

# AAU BREAKING National Handbook 2025



*Sports For All,  
Forever*

**Amateur Athletic Union**

## **AAU National Breaking Rules and Regulations**

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**PREAMBLE**

The AAU Dance National Committee has been established in order to promote the benefits of participation in Breaking and hereby adopts these rules & regulations (subject to change without notice) for the advancement of that purpose. **All leagues designated as qualifying events for the AAU Junior Olympic Games Breaking Event will follow the rules set forth as a guideline for the Regionals and National event. For events conducted outside of the AAU Junior Olympic Games Breaking Event structure, the rules followed are at the discretion of the event director until further notice.** The following National Breaking Rules are conditional to the bylaws, rules, policies, guidelines, and practices of the Amateur Athletic Union. Additional Handbooks are available for: AAU Dancesport (Ballroom), Traditional Dance (various styles), and Dress Code, at [aaudance.org](http://aaudance.org).

**SPORT POLICIES AND PROCEDURES****A. Rules of Competition**

1. Qualification to AAU National Competition:
  - a) Qualifying required for 1vs1 Elimination Tournament. All other events are open to any participant meeting the membership and age requirements.
2. Qualification to AAU Junior Olympic Games
  - a) Participation at minimum of 2 events at a Local League to accumulate a minimum of 50 points to allow a participant to attend a Regional Qualifier is required.
3. Age Groups Divisions
  - a) Specific age Divisions apply for all events.
4. Age Determination
  - a.) The age of a competitor is determined by the athlete's age on September 1<sup>st</sup> of the current AAU year.
5. Eligibility
  - a) All athletes, coaches, volunteers, officials, and judges must possess a current AAU Membership card. Adults must consent to a background check when applying for Membership. All Coaches must attend online mandatory AAU-PCA Coach Training.
6. Sportsmanship.
  - a) It is the obligation of coaches, players, administrators, volunteers, and other representatives of the AAU to practice the highest principles of sportsmanship and to observe the ethics of competition.
  - b) Good sportsmanship is defined as qualities of behavior, which are characterized by courtesy and genuine concern for others.
  - c) The display of good sportsmanship is a statement of the individual's understanding and commitment to fair play, ethical behavior, and integrity
7. Program Violations.
  - a) Disciplinary action may be considered by the Districts, Sport Committee or the Executive Committee for any violations bringing discredit upon the AAU or any violation of any part of this Handbook or the AAU Code. In instances of alleged violations, Board of Review action may be taken against athletes, coaches, parents and/or clubs according to AAU Code Book.

8. No Guarantee Policy.

a) The AAU cannot and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has licensed (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

**SPORT OPERATIONS**

A. Current Year Rule Changes

1. For changes in the AAU Breaking Competition Regulations, visit [www.aaudance.org](http://www.aaudance.org).
2. Additional rule changes may be distributed in the competition information.
3. Districts are not listed as part of this document and are not part of the AAU National Rules. For District modifications to the AAU Breaking Dance Program, contact the District Chair (directory) [aausports.org](http://aausports.org)
4. To add a new Dance Discipline (style/genre) Rules must be submitted to the Executive Committee by August 1<sup>st</sup> of each year for approval and inclusion in the Handbook for September release. Contact National Dance Chair

B. Event Operating Rules.

1. These rules shall apply to all AAU licensed Regional or National events unless otherwise approved by the AAU Dance National Executive Committee.
2. Officials Requirements.  
Choice of officials is at the discretion of the Event Director.
  - a) Officials, Judges, Staff and Volunteers must maintain a current AAU Membership
  - b) Judges must be certified by AAU Breaking or an accepted organization.
  - c) A minimum of 3 Judges for Championships, Regional or National events. Must be odd number. District or local events are at discretion of the event director. Qualifiers for the AAU Junior Olympic Games -Minimum 3 judges.
  - d) Judges may not adjudicate their own child or student.
  - e) Participating Coaches must maintain AAU Membership
    - i. Be a minimum of 18 years old (Head Coach);
    - ii. Assistant Junior Coaches should be at least 16 years old and should be supervised by a head coach
    - iii. Complete the Positive Coaching Alliance curriculum
    - iv. Be certain that their athletes are properly prepared for competition and entered in the correct age and skill division
    - v. Demonstrate behavior which reflects the Professionalism required of our sport while in the presence of athletes and parents
    - vi. The accepted attire for coaches and officials at AAU District, Regional and National Events is: Closed toe shoes (no bare feet or sandals). Slacks, Shirts with collars, No hats. Or as directed.
  - f) Cell phones must be placed on vibrate once Staff, Official, Judge, Volunteer designated position responsibility has begun and for Coaches once practice warmups have begun.

- g) Competition Directors reserve the right to combine divisions if the number of entries does not warrant having separate divisions.
  3. Regional and National Medals  
AAU medals shall be used at any licensed Regional or National event. Medals must be purchased through the AAU medal program or the license shall be denied/voided.
- B. Competition Structure
1. The National Dance Executive Committee is charged with operating and or overseeing competitions at the Regional and National levels. These national and regional competition rules must use the AAU National Breaking Rules. Competitions which serve as qualifying opportunities to either Regional or National competitions may use the current AAU Breaking National Rules.
    - a) Memberships will be verified prior to Competition.
- C. National or Regional Events
1. AAU Breaking National Championship Competitions  
National events will be organized by the national executive committee. AAU Dance Nationals & AAU Junior Olympic Games Dance Events will utilize the AAU Breaking National Handbook as approved by the AAU National Dance Executive Committee. Adult divisions are not offered at the AAU Junior Olympic Games.
  2. Regional Championship Competitions
    - Regional events will be approved by the national executive committee. On all event license applications, this event will be referred to as a National Regional Event.
    - They will follow rules and other requirements as stated by the National Executive Committee. To qualify for Regional Competitions, athletes must have participated in a minimum of two local events of one of the 13 leagues to accumulate 50 points to proceed to Regionals. .

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# AAU BREAKING

## RULES AND REGULATIONS

### 1. OVERVIEW

The AAU Breaking Rules & Regulations serve as the official guide for the organization and execution of the National AAU Breaking League competitions. It outlines the key rules and guidelines that govern these events and serves as the foundational document for all National AAU Breaking League activities leading into the Junior Olympic Games.

### 2. INTRODUCTION

#### 2.1 WHAT IS BREAKING?

Breaking is an urban dance style that originated in the early 1970s in the Bronx, New York City. It is the original dance style of Hip Hop culture and is also one of its four elements, alongside DJ-ing, MC-ing, and Graffiti Art. It was named Breaking due to the fact that dancers only performed during the drum break of a song. Pioneered by African American and Puerto Rican youth, Breaking has evolved over the past five decades from its grassroots origins into a globally recognized art form. The style blends dynamic techniques with athleticism and musicality.

#### 2.2 ELEMENTS OF BREAKING

Breaking consists of **four main components**:

- **Toprocks** – Rhythmic movements while standing, incorporating steps, grooves, and character.
- **Footwork** – Textural movements with both hands and feet on the floor.
- **Power Moves** – Dynamic movements on the floor, incorporating spins, acrobatic moves, and continuous rotations.
- **Freezes** – Positional moves to stop all body movement, showcasing balance and strength, to end a round or emphasize a sound in the music.

#### 2.3 PRACTITIONERS OF BREAKING

Practitioners are called “**B-Boys**” (**Break Boys**) and “**B-Girls**” (**Break Girls**), or “**Breakers**”.

