



# 2026

# AAU WRESTLING

# SCHOLASTIC DUALS



JUNE 23<sup>rd</sup> – JUNE 29<sup>th</sup>, 2026

# **\*2026 IMPORTANT INFO\***

## **High School Weight Classes**

106	113	120	126	132	138	144	150	157	165	175	190	215	HWT
* A five (5) pound weight allowance is provided. No athlete may wrestle below his current High School Certification weight.													
** Athletes may only wrestle one weight class above the class they weighed in at.													

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## **\*New\* Middle School Weight Classes**

75	82	90	98	106	114	122	132	143	155	170	185	215	250
* A four (4) pound weight allowance is provided.													
* Athletes may only wrestle one weight class above the class they weighed in at.													

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## **QUALIFIERS**

In order to advance to a National Dual Championship in the district all-star division, your team must participate in your AAU **District Qualifier**. Please contact your District Sports Director to find out if there is an AAU **District Qualifier** in your District. If your District is not conducting an AAU **District Qualifier**, your team can advance directly to the National Dual Championship.

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## **TEAM CRITERIA** ([detailed descriptions on page 5](#))

### **DISTRICT ALL-STAR**

**District/All Star Team:** This group is made up of athletes attending various high schools within a particular AAU District in the 2025 – 2026 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster.

### **DEVELOPMENTAL DIVISION**

**Developmental Division Team:** This group is made up of athletes from various high schools within a particular AAU District that did not place at the state tournament in the 2025-2026 high school season. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster.

### **Community Division 1**

**Community Division 1:** Larger school division based on 2025 – 2026 enrollment and 2025 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2025-2026 school year.

### **Community Division 2**

**Community Division 2:** Division 2 will be determined from the lowest 50% enrollments of the teams entered in the COMMUNITY division. No more than three (3) wrestlers may come from other schools that make up this team and all must reside in the same or an adjoining AAU District in the 2025-2026 school year.

### **Middle School Division**

**\*New\* Middle School Division:** This group is made up of athletes attending various middle school grades 6<sup>th</sup>-8<sup>th</sup> within a particular AAU District or adjoining District in the 2025 – 2026 school year.

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## **PREP SCHOOLS**

Prep Schools will be in Community Division I with no fifth (5<sup>th</sup>) year seniors allowed on the team. Larger school division based on 2025 – 2026 enrollment and 2024 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2025-2026 school year.

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## EXTRA ALTERNATES

\*\*If you wish to exceed the 17-athlete roster limit you may do so by adding Extra Alternates. Extra Alternates will be designated on the roster as EXT. These athletes may only compete in exhibition matches while listed as EXT. They can only be substituted into your lineup due to injury resulting in forfeiting a weight class. The injured wrestler will not be eligible to return to your lineup.

\*\*You may add Extra Alternates to your roster via the Online Registration system.

\*\*Extra Alternate fee = \$50 per athlete

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## RECRUITMENT USB

The recruitment USB will be created using the information provided when each athlete is added to the roster. Please be sure to fill out all information for each athlete so that it can be distributed to the college coaches.



## \*\*\*ONLINE REGISTRATION INSTRUCTIONS\*\*\*

### ONLINE REGISTRATION – [REGISTER HERE](#)

The 2026 AAU Wrestling Scholastic Duals uses **ONLINE REGISTRATION ONLY!** This system is extremely easy to use. Below are some instructions and helpful hints on how to register your team:

1. **Step 1: Go to Registration**

- Visit [Scholastic Duals | AAU](#) and click on **ONLINE REGISTRATION**
- Click on **Register Now**
- **To register as a coach, click **Register as coach**, and follow steps 2 and 5**

2. **Step 2: Synchronize AAU Memberships**

Enter each athlete and coach into the system.

You will need:

- **AAU Membership Number**
- **ONE of the following:**
  - Birthdate
  - Last Name
  - Postal Code

**IMPORTANT:** You **MUST** have each AAU athlete/non-athlete membership card prior to entering your athletes and coaches!

3. **Step 3: Assign Weight Classes**

- View your team roster
- Assign a weight class to each athlete

4. **Step 4: Register for your Event**

- Select the **division** your team will compete in
- Click **Create Team**
- Enter your team name
- Select the athletes for that team
- Click **Submit My Team**.

