2021 TAEKWONDO DIVISION LIST

AGE DETERMINING DATE: Athletes shall compete at their age as of December 31st, 2021.



BOARD BREAKING:

| AGE | GENDER | BELT CLASS | |
|-----|---------------|-----------------------|--------------------------------|
| All | Female & Male | NOV, INT, ADV & BLACK | Open Board Breaking |
| All | Female & Male | NOV, INT, ADV & BLACK | Repetitive Speed Side Kick |
| All | Female & Male | NOV, INT, ADV & BLACK | Repetitive Speed Spin Hook |
| All | Female & Male | NOV, INT, ADV & BLACK | Repetitive Hand Board Breaking |

FORMS (ITF, WTF, TSD & OPEN will all be separate divisions):

| AGE | GENDER | BELT CLASS |
|-----------|--------|---|
| 5 | Male | Novice and Intermediate |
| 5 | Female | Novice and Intermediate |
| 6–7 | Male | Novice, Intermediate, and Advanced |
| 6–7 | Female | Novice, Intermediate, and Advanced |
| 8–9 | Male | Novice, Intermediate, Advanced, and Blk |
| 8–9 | Female | Novice, Intermediate, Advanced, and Blk |
| 10–11 | Male | Nov., Int., Adv., Blk 1, Blk 2 & Up |
| 10–11 | Female | Nov., Int., Adv., Blk 1, Blk 2 & Up |
| 12–13 | Male | Nov., Int., Adv., Blk 1, Blk 2 & Up |
| 12–13 | Female | Nov., Int., Adv., Blk 1, Blk 2 & Up |
| 14–15 | Male | Nov., Int., Adv., Blk 1, Blk 2 & Up |
| 14–15 | Female | Nov., Int., Adv., Blk 1, Blk 2 & Up |
| 16–17 | Male | Nov., Int., Adv., Blk 1, Blk 2 & Up |
| 16–17 | Female | Nov., Int., Adv., Blk 1, Blk 2 & Up |
| 18–32 | Male | Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up |
| 18–32 | Female | Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up |
| 33–42 | Male | Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up |
| 33–42 | Female | Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up |
| 43 and up | Male | Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up |
| 43 and up | Female | Nov., Int., Adv., Blk 1, Blk 2, Blk 3, Blk 4 & Up |

WEAPONS FORMS:

| AGE | GENDER | BELT CLASS | |
|-----|---------------|-----------------------|---------------------------|
| All | Female & Male | NOV, INT, ADV & BLACK | Traditional Weapons Forms |
| All | Female & Male | NOV, INT, ADV & BLACK | Creative Weapons Forms |

POINT SPARRING:

| AGE | GENDER | BELT CLASS | WEIGHT DIVISIONS |
|-------|--------|-----------------------|---|
| 5 | Male | Nov. and Int. | 45.0 & Under / Over 45.0 |
| 5 | Female | Nov. and Int | 45.0 & Under / Over 45.0 |
| 6–7 | Male | Nov., Int., Adv., Blk | Under 45.0 / 45.0–55.9 / Over 55.9 |
| 6–7 | Female | Nov., Int., Adv., Blk | Under 45.0 / 45.0–55.9 / Over 55.9 |
| 8–9 | Male | Nov., Int., Adv., Blk | Under 60.0 / 60.0–70.9 / Over 70.9 |
| 8–9 | Female | Nov., Int., Adv., Blk | Under 60.0 / 60.0–70.9 / Over 70.9 |
| 10–11 | Male | Nov., Int., Adv., Blk | Under 75.0 / 75.0–85.9 / Over 85.9 |
| 10–11 | Female | Nov., Int., Adv., Blk | Under 80.0 / 80.0–90.9 / Over 90.9 |
| 12–13 | Male | Nov., Int., Adv., Blk | Under 100.0 / 100.0–115.9 / Over 115.9 |
| 12–13 | Female | Nov., Int., Adv., Blk | Under 105.0 / 105.0–120.9 / Over 120.9 |
| 14–15 | Male | Nov., Int., Adv., Blk | Under 115.0 / 115.0–145.9 /Over 145.9 |
| 14–15 | Female | Nov., Int., Adv., Blk | Under 110.0 / 110.0–140.9 / Over 140.9 |
| 16–17 | Male | Nov., Int., Adv., Blk | Under 135.0 / 135.0–165.9 / Over 165.9 |
| 16–17 | Female | Nov., Int., Adv., Blk | Under 115.0 / 115.0–145.9 / Over 145.9 |
| 18–32 | Male | Nov., Int., Adv., Blk | Under 125.0 /125.0-155.9 / 156.0-185.9 / Over 185.9 |

