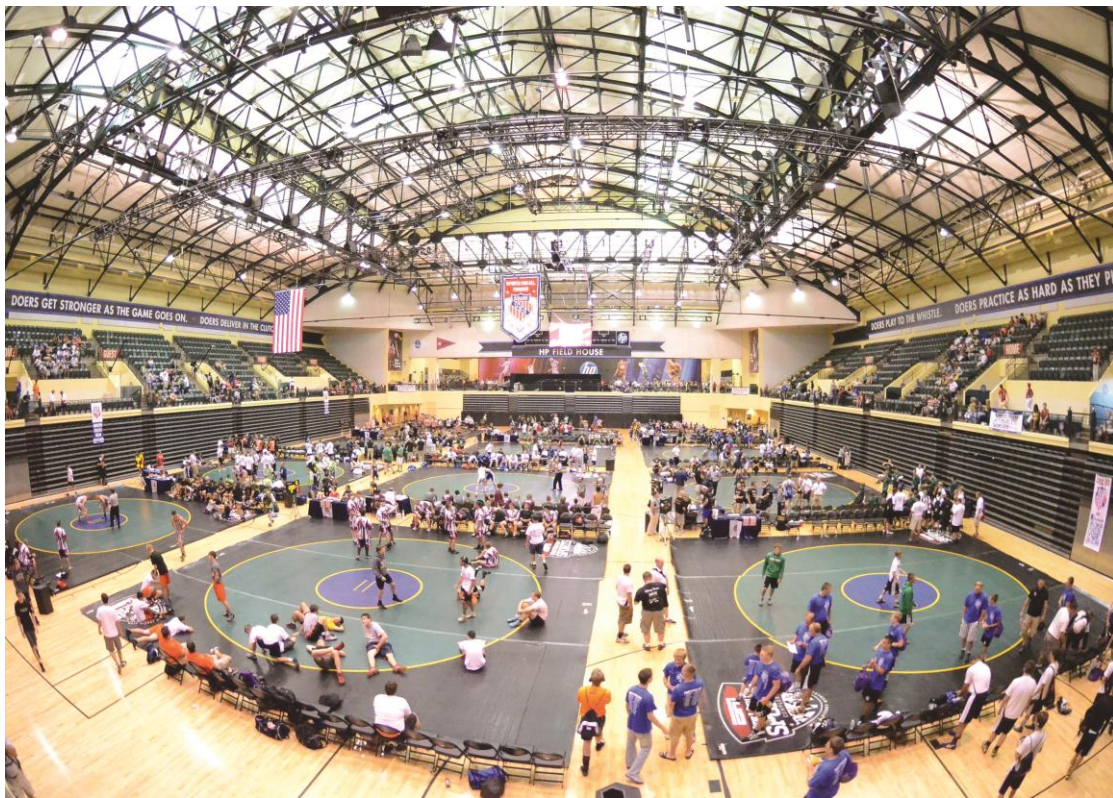




2023 AAU WRESTLING SCHOLASTIC DUALS



JUNE 21st – JUNE 25th, 2023

2023 IMPORTANT INFO

State High School Weight Certification Sheets have replaced Report Cards

The 2023 AAU Scholastic Duals will use State High School Weight Certification Sheets to determine a Wrestler's certified weight as well as what school they attended in the 2022 – 2023 school year.

Weight Classes for the 2023 AAU Wrestling Scholastic Duals

Weight Classes													
106	113	120	126	132	138	145	152	160	170	182	195	220	HWT
* A five (5) pound weight allowance is provided. No athlete may wrestle below his current High School Certification weight.													
** Athletes may only wrestle one weight class above the class they weighed in at.													

QUALIFIERS

In order to advance to a National Dual Championship, your team must participate in your **AAU District Qualifier**. Please contact your District Sports Director to find out if there is an **AAU District Qualifier** in your District. If your District is not conducting an **AAU District Qualifier**, your team can advance directly to the National Dual Championship.