### 3. COMPETITION REGULATIONS

#### 3.1 *Explanation of a Battle*

A Battle is where two breakers face off round by round. It is a competitive exchange that is structured with one or more rounds, each containing an equal number of sets, performed in response to each other.



### 3.2 COMPETITION FORMAT (*Mixed Gender, Ages 7-17*)

- **Division 1: ELITE** (advanced)
- **Division 2: AMATEUR** (intermediate)
- **Division 3: NOVICE** (beginner)

### 3.3 LOCAL LEAGUE TOURNAMENT

All competitors will enter a preliminary round, where they will showcase their skills. Judges will select the Top 16 or 8 breakers from the showcase round to compete in a single-elimination tournament.

#### PRE-SELECTION:

- Choose the Top 16 if there are 16+ competitors in the pre-selection. If there are only 16, a preliminary round is still required for seeding.
- Choose the Top 8 if there are less than 16 competitors. If there are only 8, a preliminary round is still required for seeding.

#### DIVISIONS AND BATTLE FORMATS

##### DIVISION 3: NOVICE (Beginners)

- **Top 16:** One round
- **Quarter-Finals:** One round
- **Semi-Finals:** One round
- **Finals:** Best of three rounds (results must be decided after each round)

##### DIVISION 2: AMATEUR (Intermediate)

- **Top 16:** One round
- **Quarter-Finals:** One round
- **Semi-Finals:** Best of three rounds (results must be decided after each round)
- **Finals:** Best of three rounds (results must be decided after each round)

##### DIVISION 1: ELITE (Advanced)

- **Top 16:** One round
- **Quarter-Finals:** One round
- **Semi-Finals:** Best of three rounds (results must be decided after each round)
- **Finals:** Three rounds (results will be decided after the battle is completed)

## ROUND ROBIN SCENARIOS

In the case of low participation in any division (fewer than 8 competitors), a round-robin format will be used. To help determine tie breaks after the round robins are completed, battles won determine the top placers, and judges' votes will serve as a source for tie breaks. If after the battles won and judges' votes are tied, a one round tiebreaker will be required. For example, if 3 competitors are tied for second place by the count of battles won, the competitor who had the most votes would advance. If two of the 3 have the same amount of battles won and votes, an extra round would be used to break the tie.

- **2 Competitors:** A 3-round battle to determine placements.
- **3 Competitors:** Round-robin all vs all with 2 rounds per battle. The top 2 will battle for first place. Total of 4 rounds each.
- **4 Competitors:** Round-robin all vs all with 1 round per battle. The top 2 will battle for first place. Total of 3 rounds each.
- **5 Competitors:** Round-robin all vs all with 1 round per battle. The top 2 will battle for first place. Total of 4 rounds each.
- **6 Competitors:** Round-robin all vs all with 1 round per battle. The top 2 will battle for first place. Total of 5 rounds each.
- **7 Competitors:** Round-robin all vs all with 1 round per battle. The top 2 will battle for first place. Total of 6 rounds each.
- **8 Competitors:** Prelims will be held to rank competitors from 1st to 8th place for bracket placement.

For the Finals in round-robin divisions:

- Division 1 - Elite: Three rounds (results decided after the battle is completed)
- Amateur: Best of three rounds (results must be decided after each round)
- Novice: Best of three rounds (results must be decided after each round)

\* If there are seven competitors in the Novice division, a final battle will not be necessary. The final placements from the round-robin will determine the rankings and seeding allocations.

## 4. ADJUDICATION

### 4.1 EXPLANATION OF JUDGING

Judges will assess performances based on "MOTEV" as their motive when comparing and scoring breakers. This framework will guide their mindset and influence their decision-making.

- **Musicality** – Rhythm and Interpretation
- **Originality** – Style and Creativity
- **Technique** – Form and Difficulty
- **Execution** – Cleanliness and Performance
- **Vocabulary** – Moves and Transitions

**PRELIMINARY Showcase at Local League Events:** Judges will score each showcase round from 1-10 points using the Breakkconnect system. The average score of all judges will be the final score for each breaker's showcase round and the Top 16 or 8 scores will advance to the tournament.

**SINGLE-ELIMINATION Tournament at Local League Events:** Judges will vote round per round using a 10-point system to score each breaker's set using the Breakkconnect system. The breaker with the majority of rounds won in the battle will be victorious.

**ROUND ROBIN Battles at Local League Events:** Judges will vote after each battle to select the winner of each round. They will then use the 10-point system to score each breaker's set, utilizing the Breakkconnect system for the final battle between the top two scorers.

**JUNIOR OLYMPIC GAMES AND SUPER REGIONAL EVENTS:** An approved judging system will be determined by May 1st, 2025 and utilized by certified adjudicators.

## 5. EVENT GUIDELINES

### 5.1 MUSIC SELECTION

Music selection will be spontaneous. Breakers will not know what music the DJ will play. This is an authentic practice in breaking culture to create natural movement and challenge the breaker's response to the music. Dj's are required to play clean music at all times.

### 5.2 BATTLE RULES

- Breakers will perform a set of 30-60 seconds per round, though there will be no penalties if they go shorter or longer.
- Misbehaviors such as touching or fighting will result in disqualification.
- Once the battle begins, each breaker will have 10 seconds to decide who wants to start. If no decision is made within that time, a coin will be flipped to determine who starts the battle.

### 5.3 BATTLE FLOOR

- Local events require a competition floor of 12 x 12.
- Regional events require a competition floor of 15 x 15.
- Championship events require a competition floor of 20 x 20.

### 5.4 EVENT REGULATIONS

- Event hosts must maintain a respectful atmosphere, avoiding obscene, indecent, or profane language.
- Events must provide adequate seating for spectators.
- Local and Regional events should not run any longer than 4 hours.
- League event organizers must be members of BreakKonnnect and are required to create events, manage registrations, and utilize the judging system under AAU Breaking as the assigned organization. Allowing participation from non-AAU youth athlete members will result in the immediate dismissal from their leadership position.
- AAU's Codebook must be followed at all times.

## 6. NATIONAL LEAGUE PATHWAY

### 6.1 LOCAL LEAGUE

Each local league must host three events within a specified time frame for breakers to earn points toward regional qualifications. Breakers must compete in a minimum of two events to accumulate points. The breaker with the most points in each league will earn an automatic spot in the regional bracket. Those who accumulate at least 50 points will be eligible to compete in a Last Chance Preliminary Showcase at regionals.

### 6.2 SUPER REGIONALS

Super Regional events will serve as the direct qualifiers for the 1vs1 Elimination Tournament AAU Junior Olympic Games. After the qualified competitors have been seeded, any remaining spots in the bracket will be filled through a Last Chance Preliminary Showcase. The main competition will be conducted in a single-elimination tournament format, unless a round robin is required.

### 6.3 CHAMPIONSHIP

The AAU Junior Olympic Games will serve as the final championship event for the National AAU Breaking League. First, Second, and Third place competitors at the Regional Events will be seeded into the main AAU Junior Olympic Games bracket, where they will face off against wildcards, who earned their spot through the Last Chance Preliminary Showcase, in a single-elimination tournament format, unless a round robin is required.

## 7. 2025 EVENT SCENARIOS

### 7.1 SUPER REGIONALS

#### AAU BREAKING SUPER REGIONAL 1

## AAU JUNIOR OLYMPIC GAMES QUALIFIER

Date: Sunday, May 18, 2025

Location: Las Vegas Convention Center - Las Vegas, NV

### ELIGIBLE BREAKING LEAGUES:

- Desert
- Las Vegas
- NorCal
- Rocky Mountain
- Salt Lake
- SoCal

\*Additional participants may be deemed eligible upon further review.

