

# 2024 AAU WRESTLING SCHOLASTIC DUALS



**JUNE 20<sup>th</sup> – JUNE 26<sup>th</sup>, 2024**

# \*2024 IMPORTANT INFO\*

## **Weight Classes for the 2024 AAU Wrestling Scholastic Duals**

Weight Classes													
106	113	120	126	132	138	144	150	157	165	175	190	215	HWT
* A five (5) pound weight allowance is provided. No athlete may wrestle below his current High School Certification weight.													
** Athletes may only wrestle one weight class above the class they weighed in at.													

### QUALIFIERS

In order to advance to a National Dual Championship, your team must participate in your **AAU District Qualifier**. Please contact your District Sports Director to find out if there is an **AAU District Qualifier** in your District. If your District is not conducting an **AAU District Qualifier**, your team can advance directly to the National Dual Championship.

### TEAM CRITERIA ([detailed descriptions on page 5](#))

#### DISTRICT ALL-STAR

**District/All Star Team:** This group is made up of athletes attending various high schools within a particular AAU District in the 2023 – 2024 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster.

#### DEVELOPMENTAL DIVISION

**Developmental Division Team:** This group is made up of athletes from various high schools within a particular AAU District that did not place at the state tournament in the 2023-2024 high school season. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster.

#### Community Division 1

**Community Division 1:** Larger school division based on 2023 – 2024 enrollment and 2023 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2023-2024 school year.

#### Community Division 2

**Community Division 2:** Division 2 will be determined from the lowest 50% enrollments of the teams entered in the COMMUNITY division. No more than three (3) wrestlers may come from other schools that make up this team and all must reside in the same or an adjoining AAU District in the 2023-2024 school year.

### PREP SCHOOLS

Prep Schools will be in Community Division I with no fifth (5<sup>th</sup>) year seniors allowed on the team. Larger school division based on 2023 – 2024 enrollment and 2023 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2023-2024 school year.

### EXTRA ALTERNATES

\*\*If you wish to exceed the 17 athlete roster limit you may do so by adding Extra Alternates. Extra Alternates will be designated on the roster as EXT. They **CANNOT** be substituted into your lineup at anytime! These athletes may only compete in exhibition matches!!!

\*\*You may add Extra Alternates to your roster via the Online Registration system.

\*\*Extra Alternate fee = \$50 per athlete

### RECRUITMENT USB

The recruitment USB will be created using the information provided when each athlete is added to the roster. Please be sure to fill out all information for each athlete so that it can be distributed to the college coaches.



## **\*\*\*ONLINE REGISTRATION INSTRUCTIONS\*\*\***

### **ONLINE REGISTRATION – [CLICK HERE](#)**

The 2024 AAU Wrestling Scholastic Duals will be using an online registration system ONLY! This system is extremely easy to use. Below are some instructions and helpful hints on how to register your team:

1. To register your team(s), please visit [www.aauwrestling.net](http://www.aauwrestling.net) and click on the **ONLINE REGISTRATION** icon under the Scholastic Duals event information.
2. **Step 1:** Log In/Register (Create an Account) – **The person registering the team must create a username and password. This is not your AAU membership or club number.** A confirmation email will be sent to confirm your information and activate your account. Once your account is activated you can begin to register your team. If you had an account in 2023, you can log in with that username/password to update the team(s) for the 2024 event.
3. **Step 2:** Enter Team Information – Add your team information. You can use the same username and password for each team. Community Division 2 size teams that would like to compete in Division 1 must declare your division here.
4. **Step 3:** Enter Athletes to Roster – Not to exceed seventeen (17) athletes. 14 weight classes and 3 alternates make up the roster. **IMPORTANT:** You MUST have each Athlete’s 2024 AAU Athlete Membership card prior to entering your athletes!
  - a. **Extra Alternates** may be added at this time (\$50 per athlete). These athletes cannot be substituted into your lineup at any time! They are designated on the roster as EXT.
  - b. When entering your athletes, you will need the following information:

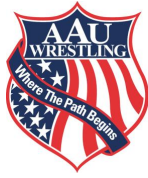
i. AAU Membership ID	v. Weight Class	xi. SAT/ACT Score
ii. Zip Code	vi. Certified Weight	xii. High School Coaches Name
iii. Contact Phone Number	vii. Email Address	xiii. Wrestling/Personal Achievements
iv. T-shirt Size	viii. High School	
	ix. Current Year in School	
	x. GPA	
5. **Step 4:** Enter Head Coach, Assistant Coach, Alternate Coach and Table Worker – Maximum of four [4] non-athletes [Head Coach, Assistant Coach, Alternate Coach and Table Worker] per team. **IMPORTANT:** You MUST have a 2023 AAU Non-Athlete Membership prior to entering your coaches and table workers.
6. **Step 5:** Complete Remaining Forms – If a 7<sup>th</sup> or 8<sup>th</sup> grader is to be used in competition, the Principal or AD must also indicate on school stationery that their state allows those younger grades to compete at the high school varsity level.
7. **Step 6:** Hotel & Contact Info. – To ensure the safety of our participants, please enter the contact information for the Onsite Team Coordinator during the event as well as the hotel information for your team.
8. **Step 7:** Check Out – This is where you pay your tournament entry fee. You can pay for the tournament with a credit card or debit card (VISA, MasterCard, Discover, or American Express). Once this process is completed, you will receive an email confirmation verifying your payment. We recommend printing and saving this email for your own records.

**Verify your team is registered in your desired division.**

**THERE WILL BE NO DIVISION CHANGES AT THE ON-SITE REGISTRATION/WEIGH-INS**

If you experience any problems or have questions about your Online Registration, please contact:

Chris Fox  
407-828-3262  
[cfox@ausports.org](mailto:cfox@ausports.org)



## Tournament Information

**DATES:**

June 20<sup>th</sup> – June 26<sup>th</sup>, 2024

**District All-Star & Developmental Division Registration/Weigh Ins/Meetings:**

\*Weigh-ins – Thursday, June 20<sup>th</sup>, 2024

\*Tableworkers Meeting – Thursday, June 20<sup>th</sup>, 2024 (5:00 PM)

\*Coaches Meeting – Thursday, June 20<sup>th</sup>, 2024 (5:00 PM)

\*Competition Days – Friday, June 21<sup>st</sup> – Sunday, June 23<sup>rd</sup>, 2024

**Community Division 1 & 2 Registration/Weigh Ins/Meetings:**

\*Weigh-ins – Sunday, June 23<sup>rd</sup>, 2024

\*Tableworkers Meeting – Sunday, June 23<sup>rd</sup>, 2024 (5:00 PM)

\*Coaches Meeting – Sunday, June 23<sup>rd</sup>, 2024 (5:00 PM)

\*Competition Days – Monday, June 24<sup>th</sup> – Wednesday, June 26<sup>th</sup>, 2024

Please be aware there is a likelihood that you will wrestle more than five (5) matches in one day.

**SITES:**

Broward County Convention Center

**ENTRY FEE:**

**Early Registration \$950 per team until Thursday March 14<sup>th</sup>, 2024**

**Registration \$1000.00 per team March 15<sup>th</sup>- May 9<sup>th</sup>, 2024**

**Late Registration \$1,050 per team closes on May 23<sup>rd</sup>, 2024**

**\$50.00 per Extra Alternate (ALL DIVISIONS)**

**(NON-REFUNDABLE) NO PERSONAL CHECKS**

**ENTRY DEADLINE:**

All entries **MUST BE RECEIVED BY THURSDAY, MAY 23<sup>rd</sup>, 2024**

Once you enter as a team online and we process your entry, your team's name will be posted at [www.aauwrestling.net](http://www.aauwrestling.net).

**MEMBERSHIP:**

All team members, coaches, and table workers must hold current AAU membership cards. Membership cards must be purchased online at [www.aausports.org](http://www.aausports.org). Memberships **WILL NOT** be sold at on-site registration. Individual athlete cards are \$20.00 each and non-athletes (coaches, table workers, etc.) are \$55.00 each.

**COACHES**

**EDUCATION:**

The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. This exciting program is available for all AAU Non-Athletes that will be coaching, and will be administered by **Positive Coaching Alliance (PCA)**. Please visit [www.aausports.org](http://www.aausports.org) and click on JOIN NOW in order to enter and take the AAU/PCA coaches educational course.

**WEIGH-INS &  
REGISTRATION:**

Each team will weigh-in first and then register. Weigh-ins will take place on Thursday, June 20<sup>th</sup>, 2024 for the All-Star & Developmental teams, and on Sunday, June 23<sup>rd</sup>, 2024 for the Community I & II teams (Weigh-in and Registration Times TBD). **WEIGH-INS WILL BE DONE WITH EACH ATHLETE WEARING A SINGLET.** After each team has weighed-in, the athletes may depart. The Head Coach must stay to register the team.