| 18–32 | Female | Nov., Int., Adv., Blk | Under 110.0 / 110.0-125.9 / 126.0-155.9 / Over 155.9 |
|-----------|---------------|-----------------------|--|
| 33–42 | Male & Female | Nov., Int., Adv., Blk | Same as 18–32 Male & Female |
| 43 and up | Male & Female | Nov., Int., Adv., Blk | Same as 18–32 Male & Female |

OLYMPIC SPARRING:

| AGE | GENDER | BELT CLASS | WEIGHT DIVISION |
|-----------|------------------|-----------------|--|
| 5 | Male | Nov. and Int. | 45.0 & Under / Over 45.0 |
| 5 | Female | Nov. and Int. | Same as 5 male |
| 6–7 | Male | Nov-Int-Adv-Blk | Under 40.1 / 40.1–52.0 / 52.1–65.0 / 65.1–78.0 / 78.1–90.0 / Over 90.0 |
| 6–7 | Female | Nov-Int-Adv-Blk | same as 6–7 male |
| 8–9 | Male | Nov-Int-Adv-Blk | Under 55.1 / 55.1–67.0 / 67.1–80.0 / 80.1–92.0 / 92.1–105 / Over 105.0 |
| 8–9 | Female | Nov-Int-Adv-Blk | same as 8–9 male |
| 10–11 | Male | Nov-Int-Adv-Blk | Under 64.0 / 64.0–77.2 / 77.2–90.0 / 90.1–102.0 / 102.1–115.0 / Over 115.0 |
| 10–11 | Female | Nov-Int-Adv-Blk | same as 10–11 male |
| 12–14 | Male | Nov-Int-Adv | Under 81.7 / 81.7–99.2 / 99.3–116. 8 / 116.9–134.5 / Over 134.5 |
| 12–14 | Female | Nov-Int-Adv | Under 72.9 / 72.9–90.4 / 90.5–103.6 / 103.7–121.3 / Over 121.3 |
| 12–14 | Male | Blk | Under 72.9 / 72.9–81.6 / 81.7–90.4 / 90.5–99.2 / 99.3–108.0 / 108.1– 116.8 / 116.9–125.7 / 125.8–134.5 / 134.6–143.3 / Over 143.3 |
| 12–14 | Female | Blk | Under 63.9 / 64.0–72.8 / 72.9–81.6 / 81.7–90.4 / 90.5–97.0 / 97.1– 103.6 / 103.7–112.4 / 112.5–121.3 / 121.4–130.1 / Over 130.1 |
| 15–17 | Male | Nov-Int-Adv | Under 105.9 / 105.9–121.3 / 121.4–138.9 / 139.0–160.9 / Over 160.9 |
| 15–17 | Female | Nov-Int-Adv | Under 97.4 / 97.1–108.0 / 108.1–121.3 / 121.4–138.9 / Over 138.9 |
| 15–17 | Male | Blk | Under 99.3 / 99.3–105.8 / 105.9–112.4 / 112.5–121.3 / 121.4–130.1 / 130.2–138.9 / 139.0–149.9 / 150.0–160.9 / 161.0–172.0 / Over 172.0 |
| 15–17 | Female | Blk | Under 92.7 / 92.7–97.0 / 97.1–101.4 / 101.5–108.0 /108.1–114.6 / 114.7–121.3 / 121.4–130.1 / 130.2–138.9 / 139.0–149.9 / Over 149.9 |
| 18–32 | Male | Nov-Int-Adv | Under 128.0 / 128.0–149.9 / 150.0–176.4 / Over 176.4. |
| 18–32 | Female | Nov-Int-Adv | Under 108.0 / 108.0–125.7 / 125.8–147.7 / Over 147.7 |
| 18–32 | Male | Blk | Under 119.1 / 119.1–127.9 / 128.0–138.9 / 139.0–149.9 / 150.0–163.1 / 163.2–176.4 / 176.5–191.8 / Over 191.8 |
| 18–32 | Female | Blk | Under 101.5 / 101.5–108.0 / 108.1–116.8 / 116.9–125.7 / 125.8–136.7 / 136.8–147.7 / 147.8–160.9 / Over 160.9 |
| 33 and up | Male & Female | All Belts | Same as 18–32 Male & Female Nov., Int., Adv. |
| 43 and up | Male & Female | All Belts | Same as 18–32 Male & Female Nov., Int., Adv. |

