

2022 AAU KARATE NATIONAL CHAMPIONSHIPS



National Karate Committee
Chairman, J.B. Mirza

Licensed by:
Amateur Athletic Union

WWW.AAUKARATE.ORG

4/11/22

2022 AAU NATIONAL KARATE CHAMPIONSHIPS

INDIVIDUAL COMPETITOR EXPERIENCE LEVELS / DIVISIONS

- | | | |
|------------------|--------------------------|--|
| 1. Beginner: | No more than 1 year | (must wear WHITE belt in competition/white division) |
| 2. Novice: | 1 yr., less than 2 yrs. | (must wear GREEN belt in competition/green division) |
| 3. Intermediate: | 2 yrs., less than 4 yrs. | (must wear BROWN belt in competition/brown division) |
| 4. Advanced: | 4 yrs. + | (must wear BLACK belt in competition/black division) |

Athletes will not be allowed to compete without appropriate belt color & official AAU karate patch sewn on Gi.

AGE GROUPS & EVENTS (Competition age is age as of JULY 1, 2022)

YOUTH (Age 5 – Beginner only) (Age 6 – Beginner/Novice only) (Age 7 – Beginner/Novice/Intermediate only)

YOUTH (Ages 8 - 17 years) - Beginner/Novice/Intermediate/Advanced

Divisions: Kobudo (long & short divisions for advanced), Kata, Kumite (light & heavy)

13-14 & 15-17 Advanced may also compete in Ippon Kumite (Both will have light & heavy divisions)

Mandatory Kata (advanced athletes, 16 + yrs., may also compete in this additional event with the adult advanced (18-34 age group) in mandatory style Kata & Flag Kata

Ages: 5-6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17 (Competition age is age as of July 1, 2022)

ADULT (Ages 18 - 34 years) Beginner/Novice/Intermediate

Divisions: Kobudo, Kata, & Kumite (light & heavy) **Ages:** 18 - 34 years (Competition age is age as of July 1, 2022)

Kumite Male: <154 lbs. or 154 lbs. or more

Kumite Female: <132 lbs. or 132 lbs. or more

ADULT ADVANCED ONLY (Ages 18 - 34 years)

Kata & Kobudo Divisions

Kobudo long/Kobudo short

Mandatory Kubudo: NEW DIVISION - There will be three rounds. (round 1 – short weapons/ round 2 – long weapons/ round three – open selection of weapons (must do a different form than ones performed in round 1 and 2)). Top sixteen competitors from Round 1, advance to Round 2. Top eight competitors from Round 2, advance to Round 3 (final round). In the event there is less than 17 competitors in the event, there will only be two rounds of competitions, one long weapons, one short weapons. May also compete in individual kobudo long and kobudo short. *There will be one male & one female division for Mandatory Kobudo. Winner of this division will be the 2022 Kobudo Champion. Open to advanced competitors, ages 16 and up.*

Mandatory Kata: All Style / Goju / Wado /Shito /Shorin /Isshin / Shotokan Athlete may participate in one discipline only. There will be three rounds. The category will be contested only if there are at least 16 athletes in that category. If not, those athletes will be placed in All Style category. May also compete in a separate flag kata division open to all adult advanced. *There will be one male & one female division for each category of Mandatory Kata.*

ADULT ADVANCED ONLY (Ages 18 - 34 years)

Kumite Divisions

Sanbon	Sanbon	Ippon	Ippon		
Male:	Female:	Male:	Female:	Male:	Female:
<150 lbs.	<121 lbs.	Open Shobu Ippon	Open Shobu Ippon	<143 lbs.	<132 lbs.
<172 lbs.	<132 lbs.	(light & heavy)	(light & heavy)	<165 lbs.	<154 lbs.
>172 lbs.	>132 lbs.			>165 lbs.	>154 lbs.
Open Shobu Sanbon	Open Shobu Sanbon				

Adult Advanced Athletes **MAY** participate in all Divisions: Kilo Sanbon, Open Sanbon, Ippon, and Olympic Style

Adult Advanced (18-34 yrs.) Kilo, Ippon & WUKF/USA Kumite divisions must weigh-in. Weigh-In Dates & Times TBD

COLLEGIATE DIVISIONS

Open to competitors currently enrolled in post-secondary education (college, university, trade school, vocational school). Competitor must be maintaining a minimum of six (6) credit hours a semester.