### DIVISION 1: ELITE

- **Quarter-Finals:** One round
- **Semi-Finals:** Best of three (results must be decided after each round)
- **Bronze Medal Battle:** Three rounds (results decided after the battle is completed)
- **Gold Medal Battle:** Three rounds (results decided after the battle is completed)

### SUPER REGIONAL QUALIFICATION AND ADVANCEMENTS:

- 3 automatically qualified — top points leader from each of the Las Vegas, Rocky Mountain, and SoCal breaking leagues.
- 5 open spots available for the regional tournament, earned through a preliminary showcase for competitors with at least 50 points in local leagues or who are solely ranked in their league.
- Gold, Silver, and Bronze medalists at the Super Regional will qualify for the Junior Olympics in Houston, TX, while 4th - 8th place are eligible for the last chance qualifier at the games.

### DIVISION 2: AMATEUR

- **Top 16 to Semi-Finals:** One round
- **Bronze Medal Battle:** Three rounds
- **Gold Medal Battle:** Three rounds

### Qualification:

- 5 automatically qualified — top points leader from each of the Desert, Las Vegas, Rocky Mountain, Salt Lake, and SoCal breaking leagues.

## 2025 AAU BREAKING NATIONAL RULES

- 11 open spots available for the regional tournament, earned through a preliminary showcase for competitors with at least 50 points in their local leagues or who are solely ranked in their league.
- Top 3 placements from the regional tournament automatically qualify for the Junior Olympics, while the other 13 breakers are eligible for the last chance qualifier at the games.

### **DIVISION 3: NOVICE**

- **Top 16 to Semi-Finals:** One round
- **Bronze Medal Battle:** Best of three (results must be decided after each round)
- **Gold Medal Battle:** Best of three (results must be decided after each round)

#### **Qualification:**

- 6 automatically qualified — top points leader from each breaking league.
- 10 open spots available for the regional tournament, earned through a preliminary showcase for competitors with at least 50 points in their local leagues or who are ranked in their league.
- Top 3 placements from the regional tournament automatically qualify for the Junior Olympics, while the other 13 breakers are eligible for the last chance qualifier at the games.

### **AAU BREAKING SUPER REGIONAL 2**

#### **AAU JUNIOR OLYMPIC GAMES QUALIFIER**

Date and Location to be determined.

#### **BREAKING LEAGUES:**

- Aloha
- ATX
- Down South
- DMV
- Lone Star
- Tri State
- Twin Cities

\*Additional participants may be deemed eligible upon further review.

### **DIVISION 1: ELITE**

- **Quarter-Finals:** One round
- **Semi-Finals:** Best of three
- **Bronze Medal Battle:** Three rounds
- **Gold Medal Battle:** Three rounds

**QUALIFICATION:**

- 2 automatically qualified — top points leader from each of the Lone Star and Tri State breaking leagues.
- 6 open spots available for the regional tournament, earned through a preliminary showcase for competitors with at least 50 points in their local leagues or who are ranked in their league.
- Gold, Silver, and Bronze medalists at the Super Regional will qualify for the Junior Olympics in Houston, TX, while 4th - 8th place are eligible for the last chance qualifier at the games.

**DIVISION 2: AMATEUR**

- **Top 16 to Semi-Finals:** One round
- **Bronze Medal Battle:** Three rounds
- **Gold Medal Battle:** Three rounds

**QUALIFICATION:**

- 4 automatically qualified — top points leader from each of the Down South, DMV, Lone Star, and Twin Cities breaking leagues.
- 12 open spots available for the regional tournament, earned through a preliminary showcase for competitors with at least 50 points in their local leagues or who are ranked in their league.
- Top 3 placements from the regional tournament automatically qualify for the AAU Junior Olympic Games, while the other 13 breakers are eligible for the last chance qualifier at the games.

**DIVISION 3: NOVICE**

- **Top 16 to Semi-Finals:** One round
- **Bronze Medal Battle:** Three rounds
- **Gold Medal Battle:** Three rounds

**QUALIFICATION:**

- 6 automatically qualified — top points leader from each breaking league.
- 10 open spots available for the regional tournament, earned through a preliminary showcase for competitors with at least 50 points in their local leagues or who are ranked in their league.
- Top 3 placements from the regional tournament automatically qualify for the Junior Olympics, while the other 13 breakers are eligible for the last chance qualifier at the games.

## AAU JUNIOR OLYMPIC GAMES

Day 1: Preliminary

**DATE: JULY 24, 2025**

### **DIVISION 1: ELITE**

- 6 breakers have already qualified through the Super Regionals.
- 10 eligible breakers can compete in a last chance qualifier — judges will select 6 breakers to move into the round robin.

### **DIVISION 2: AMATEUR & DIVISION 3: NOVICE**

- 6 breakers have already qualified through the Super Regionals.
- 26 eligible breakers can compete in a last chance qualifier — judges will select 10 breakers to move into the final top 16 tournament.
- In the event there are not enough to complete a top 16 tournament, judges will select the top 4 breakers from the last chance qualifier to do a seeded battle between 1st vs 4th and 2nd vs 3rd.

**OPEN SCHOOL VS SCHOOL (3-8 MEMBERS)** (Open Event-no qualifying is required for the AAU Junior Olympic Games)

- Each school, whether Club A or B, must be registered with AAU. Additionally, each club or school must have a coach who is an approved AAU non-athlete member.
- Every member competing for a school must be a registered AAU member.
- All divisions are eligible to compete together.
- One routine required.
- Judges will select the top 8 or 4 schools to move into the final tournament, based on registrations.

## **DAY 2: CHAMPIONSHIPS**

**DATE: JULY 25, 2025**

### **SCHOOL VS SCHOOL BREAKING TOURNAMENT**

- Single-Elimination Tournament
- Mixed gender, Ages 7-17.
- Battle structure will follow the same format as individual battles, with performances judged round by round.
- Judges will consider both individual sets and team Routine/Commandos when determining the winners.
- Minimum of one routine per battle.



- **Quarter-Finals:** 5 rounds per side (one routine max)
- **Semi-Finals:** 7 rounds per side (two routines max)
- **Finals:** 9 rounds per side (unlimited routines)

## 1-VS-1 SOLO CHAMPIONSHIP BREAKING Tournament

- **Division 1: ELITE**

- 12 breakers will be split into two round robins (Group A & Group B) with 6 competitors in each.
- Group A will consist of the first place competitor from Super Regionals 1, second and third place from Super Regionals 2, and 1st, 4th, & 6th seeds from the last chance qualifier.
- Group B will consist of the first place competitor from Super Regionals 2, second and third place from Super Regionals 1, and 2nd, 3rd, & 5th seeds from the last chance qualifier.
- Each breaker will battle everyone in their group in a one-round battle.
- The breaker in each group with the most battles won will move into the gold medal battle for a three-round battle.
- The breaker in each group with the second most battles won (and most judges' votes if there is a tie) will move into the bronze medal battle for a three-round battle.
- If the round-robin groups are not fully populated based on the placements above, a contingency plan will be implemented. The Chairman of Judges will determine the best course of action. For example, if a regional winner does not attend the AAU Junior Olympic Games, their spot will be filled by the next highest seed from the last-chance qualifier.

- **DIVISION 2: AMATEUR & Division 3: NOVICE**

- Top 16 single-elimination tournament.
  - **Top 16 to Semi-Finals:** One round.
  - **Bronze Medal Battle:** Three rounds.
  - **Gold Medal Battle:** Three rounds
- Competition Organizer reserves the right to combine styles, ages or categories for competitive purposes.

