

SCORESHEET -- AAU PL FOS NATIONAL CHAMPIONSHIPS, JANUARY 25-26, 2014

1. PUL -- WEIGHTED PULLUP	1	1	1	1	1	1	1
Name	YuXin	Jesse	Bill	Terrance	Jack	Loren	Michael
0	Hao	Ruiz	Weinstock	James	Lynch	McClurg	Chevious
City	Parma Hts.	Cerritgus	Sierra Madre	Palmdale	Arcadia	Pasadena	Palmdale
State	OH	CA	CA	CA	CA	CA	CA
Gender	F	M	M	M	M	M	M
Weight Class	114	148	181	198	198	275	148
Age Group	F45-49	M20-23	M65-69	M20-23	M70-74	M55-59	M12-13
Bodyweight	110.0	144.8	168.4	193.8	191.8	273.8	138.4
Age	45	23	67	23	70	57	13
Gender Factor	1.4	1.0	1.0	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.11	1	1.33	1	1.36	1.23	1.538
Pullup or Chinup	C	P	P	C	C	C	C
Clothed Bodyweight (lb)*	111.0	146.8	170.4	195.8	192.8	275.8	140.4
Dip Belt Weight (lb)	3.4	3.4	3.4	3.4	3.4	3	3.4
1st Attempt Olympic Plates (kg)	5.0	45.0	12.5	5.0	45.0	0.0	5.0
Enter "F" if failed.	F						
1st Attempt Total Wt (lb)**	125.4	249.4	201.4	210.2	295.4	275.8	154.8
Adjusted 1st Attempt Tot Wt (lb)	0.0	249.4	201.4	210.2	295.4	275.8	154.8
2nd Attempt Olympic Plates (kg)	7.5	50.0	15.0	15.0	50.0	5.0	7.5
Enter "F" if failed.						F	
2nd Attempt Total Wt (lb)**	130.9	260.4	206.9	232.3	306.4	289.8	160.3
Adjusted 2nd Attempt Tot Wt (lb)	130.9	260.4	206.9	232.3	306.4	0.0	160.3
3rd Attempt Olympic Plates (kg)	12.5	55.0	17.5	30.0	55.0		15.0
Enter "F" if failed		F	F	F	F		F
3rd Attempt Total Wt (lb)**	142.0	271.5	212.4	265.3	317.5	278.8	176.9
Adjusted 3rd Attempt Tot Wt (lb)	142.0	0.0	0.0	0.0	0.0	278.8	0.0
4th Attempt Olympic Plates (kg)	15.0						
Enter "F" if failed							
4th Attempt Total Wt (lb)**	147.5	150.2	173.8	199.2	196.2	278.8	143.8
Adjusted 4th Attempt Tot Wt (lb)	147.5	150.2	173.8	199.2	196.2	278.8	143.8
Best 3-Lift Meet Total Wt (lb)	142.0	260.4	206.9	232.3	306.4	278.8	160.3
PLACE-WT CLASS/AGE GROUP	1	1	1	1	1	1	1
All-Around Points	251	351	387	280	741	557	316
All-Around Points--OPEN	196	351	217	280	466	397	100

SCORESHEET -- AAU PL FOS NATIONAL CHAMPIONSHIPS, JANUARY 25-26, 2014

	1	2	3					
2. BPR -- BENCH PRESS FOR REPS	2	2	2	2	2	2	2	2
Name	Andrea	Justine	Megan	YuXin	Francesca	Juana	Angelo	Martin
0	Winkler	Vicaldo	Holliday	Hao	ngaoang-Bro	Mangaoang	Bor	Drake
City	Los Angeles	Fullerton	Ventura	Parma Hts.	Federal Way	Seattle	El Segundo	Nuevo
State	CA	CA	CA	OH	WA	WA	CA	CA
Gender	F	F	F	F	F	F	M	M
Weight Class	105	114	114	114	220	221	148	165
Age Group	F65-69	F24-34	F24-34	F45-49	F24-34	F55-59	M20-23	M60-64
Bodyweight	103.6	114.6	111.8	110.0	210.0	282.6	143.6	165.0
Age	69	27	30	45	34	58	20	62
Gender Factor	1.5	1.5	1.5	1.5	1.5	1.5	1.0	1.0
WL/PL/PUR Age Factor	1.35	1.00	1.00	1.11	1.00	1.24	1.00	1.28
BPR Reps Factor	1.81	1.36	1.18	1.54	1.58	1.54	1.38	1.30
Bodyweight Factor (SC p. 94)	1.30	1.24	1.25	1.26	1.00	1.00	1.10	1.03
Standard Weight (Kg)*	40	55	55	50	80	60	75	70
Actual Weight (Kg)	10.0	35.0	47.5	40.0	42.5	42.5	75.0	102.5
No. of Reps	35	13	6	22	24	22	14	10
PLACE-WT CLASS/AGE GROUP	1	2	1	1	1	1	1	1
Penalty/Credit Factor	0.250	0.250	0.250	0.250	0.250	0.250	1.000	1.250
All-Around Points	0	34	41	50	39	47	259	590
All-Around Points-OPEN	0	28	33	36	39	38	225	424

SCORESHEET -- AAU PL FOS NA

2. BPR -- BENCH PRESS FOR REPS	2	2	2	2	2	2	2	2
Name	Bill	Terrance	Jack	Perry	Bob	Loren	Ivan	Chris
0	Weinstock	James	Lynch	Mabalot	Dunham	McClurg	Katz	Taylor
City	Sierra Madre	Palmdale	Arcadia	Winchester	Long Beach	Pasadena	aguna Wood	Palmdale
State	CA	CA	CA	CA	CA	CA	CA	CA
Gender	M	M	M	M	M	M	M	M
Weight Class	181	198	198	220	220	275	275	309
Age Group	M65-69	M20-23	M70-74	M24-34	M45-49	M55-59	M65-69	M40-44
Bodyweight	168.4	193.8	191.8	209.6	209.2	273.8	273.0	309.0
Age	67	23	70	30	49	57	66	41
Gender Factor	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.33	1.00	1.36	1.00	1.15	1.23	1.32	1.07
BPR Reps Factor	1.12	0.00	1.38	1.42	1.64	1.18	1.42	1.42
Bodyweight Factor (SC p. 94)	1.02	1.00	1.00	1.00	1.00	1.00	1.00	1.00
Standard Weight (Kg)*	80	100	70	105	90	100	85	100
Actual Weight (Kg)	65.0	100.0	92.5	105.0	90.0	100.0	87.5	110.0
No. of Reps	4	0	14	16	27	6	16	16
PLACE-WT CLASS/AGE GROUP	1		1	1	1	1	1	1
Penalty/Credit Factor	0.250	1.000	1.250	1.000	1.000	1.000	1.000	1.125
All-Around Points	38	0	582	369	434	356	416	491
All-Around Points-OPEN	28	0	402	369	364	271	290	452

SCORESHEET -- AAU PL FOS NA

2. BPR -- BENCH PRESS FOR REPS	2	2	2	2	2
Name	Antonio	Daniel	Michael	Rakim	Jordan
0	Santillan	Morales	Milz	Weddington	Taylor
City	Avocado Hts	Palmdale	Palmdale	Hemet	Palmdale
State	CA	CA	CA	CA	CA
Gender	M	M	M	M	M
Weight Class	148	148	181	198	275
Age Group	M10-11	M12-13	M12-13	M14-15	M16-17
Bodyweight	138.2	137.6	174.0	198.0	269.8
Age	11	13	13	15	16
Gender Factor	1.0	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.82	1.54	1.54	1.24	1.07
BPR Reps Factor	1.42	1.44	1.50	1.62	1.04
Bodyweight Factor (SC p. 94)	1.13	1.13	1.00	1.00	1.00
Standard Weight (Kg)*	30	35	45	60	90
Actual Weight (Kg)	30.0	35.0	32.5	60.0	60.0
No. of Reps	16	17	20	26	2
PLACE-WT CLASS/AGE GROUP	1	1	1	1	1
Penalty/Credit Factor	1.000	1.000	0.250	1.000	0.250
All-Around Points	174	175	29	277	26
All-Around Points-OPEN	67	79	0	205	24

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3. PC--POWER CLEAN	3	3	3	3	3	3	3	3
Name	Andrea	YuXin	Julie	Francesca	Juana	Martin	Bill	Jack
0	Winkler	Hao	Foley	ngaoang-Bro	Mangaoang	Drake	Weinstock	Lynch
All-Around Division	F	F	F	F	F	M	M	M
City	Los Angeles	Parma Hts.	Orange	Federal Way	Seattle	Nuevo	Sierra Madre	Arcadia
State	CA	OH	CA	WA	WA	CA	CA	CA
Gender	F	F	F	F	F	M	M	M
Weight Class	105	114	123	220	221	165	181	198
Age Group	F65-69	F45-49	F50-54	F24-34	F55-59	M60-64	M65-69	M70-74
Bodyweight	103.6	110.0	123.0	210.0	282.6	165.0	168.4	191.8
Age	69	45	51	34	58	62	67	70
Gender Factor	1.4	1.4	1.4	1.4	1.4	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.35	1.11	1.17	1.00	1.24	1.28	1.33	1.36
Bodyweight Factor (SC p. 94)	1.30	1.26	1.19	1.00	1.00	1.03	1.02	1.00
1st Attempt Total Wt (kg)	11.0	40.0	55.0	52.5	37.5	62.5	50.0	45.0
Enter "F" if failed.								
Adjusted 1st Attempt Total Wt (Kg)**	11.0	40.0	55.0	52.5	37.5	62.5	50.0	45.0
2nd Attempt Total Wt (kg)	16.0	50.0	56.0	57.5	42.5	67.5	55.0	55.0
Enter "F" if failed.		F						
Adjusted 2nd Attempt Total Wt (Kg)**	16.0	0.0	56.0	57.5	42.5	67.5	55.0	55.0
3rd Attempt Total Wt (kg)	16.5	50.0	57.0	65.0	47.5	75.0	60.0	60.0
Enter "F" if failed		F	F			F	F	F
Adjusted 3rd Attempt Total Wt (Kg)**	16.5	0.0	0.0	65.0	47.5	0.0	0.0	0.0
4th Attempt Total Wt (kg)				70	50			
Enter "F" if failed								
Adjusted 4th Attempt Total Wt (Kg)**	0.0	0.0	0.0	70.0	50.0	0.0	0.0	0.0
Best 3-Lift Meet Total Weight (kg)***	16.5	40.0	56.0	65.0	47.5	67.5	55.0	55.0
PLACE-WT CLASS/AGE GROUP	1	1	1	1	1	1	1	1
All-Around Points	168	419	624	502	445	488	393	395
All-Around Points--OPEN	53	270	419	502	340	346	264	264

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4. SC--STRICT CURL	4	4	4	4	4	4	4	4
Name	Andrea	YuXin	Francesca	Juana	Angelo	Martin	Bill	Hamid
0	Winkler	Hao	ngaoang-Bro	Mangaoang	Bor	Drake	Weinstock	Nabhani
City	Los Angeles	Parma Hts.	Federal Way	Seattle	El Segundo	Nuevo	Sierra Madre	El Segundo
State	CA	OH	WA	WA	CA	CA	CA	CA
Gender	F	F	F	F	M	M	M	M
Weight Class	105	114	220	221	148	165	181	198
Age Group	F65-69	F45-49	F24-34	F55-59	M20-23	M60-64	M65-69	M35-39
Bodyweight	103.6	110.0	210.0	282.6	143.6	165.0	168.4	198.0
Age	69	45	34	58	20	62	67	38
Gender Factor	1.5	1.5	1.5	1.5	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.35	1.11	1.00	1.24	1.00	1.28	1.33	1.04
Bodyweight Factor (SC p. 94)	1.30	1.26	1.00	1.00	1.10	1.03	1.02	1.00
1st Attempt (kg)	15.0	20.0	27.5	25.0	45.0	45.0	42.5	55.0
Enter "F" if failed.								
Adjusted 1st Attempt Tot Wt (lb)	33.1	44.1	60.6	55.1	99.2	99.2	93.7	121.3
2nd Attempt Olympic Plates (kg)	16.0	27.5	35.0	30.0	50.0	50.0	45.0	60.0
Enter "F" if failed.	f						F	f
Adjusted 2nd Attempt Tot Wt (lb)	0.0	60.6	77.2	66.1	110.2	110.2	0.0	0.0
3rd Attempt Olympic Plates (kg)	16.0	30.0	37.5	32.5	55.0	51.0		60.0
Enter "F" if failed	F	F	F	F	F			
Adjusted 3rd Attempt Tot Wt (lb)	0.0	0.0	0.0	0.0	0.0	112.4	0.0	132.3
4th Attempt Olympic Plates (kg)						52.0		65.0
Enter "F" if failed						F		f
Adjusted 4th Attempt Tot Wt (lb)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Best 3-Lift Meet Total Weight (lb)***	33.1	60.6	77.2	66.1	110.2	112.4	93.7	132.3
PLACE-WT CLASS/AGE GROUP	1	1	1	1	1	1	1	1
All-Around Points	134	464	367	274	535	618	495	543
All-Around Points--OPEN	76	331	367	221	485	469	365	522

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4. SC--STRICT CURL	4	4	4	4	4
Name	Jack	Loren	Ray	Ivan	Mike
0	Lynch	McClurg	Anderson	Katz	Webber
City	Arcadia	Pasadena	Murietta	Laguna Wood	Pine George
State	CA	CA	CA	CA	Canada
Gender	M	M	M	M	M
Weight Class	198	275	275	275	275
Age Group	M70-74	M55-59	M55-59	M65-69	M40-44
Bodyweight	191.8	273.8	255.0	273.0	273.0
Age	70	57	59	66	43
Gender Factor	1.0	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.36	1.23	1.25	1.32	1.09
Bodyweight Factor (SC p. 94)	1.00	1.00	1.00	1.00	1.00
1st Attempt (kg)	45.0	45.0	35.0	40.0	57.5
Enter "F" if failed.					
Adjusted 1st Attempt Tot Wt (lb)	99.2	99.2	77.2	88.2	126.8
2nd Attempt Olympic Plates (kg)	45.0	50.0	45.0	50.0	65.0
Enter "F" if failed.			f		
Adjusted 2nd Attempt Tot Wt (lb)	99.2	110.2	0.0	110.2	143.3
3rd Attempt Olympic Plates (kg)	52.5	52.5		55.0	70.0
Enter "F" if failed					
Adjusted 3rd Attempt Tot Wt (lb)	115.7	115.7	0.0	121.3	154.3
4th Attempt Olympic Plates (kg)	55.0			62.5	80.0
Enter "F" if failed	F			F	F
Adjusted 4th Attempt Tot Wt (lb)	0.0	0.0	0.0	0.0	0.0
Best 3-Lift Meet Total Weight (lb)***	115.7	115.7	77.2	121.3	154.3
PLACE-WT CLASS/AGE GROUP	1	1	2	1	1
All-Around Points	612	415	261	474	526
All-Around Points--OPEN	450	338	209	359	483

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5. O-H -- ORANGUTAN HANG	5	5	5	5	5	5	5	5
Name	Amber	Emily	Alexandria	John	Bill	Timothy	Lance	Colton
0	Milz	Milz	Gibson	Holbrook	Weinstock	Pasken	Allen	Allen
City	Palmdale	Palmdale	0	Apple Valley	Sierra Madre	Coronado	Lake Elsinore	Lake Elsinore
State	CA	CA	CA	CA	CA	CA	CA	CA
Gender	F	F	F	M	M	M	M	M
Weight Class	114	123	181	148	181	275	66	66
Age Group	F16-17	F16-17	F16-17	M70-74	M65-69	M24-34	M6-7	M6-7
Bodyweight	108.4	115.4	168.6	146.2	168.4	248.4	57.4	52.4
Age	15	17	17	72	67	32	6	7
Gender Factor	1.5	1.5	1.5	1.0	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.24	1.04	1.04	1.38	1.33	1.00	3.33	2.86
Pullup or Chinup (P or C)								
Time (sec)	76	53	35	66	67	63	66	15
PLACE-WT CLASS/AGE GROUP	1	1	1	1	1	1	1	2
All-Around Points	350	262	311	327	366	394	310	115
All-Around Points--OPEN	283	252	299	237	275	394	93	40

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	1	2	3	4	6	6	6	6
6. DLR -- DEADLIFT FOR REPS	6	6	6	6	6	6	6	6
Name	Andrea	Justine	Megan	Anne	Michelle	Julie	Mayya	Francesca
0	Winkler	Vicaldo	Holliday	Albitron	Kempner	Foley	Sedova	angaoang-Brodi
City	Los Angeles	Fullerton	Ventura	San Pedro	Los Angeles	Orange	San Diego	Federal Way
State	CA	CA	CA	CA	CA	CA	CA	WA
Gender	F	F	F	F	F	F	F	F
Weight Class	105	114	114	114	123	123	181	220
Age Group	F65-69	F24-34	F24-34	F40-44	F35-39	F50-54	F35-39	F24-34
Bodyweight	100.4	114.6	112.0	109.0	123.0	123.0	178.0	211.8
Age	69	27	30	42	36	51	35	34
Gender Factor	1.4	1.4	1.4	1.4	1.4	1.4	1.4	1.4
WL/PL/PUR Age Factor	1.35	1.00	1.00	1.08	1.02	1.17	1.01	1.00
DLR Reps Factor	1.88	1.52	1.46	1.40	1.95	1.68	1.42	1.66
Bodyweight Factor (SC p. 94)	1.32	1.24	1.25	1.27	1.19	1.19	1.00	1.00
Standard Weight (Kg)*	37.5	60.0	60.0	45.0	70.0	50.0	85.0	95.0
Actual Weight (Kg)	17.0	82.5	82.5	72.5	70.0	70.0	85.0	90.0
No. of Reps	41	21	18	15	45	29	16	28
PLACE-WT CLASS/AGE GROUP	1	1	2	1	1	1	1	1
Penalty/Credit Factor	0.250	1.250	1.250	1.250	1.000	1.250	1.000	0.500
All-Around Points	17	534	513	457	428	578	257	92
All-Around Points--OPEN	9	392	368	276	314	354	253	92

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6. DLR -- DEADLIFT FOR REPS	6	6	6	6	6	6	6	6
Name	Juana	Amber	Emily	Bryana	Alexandria	Jesse	John	Bill
0	Mangaoang	Milz	Milz	Washington	Gibson	Ruiz	Holbrook	Weinstock
City	Seattle	Palmdale	Palmdale	Lancaster	0	0	Apple Valley	Sierra Madre
State	WA	CA	CA	CA	CA	CA	CA	CA
Gender	F	F	F	F	F	M	M	M
Weight Class	221	114	123	165	181	148	148	181
Age Group	F55-59	F16-17	F16-17	F12-13	F16-17	M20-23	M70-74	M65-69
Bodyweight	283.6	108.4	115.4	152.6	168.6	144.0	146.2	168.4
Age	58	15	17	12	17	23	72	67
Gender Factor	1.4	1.4	1.4	1.4	1.4	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.24	1.24	1.04	1.67	1.04	1.00	1.38	1.33
DLR Reps Factor	1.76	1.56	1.64	1.32	1.27	1.66	1.08	1.32
Bodyweight Factor (SC p. 94)	1.00	1.27	1.23	1.07	1.02	1.10	1.09	1.02
Standard Weight (Kg)*	65.0	35.0	55.0	45.0	65.0	115.0	90.0	110.0
Actual Weight (Kg)	72.5	47.5	45.0	70.0	65.0	115.0	90.0	135.0
No. of Reps	34	23	27	11	9	28	3	11
PLACE-WT CLASS/AGE GROUP	1	1	1	1		1	1	1
Penalty/Credit Factor	1.125	1.250	0.250	1.250	1.000	1.000	1.000	1.250
All-Around Points	474	348	29	582	124	367	191	619
All-Around Points--OPEN	341	144	22	233	105	313	85	401

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6. DLR -- DEADLIFT FOR REPS	6	6	6	6	6	6	6	6
Name	Nick	Raymond	Joe	Steve	Robert	Ray	Daniel	Jordan
0	Stearns	Cavileer	Hardy	Melero	Chandler	Anderson	Morales	Taylor
City	Murietta	Fullerton	New Castle	Newbury Park	Solana Beach	Murietta	Palmdale	Palmdale
State	CA	CA	DE	CA	CA	CA	CA	CA
Gender	M	M	M	M	M	M	M	M
Weight Class	198	198	220	220	242	275	148	275
Age Group	F24-34	M60-64	M20-23	M24-34	M65-69	M55-59	M12-13	M16-17
Bodyweight	185.4	189.6	217.4	215.0	230.4	265.4	139.8	270.0
Age	29	60	22	31	69	59	13	16
Gender Factor	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.00	1.26	1.00	1.00	1.35	1.25	1.54	1.07
DLR Reps Factor	1.68	1.38	1.48	1.70	1.34	1.34	1.54	1.38
Bodyweight Factor (SC p. 94)	1.00	1.00	1.00	1.00	1.00	1.00	1.12	1.00
Standard Weight (Kg)*	145.0	110.0	135.0	145.0	130.0	140.0	60.0	125.0
Actual Weight (Kg)	135.0	175.0	182.5	187.5	130.0	140.0	72.5	100.0
No. of Reps	29	14	19	30	12	12	22	14
PLACE-WT CLASS/AGE GROUP	1	1	1	1	1	1	1	1
Penalty/Credit Factor	0.500	1.250	1.250	1.250	1.000	1.000	1.250	0.250
All-Around Points	100	835	717	885	435	433	449	32
All-Around Points--OPEN	100	619	717	885	267	304	172	30

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7. OP -- OVERHEAD PRESS	7	7	7	7	7	7	7	7
Name	Andrea	Michelle	Julie	Francesca	Juana	Angelo	John	Martin
	Winkler	Kempner	Foley	ngaoang-Bro	Mangaoang	Bor	Holbrook	Drake
City	Los Angeles	Los Angeles	Orange	Federal Way	Seattle	El Segundo	Apple Valley	Nuevo
State	CA	CA	CA	WA	WA	CA	CA	CA
Gender	F	F	F	F	F	M	M	M
Weight Class	105	123	123	220	221	148	148	165
Age Group	F65-69	F35-39	F50-54	F24-34	F55-59	M20-23	M70-74	M60-64
Bodyweight	100.4	123.0	123.0	211.8	283.6	144.6	146.2	165.0
Age	69	36	51	34	58	20	72	62
Gender Factor	1.4	1.4	1.4	1.4	1.4	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.35	1.02	1.17	1	1.24	1	1.38	1.28
Bodyweight Factor (SC p. 94)	1.32	1.19	1.19	1.00	1.00	1.10	1.09	1.03
1st Attempt (kg)	13.0	62.5	50.0	52.5	35.0	60.0	45.0	65.0
Enter "F" if failed.							F	
Adjusted 1st Attempt Total Wt (Kg)**	13.0	62.5	50.0	52.5	35.0	60.0	0.0	65.0
2nd Attempt Olympic Plates (kg)	14.0	65.0	55.0	60.0	42.5	80.0	45.0	70.0
Enter "F" if failed.		F					F	
Adjusted 2nd Attempt Total Wt (Kg)**	14.0	0.0	55.0	60.0	42.5	80.0	0.0	70.0
3rd Attempt Olympic Plates (kg)	15.0	65.0	60.0	65.0	47.5	85.0	45.0	75.5
Enter "F" if failed	F			F	F	F	F	
Adjusted 3rd Attempt Total Wt (Kg)**	0.0	65.0	60.0	0.0	0.0	0.0	0.0	75.5
4th Attempt Olympic Plates (kg)								
Enter "F" if failed								
Adjusted 4th Attempt Total Wt (Kg)**	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Best 3-Lift Meet Total Weight (Kg)***	14.0	65.0	60.0	60.0	42.5	80.0	0.0	75.5
PLACE-WT CLASS/AGE GROUP	1	1	1	1	1	1	1	1
All-Around Points	77	377	406	260	215	277	0	328
All-Around Points--OPEN	43	290	260	260	152	242	0	222

SCORESHEET -- AAU PL FOS NA

7. OP -- OVERHEAD PRESS	7	7	7	7
Name	Connor	Nick	Perry	Loren
0	Rathbun	Stearns	Mabalot	McClurg
City	Menifee	Murietta	Winchester	Pasadena
State	CA	CA	CA	CA
Gender	M	M	M	M
Weight Class	198	198	220	275
Age Group	M20-23	F24-34	M24-34	M55-59
Bodyweight	194.8	185.4	209.0	274.6
Age	22	29	30	57
Gender Factor	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1	1	1	1.23
Bodyweight Factor (SC p. 94)	1.00	1.00	1.00	1.00
1st Attempt (kg)	85.0	100.0	105.0	70.0
Enter "F" if failed.				
Adjusted 1st Attempt Total Wt (Kg)**	85.0	100.0	105.0	70.0
2nd Attempt Olympic Plates (kg)	87.5	115.0	110.0	75.0
Enter "F" if failed.	F	F		F
Adjusted 2nd Attempt Total Wt (Kg)**	0.0	0.0	110.0	0.0
3rd Attempt Olympic Plates (kg)	92.5	115.0	115.0	
Enter "F" if failed		F		
Adjusted 3rd Attempt Total Wt (Kg)**	92.5	0.0	115.0	0.0
4th Attempt Olympic Plates (kg)				
Enter "F" if failed				
Adjusted 4th Attempt Total Wt (Kg)**	0.0	0.0	0.0	0.0
Best 3-Lift Meet Total Weight (Kg)***	92.5	100.0	115.0	70.0
PLACE-WT CLASS/AGE GROUP	1	1	1	1
All-Around Points	297	330	396	269
All-Around Points--OPEN	297	330	396	198

SCORESHEET -- AAU PL FOS NATIONAL CHAMPIONSHIPS, JANUARY 25-26, 2014

	1	4						
8. DLO -- DEADLIFT LOCKOUT	8	8	8	8	8	8	8	8
Name	Andrea	Anne	Tiffany	Julie	Patty	Mayya	Francesca	Juana
0	Winkler	Albitron	Su	Foley	Washington	Sedova	ngaoang-Bro	Mangaoang
City	Los Angeles	San Pedro	Tustin	Orange	Lancaster	San Diego	Federal Way	Seattle
State	CA	CA	CA	CA	CA	CA	WA	WA
Gender	F	F	F	F	F	F	F	F
Weight Class	105	114	123	123	181	181	220	221
Age Group	F65-69	F40-44	F20-23	F50-54	F24-34	F35-39	F24-34	F55-59
Bodyweight	100.4	109.0	123.4	123.0	166.2	178.0	211.8	283.6
Age	69	42	23	51	32	35	34	58
Gender Factor	1.4	1.4	1.4	1.4	1.4	1.4	1.4	1.4
WL/PL/PUR Age Factor	1.35	1.08	1.00	1.17	1.00	1.01	1.00	1.24
Bodyweight Factor (SC p. 94)	1.32	1.27	1.19	1.19	1.03	1.00	1.00	1.00
1st Attempt Total Wt (kg)	20.0	92.5	90.0	100.0	80.0	170.0	200.0	192.5
Enter "F" if failed.								
Adjusted 1st Attempt Tot Wt (lb)	44.1	203.9	198.4	220.5	176.4	374.8	440.9	424.4
2nd Attempt Total Wt (kg)	30.0	112.5	125.0	125.0	100.0	182.5	215.0	205.0
Enter "F" if failed.					F			
Adjusted 2nd Attempt Tot Wt (lb)	66.1	248.0	275.6	275.6	0.0	402.3	474.0	451.9
3rd Attempt Total Wt (kg)	42.5	137.5	137.5	152.5	100.0	190.0	232.5	215.0
Enter "F" if failed								
Adjusted 3rd Attempt Tot Wt (lb)	93.7	303.1	303.1	336.2	220.5	418.9	512.6	474.0
4th Attempt Total Wt (kg)								
Enter "F" if failed								
Adjusted 4th Attempt Tot Wt (lb)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Best 3-Lift Meet Total Weight (lb)***	93.7	303.1	303.1	336.2	220.5	418.9	512.6	474.0
PLACE-WT CLASS/AGE GROUP	1	1	1	1	1	1	1	1
All-Around Points	93	277	234	321	134	283	356	420
All-Around Points--OPEN	46	190	190	215	130	280	356	325

