



2021 NATIONAL AAU YOUTH & ADULT TAEKWONDO CHAMPIONSHIP

July 4-10, 2021

The MGM Grand Hotel & Casino - Las Vegas, NV

[Click Here to Book Now](#)

INFORMATION SHEET

ATHLETE ARRIVAL: Please consult the Schedule of Events to determine which day you MUST arrive. Check-in/weigh-ins have been scheduled over several days to ensure that your stay is as convenient as possible.

| ENTRY FEES | | | |
|------------------------|---|---|---|
| # of Events | Early Registration April 20 th – May 21 st | Regular Registration May 22 nd – June 4 th | Late Registration June 5 th – June 17 th |
| 1 Individual Event | \$149 | \$179 | \$279 |
| Each Additional Event | \$29 | \$29 | \$29 |
| Team Form or Demo Team | \$159 | \$189 | \$289 |
| Sport Poomsae Pairs | \$159 | \$189 | \$289 |
| Sport Poomsae Team | \$159 | \$189 | \$289 |

| CREDENTIAL FEES | |
|---|---|
| Official's Refresher Course & Credentials | FREE (Via Online Registration) |
| Coaches Credentials | \$100.00 (Via Online Regular Registration) |

If you plan to coach at all during this event, you must register and pay for a coach's credentials.

Please Note: In order to coach this event, you must have been previously certified (in 2021 competition year) through our online certification course and be able to prove it! **This course may be accessed through our web site aautaekwondo.org. On home page under rules tab, click on COACHES CERTIFICATION.**

All officials (currently certified) who wish to work the National Championship MUST be individual members of AAU and attend the national clinic.

All applications must be processed through our ONLINE REGISTRATION SYSTEM located at [Click Here](#) AND **completed no later than Thursday, June 17th, 2021 at 11:59 PM Eastern Standard Time (EST).**

| SPECTATOR TICKETS | | | |
|--|--------------------------------|------------|-------------|
| Ticket Type | | In Advance | At the Door |
| Adult Tickets (12 and Older) | One Day Pass | \$20 | \$25 |
| | All Event Pass | \$80 | \$100 |
| Youth Ticket (6-11) | One Day Pass | \$10 | \$15 |
| | All Event Pass | \$40 | \$60 |
| 5 and Under | One Day Pass or All Event Pass | FREE! | FREE! |
| Coaches Hospitality Area (FREE with Platinum Elite Networking Membership) | One Day Pass | \$25 | |
| | All Event Pass | \$100 | |

**PAYMENT/
REGISTRATION
INFO:**

Until your registration fee is actually paid; the individual athlete or coach IS NOT REGISTERED to participate. Regardless of when you actually begin the registration process, you must complete the transaction by the aforementioned deadline date(s) or late fees/disqualification will apply.

When completing your application, be sure to give the correct weight, and rank **as of the date(s) of competition**. It is your responsibility to ensure that your weight matches the weight class you listed on your application--failure to make weight will result in a change in division and a Fee will apply. **If any corrections to your application ARE accepted at check-in, a \$40 Change Order Fee will be assessed—CASH ONLY!**

**AGE DETERMINING
DATE:**

Athletes shall be placed in the appropriate AGE category based on their age as of **December 31, 2021** (AAU Taekwondo's Age Determining Date). Cadet and Junior athletes MAY be required to show a **copy** of their birth certificate or passport at check-in. Please be sure to bring yours in order to avoid a potential disqualification.

AAU TEAMS

FOR OUR OLYMPIC SPARRING COMPETITORS: The Mini-Cadet (10-11) Teams shall be established at the National Championship by virtue of capturing the 1st Place Gold Medal in single elimination competition.

Mini-Cadet Team Members will be invited to train and travel with the National Teams at their own expense.

The top four finishers in the Cadet (12-14), Junior (15-17) and Senior (18-32) Black Belt divisions will be invited to Team Trials at the **2021 AAU Junior Olympic Games** along with the current member of that team to compete under international rules (regarding a kick to the head) for the Team Member slot.

For those Black Belts competing in the Olympic Sparring Divisions, everyone must compete in the age category befitting their age according to our Age Determining Date. Fourteen-year olds must compete as 12-14-year olds at the National Championship AND if you place in the top, four spots you will be invited to the 12-14-year-old Cadet Team Trials. Should you turn 15 in 2021 you will be invited to travel with the Junior Team at that time.

NEW: Executive (33+) Black Belt Olympic Sparring Team shall be determined at the National Championship by virtue of capturing the 1st Place Gold Medal in single elimination competition.

New: All current team members will be required to compete at Nationals in order to be eligible for a Team Trials invitation. However, their placement at Nationals will not interfere with their ability to be invited.

FOR OUR POINT SPARRING COMPETITORS: All Point Sparring Teams shall be determined at the National Championship by virtue of capturing the 1st Place Gold Medal in single elimination competition.

FOR OUR SPORT POOMSAE COMPETITORS: All Sport Poomsae Team Members shall be determined at the National Championship by virtue of capturing the 1st Place Gold Medal in the Individual Recognized division.