SENIOR/MASTER (Ages 35 + years) - Beginner/Novice/Intermediate/Advanced

Divisions: Kobudo (long & short divisions for advanced) Kata, Kumite (light & heavy), Mandatory Kata (advanced senior athletes may also compete in this additional event)

Ages: 35-44, 45-54, 55+ (Competition age is age as of JULY 1, 2022, age groups may be combined) Senior/Master Competitors have the option to compete in the Adult Group (ages 18-34 yrs.), but must remain in that group for ALL events. If Senior/Master chooses to compete in the Adult Group (ages 18-34 yrs.), please check box on application.

2022 AAU NATIONAL KARATE CHAMPIONSHIPS

INDIVIDUAL COMPETITOR EXPERIENCE LEVELS / DIVISIONS

Adapted Karate (Ages 5-17 years, 18+ years)

3rd Kyu and Above

4th Kyu and Below

Divisions: Kobudo, Kata & Kihon

Ages: 5-15 years, 16+ years (Competition age is age as of July 1, 2022)

Heroes & Veterans Division: open to disabled veterans and first responders

Introducing Ultimate Rotational Team Kumite:

Will follow the rules of rotational team kumite. Open to all experience levels, ages 8 and up. Age groups will be: 8-10, 11-12, 13-14, 15-17, and 18 & up. If significant non-advanced competitors sign up we will consider splitting this division by experience level.

What is Ultimate Rotational Kumite? Participants who sign up for this event, will be randomly assigned to a team and a coach. It will be up to you and your fellow teammates, to come together and achieve victory over the other teams.

This is a separate event from rotational team kumite, so karateka can compete in both events.

Finals (July 2 – 6:00 PM to 8:00 PM):

Winner of Light Weight Division vs. Winner of Heavy Weight Division

- 13-year-old Kumite Champion
- 14-year-old Kumite Champion
- 15-year-old Kumite Champion
- 16-year-old Kumite Champion
- 17-year-old Kumite Champion
- Kata Championship – Winners of Mandatory Kata Divisions and 16+ Flag Kata Division will compete for the Kata Championship
- Finals for (18-34) Kilo Division
- Rotational Team Kumite Finals (11-12, 13-14, 15-17, 18-34)
- Demo by winner of Mandatory Kobudo Winner

COACHES, OFFICIALS & VOLUNTEER INFORMATION

COACHES REQUIREMENTS

- 2022 AAU Non-Athlete Member
- Current PCA (Positive Coaching Alliance) Certification
- Passed the AAU Karate Coaches Certification
 - o Administrative - 75.0% to 84.9%
 - o Technical - 85% or better (must also have a Dan rank)
- Purchase Coaches Pass in Online Registration System
- Wear Official Polo (Red for Technical & Blue for Administrative) with Gi Pants.

OFFICIALS REQUIREMENTS

- 2022 AAU Non-Athlete Member
- Must complete the AAU Referee Form – **Coming Soon!**

VOLUNTEER REQUIREMENTS

- 2022 AAU Non-Athlete Member
- Must complete the AAU Volunteer Form – **Coming Soon!**

2022 AAU NATIONAL KARATE CHAMPIONSHIPS

NEW GRAND CHAMPION

GRAND CHAMPION: Each age group will also have a grand champion. Grand champion will receive a grand champion jacket made just for this year's nationals from our national sponsor.