SCORESHEET -- AAU PL FOS NA

8. DLO -- DEADLIFT LOCKOUT	8	8	8	8	8	8	8	8
Name	Amber	Emily	Bryana	Alexandria	Angelo	Jesse	Gordon	John
	Milz	Milz	Washington	Gibson	Bor	Ruiz	Santee	Holbrook
City	Palmdale	Palmdale	Lancaster	0	El Segundo	0	edondo Beach	Apple Valley
State	CA	CA	CA	CA	CA	CA	CA	CA
Gender	F	F	F	F	M	M	M	M
Weight Class	114	123	165	181	148	148	148	148
Age Group	F16-17	F16-17	F12-13	F16-17	M20-23	M20-23	M65-69	M70-74
Bodyweight	108.4	115.4	152.6	168.6	144.6	144.0	142.4	146.2
Age	15	17	12	17	20	25	67	72
Gender Factor	1.4	1.4	1.4	1.4	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.24	1.04	1.67	1.04	1.00	1.00	1.33	1.38
Bodyweight Factor (SC p. 94)	1.27	1.23	1.07	1.02	1.10	1.10	1.11	1.09
1st Attempt Total Wt (kg)	75.0	75.0	62.5	75.0	137.5	182.5	245.0	150.0
Enter "F" if failed.								F
Adjusted 1st Attempt Tot Wt (lb)	165.3	165.3	137.8	165.3	303.1	402.3	540.1	0.0
2nd Attempt Total Wt (kg)	80.0	80.0	100.0	82.5	192.5	220.0	270.0	165.0
Enter "F" if failed.								
Adjusted 2nd Attempt Tot Wt (lb)	176.4	176.4	220.5	181.9	424.4	485.0	595.2	363.8
3rd Attempt Total Wt (kg)	85.0	90.0	120.0	90.0	227.5	265.0	287.5	182.5
Enter "F" if failed					F			
Adjusted 3rd Attempt Tot Wt (lb)	187.4	198.4	264.6	198.4	0.0	584.2	633.8	402.3
4th Attempt Total Wt (kg)								
Enter "F" if failed								
Adjusted 4th Attempt Tot Wt (lb)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Best 3-Lift Meet Total Weight (lb)***	187.4	198.4	264.6	198.4	424.4	584.2	633.8	402.3
PLACE-WT CLASS/AGE GROUP	1	1	1	1	1	1	1	1
All-Around Points	183	154	323	122	213	313	489	292
All-Around Points--OPEN	107	114	161	114	190	279	307	178

SCORESHEET -- AAU PL FOS NA

8. DLO -- DEADLIFT LOCKOUT	8	8	8	8	8	8	8	8
Name	Martin	Bill	Ryan	Nick	Javier	Joe	Robert	Timothy
0	Drake	Weinstock	Nickell	Stearns	Avila	Hardy	Chandler	Pasken
City	Nuevo	Sierra Madre	Coronado	Murietta	Torrance	New Castle	Solana Beach	Coronado
State	CA	CA	CA	CA	CA	DE	CA	CA
Gender	M	M	M	M	M	M	M	M
Weight Class	165	181	198	198	198	220	242	275
Age Group	M60-64	M65-69	M24-34	F24-34	M55-59	M20-23	M65-69	M24-34
Bodyweight	165.0	168.4	194.8	185.4	196.0	217.4	230.4	248.4
Age	62	67	28	29	57	22	69	32
Gender Factor	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.28	1.33	1.00	1.00	1.23	1.00	1.35	1.00
Bodyweight Factor (SC p. 94)	1.03	1.02	1.00	1.00	1.00	1.00	1.00	1.00
1st Attempt Total Wt (kg)	272.5	250.0	227.5	255.0	295.0	227.5	175.0	227.5
Enter "F" if failed.			F					F
Adjusted 1st Attempt Tot Wt (lb)	600.8	551.2	0.0	562.2	650.4	501.6	385.8	0.0
2nd Attempt Total Wt (kg)	300.0	270.0	227.5	302.5	310.0	275.0	190.0	227.5
Enter "F" if failed.								
Adjusted 2nd Attempt Tot Wt (lb)	661.4	595.2	501.6	666.9	683.4	606.3	418.9	501.6
3rd Attempt Total Wt (kg)	320.0	285.0	282.5	340.0	320.0	342.5	200.0	320.0
Enter "F" if failed	F	F		F				
Adjusted 3rd Attempt Tot Wt (lb)	0.0	0.0	622.8	0.0	705.5	755.1	440.9	705.5
4th Attempt Total Wt (kg)								
Enter "F" if failed								
Adjusted 4th Attempt Tot Wt (lb)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Best 3-Lift Meet Total Weight (lb)***	661.4	595.2	622.8	666.9	705.5	755.1	440.9	705.5
PLACE-WT CLASS/AGE GROUP	1	1	2	1	1	1	1	1
All-Around Points	450	410	301	326	448	379	285	349
All-Around Points--OPEN	323	285	301	326	349	379	199	349

SCORESHEET -- AAU PL FOS NA

8. DLO -- DEADLIFT LOCKOUT	8	8		8	8	8	8	8
Name	Loren	Ray	Reginald	Lance	Colton	Daniel	Michael	Jordan
0	McClurg	Anderson	Washington	Allen	Allen	Morales	Milz	Taylor
City	Pasadena	Murietta	Lancaster	Lake Elsinore	Lake Elsinore	Palmdale	Palmdale	Palmdale
State	CA	CA	CA	CA	CA	CA	CA	CA
Gender	M	M	M	M	M	M	M	M
Weight Class	275	275	309	66	66	148	165	275
Age Group	M55-59	M55-59	M24-34	M6-7	M6-7	M12-13	M12-13	M16-17
Bodyweight	274.6	265.4	350.0	57.4	52.4	139.8	165.0	270.0
Age	57	59	34	6	7	13	13	16
Gender Factor	1.0	1.0	1.0	1.0	1.0	1.0	1.0	1.0
WL/PL/PUR Age Factor	1.23	1.25	1.00	3.33	2.86	1.54	1.54	1.07
Bodyweight Factor (SC p. 94)	1.00	1.00	1.00	1.75	1.83	1.12	1.03	1.00
1st Attempt Total Wt (kg)	300.0	227.5	225.0	25.0	25.0	70.0	42.5	115.0
Enter "F" if failed.								
Adjusted 1st Attempt Tot Wt (lb)	661.4	501.6	496.0	55.1	55.1	154.3	93.7	253.5
2nd Attempt Total Wt (kg)	320.0	275.0	245.0	37.5	37.5	80.0	65.0	120.0
Enter "F" if failed.	F							
Adjusted 2nd Attempt Tot Wt (lb)	0.0	606.3	540.1	82.7	82.7	176.4	143.3	264.6
3rd Attempt Total Wt (kg)	320.0	300.0	295.0	47.5	47.5	95.0	87.5	130.0
Enter "F" if failed	F							
Adjusted 3rd Attempt Tot Wt (lb)	0.0	661.4	650.4	104.7	104.7	209.4	192.9	286.6
4th Attempt Total Wt (kg)								
Enter "F" if failed								
Adjusted 4th Attempt Tot Wt (lb)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Best 3-Lift Meet Total Weight (lb)***	661.4	661.4	650.4	104.7	104.7	209.4	192.9	286.6
PLACE-WT CLASS/AGE GROUP	1	2	1	1T	1T	1	1	1
All-Around Points	414	422	317	293	257	156	128	129
All-Around Points--OPEN	323	323	317	35	35	81	74	118

OFFICIAL SATURDAY RESULTS
AAU FEATS OF STRENGTH NATIONAL CHAMPIONSHIPS
Jan. 24-25, 2014 at Fit Expo Southern California, Los Angeles Convention Center

A. INDIVIDUAL ALL-AROUND -- NATIONAL CHAMPIONSHIP AWARDS

WOMEN-SATURDAY EVENTS

1. YuXin Hao, 1183 pts, National Championship plaque award
2. Francesca Mangaoang-Brodine, 907 pts
3. Juana Mangaoang, 767 pts
4. Julie Foley, 624 pts

WOMEN- SUNDAY EVENTS

1. Julie Foley, 1304 pts, National Championship plaque award
2. Juana Mangaoang, 1109 pts
3. Michelle Kempner, 805 pts
4. Annee Albritton, 734 pts

FEMALE YOUTH-SUNDAY EVENTS (two plaques are awarded because no female youth competitors competed on Saturday)

- 1A. Bryanna Washington, 905 pts, National Championship plaque award
- 1B. Amber Milz, 881 pts, National Championship plaque award
2. Alexandra Gibson, 557 pts
3. Emily Milz, 345 pts

MEN-SATURDAY EVENTS

1. Jack Lynch, 2330 pts, National Championship plaque award
2. Martin Drake, 1697 pts
3. Loren McClurg, 1328 pts
4. Bill Weinstock, 1313 pts

MEN-SUNDAY EVENTS

1. Bill Weinstock, 1395 pts, National Championship plaque award
2. Joe Hardy, 1096 pts
3. Steve Molero, 885 pts
4. Ray Anderson, 855 pts

MALE YOUTH-SATURDAY EVENTS

1. Michael Chevious, 316 pts, National Championship plaque award
2. Rakim Weddington, 277 pts
3. Daniel Morales, 175 pts
4. Antonio Santillan, 174 pts

MALE YOUTH- SUNDAY EVENTS

1. Daniel Morales, 605 pts, National Championship plaque award
2. Lance Allen, 603 pts
3. Colton Allen, 372 pts
4. Jordan Taylor, 148 pts

B. INDIVIDUAL OPEN ALL-AROUND POINTS COMPILATION (no age or bodyweight handicaps, no awards)

WOMEN -SATURDAY EVENTS

1. Francesca Mangaoang-Brodine, 907 pts
2. YuXin Hao, 833 pts
3. Juana Mangaoang, 599 pts
4. Julie Foley, 419 pts

WOMEN - SUNDAY EVENTS

1. Julie Foley, 828 pts
2. Juana Mangaoang, 817 pts
3. Francesca Mangaoang-Brodine, 708 pts
4. Michelle Kempner, 604 pts

MEN -SATURDAY EVENTS

1. Jack Lynch, 1582 pts
2. Martin Drake, 1239 pts
3. Loren McClurg, 1006 pts
4. Bill Weinstock, 874 pts

MEN -SUNDAY EVENTS

1. Joe Hardy, 1096 pts
2. Bill Weinstock, 961 pts
3. Steve Molero, 885 pts
4. Nick Stearns, 756 pts

C. TEAM NATIONAL CHAMPIONSHIP AWARDS (based on a summation of point totals of up to 5 members per team competing on either Saturday or Sunday)

YOUTH TEAMS-SATURDAY EVENTS

1. Team Natural Power-Taylor Sports, 546 pts, National Championship plaque award

Amber Milz
Emily Milz
Alexandra Gibson
Michael Chevious
Daniel Morales
Michael Milz
Jordan Taylor

2. Natural Power Youth, 451 pts

Bryanna Washington
Lance Allen
Colton Allen
Antonio Santillan
Rakim Weddington

YOUTH TEAMS-SUNDAY EVENTS

1. Team Natural Power-Taylor Sports, 2776 pts, National Championship plaque award

Amber Milz
Emily Milz
Alexandra Gibson
Michael Chevious
Daniel Morales
Michael Milz
Jordan Taylor

2. Natural Power Youth, 1880 pts

Bryanna Washington
Lance Allen
Colton Allen
Antonio Santillan
Rakim Weddington

ADULT TEAMS-SATURDAY EVENTS

1. Natural Power Team 3, 4092 pts, National Championship plaque award

Jack Lynch
Steve Melero
Bob Dunham
Loren McClurg

2. Eastern/Pacific Northwest, 3383 pts, National Championship plaque award

YuXin Hao
Juana Mangaoang
Francesca Mangaoang-Brodine
Joe Hardy
Mike Webber

3. Natural Power Team 1, 3051 pts

Megan Holliday
Annee Albritton
Gordon Santee
Martin Drake
Bill Weinstock

ADULT TEAMS-SUNDAY EVENTS

1. Natural Power Team 1, 3909 pts, National Championship plaque award

Megan Holliday
Annee Albritton
Gordon Santee
Martin Drake
Bill Weinstock

2. Natural Power-Inland Empire, 3194 pts

Patty Washington
Connor Rathbun
Nick Stearns
Raymond Cavileer
Ray Anderson
Reginald Washington

3. Eastern/Pacific Northwest, 2913 pts

YuXin Hao
Juana Mangaoang
Francesca Mangaoang-Brodine
Joe Hardy
Mike Webber

SCORESHEET -- AAU PL FOS NATIONAL CHAMPIONSHIPS, JANUARY 25-26, 2014

	1	2	3	5	8	11	12	17	18
MEET SUMMARY--SATURDAY ALL-AROUND (BELOW)									
Name	Andrea	Justine	Megan	YuXin	Julie	Francesca	Juana	Angelo	Jesse
	Winkler	Vicaldo	Holliday	Hao	Foley	ngaoang-Bro	Mangaoang	Bor	Ruiz
Event 1 Total Points--PUL	0	0	0	251	0	0	0	0	351
Event 2 Total Points--BPR	0	34	41	50	0	39	47	259	0
Event 3 Total Points--PC	168	0	0	419	624	502	445	0	0
Event 4 Total Points--SC	134	0	0	464	0	367	274	535	0
ALL-AROUND SCORE	302	34	41	1183	624	907	767	794	351
ALL-AROUND DIVISION	F	F	F	F	F	F	F	M	M
PLACE-ALL-AROUND				1	4	2	3		
No. of Events Entered for All Events	3	1	1	4	1	3	3	2	1
Ave Score per Event for All Events	101	34	41	296	624	302	256	397	351
MEET SUMMARY--SATURDAY ALL-AROUND OPEN (BELOW)									
Name	Andrea	Justine	Megan	YuXin	Julie	Francesca	Juana	Angelo	Jesse
	Winkler	Vicaldo	Holliday	Hao	Foley	ngaoang-Bro	Mangaoang	Bor	Ruiz
Event 1 Total Points--PUL	0	0	0	196	0	0	0	0	351
Event 2 Total Points--BPR	0	28	33	36	0	39	38	225	0
Event 3 Total Points--PC	53	0	0	270	419	502	340	0	0
Event 4 Total Points--SC	76	0	0	331	0	367	221	485	0
ALL-AROUND OPEN SCORE	129	28	33	833	419	907	599	710	351
ALL-AROUND OPEN DIVISION	F	F	F	F	F	F	F	M	M
PLACE-ALL-AROUND OPEN				2	4	1	3		
No. of Events Entered for All Events	3	1	1	4	1	3	3	2	1
Ave Score per Event for All Events	43	28	33	208	419	302	200	355	351

SCORESHEET -- AAU PL FOS NA

	21	23	25	28	31	33	35	38	39
MEET SUMMARY--SATURDAY ALL-ARO									
Name	Martin	Bill	Terrance	Hamid	Jack	Perry	Bob	Loren	Ray
	Drake	Weinstock	James	Nabhani	Lynch	Mabalot	Dunham	McClurg	Anderson
Event 1 Total Points--PUL	0	387	280	0	741	0	0	557	0
Event 2 Total Points--BPR	590	38	0	0	582	369	434	356	0
Event 3 Total Points--PC	488	393	0	0	395	0	0	0	0
Event 4 Total Points--SC	618	495	0	543	612	0	0	415	261
ALL-AROUND SCORE	1697	1313	280	543	2330	369	434	1328	261
ALL-AROUND DIVISION	M	M	M	M	M	M	M	M	M
PLACE-ALL-AROUND	2	4			1			3	
No. of Events Entered for All Events	3	4	1	1	4	1	1	3	1
Ave Score per Event for All Events	566	328	280	543	582	369	434	443	261
MEET SUMMARY--SATURDAY ALL-ARO									
Name	Martin	Bill	Terrance	Hamid	Jack	Perry	Bob	Loren	Ray
	Drake	Weinstock	James	Nabhani	Lynch	Mabalot	Dunham	McClurg	Anderson
Event 1 Total Points--PUL	0	217	280	0	466	0	0	397	0
Event 2 Total Points--BPR	424	28	0	0	402	369	364	271	0
Event 3 Total Points--PC	346	264	0	0	264	0	0	0	0
Event 4 Total Points--SC	469	365	0	522	450	0	0	338	209
ALL-AROUND OPEN SCORE	1239	874	280	522	1582	369	364	1006	209
ALL-AROUND OPEN DIVISION	M	M	M	M	M	M	M	M	M
PLACE-ALL-AROUND OPEN	2	4			1			3	
No. of Events Entered for All Events	3	4	1	1	4	1	1	3	1
Ave Score per Event for All Events	413	218	280	522	395	369	364	335	209

SCORESHEET -- AAU PL FOS NA

	40	41	43	46	47	48	49	50	51
MEET SUMMARY--SATURDAY ALL-ARO									
Name	Ivan	Mike	Chris	Antonio	Michael	Daniel	Michael	Rakim	Jordan
	Katz	Webber	Taylor	Santillan	Chevious	Morales	Milz	Weddington	Taylor
Event 1 Total Points--PUL	0	0	0	0	316	0	0	0	0
Event 2 Total Points--BPR	416	0	491	174	0	175	29	277	26
Event 3 Total Points--PC	0	0	0	0	0	0	0	0	0
Event 4 Total Points--SC	474	526	0	0	0	0	0	0	0
ALL-AROUND SCORE	890	526	491	174	316	175	29	277	26
ALL-AROUND DIVISION	M	M	M	MY	MY	MY	MY	MY	MY
PLACE-ALL-AROUND	5			4	1	3		2	
No. of Events Entered for All Events	2	1	1	1	1	1	1	1	1
Ave Score per Event for All Events	445	526	491	174	316	175	29	277	26
MEET SUMMARY--SATURDAY ALL-ARO									
Name	Ivan	Mike	Chris	Antonio	Michael	Daniel	Michael	Rakim	Jordan
	Katz	Webber	Taylor	Santillan	Chevious	Morales	Milz	Weddington	Taylor
Event 1 Total Points--PUL	0	0	0	0	100	0	0	0	0
Event 2 Total Points--BPR	290	0	452	67	0	79	0	205	24
Event 3 Total Points--PC	0	0	0	0	0	0	0	0	0
Event 4 Total Points--SC	359	483	0	0	0	0	0	0	0
ALL-AROUND OPEN SCORE	649	483	452	67	100	79	0	205	24
ALL-AROUND OPEN DIVISION	M	M	M	M	M	M	M	M	M
PLACE-ALL-AROUND OPEN									
No. of Events Entered for All Events	2	1	1	1	1	1	1	1	1
Ave Score per Event for All Events	325	483	452	67	100	79	0	205	24

SCORESHEET -- AAU PL FOS NATIONAL CHAMPIONSHIPS, JANUARY 25-26, 2014

	1	2	3	4	6	7	8	9	10	11
MEET SUMMARY--SUNDAY ALL-AROUND (BELOW)										
Name	Andrea	Justine	Megan	Annee	Tiffany	Michelle	Julie	Patty	Mayya	Francesca
	Winkler	Vicaldo	Holliday	Albritton	Su	Kempner	Foley	Washington	Sedova	ngaoang-Bro
Event 5 Total Points--O-H	0	0	0	0	0	0	0	0	0	0
Event 6 Total Points--DLR	17	534	513	457	0	428	578	0	257	92
Event 7 Total Points--OP	77	0	0	0	0	377	406	0	0	260
Event 8 Total Points--DLO	93	0	0	277	234	0	321	134	283	356
ALL-AROUND SCORE	187	534	513	734	234	805	1304	134	540	708
ALL-AROUND DIVISION	F	F	F	F	F	F	F	F	F	F
PLACE-ALL-AROUND				4		3	1			
No. of Events Entered for All Events	3	1	1	2	1	2	3	1	2	3
Ave Score per Event for All Events	62	534	513	367	234	403	435	134	270	236
MEET SUMMARY--SUNDAY ALL-AROUND OPEN (BELOW)										
Name	Andrea	Justine	Megan	Annee	Tiffany	Michelle	Julie	Patty	Mayya	Francesca
	Winkler	Vicaldo	Holliday	Albritton	Su	Kempner	Foley	Washington	Sedova	ngaoang-Bro
Event 5 Total Points--O-H	0	0	0	0	0	0	0	0	0	0
Event 6 Total Points--DLR	9	392	368	276	0	314	354	0	253	92
Event 7 Total Points--OP	43	0	0	0	0	290	260	0	0	260
Event 8 Total Points--DLO	46	0	0	190	190	0	215	130	280	356
ALL-AROUND OPEN SCORE	99	392	368	466	190	604	828	130	533	708
ALL-AROUND OPEN DIVISION	F	F	F	F	F	F	F	F	F	F
PLACE-ALL-AROUND OPEN						4	1			3
No. of Events Entered for All Events	3	1	1	2	1	2	3	1	2	3
Ave Score per Event for All Events	33	392	368	233	190	302	276	130	266	236

SCORESHEET -- AAU PL FOS NA

	12	13	14	15	16	17	18	19	20	21
MEET SUMMARY--SUNDAY ALL-AROUND										
Name	Juana	Amber	Emily	Bryana	Alexandra	Angelo	Jesse	Gordon	John	Martin
	Mangaoang	Milz	Milz	Washington	Gibson	Bor	Ruiz	Santee	Holbrook	Drake
Event 5 Total Points--O-H	0	350	262	0	311	0	0	0	327	0
Event 6 Total Points--DLR	474	348	29	582	124	0	367	0	191	0
Event 7 Total Points--OP	215	0	0	0	0	277	0	0	0	328
Event 8 Total Points--DLO	420	183	154	323	122	213	313	489	292	450
ALL-AROUND SCORE	1109	881	445	905	557	490	680	489	810	778
ALL-AROUND DIVISION	F	FY	FY	FY	FY	M	M	M	M	M
PLACE-ALL-AROUND	2	1B	3	1A	2					4
No. of Events Entered for All Events	3	3	3	2	3	2	2	1	3	2
Ave Score per Event for All Events	370	294	148	453	186	245	340	489	270	389
MEET SUMMARY--SUNDAY ALL-AROUND										
Name	Juana	Amber	Emily	Bryana	Alexandra	Angelo	Jesse	Gordon	John	Martin
	Mangaoang	Milz	Milz	Washington	Gibson	Bor	Ruiz	Santee	Holbrook	Drake
Event 5 Total Points--O-H	0	283	252	0	299	0	0	0	237	0
Event 6 Total Points--DLR	341	144	22	233	105	0	313	0	85	0
Event 7 Total Points--OP	152	0	0	0	0	242	0	0	0	222
Event 8 Total Points--DLO	325	107	114	161	114	190	279	307	178	323
ALL-AROUND OPEN SCORE	817	534	388	394	518	432	592	307	500	545
ALL-AROUND OPEN DIVISION	F	F	F	F	F	M	M	M	M	M
PLACE-ALL-AROUND OPEN	2									
No. of Events Entered for All Events	3	3	3	2	3	2	2	1	3	2
Ave Score per Event for All Events	272	178	129	197	173	216	296	307	167	273

SCORESHEET -- AAU PL FOS NA

	23	24	26	27	29	30	32	33	34	36
MEET SUMMARY--SUNDAY ALL-AROUND							MEET SUMMARY--SUNDAY ALL-AROUND (BELC			
Name	Bill	Connor	Ryan	Nick	Javier	Raymond	Joe	Perry	Steve	Robert
	Weinstock	Rathbun	Nickell	Stearns	Avila	Cavileer	Hardy	Mabalot	Melero	Chandler
Event 5 Total Points--O-H	366	0	0	0	0	0	0	0	0	0
Event 6 Total Points--DLR	619	0	0	100	0	835	717	0	885	435
Event 7 Total Points--OP	0	297	0	330	0	0	0	396	0	0
Event 8 Total Points--DLO	410	0	301	326	448	0	379	0	0	285
ALL-AROUND SCORE	1395	297	301	756	448	835	1096	396	885	720
ALL-AROUND DIVISION	M	M	M	M	M	M	M	M	M	M
PLACE-ALL-AROUND	1						2		3	
No. of Events Entered for All Events	3	1	1	3	1	1	2	1	1	2
Ave Score per Event for All Events	465	297	301	252	448	835	548	396	885	360
MEET SUMMARY--SUNDAY ALL-AROUND							MEET SUMMARY--SUNDAY ALL-AROUND OPI			
Name	Bill	Connor	Ryan	Nick	Javier	Raymond	Joe	Perry	Steve	Robert
	Weinstock	Rathbun	Nickell	Stearns	Avila	Cavileer	Hardy	Mabalot	Melero	Chandler
Event 5 Total Points--O-H	275	0	0	0	0	0	0	0	0	0
Event 6 Total Points--DLR	401	0	0	100	0	619	717	0	885	267
Event 7 Total Points--OP	0	297	0	330	0	0	0	396	0	0
Event 8 Total Points--DLO	285	0	301	326	349	0	379	0	0	199
ALL-AROUND OPEN SCORE	961	297	301	756	349	619	1096	396	885	466
ALL-AROUND OPEN DIVISION	M	M	M	M	M	M	M	M	M	M
PLACE-ALL-AROUND OPEN	2			4			1		3	
No. of Events Entered for All Events	3	1	1	3	1	1	2	1	1	2
Ave Score per Event for All Events	320	297	301	252	349	619	548	396	885	233

SCORESHEET -- AAU PL FOS NA

	37	38	39	42	44	45	48	49	51
MEET SUMMARY--SUNDAY ALL-AROUND(W)									
Name	Timothy	Loren	Ray	Reginald	Lance	Colton	Daniel	Michael	Jordan
	Pasken	McClurg	Anderson	Washington	Allen	Allen	Morales	Milz	Taylor
Event 5 Total Points--O-H	394	0	0	0	310	115	0	0	0
Event 6 Total Points--DLR	0	0	433	0	0	0	449	0	32
Event 7 Total Points--OP	0	269	0	0	0	0	0	0	0
Event 8 Total Points--DLO	349	414	422	317	293	257	156	128	129
ALL-AROUND SCORE	743	683	855	317	603	372	605	128	161
ALL-AROUND DIVISION	M	M	M	M	MY	MY	MY	MY	MY
PLACE-ALL-AROUND			4		2	3	1		4
No. of Events Entered for All Events	2	2	2	1	2	2	2	1	2
Ave Score per Event for All Events	372	342	428	317	301	186	302	128	80
MEET SUMMARY--SUNDAY ALL-AROUND(N (BELOW))									
Name	Timothy	Loren	Ray	Reginald	Lance	Colton	Daniel	Michael	Jordan
	Pasken	McClurg	Anderson	Washington	Allen	Allen	Morales	Milz	Taylor
Event 5 Total Points--O-H	394	0	0	0	93	40	0	0	0
Event 6 Total Points--DLR	0	0	304	0	0	0	172	0	30
Event 7 Total Points--OP	0	198	0	0	0	0	0	0	0
Event 8 Total Points--DLO	349	323	323	317	35	35	81	74	118
ALL-AROUND OPEN SCORE	743	521	627	317	128	75	253	74	148
ALL-AROUND OPEN DIVISION	M	M	M	M	M	M	M	M	M
PLACE-ALL-AROUND OPEN	4								
No. of Events Entered for All Events	2	2	2	1	2	2	2	1	2
Ave Score per Event for All Events	372	261	314	317	64	38	127	74	74