5. **Step 5: Check Out**

- Complete the purchase process
- Once payment is complete, you can still go back and edit your roster or add athletes

Verify your team is registered in your desired division.  
**THERE WILL BE NO DIVISION CHANGES AT THE ON-SITE REGISTRATION/WEIGH-INS**

If you experience any problems or have questions about your Online Registration, please contact:

Jacob Sunde 407-470-1816 [jsunde@aausports.org](mailto:jsunde@aausports.org)



## Tournament Information

**DATES:** June 23<sup>rd</sup> – June 29<sup>th</sup>, 2026

**District All-Star & Developmental Division Registration/Weigh Ins/Meetings:**

\*Weigh-ins – Tuesday, June 23<sup>rd</sup>, 2026

\*Tableworkers Meeting – Tuesday, June 23<sup>rd</sup>, 2026

\*Coaches Meeting – Tuesday, June 23<sup>rd</sup>, 2026

\*Competition Days – Wednesday, June 24<sup>th</sup> – Friday, June 26<sup>th</sup>, 2026

**Community Division 1,2 & \*New\* Middle School Registration/Weigh Ins/Meetings:**

\*Weigh-ins – Friday, June 26<sup>th</sup>, 2026

\*Tableworkers Meeting – Friday, June 26<sup>th</sup>, 2026

\*Coaches Meeting – Friday, June 26<sup>th</sup>, 2026

\*Competition Days – Saturday, June 27<sup>th</sup> – Monday, June 29<sup>th</sup>, 2026

Please be aware there is a likelihood that you will wrestle more than five (5) matches in one day.

**SITES:** Broward County Convention Center

**ENTRY FEE:** Early Registration \$950 per team until April 1<sup>st</sup>, 2026  
Registration \$1000.00 per team April 1<sup>st</sup>- May 15<sup>th</sup>, 2026  
Middle School Registration \$650 per team through May 22<sup>nd</sup>  
Late Registration \$1,100 per team closes on May 22<sup>nd</sup>, 2026

**\$50.00 per Extra Alternate (ALL DIVISIONS)  
(NON-REFUNDABLE) NO PERSONAL CHECKS**

**ENTRY DEADLINE:** All entries **MUST BE RECEIVED BY Friday, May 22<sup>nd</sup>, 2026**  
Once you enter as a team online and we process your entry, your team's name will be posted at [www.aauwrestling.net](http://www.aauwrestling.net).

**MEMBERSHIP:** All team members, coaches, and table workers must hold current AAU membership cards. Membership cards must be purchased online at [www.aausports.org](http://www.aausports.org). Memberships **WILL NOT** be sold at on-site registration. Individual athlete cards are \$22.00 each and non-athletes (coaches, table workers, etc.) are \$55.00 each.

**COACHES EDUCATION:** The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. This exciting program is available for all AAU Non-Athletes that will be coaching, and will be administered by **Positive Coaching Alliance (PCA)**. Please visit [www.aausports.org](http://www.aausports.org) and click on JOIN NOW in order to enter and take the AAU/PCA coaches educational course.

**WEIGH-INS & REGISTRATION:** Each team will weigh-in first and then register. Weigh-ins will take place on Tuesday, June 23<sup>rd</sup>, 2026 for the All-Star & Developmental teams, and on Friday, June 26<sup>th</sup>, 2026 for the Community I & II teams (Weigh-in and Registration Times TBD). **WEIGH-INS WILL BE DONE WITH EACH ATHLETE WEARING A SINGLET.** After each team has weighed-in, the athletes may depart. The Head Coach must stay to register the team.

**Weigh-in order will be determined by the order teams paid their Entry Fees.** Each team will be given a weigh in time and must report for weigh ins at that given time.

**ATHLETES WILL NOT BE ALLOWED TO CHANGE WEIGHT CLASSES AS A RESULT OF A SECOND WEIGH-IN. THE WEIGHT CLASS IN WHICH A WRESTLER CERTIFIES IN; ON JUNE 23<sup>rd</sup> (DISTRICT/ALL-STAR & DEVELOPMENTAL) OR JUNE 26<sup>th</sup> (COMMUNITY) IS THE LOWEST HE OR SHE CAN GO. ALL WRESTLERS ARE LIMITED TO WEIGHING IN ON ONE TEAM PER DIVISION. A WRESTLER MAY WRESTLE IN TWO DIVISIONS ONLY IF THE DATES DO NOT OVERLAP. THAT WRESTLER MUST WEIGH IN FOR EACH DIVISION.**

LATE WEIGH-INS MUST BE REQUESTED/APPLIED FOR ONE (1) WEEK PRIOR TO WEIGH-INS. PLEASE EMAIL [JSUNDE@AAUSPORTS.ORG](mailto:JSUNDE@AAUSPORTS.ORG) FOR THE LATE WEIGH-IN FORM.

