



2026

AAU WRESTLING

SCHOLASTIC DUALS



JUNE 23rd – JUNE 29th, 2026

2026 IMPORTANT INFO

High School Weight Classes

106	113	120	126	132	138	144	150	157	165	175	190	215	HWT
* A five (5) pound weight allowance is provided. No athlete may wrestle below his current High School Certification weight.													
** Athletes may only wrestle one weight class above the class they weighed in at.													

New Middle School Weight Classes

75	82	90	98	106	114	122	132	143	155	170	185	215	250
* Athletes may only wrestle one weight class above the class they weighed in at.													

QUALIFIERS

In order to advance to a National Dual Championship in the district all-star division, your team must participate in your AAU **District Qualifier**. Please contact your District Sports Director to find out if there is an AAU **District Qualifier** in your District. If your District is not conducting an AAU **District Qualifier**, your team can advance directly to the National Dual Championship.

TEAM CRITERIA ([detailed descriptions on page 5](#))

DISTRICT ALL-STAR

District/All Star Team: This group is made up of athletes attending various high schools within a particular AAU District in the 2025 – 2026 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster.

DEVELOPMENTAL DIVISION

Developmental Division Team: This group is made up of athletes from various high schools within a particular AAU District that did not place at the state tournament in the 2025-2026 high school season. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster.

Community Division 1

Community Division 1: Larger school division based on 2025 – 2026 enrollment and 2025 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2025-2026 school year.

Community Division 2

Community Division 2: Division 2 will be determined from the lowest 50% enrollments of the teams entered in the COMMUNITY division. No more than three (3) wrestlers may come from other schools that make up this team and all must reside in the same or an adjoining AAU District in the 2025-2026 school year.

Middle School Division

***New* Middle School Division:** This group is made up of athletes attending various middle school grades 6th-8th within a particular AAU District in the 2025 – 2026 school year. No more than three (3) wrestlers from an adjoining AAU district are allowed on a roster.

PREP SCHOOLS

Prep Schools will be in Community Division I with no fifth (5th) year seniors allowed on the team. Larger school division based on 2025 – 2026 enrollment and 2024 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2025-2026 school year.

EXTRA ALTERNATES

**If you wish to exceed the 17-athlete roster limit you may do so by adding Extra Alternates. Extra Alternates will be designated on the roster as EXT. These athletes may only compete in exhibition matches while listed as EXT. They can only be substituted into your lineup due to injury resulting in forfeiting a weight class. The injured wrestler will not be eligible to return to your lineup.

**You may add Extra Alternates to your roster via the Online Registration system.

**Extra Alternate fee = \$50 per athlete

RECRUITMENT USB

The recruitment USB will be created using the information provided when each athlete is added to the roster. Please be sure to fill out all information for each athlete so that it can be distributed to the college coaches.



ONLINE REGISTRATION INSTRUCTIONS

ONLINE REGISTRATION – [REGISTER HERE](#)

The 2026 AAU Wrestling Scholastic Duals uses **ONLINE REGISTRATION ONLY!** This system is extremely easy to use. Below are some instructions and helpful hints on how to register your team:

1. **Step 1: Go to Registration**

- Visit [Scholastic Duals | AAU](#) and click on **ONLINE REGISTRATION**
- Click on **Register Now**
- **To register as a coach, click **Register as coach**, and follow steps 2 and 5**

2. **Step 2: Synchronize AAU Memberships**

Enter each athlete and coach into the system.

You will need:

- **AAU Membership Number**
- **ONE of the following:**
 - Birthdate
 - Last Name
 - Postal Code

IMPORTANT: You **MUST** have each AAU athlete/non-athlete membership card prior to entering your athletes and coaches!

3. **Step 3: Assign Weight Classes**

- View your team roster
- Assign a weight class to each athlete

4. **Step 4: Register for your Event**

- Select the **division** your team will compete in
- Click **Create Team**
- Enter your team name
- Select the athletes for that team
- Click **Submit My Team**.

