



2026 AAU KARATE NORTH

From Mar 14 to Mar 15, 2026

Hosted by TBK NC Club

Raleigh, NC

Entry fee: Phase 1 through 02/16/26: \$75 per person for up to 3 individual events

Entry deadline: Mar 13, 2026

Awards: The host reserves the right to combine divisions with low registration, to create

Format: Family and athlete-friendly concessions on site, targeted vendors will include

Rules: See aaukarate.org for AAU karate rules.

Entry fees payable to: Triangle's Best Karate

For more information: Cynthia Elaine Yu-Robinson • (919) 844-5555

Age groups: 35 + Yrs Old (B), 5-17 Yrs Old (B), 18-34 Yrs Old (B)

This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership must be obtained before the competition begins. Non Athlete memberships cannot be purchased at the event, allow up to 10 days for memberships to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.