

**D. Indoor Competition Rules.** AAU Volleyball is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee. For the current USA Volleyball Domestic Competition Regulations, visit [www.usavolleyball.org](http://www.usavolleyball.org). The following section contains the rules for the National Championship. Rules may be modified by the District Sports Director or event operator for other sanctioned events.

**1. Indoor National Championship Competition Rules**

a. **Qualification Procedure.** The National Championships are open to any member of the AAU meeting the entry guidelines.

b. **Age Divisions.**

i. The following age divisions may be contested at the Indoor National Championships (Updated 9/2011).

10 & Under – Must be born on or after September 1, 2001  
11 & Under – Must be born on or after September 1, 2000  
12 & Under – Must be born on or after September 1, 1999  
13 & Under – Must be born on or after September 1, 1998  
14 & Under – Must be born on or after September 1, 1997  
15 & Under – Must be born on or after September 1, 1996  
16 & Under – Must be born on or after September 1, 1995  
17 & Under – Must be born on or after September 1, 1994  
18 & Under – Must be born on or after September 1, 1993  
or players who were born on or after September 1, 1992  
and are high school students during some part of the current  
academic year.

ii. Once a player participates in a club or varsity program for any university, college, community college or junior college, he or she is ineligible to play in the National Championships.

iii. No age waivers will be allowed at the National Championship.

iv. Open and Club divisions will be held for 12 & Under, 13 & Under, 14 & Under, 15 & Under, 16 & Under, 17 & Under and 18 & Under divisions. Classic divisions will be held for the 14 & Under, 15 & Under, 16 & Under and 17 & Under divisions. The Open division is the highest level of competition, the Club division is the middle level of competition and the Classic division is the lower level of competition (Updated 9/2011).

- c. Rules and Restrictions.** The National Championship is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee. For the current USA Volleyball Domestic Competition Regulations, visit [www.usavolleyball.org](http://www.usavolleyball.org).
- i. Rally scoring will be used. Each non-deciding set will be won by the team that first scores 25 points with a minimum two-point advantage (no scoring cap). If there is a deciding set, it will be won by the team that first scores 15 points with a minimum two-point advantage (no scoring cap).
  - ii. 12 substitutions and Libero player(s). Substitutions are only recognized when the sub enters the zone. There is no longer a request from the coach or captain (Added 12/09).
  - iii. Libero player(s) (Updated 2/12)
    - (a) Each team can designate up to two Liberos. Libero(s) must be identified prior to each set.
    - (b) Only one Libero may be on the court at a time.
    - (c) The Libero player(s) may serve in one rotation in a set.
      - a. If one Libero per set is used, the libero already on the court (rotating to the front row) may move to position 1 (right back) to serve without being required to leave the court for one completed rally. In this case the player that the Libero had previously replaced must replace her on the court. A Libero who has served in one rotation may no serve in another.
      - b. If two Liberos per set is being used, the acting Libero rotating to the front row may move to the position 1 and serve without being required to leave the court. In addition, the acting Libero may come off the court at the same time that the second Libero moved into position 1 to serve. This double Libero replacement is only allowed for serving purposes.
    - (d) For additional explanation on the Libero players, refer to Appendix F.
  - iv. Centerline and Net Touch Rules (Added 12/09)
    - (a) To touch the opponent's court with any part of the body above the feet is permitted provided that it does not interfere with the opponent's play.
    - (b) Contact with the net by a player is not a fault unless it interferes with play.
    - (c) Players may touch the post, ropes or any other object outside the antenna, including the net itself, provided that it does not interfere with play.

- (d) A player interferes with play by (amongst others) touching the top band of the net or the top 80 cm of the antenna during action of playing the ball, taking support from the net simultaneously with playing the ball, creating an advantage over the opponent or making actions which hinder an opponent's legitimate attempt to play the ball.
- v. When one team has exclusive use of the court, the other team must be either at its team bench or out of the playing area. Warming up with balls at the team bench or in the spectator walkways is not permitted (Added 12/09).
- vi. The 10 & Under division will be allowed to step into the court when serving. The step-in line will be 6'6" from the serving line.
- vii. Teams may register for only one division in the Championship.
- viii. Athletes may only be on one team roster in the Championship. Coaches may be on multiple team rosters.
- ix. No artificial noise makers will be allowed during play in any of the competition facilities.
- x. Additional rules may be made available or revised at the coaches meeting or in the Championship manual.

#### **d. Uniform Requirements**

- i. Each player is required to wear the same jersey number throughout the event with limited exceptions as required by emergency or blood rule applications. This applies to all players in the Libero position. If players share the Libero position from match to match, a player shall wear the same jersey number whenever they play, whether they are or they are not, assigned to the Libero position.
- ii. Identical uniforms are required, with the exception of the Libero. Libero must wear a uniform shirt that is immediately recognized from all angles as being in clear contrast to and distinct from the other members of the team.
- iii. The jerseys must be numbered in a permanent manner from 1 and 99 and duplicate numbers are not allowed.
- iv. Uniform numbers must be clearly visible and centered on the chest and back.
- v. The numbers must be minimum height of 4" on the chest and 6" on the back. It is recommended that numbers be 6" on chest and 8" on the back. The stripe forming the numbers shall have a minimum width of 3/4".
- vi. Each jersey must use the same color and number height for all players except the Libero. The color and brightness of the numbers must contrast with the color and brightness of the jerseys. Color combinations such as purple/black, dark

green/black, navy/black or navy/maroon are not distinctive enough to comply with the rules.

- vii. USA Volleyball uniform requirements must be followed. For additional specifications, please refer to USAV rule 4.3.

**e. Team Rosters**

- i. Team rosters may include up to fourteen (14) players and four (4) adult bench personnel. All bench personnel must be AAU members in the non-athlete category.
- ii. Uniform numbers are required to be submitted on the team roster. Each player must wear the same number throughout the event, with limited exceptions.
- iii. Rosters must be verified at Team Check-In. Changes to the roster after Team Check-In could result in a fee. No changes to the roster are allowed once play begins, unless approved by the Championships Director.

**2. Super Regional and Spotlight Grand Prix Tournaments.**

- a. **Qualification Procedure.** These events are open to any member of the AAU meeting the entry guidelines.
- b. **Hosting.** The Executive Committee will award the Super Regional and Grand Prix events. Applications are accepted on an ongoing basis.
- c. **Competition Rules.** These events shall follow the competition rules set forth in Section III.D.1 for National Championships unless otherwise stated in the event registration information or as approved by the Executive Committee.
- d. **National Championship Entry Fee.**
  - i. The winner in each age division with 10 or more teams will not have to pay the entry fee to the National Championship. If less than 10 teams participate, the entry fee will be adjusted on a percentage basis.
  - ii. If the Super Regional or Grand Prix is held after the National Championship entry deadline, teams must submit their entry and fees for the Nationals by the deadline. No exceptions. If the team wins the Super Regional or Grand Prix, they will be reimbursed the entry fee after the National Championships.