



2025 AAU WRESTLING SCHOLASTIC DUALS GIRLS NATIONALS



JUNE 25th – JUNE 28th, 2025

2025 IMPORTANT INFO

Weight Classes for the 2025 AAU Wrestling Scholastic Duals

Weight Classes														
100	105	110	115	120	125	130	135	140	145	155	170	190	235	HWT***
* A four (4) pound weight allowance is provided.														
** Athletes may only wrestle one weight class above the class they weighed in at.														
*** HWT to not exceed 260														

TEAM CRITERIA

All Star Division: This group is made up of athletes attending various high schools within a particular AAU District in the 2024 – 2025 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster.

Progressive Division: This group is made up of athletes attending various high schools within a particular AAU District, each team may consist of no more than 1 (one) wrestler who was a top 4 (four) place winner at the state tournament in the 2024-2025 high school season. The remaining team members will be made up of wrestlers placing no higher than 5th (fifth) at the state tournament in the 2024-2025 high school season, and no more than 3 (three) wrestlers from an adjoining AAU district.

If you have any issues or questions about the 3 wrestlers from outside of your district please contact Jason Loyd (girlsinfo@iowaaaugirls.com) and he will assist. Any incoming athletes from a different AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

EXTRA ALTERNATES

**If you wish to exceed the 17-athlete roster limit you may do so by adding Extra Alternates. Extra Alternates will be designated on the roster as EXT. These athletes may only compete in exhibition matches while listed as EXT. They can only be substituted into your lineup due to injury resulting in forfeiting a weight class. The injured wrestler will not be eligible to return to your lineup.

**You may add Extra Alternates to your roster via the Online Registration system.

**Extra Alternate fee = \$50 per athlete

QUALIFIERS

In order to advance to a National Dual Championship, your team must participate in your **AAU District Qualifier**. Please contact your District Sports Director to find out if there is an **AAU District Qualifier** in your District. If your District is not conducting an **AAU District Qualifier**, your team can advance directly to the National Dual Championship.

RECRUITMENT USB

The recruitment USB will be created using the information provided when each athlete is added to the roster. Please be sure to fill out all information for each athlete so that it can be distributed to the college coaches.



*****ONLINE REGISTRATION INSTRUCTIONS*****

ONLINE REGISTRATION – COMING SOON

The 2025 AAU Wrestling Scholastic Duals will be using an online registration system ONLY! This system is extremely easy to use. Below are some instructions and helpful hints on how to register your team:

1. To register your team(s), please visit www.aauwrestling.net and click on the **ONLINE REGISTRATION** icon under the Scholastic Duals event information.
2. **Step 1:** Log In/Register (Create an Account) – **The person registering the team must create a username and password. This is not your AAU membership or club number.** A confirmation email will be sent to confirm your information and activate your account. Once your account is activated you can begin to register your team. If you had an account in 2024, you can log in with that username/password to update the team(s) for the 2025 event.
3. **Step 2:** Enter Team Information – Add your team information. You can use the same username and password for each team.
4. **Step 3:** Enter Athletes to Roster – Not to exceed seventeen (17) athletes. 14 weight classes and 3 alternates make up the roster. **IMPORTANT:** You MUST have each Athlete’s 2025 AAU Athlete Membership card prior to entering your athletes!
 - a. **Extra Alternates** may be added at this time (\$50 per athlete). These athletes cannot be substituted into your lineup at any time! They are designated on the roster as EXT.
 - b. When entering your athletes, you will need the following information:

i. AAU Membership ID	v. Weight Class	xi. SAT/ACT Score
ii. Zip Code	vi. Certified Weight	xii. High School Coaches Name
iii. Contact Phone Number	vii. Email Address	xiii. Wrestling/Personal Achievements
iv. T-shirt Size	viii. High School	
	ix. Current Year in School	
	x. GPA	
5. **Step 4:** Enter Head Coach, Assistant Coach, Alternate Coach and Table Worker – Maximum of four [4] non-athletes [Head Coach, Assistant Coach, Alternate Coach and Table Worker] per team. **IMPORTANT:** You MUST have a 2025 AAU Non-Athlete Membership prior to entering your coaches and table workers.
6. **Step 5:** Complete Remaining Forms – You do not have to upload a weight certification sheet.
7. **Step 6:** Hotel & Contact Info. – To ensure the safety of our participants, please enter the contact information for the Onsite Team Coordinator during the event as well as the hotel information for your team.
8. **Step 7:** Check Out – This is where you pay your tournament entry fee. You can pay for the tournament with a credit card or debit card (VISA, MasterCard, Discover, or American Express). Once this process is completed, you will receive an email confirmation verifying your payment. We recommend printing and saving this email for your own records. You do not have to complete your roster before checking out.

Verify your team is registered in your desired division.

