



INTERESTED IN SPORTS?

Then the AAU is the place to start! The philosophy of "**Sports for All, Forever**" is shared by over 500,000 participants and over 50,000 volunteers. The Districts annually sanction more than 34 sports programs, 250 national championships, over 30,000 age division events, and over 15,000 local, regional and national competitions.

The AAU sponsors the AAU Junior Olympic Games, the AAU James E. Sullivan Memorial Award along with the AAU Complete Athlete Program. Two of the AAU's flagship programs, which are administered for the President's Council on Physical Fitness and Sports are the President's Challenge and the Presidential Sports Award.

Established in 1888, the AAU is one of the largest, non-profit, volunteer, sports organizations in the United States and is dedicated exclusively to the promotion and development of amateur sports.

Today the AAU continues to operate on the basic principles by maintaining the mutual interests of its members while achieving and improving amateur sports.

Positive Coaching Alliance (PCA)

The AAU has partnered with PCA to become the first national sports organization to require all its coaches to obtain PCA Double-Goal Coach® training and certification. PCA will provide training at no cost. Please visit www.aausports.org in order to get more information on how you can become a PCA Double-Goal Coach.

www.aausports.org

AAU GYMNASTICS
www.aaugymnastics.org

NATIONAL CHAIR

Ron Ferris
5701 West Webb Road
Austintown, OH 44515
P 330-652-4386
teamogi@aol.com

SPORT MANAGER

Anastasia Saunders
AAU National Headquarters
P.O. Box 22409
Lake Buena Vista, FL 32830
P 407-934-7200
F 407-934-7242
Anastasia@aausports.org



The dates and information posted on this brochure are for informational purposes only and are subject to change without notice. Please check the AAU website www.aausports.org for the most up to date information.



BENEFITS OF THE AAU

- An opportunity to follow in the footsteps of former AAU athletes: Mark Spitz, Shaquille O'Neal, Keri Struggs, Chamique Holdscaw, Greg Louganis, Ryan Klesko, Julianne Hough, Jackie Joyner Kersee, and many others.
- Membership that includes insurance coverage.
- Ability to participate at the world famous ESPN Wide World of Sports, and other great facilities throughout the country.
- Travel, make new friends, continue education, and create unforgettable memories.
- Membership in an organization long recognized for its position in amateur sports.

GETTING STARTED

1. **AAU Individual Membership**

To participate in the AAU, all athletes and coaches must be individual members of the AAU. As a member, you can participate in any sport in the AAU. Yearly youth athlete membership is \$14 per athlete. Yearly non-athlete (coach, volunteer, official) membership is \$16. AAU members are covered with sports liability and accident insurance. For an additional \$2, participants can become an Added Benefit member which extends coverage when participating in non-AAU sanctioned events. For complete information on insurance, visit www.aausports.org and refer to the Insurance Brochure.

To become a member, you can register online at www.aausports.org. Individual membership is valid September 1 to August 31.

2. **AAU Club Membership**

Each club/team must be a registered AAU Club. You can have more than one team within the same club. Club membership can be completed instantly online at www.aausports.org. Yearly club membership fees are either \$30 (Level 1), \$60 (Level 2), or \$300 (Level 3). Please visit www.aausports.org for a list of benefits for each club level. Club membership is valid September 1 to August 31. **Click on "Find a Local Club" and follow the instructions. This program allows you to contact clubs by email in your geographical area.**

ABOUT AAU GYMNASTICS

AAU Gymnastics competitions may be held for all levels and for all age division. All competing athletes must be AAU registered and the event must be AAU sanctioned.

Contact your local District Sports Director at 1-800-AAU-4USA to learn what meets are being held in your District. If there are none, please consider hosting a meet of your own.

New Program Offered

The AAU National Gymnastics Committee is proud to announce a new discipline to AAU Gymnastics program: AAU Freestyle Gymnastics. The primary purpose of the Freestyle Acrobatics Program is to provide an objective means of evaluating freestyle acrobatic runs in a competitive setting. This exciting new discipline will open up a whole new type of gymnasts to the AAU.

2013 AAU GYMNASTICS NATIONAL EVENTS

AAU Winter Nationals

Location: Spire Institute, Geneva, Ohio
Dates: February 15-17, 2013

AAU Age Group National Championship

Location: Orlando, Florida
Dates: June 12-16, 2013

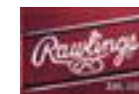
2013 AAU JUNIOR OLYMPIC GAMES

Location: Cobo Center, Detroit, Michigan
Registration: Tuesday, July 30, 2013
Competition Dates: July 31-August 2, 2013



Complete information and entry details are at www.aaugymnastics.org and www.aaujrogames.org

NATIONAL SPONSORS OF THE AAU



MTM RECOGNITION



Nationwide
Insurance



OfficeMax



SportsEvents
MEDIA GROUP