



AAU JUNIOR OLYMPIC GAMES DANCE



LOCATION: Greensboro Coliseum Complex – 1921 W Gate City Blvd, Greensboro, NC 27403
HOUSING: Hotel Reservations available at this link [2024 AAU Junior Olympics Housing](#) see below for more info.
DATES: Coaches must check in no later than the day before the competition to receive credentials and reserve practice time. More info below: Updates will be added periodically as we move near the event date.

Monday, July 29, 2024	Registration/ Coach Check in	Greensboro Coliseum Complex
Monday, July 29, 2024	Judges System Training	Greensboro Coliseum Complex
Monday, July 29, 2024	Judges Meeting	Greensboro Coliseum Complex
Monday, July 29, 2024	Coaches Meeting	Greensboro Coliseum Complex
Monday, July 29, 2024	Celebration of Athletes	North Carolina A&T Aggie Stadium
Tuesday, July 30, 2024	Dance Opening Ceremony	Greensboro Coliseum Complex
Tuesday, July 30, 2024	Solo-Duet-Trio-Group Competition	Greensboro Coliseum Complex
Tuesday, July 30, 2024.	Ballroom Single & Multi Dance Competition	Greensboro Coliseum Complex
Tuesday, July 30, 2024	Dance Athlete Gala	Greensboro Coliseum Complex

*The event schedule is tentative and will be adjusted based on final entries 1 week before event. See More Below.

AAU MEMBERSHIP All athletes and coaches must be members of the AAU. AAU membership for youth is \$20.00 Coach (non-Athlete) membership is \$55 or \$79 for a 2 yr. membership. Join online www.aausports.org.
You can no longer register for non-athlete (coach) or adult athlete membership onsite. Background screens are conducted for all non-athletes and adult athletes. Membership is no longer instant. BE PREPARED and register your coaches early!

QUALIFICATION Dance Athletes With AAU Membership May Participate. Obtain Membership @ aausports.org/membership

ONLINE REGISTRATION **OPENS MARCH 1ST2024. ALL ENTRIES MUST BE COMPLETED ONLINE** at www.aaujrogames.org
Dance Solos and All Groups set up account and register: aau.dancecompjenie.com
Ballroom Single and Multi-Dance participants set up account and register : Ballroomcompexpress.com
 Entry Guidelines are available for downloading at www.aaujrogames.org
 Registration and Entry fees are non-refundable.

Visa, Mastercard, Discover or American Express is accepted. You will need to have your AAU Membership at the time of registering. After registering online, you will receive an email confirming your entry and acceptance of payment.

REGISTRATION FEE Athlete Fee is \$65*. Coach Registration fee is \$50* Onsite Coach entry fee is \$60. No Onsite Athlete registration will be available. *Each Registration Packet includes Credentials for Admission to Dance Competition, all Sport Competition Venues, Celebration of Athletes Event, Dance Competitor Zone, Pizza Party, Athlete’s Dance Gala & Fundraiser, a Commemorative Event T-Shirt and Event Bag. Coach Access to Coach Hospitality Room. The registration fee is in addition to the Dance Fees and AAU Membership.

ENTRY FEES	DANCE:	SOLO	DUET	TRIO	ALL GROUPS
		\$90	\$90	\$90	\$30 per dancer per routine
	BALLROOM:	SINGLE DANCE	MULTI-DANCE	10 DANCE	9 DANCE
	Per Couple:	\$20 Per Dance	\$20 Each Dance*	\$180	\$180

(*Ex: 2-Dance is \$40)

ENTRY SUBMISSION Individuals may submit entries and payment if they are not Associated with a studio group. Multiple participants from one studio should be submitted by Studio as one package and designate one coach to Represent studio at the registration desk.

ENTRY CONFIRMATION:

After entries are received and processed an email invoice is created for the Studio or Individual. Please check spelling of Names and correct entries that are in error promptly by email. Be sure the name on entry is spelled the same as on AAU Membership application or we will not be able to verify. Organizer reserves the right to make any necessary changes to correct entry forms. Any additional fees that were missed or omitted must be paid prior to Event.

ENTRY DEADLINE Extended: Entries received after July 10, 2024 will be accepted and processed if openings are available.

LATE ENTRIES Athlete entries received after July 10, incur a \$5 per athlete per dance late charge. No on-site Entries accepted

Local organizing committees and the AAU have spent many hours planning and preparing for this AAU event. In order to make it a success, we are asking for your cooperation. It is responsibility of the Parent, Coach, Instructor and Athlete to make sure the entries are on time and complete in every detail.

CHANGE FEES

Changes must be in writing by email to AAUDansport@gmail.com (If no response within 48 hours, confirm receipt by Text to 951-526-5255. No charge for corrections of our error. Changes requested after the List has been finalized and sent to Coach will be assessed a minimum \$10 Admin fee. Changes at the event are each a \$10 Admin Fee.

HEAT LIST -Program

5-7 Days before event a preliminary Heat Listing /Lineup will be available online in the Registration Systems.

AGE DETERMINATION:

The age of the competitor on September 1 of 2023 is competitor's official competition age for the 2024 competition year. Proof must be provided if challenged (certified birth certificate or comparable legal document). See Age chart by birth year below for clarification.