THERE WILL BE NO DIVISION CHANGES AT THE ON-SITE REGISTRATION/WEIGH-INS

If you experience any problems or have questions about your Online Registration, please contact:

Chris Fox
407-828-3262
cfox@ausports.org



Tournament Information

- DATES:** June 25th – June 28th, 2025
- Registration/Weigh Ins/Meetings:**
- *Weigh-ins – Wednesday, June 25th, 2025
 - *Tableworkers Meeting – Wednesday, June 25th, 2025
 - *Coaches Meeting – Wednesday, June 25th, 2025
 - *Competition Days – Thursday, June 26th – Saturday, June 28th, 2025
- SITES:** Broward County Convention Center
- ENTRY FEE:** **Early Registration \$700 per team until Thursday April 1st, 2025**
Registration \$800 per team April 1st- May 15th, 2025
Late Registration \$850 per team closes on May 22nd, 2025
\$50.00 per Extra Alternate
(NON-REFUNDABLE) NO PERSONAL CHECKS
- ENTRY DEADLINE:** All entries **MUST BE RECEIVED BY THURSDAY, MAY 22nd, 2025**
Once you enter as a team online and we process your entry, your team's name will be posted at www.aauwrestling.net.
- MEMBERSHIP:** All team members, coaches, and table workers must hold current AAU membership cards. Membership cards must be purchased online at www.aausports.org. Memberships **WILL NOT** be sold at on-site registration. Individual athlete cards are \$20.00 each and non-athletes (coaches, table workers, etc.) are \$55.00 each.
- COACHES EDUCATION:** The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. Please visit www.aausports.org and click on JOIN NOW in order to enter and take the AAU/PCA coaches educational course.
- WEIGH-INS & REGISTRATION:** Each team will weigh-in first and then register. Weigh-ins will take place on Wednesday, June 25th, 2025 (Weigh-in and Registration Times TBD). **WEIGH-INS WILL BE DONE WITH EACH ATHLETE WEARING A SINGLET.** After each team has weighed-in, the athletes may depart. The Head Coach must stay to register the team.
- Weigh-in order will be determined by the order teams paid their Entry Fees. Each team will be given a weigh in time and must report for weigh ins at that given time.**
- ATHLETES WILL NOT BE ALLOWED TO CHANGE WEIGHT CLASSES AS A RESULT OF A SECOND WEIGH-IN. THE WEIGHT CLASS IN WHICH A WRESTLER WEIGHS IN AT ON JUNE 25th IS THE LOWEST SHE CAN GO. ALL WRESTLERS ARE LIMITED TO WEIGHING IN ON ONE TEAM.**
- LATE WEIGH-INS MUST BE REQUESTED/APPLIED FOR ONE (1) WEEK PRIOR TO WEIGH-INS. PLEASE EMAIL CFOX@AAUSPORTS.ORG FOR THE LATE WEIGH-IN FORM.**
- PARKING:** At the Broward County Convention Center, a parking fee of \$25 will be charged daily.
- CREDENTIAL INFORMATION:** Please note, that credentials will be issued to athletes and coaches. These credentials will be required for entry. If an athlete or coach loses their credential, a replacement will be issued at the cost of a General Admission Ticket for the remainder of the event.

RULES:

Rules will be according to the National High School Rulebook. Two piece singlets are acceptable.

The weights are: 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, HWT (max 260), with a 4-pound weight allowance provided.

A team shall consist of up to: 3 coaches, 14 wrestlers, 3 alternates and one table worker.

EACH TEAM WILL BE RESPONSIBLE TO PROVIDE ONE TIMER OR ONE SCORER (TABLE WORKER) FOR EACH OF THEIR TEAM'S DUAL MEETS. FAILURE TO DO SO MAY RESULT IN A FORFEIT.

For competition in the final pools, if two teams have wrestled one another earlier in the tournament, the team that lost the dual may decide not to wrestle the match again without penalty. To exercise this right, the head table must be informed of a team's intention not to wrestle when the final schedule is posted.

All Star Team Criteria: Each team is made up of athletes attending various high schools within a particular AAU District in the 2024 – 2025 school year. No more than 3 wrestlers from outside the AAU district are allowed on a roster. Any incoming athletes from a different AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6th, 7th, and incoming freshmen are eligible for these division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize her High School eligibility).

All Star Progressive Division: Each team is made up of athletes attending various high schools within a particular AAU District, each team may consist of no more than 1 (one) wrestler who was a top 4 (four) place winner at the state tournament in the 2024-2025 high school season. The remaining team members will be made up of wrestlers placing no higher than 5th (fifth) at the state tournament in the 2024-2025 high school season, and no more than 3 (three) wrestlers from an adjoining AAU district. Any incoming athletes from a different AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6th, 7th, and incoming freshmen are eligible for these division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize her High School eligibility).

To be eligible for this event, each team member must have been eligible for her 2024-2025 High School season. Any team member found to be ineligible under the rules above will be removed from all team competition and allowed to wrestle exhibition only.