TEAM CRITERIA [\(detailed descriptions on page 5\)](#)

DISTRICT ALL-STAR

District/All Star Team: This group is made up of athletes attending various high schools within a particular AAU District in the 2022 – 2023 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster.

DEVELOPMENTAL DIVISION

Developmental Division Team: This group is made up of athletes from various high schools within a particular AAU District that did not place at the state tournament in the 2022-2023 high school season. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster.

Community Division 1

Community Division 1: Larger school division based on 2022 – 2023 enrollment and 2022 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2022-2023 school year.

Community Division 2

Community Division 2: Division 2 will be determined from the lowest 50% enrollments of the teams entered in the COMMUNITY division. No more than three (3) wrestlers may come from other schools that make up this team and all must reside in the same or an adjoining AAU District in the 2022-2023 school year.

PREP SCHOOLS

Prep Schools will be in Community Division I with no fifth (5th) year seniors allowed on the team. Larger school division based on 2022 – 2023 enrollment and 2022 Scholastic Duals Final 8. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2022-2023 school year.

EXTRA ALTERNATES

If you wish to exceed the 17 athlete roster limit you may do so by adding Extra Alternates. Extra Alternates will be designated on the roster as EXT. They **CANNOT be substituted into your lineup at anytime! These athletes may only compete in exhibition matches!!!

**You may add Extra Alternates to your roster via the Online Registration system.

**Extra Alternate fee = \$50 per athlete

RECRUITMENT USB

The recruitment USB will be created using the information provided when each athlete is added to the roster. Please be sure to fill out all information for each athlete so that it can be distributed to the college coaches.



*****ONLINE REGISTRATION INSTRUCTIONS*****

ONLINE REGISTRATION – [CLICK HERE](#)

The 2023 AAU Wrestling Scholastic Duals will be using an online registration system ONLY! This system is extremely easy to use. Below are some instructions and helpful hints on how to register your team:

1. To register your team(s), please visit www.aauwrestling.net and click on the **ONLINE REGISTRATION** icon under the Scholastic Duals event information.
2. **Step 1:** Log In/Register (Create an Account) – **The person registering the team must create a username and password. This is not your AAU membership or club number.** A confirmation email will be sent to confirm your information and activate your account. Once your account is activated you can begin to register your team. If you had an account in 2022, you can log in with that username/password to update the team(s) for the 2023 event.
3. **Step 2:** Enter Team Information – Add your team information. You can use the same username and password for each team. Community Division 2 size teams that would like to compete in Division 1 must declare your division here.
4. **Step 3:** Enter Athletes to Roster – Not to exceed seventeen (17) athletes. 14 weight classes and 3 alternates make up the roster. **IMPORTANT:** You MUST have each Athlete's 2023 AAU Athlete Membership card prior to entering your athletes!
 - a. **Extra Alternates** may be added at this time (\$50 per athlete). These athletes cannot be substituted into your lineup at any time! They are designated on the roster as EXT.
 - b. When entering your athletes, you will need the following information:

i. AAU Membership ID	v. Weight Class	xi. SAT/ACT Score
ii. Zip Code	vi. Certified Weight	xii. High School Coaches Name
iii. Contact Phone Number	vii. Email Address	xiii. Wrestling/Personal Achievements
iv. T-shirt Size	viii. High School	
	ix. Current Year in School	
	x. GPA	
5. **Step 4:** Enter Head Coach, Assistant Coach, Alternate Coach and Table Worker – Maximum of four [4] non-athletes [Head Coach, Assistant Coach, Alternate Coach and Table Worker] per team. **IMPORTANT:** You MUST have a 2023 AAU Non-Athlete Membership prior to entering your coaches and table workers.
6. **Step 5:** Complete Remaining Forms – It is **MANDATORY** to upload a **weight certification sheet** for each athlete. A copy of the school's weight certification sheet must be provided to be eligible to compete. If a 7th or 8th grader is to be used in competition, the Principal or AD must also indicate on school stationery that their state allows those younger grades to compete at the high school varsity level.
7. **Step 6:** Hotel & Contact Info. – To ensure the safety of our participants, please enter the contact information for the Onsite Team Coordinator during the event as well as the hotel information for your team.
8. **Step 7:** Check Out – This is where you pay your tournament entry fee. You can pay for the tournament with a credit card or debit card (VISA, MasterCard, Discover, or American Express). Once this process is completed, you will receive an email confirmation verifying your payment. We recommend printing and saving this email for your own records.

