



AAU JUNIOR OLYMPIC GAMES WRESTLING (FREESTYLE) BOYS & GIRLS FREESTYLE INDIVIDUAL



- LOCATION:** The MidAmerican Energy Rec Plex – 6500 Grand Ave., West Des Moines, IA 50266
- DATES:** Saturday, August 1, 2026 Individual Weigh-ins 4 PM – 6 PM
Sunday, August 2, 2026 Individual Weigh-ins 8 AM – 8:45 AM & Competition 9:30 AM
- DIVISIONS:** **BOYS: U6, U8, U10, U12, U14, U16, U19**
GIRLS: U6, U8, U10, U12, U14, U16, U19
GRADES BASED ON 2025/26 SCHOOL YEAR
NO POST HIGH SCHOOL GRADUATES THAT HAVE BEGAN ATTENDING PREP SCHOOL MAY PARTICIPATE (i.e. graduated and then attending postgrad education).
- WEIGHT CLASSES:** All athletes will be grouped together according to weight.
ALL DUAL TEAM PARTICIPANTS ACTUAL WEIGHT WILL CARRY OVER FROM DUAL TEAM WEIGH-IN. NO REQUIREMENT TO WEIGH IN TWICE
- BOUTS:** Length of bouts will be two 2-minute periods for youth divisions & two 3-minute periods for high school.
- ENTRY DEADLINE:** ALL ENTRIES MUST BE RECEIVED BY THE DEADLINE DATE, July 15, 2026
- INDIVIDUAL:** ALL DUAL TEAM PARTICIPANTS WILL RECEIVE A \$10 DISCOUNT CODE PROVIDED TO DUAL TEAM COACHES.
- ENTRY FEE:** **INDIVIDUAL:** The entry fee per wrestler is \$55. **Wrestlers from the dual tournament will receive FREE entry into this event.** It is the responsibility of the dual team coach to provide this information to team members. **No refunds or post individual registration credit applied once registered.**
- COMPLETING YOUR ENTRY:** **STEP 1 – Purchase AAU ATHLETE MEMBERSHIP. ALL ENTRIES MUST HAVE CURRENT AAU MEMBERSHIP.** Join online at www.aasports.org prior to your arrival at check-in and bring a copy of the membership card to check-in.
STEP 2 – ONLINE REGISTRATION. Register your athlete online @ Uventex
DIRECT LINK: [Uventex Sports Hub](#)
No refunds or post individual registration credit applied once registered.
Visa, Master Card, American Express and Discover accepted.
STEP 3 – CHECK-IN/ WEIGH-IN. Bring the following documents to Check-In:
1) Proof of AAU Membership
2) School Attendance Documentation (for each wrestler)
3) Copy of a governmental proof of age documentation
CHECK-IN/ WEIGH-IN:
Saturday, August 1, 2026 Individual Weigh-ins 4 PM – 6 PM
Sunday, August 2, 2026 Individual Weigh-ins 8 AM – 8:45 AM
- ATHLETE WEIGH-IN:** Saturday, August 1st, 2026, 4:00 p.m.–6:00 p.m. & Sunday, August 2nd, 2026, 8:00 a.m.–8:45 a.m.
***Dual team participants do not have to re-weigh for individuals.**



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ADMISSION FEE: Athletes and coaches with credentials will receive admission to all competition venues and the Celebration of Athletes as part of your entry fee. Please note that you must check-in and pick up your credential prior to receiving admittance into any venue, including the Celebration of Athletes. You must have the appropriate wristband or credential.
Spectators can purchase tickets onsite at the venues. Daily passes are \$15.00 (6 & under free) and includes admission to all competition venues on the designated day only. Event passports are \$45.00 (6 & under free). For more information on ticket options, please visit www.aaujrogames.org.

AAU MEMBERSHIP: All athletes, team coaches, and table workers must be 2026 AAU members and be able to present their AAU membership cards at the time of Team Check-In. To become a member, register on-line at www.aausports.org. **BE PREPARED and register your coaches early! You can no longer register for non-athlete (coach) membership onsite at the event. Background screens are conducted for all non-athletes and adult athletes. Membership is no longer instant.**

COACHES' EDUCATION: The AAU is happy to make available **FREE Coaches' Education** for all AAU non-athlete members. This excellent program is **MANDATORY** for all AAU non-athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on PCA COACHES EDUCATION order to enter and take the MANDATORY AAU/PCA coaches' educational course. Membership may be revoked from non-athletes who do not complete course prior to competition.

