

# SIGN UP NOW!

FREE COURSES FOR TEENAGERS AND ADULTS

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INSTITUTE®

## Student Self Leadership

4-Week Online Program

*Learn How to Lead  
Through Life's  
Inevitable Challenges*



**Teenagers age 14-18**

**Course Dates: Feb 13–Mar 12**

We teach students how to:

- Take Responsibility
- Set Clear Goals
- Increase Confidence



**Coaches, Teachers, Parents,  
Guardians, and Leaders**

**Course Dates: Feb 15–Mar 14**

We teach adults how to:

- Build Self-Reliant Students
- Improve Conversations
- Support Student Goals



**Register by**

**February 9, 2025**

**Use Referral Code:  
AAU25**

**Questions? Contact us:**

**Email:**

[SSLprogram@blanchardinstitute.org](mailto:SSLprogram@blanchardinstitute.org)

**Call: 760-839-8025**



# For Students

February 13 - March 12

Get leadership training *before* entering the workforce from world-class learning and development experts.

Each week plan for:

- 1.5 hours of self-study
- 1 hour with a leadership coach in a live virtual session

All you need is a computer or phone with Internet access. Course materials are in English, but written responses can be in your language.

## Live Session Dates

Live sessions are in English every Tuesday between Feb 18 and Mar 11. Attend one session each week. Options listed here are in Pacific Standard Time (PST).

Tuesdays at 5 AM, 8 AM, 4 PM, or 10 PM

Use [worldtimebuddy.com](http://worldtimebuddy.com) to check other time zones. We provide recordings for those who cannot attend live.

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## Student Journey

**WEEK 1:** Get Past Limiting Beliefs

**WEEK 2:** Find Your Power

**WEEK 3:** Set Goals and Measure Progress

**WEEK 4:** Communicate with Leaders

## Bonus!

Participants who complete their course will earn a digital leadership credential, great for using on résumés or work and scholarship applications.

Plus students who plan to attend higher learning in the United States are eligible to apply for a scholarship valued at \$2500.

Sign up now. It's

**Free!**





# For Coaches, Teachers, Parents, Guardians, and Youth Leaders

**February 15–March 14**

Learn a Common Language to  
Assist Youth in Their Journey

We recognize the next generation thrives when  
they have strong adults supporting them.

Each week plan for:

- 1 or 2 hours of self-study
- 1.5 hours with a leadership coach in a virtual session

All you need is a computer or phone with  
Internet access. Course materials are in English,  
but written responses can be in your language.



## Live Session Dates

Live sessions are in English every Wednesday at  
10 PM or Thursday at 4 PM PST between Feb 19  
and March 13. A bonus session for parents or  
caregivers will be March 19/20.

Use [worldtimebuddy.com](http://worldtimebuddy.com) to check other time  
zones. We provide recordings for those who  
cannot attend live.



## Adult Champion Journey

**WEEK 1:**

Encourage Introspection

**WEEK 2:**

Promote Self-Empowerment

**WEEK 3:**

Guide Goal Setting and Progression

**WEEK 4:**

Cultivate Leadership

Sign up now. It's

**Free!**



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