Verify your team is registered in your desired division.

THERE WILL BE NO DIVISION CHANGES AT THE ON-SITE REGISTRATION/WEIGH-INS

If you experience any problems or have questions about your Online Registration, please contact:

Chris Fox
407-828-3262
cfox@ausports.org



Tournament Information

DATES:

June 21st – June 25th, 2023

District All-Star & Developmental Division Registration/Weigh Ins/Meetings:

*Weigh-ins – Tuesday, June 20th, 2023

*Tableworkers Meeting – Tuesday, June 20th, 2023 (5:00 PM)

*Coaches Meeting – Tuesday, June 20th, 2023 (5:00 PM)

*Competition Days – Wednesday, June 21st – Friday, June 23rd, 2023

Community Division 1 & 2 Registration/Weigh Ins/Meetings:

*Weigh-ins – Thursday, June 22nd, 2023

*Tableworkers Meeting – Thursday, June 22nd, 2023 (5:00 PM)

*Coaches Meeting – Thursday, June 22nd, 2023 (5:00 PM)

*Competition Days – Friday, June 23rd – Sunday, June 25th, 2023

Please be aware there is a likelihood that you will wrestle more than five (5) matches in one day.

SITES:

Orange County Convention Center West Concourse

ENTRY FEE:

\$1000.00 per Team (ALL DIVISIONS)

\$50.00 per Extra Alternate (ALL DIVISIONS)

(NON-REFUNDABLE) NO PERSONAL CHECKS

ENTRY DEADLINE:

All entries **MUST BE RECEIVED BY WEDNESDAY, MAY 23rd, 2023**

Once you enter as a team online and we process your entry, your team's name will be posted at www.aauwrestling.net.

MEMBERSHIP:

All team members, coaches, and table workers must hold current AAU membership cards. Membership cards must be purchased online at www.aausports.org. Memberships **WILL NOT** be sold at on-site registration. Individual athlete cards are \$14.00 each and non-athletes (coaches, table workers, etc.) are \$16.00 each.

COACHES

EDUCATION:

The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. This exciting program is available for all AAU Non-Athletes that will be coaching, and will be administered by **Positive Coaching Alliance (PCA)**. Please visit www.aausports.org and click on JOIN NOW in order to enter and take the AAU/PCA coaches educational course.

WEIGH-INS &

REGISTRATION:

Each team will weigh-in first and then register. Weigh-ins will take place on Tuesday, June 20th, 2023 for the District All-Star & Developmental teams, and on Thursday, June 22nd, 2023 for the Community DI & DII teams (Weigh-in and Registration Times TBD). **WEIGH-INS WILL BE DONE WITH EACH ATHLETE WEARING A SINGLET.** After each team has weighed-in, the athletes may depart. The Head Coach must stay to register the team.

Weigh-in order will be determined by the order teams paid their Entry Fees. Each team will be given a weigh in time and must report for weigh ins at that given time.

ATHLETES WILL NOT BE ALLOWED TO CHANGE WEIGHT CLASSES AS A RESULT OF A SECOND WEIGH-IN. THE WEIGHT CLASS IN WHICH A WRESTLER CERTIFIES IN; ON JUNE 20th (DISTRICT/ALL-STAR & DEVELOPMENTAL DIVISIONS) OR JUNE 22nd (COMMUNITY) IS THE LOWEST HE OR SHE CAN GO. ALL WRESTLERS ARE LIMITED TO WEIGHING IN ON ONE TEAM AND IN ONE DIVISION. A WRESTLER CANNOT WRESTLE BELOW HIGH SCHOOL CERTIFIED WEIGHT.