**Weigh-in order will be determined by the order teams paid their Entry Fees.** Each team will be given a weigh in time and must report for weigh ins at that given time.

**ATHLETES WILL NOT BE ALLOWED TO CHANGE WEIGHT CLASSES AS A RESULT OF A SECOND WEIGH-IN. THE WEIGHT CLASS IN WHICH A WRESTLER CERTIFIES IN; ON JUNE 20<sup>th</sup> (DISTRICT/ALL-STAR & DEVELOPMENTAL) OR JUNE 23<sup>rd</sup> (COMMUNITY) IS THE LOWEST HE OR SHE CAN GO. ALL WRESTLERS ARE LIMITED TO WEIGHING IN ON ONE TEAM PER DIVISION. A WRESTLER MAY WRESTLE IN TWO DIVISIONS ONLY IF THE DATES DO NOT OVERLAP. THAT WRESTLER MUST WEIGH IN FOR EACH DIVISION. A WRESTLER CANNOT WRESTLE BELOW HIGH SCHOOL CERTIFIED WEIGHT.**

LATE WEIGH-INS MUST BE REQUESTED/APPLIED FOR ONE (1) WEEK PRIOR TO WEIGH-INS. PLEASE EMAIL [CFOX@AAUSPORTS.ORG](mailto:CFOX@AAUSPORTS.ORG) FOR THE LATE WEIGH-IN FORM.

**PARKING:** At the Broward County Convention Center, a parking fee of \$25 will be charged daily.

**CREDENTIAL INFORMATION:**

Please note, that credentials will be issued to athletes and coaches. These credentials will be required for entry. If an athlete or coach loses their credential, a replacement will be issued at the cost of a General Admission Ticket for the remainder of the event.

**RULES:**

Rules will be according to the National High School Rulebook. Two-piece singlets are acceptable. The weights are high school weights: 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, HWT (285), with a 5-pound weight allowance provided. **NO ATHLETE MAY COMPETE BELOW HIS/HER 2023-2024 HIGH SCHOOL CERTIFICATION WEIGHT.**

A team shall consist of up to: 3 coaches, 14 wrestlers, 3 alternates and one table worker.

**EACH TEAM WILL BE RESPONSIBLE TO PROVIDE ONE TIMER OR ONE SCORER (TABLE WORKER) FOR EACH OF THEIR TEAM'S DUAL MEETS. FAILURE TO DO SO MAY RESULT IN A FORFEIT.**

For competition in the final pools, if two teams have wrestled one another earlier in the tournament, the team that lost the dual may decide not to wrestle the match again without penalty. To exercise this right, the head table must be informed of a team's intention not to wrestle when the final schedule is posted.

**District/All Star Team:** This group is made up of athletes attending various high schools within a particular AAU District in the 2023 – 2024 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 8 for the adjoining AAU districts to each AAU district.

**Developmental Division Team:** This group is made up of athletes attending various high schools within a particular AAU District in the 2023 – 2024 school year that **did not place at the state tournament during the 2023-2024 high school season.** No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 8 for the adjoining AAU districts to each AAU district.

**Community Division 1:** Larger school division based on 2023 – 2024 enrollment and 2023 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2023-2024 school year. Any athletes incoming to your school must show proof they are registered with the school and that must be verified by School Principal or AD. Community Teams not meeting these criteria will be moved into the District Division. **Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

**Community Division 2:** Division 2 will be determined from the lowest 50% enrollments of the teams entered in the COMMUNITY division. If a team wishes to compete in division 1 and **not** be considered for division 2 then they must indicate so on the online registration form. No more than three (3) wrestlers may come from other schools that make up this team and all must reside in the same or an adjoining AAU District in the 2023-2024 school year. Any athletes incoming to your school must show proof they are registered with the school and that must be verified by School Principal or AD. Community Teams not meeting these criteria will be moved into the District Division. Schools that have a community 1 team may enter a second team(JV) as a community 2 team. **Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches'**

**responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

To be eligible for this event, each team member must have been eligible for his or her 2023-2024 High School season. Any team member found to be ineligible under the division rules above will be removed from all team competition, and allowed to wrestle exhibition only.

