

2010 World Women's Results Weight | Name State Age Weight Division Squat Bench Deadlift Total Weight

Int'l Bench Press-Raw

181	Tish Henderson	VA	37	185	Law/Fire/Military (35-39)		75.00		75.00
181	Avis Henderson	VA	59	176	Masters (55-59)		65.00		65.00

Int'l Deadlift-Assisted

220+	Linda Schaefer	CO	50	232	Open			200.00	200.00
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Int'l Deadlift-Raw

181	Avis Henderson	VA	59	176	Masters (55-59)			131.00	131.00
181	Tish Henderson	VA	37	185	Sub Masters (35-39)			175.00	175.00

Int'l Pushpull-Raw

097	Yadira Hawkins	VA	11	90	Kids (10-11)		22.50	27.50	50.00
123	Bridgette Perkins	VA	49	118	Law/Fire/ Military (45-49)		55.00	125.00	180.00
181	Lucy Hawkins	VA	55	174	Law/Fire/ Military (55-59)		52.50	105.00	157.50
181	Avis Henderson	VA	59	176	Masters (55-59)		65.00	131.00	196.00

World 3 Lift-Raw

181	Avis Henderson	VA	59	176	Masters (55-59)	75.00	65.00	131.00	271.00
181	Tish Henderson	VA	37	185	Sub Masters (35-39)	147.50	75.00	175.00	397.50

2010 World Meet Results-Male

Weight	Name	State	Age	Weight	Division	Squat	Bench	Deadlift	Total Weight
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Int'l Bench Press-Assisted

105	Ryan Greer	TN	12	104	Youth (12-13)		66.00		66.00
132	Ian Greer	TN	14	129	Teenage (14-15)		68.00		68.00
181	Shawn Katz	MD	36	178	Law/Fire/Military (35-39)		162.50		162.50
181	Shawn Katz	MD	36	178	Law/Fire/Military Open		162.50		162.50
181	Shawn Katz	MD	36	178	Open		162.50		162.50
181	Shawn Katz	MD	36	178	Sub Masters (35-39)		162.50		162.50
198	Scott Whiting	NC	49	197	Masters (45-49)		192.50		192.50
308	Alan Borden	TX	47	306	Lifetime / Masters (45-49)		172.50		172.50
308	Alvin Belfield	VA	47	304	Lifetime / Masters (45-49)		247.50		247.50
308	Alvin Belfield	VA	47	304	Masters (45-49)		247.50		247.50
308	Alvin Belfield	VA	47	304	Open		247.50		247.50

Int'l Bench Press-Raw

105	Ryan Greer	TN	12	104	Youth (12-13)		66.00		66.00
132	Ian Greer	TN	14	129	Teenage (14-15)		68.00		68.00
181	Alston Royal	MD	48	176	Law/Fire/ Military (45-49)		97.50		97.50
181	Tony Kokell	NY	52	180	Lifetime / Masters (50-54)		122.50		122.50
181	Tony Kokell	NY	52	180	Masters (50-54)		122.50		122.50
198	Kenneth Gildner	VA	46	193	Law/Fire/ Military (45-49)		105.00		105.00
198	Wayne Pennell	NC	41	195	Masters (40-44)		147.50		147.50
242	Sean McGrath	NY	41	227	Lifetime / Masters (40-44)		140.00		140.00
242	Thomas Dietz	NY	45	226	Lifetime / Masters (45-49)		0.00		0.00
242	Sean McGrath	NY	41	227	Masters (40-44)		140.00		140.00
242	Thomas Dietz	NY	45	226	Masters (45-49)		0.00		0.00
275	Michael Bradley	VA	52	272	Lifetime / Masters (50-54)		198.50		198.50
275	Bob Feeney	PA	58	261	Lifetime / Masters (55-59)		147.50		147.50
275	Bob Feeney	PA	58	261	Masters (55-59)		147.50		147.50

Int'l Deadlift-Assisted

308	Alan Borden	TX	47	306	Lifetime / Masters (45-49)			227.50	227.50
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Int'l Deadlift-Raw

165	Brewster Righter	NY	75	165	Masters (75-79)			150.00	150.00
181	Oscar Rickman	VA	68	179	Masters (65-69)			145.00	145.00
242	Louis Gray	AR	36	236	Law/Fire/Military Open			250.00	250.00
275	Michael Bradley	VA	52	272	Lifetime / Masters (50-54)			135.00	135.00