5. **Step 5: Check Out**

- Complete the purchase process
- Once payment is complete, you can still go back and edit your roster or add athletes

Verify your team is registered in your desired division.
THERE WILL BE NO DIVISION CHANGES AT THE ON-SITE REGISTRATION/WEIGH-INS

If you experience any problems or have questions about your Online Registration, please contact:

Jacob Sunde 407-470-1816 jsunde@aausports.org



Tournament Information

DATES: June 23rd – June 29th, 2026

District All-Star & Developmental Division Registration/Weigh Ins/Meetings:

*Weigh-ins – Tuesday, June 23rd, 2026

*Tableworkers Meeting – Tuesday, June 23rd, 2026

*Coaches Meeting – Tuesday, June 23rd, 2026

*Competition Days – Wednesday, June 24th – Friday, June 26th, 2026

Community Division 1,2 & *New* Middle School Registration/Weigh Ins/Meetings:

*Weigh-ins – Friday, June 26th, 2026

*Tableworkers Meeting – Friday, June 26th, 2026

*Coaches Meeting – Friday, June 26th, 2026

*Competition Days – Saturday, June 27th – Monday, June 29th, 2026

Please be aware there is a likelihood that you will wrestle more than five (5) matches in one day.

SITES: Broward County Convention Center

ENTRY FEE: **Early Registration \$950 per team until April 1st, 2026**
Registration \$1000.00 per team April 1st- May 15th, 2026
Late Registration \$1,100 per team closes on May 22nd, 2026
\$50.00 per Extra Alternate (ALL DIVISIONS)
(NON-REFUNDABLE) NO PERSONAL CHECKS

ENTRY DEADLINE: All entries **MUST BE RECEIVED BY Friday, May 22nd, 2026**
Once you enter as a team online and we process your entry, your team's name will be posted at www.aauwrestling.net.

MEMBERSHIP: All team members, coaches, and table workers must hold current AAU membership cards. Membership cards must be purchased online at www.aausports.org. Memberships **WILL NOT** be sold at on-site registration. Individual athlete cards are \$22.00 each and non-athletes (coaches, table workers, etc.) are \$55.00 each.

**COACHES
EDUCATION:**

The AAU National Office is happy to announce to its members, FREE Coaches' Education for all **AAU Non-Athletes**. This exciting program is available for all AAU Non-Athletes that will be coaching, and will be administered by **Positive Coaching Alliance (PCA)**. Please visit www.aausports.org and click on JOIN NOW in order to enter and take the AAU/PCA coaches educational course.

**WEIGH-INS &
REGISTRATION:**

Each team will weigh-in first and then register. Weigh-ins will take place on Tuesday, June 23rd, 2026 for the All-Star & Developmental teams, and on Friday, June 26th, 2026 for the Community I & II teams (Weigh-in and Registration Times TBD). **WEIGH-INS WILL BE DONE WITH EACH ATHLETE WEARING A SINGLET.** After each team has weighed-in, the athletes may depart. The Head Coach must stay to register the team.

Weigh-in order will be determined by the order teams paid their Entry Fees. Each team will be given a weigh in time and must report for weigh ins at that given time.

ATHLETES WILL NOT BE ALLOWED TO CHANGE WEIGHT CLASSES AS A RESULT OF A SECOND WEIGH-IN. THE WEIGHT CLASS IN WHICH A WRESTLER CERTIFIES IN; ON JUNE 23rd (DISTRICT/ALL-STAR & DEVELOPMENTAL) OR JUNE 26th (COMMUNITY) IS THE LOWEST HE OR SHE CAN GO. ALL WRESTLERS ARE LIMITED TO WEIGHING IN ON ONE TEAM PER DIVISION. A WRESTLER MAY WRESTLE IN TWO DIVISIONS ONLY IF THE DATES DO NOT OVERLAP. THAT WRESTLER MUST WEIGH IN FOR EACH DIVISION.

LATE WEIGH-INS MUST BE REQUESTED/APPLIED FOR ONE (1) WEEK PRIOR TO WEIGH-INS. PLEASE EMAIL JSUNDE@AAUSPORTS.ORG FOR THE LATE WEIGH-IN FORM.

PARKING:

At the Broward County Convention Center, a parking fee of \$25 will be charged daily.