LATE WEIGH-INS MUST BE REQUESTED/APPLIED FOR ONE (1) WEEK PRIOR TO WEIGH-INS. PLEASE EMAIL CFOX@AAUSPORTS.ORG FOR THE LATE WEIGH-IN FORM.

PARKING: At the Orange County Convention Center, a parking fee of \$10 will be charged daily. Parking does include re-entry in the same day with your receipt. Be sure to save your receipt.

CREDENTIAL INFORMATION: Please note, that credentials will be issued to athletes and coaches. These credentials will be required for entry. If an athlete or coach loses their credential, a replacement will be issued at the cost of a General Admission Ticket for the remainder of the event.

RULES: Rules will be according to the National High School Rulebook. Two-piece singlets are acceptable. The weights are high school weights: 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, HWT (max 285), with a 5-pound weight allowance provided. **NO ATHLETE MAY COMPETE BELOW HIS/HER 2022-2023 HIGH SCHOOL CERTIFICATION WEIGHT.**

A team shall consist of up to: 3 coaches, 14 wrestlers, 3 alternates and one table worker.

EACH TEAM WILL BE RESPONSIBLE TO PROVIDE ONE TIMER OR ONE SCORER (TABLE WORKER) FOR EACH OF THEIR TEAM'S DUAL MEETS. FAILURE TO DO SO MAY RESULT IN A FORFEIT.

For competition in the final pools, if two teams have wrestled one another earlier in the tournament, the team that lost the dual may decide not to wrestle the match again without penalty. To exercise this right, the head table must be informed of a team's intention not to wrestle when the final schedule is posted.

District/All Star Team: This group is made up of athletes attending various high schools within a particular AAU District in the 2022 – 2023 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **A copy of a weight certification sheet for each athlete must be provided to determine proof of eligibility. Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 8 for the adjoining AAU districts to each AAU district.

Developmental Division Team: This group is made up of athletes attending various high schools within a particular AAU District in the 2022 – 2023 school year that **did not place at the state tournament during the 2022-2023 high school season.** No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **A copy of a weight certification sheet for each athlete must be provided to determine proof of eligibility. Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 8 for the adjoining AAU districts to each AAU district.

Community Division 1: Larger school division based on 2022 – 2023 enrollment and 2022 Scholastic Duals Final 8. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2022-2023 school year. Any athletes incoming to your school must show proof they are registered with the school and that must be verified by School Principal or AD. Community Teams not meeting these criteria will be moved into the District Division. **A copy of a weight certification sheet for each athlete must be provided to determine proof of eligibility. Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

Community Division 2: Division 2 will be determined from the lowest 50% enrollments of the teams entered in the COMMUNITY division. If a team wishes to compete in division 1 and **not** be considered for division 2 then they must indicate so on the online registration form. No more than three (3) wrestlers may come from other schools that make up this team and all must reside in the same or an adjoining AAU District in the 2022-2023 school year. Any athletes incoming to your school must show proof they are registered with the school and that must be verified by School Principal or AD. Community Teams not meeting these criteria will be moved into the District Division. Schools that have a community 1 team may enter a second team(JV) as a community 2

team. A copy of a weight certification sheet for each athlete must be provided to determine proof of eligibility. Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association. (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

To be eligible for this event, each team member must have been eligible for his or her 2022-2023 High School season. Any team member found to be ineligible under the division rules above will be removed from all team competition, and allowed to wrestle exhibition only.

