

## Dia de los Ninos Feats of Strength Showdown April 30, 2024

Name	Gender	Age	Weight kg	Weight Class	Event	Standard Wt. kg	Weight Used kg	Results by Units	Total Volume kg	Volume Coefficient
Markus Esparza	Male	16	74.39	Light	Deadlift for Reps	90.0	85.0	35 reps	2,975	39.99
Evelyn Moore	Female	13	49.44	Fly	Deadlift for Reps	30.0	40.0	33 reps	1,320	26.70
Isabel Alvarado	Female	16	51.26	Fly	Deadlift for Reps	35.0	45.0	30 reps	1,350	26.34
Carlos Lopez	Male	12	78.02	Middle	Deadlift for Reps	75.0	50.0	36 reps	1,800	23.07
Ethan Cruse-Smith	Male	13	54.88	Light	Deadlift for Reps	60.0	30.0	41 reps	1,230	22.41
Analea Garity	Female	8	23.59	Bantam	Deadlift for Reps	10.0	17.0	30 reps	510	21.62
Josh Esparza	Male	17	87.09	Middle	Deadlift for Reps	110.0	50.0	35 reps	1,750	20.09
Juliana Vasquez	Female	13	57.61	Light	Deadlift for Reps	37.5	35.0	33 reps	1,155	20.05
Brianna Bowens	Female	10	54.43	Light	Deadlift for Reps	30.0	35.0	29 reps	1,015	18.65
Arturo Delgado	Male	13	72.12	Light	Deadlift for Reps	60.0	40.0	31 reps	1,240	17.19
Anthony Casillo	Male	12	89.36	Middle	Deadlift for Reps	75.0	50.0	30 reps	1,500	16.79
Luis Diaz	Male	13	97.52	Middle	Deadlift for Reps	75.0	70.0	23 reps	1,610	16.51
Briana Vasquez	Female	13	61.69	Light	Deadlift for Reps	37.5	35.0	26 reps	910	14.75
Louden Major	Male	13	113.40	Heavy	Deadlift for Reps	90.0	45.0	24 reps	1,080	9.52
Liliana Layman	Female	7	39.46	Bantam	Deadlift for Reps	10.0	22.0	17 reps	374	9.48
Iliana Solano	Female	10	46.72	Fly	Deadlift for Reps	22.5	17.0	26 reps	442	9.46
Jackie Padilla	Female	13	82.55	Middle	Deadlift for Reps	45.0	75.0	10 reps	750	9.08
Mia Leon	Female	14	96.62	Heavy	Deadlift for Reps	47.5	40.0	20 reps	800	8.28
Kensi Cobb	Female	12	49.44	Fly	Deadlift for Reps	30.0	40.0	10 reps	400	8.09
Perla Avila	Female	17	57.15	Light	Deadlift for Reps	55.0	17.0	22 reps	374	6.54
Jordan Harris	Male	14	74.84	Light	Deadlift for Reps	75.0	17.0	21 reps	357	4.77
Ethan Cruse-Smith	Male	13	54.88	Light	25m Farmers Walk	22.5	21.5	11.1 seconds	3.87	0.071
Evelyn Moore	Female	13	49.44	Fly	25m Farmers Walk	10.0	21.5	12.8 seconds	3.36	0.068
Anthony Casillo	Male	12	89.36	Middle	25m Farmers Walk	22.5	21.5	7.5 seconds	5.73	0.064
Kensi Cobb	Female	12	49.44	Fly	25m Farmers Walk	10.0	11.5	9.5 seconds	2.42	0.049
Iliana Solano	Female	10	46.72	Fly	25m Farmers Walk	7.9	11.5	11.8 seconds	1.95	0.042
Analea Garity	Female	8	23.59	Bantam	25m Farmers Walk	7.9	6.5	14.3 seconds	0.91	0.039
Carlos Lopez	Male	12	78.02	Middle	25m Farmers Walk	22.5	21.5	14.5 seconds	2.97	0.038