**\*\*\*IN DUAL MEET COMPETITION, DUAL TEAM TIE BREAKERS CAN BE FOUND IN THE 2023-2024 NFHS RULE BOOK.**

**MEDALS AND AWARDS:**

The top eight teams in each division will each receive a trophy. Individually, there will be awards given for the Outstanding Wrestler, Most Pins, and Sportsmanship(team) in all divisions. Wrestlers who had outstanding performances will receive championship medals using the following formula:

1. Any undefeated wrestler, with at least six matches wrestled – GOLD (All-American)
2. Any wrestler with no more than one loss, with at least six matches wrestled – SILVER (All-American)
3. Any wrestler with no more than two losses, with at least six matches wrestled – BRONZE
4. Any wrestler with no more than three losses, with at least six matches wrestled – COPPER

In all dual meets, a team must wrestle at least 80% of their roster OR each athlete that doesn't wrestle will receive a loss to their record.

**BOUTS:**

All bouts will be 2-2-2 minutes in length.

**SPECTATOR:**

Spectator admission is required for all events at Broward County Convention Center.

**ADMISSION:**

Adult admission will be \$19 per day or \$50 for 3-day pass  
Child (4-9) admission will be \$14 per day or \$35 for 3-day pass  
Click Here to purchase spectator admission tickets.

**TRANSPORTATION:**

Teams are responsible for their own transportation to and from the Broward County Convention Center.

**COLLEGE COACHES: THIS WILL BE THE 17<sup>th</sup> SUMMER WE ARE EXTENDING AN OPEN INVITATION TO COLLEGE COACHES FROM ALL ACROSS AMERICA TO JOIN US FOR THIS OUTSTANDING EVENT. EACH COLLEGE COACH THAT ATTENDS WILL RECEIVE AN ATHLETE INFORMATION USB ON EVERY ATHLETE IN THE TOURNAMENT.**

**HOUSING:**

AAU has selected Official Housing properties for the 2024 Scholastic Duals to help streamline your travel management efforts and provide competitive rates and amenities for you while in the Fort Lauderdale area.

Hotel and apartment style accommodations are available and guests can book online, Coming Soon

**COVID-19**

**PROTOCOLS:**

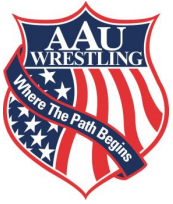
In conjunction with the Broward County Convention Center, local authorities and medical professionals, protocols may be in place for this event. Additional information will be posted and distributed to teams prior to the event.

**FOR MORE INFO:**

Chris Fox  
407-828-3262  
[cfox@ausports.org](mailto:cfox@ausports.org)

