AAU Taekwondo
Recap of TRC Rule Changes for 2021 Competition Year

Rule changes are reviewed and voted on by the TRC (Technical Rules Committee) every year. The TRC is made up of the TRC Chair, all Regional Directors, the CRC (Chief Referee Committee, and the top 10 district directors based on AAU membership numbers for the district. The rules are ratified at convention during convention years. During non-convention years the Executive Committee ratifies the rules changes until the next convention year.

**General**

1. Ring size for point sparring should be 6 meters by 6 meters, although local tournament directors can use other sizes if the venue or mats being used do not accommodate this size. **Rationale:** New point sparring format does not work with larger ring size.

2. Ring size requirements for all other types of competition remain unchanged. **Rationale:** Some events do not have the option due to space or mat types to one ring only for point sparring.

**Point Sparring**

1. Each coach will be allowed one 10-second time out for each match by raising their hand and calling “TIME”, this request can ONLY be granted during a break in action to call for points for either player. Coaches cannot call “Time” during active match play. **Rationale:** There is no second round and 30-second break to give coaching advice. This allows a coach to give strategic advice to their player without the other player and coach hearing.

2. The penalty of ‘flailing with the hand to the head’ was removed. **Rationale:** Flailing shouldn’t happen as the match should be stopped when the first attack hit the target.

**Olympic Sparring**

1. When using PSS equipment, if a match is tied and *woo-si-girok* is announced, the Referee will also cast a vote. The vote will be cast using paper or hand signals. Controllers were removed as a method of casting votes. **Rationale:** It was felt the Referee and person closest to the action should have a voice in breaking a tie. Controllers were removed from voting as the PSS equipment does not support this function.

2. When using IVR (Instant video replay) ‘Removal of points from own player’ was added as an option for a coach to challenge a call. **Rationale:** As removal of points has a major effect on a match, a coach should have the ability to challenge when points are removed from their player.
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Recap of TRC Policy Changes for 2021 Competition Year

The Executive Committee is responsible for maintaining and updating the policy section of the AAU Taekwondo Handbook. Most of the policy changes below were made to reflect the current interpretation of the rules and have been in use for the past year.

**Policy Change #1**
Put wording into the handbook that identifies the purpose of the Executive Committee, including updating and maintaining AAU Taekwondo policy.

**Policy Change #2**
This change removed ‘policy change’ from the responsibility of the TRC.

**Policy Change #3**
The previous description of who conducts a contest was changed from ‘one Referee, three judges and a Team Leader’ to ‘one Referee, two or three judges and a Team Leader’.

**Policy Change #4**
The process of how a Referee breaks the competition and calls for points has been changed to reflect the faster way that the point sparring matches are run. The corner judge will kihap and extend their flags if they see a point. On the Referee’s *kal-yeo* command (the corners no longer wait for the ‘judges, call’ command), the corners will turn their flags indicating who they saw get points and extend 1, 2, or 3 fingers indicating how many points they saw. At the same time the Referee will also immediately show their choice of player and points. On confirming points were scored, the Referee will return to the center and call those points to the head table.

**Policy Change #5**
When using 3 judges, be positioned in an equilateral triangle, one on each front corner and one between the two remaining corners. When using two judges they will be positioned one at a front corner of the ring and the other at the opposite corner in rear of the ring.

**Policy Change #6**
The section stating that the timekeeper does not stop the clock when the Referee begins an eight count was removed. It was also clarified that the timekeeper stops the clock one second after the Referee’s *kal-yeo* command not on the Referee’s order to stop the clock.

**Policy Change #7**
The set date for rule change proposals to be submitted was changed so that the TRC Chair would be responsible to advise the TRC when the date will be for each year.

**Policy Change #8**
The additional office of National Vice Chair was added to the Handbook along with the responsibilities of that office.