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Hao, YuXin	OH	F	114	45-49	1-Hand Partial Deadlift	105.7	lb	1.5	1.5		Las Vegas NV	10/13/2013	X	X	
Hao, YuXin	OH	F	114	OPEN	1-Hand Partial Deadlift	105.7	lb	1.5	1.5		Las Vegas NV	10/13/2013	X	X	
Fultz, Karen	CA	F	148	55-59	1-Hand Partial Deadlift	116.7	lb	1.5	1.5		Las Vegas NV	7/15/2012	X	X	
Fultz, Karen	CA	F	148	OPEN	1-Hand Partial Deadlift	116.7	lb	1.5	1.5		Las Vegas NV	7/15/2012	X	X	
Palmieri, Loy	CA	F	165	40-44	1-Hand Partial Deadlift	94.7	lb	1.5	1.5		Las Vegas NV	10/7/2012	X	X	
Blum, Heather	CA	F	165	55-59	1-Hand Partial Deadlift	125.0	lb	1.5	1.5		Las Vegas NV	10/13/2013	X	X	
Blum, Heather	CA	F	165	OPEN	1-Hand Partial Deadlift	125.0	lb	1.5	1.5		Las Vegas NV	10/13/2013	X	X	
Busse, Marsha	NE	F	181	45-49	1-Hand Partial Deadlift	61.7	lb	1.5	1.5		Las Vegas NV	10/7/2012	X	X	
Busse, Marsha	NE	F	181	OPEN	1-Hand Partial Deadlift	61.7	lb	1.5	1.5		Las Vegas NV	10/7/2012	X	X	
Blum, Heather	CA	F	ALL	Open Unl	1-Hand Partial Deadlift	125.0	lb	1.5	1.5		Las Vegas NV	10/13/2013	X	X	
Dreger, Zeak	CA	M	114	OPEN	1-Hand Partial Deadlift	106.1	lb	2.5	1.5		Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	55-59	1-Hand Partial Deadlift	84.1	lb	2.5	2.5		Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	1-Hand Partial Deadlift	62.1	lb	2.5	2.5		San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	OPEN	1-Hand Partial Deadlift	84.1	lb	2.5	2.5		Las Vegas NV	10/7/2012	X	X	
Drake, Martin	CA	M	165	60-64	1-Hand Partial Deadlift	100.6	lb	2.5	2.5		Las Vegas NV	10/7/2012	X	X	
Weinstock, Bill	CA	M	165	65-69	1-Hand Partial Deadlift	117.1	lb	2.5	2.5		Las Vegas NV	10/7/2012	X	X	
Longley, Damien	NV	M	165	OPEN	1-Hand Partial Deadlift	128.1	lb	2.5	2.5		Las Vegas NV	10/7/2012	X	X	
Mausisa, Arnel	CA	M	181	55-59	1-Hand Partial Deadlift	117.1	lb	2.5	2.5		Las Vegas NV	10/7/2012	X	X	
Drake, Martin	CA	M	181	60-64	1-Hand Partial Deadlift	111.6	lb	2.5	2.5		Las Vegas NV	10/13/2013	X	X	
Weinstock, Bill	CA	M	181	65-69	1-Hand Partial Deadlift	95.1	lb	2.5	2.5		Las Vegas NV	7/19/2013	X	X	
Weinstock, Bill	CA	M	181	65-69	1-Hand Partial Deadlift	166.3	lb	2.5	1.5		Las Vegas NV	7/15/2012	X	X	
Johnson, Dick	CA	M	181	75-79	1-Hand Partial Deadlift	95.1	lb	2.5	2.5		Corona CA	8/25/2012	X		
Simon, Richard	CA	M	181	80-84	1-Hand Partial Deadlift	73.1	lb	2.5	2.5		Corona CA	8/25/2012	X		
Mausisa, Arnel	CA	M	181	OPEN	1-Hand Partial Deadlift	117.1	lb	2.5	2.5		Las Vegas NV	10/7/2012	X	X	
Pappas, Austin	ND	M	198	20-23	1-Hand Partial Deadlift	139.1	lb	2.5	2.5		Las Vegas NV	7/15/2012	X	X	
Reuer, Mark	SD	M	198	35-39	1-Hand Partial Deadlift	100.6	lb	2.5	2.5		Las Vegas NV	10/13/2013	X	X	
McFadden, Jerry	WV	M	198	50-54	1-Hand Partial Deadlift	128.1	lb	2.5	2.5		Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	65-69	1-Hand Partial Deadlift	144.7	lb	2.5	2.5		Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	OPEN	1-Hand Partial Deadlift	144.7	lb	2.5	2.5		Las Vegas NV	10/13/2013	X	X	
Proto, Steven	OK	M	220	OPEN	1-Hand Partial Deadlift	139.1	lb	2.5	2.5		Las Vegas NV	10/7/2012	X	X	
Meirovitch, Yaniv	Israel	M	242	OPEN	1-Hand Partial Deadlift	113.3	lb	3.0	3.0		Las Vegas NV	7/19/2013		X	Israel
Harris, Matt	CA	M	275	40-44	1-Hand Partial Deadlift	124.2	lb	3.0	3.0		Las Vegas NV	10/7/2012	X	X	
Solleder, John	TX	M	275	50-54	1-Hand Partial Deadlift	85.7	lb	3.0	3.0		Las Vegas NV	10/13/2013	X	X	
McClurg, Loren	CA	M	275	55-59	1-Hand Partial Deadlift	102.2	lb	3.0	3.0		Las Vegas NV	10/7/2012	X	X	
Harris, Matt	CA	M	275	OPEN	1-Hand Partial Deadlift	124.2	lb	3.0	3.0		Las Vegas NV	10/7/2012	X	X	
Harris, Matt	CA	M	308	40-44	1-Hand Partial Deadlift	96.7	lb	3.0	3.0		Corona CA	8/25/2012	X		
Harris, Matt	CA	M	308	OPEN	1-Hand Partial Deadlift	96.7	lb	3.0	3.0		Corona CA	8/25/2012	X		
Lynch, Jack	CA	M	ALL	Open Unl	1-Hand Partial Deadlift	144.7	lb	2.5	2.5		Las Vegas NV	10/13/2013	X	X	
Harrison, David	CA	MY	66	6-7	1-Hand Partial Deadlift	39.6	lb	1.5	1.5		Moreno V CA	6/3/2012	X		
Divis, Jason	CA	MY	88	8-9	1-Hand Partial Deadlift	72.7	lb	1.5	1.5		Las Vegas NV	10/7/2012	X	X	
Fraser, Parker	CA	MY	114	12-13	1-Hand Partial Deadlift	94.7	lb	1.5	1.5		Corona CA	8/25/2012	X		
Santillan, Antonio	CA	MY	132	10-11	1-Hand Partial Deadlift	61.7	lb	1.5	1.5		Moreno V CA	6/3/2012	X		

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Merrell, Levi	OR	MY	132	12-13	1-Hand Partial Deadlift	116.7	lb	1.5	1.5		Las Vegas NV	10/7/2012	X	X	
Everett, Raymond	CA	MY	148	12-13	1-Hand Partial Deadlift	105.7	lb	1.5	1.5		Moreno V CA	6/3/2012	X		
DeLouche, Chris	LA	MY	198	14-15	1-Hand Partial Deadlift	95.1	lb	2.5	2.5		Las Vegas NV	10/13/2013	X	X	
Higuera, Mike	AZ	MY	220	16-17	1-Hand Partial Deadlift	112.0	lb	2.5	2.5		Laughlin NV	4/13/2012	X	X	
Warren, Alex	TX	MY	242	14-15	1-Hand Partial Deadlift	84.1	lb	2.5	2.5		Las Vegas NV	10/13/2013	X	X	
Ray, Tanner	CA	MY	275	18-19	1-Hand Partial Deadlift	96.7	lb	2.5	2.5		Las Vegas NV	10/7/2012		X	
Ray, Tanner	CA	MY	275	18-19	1-Hand Partial Deadlift	113.2	lb	3.0	3.0		Corona CA	8/25/2012	X		
Perryman, Ashley	OH	FY	88	10-11	40-yd Sprint	5.91	sec				Detroit MI	7/27/2013	X	X	
Moore, Robyn	MO	FY	97	12-13	40-yd Sprint	5.48	sec				Detroit MI	7/27/2013	X	X	
Williams, Olivia	OH	FY	114	10-11	40-yd Sprint	6.55	sec				Detroit MI	7/27/2013	X	X	
Perryman, Gabrielle	OH	FY	123	16-17	40-yd Sprint	5.54	sec				Detroit MI	7/27/2013	X	X	
Davenport, Naudia	OH	FY	148	12-13	40-yd Sprint	5.30	sec				Detroit MI	7/27/2013	X	X	
Davenport, Naudia	OH	FY	ALL	Open Unl	40-yd Sprint	5.30	sec				Detroit MI	7/27/2013	X	X	
Dukes, Ryan	MI	M	165	20-23	40-yd Sprint	5.08	sec				Detroit MI	7/27/2013	X	X	
Perryman, Greg	OH	MY	66	8-9	40-yd Sprint	6.19	sec				Detroit MI	7/27/2013	X	X	
Hayes, Kaden	OK	MY	77	10-11	40-yd Sprint	6.57	sec				Detroit MI	7/27/2013	X	X	
Longey, Mason	OK	MY	88	12-13	40-yd Sprint	6.93	sec				Detroit MI	7/27/2013	X	X	
Hairston, Del'Mario	OH	MY	105	12-13	40-yd Sprint	5.31	sec				Detroit MI	7/27/2013	X	X	
DeLouche, Ben	LA	MY	114	10-11	40-yd Sprint	7.48	sec				Detroit MI	7/27/2013	X	X	
Crofton, Noah	LA	MY	123	12-13	40-yd Sprint	5.75	sec				Detroit MI	7/27/2013	X	X	
Jones, Nick	TX	MY	123	14-15	40-yd Sprint	5.07	sec				Detroit MI	7/27/2013	X	X	
Pittman, Evan	IA	MY	132	14-15	40-yd Sprint	5.31	sec				Detroit MI	7/27/2013	X	X	
Moore, Alexander	MO	MY	148	12-13	40-yd Sprint	5.74	sec				Detroit MI	7/27/2013	X	X	
Perry, Landon	OK	MY	148	16-17	40-yd Sprint	5.06	sec				Detroit MI	7/27/2013	X	X	
Edwards, Patrick	OK	MY	165	16-17	40-yd Sprint	5.55	sec				Detroit MI	7/27/2013	X	X	
DeLouche, Chris	LA	MY	198	12-13	40-yd Sprint	6.23	sec				Detroit MI	7/27/2013	X	X	
Warren, Alex	TX	MY	242	14-15	40-yd Sprint	7.46	sec				Detroit MI	7/27/2013	X	X	
Rhodes, Colten	OK	MY	275	18-19	40-yd Sprint	5.53	sec				Detroit MI	7/27/2013	X	X	
Perry, Landon	OK	MY	ALL	Open Unl	40-yd Sprint	5.06	sec				Detroit MI	7/27/2013	X	X	
Winkler, Andrea	CA	F	105	65-69	Bench Press for Reps	35	reps/kg	40.0	10.0		Los Angeles CA	1/25/2014	X		
Winkler, Andrea	CA	F	105	OPEN	Bench Press for Reps	35	reps/kg	40.0	10.0		Los Angeles CA	1/25/2014	X		
Hao, YuXin	CA	F	114	45-49	Bench Press for Reps	22	reps/kg	50.0	40.0		Los Angeles CA	1/25/2014	X		
Sneider, Sarah	CA	F	114	65-69	Bench Press for Reps	19	reps/kg	40.0	20.0		Laughlin NV	4/7/2013	X	X	
Sneider, Sarah	CA	F	114	OPEN	Bench Press for Reps	19	reps/kg	55.0	20.0		Laughlin NV	4/7/2013		X	
Holliday, Megan	CA	F	114	OPEN	Bench Press for Reps	6	reps/kg	55.0	47.5		Los Angeles CA	1/25/2014	X		
Brill, Diane	NV	F	132	50-54	Bench Press for Reps	16	reps/kg	50.0	50.0	SW	Las Vegas NV	7/15/2012	X	X	
Brill, Diane	NV	F	132	OPEN	Bench Press for Reps	16	reps/kg	65.0	50.0		Las Vegas NV	7/15/2012	X	X	
Gutierrez, Veronica	NV	F	148	20-23	Bench Press for Reps	2	reps/kg	55.0	45.0		Las Vegas NV	7/15/2012	X	X	
Teaser, Rebecca	CO	F	148	40-44	Bench Press for Reps	19	reps/kg	55.0	37.0		Las Vegas NV	7/19/2013	X	X	
Fultz, Karen	CA	F	148	55-59	Bench Press for Reps	5	reps/kg	50.0	35.0		Laughlin NV	4/7/2013	X	X	
Fultz, Karen	CA	F	148	55-59	Bench Press for Reps	17	reps/kg	55.0	20.0		Las Vegas NV	7/15/2012	X	X	
Cloninger, Grace	NV	F	148	75-79	Bench Press for Reps	20	reps/kg	40.0	20.0		Las Vegas NV	7/15/2012	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Fultz, Sierra	MO	F	148	OPEN	Bench Press for Reps	38	reps/kg	65.0	20.0		Las Vegas NV	7/15/2012	X	X	
Ryan, Trace	NV	F	165	40-44	Bench Press for Reps	8	reps/kg	60.0	60.0	SW	Las Vegas NV	7/19/2013	X	X	
Harrison, Ruth	CA	F	165	45-49	Bench Press for Reps	18	reps/kg	60.0	60.0	SW	Moreno V CA	6/3/2012	X		
MacDonald, Laurie	CO	F	165	50-54	Bench Press for Reps	11	reps/kg	55.0	55.0	SW	Las Vegas NV	7/19/2013	X	X	
Fultz, Karen	CA	F	165	55-59	Bench Press for Reps	8	reps/kg	55.0	35.0		Las Vegas NV	10/7/2012	X	X	
Franks, Crystal	AZ	F	165	OPEN	Bench Press for Reps	9	reps/kg	75.0	70.0		Laughlin NV	4/13/2012	X	X	
Carter, Ethyl	VA	F	181	35-39	Bench Press for Reps	24	reps/kg	75.0	25.0		Las Vegas NV	7/15/2012	X	X	
Luna, Melissa	CO	F	181	40-44	Bench Press for Reps	9	reps/kg	60.0	60.0	SW	Las Vegas NV	7/19/2013	X	X	
Meyer-Lee, Kim	CO	F	181	50-54	Bench Press for Reps	8	reps/kg	55.0	55.0	SW	Las Vegas NV	7/19/2013	X	X	
Meyer-Lee, Kim	CO	F	181	OPEN	Bench Press for Reps	8	reps/kg	55.0	55.0	SW	Las Vegas NV	7/19/2013	X	X	
Berry, Megan	WY	F	198	OPEN	Bench Press for Reps	28	reps/kg	75.0	37.5		Las Vegas NV	7/19/2013	X	X	
Crowell, Valery	CA	F	220	50-54	Bench Press for Reps	17	reps/kg	80.0	55.0		Las Vegas NV	10/7/2012	X	X	
Crowell, Valery	CA	F	220	OPEN	Bench Press for Reps	17	reps/kg	80.0	55.0		Las Vegas NV	10/7/2012	X	X	
Mangaoang, Juana	WA	F	221	55-59	Bench Press for Reps	22	reps/kg	60.0	42.5		Los Angeles CA	1/25/2014	X		
Mangaoang, Juana	WA	F	221	OPEN	Bench Press for Reps	22	reps/kg	80.0	42.5		Los Angeles CA	1/25/2014	X		
Franks, Crystal	AZ	F	ALL	Open Unl	Bench Press for Reps	9	reps/kg	75.0	70.0		Laughlin NV	4/13/2012	X	X	
Perryman, Ashley	OH	FY	88	10-11	Bench Press for Reps	10	reps/kg	15.0	15.0	SW	Detroit MI	7/27/2013	X	X	
Moore, Robyn	MO	FY	97	12-13	Bench Press for Reps	20	reps/kg	17.5	17.5	SW	Detroit MI	7/27/2013	X	X	
Williams, Olivia	OH	FY	114	10-11	Bench Press for Reps	20	reps/kg	15.0	15.0	SW	Detroit MI	7/27/2013	X	X	
Gutierrez, Hayley	NV	FY	114	12-13	Bench Press for Reps	20	reps/kg	25.0	25.0	SW	Laughlin NV	4/13/2012	X	X	
Gutierrez, Kendra	NV	FY	114	16-17	Bench Press for Reps	14	reps/kg	35.0	30.0	SW	Las Vegas NV	7/15/2012	X	X	
Perryman, Gabrielle	OH	FY	123	16-17	Bench Press for Reps	7	reps/kg	40.0	40.0	SW	Detroit MI	7/27/2013	X	X	
Tafoya, Samantha	NE	FY	123	16-17	Bench Press for Reps	3	reps/kg	40.0	40.0	SW	Las Vegas NV	7/15/2012	X	X	
Beuscher, Hailey	LA	FY	132	10-11	Bench Press for Reps	26	reps/kg	17.5	17.5	SW	Las Vegas NV	10/13/2013	X	X	
Davenport, Naudia	OH	FY	148	12-13	Bench Press for Reps	25	reps/kg	20.0	20.0	SW	Detroit MI	7/27/2013	X	X	
Martinez, Samantha	CA	FY	148	12-13	Bench Press for Reps	5	reps/kg	30.0	25.0		Vista CA	6/9/2013	X		
Brill, Lindsey	NV	FY	165	14-15	Bench Press for Reps	17	reps/kg	40.0	40.0	SW	Las Vegas NV	7/15/2012	X	X	
Martinez, Alyssa	CA	FY	181	12-13	Bench Press for Reps	8	reps/kg	35.0	25.0		Vista CA	6/9/2013	X		
Arroyo, Emma	AZ	FY	221	16-17	Bench Press for Reps	6	reps/kg	45.0	45.0	SW	Las Vegas NV	7/15/2012	X	X	
Higuera, Micaela	AZ	FY	221	18-19	Bench Press for Reps	9	reps/kg	55.0	40.0		Las Vegas NV	7/15/2012	X	X	
Simon, Richard	CA	M	114	80-84	Bench Press for Reps	11	reps/kg	60.0	60.0	SW	Corona CA	2/2/2013	X		
Dreger, Zeak	CA	M	114	OPEN	Bench Press for Reps	13	reps/kg	70.0	25.0		Laughlin NV	4/7/2013	X	X	
Dreger, Zeak	CA	M	114	OPEN	Bench Press for Reps	21	reps/kg	70.0	20.0		Las Vegas NV	10/7/2012	X	X	
Hernandez, Hunter	NV	M	132	20-23	Bench Press for Reps	10	reps/kg	75.0	75.0	SW	Las Vegas NV	7/15/2012	X	X	
Hernandez, Hunter	NV	M	132	OPEN	Bench Press for Reps	10	reps/kg	90.0	75.0		Las Vegas NV	7/15/2012	X	X	
Bor, Angelo	CA	M	148	20-23	Bench Press for Reps	14	reps/kg	75.0	75.0	SW	Los Angeles CA	1/25/2014	X		
Gouw, Launce	UT	M	148	45-49	Bench Press for Reps	24	reps/kg	80.0	80.0	SW	Las Vegas NV	7/15/2012	X	X	
Moylan, Jerry	CA	M	148	55-59	Bench Press for Reps	3	reps/kg	75.0	75.0	SW	Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	Bench Press for Reps	5	reps/kg	70.0	70.0	SW	Las Vegas NV	10/13/2013		X	
Moylan, Jerry	CA	M	148	60-64	Bench Press for Reps	5	reps/kg	70.0	70.0	SW	Vista CA	6/9/2013	X		
Gouw, Launce	UT	M	148	OPEN	Bench Press for Reps	24	reps/kg	90.0	80.0		Las Vegas NV	7/15/2012	X	X	
Drake, Martin	CA	M	165	60-64	Bench Press for Reps	10	reps/kg	70.0	102.5	SW+40%	Los Angeles CA	1/25/2014	X		

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Weinstock, Bill	CA	M	165	65-69	Bench Press for Reps	8	reps/kg	70.0	70.0	SW	Corona CA	2/2/2013	X		
Weinstock, Bill	CA	M	165	65-69	Bench Press for Reps	3	reps/kg	70.0	70.0	SW	Las Vegas NV	10/7/2012	X	X	
Singh, Baljit	CA	M	165	20-23	Bench Press for Reps	20	reps/kg	75.0	75.0	SW	Laughlin NV	4/13/2012	X	X	
Phillips, Thomas	NV	M	165	35-39	Bench Press for Reps	14	reps/kg	85.0	85.0	SW	Las Vegas NV	7/15/2012	X	X	
White, Fulton D.	NV	M	165	50-54	Bench Press for Reps	17	reps/kg	75.0	75.0	SW	Las Vegas NV	7/15/2012	X	X	
Drake, Martin	CA	M	165	OPEN	Bench Press for Reps	10	reps/kg	90.0	102.5	SW+10%	Los Angeles CA	1/25/2014	X		
Longley, Damien	NV	M	165	OPEN	Bench Press for Reps	2	reps/kg	90.0	110.0	SW+20%	Las Vegas NV	10/7/2012	X	X	
Beckner, Al	NV	M	181	40-44	Bench Press for Reps	12	reps/kg	90.0	90.0	SW	Las Vegas NV	7/15/2012	X	X	
Fultz, Henry	CA	M	181	50-54	Bench Press for Reps	15	reps/kg	85.0	102.5	SW+20%	Las Vegas NV	10/7/2012	X	X	
Fultz, Henry	CA	M	181	50-54	Bench Press for Reps	27	reps/kg	85.0	85.0	SW	Laughlin NV	4/13/2012	X	X	
Mausisa, Arnel	CA	M	181	55-59	Bench Press for Reps	4	reps/kg	85.0	85.0	SW	Las Vegas NV	10/7/2012	X	X	
Drake, Martin	CA	M	181	60-64	Bench Press for Reps	10	reps/kg	80.0	102.5	SW+20%	Vista CA	6/9/2013	X		
Drake, Martin	CA	M	181	60-64	Bench Press for Reps	8	reps/kg	80.0	102.5	SW+20%	Laughlin NV	4/7/2013		X	
Drake, Martin	CA	M	181	60-64	Bench Press for Reps	15	reps/kg	80.0	80.0	SW	Corona CA	8/25/2012	X		
Drake, Martin	CA	M	181	60-64	Bench Press for Reps	22	reps/kg	80.0	70.0		Laughlin NV	4/13/2012	X	X	
Weinstock, Bill	CA	M	181	65-69	Bench Press for Reps	5	reps/kg	80.0	70.0		Las Vegas NV	7/15/2012		X	
DuBose, Paul	OR	M	181	65-69	Bench Press for Reps	16	reps/kg	80.0	80.0	SW	Moreno V CA	6/3/2012	X		
Boothe, Brent	NV	M	181	75-79	Bench Press for Reps	5	reps/kg	70.0	80.0	SW+10%	Las Vegas NV	10/7/2012	X	X	
Fultz, Henry	CA	M	181	OPEN	Bench Press for Reps	15	reps/kg	105.0	102.5		Las Vegas NV	10/7/2012	X	X	
Aguirre, Patrick	CA	M	198	20-23	Bench Press for Reps	4	reps/kg	100.0	110.0	SW+10%	Laughlin NV	4/7/2013	X	X	
Pappas, Austin	ND	M	198	20-23	Bench Press for Reps	18	reps/kg	100.0	100.0	SW	Las Vegas NV	7/15/2012	X	X	
Reuer, Mark	SD	M	198	35-39	Bench Press for Reps	4	reps/kg	100.0	100.0	SW	Las Vegas NV	10/13/2013		X	
Lopez, Ruben	CA	M	198	35-39	Bench Press for Reps	15	reps/kg	100.0	100.0	SW	Vista CA	6/9/2013	X		
Nunez, Kevin	CA	M	198	40-44	Bench Press for Reps	14	reps/kg	90.0	90.0	SW	Las Vegas NV	10/13/2013	X		
Danna, Flávio	Brasil	M	198	40-44	Bench Press for Reps	18	reps/kg	90.0	90.0	SW	Las Vegas NV	10/13/2013		X	Brasil
Gibbs, Scott	VA	M	198	45-49	Bench Press for Reps	15	reps/kg	90.0	90.0	SW	Las Vegas NV	7/15/2012	X	X	
Wiseman, Richard	NV	M	198	65-69	Bench Press for Reps	17	reps/kg	80.0	80.0	SW	Las Vegas NV	7/19/2013	X	X	
Lynch, Jack	CA	M	198	65-69	Bench Press for Reps	11	reps/kg	80.0	97.5	SW+20%	Las Vegas NV	10/7/2012	X	X	
Homer Sr., Jerry	AZ	M	198	70-74	Bench Press for Reps	20	reps/kg	70.0	70.0	SW	Laughlin NV	4/13/2012	X	X	
Lynch, Jack	CA	M	198	70-74	Bench Press for Reps	14	reps/kg	70.0	92.5	SW+30%	Los Angeles CA	1/25/2014	X		
Mabalot, Perry	CA	M	198	OPEN	Bench Press for Reps	14	reps/kg	105.0	105.0	SW	Vista CA	6/9/2013	X		
Murdock, Derek	AZ	M	198	OPEN	Bench Press for Reps	10	reps/kg	105.0	100.0		Laughlin NV	4/7/2013		X	
Matias, Enrique	CA	M	220	20-23	Bench Press for Reps	13	reps/kg	100.0	100.0	SW	Vista CA	6/9/2013	X		
Hollingsworth, Justin	AZ	M	220	35-39	Bench Press for Reps	18	reps/kg	100.0	100.0	SW	Las Vegas NV	10/13/2013	X	X	
Fetokai, Sione	Tonga	M	220	35-39	Bench Press for Reps	20	reps/kg	100.0	85.0		Las Vegas NV	7/15/2012			Tonga
Nichols, Bruce	NV	M	220	40-44	Bench Press for Reps	22	reps/kg	90.0	90.0	SW	Laughlin NV	4/13/2012	X	X	
Weddington, Ron	CA	M	220	45-49	Bench Press for Reps	22	reps/kg	90.0	100.0	SW+10%	Laughlin NV	4/7/2013	X	X	
Dunham, Bob	CA	M	220	45-49	Bench Press for Reps	27	reps/kg	90.0	90.0	SW	Los Angeles CA	1/25/2014	X		
Homer Jr, Jerry	AZ	M	220	50-54	Bench Press for Reps	12	reps/kg	85.0	95.0	SW+10%	Laughlin NV	4/7/2013	X	X	
Homer Jr., Jerry	AZ	M	220	50-54	Bench Press for Reps	18	reps/kg	85.0	85.0	SW	Las Vegas NV	7/15/2012	X	X	
Cheatham, Randy	AZ	M	220	50-54	Bench Press for Reps	12	reps/kg	85.0	100.0	SW+10%	Laughlin NV	4/13/2012	X	X	
Boyles, Bob	MO	M	220	55-59	Bench Press for Reps	15	reps/kg	85.0	85.0	SW	Las Vegas NV	7/15/2012	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Davis, Dan	AZ	M	220	55-59	Bench Press for Reps	12	reps/kg	85.0	100.0	SW+10%	Laughlin NV	4/13/2012	X	X	
Feeney, Bob	PA	M	220	60-64	Bench Press for Reps	20	reps/kg	80.0	80.0	SW	Las Vegas NV	10/7/2012	X	X	
Proto, Steven	OK	M	220	OPEN	Bench Press for Reps	8	reps/kg	105.0	127.5	SW+20%	Las Vegas NV	10/7/2012	X	X	
Flynn, Mason	CA	M	220	OPEN	Bench Press for Reps	18	reps/kg	105.0	105.0	SW	Laughlin NV	4/13/2012	X	X	
Weddington, Ron	CA	M	242	45-49	Bench Press for Reps	17	reps/kg	100.0	100.0	SW	Corona CA	2/2/2013	X		
Bonneau, Colin	Canada	M	242	60-64	Bench Press for Reps	20	reps/kg	85.0	85.0	SW	Laughlin NV	4/13/2012		X	Canada
Crawford, Phil	CA	M	242	65-69	Bench Press for Reps	10	reps/kg	85.0	85.0	SW	Vista CA	6/9/2013	X		
Crawford, Phil	CA	M	242	OPEN	Bench Press for Reps	10	reps/kg	130.0	85.0		Vista CA	6/9/2013	X		
Neville, Sean	VA	M	275	20-23	Bench Press for Reps	14	reps/kg	20.0	25.0	SW+20%	Las Vegas NV	7/15/2012	X	X	
Holby, Tony	WA	M	275	35-39	Bench Press for Reps	20	reps/kg	120.0	120.0	SW	Las Vegas NV	10/7/2012	X	X	
Harris, Matt	CA	M	275	40-44	Bench Press for Reps	2	reps/kg	100.0	100.0	SW	Vista CA	6/9/2013	X		
Solleder, John	TX	M	275	50-54	Bench Press for Reps	9	reps/kg	95.0	97.5	SW	Las Vegas NV	10/13/2013	X	X	
McClurg, Loren	CA	M	275	55-59	Bench Press for Reps	2	reps/kg	95.0	95.0	SW	Vista CA	6/9/2013	X		
McClurg, Loren	CA	M	275	55-59	Bench Press for Reps	7	reps/kg	95.0	115.0	SW+20%	Las Vegas NV	10/7/2012	X	X	
McClurg, Loren	CA	M	275	55-59	Bench Press for Reps	10	reps/kg	95.0	95.0	SW	Corona CA	8/25/2012	X		
Katz, Ivan	CA	M	275	60-64	Bench Press for Reps	25	reps/kg	85.0	85.0	SW	Laughlin NV	4/13/2012	X	X	
Bonneau, Colin	Canada	M	275	65-69	Bench Press for Reps	22	reps/kg	85.0	85.0	SW	Laughlin NV	4/7/2013		X	Canada
Katz, Ivan	CA	M	275	65-69	Bench Press for Reps	16	reps/kg	85.0	87.5	SW	Los Angeles CA	1/25/2014	X		
Hansen, Nick	CA	M	275	OPEN	Bench Press for Reps	14	reps/kg	130.0	130.0	SW	Vista CA	6/9/2013	X		
Moa, Sione	Tonga	M	308	OPEN	Bench Press for Reps	20	reps/kg	130.0	102.5		Las Vegas NV	7/15/2012	X	X	Tonga
Moa, Sione	Tonga	M	308	OPEN	Bench Press for Reps	20	reps/kg	130.0	102.5		Las Vegas NV	7/15/2012			Tonga
Cooper, John	CA	M	309	20-23	Bench Press for Reps	16	reps/kg	125.0	130.0	SW	Las Vegas NV	7/15/2012	X	X	
Cooper, John	CA	M	309	20-23	Bench Press for Reps	19	reps/kg	125.0	125.0	SW	Laughlin NV	4/13/2012	X	X	
Taylor, Chris	CA	M	309	40-44	Bench Press for Reps	16	reps/kg	100.0	110.0	SW+10%	Los Angeles CA	1/25/2014	X		
Cooper, John	CA	M	309	OPEN	Bench Press for Reps	16	reps/kg	130.0	130.0	SW	Corona CA	2/2/2013	X		
Cooper, John	CA	M	ALL	Open Unl	Bench Press for Reps	16	reps/kg	130.0	130.0	SW	Las Vegas NV	7/15/2012	X	X	
Harrison, David	CA	MY	66	6-7	Bench Press for Reps	1	reps/kg	10.0	20.0	SW+100%	Moreno V CA	6/3/2012	X		
Crofton, Maximus	LA	MY	66	8-9	Bench Press for Reps	41	reps/kg	12.5	17.5	SW+40%	Las Vegas NV	10/13/2013	X	X	
Crofton, Max	LA	MY	66	8-9	Bench Press for Reps	31	reps/kg	15.0	15.0	SW	Detroit MI	7/27/2013	X	X	
Crofton, Maximus	LA	MY	66	8-9	Bench Press for Reps	11	reps/kg	15.0	20.0	SW+30%	Laughlin NV	4/7/2013	X	X	
Hayes, Kaden	OK	MY	77	10-11	Bench Press for Reps	9	reps/kg	20.0	20.0	SW	Detroit MI	7/27/2013	X	X	
Divis, Jason	CA	MY	88	8-9	Bench Press for Reps	23	reps/kg	15.0	25.0	SW+60%	Las Vegas NV	10/7/2012	X	X	
Longey, Mason	OK	MY	88	12-13	Bench Press for Reps	2	reps/kg	25.0	25.0	SW	Detroit MI	7/27/2013	X	X	
DeLouche, Ben	LA	MY	105	8-9	Bench Press for Reps	17	reps/kg	15.0	20.0	SW+30%	Laughlin NV	4/7/2013	X	X	
DeLouche, Ben	LA	MY	105	10-11	Bench Press for Reps	17	reps/kg	20.0	20.0	SW	Las Vegas NV	10/13/2013	X	X	
Hairston, Del'Mario	OH	MY	105	12-13	Bench Press for Reps	14	reps/kg	25.0	25.0	SW	Detroit MI	7/27/2013	X	X	
Crofton, Noah	LA	MY	105	12-13	Bench Press for Reps	11	reps/kg	25.0	40.0	SW+60%	Laughlin NV	4/7/2013	X	X	
DeLouche, Ben	LA	MY	114	10-11	Bench Press for Reps	20	reps/kg	20.0	20.0	SW	Detroit MI	7/27/2013	X	X	
Nunez, Nathan	CA	MY	114	12-13	Bench Press for Reps	8	reps/kg	35.0	35.0	SW	Las Vegas NV	10/13/2013	X	X	
Fraser, Parker	CA	MY	114	12-13	Bench Press for Reps	16	reps/kg	25.0	30.0	SW+20%	Corona CA	8/25/2012	X		
Gutierrez, Antonio	NV	MY	123	10-11	Bench Press for Reps	8	reps/kg	20.0	20.0	SW	Las Vegas NV	7/15/2012	X	X	
Crofton, Noah	LA	MY	123	12-13	Bench Press for Reps	20	reps/kg	35.0	35.0	SW	Detroit MI	7/27/2013	X	X	

