



### INTERESTED IN SPORTS?

Then the AAU is the place to start! The philosophy of "**Sports for All, Forever**" is shared by over 500,000 participants and over 50,000 volunteers. The Districts annually sanction more than 34 sports programs, 250 national championships, over 30,000 age division events, and over 15,000 local, regional and national competitions.

The AAU sponsors the AAU Junior Olympic Games, the AAU James E. Sullivan Memorial Award along with the AAU Complete Athlete Program. Two of the AAU's flagship programs, which are administered for the President's Council on Physical Fitness and Sports are the President's Challenge and the Presidential Sports Award.

Established in 1888, the AAU is one of the largest, non-profit, volunteer, sports organizations in the United States and is dedicated exclusively to the promotion and development of amateur sports.

Today the AAU continues to operate on the basic principles by maintaining the mutual interests of its members while achieving and improving amateur sports.

### Positive Coaching Alliance (PCA)

The AAU has partnered with PCA to become the first national sports organization to require all its coaches to obtain PCA Double-Goal Coach® training and certification. PCA will provide training at no cost. Please visit [www.ausports.org](http://www.ausports.org) in order to get more information on how you can become a PCA Double-Goal Coach.

### **AAU JR Tournament Director**

Interested in becoming an AAU Jump Rope Tournament Director? Here are just a few key responsibilities.

**\*If you need help and/or for more information on hosting an AAU Jump Rope Qualifying Tournament, please contact Jean and John Hodges at 302-945-1627, or e-mail [jeanhodges45@verizon.net](mailto:jeanhodges45@verizon.net).**

### REQUIREMENTS

1. **MEMBERSHIP:** All Tournament Directors, participating Coaches, Judges, Scorers, Teams and Athletes **MUST** be current AAU members

All membership numbers must be checked by the Tournament Director before Tournament Day.

2. **SANCTIONING:** Log on to [www.ausports.org](http://www.ausports.org), click on the Event Sanction icon and fill out all the pertinent event information. AAU Club Level II or III required.

**QUESTIONS:** Contact the AAU National Office at 407-934-7200.

3. **RULES:** All AAU tournaments **MUST** be AAU sanctioned and administered according to the AAU Jump Rope rules contained in the 2012 AAU Competition Handbook. These are available on the AAU Jump Rope website at [www.aaujumprope.org](http://www.aaujumprope.org). Click on the Rules and Info tab.

4. **ELIGIBILITY:** Remind coaches that all participants, coaches and officials **must** be members of AAU before they may participate. Check AAU number is provided and that age given is correct for year of competition.

5. **PHYSICAL PLANNING FOR THE TOURNAMENT:** A large gym is usually sufficient. Set up the competition areas so that jumpers and judges are separated from the audience. Establish a warm-up area and holding area for the events. Other jumpers, family members and coaches should not be allowed on or very near the competition floor or the judges. Judges should not be able to confer on scores. Floor tape should clearly mark the jumping areas and the judges should be positioned outside the area for freestyle. Be sure you have enough mechanical counters, stop watches, pencils, score-sheets, calculators etc. for your needs.

### Age Divisions

Single: Males 8 & under, 9-10, 11-12, 13-14, 15-17, 18-22

Females 8 & under, 9, 10, 11, 12, 13-14, 15-17, 18-22 (13-14 may be sub-divided)

