

RULES & REGULATIONS

AAU Volleyball is conducted under the AAU Code, AAU Volleyball Handbook and the current playing rules of USA Volleyball, as modified by the AAU National Executive Committee.

Download complete 2013 AAU Volleyball Handbook and Regulations ([click here](#))

2013 Age Divisions (Boys & Girls)

18:U - Born on or after September 1, 1994

16:U - Born on or after September 1, 1996

15:U - Born on or after September 1, 1997

14:U - Born on or after September 1, 1998

12:U - Born on or after September 1, 2000

10:U - Born on or after September 1, 2002



Net Heights:

Boys 18, 16: Net Height - 8'

Boys 14: Net Height - 7'4"

Boys 12, 10: Net Height - 7'

Girls 18, 16, 14: Net Height - 7'4"

Girls 12, 10: Net Height - 7'

Playing Court:

All Divisions: 16 m x 8 m (52'6" x 26'3")

To obtain a copy of the beach volleyball rules, please contact:

USA Volleyball

www.usavolleyball.org

HIGHLIGHTED PLAYING RULES

The AAU Junior Beach Volleyball Tour will utilize the following highlighted playing rules this summer.

Rally Scoring: 2 games to 21, with third game to 15 (if necessary)
or 1 game to 28 (rally scoring)

Let Serve is Permitted

Block counts as a contact

No Open hand dinks/tips

One Toss per serve

Players may not "set" the serve

Players handling the ball must set the ball in direction they are facing or directly behind them (shoulders squared) when returning the ball over the net.

Smaller size FIVB/AVP Regulation Court

Side Changes in multiples of seven (7).

Time-Outs: Each team is allowed one time-out and one technical time-out per set. The technical time-out is not awarded to each team, but rather a shared time-out when the total score reaches 21 during games 1 and 2 and 15 points during game 3. There is only one technical time out per set. For single games to 28, the technical timeout is shared when the combined score reaches 28.

DISTRICT/REGIONAL/OPEN TOURNAMENTS FORMAT

Tournaments are Pool Play followed by single-elimination playoffs. Games or full matches may be played.

AAU NATIONAL CHAMPIONSHIPS FORMAT

10U DIVISION:

Single Day Tournament; Pool Play followed by Single-Elimination Playoffs

18U/16U/15U(Girls only)/14U/12U DIVISIONS:

Two Day Tournament; Two Rounds of Pool Play followed by Single-Elimination Playoffs

Not All Teams will advance to Day 2

Tour Championship Format

U18 DIVISION:

Modified double elimination format for this season ending event, however, the event is a 1 day tournament.

WEST COAST AAU JUNIOR OLYMPIC GAMES

Qualifications:

All Divisions require qualification: Girls 12U/14U/16U/18U.

All Open/Invitational Tournaments qualify ONE team to the games.

All District Championships qualify THREE teams to the games.

All Zones and National Championships qualify FOUR teams to the games.

USAV High Performance Trials qualifies FOUR teams to the games.

USAV Iowa Region qualifies TWO teams to the games.

Format:

Two Day Format; All teams compete on both days. Full matches. Day 1 Pool Play followed by Bracket Play on Day 2

BEST OF THE BEACH

Qualifications:

All Divisions require qualification: Girls 16U/14U

Format:

Two Day Format; All teams compete on both days. Full matches. Day 1 Pool Play followed by racket Play on Day 2