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Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Jones, Nick	TX	MY	123	14-15	Bench Press for Reps	6	reps/kg	45.0	45.0	SW	Detroit MI	7/27/2013	X	X	
Merrell, Levi	OR	MY	132	12-13	Bench Press for Reps	22	reps/kg	35.0	40.0	SW+10%	Las Vegas NV	10/7/2012	X	X	
Pittman, Evan	IA	MY	132	14-15	Bench Press for Reps	20	reps/kg	45.0	45.0	SW	Detroit MI	7/27/2013	X	X	
Dimmitt, Devin	NE	MY	132	18-19	Bench Press for Reps	27	reps/kg	60.0	60.0	SW	Las Vegas NV	7/15/2012	X	X	
Santillan, Antonio	CA	MY	148	10-11	Bench Press for Reps	16	reps/kg	30.0	30.0	SW	Los Angeles CA	1/25/2014	X		
Moore, Alexander	MO	MY	148	12-13	Bench Press for Reps	18	reps/kg	35.0	35.0	SW	Detroit MI	7/27/2013	X	X	
Everett, Raymond	CA	MY	148	12-13	Bench Press for Reps	10	reps/kg	35.0	40.0	SW+10%	Moreno V CA	6/3/2012	X		
Gran, Chase	CA	MY	148	14-15	Bench Press for Reps	11	reps/kg	45.0	45.0	SW	Solvang CA	8/18/2013	X		
Perry, Landon	OK	MY	148	16-17	Bench Press for Reps	9	reps/kg	50.0	50.0	SW	Detroit MI	7/27/2013	X	X	
Weddington, Rock	CA	MY	165	12-13	Bench Press for Reps	29	reps/kg	35.0	40.0	SW+10%	Laughlin NV	4/7/2013	X	X	
Edwards, Patrick	OK	MY	165	16-17	Bench Press for Reps	17	reps/kg	50.0	50.0	SW	Detroit MI	7/27/2013	X	X	
Dukes, Ryan	MI	MY	165	20-23	Bench Press for Reps	3	reps/kg	75.0	75.0	SW	Detroit MI	7/27/2013	X	X	
Milz, Michael	CA	MY	181	12-13	Bench Press for Reps	20	reps/kg	45.0	32.5		Los Angeles CA	1/25/2014	X		
McKibbon, Quinn	CA	MY	181	14-15	Bench Press for Reps	8	reps/kg	60.0	60.0	SW	Solvang CA	8/18/2013	X		
McKibbon, Bryce	CA	MY	181	16-17	Bench Press for Reps	12	reps/kg	75.0	75.0	SW	Solvang CA	8/18/2013	X		
DeLouche, Chris	LA	MY	198	12-13	Bench Press for Reps	10	reps/kg	45.0	45.0	SW	Detroit MI	7/27/2013	X	X	
DeLouche, Chris	LA	MY	198	12-13	Bench Press for Reps	3	reps/kg	45.0	50.0	SW+10%	Laughlin NV	4/7/2013	X	X	
Weddington, Rakim	CA	MY	198	14-15	Bench Press for Reps	26	reps/kg	60.0	60.0	SW	Los Angeles CA	1/25/2014	X		
Hartman, Hunter	CA	MY	198	16-17	Bench Press for Reps	6	reps/kg	75.0	75.0	SW	Solvang CA	8/18/2013	X		
Hernandez, Rick	CA	MY	198	18-19	Bench Press for Reps	13	reps/kg	90.0	90.0	SW	Vista CA	6/9/2013	X		
Zalkow, Nick	AZ	MY	220	16-17	Bench Press for Reps	17	reps/kg	75.0	85.0	SW+10%	Las Vegas NV	7/19/2013	X	X	
Barraza, Jesus	AZ	MY	220	16-17	Bench Press for Reps	21	reps/kg	75.0	75.0	SW	Laughlin NV	4/13/2012	X	X	
Warren, Alex	TX	MY	242	14-15	Bench Press for Reps	13	reps/kg	70.0	70.0	SW	Detroit MI	7/27/2013	X	X	
Higuera, Michael	AZ	MY	242	18-19	Bench Press for Reps	5	reps/kg	105.0	127.0	SW+20%	Las Vegas NV	10/13/2013	X	X	
Higuera, Michael	AZ	MY	242	18-19	Bench Press for Reps	6	reps/kg	105.0	117.5	SW+10%	Laughlin NV	4/7/2013	X	X	
Remillard, Bobby	AZ	MY	275	16-17	Bench Press for Reps	12	reps/kg	90.0	90.0	SW	Laughlin NV	4/13/2012	X	X	
Rhodes, Colten	OK	MY	275	18-19	Bench Press for Reps	13	reps/kg	105.0	105.0	SW	Detroit MI	7/27/2013	X	X	
Burrow, Bonnie	CA	F	105	60-64	Chinups for Reps	8	reps				Las Vegas NV	10/7/2012	X	X	
Burrow, Bonnie	CA	F	105	OPEN	Chinups for Reps	8	reps				Las Vegas NV	10/7/2012	X	X	
Fultz, Sierra	MO	F	148	OPEN	Chinups for Reps	3	reps				Las Vegas NV	7/15/2012	X	X	
Gutierrez, Hayley	NV	FY	114	12-13	Chinups for Reps	3	reps				Laughlin NV	4/13/2012	X	X	
Gutierrez, Kendra	NV	FY	114	14-15	Chinups for Reps	3	reps				Laughlin NV	4/13/2012	X	X	
Perryman, Gabrielle	OH	FY	123	16-17	Chinups for Reps	7	reps				Detroit MI	7/27/2013	X	X	
Davenport, Naudia	OH	FY	148	12-13	Chinups for Reps	4	reps				Detroit MI	7/27/2013	X	X	
Farrow, Jason	FL	M	123	55-59	Chinups for Reps	13	reps				San Diego CA	11/8/2013	X		
Farrow, Jason	FL	M	123	OPEN	Chinups for Reps	13	reps				San Diego CA	11/8/2013	X		
Merrigan, Jimmy	CA	M	132	20-23	Chinups for Reps	14	reps				Las Vegas NV	10/7/2012	X	X	
Merrigan, Jimmy	CA	M	132	OPEN	Chinups for Reps	14	reps				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	55-59	Chinups for Reps	17	reps				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	Chinups for Reps	16	reps				San Diego CA	11/8/2013	X		
Yaggie, Matt	CA	M	148	OPEN	Chinups for Reps	9	reps				Laughlin NV	4/13/2012	X	X	
Dukes, Ryan	MI	M	165	20-23	Chinups for Reps	3	reps				Detroit MI	7/27/2013	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Dukes, Ryan	MI	M	165	OPEN	Chinups for Reps	3	reps				Detroit MI	7/27/2013	X	X	
Gutierrez, Roberto	NV	M	181	20-23	Chinups for Reps	9	reps				Las Vegas NV	7/15/2012	X	X	
Mausisa, Arnel	CA	M	181	55-59	Chinups for Reps	16	reps				Las Vegas NV	10/7/2012	X	X	
Lynch, Jack	CA	M	181	65-69	Chinups for Reps	27	reps				Las Vegas NV	10/7/2012	X	X	
Johnson, Dick	CA	M	181	75-79	Chinups for Reps	4	reps				Las Vegas NV	10/7/2012	X	X	
Weinstock, Michael	CA	M	181	OPEN	Chinups for Reps	4	reps				Las Vegas NV	10/7/2012	X	X	
Nunez, Kevin	CA	M	198	40-44	Chinups for Reps	12	reps				Las Vegas NV	10/7/2012	X	X	
McFadden, Jerry	WV	M	198	50-54	Chinups for Reps	21	reps				Las Vegas NV	10/7/2012	X	X	
Lynch, Jack	CA	M	198	65-69	Chinups for Reps	25	reps				Las Vegas NV	10/7/2012	X	X	
Lynch, Jack	CA	M	198	OPEN	Chinups for Reps	25	reps				Las Vegas NV	10/7/2012	X	X	
Boyles, Bob	MO	M	220	55-59	Chinups for Reps	8	reps				Las Vegas NV	7/15/2012	X	X	
Gutierrez, A.J.	NV	M	220	OPEN	Chinups for Reps	3	reps				Las Vegas NV	7/15/2012	X	X	
McClurg, Loren	CA	M	275	55-59	Chinups for Reps	2	reps				Las Vegas NV	10/7/2012	X	X	
McClurg, Loren	CA	M	275	OPEN	Chinups for Reps	2	reps				Las Vegas NV	10/7/2012	X	X	
Lynch, Jack	CA	M	ALL	Open Unl	Chinups for Reps	27	reps				Las Vegas NV	10/7/2012	X	X	
Divis, Jason	CA	MY	88	8-9	Chinups for Reps	18	reps				Las Vegas NV	10/7/2012	X	X	
Longey, Mason	OK	MY	88	12-13	Chinups for Reps	3	reps				Detroit MI	7/27/2013	X	X	
Hairston, Del'Mario	OH	MY	105	12-13	Chinups for Reps	6	reps				Detroit MI	7/27/2013	X	X	
Fraser, Parker	CA	MY	114	12-13	Chinups for Reps	13	reps				Corona CA	8/25/2012	X		
Jones, Nick	TX	MY	123	14-15	Chinups for Reps	6	reps				Detroit MI	7/27/2013	X	X	
Merrell, Levi	OR	MY	132	12-13	Chinups for Reps	13	reps				Las Vegas NV	10/7/2012	X	X	
Davis, Drew	AZ	MY	132	16-17	Chinups for Reps	14	reps				Las Vegas NV	7/19/2013	X	X	
Moore, Alexander	MO	MY	148	12-13	Chinups for Reps	7	reps				Detroit MI	7/27/2013		X	
Everett, Raymond	CA	MY	148	12-13	Chinups for Reps	7	reps				Moreno V CA	6/2/2012	X		
Perry, Landon	OK	MY	148	16-17	Chinups for Reps	9	reps				Detroit MI	7/27/2013	X	X	
Gutierrez, Joshua	NV	MY	148	18-19	Chinups for Reps	3	reps				Las Vegas NV	7/15/2012	X	X	
Edwards, Patrick	OK	MY	165	16-17	Chinups for Reps	17	reps				Detroit MI	7/27/2013	X	X	
Winkler, Andrea	CA	F	105	65-69	Deadlift for Reps	41	reps/kg	37.5	17.0		Los Angeles CA	1/26/2014	X		
Winkler, Andrea	CA	F	105	OPEN	Deadlift for Reps	41	reps/kg	60.0	17.0		Los Angeles CA	1/26/2014	X		
Albritton, Annee	CA	F	114	40-44	Deadlift for Reps	15	reps/kg	45.0	72.5	SW+60%	Los Angeles CA	1/26/2014	X		
Hao, YuXin	OH	F	114	45-49	Deadlift for Reps	28	reps/kg	45.0	65.0	SW+40%	Las Vegas NV	10/13/2013	X	X	
Sneider, Sarah	CA	F	114	65-69	Deadlift for Reps	14	reps/kg	37.5	20.0		Laughlin NV	4/7/2013	X	X	
Hao, YuXin	OH	F	114	OPEN	Deadlift for Reps	28	reps/kg	45.0	65.0	SW+40%	Las Vegas NV	10/13/2013		X	
Vicaldo, Justine	CA	F	114	OPEN	Deadlift for Reps	21	reps/kg	60.0	82.5	SW+30%	Los Angeles CA	1/26/2014	X		
Kempner, Michelle	CA	F	123	35-39	Deadlift for Reps	45	reps/kg	70.0	70.0	SW	Los Angeles CA	1/26/2014	X		
Foley, Julie	CA	F	123	50-54	Deadlift for Reps	29	reps/kg	40.0	70.0	SW+70%	Los Angeles CA	1/26/2014	X		
Kempner, Michelle	CA	F	123	OPEN	Deadlift for Reps	45	reps/kg	70.0	70.0	SW	Los Angeles CA	1/26/2014	X		
Foley, Julie	CA	F	123	OPEN	Deadlift for Reps	29	reps/kg	40.0	70.0	SW+70%	Los Angeles CA	1/26/2014	X		
Foley, Julie	CA	F	132	50-54	Deadlift for Reps	23	reps/kg	50.0	70.0	SW+40%	San Diego CA	11/8/2013	X		
Foley, Julie	CA	F	132	OPEN	Deadlift for Reps	23	reps/kg	75.0	70.0		San Diego CA	11/8/2013	X		
Ryan, Trace	NV	F	148	40-44	Deadlift for Reps	37	reps/kg	70.0	70.0	SW	Las Vegas NV	7/19/2013	X	X	
Fultz, Karen	CA	F	148	55-59	Deadlift for Reps	6	reps/kg	70.0	60.0		Las Vegas NV	7/15/2012	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Ryan, Trace	NV	F	148	OPEN	Deadlift for Reps	37	reps/kg	70.0	70.0	SW	Laughlin NV	4/13/2012	X	X	
Blum, Heather	CA	F	165	55-59	Deadlift for Reps	19	reps/kg	60.0	60.0	SW	Las Vegas NV	10/13/2013	X	X	
Fultz, Karen	CA	F	165	55-59	Deadlift for Reps	6	reps/kg	70.0	70.0	SW	Las Vegas NV	10/7/2012	X	X	
Brindusan, Diana	CA	F	165	OPEN	Deadlift for Reps	5	reps/kg	90.0	65.0		Vista CA	6/9/2013	X		
Sedova, Mayya	Russia	F	181	35-39	Deadlift for Reps	16	reps/kg	85.0	85.0	SW	Los Angeles CA	1/26/2014			Russia
Sedova, Mayya	Russia	F	181	OPEN	Deadlift for Reps	27	reps/kg	90.0	72.5		San Diego CA	11/8/2013			Russia
Mangoang-Brodine, France	WA	F	220	OPEN	Deadlift for Reps	23	reps/kg	95.0	90.0		Las Vegas NV	7/19/2013		X	
Mangoang-Brodine, France	WA	F	220	OPEN	Deadlift for Reps	28	reps/kg	95.0	90.0		Los Angeles CA	1/26/2014	X		
Mangoang, Juana	WA	F	221	55-59	Deadlift for Reps	34	reps/kg	65.0	72.5	SW+10%	Los Angeles CA	1/26/2014	X		
Mangoang, Juana	WA	F	221+	55-59	Deadlift for Reps	34	reps/kg	60.0	60.0	SW	Las Vegas NV	7/19/2013	X	X	
Mangoang, Juana	WA	F	221+	OPEN	Deadlift for Reps	34	reps/kg	60.0	60.0	SW	Las Vegas NV	7/19/2013	X	X	
Mangoang-Brodine, France	WA	F	ALL	Open Unl	Deadlift for Reps	28	reps/kg	95.0	90.0		Los Angeles CA	1/26/2014	X		
Mangoang-Brodine, France	WA	F	ALL	Open Unl	Deadlift for Reps	23	reps/kg	95.0	90.0		Las Vegas NV	7/19/2013		X	
Milz, Amber	CA	FY	114	14-15	Deadlift for Reps	23	reps/kg	35.0	47.5	SW+30%	Los Angeles CA	1/26/2014	X		
Milz, Emily	CA	FY	123	16-17	Deadlift for Reps	27	reps/kg	55.0	45.0		Los Angeles CA	1/26/2014	X		
Washington, Bryana	CA	FY	165	12-13	Deadlift for Reps	11	reps/kg	45.0	70.0	SW+50%	Los Angeles CA	1/26/2014	X		
Brill, Lindsey	NV	FY	165	14-15	Deadlift for Reps	21	reps/kg	70.0	80.0	SW+10%	Las Vegas NV	7/15/2012	X	X	
Martinez, Alyssa	CA	FY	181	12-13	Deadlift for Reps	16	reps/kg	70.0	52.5		Vista CA	6/9/2013	X		
Gibson, Alexandra	CA	FY	181	16-17	Deadlift for Reps	9	reps/kg	65.0	65.0	SW	Los Angeles CA	1/26/2014	X		
Dreger, Zeak	CA	M	114	OPEN	Deadlift for Reps	7	reps/kg	85.0	67.5		Laughlin NV	4/7/2013	X	X	
Dreger, Zeak	CA	M	114	OPEN	Deadlift for Reps	14	reps/kg	85.0	60.0		Las Vegas NV	10/7/2012	X	X	
Farrow, Jason	FL	M	123	55-59	Deadlift for Reps	5	reps/kg	100.0	110.0	SW+10%	San Diego CA	11/8/2013	X		
Farrow, Jason	FL	M	123	OPEN	Deadlift for Reps	5	reps/kg	120.0	110.0		San Diego CA	11/8/2013	X		
Ruiz, Jesse	CA	M	148	20-23	Deadlift for Reps	28	reps/kg	115.0	115.0	SW	Los Angeles CA	1/26/2014	X		
Moylan, Jerry	CA	M	148	55-59	Deadlift for Reps	21	reps/kg	100.0	120.0	SW+20%	Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	Deadlift for Reps	22	reps/kg	95.0	115.0	SW+20%	San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	60-64	Deadlift for Reps	15	reps/kg	95.0	115.0	SW+20%	Las Vegas NV	10/13/2013		X	
Moylan, Jerry	CA	M	148	60-64	Deadlift for Reps	20	reps/kg	95.0	95.0	SW	Vista CA	6/9/2013	X		
Holbrook, John	CA	M	148	70-74	Deadlift for Reps	3	reps/kg	90.0	90.0	SW	Los Angeles CA	1/26/2014	X		
Moylan, Jerry	CA	M	148	OPEN	Deadlift for Reps	20	reps/kg	120.0	95.0		Vista CA	6/9/2013	X		
Phillips, Thomas	NJ	M	165	35-39	Deadlift for Reps	29	reps/kg	115.0	115.0	SW	Las Vegas NV	7/15/2012	X	X	
White, Fulton D.	NV	M	165	50-54	Deadlift for Reps	17	reps/kg	100.0	75.0		Las Vegas NV	7/15/2012	X	X	
Bienvenu, Robert	LA	M	165	60-64	Deadlift for Reps	6	reps/kg	95.0	95.0	SW	Las Vegas NV	7/15/2012	X	X	
Weinstock, Bill	CA	M	165	65-69	Deadlift for Reps	27	reps/kg	95.0	95.0	SW	Laughlin NV	4/13/2012	X	X	
Longley, Damien	NV	M	165	OPEN	Deadlift for Reps	17	reps/kg	120.0	145.0	SW+20%	Las Vegas NV	10/7/2012	X	X	
Longley, Damien	NV	M	165	OPEN	Deadlift for Reps	24	reps/kg	120.0	120.0	SW	Laughlin NV	4/13/2012	X	X	
Mausisa, Arnel	CA	M	181	55-59	Deadlift for Reps	1	reps/kg	120.0	120.0	SW	Vista CA	6/9/2013	X		
Weinstock, Bill	CA	M	181	65-69	Deadlift for Reps	18	reps/kg	110.0	132.5	SW+20%	Las Vegas NV	10/13/2013	X	X	
Weinstock, Bill	CA	M	181	65-69	Deadlift for Reps	21	reps/kg	110.0	110.0	SW	Las Vegas NV	7/19/2013		X	
Weinstock, Bill	CA	M	181	65-69	Deadlift for Reps	21	reps/kg	110.0	110.0	SW	Corona CA	2/2/2013	X		
Johnson, Dick	CA	M	181	75-79	Deadlift for Reps	8	reps/kg	100.0	100.0	SW	Vista CA	6/9/2013	X		
Johnson, Dick	CA	M	181	75-79	Deadlift for Reps	6	reps/kg	100.0	100.0	SW	Corona CA	2/2/2013	X		

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Weinstock, Bill	CA	M	181	OPEN	Deadlift for Reps	18	reps/kg	110.0	132.5	SW+20%	Las Vegas NV	10/13/2013	X	X	
Hernandez, Rick	CA	M	198	18-19	Deadlift for Reps	16	reps/kg	125.0	137.5	SW+10%	Vista CA	6/9/2013	X		
Pappas, Austin	ND	M	198	20-23	Deadlift for Reps	25	reps/kg	135.0	135.0	SW	Las Vegas NV	7/15/2012	X	X	
Reuer, Mark	SD	M	198	35-39	Deadlift for Reps	3	reps/kg	140.0	170.0	SW+20%	Las Vegas NV	10/13/2013	X	X	
McFadden, Jerry	WV	M	198	50-54	Deadlift for Reps	7	reps/kg	120.0	145.0	SW+20%	Las Vegas NV	10/13/2013	X	X	
Owen, Mitch	CA	M	198	60-64	Deadlift for Reps	3	reps/kg	110.0	155.0	SW+40%	Vista CA	6/9/2013	X		
Cavileer, Raymond	CA	M	198	60-64	Deadlift for Reps	14	reps/kg	110.0	175.0	SW+50%	Los Angeles CA	1/26/2014	X		
Lynch, Jack	CA	M	198	65-69	Deadlift for Reps	15	reps/kg	110.0	110.0	SW	Las Vegas NV	10/13/2013	X	X	
Adams, Tim	CA	M	198	OPEN	Deadlift for Reps	20	reps/kg	145.0	145.0	SW	Vista CA	6/9/2013	X		
Murdock, Derek	AZ	M	198	OPEN	Deadlift for Reps	19	reps/kg	145.0	135.0		Laughlin NV	4/7/2013	X	X	
Hardy, Joe	DE	M	220	20-23	Deadlift for Reps	19	reps/kg	135.0	182.5	SW+30%	Los Angeles CA	1/26/2014	X		
Harris, Matt	CA	M	220	40-44	Deadlift for Reps	2	reps/kg	130.0	130.0	SW	Corona CA	2/2/2013	X		
Homer Jr, Jerry	AZ	M	220	50-54	Deadlift for Reps	25	reps/kg	120.0	120.0	SW	Laughlin NV	4/7/2013	X	X	
Thomsen, Jeff	AZ	M	220	55-59	Deadlift for Reps	24	reps/kg	120.0	90.0		Laughlin NV	4/7/2013	X	X	
Proto, Steven	OK	M	220	OPEN	Deadlift for Reps	8	reps/kg	145.0	175.0	SW+20%	Las Vegas NV	10/7/2012		X	
Melero, Steve	CA	M	220	OPEN	Deadlift for Reps	30	reps/kg	145.0	187.5	SW+20%	Los Angeles CA	1/26/2014	X		
Chandler, Robert	CA	M	242	65-69	Deadlift for Reps	12	reps/kg	130.0	130.0	SW	Los Angeles CA	1/26/2014	X		
Chandler, Robert	CA	M	242	OPEN	Deadlift for Reps	10	reps/kg	170.0	130.0		San Diego CA	11/8/2013	X		
Harris, Matt	CA	M	275	40-44	Deadlift for Reps	3	reps/kg	155.0	155.0	SW	Vista CA	6/9/2013	X		
Harris, Matt	CA	M	275	40-44	Deadlift for Reps	7	reps/kg	155.0	155.0	SW	Las Vegas NV	10/7/2012	X	X	
Gutierrez, Fred	NV	M	275	50-54	Deadlift for Reps	22	reps/kg	140.0	140.0	SW	Laughlin NV	4/13/2012	X	X	
McClurg, Loren	CA	M	275	55-59	Deadlift for Reps	5	reps/kg	140.0	140.0	SW	Las Vegas NV	10/7/2012		X	
Anderson, Ray	CA	M	275	55-59	Deadlift for Reps	12	reps/kg	140.0	140.0	SW	Los Angeles CA	1/26/2014	X		
Harris, Matt	CA	M	275	OPEN	Deadlift for Reps	7	reps/kg	170.0	155.0		Las Vegas NV	10/7/2012	X	X	
Crofton, Maximus	LA	MY	66	8-9	Deadlift for Reps	5	reps/kg	50.0	50.0	SW	Las Vegas NV	10/7/2012	X	X	
Divis, Jason	CA	MY	88	8-9	Deadlift for Reps	15	reps/kg	50.0	60.0	SW	Las Vegas NV	10/7/2012	X	X	
Weddington, Kenadee	CA	MY	88	10-11	Deadlift for Reps	19	reps/kg	55.0	35.0		Corona CA	2/2/2013	X		
Everett, Raquan	CA	MY	114	12-13	Deadlift for Reps	5	reps/kg	60.0	20.0		Moreno V CA	6/3/2012	X		
Merrell, Levi	OR	MY	132	12-13	Deadlift for Reps	10	reps/kg	75.0	75.0	SW	Las Vegas NV	10/7/2012	X	X	
Morales, Daniel	CA	MY	148	12-13	Deadlift for Reps	22	reps/kg	60.0	72.5	SW+20%	Los Angeles CA	1/26/2014	X		
Gutierrez, Josh	NV	MY	148	18-19	Deadlift for Reps	13	reps/kg	110.0	110.0	SW	Laughlin NV	4/13/2012	X	X	
Higuera, Michael	AZ	MY	242	18-19	Deadlift for Reps	10	reps/kg	135.0	175.0	SW+30%	Laughlin NV	4/7/2013	X	X	
Taylor, Jordan	CA	MY	275	16-17	Deadlift for Reps	14	reps/kg	125.0	100.0		Los Angeles CA	1/26/2014	X		
Ray, Tanner	CA	MY	275	18-19	Deadlift for Reps	7	reps/kg	145.0	145.0	SW	Las Vegas NV	10/7/2012	X	X	
Higuera, Michael	AZ	MY	ALL	Open Uni	Deadlift for Reps	10	reps/kg	170.0	175.0	SW	Laughlin NV	4/7/2013	X	X	
Winkler, Andrea	CA	F	105	65-69	Deadlift Lockout	42.5	kg				Los Angeles CA	1/26/2014	X		
Winkler, Andrea	CA	F	105	OPEN	Deadlift Lockout	42.5	kg				Los Angeles CA	1/26/2014	X		
Albritton, Annee	CA	F	114	40-44	Deadlift Lockout	137.5	kg				Los Angeles CA	1/26/2014	X		
Hao, YuXin	OH	F	114	45-49	Deadlift Lockout	175	kg				Las Vegas NV	10/13/2013	X	X	
Hao, YuXin	OH	F	114	OPEN	Deadlift Lockout	175	kg				Las Vegas NV	10/13/2013	X	X	
Su, Tiffany	CA	F	123	20-23	Deadlift Lockout	137.5	kg				Los Angeles CA	1/26/2014	X		
Foley, Julie	CA	F	123	50-54	Deadlift Lockout	152.5	kg				Los Angeles CA	1/26/2014	X		

