



# 2024-2025 NC **AAUTKD** OFFICIALS HAND SIGNAL CLINIC

## WHEN

**October 19, 2024**  
**9am – 4pm**

## WHERE

**Ara's Martial Arts Sports Plex Inc.**  
**420 East 3<sup>rd</sup> Street, Siler City NC 27344**

**Attire:** TKD Dobok

### Prerequisites:

- **14 years and older, any belt**
- **New or Current Members with AAUTKD**
- **Participants must complete the 2024-2025 Officials On-line Course.**
- **Complete the 2024-2025 AAU Taekwondo Officials Application**

## COST

**AAU MEMBERSHIP (NON-ATHLETE): \$57 AT**  
**[HTTPS://AAUSPORTS.ORG/MEMBERSHIP](https://aausports.org/membership)**

**BOTH FEES ON **AAUTKD** PRIOR TO ATTENDING THE CLINIC. NO ON-SITE SIGN UP OR PAYMENTS!**

THIS EVENT IS LICENSED BY THE AMATEUR ATHLETIC UNION OF THE U.S. INC. ALL PARTICIPANTS MUST HAVE A CURRENT AAU MEMBERSHIP. AAU MEMBERSHIP MAY NOT BE INCLUDED AS PART OF THE ENTRY FEE TO THE EVENT.

AAU MEMBERSHIP MUST BE OBTAINED BEFORE COMPETITION OR ANY EVENT BEGINS, EXCEPT WHERE THE EVENT OPERATOR HAS A LAPTOP AVAILABLE WITH AN INTERNET CONNECTION.

**BE PREPARED! NON-ATHLETE MEMBERSHIPS FOR COACHES AND OFFICIALS ARE NOT INSTANT AND CANNOT BE APPLIED FOR AT THE EVENT. PLEASE ALLOW UP TO 10 DAYS FOR MEMBERSHIP TO PROCESS.**

## ITINERARY

8:30 am: Check in and administrative and logistics.

9 am – 10 am: Traditional Forms and Point Sparring

10 am – 10:10 am: Break

10:10 – 11:55 am: Sport Poomsae, Olympic Sparring

12 pm: 30 min lunch

12:30 pm: Olympic Sparring  
1 pm to 4 pm: Hand Signal Segment, course completion, future events, and dismissal

Contact the Clinic Administrator:  
Master Freddie McDonald Jr. at [semperkick@gmail.com](mailto:semperkick@gmail.com) for any questions or concerns about the clinic.

Ara Martial Arts Sportsplex Inc.  
[afetkd@gmail.com](mailto:afetkd@gmail.com)