POOL PLAY – TEAM/TIE BREAKER [criteria is among those tied]

1. Head to Head competition
2. The team who has been penalized the least for flagrant or unsportsmanlike conduct
3. The team having won the greatest number of victories
4. The team having the greater number of falls
5. The team having the greater number of technical falls
6. The team having the greater number of major decisions
7. The team having the least number of defeats
8. The team having the greater number of offensive points scored among those tied
9. The team having the least number of defensive points scored among those tied
10. The team having the fastest fall

***3-way tie**

*If at any point in the above criteria you are able to determine either a first or third position and the other two teams are still tied at this criterion, then the match between these two tied teams will determine placement. If the teams are not tied at this point, they will be placed accordingly.

Example – Placement [without tied points]

Team 1 – 89 / 3rd place
 Team 2 – 93 / 1st place
 Team 3 – 90 / 2nd place

Example – Placement [with tied points]

Team 1 – 90 points / 3rd place
 Team 2 – 93 points / 2nd place
 Team 3 – 93 points / 1st place
 [team 3 beat team 2]

***4 or more**

*If at any point in the above criteria, you are able to determine either a first or last position among those tied, then placement

will be made for that position. If the other teams are still tied at this criterion, then you will use the same method to determine the next placement. If the last two teams are still tied at this point, then the match between these two tied teams will determine their placement. If at any point in the criteria, teams are not tied, they will be placed accordingly.

Example – placement [without tied points]

Team 1 – 89 / 3rd place

Team 2 – 93 / 1st place

Team 3 – 90 / 2nd place

Team 4 – 88 / 4th place

Example – Placement [with tied points]

Team 1 – 90 points / 3rd place

Team 2 – 93 points / 2nd place

Team 3 – 93 points / 1st place

Team 4 – 87 points / 4th place

[team 3 beat team 2]

*****IN DUAL MEET COMPETITION, DUAL TEAM TIE BREAKERS CAN BE FOUND IN THE 2024-2025 NFHS RULE BOOK.**

MEDALS AND

AWARDS:

The top eight teams will each receive a trophy. Individually, there will be awards given for the Outstanding Wrestler, Most Pins, and Sportsmanship (team). Wrestlers who had outstanding performances will receive championship medals using the following formula:

1. Any undefeated wrestler, with at least six matches wrestled – GOLD
2. Any wrestler with no more than one loss, with at least six matches wrestled – SILVER
3. Any wrestler with no more than two losses, with at least six matches wrestled – BRONZE
4. Any wrestler with no more than three losses, with at least six matches wrestled – COPPER

In all dual meets, a team must wrestle at least 80% of their roster OR each athlete that doesn't wrestle will receive a loss to their record.

BOUTS:

All bouts will be 2-2-2 minutes in length.

SPECTATOR:

Spectator admission is required for all events at Broward County Convention Center.

Adult admission will be \$19 per day or \$50 for 3-day pass

Child (4-9) admission will be \$14 per day or \$35 for 3-day pass

Click here to purchase spectator admission tickets.

TRANSPORTATION:

Teams are responsible for their own transportation

COLLEGE COACHES: WE ARE EXTENDING AN OPEN INVITATION TO COLLEGE COACHES FROM ALL ACROSS AMERICA TO JOIN US FOR THIS OUTSTANDING EVENT. EACH COLLEGE COACH THAT ATTENDS WILL RECEIVE AN ATHLETE INFORMATION USB ON EVERY ATHLETE IN THE TOURNAMENT.

HOUSING:

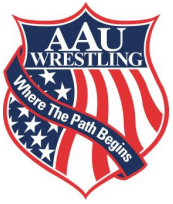
AAU has selected Official Housing properties for the 2025 Scholastic Duals to help streamline your travel management efforts and provide competitive rates and amenities for you while in the Fort Lauderdale area. [Click Here](#) for more information and online booking.

FOR MORE INFO:

Chris Fox

407-828-3262

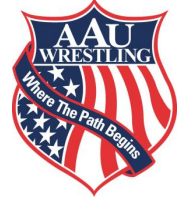
cfox@ausports.org



WEIGH-IN SHEET

AAU Wrestling Scholastic Duals

June 25th – June 28th, 2025



*****BRING THIS FORM WITH YOU TO WEIGH-INS*****

COACH this weigh-in sheet is not the official one in terms of who is wrestling on your team! The athletes on the roster we received earlier with your entry fee can be altered up until weigh ins. At weigh ins we will have a printed out roster with who you submitted during the online registration, this will be your official roster.

Team Name:			
Head Coach:			
Weight Class	Name	Actual Weight	Certified Weight
100			
105			
110			
115			
120			
125			
130			
135			
140			
145			
155			
170			
190			
HWT			
ALT #1			
ALT #2			
ALT #3			
EXT			
EXT			
EXT			
EXT			