

2025 AAU NATIONAL KARATE CHAMPIONSHIPS SCHEDULE

Venue: Broward County Convention Center, 1950 Eisenhower Blvd, Fort Lauderdale, FL 33316

Monday, June 30th

5:00 PM – 8:00 PM

Check-In for Athletes, Clubs, Coaches & Officials

AAU certification/approval of personal Bo Staff or purchase of AAU Bo Staff

Tuesday, July 1st

Check-In for Athletes & Clubs

8:30 AM – Noon & 1:00 PM – 6:00 PM

All Referees & Coaches Meetings & Clinics

Referee & Coaches Meetings*

Kata Clinic – Sandra Sanchez & Jesus Del Moral

Kumite Clinic – Stephen Da Costa

From Clicks to Customers: Empowering Your Dojo's Growth

Coach's Reception

8:30 AM – 12:30 PM & 2:00 PM – 4:15PM

9:00 AM Int/Adv & 10:15 AM Beg/Nov

9:00 AM Beg/Nov & 10:15 AM Int/Adv

4:30 PM – 5:30 PM

7:30 PM – 9:00 PM

*Referee & Coaches meeting includes kata clinic and kumite clinic in the afternoon session

Train with the Olympians Tuesday, July 1, 2025

Kumite Clinic Instructor

Kata Clinic Instructors



- 2020 Olympic Gold Medal Winner
- 3x gold medalist at the World Championships

- Multitime Gold Medal Winner at the European Championships

Steven Da Costa
2020 Olympic Gold Medal Winner



Sandra Sanchez & Jesus Del Moral
2020 Olympic Gold Medal Winner

Don't miss out on the opportunity to train with two Olympic gold medal winners!

TOURNAMENT SCHEDULE

COMPETITION SCHEDULE/TIMES SUBJECT TO CHANGE

Wednesday, July 2nd

Competition:
 5–10-year-old
 18-20 year-old Advanced
 21-35 year-old Advanced
 12-15 year-old Advanced
 16 years & up Advanced
 16 years & up Advanced
 ALL Inclusive Karate divisions

Athlete Celebration

Staging: 7:30 AM

Starts Immediately following Celebration
 Kobudo, Kata, Sanbon Kumite
 Kobudo
 Kobudo
 Style Specific Kata
 Style Specific Kata
 Kobudo Challenge
 Kihon, Kobudo & Kata

Thursday, July 3rd

ALL Senior (36 & up)
 18-20 year-old (*Beginner-Novice-Intermediate*)
 21-35 year-old (*Beginner-Novice-Intermediate*)
 18-20 year-old Advanced
 21-35 year-old Advanced
 8-10 year old
 8-10 year old Team
 11-12 year-old Team
 13-14 year-old Team
 15-17 year-old Team
 18-35 year-old Team
 36+ year old Team
 15–17-year-old
 18+ year-old

Competition:

Start 8:00 AM

Kobudo, Kata, Sanbon Kumite
 Kobudo, Kata, Sanbon Kumite
 Kobudo, Kata, Sanbon Kumite
 Sanbon Kumite
 Sanbon Kumite
 Ultimate Rotational
 Team Kata, Team Kobudo & Team Kumite
 Team Kata & Team Kobudo
 Team Kata & Team Kobudo
 Team Kata & Team Kobudo
 Team Kata & Team Kobudo
 Team Kata & Team Kobudo
 Kobudo, Kata, Sanbon Kumite
 Ultimate Rotational

Friday, July 4th

Family Team
 11-14 year-old
 11-12 year-old
 13-14 year-old
 15-17 year-old
 15-17 year-old

Competition:

Start 8:00 AM

Team Kata & Team Kobudo
 Kobudo, Kata, Sanbon Kumite
 Ultimate Rotational Kumite
 Ultimate Rotational Kumite
 Team Kumite
 Ultimate Rotational

Saturday, July 5th

15-17 year-old
 13-14 year-old
 18+ year-old
 16-20 year-old
 21+ year old
 18-20 year old
 21+ year old
 11-12 Team
 13-14 Team
 18-35 Team
 35+ Team

Competition:

Start 8:00 AM

Ippon Kumite
 Ippon Kumite
 Ippon Kumite
 Open Flag Kata
 Open Flag Kata
 Open Weight Sanbon Kumite
 Open Weight Sanbon Kumite
 Team Kumite
 Team Kumite
 Team Kumite
 Team Kumite

Saturday, July 5th

FINALS

Start 4:30 PM

Kumite Grand Champion 13-17-Year-Old - (LW Division Winner v. HW Division Winner)
 Kata Grand Championship - Winner of 16-35 Mandatory Divisions, 16-20 Flag Division, & 21+ Flag Division
 Finals for Kumite (18-20) Kilo Divisions
 Finals for Kumite (21-34) Kilo Divisions
 Mandatory Kobudo Winner Demonstration
 Rotational Team Kumite Finals (11-12, 13-14, 15-17 & 18-35)

A TIME SPECIFIC SCHEDULE WILL BE AVAILABLE AT CHECK – IN