**PARKING:**

At the Broward County Convention Center, a parking fee of \$25 will be charged daily.

**CREDENTIAL INFORMATION:**

Please note, that credentials will be issued to athletes and coaches. These credentials will be required for entry. If an athlete or coach loses their credential, a replacement will be issued at the cost of a General Admission Ticket for the remainder of the event.

**RULES:**

Rules will be according to the National High School Rulebook. Two-piece singlets are acceptable. The weights are high school weights: 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, HWT (285), with a 5-pound weight allowance provided.

A team shall consist of up to: 3 coaches, 14 wrestlers, 3 alternates and one table worker.

**EACH TEAM WILL BE RESPONSIBLE TO PROVIDE ONE TIMER OR ONE SCORER (TABLE WORKER) FOR EACH OF THEIR TEAM'S DUAL MEETS. FAILURE TO DO SO MAY RESULT IN A FORFEIT.**

For competition in the final pools, if two teams have wrestled one another earlier in the tournament, the team that lost the dual may decide not to wrestle the match again without penalty. To exercise this right, the head table must be informed of a team's intention not to wrestle when the final schedule is posted.

**District/All Star Team:** This group is made up of athletes attending various high schools within a particular AAU District in the 2025 – 2026 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 7 for the adjoining AAU districts to each AAU district.

**Developmental Division Team:** This group is made up of athletes attending various high schools within a particular AAU District in the 2025 – 2026 school year that **did not place at the state tournament during the 2025-2026 high school season.** No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 7 for the adjoining AAU districts to each AAU district.

**Community Division 1:** Larger school division based on 2025 – 2026 enrollment and 2025 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2025-2026 school year. **You may only have up to 2 (two) athletes transferring to your school from a different high school and they must show proof they are registered with the school and that must be verified by School Principal or AD.** Community Teams not meeting these criteria will be moved into the District Division. **Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic**

**Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

**Community Division 2:** Division 2 will be determined from the lowest 50% enrollments of the teams entered in the COMMUNITY division. If a team wishes to compete in division 1 and **not** be considered for division 2 then they must indicate so on the online registration form. No more than three (3) wrestlers may come from other schools that make up this team and all must reside in the same or an adjoining AAU District in the 2025-2026 school year. **You may only have up to 2 (two) athletes transferring to your school from a different high school and they must show proof they are registered with the school and that must be verified by School Principal or AD.** . Community Teams not meeting these criteria will be moved into the District Division. Schools that have a community 1 team may enter a second team(JV) as a community 2 team. **Graduated 6<sup>th</sup>, 7<sup>th</sup>, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

To be eligible for this event, each team member must have been eligible for his or her 2025-2026 High School season. Any team member found to be ineligible under the division rules above will be removed from all team competition, and allowed to wrestle exhibition only.

**\*New\* Middle School Division:** This group is made up of athletes attending various middle school grades 6<sup>th</sup>-8<sup>th</sup> within a particular AAU District or adjoining District in the 2025 – 2026 school year.

**\*\*\*IN DUAL MEET COMPETITION, DUAL TEAM TIE BREAKERS CAN BE FOUND IN THE 2025-2026 NFHS RULE BOOK.**

**MEDALS AND AWARDS:**

The top eight teams in each division will each receive a trophy. Individually, there will be awards given for the Outstanding Wrestler, Most Pins, and Sportsmanship(team) in all divisions. Wrestlers who had outstanding performances will receive championship medals using the following formula:

1. Any undefeated wrestler, with at least six matches wrestled – GOLD (All-American)
2. Any wrestler with no more than one loss, with at least six matches wrestled – SILVER (All-American)
3. Any wrestler with no more than two losses, with at least six matches wrestled – BRONZE
4. Any wrestler with no more than three losses, with at least six matches wrestled – COPPER

In all dual meets, a team must wrestle at least 80% of their roster OR each athlete that doesn't wrestle will receive a loss to their record.