AAU MEMBERSHIP:

All athletes, coaches, and officials MUST be individual members of the AAU and be prepared to present their membership card at the time of their check-in.

- ELIGIBILITY:** Due to the pandemic, the 2021 AAU Nationals will be an open competition with NO qualification will be required.
- RULES:** The AAU Taekwondo Rules, as posted on the AAU Taekwondo Web Site, shall govern this event. All officials and coaches participating in the National Championship must have completed the 2021 AAU Certification process and be duly certified to perform same by the AAU Taekwondo Committee. All officials must also have in their possession the current rulebook. You may download these rules FREE at www.aautaekwondo.org.
- EQUIPMENT & UNIFORM REQUIREMENTS:** Please refer to the proper pages in the **2021 AAU Taekwondo Rulebook** for the mandatory and optional equipment requirements for point sparring and Olympic Sparring respectively. No exceptions!
- PSS SYSTEM:** **The KPnP PSS System will be used in Olympic Style all 10 & Up advanced and Black Belt divisions.** All competitor's must provide their own sensor socks. To purchase the most current socks, please visit www.mykick.com.
- AWARDS:** National AAU Championship medals will be awarded to the top four (4) places in each division.
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NEW FOR 2021 - AAU Indomitable Spirit Award

Here is some great news about an exciting achievement award that every athlete can earn at the 2021 AAU National Championships in Las Vegas!

The AAU Indomitable Spirit Award is given to recognize each of those athletes who put forth an extra effort by becoming involved and competing in a variety of events and activities. This prestigious new award is earned by those athletes that compete in five or more events at the 2021 AAU National Taekwondo Championships!

The more events you enter, the closer you will be to earning the AAU Indomitable Spirit Award

Every athlete can win this award!

Here's How It Works: You will receive the AAU Indomitable Spirit Award by earning five or more credits from the list of individual events below.

- Open Traditional forms – One credit per athlete
- ITF Traditional Forms – One credit per athlete
- WT Traditional Forms – One credit per athlete
- TSD Traditional Forms – One credit per athlete
- Weapons Forms (Traditional) – One credit per athlete
- Weapons Forms (Creative) – One credit per athlete
- Sport Poomsae Individual Recognized – One credit per athlete
- Point Sparring – One credit per athlete
- Olympic Style Sparring – One credit per athlete
- Repetitive Side Kick Breaking – One credit per athlete
- Repetitive Hand Breaking – One credit per athlete
- Repetitive Spin Hook Kick Breaking – One credit per athlete
- Power Hand Breaking – One credit per athlete
- Power Foot Breaking – One credit per athlete

HOTEL & VENUE

The AAU Taekwondo Committee appreciates all traveling parties booking with the designated “Official Hotel”.



Any questions on booking rooms, please reach out to Jennifer Miles, Sr. Sports Manager – [Email](#).

SCHEDULE OF EVENTS OVERVIEW

Monday, July 5th

ALL Point Sparring

- Single Elimination Format
- All age & belt divisions will compete point sparring
- National Team (black belt cadet, junior & senior) selection shall be decided by gold medal winners

Special Needs Point Sparring Divisions

- All special needs sparring divisions

Tuesday, July 6th

WT Sport Poomsae Competition

- Recognized Individual,
- Sport Poomsae Pairs
- Sport Poomsae 3 Person Team

Board Breaking Sizing & Purchase Overview

Boards must be purchased at the host site or from our National Sponsor AAMA.

Each event will utilize ten (10) boards or less. The only exception to this would be power breakers who decide to attempt more than ten (10) boards.

- AAMA Small Boards = All athletes 5 to 13 years old
- AAMA Medium Boards = All athletes 14 years and older

Repetitive Speed Spin Hook Breaking

- Single break format
- One (1) board per strike
- Allowed technique is SPINNING HOOK KICK
- 10 board competition
- Timed competition, fastest competitor to break 10
 1. Fastest competitor to break 10 wins gold
 2. 2nd fastest competitor to break 10 wins silver
 3. 3rd fastest competitor to break 10 wins bronze
 4. 4th fastest competitor to break 10 wins bronze

Tuesday, July 6th (Events Continued)

Repetitive Speed Side Kick Breaking

- Single break format
- One (1) board per strike
- Allowed technique is SIDE KICK
- 10 board competition
- Timed competition, fastest competitor to break 10
 1. Fastest competitor to break 10 wins gold
 2. 2nd fastest competitor to break 10 wins silver
 3. 3rd fastest competitor to break 10 wins bronze
 4. 4th fastest competitor to break 10 wins bronze

Repetitive Speed Hand Breaking (*human hold*)

- Single break format
- One (1) board per strike
- Allowed technique includes HAMMER, KNIFE, RIDGE, PALM or FIST/PUNCH
- 10 board competition
- Boards held by person – *Must have current AAU Membership*
- Timed competition, fastest competitor to break 10
 1. Fastest competitor to break 10 wins gold
 2. 2nd fastest competitor to break 10 wins silver
 3. 3rd fastest competitor to break 10 wins bronze
 4. 4th fastest competitor to break 10 wins bronze

Power Hand Breaking

- Single Break Format; One (1) attempt allowed
- Athletes compete in an individual manor
- One (1) Station per competitor; Spacers allowed
- Acceptable techniques include: Fist, hammer fist, palm heel, knife hand, ridge hand
- Board holders/volunteers must be current AAU members
- Judging criteria is based on the number of boards broken to determine the winner. The competitor who breaks the most (or, in the event of a tie, has the highest percentage broken) is the winner.
 - Tie Example “A” broke at 100%; competitor “B” broke at 83%. Competitor “A” is the winner. If more than one competitor has the same percentage broken after their initial break, there will be a break off to determine the winner.