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Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Foley, Julie	CA	F	123	OPEN	Deadlift Lockout	152.5	kg				Los Angeles CA	1/26/2014	X		
Cloninger, Grace	NV	F	148	75-79	Deadlift Lockout	57.5	kg				Las Vegas NV	7/15/2012	X	X	
Cloninger, Grace	NV	F	148	OPEN	Deadlift Lockout	57.5	kg				Las Vegas NV	7/15/2012	X	X	
Blum, Heather	CA	F	165	55-59	Deadlift Lockout	137.5	kg				Las Vegas NV	10/13/2013	X	X	
Blum, Heather	CA	F	165	OPEN	Deadlift Lockout	137.5	kg				Las Vegas NV	10/13/2013	X	X	
McCauley, Patricia	VA	F	181	20-23	Deadlift Lockout	160	kg				Las Vegas NV	7/15/2012	X	X	
Sedova, Mayya	CA	F	181	35-39	Deadlift Lockout	190	kg				Los Angeles CA	1/26/2014			Russia
Sedova, Mayya	CA	F	181	OPEN	Deadlift Lockout	190	kg				Los Angeles CA	1/26/2014			Russia
McCauley, Patricia	VA	F	181	OPEN	Deadlift Lockout	160	kg				Las Vegas NV	7/15/2012	X	X	
Mangaoang-Brodine, Fran	WA	F	220	OPEN	Deadlift Lockout	232.5	kg				Los Angeles CA	1/26/2014	X		
Mangaoang, Juana	WA	F	221	55-59	Deadlift Lockout	215	kg				Los Angeles CA	1/26/2014	X		
Mangaoang-Brodine, Fran	WA	F	ALL	Open Unl	Deadlift Lockout	232.5	kg				Los Angeles CA	1/26/2014	X		
McCauley, Patricia	VA	F	ALL	Open Unl	Deadlift Lockout	160	kg				Las Vegas NV	7/15/2012		X	
Milz, Amber	CA	FY	114	14-15	Deadlift Lockout	85	kg				Los Angeles CA	1/26/2014	X		
DeLouche, Shelbey	LA	FY	123	12-13	Deadlift Lockout	112.5	kg				Las Vegas NV	10/13/2013	X	X	
Milz, Emily	CA	FY	123	16-17	Deadlift Lockout	90	kg				Los Angeles CA	1/26/2014	X		
Beuscher, Hailey	LA	FY	132	10-11	Deadlift Lockout	117.5	kg				Las Vegas NV	10/13/2013	X	X	
Washington, Bryana	CA	FY	165	12-13	Deadlift Lockout	120	kg				Los Angeles CA	1/26/2014	X		
Gibson, Alexandra	CA	FY	181	16-17	Deadlift Lockout	90	kg				Los Angeles CA	1/26/2014	X		
Reger, Zeak	CA	M	114	OPEN	Deadlift Lockout	137.5	kg				Las Vegas NV	10/7/2012	X	X	
Ruiz, Jesse	CA	M	148	20-23	Deadlift Lockout	265	kg				Los Angeles CA	1/26/2014	X		
Moylan, Jerry	CA	M	148	55-59	Deadlift Lockout	245	kg				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	Deadlift Lockout	265	kg				Las Vegas NV	10/13/2013	X	X	
Santee, Gordon	CA	M	148	65-69	Deadlift Lockout	287.5	kg				Los Angeles CA	1/26/2014	X		
Holbrook, John	CA	M	148	70-74	Deadlift Lockout	182.5	kg				Los Angeles CA	1/26/2014	X		
Santee, Gordon	CA	M	148	OPEN	Deadlift Lockout	287.5	kg				Los Angeles CA	1/26/2014	X		
Drake, Martin	CA	M	165	60-64	Deadlift Lockout	317.5	kg				Las Vegas NV	10/7/2012	X		
Weinstock, Bill	CA	M	165	65-69	Deadlift Lockout	247.5	kg				Corona CA	8/25/2012	X		
Drake, Martin	CA	M	165	OPEN	Deadlift Lockout	317.5	kg				Las Vegas NV	10/7/2012	X	X	
Mausisa, Arnel	CA	M	181	55-59	Deadlift Lockout	175	kg				Vista CA	6/9/2013	X		
Mausisa, Arnel	CA	M	181	55-59	Deadlift Lockout	195	kg				Las Vegas NV	10/7/2012	X		
Drake, Martin	CA	M	181	60-64	Deadlift Lockout	327.5	kg				Las Vegas NV	7/19/2013	X	X	
Weinstock, Bill	CA	M	181	65-69	Deadlift Lockout	272.5	kg				Las Vegas NV	10/13/2013	X	X	
Johnson, Dick	CA	M	181	75-79	Deadlift Lockout	195	kg				Las Vegas NV	10/7/2012	X	X	
Drake, Martin	CA	M	181	OPEN	Deadlift Lockout	327.5	kg				Las Vegas NV	7/19/2013	X	X	
Pappas, Austin	ND	M	198	20-23	Deadlift Lockout	375	kg				Las Vegas NV	7/15/2012	X	X	
Reuer, Mark	SD	M	198	35-39	Deadlift Lockout	320	kg				Las Vegas NV	10/13/2013	X	X	
Lewis, Devron	NV	M	198	40-44	Deadlift Lockout	257.5	kg				Las Vegas NV	7/15/2012	X	X	
Avila, Javier	CA	M	198	55-59	Deadlift Lockout	320	kg				Los Angeles CA	1/26/2014	X		
Owen, Mitch	CA	M	198	60-64	Deadlift Lockout	325	kg				Vista CA	6/9/2013	X		
Lynch, Jack	CA	M	198	65-69	Deadlift Lockout	255	kg				Las Vegas NV	10/13/2013	X	X	
Pappas, Austin	ND	M	198	OPEN	Deadlift Lockout	375	kg				Las Vegas NV	7/15/2012	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Hardy, Joe	DE	M	220	20-23	Deadlift Lockout	342.5	kg				Los Angeles CA	1/26/2014	X		
Harris, Matt	CA	M	220	40-44	Deadlift Lockout	235	kg				Corona CA	2/2/2013	X		
Proto, Steven	OK	M	220	OPEN	Deadlift Lockout	380	kg				Las Vegas NV	10/7/2012	X	X	
Chandler, Robert	CA	M	242	65-69	Deadlift Lockout	200	kg				Los Angeles CA	1/26/2014	X		
Chandler, Robert	CA	M	242	OPEN	Deadlift Lockout	200	kg				Los Angeles CA	1/26/2014	X		
Howerton, Sinjin	NV	M	275	20-23	Deadlift Lockout	460	kg				Las Vegas NV	7/19/2013	X	X	
Harris, Matt	CA	M	275	40-44	Deadlift Lockout	250	kg				Las Vegas NV	10/7/2012	X	X	
McClurg, Loren	CA	M	275	55-59	Deadlift Lockout	300	kg				Las Vegas NV	7/19/2013	X	X	
Anderson, Ray	CA	M	275	55-59	Deadlift Lockout	300	kg				Los Angeles CA	1/26/2014	X		
Howerton, Sinjin	NV	M	275	OPEN	Deadlift Lockout	460	kg				Las Vegas NV	7/19/2013	X	X	
Harris, Matt	CA	M	308	40-44	Deadlift Lockout	205	kg				Corona CA	8/25/2012	X		
Harris, Matt	CA	M	308	OPEN	Deadlift Lockout	205	kg				Corona CA	8/25/2012	X		
Heldt, John	NV	M	309	40-44	Deadlift Lockout	350	kg				Las Vegas NV	10/7/2012	X	X	
Heldt, John	NV	M	309	OPEN	Deadlift Lockout	350	kg				Las Vegas NV	10/7/2012	X	X	
Howerton, Sinjin	NV	M	ALL	Open Unl	Deadlift Lockout	460	kg				Las Vegas NV	7/19/2013	X	X	
Allen, Lance	CA	MY	66	6-7	Deadlift Lockout	47.5	kg				Los Angeles CA	1/26/2014	X		
Allen, Colton	CA	MY	66	6-7	Deadlift Lockout	47.5	kg				Los Angeles CA	1/26/2014	X		
Crofton, Maximus	LA	MY	66	8-9	Deadlift Lockout	85	kg				Las Vegas NV	10/13/2013	X	X	
Divis, Jason	CA	MY	88	8-9	Deadlift Lockout	145	kg				Las Vegas NV	10/7/2012	X	X	
DeLouche, Ben	LA	MY	105	10-11	Deadlift Lockout	125	kg				Las Vegas NV	10/13/2013	X	X	
Nunez, Nathan	CA	MY	114	12-13	Deadlift Lockout	125	kg				Las Vegas NV	10/13/2013	X	X	
Morales, Daniel	CA	MY	148	12-13	Deadlift Lockout	95	kg				Los Angeles CA	1/26/2014	X		
Milz, Michael	CA	MY	181	12-13	Deadlift Lockout	87.5	kg				Los Angeles CA	1/26/2014	X		
DeLouche, Chris	LA	MY	198	14-15	Deadlift Lockout	230	kg				Las Vegas NV	10/13/2013	X	X	
Homnack, Andrew	NV	MY	198	16-17	Deadlift Lockout	275	kg				Las Vegas NV	7/19/2013	X	X	
Hernandez, Rick	CA	MY	198	18-19	Deadlift Lockout	225	kg				Vista CA	6/9/2013	X		
Stroud, Daniel	MO	MY	220	16-17	Deadlift Lockout	160	kg				Las Vegas NV	7/15/2012	X	X	
Warren, Alex	TX	MY	242	14-15	Deadlift Lockout	250	kg				Las Vegas NV	10/13/2013	X	X	
Taylor, Jordan	CA	MY	275	16-17	Deadlift Lockout	130	kg				Los Angeles CA	1/26/2014	X		
Ray, Tanner	CA	MY	275	18-19	Deadlift Lockout	365	kg				Las Vegas NV	10/7/2012	X	X	
Hao, YuXin	OH	F	114	45-49	Dynamometer Hand Grip	83.2	lb				Las Vegas NV	10/13/2013	X	X	
Hao, YuXin	OH	F	114	OPEN	Dynamometer Hand Grip	83.2	lb				Las Vegas NV	10/13/2013	X	X	
Berti, Angelica	Brasil	F	148	OPEN	Dynamometer Hand Grip	99.1	lb				Las Vegas NV	10/13/2013		X	Brasil
Blum, Heather	CA	F	165	55-59	Dynamometer Hand Grip	97.9	lb				Las Vegas NV	10/13/2013	X	X	
Blum, Heather	CA	F	165	OPEN	Dynamometer Hand Grip	97.9	lb				Las Vegas NV	10/13/2013	X	X	
Sedova, Mayya	Russia	F	181	35-39	Dynamometer Hand Grip	100.3	lb				San Diego CA	11/8/2013			Russia
Sedova, Mayya	Russia	F	181	OPEN	Dynamometer Hand Grip	100.3	lb				San Diego CA	11/8/2013			Russia
Berti, Angelica	Brasil	F	ALL	Open Unl	Dynamometer Hand Grip	99.1	lb				Las Vegas NV	10/13/2013		X	Brasil
Sedova, Mayya	Russia	F	ALL	Open Unl	Dynamometer Hand Grip	100.3	lb				San Diego CA	11/8/2013			Russia
DeLouche, Shelbey	LA	FY	123	12-13	Dynamometer Hand Grip	53.8	lb				Las Vegas NV	10/13/2013	X	X	
Beuscher, Hailey	LA	FY	132	10-11	Dynamometer Hand Grip	61.2	lb				Las Vegas NV	10/13/2013	X	X	
Yaggie, Matt	CA	M	148	24-34	Dynamometer Hand Grip	98.5	lb				Laughlin NV	4/13/2012	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Moylan, Jerry	CA	M	148	55-59	Dynamometer Hand Grip	129.7	lb				Las Vegas NV	10/07/12	X	X	
Moylan, Jerry	CA	M	148	60-64	Dynamometer Hand Grip	115.6	lb				San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	60-64	Dynamometer Hand Grip	115.0	lb				Las Vegas NV	10/13/2013		X	
Moylan, Jerry	CA	M	148	OPEN	Dynamometer Hand Grip	129.7	lb				Las Vegas NV	10/07/12	X	X	
Drake, Martin	CA	M	165	60-64	Dynamometer Hand Grip	116.2	lb				Las Vegas NV	10/07/12	X	X	
Weinstock, Bill	CA	M	165	65-69	Dynamometer Hand Grip	128.5	lb				Las Vegas NV	10/07/12		X	
Weinstock, Bill	CA	M	165	65-69	Dynamometer Hand Grip	133.4	lb				Moreno V CA	6/2/2012	X		
Longley, Damien	NV	M	165	OPEN	Dynamometer Hand Grip	187.8	lb				Las Vegas NV	10/07/12	X	X	
Gutierrez, Roberto	NV	M	181	20-23	Dynamometer Hand Grip	148.1	lb				Las Vegas NV	7/15/2012	X	X	
Weinstock, Michael	CA	M	181	24-34	Dynamometer Hand Grip	130.9	lb				Las Vegas NV	7/15/2012	X	X	
Mausisa, Arnel	CA	M	181	55-59	Dynamometer Hand Grip	133.4	lb				Las Vegas NV	10/07/12	X	X	
Drake, Martin	CA	M	181	60-64	Dynamometer Hand Grip	119.9	lb				Corona CA	8/25/2012	X		
Weinstock, Bill	CA	M	181	65-69	Dynamometer Hand Grip	140.7	lb				Las Vegas NV	7/15/2012	X	X	
Johnson, Dick	CA	M	181	75-79	Dynamometer Hand Grip	104.6	lb				Las Vegas NV	10/07/12		X	
Johnson, Dick	CA	M	181	75-79	Dynamometer Hand Grip	115.0	lb				Corona CA	8/25/2012	X		
Simon, Richard	CA	M	181	80-84	Dynamometer Hand Grip	99.1	lb				Corona CA	8/25/2012	X		
Weinstock, Michael Z	CA	M	181	OPEN	Dynamometer Hand Grip	140.1	lb				San Diego CA	11/8/2013	X		
Weinstock, Michael	CA	M	181	OPEN	Dynamometer Hand Grip	135.8	lb				Las Vegas NV	10/13/2013		X	
Pappas, Austin	ND	M	198	20-23	Dynamometer Hand Grip	182.3	lb				Las Vegas NV	7/15/2012	X	X	
Reuer, Mark	SD	M	198	35-39	Dynamometer Hand Grip	139.5	lb				Las Vegas NV	10/13/2013	X	X	
Nunez, Kevin	CA	M	198	40-44	Dynamometer Hand Grip	126.0	lb				Las Vegas NV	10/13/2013	X		
Danna, Flávio	Brasil	M	198	40-44	Dynamometer Hand Grip	146.4	lb				Las Vegas NV	10/13/2013		X	Brasil
Nunez, Kevin	CA	M	198	40-44	Dynamometer Hand Grip	139.5	lb				Corona CA	8/25/2012	X		
McFadden, Jerry	WV	M	198	50-54	Dynamometer Hand Grip	154.8	lb				Las Vegas NV	10/07/12	X	X	
Lynch, Jack	CA	M	198	65-69	Dynamometer Hand Grip	176.2	lb				Las Vegas NV	10/07/12	X	X	
Gilmour, John	CA	M	198	90-94	Dynamometer Hand Grip	84.4	lb				Moreno V CA	6/2/2012	X		
Pappas, Austin	ND	M	198	OPEN	Dynamometer Hand Grip	182.3	lb				Las Vegas NV	7/15/2012	X	X	
Grau, Christian	NV	M	220	20-23	Dynamometer Hand Grip	157.8	lb				Las Vegas NV	10/13/2013	X	X	
Weddington, Khaleel	CA	M	220	45-49	Dynamometer Hand Grip	156.6	lb				Moreno V CA	6/2/2012	X		
Berteaux, Ed	CA	M	220	55-59	Dynamometer Hand Grip	166.4	lb				Moreno V CA	6/2/2012	X		
Proto, Steven	OK	M	220	OPEN	Dynamometer Hand Grip	181.1	lb				Las Vegas NV	10/07/12	X	X	
Chandler, Robert	CA	M	242	65-69	Dynamometer Hand Grip	118.1	lb				San Diego CA	11/8/2013	X		
McDole, Zack	NV	M	242	OPEN	Dynamometer Hand Grip	176.2	lb				Las Vegas NV	10/13/2013	X	X	
Harris, Matt	CA	M	275	40-44	Dynamometer Hand Grip	151.7	lb				Las Vegas NV	10/07/12	X	X	
McClurg, Loren	CA	M	275	55-59	Dynamometer Hand Grip	171.9	lb				Las Vegas NV	10/07/12		X	
McClurg, Loren	CA	M	275	55-59	Dynamometer Hand Grip	172.5	lb				Corona CA	8/25/2012	X		
Solleder, John	TX	M	275	OPEN	Dynamometer Hand Grip	138.3	lb				Las Vegas NV	10/13/2013	X	X	
Harris, Matt	CA	M	308	40-44	Dynamometer Hand Grip	167.6	lb				Corona CA	8/25/2012	X		
Harris, Matt	CA	M	308	OPEN	Dynamometer Hand Grip	167.6	lb				Corona CA	8/25/2012	X		
Heldt, John	NV	M	309	40-44	Dynamometer Hand Grip	172.5	lb				Las Vegas NV	10/07/12	X	X	
Heldt, John	NV	M	309	OPEN	Dynamometer Hand Grip	172.5	lb				Las Vegas NV	10/07/12	X	X	
Longley, Damien	NV	M	ALL	Open Uni	Dynamometer Hand Grip	187.8	lb				Las Vegas NV	10/07/12	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Harrison, David	CA	MY	66	6-7	Dynamometer Hand Grip	28.1	lb				Moreno V CA	6/2/2012	X		
Crofton, Maximus	LA	MY	66	8-9	Dynamometer Hand Grip	33.0	lb				Las Vegas NV	10/7/2012	X	X	
Divis, Jason	CA	MY	88	8-9	Dynamometer Hand Grip	58.7	lb				Las Vegas NV	10/07/12	X	X	
Nunez, Nathan	CA	MY	97	12-13	Dynamometer Hand Grip	60.0	lb				Las Vegas NV	10/07/12	X	X	
Crofton, Noah	LA	MY	105	12-13	Dynamometer Hand Grip	76.5	lb				Las Vegas NV	10/07/12	X	X	
Nunez, Nathan	CA	MY	114	12-13	Dynamometer Hand Grip	82.0	lb				Las Vegas NV	10/13/2013		X	
Fraser, Parker	CA	MY	114	12-13	Dynamometer Hand Grip	85.6	lb				Corona CA	8/25/2012	X		
Gutierrez, Antonio	NV	MY	123	10-11	Dynamometer Hand Grip	66.1	lb				Las Vegas NV	7/15/2012	X	X	
Crofton, Noah	LA	MY	123	12-13	Dynamometer Hand Grip	105.3	lb				Las Vegas NV	10/13/2013	X	X	
Santillan, Antonio	NV	MY	132	10-11	Dynamometer Hand Grip	63.6	lb				Las Vegas NV	10/07/12	X	X	
Merrell, Levi	OR	MY	132	12-13	Dynamometer Hand Grip	132.8	lb				Las Vegas NV	10/07/12	X	X	
Dollar, Sam	LA	MY	132	16-17	Dynamometer Hand Grip	93.0	lb				Las Vegas NV	10/07/12	X	X	
Summers, Noah	LA	MY	148	12-13	Dynamometer Hand Grip	64.8	lb				Las Vegas NV	10/07/12	X	X	
Gutierrez, Joshua	NV	MY	148	18-19	Dynamometer Hand Grip	111.3	lb				Las Vegas NV	7/15/2012	X	X	
Weddington, Rock	CA	MY	165	12-13	Dynamometer Hand Grip	77.1	lb				Moreno V CA	6/2/2012	X		
Longley, Damien	NV	MY	165	24-34	Dynamometer Hand Grip	159.7	lb				Laughlin NV	4/13/2012	X	X	
DeLouche, Chris	LA	MY	181	12-13	Dynamometer Hand Grip	93.0	lb				Las Vegas NV	10/07/12	X	X	
Warren, Alex	TX	MY	242	14-15	Dynamometer Hand Grip	99.1	lb				Las Vegas NV	10/13/2013	X	X	
Ray, Tanner	CA	MY	275	18-19	Dynamometer Hand Grip	159.7	lb				Las Vegas NV	10/07/12		X	
Ray, Tanner	CA	MY	275	18-19	Dynamometer Hand Grip	162.7	lb				Corona CA	8/25/2012	X		
Sneider, Sarah	CA	F	114	65-69	Farmer's Walk (50m)	22.22	sec/lb	50	25		Laughlin NV	4/7/2013	X	X	
Sneider, Sarah	CA	F	114	OPEN	Farmer's Walk (50m)	22.22	sec/lb	50	25		Laughlin NV	4/7/2013	X	X	
Gutierrez, Mandy	NV	F	148	20-23	Farmer's Walk (50m)	32.81	sec/lb	75	75	SW	Laughlin NV	4/13/2012	X	X	
Gutierrez, Mandy	NV	F	148	OPEN	Farmer's Walk (50m)	32.81	sec/lb	75	75	SW	Laughlin NV	4/13/2012	X	X	
Brindusan, Diana	CA	F	165	OPEN	Farmer's Walk (50m)	29.41	sec/lb	100	50		Vista CA	6/9/2013	X		
McDole, Dedra	NV	F	165	OPEN	Farmer's Walk (50m)	39.05	sec/lb	100	75		Laughlin NV	4/13/2012	X	X	
Martinez, Angela	CA	FY	66	6-7	Farmer's Walk (50m)	28.44	sec/lb	25	25	SW	Laughlin NV	4/7/2013	X	X	
Martinez, Angela	CA	FY	66	8-9	Farmer's Walk (50m)	32.09	sec/lb	25	25	SW	Vista CA	6/9/2013	X		
Nunez, Emma	CA	FY	77	10-11	Farmer's Walk (50m)	30.97	sec/lb	25	25	SW	Laughlin NV	4/7/2013	X	X	
Gutierrez, Hayley	NV	FY	114	12-13	Farmer's Walk (50m)	123.3	sec/lb	25	75	SW+2C	Laughlin NV	4/13/2012	X	X	
Martinez, Samantha	CA	FY	132	12-13	Farmer's Walk (50m)	22.10	sec/lb	25	35	SW+1C	Laughlin NV	4/7/2013	X	X	
Martinez, Alyssa	CA	FY	165	10-11	Farmer's Walk (50m)	22.10	sec/lb	35	35	SW	Laughlin NV	4/7/2013	X	X	
Dreger, Zeak	CA	M	114	OPEN	Farmer's Walk (50m)	26.13	sec/lb	125	100		Laughlin NV	4/7/2013	X	X	
Moylan, Jerry	CA	M	148	60-64	Farmer's Walk (50m)	29.03	sec/lb	100	100	SW	Vista CA	6/9/2013	X		
Moylan, Jerry	CA	M	148	60-64	Farmer's Walk (50m)	29.03	sec/lb	100	100	SW	Vista CA	6/9/2013	X		
Perkins, Jim	CA	M	165	55-59	Farmer's Walk (50m)	23.38	sec/lb	100	100	SW	San Diego CA	11/8/2013	X		
Brown, Ron	CA	M	165	65-69	Farmer's Walk (50m)	20.17	sec/lb	100	75		Laughlin NV	4/13/2012	X	X	
Weinstock, Bill	CA	M	165	65-69	Farmer's Walk (50m)	21.6	sec/lb	100	100	SW	Laughlin NV	4/13/2012	X	X	
Longley, Damien	NV	M	165	OPEN	Farmer's Walk (50m)	24.22	sec/lb	125	125	SW	Laughlin NV	4/7/2013	X	X	
Gutierrez, Roberto	NV	M	181	20-23	Farmer's Walk (50m)	40.63	sec/lb	125	125	SW	Laughlin NV	4/13/2012	X	X	
Mausisa, Arnel	CA	M	181	55-59	Farmer's Walk (50m)	31.06	sec/lb	100	50		Vista CA	6/9/2013	X		
Drake, Martin	CA	M	181	60-64	Farmer's Walk (50m)	37.87	sec/lb	125	125	SW	San Diego CA	11/8/2013	X		

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

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Weinstock, Bill	CA	M	181	65-69	Farmer's Walk (50m)	33.90	sec/lb	125	125	SW	Laughlin NV	4/7/2013	X	X	
Johnson, Dick	CA	M	181	75-79	Farmer's Walk (50m)	23.90	sec/lb	75	75	SW	Vista CA	6/9/2013	X		
Johnson, Dick	CA	M	181	75-79	Farmer's Walk (50m)	29.50	sec/lb	75	75	SW	Laughlin NV	4/7/2013		X	
Weinstock, Bill	CA	M	181	OPEN	Farmer's Walk (50m)	33.90	sec/lb	125	125	SW	Laughlin NV	4/7/2013	X	X	
Hernandez, Rick	CA	M	198	18-19	Farmer's Walk (50m)	22.25	sec/lb	100	100	SW	Vista CA	6/9/2013	X		
Aguirre, Patrick	CA	M	198	20-23	Farmer's Walk (50m)	28.60	sec/lb	125	150	SW+1C	Laughlin NV	4/7/2013	X	X	
Nunez, Kevin	CA	M	198	40-44	Farmer's Walk (50m)	27.53	sec/lb	125	125	SW	San Diego CA	11/8/2013	X		
Owen, Mitch	CA	M	198	60-64	Farmer's Walk (50m)	23.97	sec/lb	125	125	SW	San Diego CA	11/8/2013	X		
Lynch, Jack	CA	M	198	65-69	Farmer's Walk (50m)	34.50	sec/lb	125	125	SW	Laughlin NV	4/7/2013	X	X	
Miller, Chad	NV	M	198	OPEN	Farmer's Walk (50m)	27.32	sec/lb	150	150	SW	Laughlin NV	4/13/2012	X	X	
Homer Jr, Jerry	AZ	M	220	50-54	Farmer's Walk (50m)	28.53	sec/lb	125	150	SW+1C	Laughlin NV	4/7/2013	X	X	
Thomsen, Jeff	AZ	M	220	55-59	Farmer's Walk (50m)	26.97	sec/lb	125	125	SW	Laughlin NV	4/7/2013	X	X	
Homer Jr, Jerry	AZ	M	220	OPEN	Farmer's Walk (50m)	28.53	sec/lb	125	150	SW+1C	Laughlin NV	4/7/2013	X	X	
Francy, Bo	CA	M	220	OPEN	Farmer's Walk (50m)	23.09	sec/lb	150	150	SW	San Diego CA	11/8/2013	X		
Weddington, Khaleel	CA	M	242	45-49	Farmer's Walk (50m)	44.34	sec/lb	125	175	SW+2C	Laughlin NV	4/13/2012	X	X	
Weddington, Khaleel	CA	M	242	OPEN	Farmer's Walk (50m)	44.34	sec/lb	125	175	SW+2C	Laughlin NV	4/13/2012	X	X	
Harris, Matt	CA	M	275	40-44	Farmer's Walk (50m)	30.25	sec/lb	150	150	SW	Vista CA	6/9/2013	X		
Anderson, Ray	CA	M	275	55-59	Farmer's Walk (50m)	67.50	sec/lb	150	150	SW	San Diego CA	11/8/2013	X		
Harris, Matt	CA	M	275	OPEN	Farmer's Walk (50m)	30.25	sec/lb	150	150	SW	Vista CA	6/9/2013	X		
Cahill, Jim	MN	M	308	35-39	Farmer's Walk (50m)	31.09	sec/lb	175	175	SW	Laughlin NV	4/13/2012	X	X	
Cahill, Jim	MN	M	308	OPEN	Farmer's Walk (50m)	31.09	sec/lb	175	175	SW	Laughlin NV	4/13/2012	X	X	
Madvig, Brad	MN	M	309	35-39	Farmer's Walk (50m)	28.41	sec/lb	175	175	SW	Laughlin NV	4/13/2012	X	X	
Madvig, Brad	MN	M	309	OPEN	Farmer's Walk (50m)	28.41	sec/lb	175	175	SW	Laughlin NV	4/13/2012	X	X	
Madvig, Brad	MN	M	309	Open Unl	Farmer's Walk (50m)	28.41	sec/lb	175	175	SW	Laughlin NV	4/13/2012	X	X	
Crofton, Maximus	LA	MY	66	8-9	Farmer's Walk (50m)	34.56	sec/lb	25	25	SW	Laughlin NV	4/7/2013	X	X	
DeLouche, Ben	LA	MY	105	8-9	Farmer's Walk (50m)	32.00	sec/lb	25	25	SW	Laughlin NV	4/7/2013	X	X	
Nunez, Nathan	CA	MY	114	12-13	Farmer's Walk (50m)	15.47	sec/lb	35	35	SW	Laughlin NV	4/7/2013	X	X	
Nunez, Nathan	CA	MY	114	14-15	Farmer's Walk (50m)	22.00	sec/lb	35	35	SW	San Diego CA	11/8/2013	X		
Santillan, Antonio	CA	MY	132	8-9	Farmer's Walk (50m)	24.03	sec/lb	25	25	SW	Laughlin NV	4/13/2012	X	X	
Santillan, Antonio	CA	MY	132	10-11	Farmer's Walk (50m)	19.46	sec/lb	35	35	SW	Laughlin NV	4/7/2013	X	X	
Weddington, Rock	CA	MY	148	12-13	Farmer's Walk (50m)	36.25	sec/lb	75	75	SW	Laughlin NV	4/13/2012	X	X	
Weddington, Rock	CA	MY	165	12-13	Farmer's Walk (50m)	26.00	sec/lb	50	100	SW+2C	Laughlin NV	4/7/2013	X	X	
Wilson, Jacob	CA	MY	181	14-15	Farmer's Walk (50m)	23.00	sec/lb	75	75	SW	San Diego CA	11/8/2013	X		
Higuera, Mike	AZ	MY	220	16-17	Farmer's Walk (50m)	20.37	sec/lb	75	125	SW+2C	Laughlin NV	4/13/2012	X	X	
Higuera, Michael	AZ	MY	242	18-19	Farmer's Walk (50m)	49.25	sec/lb	125	175	SW+2C	Laughlin NV	4/7/2013	X	X	
Moylan, Jerry	CA	M	148	55-59	Handstand 10m Race	42.78	sec				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	Handstand 10m Race	67	sec				San Diego CA	11/8/2013	X		
Gutierrez, A.J.	NV	M	220	OPEN	Handstand 10m Race	42.49	sec				Las Vegas NV	7/15/2012	X	X	
Divis, Jason	CA	MY	88	8-9	Handstand 10m Race	9.16	sec				Las Vegas NV	10/7/2012	X	X	
Gutierrez, Joshua	NV	MY	148	18-19	Handstand 10m Race	21.53	sec				Las Vegas NV	7/15/2012	X	X	
Gutierrez, Joshua	NV	MY	148	OPEN	Handstand 10m Race	21.53	sec				Las Vegas NV	7/15/2012	X	X	
Berti, Angelica	Brasil	F	148	OPEN	Orangutan Hang	54	sec				Las Vegas NV	10/13/2013		X	Brasil