*****IN DUAL MEET COMPETITION, DUAL TEAM TIE BREAKERS CAN BE FOUND IN THE 2022-2023 NFHS RULE BOOK.**

MEDALS AND AWARDS:

The top eight teams in each division will each receive a trophy. Individually, there will be awards given for the Outstanding Wrestler, Most Pins, and Sportsmanship(team) in all divisions. Wrestlers who had outstanding performances will receive championship medals using the following formula:

1. Any undefeated wrestler, with at least six matches wrestled – GOLD (All-American)
2. Any wrestler with no more than one loss, with at least six matches wrestled – SILVER (All-American)
3. Any wrestler with no more than two losses, with at least six matches wrestled – BRONZE
4. Any wrestler with no more than three losses, with at least six matches wrestled – COPPER

In all dual meets, a team must wrestle at least 80% of their roster OR each athlete that doesn't wrestle will receive a loss to their record.

BOUTS: All bouts will be 2-2-2 minutes in length.

SPECTATOR: Spectator admission is required for all events at Orange County Convention Center.

ADMISSION: Adult admission will be \$19 per day or \$50 for 3-day pass
Child (4-9) admission will be \$14 per day or \$35 for 3-day pass
[Click Here](#) to purchase spectator admission tickets.

TRANSPORTATION: Teams are responsible for their own transportation to and from the Orange County Convention Center.

COLLEGE COACHES: **THIS WILL BE THE 16th SUMMER WE ARE EXTENDING AN OPEN INVITATION TO COLLEGE COACHES FROM ALL ACROSS AMERICA TO JOIN US FOR THIS OUTSTANDING EVENT. EACH COLLEGE COACH THAT ATTENDS WILL RECEIVE AN ATHLETE INFORMATION USB ON EVERY ATHLETE IN THE TOURNAMENT.**

HOUSING: AAU has selected Official Housing properties for the 2023 Scholastic Duals to help streamline your travel management efforts and provide competitive rates and amenities for you while in the Orlando area.

Hotel and apartment style accommodations are available and guests can book online, Coming Soon

CAR AND VAN RENTALS:

Please use the following links for Enterprise & National:
Enterprise: [Click Here](#) National: [Click Here](#)
MAGNA AUTO RENTALS, INC. magnaautorentals.com
magnaautorentals@cfl.rr.com
Discounts with Personalized Service Call: 321-269-6851
Use Code: AAU-Disney

COVID-19 PROTOCOLS:

In conjunction with the Orange County Convention Center, local authorities and medical professionals, protocols will be in place for this event. Additional information will be posted and distributed to teams prior to the event.

