

2025 AAU TKD Nationals - Awards

AWARDS: National AAU Championship medals will be awarded to the top four (4) places in each division.

TOP CLUBS: We will be awarding a trophy to the top club with the most athletes registered in Board Breaking, Olympic Sparring, Point Sparring, Sport Poomsae & Traditional Forms.

TOP 20 CLUBS: We will be awarding a custom banner to the Top (20) Clubs in participation at the 2025 AAU Taekwondo National Championships.

GRAND CHAMPIONS: This award is given to the most successful all-around athlete per age group. The Grand Champion title is one of the most challenging awards to earn as it requires the athlete to perform at a high level in multiple events across the board. Grand Champion winners will receive a grand champion jacket made just for this year's nationals from our national sponsor.

Grand Champion Age Groups				
5 Female & Male	6 – 7 Female & Male	8 – 9 Female & Male	10 – 11 Female & Male	12 – 13 Female & Male
14 – 15 Female & Male	16 – 17 Female & Male	18 – 32 Female & Male	33 – 42 Female & Male	43- 52 Female & Male
53 & Older Female & Male				
Grand Champion Point System				
Gold (with competitors)		10 Points		
Uncontested Gold		5 Points		
Silver		6 Points		
Bronze		4 Points		
Grand Champion Tie Breaker				
Who faced more competitors in total	If still tied: Who registered for more events		If still tied: Who broke higher # of boards.	

INDOMITABLE SPIRIT AWARD – Every Athlete Can Win This Award!

Earn this award at the **2025 AAU National Championships in Salt Lake City, Utah!** The AAU Indomitable Spirit Award is given to recognize each of those athletes who put forth an extra effort by becoming involved and competing in a variety of events and activities. This prestigious award is earned by those athletes that compete in four (4) or more events at the **2025 AAU National Taekwondo Championships!**

Here's How It Works: You will receive the AAU Indomitable Spirit Award by earning four (4) or more credits from the list of individual events below. *Each event is worth one credit per athlete.*

- Open Traditional forms
- ITF Traditional Forms
- WT Traditional Forms
- TSD Traditional Forms
- Weapons Forms (Traditional)
- Weapons Forms (Creative)
- Sport Poomsae Individual Recognized
- Point Sparring
- Continuous Point Sparring
- Olympic Style Sparring
- Repetitive Side Kick Breaking
- Repetitive Hand Breaking – *(Feeder System)*
- Repetitive Hand Breaking – *(Human Hold)*
- Repetitive Spin Hook Kick Breaking
- Power Hand Breaking
- Power Axe Kick Breaking
- Power Side/Back Kick Breaking
- Power Stomp Breaking
- ITF Sport Patterns