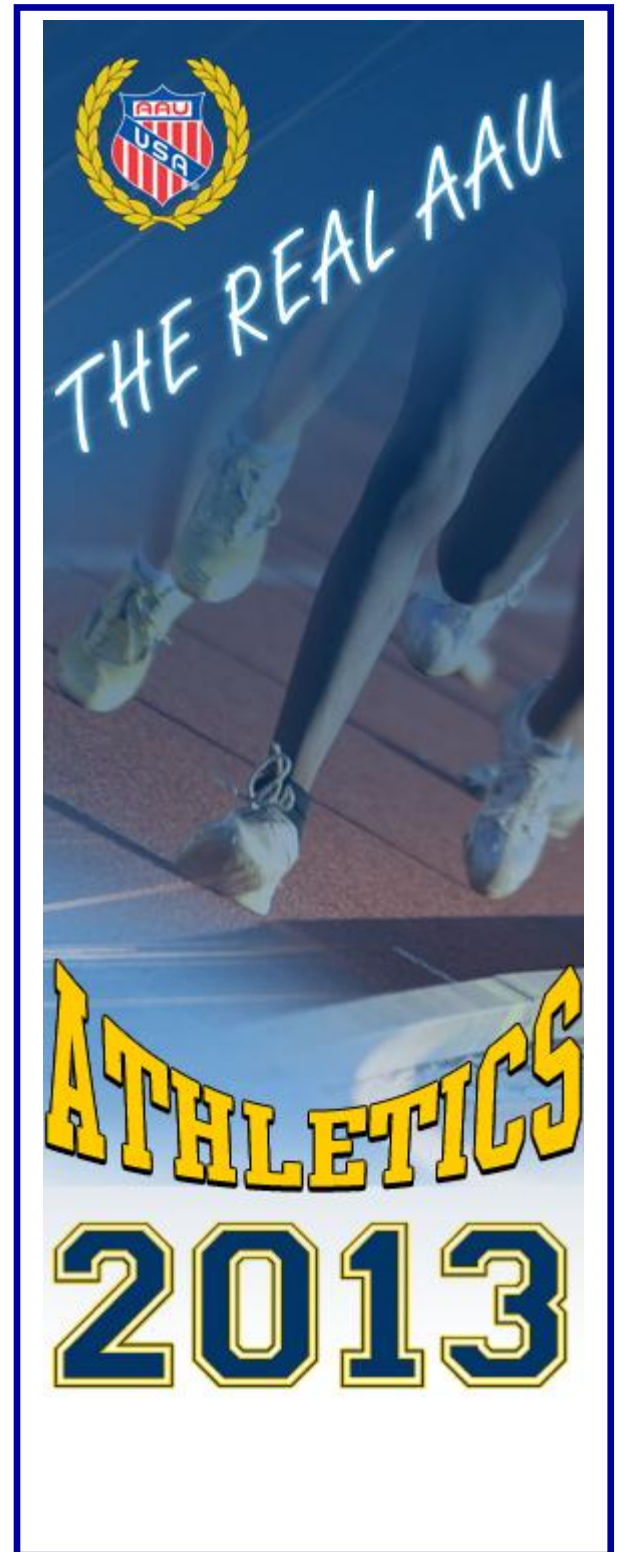
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PROGRAM OBJECTIVES

The purpose of the AAU Athletics Program is to create, stimulate and improve competitive opportunities for our athletes while promoting and developing leadership sportsmanship and educational experiences. Using the theme, "**Sports For All, Forever**" as the foundation, our national athletics committee is continually striving to expand our programming offerings. The results have been this: AAU Athletics offers more National Championships in more age divisions than any other organization in America.



BENEFITS OF THE AAU

- An opportunity to follow in the footsteps of former AAU athletes: Mark Spitz, Shaquille O'Neal, Keri Struggs, Chamique Holdsclaw, Greg Louganis, Ryan Klesko, Julianne Hough, Jackie Joyner Kersee, and many others.
- Membership that includes insurance coverage.
- Ability to participate at the world famous ESPN Wide World of Sports, and other great facilities throughout the country.
- Travel, make new friends, continue education, and create unforgettable memories.
- Membership in an organization long recognized for its position in amateur sports.

GETTING STARTED

1. **AAU Individual Membership**

To participate in the AAU, all athletes and coaches must be individual members of the AAU. As a member, you can participate in any sport in the AAU. Yearly youth athlete membership is \$14 per athlete. Yearly non-athlete (coach, volunteer, official) membership is \$16. AAU members are covered with sports liability and accident insurance. For an additional \$2, participants can become an Added Benefit member which extends coverage when participating in non-AAU sanctioned events. For complete information on insurance, visit www.aausports.org and refer to the Insurance Brochure.

To become a member, you can register online at www.aausports.org. Individual membership is valid September 1 to August 31.

2. **AAU Club Membership**

Each club/team must be a registered AAU Club. You can have more than one team within the same club. Club membership can be completed instantly online at www.aausports.org. Yearly club membership fees are either \$30 (Level 1), \$60 (Level 2), or \$300 (Level 3). Please visit www.aausports.org for a list of benefits for each club level. Club membership is valid September 1 to August 31. **Click on "Find a Local Club" and follow the instructions. This program allows you to contact clubs by email in your geographical area.**

AAU ATHLETICS MEETS

Interested in becoming an AAU Athletics Meet Director? The following are items that you should consider when organizing a Track & Field or Cross Country meet.

FACILITIES: High School, College or Parks and Recreation department facilities etc. The facilities should be able to accommodate several hundred people, and a warm up area is suggested. Suitable changing areas, restrooms and/or shower room if possible, audience seating and parking.

EQUIPMENT: All normal and customary Track & Field equipment necessary to complete all events. A public address system located in the press box, warm up area and clerk of course tent.

STAFF: Officials, Athletic Trainers, meet directors and a security presence.

OFFICIALS: USATF, NCAA or local High School certified officials should be used to help conduct the meet.

CLERK OF COURSE: This area serves as the check in for all competitors and maintains the flow of the meet.

ACCOMMODATIONS: For out of town competitors, provide a list of local hotels, motels, or other lodging facilities along with a list of local restaurants.

SANCTIONING: Log on to www.aausports.org, click on the Event Sanction icon and fill out all the pertinent event information. Your local AAU District Office will approve all sanctions on the local level.

INSURANCE: A benefit of AAU membership is the athletic accident and liability insurance program. For specific information regarding coverage, please refer to the current insurance brochures, found under insurance at www.aausports.org.

ELIGIBILITY:

Any athlete that is an AAU member may compete in any sanctioned AAU Athletics meet upon payment of entry fee. AAU membership is \$14-\$16 for youth (6U - 19U). Membership is available online at www.aausports.org. Any athlete that turns 19 years of age prior to the last day of the AAU Junior Olympic Games is not eligible to compete in any event that year.

QUESTIONS:

Contact the AAU National Office at 407-934-7200.

NATIONAL SPONSORS OF THE AAU