RULES: Competition will be conducted according to the rules as outlined in the current FILA Rules in the AAU Wrestling Handbook. This applies to wrestling techniques as well as conduct, attire and decorum on the mat. Late weigh-ins must be requested/ applied for one (1) week prior to weigh-ins.

BIRTH CERTIFICATE: All athletes must be able to present **governmental proof of age documentation such as a birth certificate, driver's license or passport plus** documentation of school attendance at time of Team Check-In. **AAU is not responsible for returning original birth records.**

HOUSING: The AAU makes every effort to provide the best quality experience for athletes, coaches and families that participate in AAU events. Athletes, coaches and families can choose from a wide variety of accommodations in various price points and with several levels of amenities. The Local Organizing Committee has carefully selected host hotels for participants with the lowest rates available. The hotels selected for the program not only provide great rates, but also the greatest convenience in regards to location and other amenities.

All reservations are handled through the Local Organizing Committee. DO NOT CONTACT THE HOTELS DIRECTLY AS YOU WILL NOT RECEIVE THE DISCOUNTED RATE. Please visit the website at www.aaujrogames.org and click on Hotels to make your reservations. Please check online regarding deposit requirements and cancellation policies which may vary depending on hotel. AAU is not responsible for any refunds from cancellation.

For any hotel related questions, please call 1-888-723-2064.

CREDENTIALS: **At check-in** each participant, athlete, or coach, will be issued a credential or wristband. This will allow you access to competition area. *If that credential or wristband is lost or stolen there will be a replacement fee.* Parking fees do apply for the lots around the Convention Center. For check-in hours, maps and additional directions please visit www.aaujrogames.org (click on Event Info, then Registration).



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PARKING: Some locations may have parking fees. Please visit www.aaujrogames.org and click on Maps & Directions for more information. Also, some hotels may charge for parking. Please check with your hotel for specific information as prices vary.

TRANSPORTATION: All athletes, coaches, and fans are responsible for their own transportation to and from all activities, events, and hotels.

SECURITY: All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the AAU Junior Olympic Games.

SEATING:

All AAU Junior Olympic Games will have dual team, coaches, and some spectator seating. It is advised to bring a folding chair to be seated in designated and allowable spaces.

FOOD:

All AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the AAU Junior Olympic Games. No coolers at any venue.

CELEBRATION OF ATHLETES:

The Celebration of Athletes will be held on Sunday, August 2, 2026, 12pm-7pm at Adventureland at 3200 Adventureland Drive, Altoona, IA 50009. More information can be found at www.aaurogames.org. Each ATHLETE will be provided a complimentary admission ticket to the Park on Sunday, August 2. This ticket will be provided at check-in. Both the ticket and athlete/coach credential/wristband must be shown at the gate for free entry.

Family members can purchase discounted tickets for \$37.99 at the link below.

<https://adventurelandpark.com/groups/> - Enter code CELEBRATION under the Corporate Partners option.

Discounted parking tickets will be sold at check-in ONLY for \$13.00. Discounted parking tickets WILL NOT be available at the park and MUST be purchased in advance at team check-in.

NO GUARANTEE:

The AAU cannot and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has licensed (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, lodging, food, entry fees and/or any other expenses related to the event.

INFORMATION:**TOURNAMENT DIRECTOR:**

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AAU JUNIOR OLYMPIC GAMES WRESTLING SCHEDULE

(TENTATIVE & SUBJECT TO CHANGE)

**Saturday, August 1, 2026**

8:30 am

4:00 pm – 6:00 pm

Sunday, August 2, 2026

8:00 am – 8:45 am

9:30 am

Coaches & Table Workers Meeting
 Individual Tournament Weigh-in

Individual Tournament Weigh-in
 Individual Tournament

RecPlex
 RecPlex

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