Luis Diaz	Male	13	97.52	Middle	25m Farmers Walk	35.0	21.5	12.2 seconds	3.54	0.036
Jackie Padilla	Female	13	82.55	Middle	25m Farmers Walk	15.0	21.5	15.1 seconds	2.85	0.035
Louden Major	Male	13	113.40	Heavy	25m Farmers Walk	22.5	21.5	11.5 seconds	3.74	0.033
Liliana Layman	Female	7	39.46	Bantam	25m Farmers Walk	7.9	6.5	10 seconds	1.3	0.033
Jordan Harris	Male	14	74.84	Light	25m Farmers Walk	35.0	21.5	17.5 seconds	2.38	0.032
Briana Vasquez	Female	13	61.69	Light	25m Farmers Walk	10.0	10.0	11 seconds	1.82	0.030
Juliana Vasquez	Female	13	57.61	Light	25m Farmers Walk	10.0	10.0	12.1 seconds	1.65	0.029
Brianna Bowens	Female	10	54.43	Light	25m Farmers Walk	10.0	11.5	15.7 seconds	1.46	0.027
Mia Leon	Female	14	96.62	Heavy	25m Farmers Walk	15.0	11.5	12.2 seconds	1.89	0.020
Markus Esparza	Male	16	74.39	Light	Bench for Reps	50.0	21.0	51 reps	1,071	14.40
Ethan Cruse-Smith	Male	13	54.88	Light	Bench for Reps	35.0	11.0	64 reps	704	12.83
Josiah Hernandez	Male	13	82.10	Middle	Bench for Reps	45.0	20.0	47 reps	940	11.45
Evelyn Moore	Female	13	49.44	Fly	Bench for Reps	17.5	17.5	30 reps	525	10.62
Isabel Alvarado	Female	16	51.26	Fly	Bench for Reps	25.0	11.0	48 reps	528	10.30
Josh Esparza	Male	17	87.09	Middle	Bench for Reps	75.0	21.0	40 reps	840	9.65
Analea Garity	Female	8	23.59	Bantam	Bench for Reps	7.5	7.5	30 reps	225	9.54
Brianna Bowens	Female	10	54.43	Light	Bench for Reps	17.5	17.5	29 reps	507.5	9.32

Luis Diaz	Male	13	97.52	Middle	Bench for Reps	45.0	21.0	4 reps	882	9.04
Triton McKenzie	Male	14	95.25	Middle	Bench for Reps	60.0	21.0	40 reps	840	8.82
Jesus Romero Jr.	Male	15	91.63	Middle	Bench for Reps	60.0	21.0	37 reps	777	8.48
Will Salazar	Male	15	73.48	Light	Bench for Reps	45.0	17.0	36 reps	612	8.33
Iliana Solano	Female	10	46.72	Fly	Bench for Reps	15.0	9.0	42 reps	378	8.09
Juliana Vasquez	Female	13	57.61	Light	Bench for Reps	20.0	10.0	44 reps	440	7.64
Carlos Lopez	Male	12	78.02	Middle	Bench for Reps	45.0	20.0	29 reps	580	7.43
Liliana Layman	Female	7	39.46	Bantam	Bench for Reps	7.5	7.5	38 reps	285	7.22
Briana Vasquez	Female	13	61.69	Light	Bench for Reps	20.0	10.0	42 reps	420	6.81
Kensi Cobb	Female	12	49.44	Fly	Bench for Reps	17.5	11.0	25 reps	275	5.56
Louden Major	Male	13	113.40	Heavy	Bench for Reps	50.0	20.0	30 reps	600	5.29
Anthony Casillo	Male	12	89.36	Middle	Bench for Reps	45.0	21.0	20 reps	420	4.70
Jordan Harris	Male	14	74.84	Light	Bench for Reps	45.0	17.0	20 reps	340	4.54
Perla Avila	Female	17	57.15	Light	Bench for Reps	35.0	10.0	11 reps	110	1.92
Evelyn Moore	Female	13	49.44	Fly	Power Cleans for Reps	17.5	17.5	31 reps	542.5	10.97
