



2023 AAU TAEKWONDO TEAM TRIALS SCHEDULE

LOCATION

MidAmerican Energy Company RecPlex – 6500 Grand Avenue, West Des Moines, IA 50266

CHECK-IN, COMPETITION & WEIGH-IN TIMES

Sunday July 30 th	Monday July 31 st	Tuesday August 1 st	Wednesday August 2 nd
ALL SENIORS Weigh-In from 1 PM – 4 PM	Seniors Competition ALL JUNIORS Weigh-In from 1 PM – 4 PM	Juniors Competition ALL CADETS Weigh-In from 1 PM – 4 PM	Cadets Competition

ENTRY FEES

Regular Registration July 8 th – 19 th Closes at 5:30 PM EST	Late Registration July 20 th – 26 th Closes at 5:30 PM EST
Athlete Entry Fee - \$159	Athlete Entry Fee - \$259
Coaches Entry Fee - \$100	Coaches Entry Fee - \$200

Visa, MasterCard, Discover and American Express are accepted. Entry fees are non-refundable. **To register visit our table on-site at the 2023 AAU Taekwondo National Championships in Ft. Lauderdale, Florida.**

AAU MEMBERSHIP

All athletes, coaches, and officials must be members of AAU and be able to present their AAU membership card on demand. AAU membership numbers will be needed in order to register online for the competition. Coaches and officials must have the non-athlete membership card. **BE PREPARED** and register your coaches early! You can no longer register for non-athlete (coach) membership onsite at the event. For more information, visit www.aautaekwondo.org

COACHES

All coaches must register for the event online at www.aautaekwondo.org by July 26, 2023. The coaches' entry fee is \$100 (during regular registration). **Please note, non-athlete (coach) membership is no longer instant. BE PREPARED and register for membership early!**

Coaches must wear the Coaches Wristband in order to gain admittance to the competition facility. The credential with the photo ID floor pass must be worn to have access to the competition floor.

Note: All coaches must have been previously certified through the online coaches' certification program in order to coach at this event. Please be prepared to show your clinic certification card if requested. If your name is not in the database as having taken the 2023 online coaches' clinic you will not be able to coach.

WEIGH-INS

During the weigh-in, at a minimum, the male contestant shall wear underpants and the female contestant shall wear underpants and a bra. Weight must be within those listed for division (minimum & maximum).

CHECK-IN

Athletes must present a Passport or Photo ID prior to weighing in. All participants must check-in at **MidAmerican Energy Company RecPlex – 6500 Grand Avenue, West Des Moines, IA 50266** to receive their athlete credential or coach wristband. The appropriate credential or wristband will be needed prior to gaining admittance into the competition venues. Participants should check-in at least the day prior to competing. *If that credential or wristband is lost or stolen there will be a replacement fee.* For check-in hours, maps and additional directions please visit www.aaujrogames.org (click on Event Info, then Registration).

UNIFORMS

All contestants must wear a clean, **white** dobok only. See AAU Taekwondo Rulebook for further description.

HOUSING

The AAU makes every effort to provide the best quality experience for athletes, coaches and families that participate in AAU events. Athletes, coaches and families can choose from a wide variety of accommodations in various price points and with several levels of amenities. The Local Organizing Committee and PSE Housing Services have carefully selected host hotels for participants with the lowest rates available. The hotels selected for the program not only provide great rates, but also the greatest convenience in regards to location and other amenities.

All reservations are handled through the Local Organizing Committee. DO NOT CONTACT THE HOTELS DIRECTLY AS YOU WILL NOT RECEIVE THE DISCOUNTED RATE. Please visit the website at <https://aaujrogames.org> and click on Hotels to make your reservations. Please check online regarding deposit requirements and cancellation policies which may vary depending on hotel. AAU is not responsible for any refunds from cancellation.

In order to complete your registration to participate in the 2023 AAU Junior Olympic Games, you are required to use hotel accommodations as advertised at <https://aaujrogames.org/Hotels>. If your team or athlete is local or not planning to stay at one of the recommended properties, you can submit a Housing Form available online at <https://aaujrogames.org/Hotels>.

SPECTATOR ADMISSION

Athletes and coaches with a credential will receive admission to all competition venues and the Celebration of Athletes as part of your entry fee. Please note that you must check-in and pick up your credential prior to receiving admittance into any venue, including the Celebration of Athletes. You must have the appropriate wristband or credential. Spectators can purchase tickets onsite at the venues. Daily passes are \$15.00 (3 & under free) and includes admission to all competition venues on the designated day only. Event passports are \$45.00 (3 & under free). For more information on ticket options, please visit www.aaujrogames.org.

PARKING

Some locations may have parking fees. Please visit www.aaujrogames.org and click on Maps & Directions for more information. Also, some hotels may charge for parking. Please check with your hotel for specific information as prices vary.

FOOD

All AAU Junior Olympic Games facilities maintain the exclusive rights to concessions. Outside food and beverage are not permitted throughout the duration of the AAU Junior Olympic Games. No coolers at any venue.

SECURITY

All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the AAU Junior Olympic Games.

TRANSPORTATION

All athletes, coaches, and fans are responsible for their own transportation to and from all activities, events, and hotels.

PARTICIPATION

The AAU cannot and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has licensed (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

QUESTIONS:

AAU TAEKWONDO NATIONAL CHAIRMAN

Bobby Stone

AAU TAEKWONDO NATIONAL VICE CHAIRMAN:

Joe Hasan

AAU NATIONAL STAFF:

Jennifer Miles – Director of Combat Sports

AAU National Headquarters

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