Power Foot Breaking

- Single Break Format; One (1) attempt allowed
- Athletes compete in an individual manor
- Acceptable techniques include any kicking technique executed using a part of the foot below the ankle
- No spacers will be allowed
- Board holders/volunteers must be current AAU members
- Judging criteria is based on the number of boards broken to determine the winner. The competitor who breaks the most (or, in the event of a tie, has the highest percentage broken) is the winner.
 - Tie Example “A” broke at 100%; competitor “B” broke at 83%. Competitor “A” is the winner. If more than one competitor has the same percentage broken after their initial break, there will be a break off to determine the winner

Special Needs Board Breaking Divisions

- All special needs board breaking divisions

Tuesday, July 6th (Events Continued)

Demo Team Competition

- Three (3) to twenty (20) member teams (any rank)
- All members & volunteers must be current AAU members
- Four (4) minute demonstration time limit
- All technical Taekwondo skills are graded for execution, presentation and difficulty
- Teams are granted freedom to add creativity to their demonstration, however synchronization may or may not be part of the team demonstration
- All props are subject to inspection of Chief Referee, and may be prohibited if deemed unsafe

Wednesday, July 7th

Traditional Forms: ITF

- Brazilian Repechage Format
- Allowed patterns are defined within pg. 39 of the AAU Taekwondo Handbook under ITF forms
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Traditional Forms: WT SPORT POOMSAE STANDARDS DO NOT APPLY

- Brazilian Repechage Format
- Allowed patterns are defined within pg. 39 of the AAU Taekwondo Handbook under WT forms
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Traditional Forms: TSD

- Brazilian Repechage Format
- Allowed patterns are defined within pg. 39 of the AAU Taekwondo Handbook under TSD forms
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Traditional Forms: Open Traditional

- Brazilian Repechage Format
- ITF, WT & TSD patterns will be allowed to compete together
- Allowed patterns are defined within pg. 39 of the AAU Taekwondo Handbook
- This event will be offered for all ages
- This event will be offered for all belt levels
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Special Needs Forms

- Numeric scoring method used

Black Belt Team Forms

- Brazilian Repechage Format
- All traditional forms accepted (ITF, WT, TSD)

Mixed Belt & Age Team Forms

- Brazilian Repechage Format
- Team **MUST** be comprised of both Junior and Adult members **and/or** include under black belt members.
 - *(i.e. Team membership would NOT meet the requirements to compete in the existing Junior Team Forms nor Adult Team Forms divisions.)*
- All traditional forms accepted (ITF, WT, TSD)

Wednesday, July 7th (Events Continued)

Weapons Forms: Traditional

- Brazilian Repechage Format
- No live blades will be allowed
- Minimum one hand must remain in contact with the weapon at all times
- Inverted aerial maneuvers are not allowed
- Weapons are subject to inspection by Chief Referee and may be prohibited if deemed unsafe
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, & Technique

Weapons Forms: Creative

- Brazilian Repechage Format
- No live blades will be allowed
- Weapon releases are allowed in creative division
- Inverted aerial maneuvers are allowed in creative division
- Weapons are subject to inspection by Chief Referee and may be prohibited if deemed unsafe
- Judging criteria includes Beauty, Grace, Rhythm, Focus, Power, Technique & Creativity

Thursday, July 8th

Olympic Sparring Competition

- 5 – 11 Novice & Intermediate competition
- 12 – 14 Novice & Intermediate competition
- 15 – 17 Novice & Intermediate competition
- 18 – 32 Novice & Intermediate competition
- 33 & older Novice & Intermediate

Friday, July 9th

Olympic Sparring Competition

- 5-11 Advanced competition
 - 10 & 11 Advanced competition (KPnP)
- 12 – 14 Black Belt competition (KPnP)
- 15 – 17 Black Belt competition (KPnP)
- 18 – 32 Advanced competition (KPnP)
- 33 – 42 Advanced competition (KPnP)
- 43 & Up Advanced competition (KPnP)

Saturday, July 10th

Para Divisions

Olympic Sparring Competition

- 5-11 Black Belt competition (KPnP)
 - 10-11yr old Black Belt team selection based on 1st place winners
- 12 – 14 Advanced competition (KPnP)
- 15 – 17 Advanced competition (KPnP)
- 18 & older Black Belt competition (KPnP)