## GENERAL INFORMATION

### A. FLASH PHOTOGRAPHY / VIDEOTAPING

For the safety and protection of our dancers and choreographers, Video camera, movie cameras, or other recording devices are prohibited. Still photography of any kind is not allowed.

1. AAU Dance may videotape performances for adjudication and/or promotional purposes.
2. Each competition director may set additional rules regarding photography and videotaping. For information in regard to a specific competition please see the guidelines of that event.

### B. MISCELLANEOUS

1. It is the responsibility of the athletes and coaches to properly stretch and warm-up prior to practice competition.
2. Competition Director will provide practice area if available depending on venue.
3. Parents or spectators are NOT allowed to be in the practice area.
4. Any athlete or team violating any rule, part of a rule, or violating any tradition, custom, or breach of competition etiquette for which there is no specific rule provided shall be assessed a 2.0 penalty per violation or disqualification at the discretion of the event director. If disqualified no refunds will be issued.
5. All publicity spoken, printed, or on clothing must be accurate with the rightful name of The event, age division, status level and classification.
6. AAU logos are strictly prohibited for use without prior National approval.

### C. PERFORMANCE AREA FOR DANCE EVENTS

1. The performance area is the actual area designated for dancers to compete. The performance area size may vary according to the type, size and or venue of competition and must be of an approved professional flooring substance. Floor size 20 x 20 for Regional/National events depending upon the dance styles offered at event. AAU Junior Olympic Games Events provide 16 x16

### D. COMPETITOR ZONE

1. The Spectator area is from entrance of competition including the seating.
2. The Competitor Zone is the entrance to the practice area, dressing rooms, On Deck and performance floor. Only athletes, coaches, and staff with AAU Credentials are permitted in the Competitor Zone.
3. Only coaches with proper credentials (AAU Non Athlete Membership required and badge) will be permitted to approach the head table.

### E. PRELIMINARY ROUNDS AND FINAL ROUNDS

Preliminary and final rounds may vary depending upon the competition. Final Schedule will be available a week before the competition.

- F. REGISTRATION** information available for each event per entry pak or flyer at [aaudance.org](http://aaudance.org).  
AAU Junior Olympic Games registration: <http://aausports.org/junior-olympic-games/>

### G. DISQUALIFICATION VIOLATIONS

Disqualified routines are not eligible for refunds.

**Floor Damage:** The result of use of anything that creates marks, nicks, stains etc. on the dance floor or cause unsafe conditions for dancers, such as improper footwear, nicks by props, use of any substance or Items such as any kind of liquid, gel, aerosol, glitter, Rosin/Powder, etc.

The responsibility will fall on the performing Athlete/team/coach for any necessary cleaning, repair or replacement

**Age:** An Athletes Failure to Provide Proof of Age if asked. Such as Birth Certificate or Student.

**Routine:** If the routine is deemed unsuitable for family viewing due to music, costume or provocative dance moves. See H. Unsuitable Performance

**H. OPTIONAL DISQUALIFICATION:** Chairman of Judges has the option to allow athlete/team the chance to perform at a later time if violation is correctable and providing the time & schedule permit. Routine in question will receive scores, only not included for critique, competitive evaluation or awards.

**Intentional Delay:** If the athlete/team does not appear in a reasonable amount of time (no more than 5 minutes without an explanation to the Event Director) then the Chairman of Judges has the option to disqualify the routine or reschedule.

**Unsuitable Performance:** \*If the judges view the performance as a routine that is not specifically constructed for the category in which an athlete or team, is performing. The routine could, depending on circumstances, be disqualified or will be scored but not for competition..

#### **I. LIABILITY**

AAU Breaking, including the Amateur Athletic Union, directors, judges, staff and affiliates, assume no liability for personal injury or property loss. Each director per studio is to have had a liability released signed by an authorized legal representative for each dancer attending an AAU event.

#### **J. PUBLICITY**

Choreographers, teachers, and performers automatically grant permission for AAU,AAU Dance to use their photos and videos for advertising and publicity purpose, inclusive of television, videotaping, or film broadcast in connection with promotion campaigns.

#### **K. AWARDS**

1. Top 3 overall scores in each age division per level receive 1st, 2nd and 3rd Place Medals, ribbons 4<sup>th</sup> – 8<sup>th</sup> at the discretion of the Event Organizer or Executive Committee.
2. Trophies may be awarded at the discretion of organizer.
3. Each Participant receives a Certificate of Achievement at the AAU Junior Olympic Games

#### **L. REGISTRATION**

1. AAU Membership is required for all participants, including dancers, coaches, officials, and volunteers.
2. Online Registration for School vs School Battle and Solo/Duet/Trio & Group Performance will register at: [aau.dancecompgenie.com](http://aau.dancecompgenie.com)  
Registration for Preliminary 1v1 : will be determined by May 1<sup>st</sup>, 2025

#### **M. CONSENT and RELEASE WAIVER**

A waiver of consent and release of liability is to be filled out and signed by Parent/Guardian, or competitor 18 years or older. Competitors under 18 years of age must have the signature guardian. Signature on Waiver is acceptance of conditions to participate and agreement to the conditions within the rules. Further understanding that any drug or alcohol intake is extremely damaging to the body and strictly prohibited.” Waiver is available online at [aau.dancecompgenie.com](http://aau.dancecompgenie.com) for those entering School battle or a Performance. For all other participants, please visit AAUDance.org for the link to electronically sign.

## AAU BREAKING Dress Code

### Youth Competitors (Ages 7-17)

To ensure efficiency, safety, and professionalism, all B-Boys and B-Girls must follow the official dress code for the AAU Junior Olympic Games Dance Competition. This dress code allows for individual style while maintaining a family-friendly, respectful, and competitive environment.

#### B-Boy Dress Code:

- **Tops:** Loose-fitting t-shirts or long sleeves.
- **Bottoms:** Sweatpants, track pants, or knee-length shorts. No sagging below the waist.
- **Footwear:** Sneakers with proper grip and ankle support (no sandals, boots, or bare feet).
- **Headwear:** Beanies, caps, or headbands are allowed but must stay secure during rounds.

#### B-Girl Dress Code

- **Tops:** T-shirts or long sleeves. Clothing must fully cover undergarments at all times.
- **Bottoms:** Sweatpants, track pants, or knee-length shorts. Leggings must be worn with knee length shorts over them.
- **Footwear:** Sneakers with proper grip and ankle support (no sandals, boots, or bare feet).
- **Headwear:** Beanies, caps, or headbands are allowed but must stay secure during rounds.

#### Additional Guidelines for All Competitors

- Outfits should allow full range of motion without risk of wardrobe malfunctions.
- Secure fastenings are required to prevent accidental exposure during performance.
- Competitors not following the dress code may be asked to change before competing.

#### Not Allowed

- Explicit or inappropriate graphics, wording, or imagery. Clothing should reflect a positive and respectful atmosphere.
- Culturally insensitive designs. Attire should respect all backgrounds and cultures.
- Sharp or dangling accessories that could injure the dancer or others. This includes large chains, jewelry, or loose belts.

#### Cause for Disqualification

- Competitors failing to conform to the Breaking Dress Code is cause for disqualification.

The Breaking Dress Code sets a clear, structured, and fair dress code for all youth while allowing dancers to maintain their personal style in a safe, inclusive, and professional manner.

Questions regarding the Dress Code may be emailed to the Dress Code Invigilator. Please include the age of athlete and a front and back picture of the athlete in the costume in question.

Send to Mary :[depaoli.mary@gmail.com](mailto:depaoli.mary@gmail.com) Please allow 48 hours for reply.