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Blum, Heather	CA	F	165	55-59	Orangutan Hang	64	sec				Las Vegas NV	10/13/2013	X	X	
Blum, Heather	CA	F	165	55-59	Orangutan Hang	64	sec				Las Vegas NV	10/13/2013	X	X	
Blum, Heather	CA	F	ALL	Open Unl	Orangutan Hang	64	sec				Las Vegas NV	10/13/2013		X	
Milz, Amber	CA	FY	114	14-15	Orangutan Hang	76	sec				Los Angeles CA	1/26/2014	X		
DeLouche, Shelbey	LA	FY	123	12-13	Orangutan Hang	4	sec				Las Vegas NV	10/13/2013	X	X	
Milz, Emily	CA	FY	123	16-17	Orangutan Hang	53	sec				Los Angeles CA	1/26/2014	X		
Gibson, Alexandra	CA	FY	181	16-17	Orangutan Hang	35	sec				Los Angeles CA	1/26/2014	X		
Milz, Amber	CA	FY	ALL	Open Unl	Orangutan Hang	76	sec				Los Angeles CA	1/26/2014	X		
Moylan, Jerry	CA	M	148	60-64	Orangutan Hang	69	sec				San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	60-64	Orangutan Hang	61	sec				Las Vegas NV	10/13/2013		X	
Holbrook, John	CA	M	148	70-74	Orangutan Hang	66	sec				Los Angeles CA	1/26/2014	X		
Moylan, Jerry	CA	M	148	OPEN	Orangutan Hang	69	sec				San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	OPEN	Orangutan Hang	61	sec				Las Vegas NV	10/13/2013		X	
Weinstock, Bill	CA	M	181	65-69	Orangutan Hang	60	sec				San Diego CA	11/8/2013	X		
Weinstock, Bill	CA	M	181	65-69	Orangutan Hang	51	sec				Las Vegas NV	10/13/2013		X	
Weinstock, Bill	CA	M	181	65-69	Orangutan Hang	67	sec				Los Angeles CA	1/26/2014	X		
Weinstock, Bill	CA	M	181	OPEN	Orangutan Hang	67	sec				Los Angeles CA	1/26/2014	X		
Weinstock, Bill	CA	M	181	OPEN	Orangutan Hang	51	sec				Las Vegas NV	10/13/2013		X	
Reuer, Mark	SD	M	198	35-39	Orangutan Hang	55	sec				Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	65-69	Orangutan Hang	82	sec				Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	OPEN	Orangutan Hang	82	sec				Las Vegas NV	10/13/2013	X	X	
Pasken, Timothy	CA	M	275	OPEN	Orangutan Hang	63	sec				Los Angeles CA	1/26/2014	X		
Lynch, Jack	CA	M	ALL	Open Unl	Orangutan Hang	82	sec				Las Vegas NV	10/13/2013	X	X	
Allen, Lance	CA	MY	66	6-7	Orangutan Hang	66	sec				Los Angeles CA	1/26/2014	X		
Crofton, Maximus	LA	MY	66	8-9	Orangutan Hang	16	sec				Las Vegas NV	10/13/2013	X	X	
DeLouche, Ben	LA	MY	105	10-11	Orangutan Hang	9	sec				Las Vegas NV	10/13/2013	X	X	
Crofton, Noah	LA	MY	123	12-13	Orangutan Hang	58	sec				Las Vegas NV	10/13/2013	X	X	
Davis, Drew	AZ	MY	132	16-17	Orangutan Hang	55.8	sec				Las Vegas NV	7/19/2013	X	X	
Weinstock, Bill	CA	MY	132	16-17	Orangutan Hang	55.8	sec				Las Vegas NV	7/19/2013	X	X	
Higuera, Michael	AZ	MY	242	18-19	Orangutan Hang	24	sec				Las Vegas NV	10/13/2013	X	X	
Winkler, Andrea	CA	F	105	65-69	Overhead Press	14	kg				Los Angeles CA	1/26/2014	X		
Winkler, Andrea	CA	F	105	OPEN	Overhead Press	14	kg				Los Angeles CA	1/26/2014	X		
Kempner, Michelle	CA	F	123	35-39	Overhead Press	62.5	kg				Los Angeles CA	1/26/2014	X		
Foley, Julie	CA	F	123	50-54	Overhead Press	60	kg				Los Angeles CA	1/26/2014	X		
Kempner, Michelle	CA	F	123	OPEN	Overhead Press	62.5	kg				Los Angeles CA	1/26/2014	X		
Foley, Julie	CA	F	132	50-54	Overhead Press	55.0	kg				San Diego CA	11/8/2013	X		
Foley, Julie	CA	F	132	OPEN	Overhead Press	55.0	kg				San Diego CA	11/8/2013	X		
Blum, Heather	CA	F	165	55-59	Overhead Press	35	kg				Las Vegas NV	10/13/2013	X	X	
Blum, Heather	CA	F	165	OPEN	Overhead Press	35	kg				Las Vegas NV	10/13/2013	X	X	
Sedova, Mayya	Russia	F	181	35-39	Overhead Press	52.5	kg				San Diego CA	11/8/2013			Russia
Sedova, Mayya	Russia	F	181	OPEN	Overhead Press	52.5	kg				San Diego CA	11/8/2013			Russia
Mangaoang-Brodine, Fran	WA	F	220	OPEN	Overhead Press	60	kg				Los Angeles CA	1/26/2014	X		

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Mangaoang, Juana	WA	F	221	55-59	Overhead Press	42.5	kg				Los Angeles CA	1/26/2014	X		
Mangaoang, Juana	WA	F	221	OPEN	Overhead Press	42.5	kg				Los Angeles CA	1/26/2014	X		
Blum, Heather	CA	F	ALL	Open Unl	Overhead Press	35	kg				Las Vegas NV	10/13/2013		X	
Kempner, Michelle	CA	F	ALL	Open Unl	Overhead Press	62.5	kg				Los Angeles CA	1/26/2014	X		
Gutierrez, Kendra	NV	FY	114	16-17	Overhead Press	25	kg				Las Vegas NV	10/7/2012	X	X	
DeLouche, Shelbey	LA	FY	123	12-13	Overhead Press	25	kg				Las Vegas NV	10/13/2013	X	X	
Beuscher, Hailey	LA	FY	132	10-11	Overhead Press	27.5	kg				Las Vegas NV	10/13/2013	X	X	
Moylan, Jerry	CA	M	148	55-59	Overhead Press	65	kg				Las Vegas NV	10/7/2012	X	X	
Walker, Donald	CA	M	148	60-64	Overhead Press	80	kg				San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	OPEN	Overhead Press	65	kg				Las Vegas NV	10/7/2012		X	
Walker, Donald	CA	M	148	OPEN	Overhead Press	80	kg				San Diego CA	11/8/2013	X		
Drake, Martin	CA	M	165	60-64	Overhead Press	75.5	kg				Los Angeles CA	1/26/2014	X		
Drake, Martin	CA	M	165	OPEN	Overhead Press	75.5	kg				Los Angeles CA	1/26/2014	X		
Longley, Damien	NV	M	165	OPEN	Overhead Press	72.5	kg				Las Vegas NV	10/7/2012		X	
Wells, Chris	LA	M	181	20-23	Overhead Press	102.5	kg				Las Vegas NV	10/13/2013	X	X	
Mausisa, Arnel	CA	M	181	55-59	Overhead Press	60	kg				Las Vegas NV	10/7/2012	X	X	
Drake, Martin	CA	M	181	60-64	Overhead Press	75	kg				Vista CA	6/9/2013	X		
Lynch, Jack	CA	M	181	65-69	Overhead Press	60	kg				Las Vegas NV	10/7/2012	X	X	
Johnson, Dick	CA	M	181	75-79	Overhead Press	55	kg				Las Vegas NV	10/7/2012	X	X	
Wells, Chris	LA	M	181	OPEN	Overhead Press	102.5	kg				Las Vegas NV	10/13/2013	X	X	
Connor, Rodney	CA	M	198	14-15	Overhead Press	55	kg				Vista CA	6/9/2013	X		
Hernandez, Rick	CA	M	198	18-19	Overhead Press	75	kg				Vista CA	6/9/2013	X		
Rathbun, Connor	CA	M	198	20-23	Overhead Press	92.5	kg				Los Angeles CA	1/26/2014	X		
Reuer, Mark	SD	M	198	35-39	Overhead Press	95	kg				Las Vegas NV	10/13/2013	X	X	
Nunez, Kevin	CA	M	198	40-44	Overhead Press	85	kg				Las Vegas NV	10/13/2013	X	X	
McFadden, Jerry	WV	M	198	50-54	Overhead Press	62.5	kg				Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	65-69	Overhead Press	65	kg				Las Vegas NV	10/13/2013	X	X	
Reuer, Mark	SD	M	198	OPEN	Overhead Press	95	kg				Las Vegas NV	10/13/2013		X	
Stearns, Nick	CA	M	198	OPEN	Overhead Press	100	kg				Los Angeles CA	1/26/2014	X		
Sparks, Clay	Canada	M	220	18-19	Overhead Press	75	kg				Las Vegas NV	10/13/2013		X	Canada
Grau, Christian	NV	M	220	20-23	Overhead Press	100	kg				Las Vegas NV	10/13/2013	X	X	
Hayden, Anthony	CA	M	220	55-59	Overhead Press	97.5	kg				San Diego CA	11/8/2013	X		
Solbak, Kendall	Canada	M	220	OPEN	Overhead Press	102.5	kg				Las Vegas NV	10/13/2013		X	Canada
Mabalot, Perry	CA	M	220	OPEN	Overhead Press	115	kg				Los Angeles CA	1/26/2014	X		
Higuera, Michael	AZ	M	242	18-19	Overhead Press	117.5	kg				Las Vegas NV	10/13/2013	X	X	
Gardner, Braden	Canada	M	242	OPEN	Overhead Press	100	kg				Las Vegas NV	10/13/2013		X	Canada
Ray, Tanner	CA	M	275	18-19	Overhead Press	95	kg				Las Vegas NV	10/7/2012	X	X	
Harris, Matt	CA	M	275	40-44	Overhead Press	70	kg				Vista CA	6/9/2013	X		
Harris, Matt	CA	M	275	40-44	Overhead Press	55	kg				Las Vegas NV	10/7/2012		X	
Solleder, John	TX	M	275	50-54	Overhead Press	45	kg				Las Vegas NV	10/13/2013	X	X	
McClurg, Loren	CA	M	275	55-59	Overhead Press	60	kg				Las Vegas NV	10/7/2012		X	
McClurg, Loren	CA	M	275	55-59	Overhead Press	70	kg				Los Angeles CA	1/26/2014	X		

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Harris, Matt	CA	M	275	OPEN	Overhead Press	70	kg				Vista CA	6/9/2013	X		
Womak, Mike	TX	M	309	40-44	Overhead Press	92.5	kg				Las Vegas NV	10/13/2013	X	X	
Womak, Mike	TX	M	309	OPEN	Overhead Press	92.5	kg				Las Vegas NV	10/13/2013	X	X	
Crofton, Maximus	LA	MY	66	8-9	Overhead Press	25	kg				Las Vegas NV	10/13/2013	X	X	
Divis, Jason	CA	MY	88	8-9	Overhead Press	30	kg				Las Vegas NV	10/7/2012	X	X	
Nunez, Nathan	CA	MY	114	12-13	Overhead Press	25	kg				Las Vegas NV	10/13/2013	X	X	
Merrell, Levi	OR	MY	132	12-13	Overhead Press	45	kg				Las Vegas NV	10/7/2012	X	X	
Weddington, Rock	CA	MY	165	12-13	Overhead Press	65	kg				Vista CA	6/9/2013	X		
Higuera, Michael	AZ	MY	ALL	Open Unl	Overhead Press	117.5	kg				Las Vegas NV	10/13/2013	X	X	
Winkler, Andrea	CA	F	105	65-69	Power Clean	16.5	kg				Los Angeles CA	1/25/2014	X		
Winkler, Andrea	CA	F	105	OPEN	Power Clean	16.5	kg				Los Angeles CA	1/25/2014	X		
Hao, YuXin	CA	F	114	45-49	Power Clean	40	kg				Los Angeles CA	1/25/2014	X		
Hao, YuXin	CA	F	114	OPEN	Power Clean	40	kg				Los Angeles CA	1/25/2014	X		
Foley, Julie	CA	F	123	50-54	Power Clean	56	kg				Los Angeles CA	1/25/2014	X		
Lucky, Christina	CA	F	123	OPEN	Power Clean	73.0	kg				Laughlin NV	4/7/2013	X	X	
Lucky, Christina	CA	F	123	OPEN	Power Clean	73.0	kg				Laughlin NV	4/7/2013	X	X	
Kim, Andrea	CA	F	132	OPEN	Power Clean	72.5	kg				Laughlin NV	4/7/2013	X	X	
Sedova, Mayya	Russia	F	181	35-39	Power Clean	57.5	kg				San Diego CA	11/8/2013			Russia
Mangaoang-Brodine, Fran	WA	F	220	OPEN	Power Clean	70	kg				Los Angeles CA	1/25/2014	X		
Mangaoang, Juana	WA	F	221	55-59	Power Clean	50	kg				Los Angeles CA	1/25/2014	X		
Mangaoang, Juana	WA	F	221	OPEN	Power Clean	50	kg				Los Angeles CA	1/25/2014	X		
Lucky, Christina	CA	F	ALL	Open Unl	Power Clean	73.0	kg				Laughlin NV	4/7/2013	X	X	
Farrow, Jason	FL	M	123	55-59	Power Clean	70.0	kg				San Diego CA	11/8/2013	X		
Farrow, Jason	FL	M	123	OPEN	Power Clean	70.0	kg				San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	60-64	Power Clean	70.0	kg				San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	OPEN	Power Clean	70.0	kg				San Diego CA	11/8/2013	X		
Drake, Martin	CA	M	165	60-64	Power Clean	67.5	kg				Los Angeles CA	1/25/2014	X		
Sun, Shu Chung	CA	M	165	OPEN	Power Clean	90.0	kg				Laughlin NV	4/7/2013	X	X	
Sun, Mark	CA	M	181	50-54	Power Clean	115.0	kg				Laughlin NV	4/7/2013	X	X	
Weinstock, Bill	CA	M	181	65-69	Power Clean	55	kg				Los Angeles CA	1/25/2014	X		
Sun, Mark	CA	M	181	OPEN	Power Clean	115.0	kg				Laughlin NV	4/7/2013	X	X	
Lucky, Jon	CA	M	198	35-39	Power Clean	107.5	kg				Laughlin NV	4/7/2013	X	X	
Lynch, Jack	CA	M	198	70-74	Power Clean	55	kg				Los Angeles CA	1/25/2014	X		
Lucky, Jon	CA	M	198	OPEN	Power Clean	107.5	kg				Laughlin NV	4/7/2013	X	X	
Strange, Bob	CA	M	220	60-64	Power Clean	92.0	kg				San Diego CA	11/8/2013	X		
Norris, Robert	CA	M	220	OPEN	Power Clean	120.0	kg				Laughlin NV	4/7/2013	X	X	
Norris, Robert	CA	M	220	OPEN	Power Clean	120.0	kg				Laughlin NV	4/7/2013	X	X	
McClurg, Loren	CA	M	275	55-59	Power Clean	87.5	kg				San Diego CA	11/8/2013	X		
Norris, Robert	CA	M	ALL	Open Unl	Power Clean	120.0	kg				Laughlin NV	4/7/2013	X	X	
Crofton, Maximus	LA	MY	66	8-9	Power Clean	27.5	kg				Laughlin NV	4/7/2013	X	X	
DeLouche, Ben	LA	MY	105	8-9	Power Clean	30.0	kg				Laughlin NV	4/7/2013	X	X	
Crofton, Noah	LA	MY	105	12-13	Power Clean	60.0	kg				Laughlin NV	4/7/2013	X	X	

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DeLouche, Chris	LA	MY	198	12-13	Power Clean	60.0	kg				Laughlin NV	4/7/2013	X	X	
Pulpus, India	OH	FY	88	10-11	Power Cleans for Reps	27	reps/kg	15.0	12.5		Detroit MI	7/27/2013	X	X	
Moore, Robyn	MO	FY	97	12-13	Power Cleans for Reps	21	reps/kg	17.5	17.5	SW	Detroit MI	7/27/2013	X	X	
Williams, Olivia	OH	FY	114	10-11	Power Cleans for Reps	24	reps/kg	15.0	15.0	SW	Detroit MI	7/27/2013	X	X	
Perryman, Gabrielle	OH	FY	123	16-17	Power Cleans for Reps	18	reps/kg	37.5	37.5	SW	Detroit MI	7/27/2013	X	X	
Davenport, Naudia	OH	FY	148	12-13	Power Cleans for Reps	36	reps/kg	20.0	20.0	SW	Detroit MI	7/27/2013	X	X	
Dukes, Ryan	MI	M	165	20-23	Power Cleans for Reps	14	reps/kg	60.0	60.0	SW	Detroit MI	7/27/2013	X	X	
Dukes, Ryan	MI	M	165	OPEN	Power Cleans for Reps	14	reps/kg	62.5	60.0		Detroit MI	7/27/2013	X	X	
Reuer, Mark	SD	M	198	35-39	Power Cleans for Reps	15	reps/kg	65.0	65.0	SW	Las Vegas NV	10/13/2013	X	X	
Reuer, Mark	SD	M	198	OPEN	Power Cleans for Reps	15	reps/kg	67.5	65.0		Las Vegas NV	10/13/2013	X	X	
Crofton, Max	LA	MY	66	8-9	Power Cleans for Reps	26	reps/kg	15.0	15.0	SW	Detroit MI	7/27/2013	X	X	
Hayes, Kaden	OK	MY	77	10-11	Power Cleans for Reps	15	reps/kg	20.0	15.0		Detroit MI	7/27/2013	X	X	
Longey, Mason	OK	MY	88	12-13	Power Cleans for Reps	14	reps/kg	25.0	20.0		Detroit MI	7/27/2013	X	X	
Hairston, Del'Mario	OH	MY	105	12-13	Power Cleans for Reps	30	reps/kg	25.0	25.0	SW	Detroit MI	7/27/2013	X	X	
DeLouche, Ben	LA	MY	114	10-11	Power Cleans for Reps	30	reps/kg	20.0	20.0	SW	Detroit MI	7/27/2013	X	X	
Crofton, Noah	LA	MY	123	12-13	Power Cleans for Reps	24	reps/kg	35.0	35.0	SW	Detroit MI	7/27/2013	X	X	
Jones, Nick	TX	MY	123	14-15	Power Cleans for Reps	5	reps/kg	45.0	35.0		Detroit MI	7/27/2013	X	X	
Pittman, Evan	IA	MY	132	14-15	Power Cleans for Reps	20	reps/kg	45.0	45.0	SW	Detroit MI	7/27/2013	X	X	
Moore, Alex	MO	MY	148	12-13	Power Cleans for Reps	18	reps/kg	35.0	30.0		Detroit MI	7/27/2013	X	X	
Perry, Landon	OK	MY	148	16-17	Power Cleans for Reps	19	reps/kg	50.0	50.0	SW	Detroit MI	7/27/2013	X	X	
Edwards, Patrick	OK	MY	165	16-17	Power Cleans for Reps	15	reps/kg	50.0	50.0	SW	Detroit MI	7/27/2013	X	X	
DeLouche, Chris	LA	MY	198	12-13	Power Cleans for Reps	17	reps/kg	45.0	45.0	SW	Detroit MI	7/27/2013	X	X	
Warren, Alex	TX	MY	242	14-15	Power Cleans for Reps	13	reps/kg	55.0	45.0		Detroit MI	7/27/2013	X	X	
Rhodes, Colten	OK	MY	275	18-19	Power Cleans for Reps	29	reps/kg	65.0	65.0	SW	Detroit MI	7/27/2013	X	X	
Rhodes, Colten	OK	MY	ALL	Open Unl	Power Cleans for Reps	29	reps/kg	72.5	65.0		Detroit MI	7/27/2013	X	X	
Sneider, Sarah	CA	F	114	65-69	Pullups for Reps	3	reps				Laughlin NV	4/7/2013	X	X	
Sneider, Sarah	CA	F	114	OPEN	Pullups for Reps	3	reps				Laughlin NV	4/7/2013	X	X	
Gutierrez, Veronica	NV	F	132	20-23	Pullups for Reps	2	reps				Laughlin NV	4/13/2012	X	X	
Gutierrez, Veronica	NV	F	132	OPEN	Pullups for Reps	2	reps				Laughlin NV	4/13/2012	X	X	
Gutierrez, Veronica	NV	F	148	20-23	Pullups for Reps	3	reps				Las Vegas NV	10/7/2012	X	X	
Gutierrez, Veronica	NV	F	148	OPEN	Pullups for Reps	3	reps				Las Vegas NV	10/7/2012	X	X	
Moore, Robyn	MO	FY	97	12-13	Pullups for Reps	4	reps				Detroit MI	7/27/2013	X	X	
Moore, Robyn	MO	FY	97	Open Unl	Pullups for Reps	4	reps				Detroit MI	7/27/2013	X	X	
Dreger, Zeak	CA	M	105	OPEN	Pullups for Reps	1	reps				Corona CA	2/2/2013	X		
Moylan, Jerry	CA	M	148	60-64	Pullups for Reps	19	reps				Las Vegas NV	10/13/2013	X	X	
Moylan, Jerry	CA	M	148	OPEN	Pullups for Reps	19	reps				Las Vegas NV	10/13/2013	X	X	
Weinstock, Bill	CA	M	165	65-69	Pullups for Reps	15	reps				Moreno V CA	6/2/2012	X		
Longley, Damien	NV	M	165	OPEN	Pullups for Reps	40	reps				Laughlin NV	4/13/2012	X	X	
Longley, Damien	NV	M	165	Open Unl	Pullups for Reps	40	reps				Laughlin NV	4/13/2012	X	X	
Mausisa, Arnel	CA	M	181	55-59	Pullups for Reps	15	reps				Las Vegas NV	10/7/2012	X	X	
Weinstock, Bill	CA	M	181	65-69	Pullups for Reps	13	reps				Las Vegas NV	7/15/2012	X	X	
Johnson, Dick	CA	M	181	75-79	Pullups for Reps	4	reps				Laughlin NV	4/7/2013	X	X	

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Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Mausisa, Arnel	CA	M	181	OPEN	Pullups for Reps	15	reps				Las Vegas NV	10/7/2012	X	X	
Barroso, Arturo	CA	M	198	20-23	Pullups for Reps	19	reps				Las Vegas NV	10/7/2012	X	X	
Danna, Flávio	Brasil	M	198	40-44	Pullups for Reps	6	reps				Las Vegas NV	10/13/2013		X	Brasil
McFadden, Jerry	WV	M	198	50-54	Pullups for Reps	20	reps				Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	65-69	Pullups for Reps	27	reps				Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	OPEN	Pullups for Reps	27	reps				Las Vegas NV	10/13/2013	X	X	
Grau, Christian	NV	M	220	20-23	Pullups for Reps	7	reps				Las Vegas NV	10/13/2013	X	X	
Cheatheam, Randy	AZ	M	220	50-55	Pullups for Reps	9	reps				Laughlin NV	4/7/2013	X	X	
Proto, Steven	OK	M	220	OPEN	Pullups for Reps	32	reps				Las Vegas NV	10/7/2012	X	X	
Perryman, Greg	OH	MY	66	8-9	Pullups for Reps	2	reps				Detroit MI	7/27/2013	X	X	
Hayes, Kaden	OK	MY	77	10-11	Pullups for Reps	2	reps				Detroit MI	7/27/2013	X	X	
Crofton, Noah	LA	MY	105	12-13	Pullups for Reps	10	reps				Laughlin NV	4/7/2013	X	X	
Nunez, Nathan	CA	MY	114	12-13	Pullups for Reps	6	reps				Las Vegas NV	10/13/2013	X	X	
Crofton, Noah	LA	MY	123	12-13	Pullups for Reps	13	reps				Detroit MI	7/27/2013	X	X	
Pittman, Evan	IA	MY	132	14-15	Pullups for Reps	20	reps				Detroit MI	7/27/2013	X	X	
Higuera, Michael	AZ	MY	242	18-19	Pullups for Reps	4	reps				Las Vegas NV	10/13/2013	X	X	
Rhodes, Colten	OK	MY	275	18-19	Pullups for Reps	13	reps				Detroit MI	7/27/2013	X	X	
Hao, YuXin	OH	F	114	45-49	Pushups for Reps	50	reps				Las Vegas NV	10/13/2013	X	X	
Hao, YuXin	OH	F	114	45-49	Pushups for Reps	50	reps				Las Vegas NV	10/13/2013	X	X	
Sneider, Sarah	CA	F	114	65-69	Pushups for Reps	6	reps				Laughlin NV	4/7/2013	X	X	
Sneider, Sarah	CA	F	114	OPEN	Pushups for Reps	6	reps				Laughlin NV	4/7/2013	X	X	
Hao, YuXin	OH	F	114	OPEN	Pushups for Reps	50	reps				Las Vegas NV	10/13/2013	X	X	
Foley, Julie	CA	F	132	50-54	Pushups for Reps	30	reps				San Diego CA	11/8/2013	X		
Kim, Andrea	CA	F	132	OPEN	Pushups for Reps	22	reps				Laughlin NV	4/7/2013		X	
Foley, Julie	CA	F	132	OPEN	Pushups for Reps	30	reps				San Diego CA	11/8/2013	X		
Harrison, Ruth	CA	F	165	45-49	Pushups for Reps	38	reps				Laughlin NV	4/7/2013	X	X	
Blum, Heather	CA	F	165	55-59	Pushups for Reps	27	reps				Las Vegas NV	10/13/2013	X	X	
Harrison, Ruth	CA	F	165	OPEN	Pushups for Reps	38	reps				Laughlin NV	4/7/2013	X	X	
Carter, Ethyl	VA	F	181	35-39	Pushups for Reps	14	reps				Las Vegas NV	7/15/2012	X	X	
Carter, Ethyl	VA	F	181	OPEN	Pushups for Reps	14	reps				Las Vegas NV	7/15/2012	X	X	
Hao, YuXin	OH	F	ALL	Open Unl	Pushups for Reps	50	reps				Las Vegas NV	10/13/2013	X	X	
Martinez, Angela	CA	FY	66	6-7	Pushups for Reps	22	reps				Laughlin NV	4/7/2013	X	X	
Nunez, Emma	CA	FY	66	10-11	Pushups for Reps	27	reps				Las Vegas NV	10/7/2012	X	X	
Nunez, Emma	CA	FY	77	10-11	Pushups for Reps	31	reps				Laughlin NV	4/7/2013	X	X	
Weddington, Kenadee	CA	FY	88	10-11	Pushups for Reps	11	reps				Corona CA	2/2/2013	X		
Martinez, Samantha	CA	FY	132	12-13	Pushups for Reps	13	reps				Laughlin NV	4/7/2013	X	X	
Martinez, Alyssa	CA	FY	165	10-11	Pushups for Reps	3	reps				Laughlin NV	4/7/2013	X	X	
Dreger, Zeak	CA	M	105	OPEN	Pushups for Reps	13	reps				Corona CA	2/2/2013	X		
Dreger, Zeak	CA	M	114	OPEN	Pushups for Reps	24	reps				Las Vegas NV	10/7/2012	X	X	
Farrow, Jason	FL	M	123	55-59	Pushups for Reps	33	reps				San Diego CA	11/8/2013	X		
Farrow, Jason	FL	M	123	OPEN	Pushups for Reps	33	reps				San Diego CA	11/8/2013	X		