CREDENTIAL INFORMATION:

Please note, that credentials will be issued to athletes and coaches. These credentials will be required for entry. If an athlete or coach loses their credential, a replacement will be issued at the cost of a General Admission Ticket for the remainder of the event.

RULES:

Rules will be according to the National High School Rulebook. Two-piece singlets are acceptable. The weights are high school weights: 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, HWT (285), with a 5-pound weight allowance provided.

A team shall consist of up to: 3 coaches, 14 wrestlers, 3 alternates and one table worker.

EACH TEAM WILL BE RESPONSIBLE TO PROVIDE ONE TIMER OR ONE SCORER (TABLE WORKER) FOR EACH OF THEIR TEAM'S DUAL MEETS. FAILURE TO DO SO MAY RESULT IN A FORFEIT.

For competition in the final pools, if two teams have wrestled one another earlier in the tournament, the team that lost the dual may decide not to wrestle the match again without penalty. To exercise this right, the head table must be informed of a team's intention not to wrestle when the final schedule is posted.

District/All Star Team: This group is made up of athletes attending various high schools within a particular AAU District in the 2025 – 2026 school year. No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 7 for the adjoining AAU districts to each AAU district.

Developmental Division Team: This group is made up of athletes attending various high schools within a particular AAU District in the 2025 – 2026 school year that **did not place at the state tournament during the 2025-2026 high school season.** No more than 3 wrestlers from an adjoining AAU district are allowed on a roster. Any incoming athletes from a Non-Adjoining AAU district must show proof they are registered with a school within the district and that must be verified by the school Principal or AD. **Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility). Please see the table on page 7 for the adjoining AAU districts to each AAU district.

Community Division 1: Larger school division based on 2025 – 2026 enrollment and 2025 Scholastic Duals Final 8 if needed. No more than three (3) wrestlers may come from other schools that make up this team, and all must reside in the same or an adjoining AAU District in the 2025-2026 school year. **You may only have up to 2 (two) athletes transferring to your school from a different high school and they must show proof they are registered with the school and that must be verified by School Principal or AD.** Community Teams not meeting these criteria will be moved into the District Division. **Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic**

Duals will not lose eligibility with their state high school athletic association. (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

Community Division 2: Division 2 will be determined from the lowest 50% enrollments of the teams entered in the COMMUNITY division. If a team wishes to compete in division 1 and **not** be considered for division 2 then they must indicate so on the online registration form. No more than three (3) wrestlers may come from other schools that make up this team and all must reside in the same or an adjoining AAU District in the 2025-2026 school year. **You may only have up to 2 (two) athletes transferring to your school from a different high school and they must show proof they are registered with the school and that must be verified by School Principal or AD.** . Community Teams not meeting these criteria will be moved into the District Division. Schools that have a community 1 team may enter a second team(JV) as a community 2 team. **Graduated 6th, 7th, and incoming freshmen are eligible for this division. It is the coaches' responsibility to make sure each athlete entered in the Scholastic Duals will not lose eligibility with their state high school athletic association.** (Be sure to check with your state wrestling association to make sure that each athlete wrestling in this event will not jeopardize his/her High School eligibility).

To be eligible for this event, each team member must have been eligible for his or her 2025-2026 High School season. Any team member found to be ineligible under the division rules above will be removed from all team competition, and allowed to wrestle exhibition only.

***New* Middle School Division:** This group is made up of athletes attending various middle school grades 6th-8th within a particular AAU District in the 2025 – 2026 school year. No more than three (3) wrestlers from an adjoining AAU district are allowed on a roster.

*****IN DUAL MEET COMPETITION, DUAL TEAM TIE BREAKERS CAN BE FOUND IN THE 2025-2026 NFHS RULE BOOK.**

MEDALS AND AWARDS:

The top eight teams in each division will each receive a trophy. Individually, there will be awards given for the Outstanding Wrestler, Most Pins, and Sportsmanship(team) in all divisions. Wrestlers who had outstanding performances will receive championship medals using the following formula:

1. Any undefeated wrestler, with at least six matches wrestled – GOLD (All-American)
2. Any wrestler with no more than one loss, with at least six matches wrestled – SILVER (All-American)
3. Any wrestler with no more than two losses, with at least six matches wrestled – BRONZE
4. Any wrestler with no more than three losses, with at least six matches wrestled – COPPER

In all dual meets, a team must wrestle at least 80% of their roster OR each athlete that doesn't wrestle will receive a loss to their record.