**EXCERPTS FROM AAU CODE BOOK**

A. AAU Membership. All participants must be a member of the AAU in order to participate in any AAU licensed event. Event Operators may not collect AAU membership money at any AAU licensed event. Membership Requirements. Membership in the AAU is a privilege granted by the AAU. It is not a right. The AAU at its sole discretion reserves the right to accept or reject any applicant(s) for membership

1. Conditions for Membership. Membership in any class may be granted only after an application is submitted and approved. By submitting an application, the applicant agrees to comply with all the provisions of the AAU Code, including its Constitution, Bylaws, Policies, procedures, regulations, and rules of the AAU.
2. Categories of Membership. Categories of membership in the AAU are as follows:
  - a. District Member. An organization chartered by the Congress to provide administrative services within a designated geographic area.
  - b. Club Member. An organization or group that has been approved for membership after meeting the registration requirements of the Code.
  - c. Individual Member. A person who has been approved for membership after meeting the registration requirements of the Code. Individual membership categories are:  
Youth Athlete  
Adult Athlete  
Non-Athlete
  - d. Allied Member. An organization or group approved by Congress which is engaged in athletics or sports-related activities.

B. Membership and Residency

1. Adult members will not be bound by residence requirements.
2. Youth members must register in the District of their bona fide residency, except:
  - a. A youth member who resides in the county of one District that adjoins a county of another District and who attends a school located in the adjoining county will have the option of registering in either District.
  - b. A youth member subject to a written joint legal custody arrangement whose custodians reside in different Districts shall have the option of registering in either District.
  - c. A bona fide student at an educational institution may be considered a resident of the District in which the institution is located.
  - d. The National Board of Review will determine issues of residency.
3. Persons living outside the U.S. may register online or through the AAU National Office. The respective National Sports Committee rules shall govern the participation of non-U.S. residents in AAU competitions.

C. Eligibility

1. Participation. A youth member may elect to participate in his or her District of bona fide residence or a District that geographically adjoins that District. Exception: In team events the National Sports Committee shall determine the number of youth members permitted to participate on a team from an adjoining District. For Volleyball, a maximum of three (3) members may participate with a team in an adjoining District.
2. Club Attachment. A youth member becomes attached to a club member when he/she competes with that club in any AAU licensed event (practice not included). A youth member may be attached to only one club with the following exceptions:
  - d. An athlete may attach to additional clubs (one in each sport) if he/she participates in additional sports.
  - e. Participation in an AAU licensed league does not create club attachment.

3. Transfers. Athletes who transfer under this section are subject to National Championship eligibility restrictions as adopted by the National Sport Committee. After a youth member becomes attached to a club, he/she may only transfer to another club in the same sport as follows:
- a. If the youth member has not competed in any AAU authorized events in that Sport for a period of sixty (60) days no permission is necessary.
  - b. If the representative of the club to which an athlete is attached signs a release form permitting an immediate transfer. (Athletes who transfer under this section are subject to National Championship eligibility restrictions as adopted by National Sport Committees.)
  - c. When the transfer is for the purpose of competing with a team which has qualified for a National Championship as provided by National Sport Committee rules.
  - d. If the Registrar determines there is good cause to believe that the transfer is due to events outside the control of the athlete or that the transfer serves the best interest of the AAU.

#### D. Use of Marks and Logos

1. AAU Registered Marks. The AAU name, mark, seal, logo, and other insignia (all "AAU marks") are protected through trademark registration and are defined as the intellectual property of the AAU. No person or entity may use the AAU's intellectual property without the prior and continued approval of the National AAU. Only those subordinates and affiliated organizations which are expressly authorized by the National AAU may use the intellectual property of the AAU. The National AAU may withdraw its approval to use its marks, at any time in its sole discretion. Members shall immediately comply with notice to cease and desist from the use of the AAU's intellectual property. The unauthorized use of any of the intellectual property of the AAU is a violation of this policy as well as the (Federal) Lanham Act and may subject the member/entity to penalties set out in the AAU Code. If granted approval/permission to use any of the AAU marks, the limited right to use the marks shall be non-exclusive and the user shall not acquire any ownership in or of such mark(s).
2. Only chartered Districts, District Sport Committees and National Sport Committees may use the AAU marks in their name.
  - b. There are three (3) levels of AAU club membership. Level A AAU Clubs acquire no rights to use the AAU's intellectual property. Level B and Level C Clubs may use AAU's registered marks only as follows:
    - i. For the purpose of promoting an AAU licensed event.
    - ii. For promoting the club's AAU related activities.
    - iii. Neither members nor clubs may use the name AAU in their legal name, domain name, email, or any other name without the express written consent of the National AAU.
  - c. In the event of a dispute or conflict as to a member's/entity's claim(s) to use any of the intellectual property of the AAU, the Officers of the AAU shall decide and determine the dispute in their sole discretion.
3. Use of Olympic Marks. No license will be granted by the AAU for any event were The word "Olympic" or any derivative thereof is used in any advertisement or notice in any manner in connection with AAU competitions.

#### E. Event License

1. No event shall be conducted under the auspices of the AAU unless a written license has been issued for the activity. A license is the written approval of the AAU for the conduct of the activity.

2. Only AAU members may participate in licensed events unless otherwise provided in the Bylaws.
- 3 A license may be issued to any club in good standing, and which meets the membership criteria. A license application should be reviewed by the District Sport Committee Director or the Governor if there is no District Sport Director. If the license application is rejected; the applicant shall be notified.
- 4.. No license shall take effect until approved or until the 15 day review period has expired.
- 5, The National Registration Executive Committee has the authority to:
  - a. Issue a license in an unchartered District.
  - b. Issue a license for events in locations where there is no active District member.
  - c. Issue a license for events in Districts where there is no current active participation. (No District Championship in the prior membership year).
  - d. Issue a license for events directly sponsored by the National AAU or National Sports Committee (The National Sport Committee shall consult with the District Sports Director and Governor prior to seeking an event license.)
  - e. Review and approve any licenses rejected by the District.
  - f. Revoke an approved license for good cause.
6. Event licenses issued to one organization cannot be transferred to another organization.
7. No event license will be issued for any event where the word "Olympic" or any derivative thereof is used in any advertisements or notice in connection with the event except upon the specific written approval of the Board of Directors.

**The AAU Code Book is available online.**

**APPENDIX A**  
**AAU National Dance Executive Committee Directory**

**National Dance Chair**

Deborah Stegeman  
[AAUDance.Deborah@gmail.com](mailto:AAUDance.Deborah@gmail.com)

Robert Huffman

**Vice-Chair**  
[Robert@Pezazz.com](mailto:Robert@Pezazz.com)

Galina Silverman  
**Administration**  
[galinasilverman@yahoo.com](mailto:galinasilverman@yahoo.com)

Mary DePaoli  
**Costume Invigilation**  
[depaoli.mary@gmail.com](mailto:depaoli.mary@gmail.com)

Anya Goldman  
**Dancesport**  
[adg.mbc@gmail.com](mailto:adg.mbc@gmail.com)

Luis Espinosa  
**Breaking**  
[Lu@probreakingtour.com](mailto:Lu@probreakingtour.com)

Anne Gottwald  
**School-College Membership**  
[anneg@proscored.com](mailto:anneg@proscored.com)

**2025 AAU Junior Olympic Games**  
**Dance Committee**

Chris Williams, Kennedy Phounsiri, Victor Alecia  
Todd Wakefield, Victor Kanavsky, Elliot Malman