**BOUTS:** All bouts will be 2-2-2 minutes in length.

**SPECTATOR:** Spectator admission is required for all events at Broward County Convention Center.

**ADMISSION:** Adult admission will be \$19 per day or \$50 for 3-day pass  
Child (4-9) admission will be \$14 per day or \$35 for 3-day pass  
[Click Here to purchase spectator admission tickets.](#)

**TRANSPORTATION:** Teams are responsible for their own transportation to and from the Broward County Convention Center.

**COLLEGE COACHES: THIS WILL BE THE 19<sup>th</sup> SUMMER WE ARE EXTENDING AN OPEN INVITATION TO COLLEGE COACHES FROM ALL ACROSS AMERICA TO JOIN US FOR THIS OUTSTANDING EVENT. EACH COLLEGE COACH THAT ATTENDS WILL RECEIVE AN ATHLETE INFORMATION USB ON EVERY ATHLETE IN THE TOURNAMENT.**

**HOUSING:** AAU has selected Official Housing properties for the 2026 Scholastic Duals to help streamline your travel management efforts and provide competitive rates and amenities for you while in the Fort Lauderdale area. [Click Here](#) for more information and online booking.

**FOR MORE INFO:** **Jacob Sunde**

**AAU Districts & Adjoining AAU Districts**

<b>Adirondack</b> – Adjoining: Connecticut, Middle Atlantic, New England, Metropolitan (NY), Niagara	<b>Alaska</b> – Adjoining: None
<b>Arizona</b> – Adjoining: Colorado, New Mexico, Pacific Southwest, Pacific, Southern Pacific, Utah	<b>Arkansas</b> – Adjoining: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley, Ozark
<b>Central</b> – Adjoining: Wisconsin, Iowa, Ozark, Kentucky, Indiana	<b>Central California</b> – Adjoining: Pacific, Southern Pacific
<b>Colorado</b> – Adjoining: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona, Utah	<b>Connecticut</b> – Adirondack, New England, Metropolitan (NY)
<b>Florida</b> – Adjoining: Florida Gold Coast, Georgia, Southeastern	<b>Florida Gold Coast</b> – Adjoining: Florida
<b>Georgia</b> – Adjoining: Florida, North Carolina, Southeastern, South Carolina	<b>Gulf</b> – Adjoining: Southern, Southwestern, South Texas
<b>Hawaiian</b> – Adjoining: None	<b>Indiana</b> – Adjoining: Central, Kentucky, Michigan, Ohio
<b>Inland Empire</b> – Adjoining: Pacific Northwest, Pacific, Oregon, Utah, Wyoming, Montana	<b>Iowa</b> – Adjoining: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark, Central
<b>Kentucky</b> – Adjoining: Central, Indiana, Ohio, Ozark, Southeastern, Virginia, West Virginia	<b>Lake Erie</b> – Adjoining: Ohio, Western Pennsylvania
<b>Maryland</b> – Adjoining: Potomac Valley, Virginia, West Virginia, Western Pennsylvania, Middle Atlantic	<b>Michigan</b> – Adjoining: Indiana, Ohio, Wisconsin,
<b>Middle Atlantic</b> – Adjoining: Adirondack, New Jersey, Metropolitan (NY), Niagara, Western Pennsylvania, Maryland	<b>Minnesota</b> – Adjoining: Iowa, North Dakota, South Dakota, Wisconsin
<b>Missouri Valley</b> – Adjoining: Iowa, Nebraska, Colorado, Oklahoma, Arkansas, Ozark	<b>Montana</b> – Adjoining: Inland Empire, North Dakota, South Dakota, Wyoming
<b>Nebraska</b> – Adjoining: South Dakota, Wyoming, Colorado, Missouri Valley, Iowa	<b>New England</b> – Adjoining: Adirondack, Connecticut
<b>New Jersey</b> – Adjoining: Middle Atlantic, Metropolitan (NY)	<b>New Mexico</b> – Adjoining: Colorado, Utah, Arizona, West Texas, South Texas, Oklahoma
<b>New York Metropolitan</b> – Adjoining: Adirondack, Connecticut, Middle Atlantic, New Jersey	<b>Niagara</b> – Adjoining: Adirondack, Middle Atlantic, Western Pennsylvania
<b>North Carolina</b> – Adjoining: Georgia, South Carolina, Southeastern, Virginia	<b>North Dakota</b> – Adjoining: Minnesota, Montana, South Dakota
<b>Ohio</b> – Adjoining: Indiana, Lake Erie, Michigan, Kentucky, West Virginia, Western Pennsylvania	<b>Oklahoma</b> – Adjoining: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern, Arkansas
<b>Oregon</b> – Adjoining: Inland Empire, Pacific, Pacific Northwest	<b>Ozark</b> – Adjoining: Arkansas, Central, Kentucky, Iowa, Missouri Valley, Southeastern
<b>Pacific</b> – Adjoining: Central California, Inland Empire, Oregon, Southern Pacific, Arizona, Utah	<b>Pacific Northwest</b> – Adjoining: Inland Empire, Oregon
<b>Pacific Southwest</b> – Adjoining: Arizona, Southern Pacific	<b>Potomac Valley</b> – Adjoining: Maryland, Virginia
<b>Puerto Rico</b> – Adjoining: None	<b>South Carolina</b> – Adjoining: Georgia, North Carolina
<b>South Dakota</b> – Adjoining: Iowa, Minnesota, Montana, Nebraska, North Dakota, Wyoming	<b>South Texas</b> – Adjoining: Gulf, Southwest, New Mexico, West Texas
<b>Southeastern</b> – Adjoining: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas, Ozark	<b>Southern</b> – Adjoining: Southeastern, Arkansas, Gulf, Southwestern
<b>Southern Pacific</b> – Adjoining: Arizona, Central California, Pacific, Pacific Southwest	<b>Southwestern</b> – Adjoining: Oklahoma, Arkansas, Southern, Gulf, South Texas, West Texas
<b>Utah</b> – Adjoining: Inland Empire, Wyoming, Colorado, New Mexico, Arizona, Pacific	<b>Virginia</b> – Adjoining: Potomac Valley, West Virginia, Kentucky, Southeastern, North Carolina
<b>Western Pennsylvania</b> – Adjoining: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, Lake Erie	<b>West Texas</b> – Adjoining: Oklahoma, New Mexico, South Texas, Southwestern
<b>West Virginia</b> – Adjoining: Maryland, Western Pennsylvania, Ohio, Kentucky, Virginia	<b>Wisconsin</b> – Adjoining: Michigan, Minnesota, Iowa, Central
<b>Wyoming</b> – Adjoining: Montana, South Dakota, Nebraska, Colorado, Utah, Inland Empire	



