

## Team AAU/USA Prep Guide for WUKF World Championships

WUKF Category	WUKF Age	WUKF Rank	Round 1	Round 2	Round 3	Observation Repeat / No Repeat
Children Group E	12-year-olds	9-7 Kyu	Shitei	Shitei	Shitei	May Repeat
		6-4 Kyu	Shitei	Shitei	Shitei Sentei	Cannot Repeat
		3 Kyu & Over	Shitei	Shitei Sentei	Shitei Sentei Tokui	Cannot Repeat
Mini-Cadet	13-year-olds	All Belts	Shitei Sentei	Shitei Sentei Tokui	Shitei Sentei Tokui	Cannot Repeat
Cadet	14 to 15-year-olds	All Belts	Shitei Sentei	Shitei Sentei Tokui	Shitei Sentei Tokui	Cannot Repeat
	16 to 17-year-olds	All Belts	Shitei Sentei	Shitei Sentei Tokui	Shitei Sentei Tokui	Cannot Repeat
Juniors	18 to 20-year-olds	All Belts	Shitei Sentei	Shitei Sentei Tokui	Shitei Sentei Tokui	Cannot Repeat
Seniors	21 to 35-year-olds	All Belts	Shitei Sentei	Shitei Sentei Tokui	Shitei Sentei Tokui	Cannot Repeat
Veterans A-E	36-years-old & Over	All Belts	Shitei Sentei	Shitei Sentei Tokui	Shitei Sentei Tokui	Cannot Repeat

\*Athletes should refer to WUKF Rules regarding number of kata rounds and WUKF Kata list at [www.wukf-karate.org](http://www.wukf-karate.org).

WUKF Category	Styles					
Children Group E	All Style					
Mini-Cadets	Shotokan	Shito Ryu	Shorin Ryu	Goju Ryu	Wado Ryu	Other Styles
Cadets / Juniors / Seniors	Shotokan	Shito Ryu	Shorin Ryu	Goju Ryu	Wado Ryu	Other Styles
Veterans	All Style					