**AAU National Office**

Crystal Mannino  
Senior Sport Manager  
407-828-4741  
[crystal@aausports.org](mailto:crystal@aausports.org)

Tony Staley  
Director of Sports  
407-934-7200  
[tony@aausports.org](mailto:tony@aausports.org)

PO Box 22409 Lake Buena Vista, FL 32830



**APPENDIX**

**NATIONAL SPORT COMMITTEE AWARDS**

**JOE FARRELL AWARD**

**2025**

**2024 Wagner Machado-Nito**  
Concord, CA

**OUTSTANDING OFFICIALS AWARD**

**Mary DePaoli**

2016-2024 Dress Code Invigilator

**Brodie Kaster**

2018-2023 Master of Ceremonies

**Melissa Cyr**

2018-2022 On Deck Captain

**VOLUNTEER OF THE YEAR AWARD**

**Galina Silverman**

2016-2024

**PERSISTENT LEADERSHIP AWARD**

**Tricia Leslie**

2019-2023

**CLUB STAR AWARDS**

*Five Years or more Consistent Attendance*

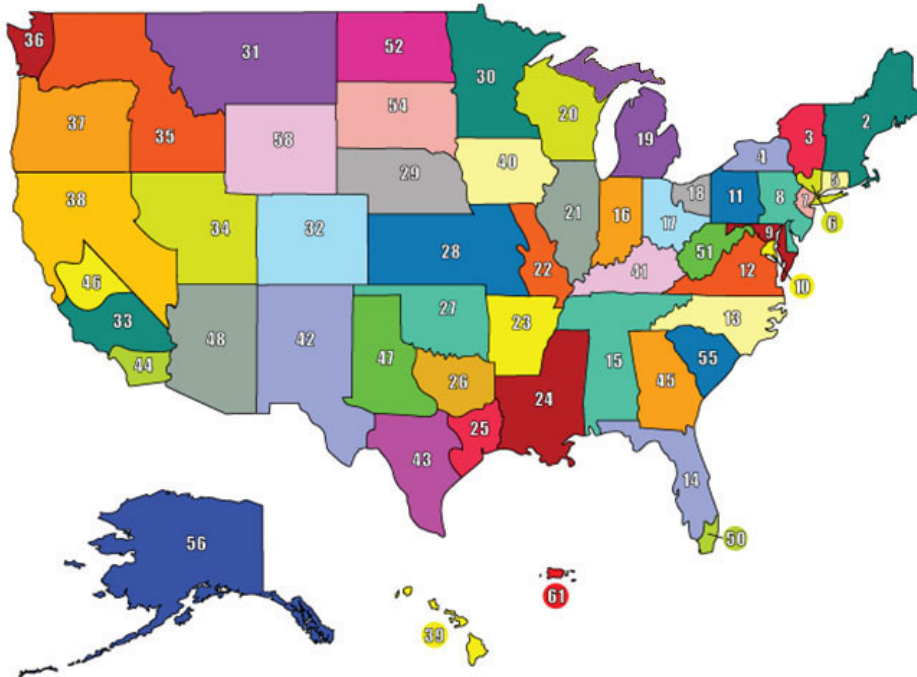
2016 – 2024 **Mystique Ballroom**

2016 – 2023 **Steppin Out Studio**

2016 - 2023 **Orange County School of Arts**

For a list of District Directors, please visit [www.ausports.org](http://www.ausports.org)

**APPENDIX C District Map and Alignment**



3 - ADIRONDACK DISTRICT (Organized January 31, 1920). That portion of New York State east and north of Broome, Cortland, Dutchess, Onondaga, Orange, Oswego, and Sullivan Counties. Neighboring Districts: Connecticut, Middle Atlantic, New England, New York Metropolitan and Niagara.

56 - ALASKA DISTRICT (Organized December 3, 1965). State of Alaska. Neighboring Districts: None

48 - ARIZONA DISTRICT (Organized March 10, 1956). State of Arizona. Neighboring Districts: Colorado, New Mexico, Pacific Southwest, Southern Nevada, Southern Pacific, and Utah

23 - ARKANSAS DISTRICT (Organized February 16, 1936). State of Arkansas and (added December 1948) Bowie County, Texas. Neighboring Districts: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley, and Ozark

12 - CENTRAL DISTRICT (Organized 1890). Illinois, except Calhoun, Greene, Jersey, Madison, Monroe, and St. Clair Counties (counties of Calhoun, Greene, Jersey, Madison, Monroe, and St. Clair given to Ozark District, with reservation that all judo therein to be controlled by Central District). Neighboring Districts: Wisconsin, Iowa, Ozark, Kentucky and Indian

46 - CENTRAL CALIFORNIA DISTRICT (Organized 1952). Counties of Fresno, Inyo, Kern, Kings, Madera, Mariposa, Merced, Mono, Tulare in the State of California. (Territory re-aligned, December 1963). Neighboring Districts: Pacific, Southern Nevada, and Southern Pacific

32 - COLORADO DISTRICT (Organized November 1906). State of Colorado. (Territory re-aligned December 1963, 1965, 1968. Renamed October 2004.)

Neighboring Districts: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona, and Utah

5 - CONNECTICUT DISTRICT (Organized September 17, 1929). State of Connecticut. Neighboring Districts: Adirondack, New England, and New York Metropolitan

14 - FLORIDA DISTRICT (Organized January 1925). Florida, except Miami-Dade (official county name has been changed to Miami-Dade), Broward, that part of Hendry County West of Route 833 and Palm Beach Counties. (Territory re-aligned, December 1958, 1959, 1963, 1972, and 1999.) Neighboring Districts: Florida Gold Coast, Georgia and Southeastern

50 - FLORIDA GOLD COAST DISTRICT (Organized December 30, 1959). Counties of Broward, Miami-Dade (official county name has been changed to Miami-Dade), that part of Hendry County East of Route 833, and Palm Beach Counties. (Territory re-aligned, December 1958, 1959, 1963, 1972 and 1999.) Neighboring Districts: Florida

45 - GEORGIA DISTRICT (territory realigned September 1989). State of Georgia Neighboring Districts: Florida, North Carolina, Southeastern and South Carolina

25 - GULF DISTRICT (Organized March 6, 1931). That part of the State of Texas bounded on the North and including the counties of Angelina, Houston, Leon, Nacogdoches, Robertson, and Shelby; on the East by the State of Louisiana; on the South by the Gulf of Mexico and on the West by and including the counties of Austin, Brazos, Colorado, Fort Bend, Grimes, Matagorda, Robertson, Waller, Washington, and Wharton. (Territory re-aligned September 1992.) Neighboring Districts: Southern, Southwestern and South Texas

39 - HAWAIIAN DISTRICT (Organized November 1910). State of Hawaii. Neighboring Districts: None

16 - INDIANA DISTRICT (Organized August 22, 1919). All of State of Indiana excepting Clark, Dearborn, and Floyd Counties with the reservation that all wrestling therein be controlled by the Indiana District. Neighboring Districts: Central, Kentucky, Michigan, and Ohio

35 - INLAND EMPIRE DISTRICT (Organized April 25, 1937). State of Washington, counties of Adams, Asotin, Benton, Chelan, Columbia, Douglas, Ferry, Franklin, Garfield, Grant, Kittitas, Klickitat, Lincoln, Okanogan, Spokane, Stevens, Walla Walla, Whitman, and Yakima County. State of Idaho, State of Nevada, counties of Elko, Eureka, and White Pine. (Territory re-aligned September 1987.) Neighboring Districts: Pacific Northwest, Pacific, Oregon, Southern Nevada, Utah, Wyoming, and Montana

40 - IOWA DISTRICT (Organized January 15, 1939). State of Iowa.