Isabel Alvarado	Female	16	51.26	Fly	Power Cleans for Reps	30.0	17.5	30 reps	525	10.24
Brianna Bowens	Female	10	54.43	Light	Power Cleans for Reps	17.5	17.5	23 reps	402.5	7.39
Analea Garity	Female	8	23.59	Bantam	Power Cleans for Reps	7.5	6.0	29 reps	174	7.38
Markus Esparza	Male	16	74.39	Light	Power Cleans for Reps	50.0	30.0	18 reps	540	7.26
Liliana Layman	Female	7	39.46	Bantam	Power Cleans for Reps	7.5	9.0	32 reps	279	7.07
Kensi Cobb	Female	12	49.44	Fly	Power Cleans for Reps	17.5	10.0	32 reps	320	6.47
Anthony Casillo	Male	12	89.36	Middle	Power Cleans for Reps	45.0	20.0	27 reps	540	6.04
Juliana Vasquez	Female	13	57.61	Light	Power Cleans for Reps	20.0	10.0	33 reps	330	5.73
Josh Esparza	Male	17	87.09	Middle	Power Cleans for Reps	55.0	20.0	24 reps	480	5.51
Will Salazar	Male	15	73.48	Light	Power Cleans for Reps	45.0	20.0	18 reps	360	4.90
Luis Diaz	Male	13	97.52	Middle	Power Cleans for Reps	50.0	20.0	23 reps	460	4.72
Briana Vasquez	Female	13	61.69	Light	Power Cleans for Reps	20.0	10.0	29 reps	290	4.70
Jesus Romero Jr.	Male	15	91.63	Middle	Power Cleans for Reps	55.0	20.0	21 reps	420	4.58
Perla Avila	Female	17	57.15	Light	Power Cleans for Reps	37.5	6.0	35 reps	210	3.67
Ethan Cruse-Smith	Male	13	54.88	Light	Overhead Press for Reps	30.0	15.0	32 reps	480	8.75
Evelyn Moore	Female	13	49.44	Fly	Overhead Press for Reps	12.5	15.0	28 reps	420	8.49
Isabel Alvarado	Female	16	51.26	Fly	Overhead Press for Reps	17.5	17.5	24 reps	420	8.19
Analea Garity	Female	8	23.59	Bantam	Overhead Press for Reps	7.5	6.0	27 reps	162	6.87
Louden Major	Male	13	113.40	Heavy	Overhead Press for Reps	40.0	20.0	31 reps	610	5.38
Will Salazar	Male	15	73.48	Light	Overhead Press for Reps	35.0	20.0	19 reps	380	5.17
Anthony Casillo	Male	12	89.36	Middle	Overhead Press for Reps	35.0	20.0	23 reps	460	5.15
Markus Esparza	Male	16	74.39	Light	Overhead Press for Reps	40.0	20.0	17 reps	340	4.57
Josh Esparza	Male	17	87.09	Middle	Overhead Press for Reps	45.0	15.0	26 reps	390	4.48
Liliana Layman	Female	7	39.46	Bantam	Overhead Press for Reps	7.5	6.0	28 reps	168	4.26
Iliana Solano	Female	10	46.72	Fly	Overhead Press for Reps	10.0	6.0	33 reps	198	4.24
Briana Vasquez	Female	13	61.69	Light	Overhead Press for Reps	15.0	10.0	23 reps	230	3.73
Juliana Vasquez	Female	13	57.61	Light	Overhead Press for Reps	15.0	10.0	21 reps	210	3.65
Arturo Delgado	Male	13	72.12	Light	Overhead Press for Reps	30.0	15.0	17 reps	255	3.54
Jordan Harris	Male	14	74.84	Light	Overhead Press for Reps	35.0	20.0	13 reps	260	3.47
Perla Avila	Female	17	57.15	Light	Overhead Press for Reps	25.0	6.0	33 reps	198	3.46