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Merrigan, Jimmy	CA	M	132	20-23	Pushups for Reps	24	reps				Las Vegas NV	10/7/2012	X	X	
Merrigan, Jimmy	CA	M	132	OPEN	Pushups for Reps	24	reps				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	55-59	Pushups for Reps	41	reps				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	Pushups for Reps	52	reps				Las Vegas NV	10/13/2013	X	X	
Moylan, Jerry	CA	M	148	OPEN	Pushups for Reps	52	reps				Las Vegas NV	10/13/2013	X	X	
Weinstock, Bill	CA	M	165	65-69	Pushups for Reps	36	reps				Las Vegas NV	10/7/2012	X	X	
Sun, Shu Chung	CA	M	165	OPEN	Pushups for Reps	80	reps				Laughlin NV	4/7/2013	X	X	
Nunez, Charles	CA	M	181	20-23	Pushups for Reps	60	reps				Corona CA	8/25/2012	X		
Mausisa, Arnel	CA	M	181	55-59	Pushups for Reps	51	reps				Las Vegas NV	10/7/2012	X	X	
Weinstock, Bill	CA	M	181	65-69	Pushups for Reps	34	reps				Laughlin NV	4/7/2013	X	X	
Johnson, Dick	CA	M	181	75-79	Pushups for Reps	23	reps				Las Vegas NV	10/7/2012		X	
Johnson, Dick	CA	M	181	75-79	Pushups for Reps	25	reps				Corona CA	8/25/2012	X		
Mausisa, Arnel	CA	M	181	OPEN	Pushups for Reps	51	reps				Las Vegas NV	10/7/2012		X	
Nunez, Charles	CA	M	181	OPEN	Pushups for Reps	60	reps				Corona CA	8/25/2012	X		
Aquirre, Patrick	CA	M	198	20-23	Pushups for Reps	39	reps				Laughlin NV	4/7/2013	X	X	
Reuer, Mark	SD	M	198	35-39	Pushups for Reps	40	reps				Las Vegas NV	10/13/2013	X	X	
Nunez, Kevin	CA	M	198	40-44	Pushups for Reps	59	reps				Las Vegas NV	10/13/2013	X	X	
McFadden, Jerry	WV	M	198	50-54	Pushups for Reps	55	reps				Las Vegas NV	10/7/2012	X	X	
Lynch, Jack	CA	M	198	65-69	Pushups for Reps	76	reps				Las Vegas NV	10/7/2012	X	X	
Lynch, Jack	CA	M	198	OPEN	Pushups for Reps	76	reps				Las Vegas NV	10/7/2012	X	X	
Cheatheam, Randy	AZ	M	220	50-55	Pushups for Reps	40	reps				Laughlin NV	4/7/2013	X	X	
Proto, Steven	OK	M	220	OPEN	Pushups for Reps	50	reps				Las Vegas NV	10/7/2012	X	X	
Harris, Matt	CA	M	275	40-44	Pushups for Reps	3	reps				Laughlin NV	4/7/2013	X	X	
Bonneau, Colin	Canada	M	275	65-69	Pushups for Reps	40	reps				Laughlin NV	4/7/2013		X	Canada
Bonneau, Colin	Canada	M	275	OPEN	Pushups for Reps	40	reps				Laughlin NV	4/7/2013		X	Canada
Solleder, John	TX	M	275	OPEN	Pushups for Reps	27	reps				Las Vegas NV	10/13/2013	X		
Sun, Shu Chung	CA	M	ALL	Open Unl	Pushups for Reps	80	reps				Laughlin NV	4/7/2013	X	X	
Divis, Jason	CA	MY	88	8-9	Pushups for Reps	69	reps				Las Vegas NV	10/7/2012	X		
Nunez, Nathan	CA	MY	98	12-13	Pushups for Reps	22	reps				Corona CA	8/25/2012	X		
Nunez, Nathan	CA	MY	114	12-13	Pushups for Reps	25	reps				Laughlin NV	4/7/2013	X	X	
Fraser, Parker	CA	MY	114	12-13	Pushups for Reps	43	reps				Corona CA	8/25/2012	X		
Crofton, Noah	LA	MY	123	12-13	Pushups for Reps	30	reps				Las Vegas NV	10/13/2013	X	X	
Merrell, Levi	OR	MY	132	12-13	Pushups for Reps	56	reps				Las Vegas NV	10/7/2012	X		
Davis, Drew	AZ	MY	132	16-17	Pushups for Reps	40	reps				Las Vegas NV	7/19/2013	X	X	
Mausisa, Joshua	CA	MY	148	16-17	Pushups for Reps	25	reps				Laughlin NV	4/7/2013	X	X	
Ray, Tanner	CA	MY	275	18-19	Pushups for Reps	35	reps				Corona CA	8/25/2012	X		
Hao, YuXin	OH	F	114	45-49	Standing Long Jump	70.50	in				Las Vegas NV	10/13/2013	X	X	
Sneider, Sarah	CA	F	114	65-69	Standing Long Jump	62.50	in				Laughlin NV	4/7/2013	X	X	
Sneider, Sarah	CA	F	114	OPEN	Standing Long Jump	62.50	in				Laughlin NV	4/7/2013	X	X	
Kim, Andrea	CA	F	132	OPEN	Standing Long Jump	76.00	in				Laughlin NV	4/7/2013	X	X	
Miller, Angela	NV	F	148	OPEN	Standing Long Jump	75.75	in				Las Vegas NV	7/15/2012	X	X	
Palmieri, Loy	CA	F	165	40-44	Standing Long Jump	52.50	in				Las Vegas NV	10/7/2012	X		

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Blum, Heather	CA	F	165	55-59	Standing Long Jump	62.50	in				Las Vegas NV	10/13/2013	X	X	
McDole, Dedra	NV	F	165	OPEN	Standing Long Jump	64.50	in				Las Vegas NV	7/15/2012	X	X	
Martinez, Angela	CA	FY	66	6-7	Standing Long Jump	54.50	in				Laughlin NV	4/7/2013	X	X	
Nunez, Emma	CA	FY	66	10-11	Standing Long Jump	47.00	in				Corona CA	8/25/2012	X		
Nunez, Emma	CA	FY	77	10-11	Standing Long Jump	54.50	in				Laughlin NV	4/7/2013	X	X	
Pulpus, India	OH	FY	88	10-11	Standing Long Jump	72.00	in				Detroit MI	7/27/2013	X	X	
Moore, Robyn	MO	FY	97	12-13	Standing Long Jump	83.75	in				Detroit MI	7/27/2013	X	X	
Williams, Olivia	OH	FY	114	10-11	Standing Long Jump	63.75	in				Detroit MI	7/27/2013	X	X	
Gutierrez, Kendra	NV	FY	114	16-17	Standing Long Jump	74.75	in				Las Vegas NV	7/15/2012	X	X	
DeLouche, Shelbey	LA	FY	123	12-13	Standing Long Jump	51.00	in				Las Vegas NV	10/13/2013	X	X	
Gutierrez, Hayley	NV	FY	123	14-15	Standing Long Jump	71.75	in				Las Vegas NV	10/7/2012	X	X	
Perryman, Gabrielle	OH	FY	123	16-17	Standing Long Jump	94.25	in				Detroit MI	7/27/2013	X	X	
Beuscher, Hailey	LA	FY	132	10-11	Standing Long Jump	56.50	in				Las Vegas NV	10/13/2013	X	X	
Martinez, Samantha	CA	FY	132	12-13	Standing Long Jump	62.50	in				Laughlin NV	4/7/2013	X	X	
Perryman, Katelyn	OH	FY	148	12-13	Standing Long Jump	76.75	in				Detroit MI	7/27/2013	X	X	
Martinez, Alyssa	CA	FY	165	10-11	Standing Long Jump	69.50	in				Laughlin NV	4/7/2013	X	X	
Perryman, Gabrielle	OH	FY	ALL	Open Unl	Standing Long Jump	94.25	in				Detroit MI	7/27/2013	X	X	
Dreger, Zeak	CA	M	114	OPEN	Standing Long Jump	79.25	in				Las Vegas NV	10/7/2012	X	X	
Merrigan, Jimmy	CA	M	132	20-23	Standing Long Jump	96.75	in				Las Vegas NV	10/7/2012	X	X	
Merrigan, Jimmy	CA	M	132	OPEN	Standing Long Jump	96.75	in				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	55-59	Standing Long Jump	71.50	in				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	Standing Long Jump	72.00	in				San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	OPEN	Standing Long Jump	71.50	in				Las Vegas NV	10/7/2012		X	
Moylan, Jerry	CA	M	148	OPEN	Standing Long Jump	72.00	in				San Diego CA	11/8/2013	X		
Dukes, Ryan	MI	M	165	20-23	Standing Long Jump	107.50	in				Detroit MI	7/27/2013	X	X	
Weinstock, Bill	CA	M	165	65-69	Standing Long Jump	86.50	in				Las Vegas NV	10/7/2012	X	X	
Dukes, Ryan	MI	M	165	OPEN	Standing Long Jump	107.50	in				Detroit MI	7/27/2013	X	X	
Wells, Chris	LA	M	181	20-23	Standing Long Jump	110.50	in				Las Vegas NV	10/13/2013	X	X	
Mausisa, Arnel	CA	M	181	55-59	Standing Long Jump	84.75	in				Las Vegas NV	10/7/2012	X		
Weinstock, Bill	CA	M	181	65-69	Standing Long Jump	86.00	in				Laughlin NV	4/7/2013	X	X	
Johnson, Dick	CA	M	181	75-79	Standing Long Jump	77.75	in				Corona CA	8/25/2012	X		
Wells, Chris	LA	M	181	OPEN	Standing Long Jump	110.50	in				Las Vegas NV	10/13/2013	X	X	
Singh, Baljit	India	M	198	20-23	Standing Long Jump	98.00	in				Las Vegas NV	10/7/2012		X	India
Nunez, Kevin	CA	M	198	40-44	Standing Long Jump	88.50	in				Corona CA	8/25/2012	X		
Lynch, Jack	CA	M	198	65-69	Standing Long Jump	74.25	in				Laughlin NV	4/7/2013	X	X	
Miller, Chad	NV	M	198	OPEN	Standing Long Jump	92.50	in				Las Vegas NV	7/15/2012	X		
Singh, Baljit	India	M	198	OPEN	Standing Long Jump	98.00	in				Las Vegas NV	10/7/2012		X	India
Homer Jr, Jerry	AZ	M	220	50-54	Standing Long Jump	97.00	in				Laughlin NV	4/7/2013	X	X	
McDole, Zack	NV	M	220	OPEN	Standing Long Jump	108.50	in				Las Vegas NV	7/15/2012	X	X	
McDole, Zack	NV	M	220	OPEN	Standing Long Jump	108.50	in				Las Vegas NV	7/15/2012	X	X	
Harris, Matt	CA	M	275	40-44	Standing Long Jump	80.75	in				Laughlin NV	4/7/2013	X	X	
Solleder, John	TX	M	275	50-54	Standing Long Jump	58.00	in				Las Vegas NV	10/13/2013	X	X	

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McClurg, Loren	CA	M	275	55-59	Standing Long Jump	78.75	in				Las Vegas NV	10/7/2012	X		
Harris, Matt	CA	M	275	OPEN	Standing Long Jump	80.75	in				Laughlin NV	4/7/2013	X	X	
Harris, Matt	CA	M	308	40-44	Standing Long Jump	72.00	in				Corona CA	8/25/2012	X		
Harris, Matt	CA	M	308	OPEN	Standing Long Jump	72.00	in				Corona CA	8/25/2012	X		
Wells, Chris	LA	M	ALL	Open Unl	Standing Long Jump	110.50	in				Las Vegas NV	10/13/2013	X	X	
Crofton, Maximus	LA	MY	66	8-9	Standing Long Jump	69.00	in				Las Vegas NV	10/13/2013	X	X	
Hayes, Kaden	OK	MY	77	10-11	Standing Long Jump	50.75	in				Detroit MI	7/27/2013	X	X	
Divis, Jason	CA	MY	88	8-9	Standing Long Jump	70.25	in				Las Vegas NV	10/7/2012	X		
Longey, Mason	OK	MY	88	12-13	Standing Long Jump	61.00	in				Detroit MI	7/27/2013	X	X	
Nunez, Nathan	CA	MY	97	12-13	Standing Long Jump	74.00	in				Las Vegas NV	10/7/2012		X	
Nunez, Nathan	CA	MY	97	12-13	Standing Long Jump	76.50	in				Corona CA	8/25/2012	X		
DeLouche, Ben	LA	MY	105	8-9	Standing Long Jump	57.25	in				Laughlin NV	4/7/2013	X	X	
DeLouche, Ben	LA	MY	105	10-11	Standing Long Jump	60.00	in				Las Vegas NV	10/13/2013	X	X	
Hairston, Del'Mario	OH	MY	105	12-13	Standing Long Jump	94.50	in				Detroit MI	7/27/2013	X	X	
DeLouche, Ben	LA	MY	114	10-11	Standing Long Jump	62.75	in				Detroit MI	7/27/2013	X	X	
Nunez, Nathan	CA	MY	114	12-13	Standing Long Jump	77.25	in				Laughlin NV	4/7/2013	X	X	
Nunez, Nathan	CA	MY	114	12-13	Standing Long Jump	77.75	in				Las Vegas NV	10/13/2013	X	X	
Gutierrez, Antonio	NV	MY	123	10-11	Standing Long Jump	58.50	in				Las Vegas NV	10/7/2012	X	X	
Crofton, Noah	LA	MY	123	12-13	Standing Long Jump	84.75	in				Detroit MI	7/27/2013	X	X	
Jones, Nick	TX	MY	123	14-15	Standing Long Jump	91.25	in				Detroit MI	7/27/2013	X	X	
Dollar, Sam	LA	MY	123	16-17	Standing Long Jump	87.50	in				Las Vegas NV	10/7/2012	X	X	
Merrell, Levi	OR	MY	132	12-13	Standing Long Jump	87.75	in				Las Vegas NV	10/7/2012	X	X	
Pittman, Evan	IA	MY	132	14-15	Standing Long Jump	97.75	in				Detroit MI	7/27/2013	X	X	
Moore, Alexander	MO	MY	148	12-13	Standing Long Jump	103.75	in				Detroit MI	7/27/2013	X	X	
Natividad, Giancarlo	CA	MY	165	16-17	Standing Long Jump	100.00	in				San Diego CA	11/8/2013	X		
Edwards, Patrick	OK	MY	165	16-17	Standing Long Jump	98.50	in				Detroit MI	7/27/2013		X	
DeLouche, Chris	LA	MY	181	12-13	Standing Long Jump	68.00	in				Las Vegas NV	10/7/2012	X	X	
DeLouche, Chris	LA	MY	198	12-13	Standing Long Jump	73.00	in				Detroit MI	7/27/2013	X	X	
DeLouche, Chris	LA	MY	198	14-15	Standing Long Jump	73.50	in				Las Vegas NV	10/13/2013	X	X	
Stroud, Daniel	MO	MY	220	16-17	Standing Long Jump	59.50	in				Las Vegas NV	7/15/2012	X	X	
Warren, Alex	TX	MY	242	14-15	Standing Long Jump	55.00	in				Detroit MI	7/27/2013	X	X	
Rhodes, Colten	OK	MY	275	18-19	Standing Long Jump	84.75	in				Detroit MI	7/27/2013	X	X	
Brindusan, Diana	CA	F	165	OPEN	Stone Throw	6.45	ft/lb	56.0	56.0	SW	Vista CA	6/9/2013	X		
Brindusan, Diana	CA	F	ALL	Open Unl	Stone Throw	6.45	ft/lb	56.0	56.0	SW	Vista CA	6/9/2013	X		
Martinez, Samantha	CA	FY	148	12-13	Stone Throw	16.30	ft/lb	25.0	17.6		Vista CA	6/9/2013	X		
Martinez, Alyssa	CA	FY	181	12-13	Stone Throw	13.30	ft/lb	25.0	17.6		Vista CA	6/9/2013	X		
Moylan, Jerry	CA	M	148	60-64	Stone Throw	8.95	ft/lb	56.0	56.0	SW	Vista CA	6/9/2013	X		
Moylan, Jerry	CA	M	148	OPEN	Stone Throw	8.95	ft/lb	56.0	56.0	SW	Vista CA	6/9/2013	X		
Mausisa, Arnel	CA	M	181	55-59	Stone Throw	9.10	ft/lb	72.0	72.0	SW	Vista CA	6/9/2013	X		
Mausisa, Arnel	CA	M	181	OPEN	Stone Throw	9.10	ft/lb	72.0	72.0	SW	Vista CA	6/9/2013	X		
Hernandez, Rick	CA	M	198	18-19	Stone Throw	12.00	ft/lb	56.0	56.0	SW	Vista CA	6/9/2013	X		
Hernandez, Rick	CA	M	198	18-19	Stone Throw	12.00	ft/lb	56.0	56.0	SW	Vista CA	6/9/2013	X		

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Hernandez, Rick	CA	M	198	OPEN	Stone Throw	12.00	ft/lb	56.0	56.0	SW	Vista CA	6/9/2013	X		
Harris, Matt	CA	M	275	40-44	Stone Throw	10.15	ft/lb	72.0	72.0	SW	Vista CA	6/9/2013	X		
McClurg, Loren	CA	M	275	55-59	Stone Throw	9.25	ft/lb	72.0	72.0	SW	Vista CA	6/9/2013	X		
Harris, Matt	CA	M	275	OPEN	Stone Throw	10.15	ft/lb	72.0	72.0	SW	Vista CA	6/9/2013	X		
Harris, Matt	CA	M	275	Open Unl	Stone Throw	10.15	ft/lb	72.0	72.0	SW	Vista CA	6/9/2013	X		
Winkler, Andrea	CA	F	105	65-69	Strict Curl	15	kg				Los Angeles CA	1/25/2014	X		
Winkler, Andrea	CA	F	105	OPEN	Strict Curl	15	kg				Los Angeles CA	1/25/2014	X		
Hao, YuXin	CA	F	114	45-49	Strict Curl	27.5	kg				Los Angeles CA	1/25/2014	X		
Hao, YuXin	CA	F	114	OPEN	Strict Curl	27.5	kg				Los Angeles CA	1/25/2014	X		
Foley, Julie	CA	F	132	50-54	Strict Curl	22.5	kg				San Diego CA	11/8/2013	X		
Foley, Julie	CA	F	132	OPEN	Strict Curl	22.5	kg				San Diego CA	11/8/2013	X		
Devaney, Louise Ann	CA	F	148	65-69	Strict Curl	21	kg				Las Vegas NV	10/13/2013	X	X	
Devaney, Louise Ann	CA	F	148	OPEN	Strict Curl	21	kg				Las Vegas NV	10/13/2013	X	X	
Harrison, Ruth	CA	F	165	45-49	Strict Curl	32.5	kg				San Diego CA	11/8/2013	X		
Blum, Heather	CA	F	165	55-59	Strict Curl	32.5	kg				Las Vegas NV	10/13/2013	X	X	
Blum, Heather	CA	F	165	55-59	Strict Curl	32.5	kg				Las Vegas NV	10/13/2013	X	X	
Brindusan, Diana	CA	F	165	OPEN	Strict Curl	15	kg				Vista CA	6/9/2013	X		
Sedova, Mayya	Russia	F	181	35-39	Strict Curl	27.5	kg				San Diego CA	11/8/2013			Russia
Luna, Melissa	CO	F	181	40-44	Strict Curl	40	kg				Las Vegas NV	7/19/2013	X	X	
Meyer-Lee, Kim	CO	F	181	50-54	Strict Curl	35	kg				Las Vegas NV	7/19/2013	X	X	
Mangaoang-Brodine, Fran	WA	F	220	OPEN	Strict Curl	35	kg				Los Angeles CA	1/25/2014	X		
Mangaoang, Juana	WA	F	221	55-59	Strict Curl	30	kg				Los Angeles CA	1/25/2014	X		
Mangaoang, Juana	WA	F	221	OPEN	Strict Curl	30	kg				Los Angeles CA	1/25/2014	X		
Luna, Melissa	CO	F	181	OPEN	Strict Curl	40	kg				Las Vegas NV	7/19/2013	X	X	
Luna, Melissa	CO	F	ALL	Open Unl	Strict Curl	40	kg				Las Vegas NV	7/19/2013	X	X	
Dreger, Zeak	CA	M	114	OPEN	Strict Curl	20	kg				Las Vegas NV	10/7/2012	X	X	
Bor, Angelo	CA	M	148	20-23	Strict Curl	50	kg				Los Angeles CA	1/25/2014	X		
Moylan, Jerry	CA	M	148	55-59	Strict Curl	50	kg				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	Strict Curl	50	kg				Las Vegas NV	10/13/2013	X	X	
Urani, Tom	MO	M	148	65-69	Strict Curl	50	kg				Las Vegas NV	10/13/2013	X	X	
Moylan, Jerry	CA	M	148	OPEN	Strict Curl	50	kg				Las Vegas NV	10/7/2012	X	X	
Drake, Martin	CA	M	165	60-64	Strict Curl	50	kg				Laughlin NV	4/7/2013		X	
Drake, Martin	CA	M	165	60-64	Strict Curl	55	kg				Corona CA	2/2/2013	X		
Campos, Felipe	CA	M	165	35-39	Strict Curl	57.5	kg				Las Vegas NV	7/19/2013	X	X	
Laurel, Mark	CA	M	165	50-54	Strict Curl	45	kg				Las Vegas NV	7/19/2013	X	X	
Drake, Martin	CA	M	165	60-64	Strict Curl	51	kg				Los Angeles CA	1/25/2014	X		
Stern, Richard	CA	M	165	65-69	Strict Curl	46	kg				Las Vegas NV	7/19/2013	X	X	
Campos, Felipe	CA	M	165	OPEN	Strict Curl	57.5	kg				Las Vegas NV	7/19/2013	X	X	
Drake, Martin	CA	M	181	60-64	Strict Curl	52.5	kg				Corona CA	8/25/2012	X		
Gavne, Shawn	CA	M	181	40-44	Strict Curl	45	kg				Las Vegas NV	10/13/2013	X	X	
Mausisa, Arnel	CA	M	181	55-59	Strict Curl	50	kg				Las Vegas NV	10/7/2012	X	X	
Drake, Martin	CA	M	181	60-64	Strict Curl	53	kg				Las Vegas NV	7/19/2013	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Weinstock, Bill	CA	M	181	65-69	Strict Curl	47.5	kg				Las Vegas NV	7/19/2013	X	X	
Johnson, Dick	CA	M	181	75-79	Strict Curl	42.5	kg				Corona CA	8/25/2012	X		
Drake, Martin	CA	M	181	OPEN	Strict Curl	53	kg				Las Vegas NV	7/19/2013	X	X	
Hernandez, Rick	CA	M	198	18-19	Strict Curl	52.5	kg				Vista CA	6/9/2013	X		
Reuer, Mark	SD	M	198	35-39	Strict Curl	55	kg				Las Vegas NV	10/13/2013		X	
Nabhani, Hamid	CA	M	198	35-39	Strict Curl	60	kg				Los Angeles CA	1/25/2014	X		
Nunez, Kevin	CA	M	198	40-44	Strict Curl	55	kg				Las Vegas NV	10/13/2013	X		
Danna, Flávio	BRASIL	M	198	40-44	Strict Curl	68	kg				Las Vegas NV	10/13/2013		X	Brasil
McFadden, Jerry	WV	M	198	50-54	Strict Curl	45	kg				Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	65-69	Strict Curl	58	kg				Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	70-74	Strict Curl	52.5	kg				Los Angeles CA	1/25/2014	X		
Danna, Flávio	BRASIL	M	198	OPEN	Strict Curl	68	kg				Las Vegas NV	10/13/2013		X	Brasil
Nabhani, Hamid	CA	M	198	OPEN	Strict Curl	60	kg				Los Angeles CA	1/25/2014	X		
Harris, Matt	CA	M	220	40-44	Strict Curl	45	kg				Corona CA	2/2/2013	X		
Feeney, Bob	PA	M	220	60-64	Strict Curl	52.5	kg				Las Vegas NV	10/7/2012	X	X	
Proto, Steven	OK	M	220	OPEN	Strict Curl	65.0	kg				Las Vegas NV	10/7/2012	X	X	
Crawford, Phil	CA	M	242	65-69	Strict Curl	47.5	kg				Vista CA	6/9/2013	X		
Smith, Duane	AZ	M	242	75-79	Strict Curl	37.5	kg				Laughlin NV	4/7/2013	X	X	
Meirovitch, Yaniv	Israel	M	242	OPEN	Strict Curl	65	kg				Las Vegas NV	7/19/2013		X	Israel
Harris, Matt	CA	M	275	40-44	Strict Curl	40	kg				Vista CA	6/9/2013	X		
Harris, Matt	CA	M	275	40-44	Strict Curl	45	kg				Laughlin NV	4/7/2013	X	X	
Solleder, John	TX	M	275	50-54	Strict Curl	50	kg				Las Vegas NV	10/13/2013	X	X	
McClurg, Loren	CA	M	275	55-59	Strict Curl	52.5	kg				San Diego CA	11/8/2013	X		
McClurg, Loren	CA	M	275	55-59	Strict Curl	60	kg				Las Vegas NV	10/7/2012	X	X	
Milstadt, Matt	AZ	M	275	OPEN	Strict Curl	52.5	kg				Las Vegas NV	7/19/2013	X	X	
Webber, Mike	Canada	M	308	40-44	Strict Curl	70	kg				Los Angeles CA	1/25/2014			Canada
Webber, Mike	Canada	M	308	OPEN	Strict Curl	70	kg				Los Angeles CA	1/25/2014			Canada
Danna, Flávio	Brasil	M	ALL	Open Unl	Strict Curl	68	kg				Las Vegas NV	10/13/2013		X	Brasil
Proto, Steven	OK	M	ALL	Open Unl	Strict Curl	65	kg				Las Vegas NV	10/7/2012	X		
Webber, Mike	Canada	M	ALL	Open Unl	Strict Curl	70	kg				Los Angeles CA	1/25/2014			Canada
Miller, Shawn	NC	MY	77	10-11	Strict Curl	18.5	kg				Las Vegas NV	7/19/2013	X	X	
Divis, Jason	CA	MY	88	8-9	Strict Curl	20	kg				Las Vegas NV	10/7/2012	X	X	
Miller, Chris	NC	MY	88	12-13	Strict Curl	12	kg				Las Vegas NV	7/19/2013	X	X	
Nunez, Nathan	CA	MY	98	12-13	Strict Curl	20	kg				Las Vegas NV	10/7/2012	X	X	
Nunez, Nathan	CA	MY	114	12-13	Strict Curl	25	kg				Las Vegas NV	10/13/2013	X	X	
Merrell, Levi	OR	MY	132	12-13	Strict Curl	32.5	kg				Las Vegas NV	10/7/2012	X	X	
Ray, Tanner	CA	MY	275	18-19	Strict Curl	65	kg				Las Vegas NV	10/7/2012	X	X	
Hao, YuXin	OH	F	114	45-49	Strict Curls for Reps	6	reps/kg	20.0	20.0	SW	Las Vegas NV	10/13/2013	X	X	
Berti, Angelica	Brasil	F	148	OPEN	Strict Curls for Reps	9	reps/kg	22.5	23.0	SW	Las Vegas NV	10/13/2013		X	Brasil
Blum, Heather	CA	F	165	55-59	Strict Curls for Reps	81	reps/kg	22.5	13.0		Las Vegas NV	10/13/2013	X	X	
Hao, YuXin	OH	F	ALL	Open Unl	Strict Curls for Reps	6	reps/kg	27.5	20.0		Las Vegas NV	10/13/2013	X		
Berti, Angelica	Brasil	F	ALL	Open Unl	Strict Curls for Reps	9	reps/kg	27.5	23.0		Las Vegas NV	10/13/2013		X	Brasil