Neighboring Districts: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark and Central

41 - KENTUCKY DISTRICT (Organized February 27, 1939). The Commonwealth of Kentucky and Clark and Floyd County in the State of Indiana (except for the sports of wrestling, boys', and girls' basketball). (Territory re-aligned, September 1987; October 2003.) Neighboring Districts: Central, Indiana, Ohio, Ozark, Southeastern, Virginia and West Virginia

## 2025 AAU BREAKING NATIONAL RULES

18 - LAKE ERIE DISTRICT (Organized January 5, 1931, As Northeastern Ohio District. Name changed at 1956 Convention). The Counties of Ashland, Ashtabula, Belmont Columbiana, Crawford, Cuyahoga, Erie, Geauga, Huron, Jefferson, Lake, Lorain, Mahoning, Medina, Portage, Richland, Seneca, Stark, Summit, Trumbull, Tuscarawus and Wayne. (Territory re-aligned December 1960 and September 1991.)  
Neighboring Districts: Ohio and Western Pennsylvania

9 - MARYLAND DISTRICT (Organized, 1981). State of Maryland (except the counties of Montgomery and Prince Georges.) (Territory re-aligned December 1968.)  
Neighboring Districts: Potomac, Virginia, West Virginia, Western Pennsylvania, and Middle Atlantic

19 - MICHIGAN DISTRICT (Organized November 1923). State of Michigan. (Territory re-aligned December 1962 and October 1971.)  
Neighboring Districts: Indiana and Ohio

8 - MIDDLE ATLANTIC DISTRICT (Organized 1906). New Jersey, south of Mercer and Monmouth County; all of the State of Delaware and the Commonwealth of Pennsylvania, east of and including Bedford, Centre, Clinton, and Potter Counties (Territory re-aligned December 1962.)  
Neighboring Districts: Adirondack, New Jersey, New York Metropolitan, Niagara, Western Pennsylvania, and Maryland

30 - MINNESOTA DISTRICT (territory realigned September 1989). State of Minnesota. Neighboring Districts: Iowa, North Dakota, South Dakota, and Wisconsin

28 - MISSOURI VALLEY DISTRICT (Organized February 14, 1931). All of Kansas and that portion of the western part of the state of Missouri including and bounded by Adair, Audrain, Benton, Callaway, Christian, Cole, Greene, Hickory, Macon, Montineau, Morgan, Polk, Randolph, Schuyler, and Taney. (Territory re-aligned December 1962.)  
Neighboring Districts: Iowa, Nebraska, Colorado, Oklahoma, Arkansas, and Ozark

31 - MONTANA DISTRICT (Organized February 15, 1936). State of Montana. Neighboring Districts: Inland Empire, North Dakota, South Dakota, and Wyoming

29- NEBRASKA DISTRICT (Organized June 26, 1922). State of Nebraska. (Territory re-aligned September 1986.)  
Neighboring Districts: South Dakota, Wyoming, Colorado, Missouri Valley, and Iowa

2 - NEW ENGLAND DISTRICT (Organized, 1890). New Hampshire, Maine, Massachusetts, Rhode Island, and Vermont. (Territory re-aligned September 1987.)  
Neighboring Districts: Adirondack and Connecticut

7 - NEW JERSEY DISTRICT (Organized April 21, 1930). New Jersey north of and including Hudson, Mercer, and Monmouth Counties. Neighboring Districts: Middle Atlantic and New York Metropolitan

42 - NEW MEXICO DISTRICT (Organized May 29, 1947). State of New Mexico and the counties of Brewster, Culbertson, Crockett, El Paso, Hudspeth, Jeff Davis, Presidio and Terrell in the State of Texas. (Territory re-aligned September 1988.)  
Neighboring Districts: Colorado, Utah, Arizona, West Texas, South Texas, and Oklahoma

6 - NEW YORK METROPOLITAN DISTRICT (Organized, 1890). New York, south of and including Dutchess, Orange, Sullivan, and Ulster Counties; also, the Canal Zone. (Renamed October 2004)  
Neighboring Districts: Adirondack, Connecticut, Middle Atlantic, and New Jersey

## 2025 AAU BREAKING NATIONAL RULES

4 - NIAGARA DISTRICT (Organized September 27, 1919). State of New York west of and including Broome, Cortland, Onondaga, and Oswego Counties.

Neighboring Districts: Adirondack, Middle Atlantic, and Western Pennsylvania

13 - NORTH CAROLINA DISTRICT (Organized December 5, 1965). State of North Carolina. Neighboring Districts: Georgia, South Carolina, Southeastern and Virginia

52 - NORTH DAKOTA DISTRICT (Organized December 1, 1962). State of North Dakota Neighboring Districts: Minnesota, Montana, and South Dakota 2020 AAU Volleyball Handbook and Regulations

17 - OHIO DISTRICT (Organized May 1, 1923). State of Ohio (except the counties of Ashland, Ashtabula, Belmont, Columbiana, Crawford, Cuyahoga, Erie, Geauga, Huron, Jefferson, Lake, Lorain, Mahoning, Medina, Portage, Richland, Seneca, Stark, Summit, Trumbull, Tuscarawus and Wayne); and the Dearborn County in the State of Indiana. (Territory re-aligned, December 1959, 1960, 1962, 1963, and October 2003).

Neighboring Districts: Indiana, Lake Erie, Michigan, Kentucky, West Virginia, and Western Pennsylvania

27 - OKLAHOMA DISTRICT (Organized February 23, 1936). State of Oklahoma.

Neighboring Districts: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern and Arkansas

37 - OREGON DISTRICT (Organized September 23, 1935). State of Oregon and the following counties of Washington: Clark, Cowlitz, and Skamania. (Territory re-aligned September 1987.) Neighboring Districts: Inland Empire, Pacific, and Pacific Northwest

22 - OZARK DISTRICT (Organized, 1935). Missouri east of and including the following counties, Camden, Dallas, Douglas, Knox, Miller, Monroe, Montgomery, Osage, Ozark, Pike, Scotland, Shelby, including the city of St. Louis, and Webster. Counties of Calhoun, Greene, Jersey, Madison, Monroe, and St. Clair in Illinois with reservation that all judo therein be controlled by Central DISTRICT. (Territory re-aligned December 1962.) Neighboring Districts: Arkansas, Central, Kentucky, Iowa, Missouri Valley and Southeastern

38 - PACIFIC DISTRICT (Organized, 1890). The State of California, north of but not including the counties of Fresno, Madera, Mariposa, Merced, Mono and San Luis Obispo

and the Counties of Churchill, Douglas, Humboldt, Lander, Lyon, Mineral, Ormsby, Pershing, Story, and Washoe in the State of Nevada. (Territory re-aligned December 1961 and December 1962 and 1963.) Neighboring Districts: Central California, Inland Empire, Oregon, Southern Nevada, and Southern Pacific

36 - PACIFIC NORTHWEST DISTRICT (Organized June 1905). Washington, west of but not including Chelan, Kittitas, Okanogan, and Yakima Counties and north of but not including Cowlitz, Klickitat, and Skamania Counties. Neighboring Districts: Inland Empire and Oregon

44 - PACIFIC SOUTHWEST DISTRICT (Organized December 10, 1949, as Southwest Pacific Border DISTRICT. Name changed at 1956 Convention). Imperial and San Diego Counties, California. Neighboring Districts: Arizona and Southern Pacific

10 - POTOMAC VALLEY DISTRICT (Organized October 15, 1929). All territory within the District of Columbia, counties of Montgomery and Prince Georges in the State of Maryland, and counties of