Grand Champion Age Groups	
5 – 7 Female & Male	15 – 17 Female & Male
8 – 10 Female & Male	18 – 34 Female & Male
11 – 12 Female & Male	35+ Female & Male
13 – 14 Female & Male	

POINT SYSTEM:

Gold (with competitors)	7 Points
Uncontested Gold	5 Points
Silver	3 Points
Bronze	1 Point
Tie Breaker: Who faced more competitors in total.	
If still tied: Who registered for more events.	

RULES INFORMATION

OVERALL AAU KARATE RULES - www.aaukarate.org

COMPETITORS AGE: The event is open to competitors ages 5 and above. Must be minimum 5 years old as of July 1, 2022

KUMITE MANDATORY EQUIPMENT	OPTIONAL KUMITE EQUIPMENT	DRESS CODE
White (shiro) Naugahyde Fist Guards, Red (aka) fist guards may be used while designated red (aka) during kumite match Mouth Guard Approved AAU White Foam Headgear with face shield (5-17 years) Groin Cup Protector (males)	White Shin/Instep Pads (youth) White Foam Headgear with face shield (adults) Chest protector (white) only worn under Gi Shin protectors are optional	Official AAU Karate patch is mandatory (must be sewn on gi) Traditional Solid White Gi / No Rolled Sleeves or Cuffs Pants Must be 3/4 Length (Between ankle & knee) / Sleeves Must Be 3/4 Length (Between Wrist & Elbow)
BELT COLORS	COACHES	Females Must Wear Plain White T-shirt or White Sport Bra under Top / No Headbands or Jewelry
Appropriate belt color must be worn to compete: Beginner=White; Novice=Green Intermediate=Brown; Advanced=Black	Official polo with white Gi pants.	

**2022 AAU NATIONAL KARATE CHAMPIONSHIPS
REGISTRATION INFO**

Entry Via – Online Registration Only for Athletes & Coaches - Link – *Coming Soon*

INDIVIDUAL ENTRY FEES				
	Early	Regular	Late	On Site
	<i>March 14 – April 30</i>	<i>May 1 – June 19</i>	<i>June 19-27</i>	<i>June 28-July 2</i>
1 Event	\$85.00	\$100.00	\$150.00	\$200.00
2 Events	\$115.00	\$130.00	\$180.00	\$230.00
3 Events	\$145.00	\$160.00	\$210.00	\$260.00
4 Events	\$175.00	\$190.00	\$240.00	\$290.00
5 Events	\$205.00	\$220.00	\$270.00	\$320.00
6 Events	\$235.00	\$250.00	\$300.00	\$350.00
Additional Events	\$30 Each	\$30 Each	\$30 Each	\$30 Each
TEAM ENTRY FEES				
	Early	Regular	Late	On Site
	<i>March 14 – April 30</i>	<i>May 1 – June 19</i>	<i>June 19-27</i>	<i>June 28-July 2</i>
1 Event	\$150.00	\$165.00	\$215.00	\$265.00
2 Events	\$225.00	\$240.00	\$280.00	\$340.00
3 Events	\$300.00	\$315.00	\$365.00	\$415.00

SPECTATOR TICKETS – PURCHASE IN ADVANCE ONLINE			
AGES 10+ DAILY PASS	\$20	ALL EVENTS PASS - LENGTH OF EVENT PASS (includes finals)	\$55
SENIORS 60 & OVER KIDS AGES 4-9 DAILY PASS	\$15		
AGES 10+ FINALS PASS	\$10		
SENIORS 60 & OVER KIDS AGES 4-9 FINALS PASS	\$10		
SPECTATOR TICKETS – PURCHASE AT THE DOOR			
AGES 10+ DAILY PASS	\$25		
SENIORS 60 & OVER KIDS AGES 4-9 DAILY PASS	\$20		
AGES 10+ FINALS PASS	\$15		
SENIORS 60 & OVER KIDS AGES 4-9 FINALS PASS	\$15		

Questions

Please email any questions you have to aukaratenationalprogram@gmail.com or to Jennifer@ausports.org.