# WEIGH-IN SHEET

## AAU Wrestling Scholastic Duals

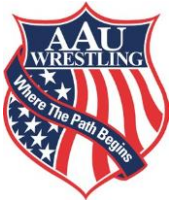
### June 23<sup>rd</sup> – June 29<sup>th</sup>, 2026



**\*\*\*BRING THIS FORM WITH YOU TO WEIGH-INS\*\*\***

**COACH** this weigh-in sheet is not the official one in terms of who is wrestling on your team! There will be a printed roster for you at weigh ins while the athletes submitted on the online registration.

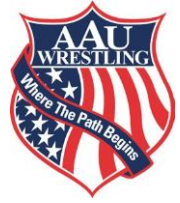
Team Name:			
Division:			
Head Coach:			
Weight Class	Name	Actual Weight	Certified Weight
106			
113			
120			
126			
132			
138			
144			
150			
157			
165			
175			
190			
215			
HWT			
ALT #1			
ALT #2			
ALT #3			
EXT			
EXT			
EXT			
EXT			



# MIDDLE SCHOOL WEIGH-IN SHEET

## AAU Wrestling Scholastic Duals

### June 27<sup>th</sup> – June 29<sup>th</sup>, 2026



**\*\*\*BRING THIS FORM WITH YOU TO WEIGH-INS\*\*\***

**COACH** this weigh-in sheet is not the official one in terms of who is wrestling on your team! There will be a printed roster for you at weigh ins while the athletes submitted on the online registration.

Team Name:			
Division:			
Head Coach:			
Weight Class	Name	Actual Weight	Certified Weight
75			
82			
90			
98			
106			
114			
122			
132			
143			
155			
170			
185			
215			
250 (HWT)			
ALT #1			
ALT #2			
ALT #3			
EXT			
EXT			
EXT			
EXT			