Int'l Pushpull-Assisted

275	Paul Wren	TN	63	271	Masters (60-64)		117.50	235.00	352.50
308	Alan Borden	TX	47	306	Lifetime / Masters (45-49)		172.50	227.50	400.00

Int'l Pushpull-Raw

242	Louis Gray	AR	36	236	Law/Fire/Military Open		175.00	250.00	425.00
275	Michael Bradley	VA	52	272	Lifetime / Masters (50-54)		198.50	135.00	333.50

World 3 Lift-Assisted

105	Ryan Greer	TN	12	104	Youth (12-13)	80.00	66.00	100.00	246.00
132	Ian Greer	TN	14	129	Teenage (14-15)	100.00	68.00	107.50	275.50
181	Eddie White	MO	61	180	Masters (60-64)	205.00	152.50	282.50	640.00
198	Scott Whiting	NC	49	197	Masters (45-49)	185.00	192.50	225.00	602.50
220	Gregg Stang	VA	49	209	Law/Fire/ Military (45-49)	197.50	175.00	220.00	592.50
220	Gregg Stang	VA	49	209	Masters (45-49)	197.50	175.00	220.00	592.50
242	Tyler Scott	TN	18	222	Teenage (18-19)	227.50	152.50	215.00	595.00
308	Alan Borden	TX	47	306	Lifetime / Masters (45-49)	245.00	172.50	227.50	645.00

World 3 Lift-Raw

105	Ryan Greer	TN	12	104	Youth (12-13)	80.00	66.00	100.00	246.00
132	James "Jim" Marchio	VA	54	130	Masters (50-54)	127.50	90.00	200.00	417.50
132	Ian Greer	TN	14	129	Teenage (14-15)	100.00	68.00	107.50	275.50
148	Paul Griffith	PA	65	148	Masters (65-69)	145.00	82.50	155.00	382.50
165	Larry Eggleston	VA	64	149	Lifetime / Masters (60-64)	143.00	77.50	165.00	385.50
165	Rich Hutchison	MD	70	161	Lifetime / Masters (70-74)	157.50	90.00	192.50	440.00
165	Rich Hutchison	MD	70	161	Masters (70-74)	157.50	90.00	192.50	440.00
181	Oscar Rickman	VA	68	179	Masters (65-69)	60.00	60.00	145.00	265.00
198	Paul Nicholas	VA	29	195	Law/Fire/Military Open	191.50	137.50	252.50	581.50
198	Thomas "Bugs" Bayer	PA	65	195	Lifetime / Masters (65-69)	215.00	95.00	250.00	560.00
198	Thomas "Bugs" Bayer	PA	65	195	Masters (65-69)	215.00	95.00	250.00	560.00
198	Nate Roten	NC	28	197	Open	227.50	142.50	252.50	622.50
220	Roy Andrew	VA	42	219	Masters (40-44)	192.50	140.00	235.00	567.50
242	Louis Gray	AR	36	236	Law/Fire/Military Open	200.00	175.00	250.00	625.00
275	Dennis Raybuck	PA	42	272	Lifetime / Masters (40-44)	262.50	160.00	282.50	705.00
275	Michael Bradley	VA	52	272	Lifetime / Masters (50-54)	227.50	198.50	135.00	561.00
275	Dennis Raybuck	PA	42	272	Masters (40-44)	262.50	160.00	282.50	705.00
275	Randy McMillan	NC	43	246	Masters (40-44)	212.50	130.00	215.00	557.50
275	Michael Bradley	VA	52	272	Masters (50-54)	227.50	198.50	135.00	561.00
275	Dennis Raybuck	PA	42	272	Open	262.50	160.00	282.50	705.00
308	Doug Mignot	PA	44	297	Law/Fire/Military (40-44)	282.50	192.50	250.00	725.00
308	Doug Mignot	PA	44	297	Law/Fire/Military Open	282.50	192.50	250.00	725.00
308	Doug Mignot	PA	44	297	Lifetime / Masters (40-44)	282.50	192.50	250.00	725.00
308	Doug Mignot	PA	44	297	Masters (40-44)	282.50	192.50	250.00	725.00
308	Doug Mignot	PA	44	297	Open	282.50	192.50	250.00	725.00
308+	Jordan Scott	TN	15	342	Teenage (14-15)	145.00	120.00	177.50	442.50