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Moylan, Jerry	CA	M	148	60-64	Strict Curls for Reps	11	reps/kg	25.0	30.0	SW+20%	Las Vegas NV	10/13/2013	X	X	
Moylan, Jerry	CA	M	148	OPEN	Strict Curls for Reps	11	reps/kg	25.0	30.0	SW+20%	Las Vegas NV	10/13/2013	X	X	
Weinstock, Michael	CA	M	181	OPEN	Strict Curls for Reps	2	reps/kg	42.5	42.5	SW	Las Vegas NV	10/13/2013	X	X	
Reuer, Mark	SD	M	198	35-39	Strict Curls for Reps	7	reps/kg	37.5	45.0	SW+20%	Las Vegas NV	10/13/2013	X	X	
Danna, Flávio	Brasil	M	198	40-44	Strict Curls for Reps	16	reps/kg	35.0	43.0	SW+20%	Las Vegas NV	10/13/2013			Brasil
McFadden, Jerry	WV	M	198	50-54	Strict Curls for Reps	5	reps/kg	32.5	40.0	SW+20%	Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	65-69	Strict Curls for Reps	25	reps/kg	30.0	37.5	SW+20%	Las Vegas NV	10/13/2013	X	X	
Danna, Flávio	Brasil	M	198	OPEN	Strict Curls for Reps	16	reps/kg	35.0	43.0	SW+20%	Las Vegas NV	10/13/2013		X	Brasil
Reuer, Mark	SD	M	198	OPEN	Strict Curls for Reps	7	reps/kg	37.5	45.0	SW+20%	Las Vegas NV	10/13/2013	X		
Solleder, John	TX	M	275	50-54	Strict Curls for Reps	9	reps/kg	37.5	37.5	SW	Las Vegas NV	10/13/2013	X	X	
Solleder, John	TX	M	275	OPEN	Strict Curls for Reps	9	reps/kg	37.5	37.5	SW	Las Vegas NV	10/13/2013	X	X	
Danna, Flávio	Brasil	M	ALL	Open Unl	Strict Curls for Reps	16	reps/kg	45.0	43.0		Las Vegas NV	10/13/2013		X	Brasil
Warren, Alex	TX	MY	242	14-15	Strict Curls for Reps	12	reps/kg	35.0	25.0		Las Vegas NV	10/13/2013	X	X	
Kim, Andrea	CA	F	132	OPEN	Tire Flip (25m)	41.23	sec/lb	115	230	SW+3C	Laughlin NV	4/7/2013	X	X	
Gutierrez, Mandy	NV	F	148	20-23	Tire Flip (25m)	57.19	sec/lb	115	185	SW+2C	Laughlin NV	4/13/2012	X	X	
Miller, Angela	NV	F	148	OPEN	Tire Flip (25m)	52.13	sec/lb	185	185	SW	Laughlin NV	4/13/2012	X	X	
McDole, Dedra	NV	F	165	OPEN	Tire Flip (25m)	53.03	sec/lb	185	185	SW	Laughlin NV	4/13/2012	X	X	
Kim, Andrea	CA	F	ALL	Open Unl	Tire Flip (25m)	41.23	sec/lb	230	230	SW	Laughlin NV	4/7/2013	X	X	
Martinez, Angela	CA	FY	66	6-7	Tire Flip (25m)	44.35	sec/lb	115	115	SW	Laughlin NV	4/7/2013	X	X	
Nunez, Emma	CA	FY	77	10-11	Tire Flip (25m)	43.63	sec/lb	115	50		Laughlin NV	4/7/2013	X	X	
Gutierrez, Hayley	NV	FY	114	12-13	Tire Flip (25m)	58.30	sec/lb	115	185	SW+2C	Laughlin NV	4/13/2012	X	X	
Gutierrez, Kendra	NV	FY	114	14-15	Tire Flip (25m)	56.56	sec/lb	185	185	SW	Laughlin NV	4/13/2012	X	X	
Martinez, Samantha	CA	FY	132	12-13	Tire Flip (25m)	29.03	sec/lb	115	115	SW	Laughlin NV	4/7/2013	X	X	
Martinez, Alyssa	CA	FY	165	10-11	Tire Flip (25m)	30.44	sec/lb	115	115	SW	Laughlin NV	4/7/2013	X	X	
Dreger, Zeak	CA	M	105	OPEN	Tire Flip (25m)	50.90	sec/lb	185	185	SW	Corona CA	2/2/2013	X		
Nunez, Nathan	CA	M	114	12-13	Tire Flip (25m)	30.00	sec/lb	115	115	SW	Laughlin NV	4/7/2013	X	X	
Dreger, Zeak	CA	M	114	OPEN	Tire Flip (25m)	45.66	sec/lb	185	185	SW	Laughlin NV	4/7/2013	X	X	
Moylan, Jerry	CA	M	148	60-64	Tire Flip (25m)	39.90	sec/lb	115	150	SW+1C	Vista CA	6/9/2013	X		
Yaggie, Matt	CA	M	148	OPEN	Tire Flip (25m)	35.18	sec/lb	185	185	SW	Laughlin NV	4/13/2012	X	X	
Perkins, Jim	CA	M	165	55-59	Tire Flip (25m)	50.40	sec/lb	300	300	SW	San Diego CA	11/8/2013	X		
Drake, Martin	CA	M	165	60-64	Tire Flip (25m)	41.85	sec/lb	115	185	SW+2C	Laughlin NV	4/13/2012	X	X	
Weinstock, Bill	CA	M	165	65-69	Tire Flip (25m)	61.03	sec/lb	115	185	SW+2C	Laughlin NV	4/13/2012	X	X	
Yaggie, Matt	CA	M	165	OPEN	Tire Flip (25m)	30.72	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Hendron, Tom	NV	M	181	50-54	Tire Flip (25m)	39.06	sec/lb	185	185	SW	Laughlin NV	4/13/2012	X	X	
Mausisa, Arnel	CA	M	181	55-59	Tire Flip (25m)	38.72	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Weinstock, Bill	CA	M	181	65-69	Tire Flip (25m)	42.88	sec/lb	115	230	SW+3C	Laughlin NV	4/7/2013	X	X	
Weinstock, Bill	CA	M	181	65-69	Tire Flip (25m)	50.90	sec/lb	115	185	SW+2C	Corona CA	2/2/2013	X		
Johnson, Dick	CA	M	181	75-79	Tire Flip (25m)	53.87	sec/lb	115	150	SW+1C	Vista CA	6/9/2013	X		
Johnson, Dick	CA	M	181	75-79	Tire Flip (25m)	37.75	sec/lb	115	115	SW	Laughlin NV	4/7/2013		X	
Johnson, Dick	CA	M	181	75-79	Tire Flip (25m)	35.50	sec/lb	115	115	SW	Corona CA	2/2/2013	X		
Weinstock, Michael Z	CA	M	181	OPEN	Tire Flip (25m)	41.53	sec/lb	300	300	SW	San Diego CA	11/8/2013	X		
Hernandez, Rick	CA	M	198	18-19	Tire Flip (25m)	31.41	sec/lb	185	185	SW	Vista CA	6/9/2013	X		

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Aguirre, Patrick	CA	M	198	20-23	Tire Flip (25m)	29.09	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Nunez, Kevin	CA	M	198	40-44	Tire Flip (25m)	36.06	sec/lb	300	300	SW	San Diego CA	11/8/2013	X		
Nunez, Kevin	CA	M	198	40-44	Tire Flip (25m)	28.00	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Burgess, James	CA	M	198	50-55	Tire Flip (25m)	42.00	sec/lb	185	185	SW	Laughlin NV	4/7/2013	X	X	
Lynch, Jack	CA	M	198	65-69	Tire Flip (25m)	56.19	sec/lb	115	230	SW+3C	Laughlin NV	4/7/2013	X	X	
Sadora, Jason	CA	M	198	OPEN	Tire Flip (25m)	51.34	sec/lb	300	300	SW	San Diego CA	11/8/2013	X		
Haley, Scott	CA	M	198	OPEN	Tire Flip (25m)	25.94	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Weddington, Ron	CA	M	220	45-49	Tire Flip (25m)	29.22	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Thomsen, Jeff	AZ	M	220	55-59	Tire Flip (25m)	32.50	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Weddington, Ron	CA	M	220	OPEN	Tire Flip (25m)	29.22	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Francy, Bo	CA	M	220	OPEN	Tire Flip (25m)	31.79	sec/lb	300	300	SW	San Diego CA	11/8/2013	X		
Harris, Matt	CA	M	275	40-44	Tire Flip (25m)	41.10	sec/lb	185	185	SW	Corona CA	2/2/2013	X		
Harris, Matt	CA	M	275	40-44	Tire Flip (25m)	44.23	sec/lb	175	175	SW	Vista CA	6/9/2013	X		
Harris, Matt	CA	M	275	40-44	Tire Flip (25m)	39.87	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Anderson, Ray	CA	M	275	55-59	Tire Flip (25m)	56.31	sec/lb	300	300	SW	San Diego CA	11/8/2013	X		
Anderson, Ray	CA	M	275	OPEN	Tire Flip (25m)	56.31	sec/lb	300	300	SW	San Diego CA	11/8/2013	X		
Cahill, Jim	MN	M	308	35-39	Tire Flip (25m)	36.34	sec/lb	185	185	SW	Laughlin NV	4/13/2012	X	X	
Cahill, Jim	MN	M	308	OPEN	Tire Flip (25m)	36.34	sec/lb	185	185	SW	Laughlin NV	4/13/2012	X	X	
Madvig, Brad	MN	M	309	35-39	Tire Flip (25m)	36.32	sec/lb	185	185	SW	Laughlin NV	4/13/2012	X	X	
Madvig, Brad	MN	M	309	OPEN	Tire Flip (25m)	36.32	sec/lb	185	185	SW	Laughlin NV	4/13/2012	X	X	
Haley, Scott	CA	M	ALL	Open Unl	Tire Flip (25m)	25.94	sec/lb	185	230	SW+1C	Laughlin NV	4/7/2013	X	X	
Crofton, Maximus	LA	MY	66	8-9	Tire Flip (25m)	48.72	sec/lb	115	50		Laughlin NV	4/7/2013	X	X	
DeLouche, Ben	LA	MY	105	8-9	Tire Flip (25m)	53.37	sec/lb	115	115	SW	Laughlin NV	4/7/2013	X	X	
Gutierrez, Antonio	NV	MY	114	10-11	Tire Flip (25m)	72.76	sec/lb	115	115	SW	Laughlin NV	4/13/2012	X	X	
Nunez, Nathan	CA	MY	114	14-15	Tire Flip (25m)	26.82	sec/lb	115	115	SW	San Diego CA	11/8/2013	X		
Santillan, Antonio	CA	MY	132	8-9	Tire Flip (25m)	53.84	sec/lb	115	115	SW	Laughlin NV	4/13/2012	X	X	
Santillan, Antonio	CA	MY	132	10-11	Tire Flip (25m)	53.53	sec/lb	115	115	SW	Laughlin NV	4/7/2013	X	X	
Weddington, Rock	CA	MY	148	12-13	Tire Flip (25m)	48.06	sec/lb	115	185	SW+1C	Laughlin NV	4/13/2012	X	X	
Mauisisa, Joshua	CA	MY	148	16-17	Tire Flip (25m)	28.75	sec/lb	115	115	SW	Laughlin NV	4/7/2013	X	X	
Weddington, Rock	CA	MY	165	12-13	Tire Flip (25m)	126.00	sec/lb	115	300	SW+4C	Laughlin NV	4/7/2013	X	X	
Wilson, Jacob	CA	MY	181	14-15	Tire Flip (25m)	22.94	sec/lb	115	115	SW	San Diego CA	11/8/2013	X		
Higuera, Mike	AZ	MY	220	16-17	Tire Flip (25m)	37.60	sec/lb	115	185	SW=2C	Laughlin NV	4/13/2012	X	X	
Sneider, Sarah	CA	F	114	65-69	Tire Throw	8.80	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Sneider, Sarah	CA	F	114	OPEN	Tire Throw	8.80	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Brindusan, Diana	CA	F	165	OPEN	Tire Throw	3.90	ft/lb	16	33		Vista CA	6/9/2013	X		
McDole, Dedra	NV	F	165	OPEN	Tire Throw	19.50	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
McDole, Dedra	NV	F	ALL	Open Unl	Tire Throw	19.50	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Martinez, Angela	CA	FY	66	6-7	Tire Throw	5.20	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Nunez, Emma	CA	FY	77	10-11	Tire Throw	6.30	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Weddington, Kenadee	CA	FY	88	10-11	Tire Throw	2.35	ft/lb	16	16		Corona CA	2/2/2013	X		
Martinez, Samantha	CA	FY	132	12-13	Tire Throw	12.95	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Martinez, Alyssa	CA	FY	165	10-11	Tire Throw	14.35	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Nunez, Nathan	CA	M	114	12-13	Tire Throw	13.45	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Moylan, Jerry	CA	M	148	60-64	Tire Throw	11.25	ft/lb	16	33		Vista CA	6/9/2013	X		
Yaggie, Matt	CA	M	148	OPEN	Tire Throw	23.00	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Drake, Martin	CA	M	165	60-64	Tire Throw	26.25	ft/lb	16	16		Corona CA	2/2/2013	X		
Perkins, Jim	CA	M	165	55-59	Tire Throw	21.18	ft/lb	16	16		San Diego CA	11/8/2013	X		
Drake, Martin	CA	M	165	60-64	Tire Throw	29.70	ft/lb	16	16		Laughlin NV	4/13/2012		X	
Weinstock, Bill	CA	M	165	65-69	Tire Throw	29.25	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Yaggie, Matt	CA	M	165	OPEN	Tire Throw	30.55	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Rodriguez, Tony	NV	M	181	40-44	Tire Throw	28.45	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Mausisa, Arnel	CA	M	181	55-59	Tire Throw	13.0	ft/lb	16	33		Vista CA	6/9/2013	X		
Mausisa, Arnel	CA	M	181	55-59	Tire Throw	20.25	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Drake, Martin	CA	M	181	60-64	Tire Throw	38.50	ft/lb	16	16		Solvang CA	8/18/2013	X		
Weinstock, Bill	CA	M	181	65-69	Tire Throw	31.65	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Weinstock, Bill	CA	M	181	OPEN	Tire Throw	31.65	ft/lb	16	16		Laughlin NV	4/7/2013		X	
Drake, Martin	CA	M	181	OPEN	Tire Throw	38.50	ft/lb	16	16		Solvang CA	8/18/2013	X		
Hernandez, Rick	CA	M	198	18-19	Tire Throw	18.8	ft/lb	16	33		Vista CA	6/9/2013	X		
Aguirre, Patrick	CA	M	198	20-23	Tire Throw	52.15	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Nunez, Kevin	CA	M	198	40-44	Tire Throw	41.72	ft/lb	16	16		San Diego CA	11/8/2013	X		
Nunez, Kevin	CA	M	198	40-44	Tire Throw	46.25	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Owen, Mitch	CA	M	198	60-64	Tire Throw	23.81	ft/lb	16	16		San Diego CA	11/8/2013	X		
Lynch, Jack	CA	M	198	65-69	Tire Throw	20.65	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Aguirre, Patrick	CA	M	198	OPEN	Tire Throw	52.15	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Matias, Enrique	CA	M	220	20-23	Tire Throw	15.3	ft/lb	16	33		Vista CA	6/9/2013	X		
Homer Jr, Jerry	AZ	M	220	50-54	Tire Throw	30.35	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Thomsen, Jeff	AZ	M	220	55-59	Tire Throw	30.35	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Thomsen, Jeff	AZ	M	220	OPEN	Tire Throw	30.35	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Weddington, Ron	CA	M	242	45-49	Tire Throw	13.6	ft/lb	16	33		Vista CA	6/9/2013	X		
Weddington, Ron	CA	M	242	OPEN	Tire Throw	13.6	ft/lb	16	33		Vista CA	6/9/2013	X		
Harris, Matt	CA	M	275	40-44	Tire Throw	20.5	ft/lb	16	33		Vista CA	6/9/2013	X		
Harris, Matt	CA	M	275	40-44	Tire Throw	25.80	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Harris, Matt	CA	M	275	40-44	Tire Throw	33.25	ft/lb	16	16		Corona CA	2/2/2013	X		
Gutierrez, Fred	CA	M	275	50-54	Tire Throw	37.05	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Anderson, Ray	CA	M	275	55-59	Tire Throw	33.40	ft/lb	16	16		San Diego CA	11/8/2013	X		
McClurg, Loren	CA	M	275	55-59	Tire Throw	16.0	ft/lb	16	33		Vista CA	6/9/2013	X		
Gutierrez, Fred	CA	M	275	OPEN	Tire Throw	37.05	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Cahill, Jim	MN	M	308	35-39	Tire Throw	41.10	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Cahill, Jim	MN	M	308	OPEN	Tire Throw	41.10	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Aguirre, Patrick	CA	M	ALL	Open Unl	Tire Throw	52.15	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Crofton, Maximus	LA	MY	66	8-9	Tire Throw	5.65	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
DeLouche, Ben	LA	MY	105	8-9	Tire Throw	9.25	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Gutierrez, Antonio	NV	MY	114	10-11	Tire Throw	5.85	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Nunez, Nathan	CA	MY	114	14-15	Tire Throw	16.93	ft/lb	16	16		San Diego CA	11/8/2013	X		

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Santillan, Antonio	NV	MY	132	8-9	Tire Throw	7.90	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Weddington, Rock	CA	MY	148	12-13	Tire Throw	18.95	ft/lb	16	16		Laughlin NV	4/13/2012	X	X	
Gran, Chase	CA	MY	148	14-15	Tire Throw	22.33	ft/lb	16	16		Solvang CA	8/18/2013	X		
Mausisa, Joshua	CA	MY	148	16-17	Tire Throw	24.45	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Wilson, Jacob	CA	MY	181	14-15	Tire Throw	22.00	ft/lb	16	16		San Diego CA	11/8/2013	X		
Carroll, Shannon	CA	MY	198	16-17	Tire Throw	36.67	ft/lb	16	16		Solvang CA	8/18/2013	X		
Knightly, Alex	CA	MY	220	16-17	Tire Throw	31.00	ft/lb	16	16		Solvang CA	8/18/2013	X		
Higuera, Mike	AZ	MY	220	16-17	Tire Throw	27.50	ft/lb	16	16		Laughlin NV	4/13/2012		X	
Higuera, Michael	AZ	MY	242	18-19	Tire Throw	38.90	ft/lb	16	16		Laughlin NV	4/7/2013	X	X	
Burrow, Bonnie	CA	F	105	60-64	Weighted Chinup	119.4	lb				Las Vegas NV	10/7/2012	X	X	
Burrow, Bonnie	CA	F	105	OPEN	Weighted Chinup	119.4	lb				Las Vegas NV	10/7/2012	X	X	
Vicaldo, Justine	CA	F	114	OPEN	Weighted Chinup	147.5	lb				Los Angeles CA	1/25/2014	X		
Farrow, Jason	FL	M	123	55-59	Weighted Chinup	160.9	lb				San Diego CA	11/8/2013	X		
Farrow, Jason	FL	M	123	OPEN	Weighted Chinup	160.9	lb				San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	55-59	Weighted Chinup	224.8	lb				Las Vegas NV	10/7/2012	X	X	
Moylan, Jerry	CA	M	148	60-64	Weighted Chinup	209.5	lb				San Diego CA	11/8/2013	X		
Moylan, Jerry	CA	M	148	OPEN	Weighted Chinup	224.8	lb				Las Vegas NV	10/7/2012	X	X	
Gutierrez, Roberto	NV	M	181	20-23	Weighted Chinup	235.1	lb				Las Vegas NV	7/15/2012	X	X	
Hendron, Tom	NV	M	181	50-54	Weighted Chinup	242.5	lb				Las Vegas NV	7/15/2012	X	X	
DuBose, Paul	OR	M	181	65-69	Weighted Chinup	275.9	lb				Moreno V CA	6/2/2012	X		
Johnson, Dick	CA	M	181	75-79	Weighted Chinup	200.2	lb				Las Vegas NV	10/7/2012		X	
Johnson, Dick	CA	M	181	75-79	Weighted Chinup	200.4	lb				Corona CA	8/25/2012	X		
DuBose, Paul	OR	M	181	OPEN	Weighted Chinup	275.9	lb				Moreno V CA	6/2/2012	X		
Hendron, Tom	NV	M	181	OPEN	Weighted Chinup	242.5	lb				Las Vegas NV	7/15/2012		X	
James, Terrance	CA	M	198	20-23	Weighted Chinup	232.3	lb				Los Angeles CA	1/25/2014	X		
Nunez, Kevin	CA	M	198	40-44	Weighted Chinup	252.9	lb				Las Vegas NV	10/7/2012	X	X	
McFadden, Jerry	WV	M	198	50-54	Weighted Chinup	287.2	lb				Las Vegas NV	10/7/2012	X	X	
Lynch, Jack	CA	M	198	65-69	Weighted Chinup	307.0	lb				Las Vegas NV	10/7/2012	X	X	
Lynch, Jack	CA	M	198	70-74	Weighted Chinup	306.4	lb				Los Angeles CA	1/25/2014	X		
Lynch, Jack	CA	M	198	OPEN	Weighted Chinup	307.0	lb				Las Vegas NV	10/7/2012	X	X	
Agnew, Greg	CA	M	220	35-39	Weighted Chinup	306.7	lb				Las Vegas NV	7/15/2012	X	X	
Agnew, Greg	CA	M	220	OPEN	Weighted Chinup	306.7	lb				Las Vegas NV	7/15/2012	X	X	
Howerton, Sinjin	FL	M	275	20-23	Weighted Chinup	332.5	lb				Las Vegas NV	7/15/2012	X	X	
McClurg, Loren	CA	M	275	55-59	Weighted Chinup	300.5	lb				Las Vegas NV	10/7/2012	X	X	
Howerton, Sinjin	FL	M	275	OPEN	Weighted Chinup	332.5	lb				Las Vegas NV	7/15/2012	X	X	
Howerton, Sinjin	FL	M	ALL	Open Unl	Weighted Chinup	332.5	lb				Las Vegas NV	7/15/2012	X	X	
Divis, Jason	CA	MY	88	8-9	Weighted Chinup	119.0	lb				Las Vegas NV	10/7/2012	X	X	
Merrell, Levi	OR	MY	132	12-13	Weighted Chinup	177.4	lb				Las Vegas NV	10/7/2012	X	X	
Davis, Drew	AZ	MY	132	16-17	Weighted Chinup	207.8	lb				Las Vegas NV	7/19/2013	X	X	
Chevious, Michael	CA	MY	148	12-13	Weighted Chinup	160.3	lb				Los Angeles CA	1/25/2014	X		
Sneider, Sarah	CA	F	114	65-69	Weighted Pullup	110.2	lb				Laughlin NV	4/7/2013	X	X	
Sneider, Sarah	CA	F	114	OPEN	Weighted Pullup	110.2	lb				Laughlin NV	4/7/2013	X	X	

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
Ruiz, Jesse	CA	M	148	20-23	Weighted Pullup	260.4	lb				Los Angeles CA	1/25/2014	X		
Moylan, Jerry	CA	M	148	60-64	Weighted Pullup	209.7	lb				Las Vegas NV	10/13/2013	X	X	
Moylan, Jerry	CA	M	148	OPEN	Weighted Pullup	209.7	lb				Las Vegas NV	10/13/2013		X	
Ruiz, Jesse	CA	M	148	OPEN	Weighted Pullup	260.4	lb				Los Angeles CA	1/25/2014	X		
Longley, Damien	NV	M	165	OPEN	Weighted Pullup	312.4	lb				Las Vegas NV	10/7/2012	X	X	
Wells, Chris	LA	M	181	20-23	Weighted Pullup	261.3	lb				Las Vegas NV	10/13/2013	X	X	
Mausisa, Arnel	CA	M	181	55-59	Weighted Pullup	229.5	lb				Las Vegas NV	10/7/2012	X	X	
Weinstock, Bill	CA	M	181	65-69	Weighted Pullup	230.1	lb				Las Vegas NV	7/15/2012	X	X	
Wells, Chris	LA	M	181	OPEN	Weighted Pullup	261.3	lb				Las Vegas NV	10/13/2013	X	X	
Aguirre, Patrick	CA	M	198	20-23	Weighted Pullup	231.5	lb				Laughlin NV	4/7/2013	X	X	
Nunez, Kevin	CA	M	198	40-44	Weighted Pullup	252.2	lb				Laughlin NV	4/7/2013	X	X	
McFadden, Jerry	WV	M	198	50-54	Weighted Pullup	304.6	lb				Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	65-69	Weighted Pullup	318.5	lb				Las Vegas NV	10/13/2013	X	X	
Lynch, Jack	CA	M	198	OPEN	Weighted Pullup	318.5	lb				Las Vegas NV	10/13/2013	X	X	
Proto, Steven	OK	M	220	OPEN	Weighted Pullup	405.6	lb				Las Vegas NV	10/7/2012	X	X	
Proto, Steven	OK	M	ALL	Open Unl	Weighted Pullup	405.6	lb				Las Vegas NV	10/7/2012	X	X	
Crofton, Noah	LA	MY	105	12-13	Weighted Pullup	126.1	lb				Laughlin NV	4/7/2013	X	X	
Crofton, Noah	LA	MY	123	12-13	Weighted Pullup	167.8	lb				Las Vegas NV	10/13/2013	X	X	
Perkins, Jim	CA	M	165	55-59	Wheelbarrow Race (50m)	23.85	sec/lb	300	300		San Diego CA	11/8/2013	X		
Perkins, Jim	CA	M	165	OPEN	Wheelbarrow Race (50m)	23.85	sec/lb	300	300		San Diego CA	11/8/2013	X		
Drake, Martin	CA	M	181	60-64	Wheelbarrow Race (50m)	25.84	sec/lb	300	300		San Diego CA	11/8/2013	X		
Weinstock, Bill	CA	M	181	65-69	Wheelbarrow Race (50m)	26.20	sec/lb	300	300		San Diego CA	11/8/2013	X		
Drake, Martin	CA	M	181	OPEN	Wheelbarrow Race (50m)	25.84	sec/lb	300	300		San Diego CA	11/8/2013	X		
Nunez, Kevin	CA	M	198	40-44	Wheelbarrow Race (50m)	22.35	sec/lb	400	400		San Diego CA	11/8/2013	X		
Owen, Mitch	CA	M	198	60-64	Wheelbarrow Race (50m)	18.65	sec/lb	300	300		San Diego CA	11/8/2013	X		
Nunez, Kevin	CA	M	198	OPEN	Wheelbarrow Race (50m)	22.35	sec/lb	400	400		San Diego CA	11/8/2013	X		
Francy, Bo	CA	M	220	OPEN	Wheelbarrow Race (50m)	20.37	sec/lb	500	500		San Diego CA	11/8/2013	X		
Anderson, Ray	CA	M	275	55-59	Wheelbarrow Race (50m)	38.31	sec/lb	400	400		San Diego CA	11/8/2013	X		
Anderson, Ray	CA	M	275	OPEN	Wheelbarrow Race (50m)	38.31	sec/lb	400	400		San Diego CA	11/8/2013	X		
Nunez, Nathan	CA	MY	114	14-15	Wheelbarrow Race (50m)	29.28	sec/lb	100	200		San Diego CA	11/8/2013	X		
Wilson, Jacob	CA	MY	181	14-15	Wheelbarrow Race (50m)	19.53	sec/lb	200	200		San Diego CA	11/8/2013	X		

Note:

Records in bold type were set at the most recent meet on Jan. 25-26, 2014 at Fit Expo Southern California

Divisions

M=Male (age 20+)

MY=Male Youth (age 6-17)

F=Female (age 20+)

FY=Female Youth (age 6-17)

AR = American Record, set by Americans in any AAU meet

RECORDS LIST THROUGH JAN 26, 2014--AAU FEATS OF STRENGTH

Name	State	Division ^a	Wt Class (lb)	Age Group	Event	Result	Units ^b	Std Wt	Wt Used	% above SW	Location	Date	AR	WR	NR
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WR = World Record. Can be set at any world or international championship, including the AAU FOS World Championships and the North American Championships

NR = National Record for the country represented other than USA..

NMR = National Meet Record. Note: Starting Jan. 25, 2014, Americans may set American National Records only at AAU FOS National Championship meets.

OPEN = Record for anyone age 24-34 and anyone else choosing to compete in the OPEN (age 24-34) age group instead of their own.

OPEN Unl = OPEN Unlimited age weight/age record for either males or females.

b Units:

in = inches

ft = feet

lb = pounds

rep/kg = number of reps/barbell weight (kg)

Farmer's Walk: sec/lb = time (sec)/weight of each handle (lb)

Tire Throw: ft/lb = distance thrown (ft)/tire weight (lb)

Farmer's Walk: ft/lb = distance traveled (ft)/weight of each handle (lb)

Bench Presses for Reps & Deadlift for Reps: reps/kg = number of reps/barbell weight (kg)

SW+20% = 20% above Standard Weight

SW+3C = 3 Standard Weight Increments above Standard Weight

OPEN = Open record in the indicated weight class (i.e. all ages, men or women)

OPEN Unl = Open unlimited record (all weight classes, all ages)

BEST OPEN LIFTERS
for Each Event by Harder Point Total
AAU Feats of Strength National Championships, Jan. 25-26, 2014

Notes:

1. Only superior first place OPEN performances (290+ OPEN Harder Points) are listed.
2. For OPEN scoring, bodyweight is factored only for the Weighted Pullup and Orangutan Hang events. Age is not factored for any of the events.

WOMEN

Event 3. Power Clean

F34 220-lb Class **Francesca Mangaoang-Brodine**, 70 kg (4th attempt), 548 OPEN Harder Points

Event 4. Strict Curl

F34 220-lb Class **Francesca Mangaoang-Brodine**, 35 kg, 367 OPEN Harder Points

Event 6. Deadlift for Reps

F27 114-lb Class **Justine Vicaldo**, 21 reps @ 82.5 kg (38% above Standard Weight), 392 OPEN Harder Points

Event 7. Overhead Press

F36 123-lb Class **Michelle Kempner**, 65 kg, 290 OPEN Harder Points

Event 8. Deadlift Lockout

F34 220-lb Class **Francesca Mangaoang-Brodine**, 215 kg, 325 OPEN Harder Points

MEN

Event 1. Weighted Pullup

M70 198-lb Class **Jack Lynch**, 306.4 lb, 466 OPEN Harder Points

Event 2. Bench Press for Reps

M41 SHW **Chris Taylor**, 16 reps @ 110 kg (10% above Standard Weight), 452 OPEN Harder Points

Event 3. Power Clean

M62 165-lb Class **Martin Drake**, 67.5 kg, 346 OPEN Harder Points

Event 4. Strict Curl

M43 275-lb Class **Mike Webber**, 70 kg, 528 OPEN Harder Points

Event 5. Orangutan Hang

M32 275-lb **Timothy Pasken**, 63 seconds, 394 OPEN Harder Points

Event 6. Deadlift for Reps

M31 220-lb Class **Steve Melero**, 30 reps @ 187.5 kg (29% above Standard Weight), 885 OPEN Harder Points

Event 7. Overhead Press

M30 220-lb Class **Perry Mabalot**, 115 kg, 396 OPEN Harder Points

Event 8. Deadlift Lockout

M22 220-lb Class **Joe Hardy**, 342.5 kg, 379 OPEN Harder Points