



AAU GYMNASTICS

GETTING STARTED

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2024 Featured Regional Events

Southern Regional Championships

- May 10-12, 2024
- Dalton Convention Center
- Dalton, GA

Western Regional Championship

- May 17-19, 2024
- Westin Mission Hills Resort
- Rancho Mirage, CA

Northern Midwest Regional Championship

- June 1-2, 2024
- Cedar Point Sports Center
- Sandusky, OH

Midwest Regional Championship

- May 30-June 2, 2024
- Greensfelder Recreation Complex
- Manchester, MO

2024 National Championships

AAU Gymnastics National Championships

- June 20 – June 23, 2024
- Daytona Beach Ocean Center
- Daytona Beach, FL