FOR MORE INFO: Chris Fox
407-828-3262
cfox@ausports.org

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership

Last Updated 12/7/22

AAU Districts & Adjoining AAU Districts

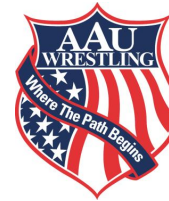
Adirondack – Adjoining: Connecticut, Middle Atlantic, New England, Metropolitan (NY), Niagara	Alaska – Adjoining: None
Arizona – Adjoining: Colorado, New Mexico, Pacific Southwest, Pacific, Southern Pacific, Utah	Arkansas – Adjoining: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley, Ozark
Central – Adjoining: Wisconsin, Iowa, Ozark, Kentucky, Indiana	Central California – Adjoining: Pacific, Southern Pacific
Colorado – Adjoining: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona, Utah	Connecticut – Adirondack, New England, Metropolitan (NY)
Florida – Adjoining: Florida Gold Coast, Georgia, Southeastern	Florida Gold Coast – Adjoining: Florida
Georgia – Adjoining: Florida, North Carolina, Southeastern, South Carolina	Gulf – Adjoining: Southern, Southwestern, South Texas
Hawaiian – Adjoining: None	Indiana – Adjoining: Central, Kentucky, Michigan, Ohio
Inland Empire – Adjoining: Pacific Northwest, Pacific, Oregon, Utah, Wyoming, Montana	Iowa – Adjoining: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark, Central
Kentucky – Adjoining: Central, Indiana, Ohio, Ozark, Southeastern, Virginia, West Virginia	Lake Erie – Adjoining: Ohio, Western Pennsylvania
Maryland – Adjoining: Potomac Valley, Virginia, West Virginia, Western Pennsylvania, Middle Atlantic	Michigan – Adjoining: Indiana, Ohio, Wisconsin,
Middle Atlantic – Adjoining: Adirondack, New Jersey, Metropolitan (NY), Niagara, Western Pennsylvania, Maryland	Minnesota – Adjoining: Iowa, North Dakota, South Dakota, Wisconsin
Missouri Valley – Adjoining: Iowa, Nebraska, Colorado, Oklahoma, Arkansas, Ozark	Montana – Adjoining: Inland Empire, North Dakota, South Dakota, Wyoming
Nebraska – Adjoining: South Dakota, Wyoming, Colorado, Missouri Valley, Iowa	New England – Adjoining: Adirondack, Connecticut
New Jersey – Adjoining: Middle Atlantic, Metropolitan (NY)	New Mexico – Adjoining: Colorado, Utah, Arizona, West Texas, South Texas, Oklahoma
New York Metropolitan – Adjoining: Adirondack, Connecticut, Middle Atlantic, New Jersey	Niagara – Adjoining: Adirondack, Middle Atlantic, Western Pennsylvania
North Carolina – Adjoining: Georgia, South Carolina, Southeastern, Virginia	North Dakota – Adjoining: Minnesota, Montana, South Dakota
Ohio – Adjoining: Indiana, Lake Erie, Michigan, Kentucky, West Virginia, Western Pennsylvania	Oklahoma – Adjoining: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern, Arkansas
Oregon – Adjoining: Inland Empire, Pacific, Pacific Northwest	Ozark – Adjoining: Arkansas, Central, Kentucky, Iowa, Missouri Valley, Southeastern
Pacific – Adjoining: Central California, Inland Empire, Oregon, Southern Pacific, Arizona, Utah	Pacific Northwest – Adjoining: Inland Empire, Oregon
Pacific Southwest – Adjoining: Arizona, Southern Pacific	Potomac Valley – Adjoining: Maryland, Virginia
Puerto Rico – Adjoining: None	South Carolina – Adjoining: Georgia, North Carolina
South Dakota – Adjoining: Iowa, Minnesota, Montana, Nebraska, North Dakota, Wyoming	South Texas – Adjoining: Gulf, Southwest, New Mexico, West Texas
Southeastern – Adjoining: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas, Ozark	Southern – Adjoining: Southeastern, Arkansas, Gulf, Southwestern
Southern Pacific – Adjoining: Arizona, Central California, Pacific, Pacific Southwest	Southwestern – Adjoining: Oklahoma, Arkansas, Southern, Gulf, South Texas, West Texas
Utah – Adjoining: Inland Empire, Wyoming, Colorado, New Mexico, Arizona, Pacific	Virginia – Adjoining: Potomac Valley, West Virginia, Kentucky, Southeastern, North Carolina
Western Pennsylvania – Adjoining: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, Lake Erie	West Texas – Adjoining: Oklahoma, New Mexico, South Texas, Southwestern
West Virginia – Adjoining: Maryland, Western Pennsylvania, Ohio, Kentucky, Virginia	Wisconsin – Adjoining: Michigan, Minnesota, Iowa, Central
Wyoming – Adjoining: Montana, South Dakota, Nebraska, Colorado, Utah, Inland Empire	



WEIGH-IN SHEET

AAU Wrestling Scholastic Duals

June 21st – June 25th, 2023



*****BRING THIS FORM WITH YOU TO WEIGH-INS*****

COACH this weigh-in sheet **IS** the official one in terms of who is wrestling on your team! The athletes on the roster we received earlier with your entry fee can be altered up until this point.

Team Name:			
Division:			
Head Coach:			
Weight Class	Name	Actual Weight	Certified Weight
106			
113			
120			
126			
132			
138			
145			
152			
160			
170			
182			
195			
220			
HWT			
ALT #1			
ALT #2			
ALT #3			
EXT			
EXT			
EXT			
EXT			

Scale Operator Signature: _____