## AAU Districts & Adjoining AAU Districts

<b>Adirondack</b> – Adjoining: Connecticut, Middle Atlantic, New England, Metropolitan (NY), Niagara	<b>Alaska</b> – Adjoining: None
<b>Arizona</b> – Adjoining: Colorado, New Mexico, Pacific Southwest, Pacific, Southern Pacific, Utah	<b>Arkansas</b> – Adjoining: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley, Ozark
<b>Central</b> – Adjoining: Wisconsin, Iowa, Ozark, Kentucky, Indiana	<b>Central California</b> – Adjoining: Pacific, Southern Pacific
<b>Colorado</b> – Adjoining: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona, Utah	<b>Connecticut</b> – Adirondack, New England, Metropolitan (NY)
<b>Florida</b> – Adjoining: Florida Gold Coast, Georgia, Southeastern	<b>Florida Gold Coast</b> – Adjoining: Florida
<b>Georgia</b> – Adjoining: Florida, North Carolina, Southeastern, South Carolina	<b>Gulf</b> – Adjoining: Southern, Southwestern, South Texas
<b>Hawaiian</b> – Adjoining: None	<b>Indiana</b> – Adjoining: Central, Kentucky, Michigan, Ohio
<b>Inland Empire</b> – Adjoining: Pacific Northwest, Pacific, Oregon, Utah, Wyoming, Montana	<b>Iowa</b> – Adjoining: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark, Central
<b>Kentucky</b> – Adjoining: Central, Indiana, Ohio, Ozark, Southeastern, Virginia, West Virginia	<b>Lake Erie</b> – Adjoining: Ohio, Western Pennsylvania
<b>Maryland</b> – Adjoining: Potomac Valley, Virginia, West Virginia, Western Pennsylvania, Middle Atlantic	<b>Michigan</b> – Adjoining: Indiana, Ohio, Wisconsin,
<b>Middle Atlantic</b> – Adjoining: Adirondack, New Jersey, Metropolitan (NY), Niagara, Western Pennsylvania, Maryland	<b>Minnesota</b> – Adjoining: Iowa, North Dakota, South Dakota, Wisconsin
<b>Missouri Valley</b> – Adjoining: Iowa, Nebraska, Colorado, Oklahoma, Arkansas, Ozark	<b>Montana</b> – Adjoining: Inland Empire, North Dakota, South Dakota, Wyoming
<b>Nebraska</b> – Adjoining: South Dakota, Wyoming, Colorado, Missouri Valley, Iowa	<b>New England</b> – Adjoining: Adirondack, Connecticut
<b>New Jersey</b> – Adjoining: Middle Atlantic, Metropolitan (NY)	<b>New Mexico</b> – Adjoining: Colorado, Utah, Arizona, West Texas, South Texas, Oklahoma
<b>New York Metropolitan</b> – Adjoining: Adirondack, Connecticut, Middle Atlantic, New Jersey	<b>Niagara</b> – Adjoining: Adirondack, Middle Atlantic, Western Pennsylvania
<b>North Carolina</b> – Adjoining: Georgia, South Carolina, Southeastern, Virginia	<b>North Dakota</b> – Adjoining: Minnesota, Montana, South Dakota
<b>Ohio</b> – Adjoining: Indiana, Lake Erie, Michigan, Kentucky, West Virginia, Western Pennsylvania	<b>Oklahoma</b> – Adjoining: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern, Arkansas
<b>Oregon</b> – Adjoining: Inland Empire, Pacific, Pacific Northwest	<b>Ozark</b> – Adjoining: Arkansas, Central, Kentucky, Iowa, Missouri Valley, Southeastern
<b>Pacific</b> – Adjoining: Central California, Inland Empire, Oregon, Southern Pacific, Arizona, Utah	<b>Pacific Northwest</b> – Adjoining: Inland Empire, Oregon
<b>Pacific Southwest</b> – Adjoining: Arizona, Southern Pacific	<b>Potomac Valley</b> – Adjoining: Maryland, Virginia
<b>Puerto Rico</b> – Adjoining: None	<b>South Carolina</b> – Adjoining: Georgia, North Carolina
<b>South Dakota</b> – Adjoining: Iowa, Minnesota, Montana, Nebraska, North Dakota, Wyoming	<b>South Texas</b> – Adjoining: Gulf, Southwest, New Mexico, West Texas
<b>Southeastern</b> – Adjoining: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas, Ozark	<b>Southern</b> – Adjoining: Southeastern, Arkansas, Gulf, Southwestern
<b>Southern Pacific</b> – Adjoining: Arizona, Central California, Pacific, Pacific Southwest	<b>Southwestern</b> – Adjoining: Oklahoma, Arkansas, Southern, Gulf, South Texas, West Texas
<b>Utah</b> – Adjoining: Inland Empire, Wyoming, Colorado, New Mexico, Arizona, Pacific	<b>Virginia</b> – Adjoining: Potomac Valley, West Virginia, Kentucky, Southeastern, North Carolina
<b>Western Pennsylvania</b> – Adjoining: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, Lake Erie	<b>West Texas</b> – Adjoining: Oklahoma, New Mexico, South Texas, Southwestern
<b>West Virginia</b> – Adjoining: Maryland, Western Pennsylvania, Ohio, Kentucky, Virginia	<b>Wisconsin</b> – Adjoining: Michigan, Minnesota, Iowa, Central
<b>Wyoming</b> – Adjoining: Montana, South Dakota, Nebraska, Colorado, Utah, Inland Empire	



# WEIGH-IN SHEET

## AAU Wrestling Scholastic Duals

### June 20<sup>th</sup> – June 26<sup>th</sup>, 2024



**\*\*\*BRING THIS FORM WITH YOU TO WEIGH-INS\*\*\***

**COACH** this weigh-in sheet **IS** the official one in terms of who is wrestling on your team! The athletes on the roster we received earlier with your entry fee can be altered up until this point.

Team Name:			
Division:			
Head Coach:			
Weight Class	Name	Actual Weight	Certified Weight
106			
113			
120			
126			
132			
138			
144			
150			
157			
165			
175			
190			
215			
HWT			
ALT #1			
ALT #2			
ALT #3			
EXT			
EXT			
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**Scale Operator Signature:** \_\_\_\_\_