

The AAU Cheerleading program offers opportunities for boys and girls, ages 18 and under, in all skill levels to participate in cheerleading.

Events are held throughout the country, including local competitions, invitationals, District Championships, and National Championships. The National Championships are open, so any AAU member can participate.

BENEFITS OF COMPETING IN AAU EVENTS

- **1. INSURANCE.** AAU members receive coverage from a multi-million-dollar insurance program.
- **2. NATIONAL CHAMPIONSHIPS.** AAU members have an opportunity to compete in national championship events at world-class facilities across the country.
- **3. SAFETY.** All non-athletes (coaches) must pass a background screening before competing in AAU Events.
- **4. MEMBERSHIP.** Nationally recognized non-profit multi-sport organization that anyone can join and compete.
- **5. EVENTS.** Freedom and flexibility in conducting programs and hosting events.

FEATURED EVENTS



AAU CHEERLEADING NATIONAL CHAMPIONSHIP

GLEN CARBON, IL May 5, 2024

CONTACTS

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