BOUTS: All bouts will be 2-2-2 minutes in length.

SPECTATOR: Spectator admission is required for all events at Broward County Convention Center.

ADMISSION: Adult admission will be \$19 per day or \$50 for 3-day pass
Child (4-9) admission will be \$14 per day or \$35 for 3-day pass
Click Here to purchase spectator admission tickets.

TRANSPORTATION: Teams are responsible for their own transportation to and from the Broward County Convention Center.

COLLEGE COACHES: THIS WILL BE THE 19th SUMMER WE ARE EXTENDING AN OPEN INVITATION TO COLLEGE COACHES FROM ALL ACROSS AMERICA TO JOIN US FOR THIS OUTSTANDING EVENT. EACH COLLEGE COACH THAT ATTENDS WILL RECEIVE AN ATHLETE INFORMATION USB ON EVERY ATHLETE IN THE TOURNAMENT.

HOUSING: AAU has selected Official Housing properties for the 2026 Scholastic Duals to help streamline your travel management efforts and provide competitive rates and amenities for you while in the Fort Lauderdale area. [Click Here](#) for more information and online booking.

FOR MORE INFO: **Jacob Sunde**

AAU Districts & Adjoining AAU Districts

Adirondack – Adjoining: Connecticut, Middle Atlantic, New England, Metropolitan (NY), Niagara	Alaska – Adjoining: None
Arizona – Adjoining: Colorado, New Mexico, Pacific Southwest, Pacific, Southern Pacific, Utah	Arkansas – Adjoining: Southeastern, Southern, Southwestern, Oklahoma, Missouri Valley, Ozark
Central – Adjoining: Wisconsin, Iowa, Ozark, Kentucky, Indiana	Central California – Adjoining: Pacific, Southern Pacific
Colorado – Adjoining: Wyoming, Nebraska, Missouri Valley, Oklahoma, New Mexico, Arizona, Utah	Connecticut – Adirondack, New England, Metropolitan (NY)
Florida – Adjoining: Florida Gold Coast, Georgia, Southeastern	Florida Gold Coast – Adjoining: Florida
Georgia – Adjoining: Florida, North Carolina, Southeastern, South Carolina	Gulf – Adjoining: Southern, Southwestern, South Texas
Hawaiian – Adjoining: None	Indiana – Adjoining: Central, Kentucky, Michigan, Ohio
Inland Empire – Adjoining: Pacific Northwest, Pacific, Oregon, Utah, Wyoming, Montana	Iowa – Adjoining: Minnesota, South Dakota, Wisconsin, Missouri Valley, Nebraska, Ozark, Central
Kentucky – Adjoining: Central, Indiana, Ohio, Ozark, Southeastern, Virginia, West Virginia	Lake Erie – Adjoining: Ohio, Western Pennsylvania
Maryland – Adjoining: Potomac Valley, Virginia, West Virginia, Western Pennsylvania, Middle Atlantic	Michigan – Adjoining: Indiana, Ohio, Wisconsin,
Middle Atlantic – Adjoining: Adirondack, New Jersey, Metropolitan (NY), Niagara, Western Pennsylvania, Maryland	Minnesota – Adjoining: Iowa, North Dakota, South Dakota, Wisconsin
Missouri Valley – Adjoining: Iowa, Nebraska, Colorado, Oklahoma, Arkansas, Ozark	Montana – Adjoining: Inland Empire, North Dakota, South Dakota, Wyoming
Nebraska – Adjoining: South Dakota, Wyoming, Colorado, Missouri Valley, Iowa	New England – Adjoining: Adirondack, Connecticut
New Jersey – Adjoining: Middle Atlantic, Metropolitan (NY)	New Mexico – Adjoining: Colorado, Utah, Arizona, West Texas, South Texas, Oklahoma
New York Metropolitan – Adjoining: Adirondack, Connecticut, Middle Atlantic, New Jersey	Niagara – Adjoining: Adirondack, Middle Atlantic, Western Pennsylvania
North Carolina – Adjoining: Georgia, South Carolina, Southeastern, Virginia	North Dakota – Adjoining: Minnesota, Montana, South Dakota
Ohio – Adjoining: Indiana, Lake Erie, Michigan, Kentucky, West Virginia, Western Pennsylvania	Oklahoma – Adjoining: Missouri Valley, Colorado, New Mexico, West Texas, Southwestern, Arkansas
Oregon – Adjoining: Inland Empire, Pacific, Pacific Northwest	Ozark – Adjoining: Arkansas, Central, Kentucky, Iowa, Missouri Valley, Southeastern
Pacific – Adjoining: Central California, Inland Empire, Oregon, Southern Pacific, Arizona, Utah	Pacific Northwest – Adjoining: Inland Empire, Oregon
Pacific Southwest – Adjoining: Arizona, Southern Pacific	Potomac Valley – Adjoining: Maryland, Virginia
Puerto Rico – Adjoining: None	South Carolina – Adjoining: Georgia, North Carolina
South Dakota – Adjoining: Iowa, Minnesota, Montana, Nebraska, North Dakota, Wyoming	South Texas – Adjoining: Gulf, Southwest, New Mexico, West Texas
Southeastern – Adjoining: Kentucky, Virginia, North Carolina, Georgia, Southern, Arkansas, Ozark	Southern – Adjoining: Southeastern, Arkansas, Gulf, Southwestern
Southern Pacific – Adjoining: Arizona, Central California, Pacific, Pacific Southwest	Southwestern – Adjoining: Oklahoma, Arkansas, Southern, Gulf, South Texas, West Texas
Utah – Adjoining: Inland Empire, Wyoming, Colorado, New Mexico, Arizona, Pacific	Virginia – Adjoining: Potomac Valley, West Virginia, Kentucky, Southeastern, North Carolina
Western Pennsylvania – Adjoining: Middle Atlantic, Niagara, Maryland, West Virginia, Ohio, Lake Erie	West Texas – Adjoining: Oklahoma, New Mexico, South Texas, Southwestern
West Virginia – Adjoining: Maryland, Western Pennsylvania, Ohio, Kentucky, Virginia	Wisconsin – Adjoining: Michigan, Minnesota, Iowa, Central
Wyoming – Adjoining: Montana, South Dakota, Nebraska, Colorado, Utah, Inland Empire	



