



2025

## AAU WRESTLING DIVISIONS / AGES / WEIGHTS

**Division** is determined by Year of Birth OR Age on Day of Tournament.

Tournament Director of Individual Championships reserve the right to choose if tournament will use end of the year Birth Year (below) or **Birthdate on Day of Tournament**. Choice will be published in "Tournament Brochure"  
 \*Tot – Bantam – Midget – Novice and Schoolboy Hwt classes will include – Lt. Hwt Hwt Super Hwt (if needed)

<b>Divisions</b> <b>Age</b> Birth year # of weights	<b>6U</b> Previously: <b>Tot</b> <b>6-under</b> 2019/after	<b>8U</b> Previously: <b>Bantam</b> <b>7-8</b> 2018/2017	<b>10U</b> Previously: <b>Midget</b> <b>9-10</b> 2016/2015	<b>12U</b> Previously: <b>Novice</b> <b>11-12</b> 2014/2013	<b>14U</b> Previously: <b>Schoolboy</b> <b>13-14</b> 2012/2011	<b>16U</b> Previously: <b>Cadet</b> <b>15-16</b> 2010/2009	<b>19U*</b> Previously: <b>Elite</b> <b>17-18-19*</b> 2008/2007 2006**	<b>Senior</b> <b>19-29</b> 2006/1996	<b>Masters</b> <b>30-up</b> 1995/Before
	7	11	15	15	18	17	15	10	11
	30	40	50	60	70	84	98	125	125
	35	45	55	65	75	91	106	133	133
	40	50	60	70	80	98	113	141	141
	45	55	65	75	85	106	120	149	149
	50	60	70	80	90	113	126	157	157
	55	65	75	85	95	120	132	165	165
	Hwt*	70	80	90	100	126	138	174	174
	(90 max)	75	85	95	105	132	145	185	185
		80	90	100	110	138	152	197	197
		90	95	105	115	145	160	Hwt	215
		Hwt*	103	112	120	152	170		Hwt
		(125 max)	112	120	125	160	182		
			120	130	130	170	195		
			130	140	140	182	220		
			Hwt*	Hwt*	150	195	285		
			(175 max)	(205 max)	160	220	(max)		
					180	285			
					Hwt*	(max)			
					(260 max)				

\*\*2006 Elite – Must be in High School or graduated in current year / must provide proof



## AAU GIRLS INDIVIDUAL & GIRLS TEAM - DIVISIONS / AGES / WEIGHTS

(see page 2)

### GIRLS INDIVIDUAL TOURNAMENTS

(Age division is age as of 12/31 of current year)

**JUNIOR OLYMPIC GAMES** - Tot thru High School / **GRAND NATIONALS - FOLKSTYLE NATIONALS** - Tot thru Masters

DIVISION Birth year	TOT 2019/after	BANTAM 2018/2017	MIDGET 2016/2015/2014	SCHOOLGIRL 2013/2012/2011	HIGH SCHOOL 2010/2009/2008/2007 2006*	SENIOR 2006/1996	MASTERS 1995/Before
<b>Age</b> # of weights	<b>6-under</b>	<b>7-8</b>	<b>9-10-11</b>	<b>12-13-14</b>	<b>15-19*</b>	<b>19-29</b>	<b>30-up</b>
	8	7	8	7	12	10	11
	30	35	53	73	95	125	125
	35	40	58	82	100	133	133
	40	45	65	91	106	141	141
	45	50	73	100	112	149	149
	50	55	82	115	118	157	157
	55	60	91	130	124	165	165
	60	Hwt (60.1)	100	Hwt (130.1)	130	174	174
	Hwt (60.1)		Hwt (100.1)		138	185	185
					148	197	197
					160	Hwt	215
					185		Hwt
					Hwt (max 285)		

\*\*2006 High School – Must be in High School or graduated in current year / must provide proof

### GIRLS TEAM DUALS

Grades K -2 <sup>nd</sup>	Grades 3 <sup>rd</sup> – 5 <sup>th</sup>	Grades 6 <sup>th</sup> – 8 <sup>th</sup>	High School
<i>7 wt. classes</i>	<i>7 wt. classes</i>	<i>7 wt. classes</i>	<i>12 wt. classes</i>
35	58	73	95
40	65	82	100
45	73	91	106
50	82	100	112
55	91	115	118
60	100	130	124
Hwt (60.1)	Hwt (100.1)	Hwt (130.1)	130
			138
			148
			160
			185
			Hwt (max 285)