

2024 AAU Junior Olympic Games



General Jump Rope Schedule

This is the general event schedule as of 7/9/24, a final updated schedule will be provided to coaches by email and at check-in as appropriate.

SATURDAY JULY 27, 2024	
12:00-4:00pm	Athlete & Coach Check-In to pick-up credentials at Registration Area
12:00-6:00pm	Practice Area Open, Coach or Adult Supervision is Required
2:00-4:45pm	Judge Training / Review Sessions
2:00-4:00pm	Coach Check-In at Jump Rope Table in Registration Area
5:00-6:30pm	Mandatory Coaches & Judges Meeting Followed by Judge/Officials
	Breakout Sessions
SUNDAY JULY 28, 2024	
8:00am-5:00pm	Practice/Warm-Up Area Open, Coach or Adult Supervision is Required
8:30am	Judges Check-In Meeting and Review Session
9:25am	Opening Remarks and National Anthems
9:30 am	Competition Events:
	Individual Speed & Power, Pairs Speed & Power, Individual Freestyles for
	Females ages 14-Under & Male ages 12-Under, 4-Person Single Rope
	Freestyle for 14-Under age group & Double Dutch Single Freestyle all
	age groups
	Awards
	Group Routine Practice
MONDAY JULY 29, 2024	
8:00am	Practice/Warm-Up Area Open, Coach or Adult Supervision is Required
8:30am	Coach & Judges Check-In Meeting
9:00am	Competition Events:
	Double Dutch Speed & Power events, Timed Triples, Individual Freestyle
	Males ages 13-Older & Females ages 15-Older, Pairs Freestyles all ages,
	4-Person Single Rope Freestyle 15-Older age group, Double Dutch Pairs
	Freestyle all ages, and Synchronized Group Routine
	Awards
7:00pm	CELEBRATION OF ATHLETES – Truist Stadium at NC A&T State
	University Athletes gather for the Parade of Athletes starting at 6:00pm,
	Parade starts 7pm
TUESDAY JULY 30, 2024	
8:00 – 8:45am	AAU Jump Rope Annual Open Meeting **
	All Adult AAU members (coaches, athletes, parents) are invited.
9:00am-10:30am	AAU Jump Rope Additional Fun Events **
11:00-12:30pm	Skills Sharing Session**– for all registered athletes and coaches
	**An Athlete, Coach, Official, or Spectator Credential is required
	for admittance

The 2025 AAU Junior Olympic Games will be Houston, TX July 23-August 2, 2025 We look forward to seeing you there!