WEIGH-IN SHEET

AAU Wrestling Scholastic Duals

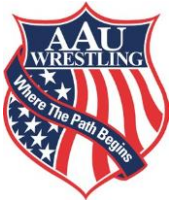
June 23rd – June 29th, 2026



*****BRING THIS FORM WITH YOU TO WEIGH-INS*****

COACH this weigh-in sheet is not the official one in terms of who is wrestling on your team! There will be a printed roster for you at weigh ins while the athletes submitted on the online registration.

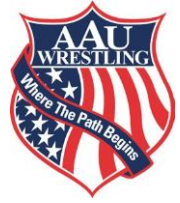
Team Name:			
Division:			
Head Coach:			
Weight Class	Name	Actual Weight	Certified Weight
106			
113			
120			
126			
132			
138			
144			
150			
157			
165			
175			
190			
215			
HWT			
ALT #1			
ALT #2			
ALT #3			
EXT			
EXT			
EXT			
EXT			



MIDDLE SCHOOL WEIGH-IN SHEET

AAU Wrestling Scholastic Duals

June 27th – June 29th, 2026



*****BRING THIS FORM WITH YOU TO WEIGH-INS*****

COACH this weigh-in sheet is not the official one in terms of who is wrestling on your team! There will be a printed roster for you at weigh ins while the athletes submitted on the online registration.

Team Name:			
Division:			
Head Coach:			
Weight Class	Name	Actual Weight	Certified Weight
75			
80			
85			
90			
95			
105			
112			
119			
127			
135			
142			
154			
165			
180			
230			
ALT #1			
ALT #2			
ALT #3			
EXT			
EXT			
EXT			
EXT			