## 2025 AAU BREAKING NATIONAL RULES

Arlington and Fairfax and cities of Alexandria and Falls Church in the Commonwealth of Virginia. (Territory re-aligned December 1968. Formerly District of Columbia District. Renamed December 1972.)  
Neighboring Districts: Maryland and Virginia

61 - PUERTO RICO DISTRICT (Organized September 8, 1984). Puerto Rico and U.S. Virgin Islands.  
Neighboring Districts: None

55 - SOUTH CAROLINA DISTRICT (Organized December 5, 1965). State of South Carolina. Neighboring Districts: Georgia and North Carolina

54 - SOUTH DAKOTA DISTRICT (Organized December 4, 1964). State of South Dakota. Neighboring Districts: Iowa, Minnesota, Montana, Nebraska, North Dakota, and Wyoming

43 - SOUTH TEXAS DISTRICT (Organized November 12, 1945). That part of the State of Texas bounded on the East by and including the counties of Burleson, Fayette, Jackson, Lavaca, Lee, Milam and on the South by the Gulf of Mexico and the Republic of Mexico; on the West by and including the counties of Schleicher, Sutton, and Val Verde, and on the North by and including the counties of Bell, Burnett, Coryell, Falls, Lampasas, Llano, Mason, and Menard. (Territory re-aligned December 1961, 1963, and September 1992.) Neighboring Districts: Gulf, Southwest, South Texas, New Mexico, and West Texas

15 - SOUTHEASTERN DISTRICT (Organized August 13, 1951). The State of Alabama and the State of Tennessee. (Territory re-aligned December 1958, December 1972, September 30, 1989, and September 1999) Neighboring Districts: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas and Ozark

24 - SOUTHERN DISTRICT (Organized, 1892). The State of Louisiana and the State of Mississippi.  
[www.saaau.org](http://www.saaau.org) Neighboring Districts: Southeastern, Arkansas, Gulf and Southwestern

33 - SOUTHERN PACIFIC DISTRICT (Organized November 1909). Including the counties of Los Angeles, Orange, Riverside, San Bernardino, San Luis Obispo, Santa Barbara, and Ventura all within the State of California. (Territory re-aligned October 1973.) Neighboring Districts: Arizona, Central California, Pacific, Pacific Southwest, Southern Nevada

26 - SOUTHWESTERN DISTRICT (Organized May 8, 1936). That part of the State of Texas bounded on the South but not including the counties of Angelina, Brown, Callahan, Coryell, Falls, Houston, Lampasas, Leon, Milam, Mills, Nacogdoches, Robertson and Shelby; on the East by the State of Louisiana, State of Arkansas and the county of Bowie, Texas; on the North by the State of Oklahoma and the county of Bowie, Texas and on the West by the counties of, but not including Foard, Hardeman, Haskell, Jones and Knox in the State of Texas. (Territory re-aligned September 1992.)  
Neighboring Districts: Oklahoma, Arkansas, Southern, Gulf, South Texas, and West Texas

34 - UTAH DISTRICT (Organized November 1910). State of Utah. (Territory re-aligned December 1978.)  
Neighboring Districts: Inland Empire, Wyoming, Colorado, New Mexico, Arizona, and Southern Nevada

12 - VIRGINIA DISTRICT (Organized December 9, 1934). Commonwealth of Virginia (except the Counties of Arlington and Fairfax and cities of Alexandria and Falls Church.) (Territory re-aligned December 1968.) Neighboring Districts: Potomac Valley, West Virginia, Kentucky, Southeastern and North Carolina

## 2025 AAU BREAKING NATIONAL RULES

11 - WESTERN PENNSYLVANIA DISTRICT (Organized November 16, 1917). All counties in Pennsylvania west of Bedford, Centre, Clinton, Huntingdon and Potter Counties and the Counties of

Brooke, Hancock, Marshall, and Ohio in West Virginia. (Territory re-aligned December 1959 and September 1991.) Neighboring Districts: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, and Lake Erie

47 - WEST TEXAS DISTRICT (Organized 1952). All that part of the State of Texas bounded on the South side and including the counties of Concho, Irion, McCulloch, Pecos, Reeves, Regan, San Saba, Tom Green and Upton, on the West by the State of

New Mexico; on the North by the State of Oklahoma; on the East by the State of Oklahoma and by and including the counties of Brown, Callahan, Foard, Hardeman, Haskell, Jones, Knox, Mills and San Saba in the State of Texas. (Territory re-aligned December 1961; October 1976.) Neighboring Districts: Oklahoma, New Mexico, South Texas and Southwestern

51 - WEST VIRGINIA DISTRICT (Organized February 28, 1960). The State of West Virginia. (Territory re-aligned December 1963, October 1973, and October 2003) Neighboring Districts: Maryland, Western Pennsylvania, Ohio, Kentucky, and Virginia

20 - WISCONSIN DISTRICT (Organized June 6, 1935). State of Wisconsin. (Territory re-aligned December 1964 and September 30, 1989) Neighboring Districts: Michigan, Minnesota, Iowa and Central

58 - WYOMING DISTRICT (Organized December 9, 1968). State of Wyoming. Neighboring Districts: Montana, South Dakota, Nebraska, Colorado, Utah, and Inland Empire.

## APPENDIX D

### Definitions/Glossary

AAU Code - The AAU Code is the collective reference to the Constitution, Bylaws, National Policies, National Sports Committee rules and District Sport Committee rules and regulations. The AAU Code is available at [www.aausports.org](http://www.aausports.org).

Athlete - A person who participates in an AAU sports activity as defined by the appropriate AAU Adult or Youth Sports Committee in regard to eligibility, rules, age, gender, etc.

Attached - An individual registered athlete becomes attached to an AAU club or team when the athlete participates as a club representative in a competition sanctioned by a District which includes two or more teams.

Membership - An agreement to participate under the rules, regulations, Code, policies, and procedures of the AAU. Membership entitles participation; it does not create agency or authorize member(s) to be spokesperson(s) on behalf of AAU.

Non-Athlete - A person who participates in the AAU in an administrative role such as Administrator, Bench Personnel, Coach, Instructor, Manager, Official, Team Leader, Tournament Director, Volunteer or other who supports the sport's activity but does not compete as an athlete.

Practice - For the purpose of AAU sanctioning, "practice is organized and/or regularly scheduled sessions supervised at all times by a registered non-athlete member of the AAU and conducted for the purpose of preparing, training, instructing, and conditioning only AAU member athletes for AAU sanctioned competitions. Tryouts and scrimmages are included as long as they meet all the requirements of the above definition.

\*Practices do not require a separate sanction application but are included in the AAU Club Membership (Level 1, 2 and 3).

License - The written approval of the AAU to authorize registered athletes to participate in a specific competition or activity (Updated 10/13).

Supervision - Supervision requires that an AAU non-athlete member (coach/instructor) be physically present at all times at the practice premises or site during each practice session.

Transfer - A change in an athlete's attachment, or club affiliation, from one club to another. Unattached - An AAU Athlete who represents no club member



**AAU NATIONAL ATHLETE PROTECTION  
and  
ABUSE PREVENTION  
POLICY**

PLEASE VISIT WEBSITE TO DOWNLOAD A COPY OF THE HANDBOOK

<https://aasports.org/athlete-protection-and-abuse-prevention-policy/>

**CDC HEADS UP CONCUSSION POLICY**

PLEASE VISIT WEBSITE TO DOWNLOAD A COPY OF THE CDC POLICY

<https://aasports.org/concussions/>