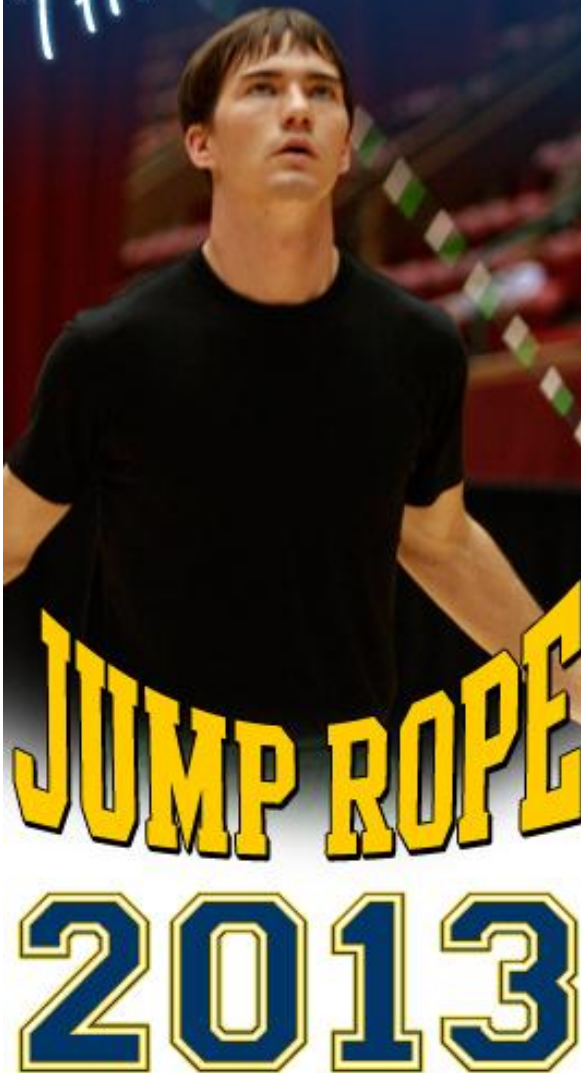
Pairs: 8 & under, 9-10, 11-12, 13-14, 15-17, 18-22

Double Dutch: 12 & under, 13-14, 15-17, 18-22

Group Synchronized Routine: 13 & Under, 14-22



THE REAL AAU



## **BENEFITS OF THE AAU**

- An opportunity to follow in the footsteps of former AAU athletes: Mark Spitz, Shaquille O'Neal, Keri Struggs, Chamique Holdsclaw, Greg Louganis, Ryan Klesko, Julianne Hough, Jackie Joyner Kersee, and many others.
- Membership that includes insurance coverage.
- Ability to participate at the world famous ESPN Wide World of Sports, and other great facilities throughout the country.
- Travel, make new friends, continue education, and create unforgettable memories.
- Membership in an organization long recognized for its position in amateur sports.

### **GETTING STARTED**

#### **1. AAU Individual Membership**

To participate in the AAU, all athletes and coaches must be individual members of the AAU. As a member, you can participate in any sport in the AAU. Yearly youth athlete membership is \$14 per athlete. Yearly non-athlete (coach, volunteer, official) membership is \$16. AAU members are covered with sports liability and accident insurance. For an additional \$2, participants can become an Added Benefit member which extends coverage when participating in non-AAU sanctioned events. For complete information on insurance, visit [www.aausports.org](http://www.aausports.org) and refer to the Insurance Brochure.

To become a member, you can register online at [www.aausports.org](http://www.aausports.org). Individual membership is valid September 1 to August 31.

#### **2. AAU Club Membership**

Each club/team must be a registered AAU Club. You can have more than one team within the same club. Club membership can be completed instantly online at [www.aausports.org](http://www.aausports.org). Yearly club membership fees are either \$30 (Level 1), \$60 (Level 2), or \$300 (Level 3). Please visit [www.aausports.org](http://www.aausports.org) for a list of benefits for each club level. Club membership is valid September 1 to August 31. **Click on "Find a Local Club" and follow the instructions. This program allows you to contact clubs by email in your geographical area.**

#### **National Chair**

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### **2013 AAU Junior Olympic Games Jump Rope Championships**

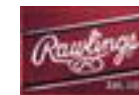
Location: Cobo Center  
Detroit, Michigan  
Check-in: Wednesday, July 24, 2013  
Competition Dates: July 25-28, 2013



For more information and entry details visit  
[www.aaujumprope.org](http://www.aaujumprope.org) or [www.aaujrogames.org](http://www.aaujrogames.org)

The dates and information posted on this brochure are for informational purposes only and are subject to change without notice. Please check the AAU website [www.aausports.org](http://www.aausports.org) for the most up to date information.

## **NATIONAL SPONSORS OF THE AAU**



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