SPORT POOMSAE

| AGE | GENDER | BELT CLASS | DIVISION |
|-------|-------------------|------------|----------|
| 8-9 | YOUTH INDIVIDUAL | MALE | BLACK |
| 8-9 | YOUTH INDIVIDUAL | FEMALE | BLACK |
| 10-11 | YOUTH INDIVIDUAL | MALE | BLACK |
| 10-11 | YOUTH INDIVIDUAL | FEMALE | BLACK |
| 12-14 | CADET INDIVIDUAL | MALE | BLACK |
| 12-14 | CADET INDIVIDUAL | FEMALE | BLACK |
| 15-17 | JUNIOR INDIVIDUAL | MALE | BLACK |
| 15-17 | JUNIOR INDIVIDUAL | FEMALE | BLACK |
| 18-30 | 18-30 INDIVIDUAL | MALE | BLACK |
| 18-30 | 18-30 INDIVIDUAL | FEMALE | BLACK |
| 31-40 | 31-40 INDIVIDUAL | MALE | BLACK |
| 31-40 | 31-40 INDIVIDUAL | FEMALE | BLACK |
| 41-50 | 41-50 INDIVIDUAL | MALE | BLACK |
| 41-50 | 41-50 INDIVIDUAL | FEMALE | BLACK |

| 51-60 | 51-60 INDIVIDUAL | MALE | BLACK |
|-------|------------------|--------|-------|
| 51-60 | 51-60 INDIVIDUAL | FEMALE | BLACK |
| 61-65 | 61-65 INDIVIDUAL | MALE | BLACK |
| 61-65 | 61-65 INDIVIDUAL | FEMALE | BLACK |
| 66-99 | 66+ INDIVIDUAL | MALE | BLACK |

PARA

More Info Coming Soon

TEAM EVENTS:

| AGE | GENDER | BELT CLASSES | TEAM EVENTS |
|-------------------|---------------|------------------|-----------------------------|
| 5 – 17 years old | Female & Male | Black Belts Only | Team Forms (3 Members) |
| 18 years old & up | Female & Male | Black Belts Only | Team Forms (3 Members) |
| 5 – 17 years old | Female & Male | All Belts | Demo Teams (3 – 20 Members) |
| 18 years old & up | Female & Male | All Belts | Demo Teams (3 – 20 Members) |

The tournament committee reserves the right to further divide **or** combine divisions depending on the number of competitors registered to compete in each division.

| SPECIAL NOTES: For all AAU Taekwondo Competitions | | |
|---|-----------------------------|--|
| Novice Division | White, Yellow, Orange Belts | |
| Intermediate Division | Green, Blue, Purple Belts | |
| Advanced Divisions | Both Red and Brown Belts | |
| Black Belt Divisions | All Black Belts | |