AGE DIVISIONS

AGE	DIVISIONS						
DANCE	PETITE	PRETEEN	JUNIOR	YOUTH	SENIOR		
Birth Year:	2016- 2019	2012- 2015	2009 - 2011	2005 - 2008	2003 - 2004	Group Age is determined by averaging the athletes ages	
Age:	4 - 7	8 - 11	12 - 14	15 - 18	19 - 20		
BALLROOM	PETITE	PRETEEN 1	PRETEEN 2	JUNIOR 1	JUNIOR 2	YOUTH	U 21
Birth Year:	2016- 2019	2014 - 2015	2012 - 2013	2010 - 2011	2008 - 2009	2005 - 2007	2003-2007
Age:	4 - 7	8 - 9	10 - 11	12 - 13	14 -15	16 - 18	16 - 20
CABARET	2005-2008	2003-2004					
Age	15 - 18	19- 20					

DIVISIONS

DANCE	DIVISIONS			
Solo- 1	Duet - 2	Trio- 3	Small Group 4 - 9	Large Grp- 10-19
XL Grp- 20+	Production 24+	Theater S-L-XL	ShowDance S-L-XL	Formation 8-12 /14-16
BALLROOM >	Amateur Couple	Single Student	Teacher Student	Mix Proficiency

CATEGORIES

STYLES

**Styles and/or Combinations not listed.

DANCE	STYLES				
Jazz	Contemporary	Lyrical	Hip Hop / Breaking	Cabaret	Swing
Folk	Pom	Ballroom	**Open/Novelty	Standard	Smooth
Production	ShowDance	Formation	Musical Theater/Character	Latin	Rhythm

BALLROOM	STYLES				
STANDARD:	Waltz	Tango	Viennese Waltz	Foxtrot	Quickstep
LATIN:	Cha Cha	Samba	Rumba	Paso Doble	Jive
SMOOTH:	Waltz	Tango	Foxtrot	Viennese Waltz	
RHYTHM:	Cha Cha	Rumba	Swing	Bolero	Mambo

LEVELS

DANCE:	Intermediate:	Under 2 yr. Exp	Advanced	2 + Yr. Exp.	Elite 4+ Yr. Exp
BALLROOM:					
SYLLABUS	Newcomer	Bronze	Silver	Gold	
OPEN	Single Dance:	PT2 (restriction)	Junior 1	Junior 2	Youth U21
CHAMPIONSHIP	Multi-Dance:	Pre- Novice	Novice	Pre Champ	Champion

EVENTS

DANCE EVENTS	SIZE	MUSIC TIME	STYLES	AGES
SOLO	1	3 Minutes	Any Style	All
DUET	2	3 Minutes	Any Style	All
TRIO	3	3 Minutes	Any Style	All
SMALL	4-9	3 Minutes	Any Style	All
*LARGE	10-19	3:30 Minutes	Any Style	All
*EXTRA LARGE	20+	4 Minutes	Any Style	All
*PRODUCTION	20 +	5 Minutes	Any Style	All
*MUSICAL THEATRE	4+	Sm/Lg/XLg	Any Style	All
*SHOWDANCE	1+	Sm/Lg/XLg	1-5 Styles	All
*FORMATIONS.	8-12 & 14-16	4 Minutes ea	1-5 Styles	All

Syllabus (Closed) Single Dances				
LEVELS	INT STANDARD	LATIN	SMOOTH	RHYTHM
Newcomer		CHA CHA		SWING
Bronze	VW	S PD J	T VW	SW M B
Silver	FT VW	PD J	VW	B M
Gold	VW	PD	W	B

Syllabus (Closed) Multi-Dances				
LEVELS	STANDARD	LATIN	SMOOTH	RHYTHM
Newcomer	(2Dance)	CHA CHA		SWING
Bronze	W Q & T F	C R	W FT	C R
Silver	W T Q	C S R	W T FT	C R SW
Gold	W T FT Q	C S R J	W T FT VW	C R SW M
Gold Star	W T VW FT Q	C S R PD J	W T FT VW	C R SW B M

Championship (Open) Multi-Dances				
OPEN LEVELS	STANDARD	LATIN	SMOOTH	RHYTHM
PRE-NOVICE	W Q	C S	W FT	C R
NOVICE	W T Q	C S R	W T FT	C R SW
PRE-CHAMP	W T FT Q	C S R J	W T FT VW	C R SW M
CHAMPION	W T VW FT Q	C S R PD J	W T FT VW	C R SW B M

AAU JUNIOR OLYMPIC GAMES -GRAND NATIONAL 9 & 10 DANCE CHAMPIONSHIPS			
AMERICAN 9 DANCE CHAMPIONSHIP	W T FT VW	C R SW B M	PT2- JR- Y- U21
INTERNATIONAL 10 DANCE CHAMPIONSHIP	W T VW FT Q	C S R PD J	PT2- JR- Y- U21

RULES:

The 2024 AAU rules of competition will apply. To obtain a copy of the 2024 AAU Dance Rulebook, please visit the web site at www.aaudance.org. Any significant rules change pertinent to this event, will be made available in Registration Entry Info of AAU Junior Olympic Games.

AWARDS:

Dance - Per Category, Age and Level

Medals : Gold, Silver, and Bronze AAU Junior Olympic Game Medals are awarded to the top three (3) Athletes/Teams (& members) in each Category/Age & level.

Ribbons: AAU Junior Olympic Ribbons will be awarded 4th through 8th placement.

Ballroom - Per Category, Age and level

Medals: Gold, Silver, and Bronze AAU Junior Olympic Game Medals are awarded in all Multi Dance Events

Ribbons: AAU Junior Olympic Game Ribbons are awarded 1st through 8th place in Syllabus Single Dance Events and to Athletes placing 4th -8th in Multi-Dance Events.

Trophy & Honor Dance - A 1st Place Trophy will be awarded to the highest scoring couple in the International 10 Dance / American 9 Dance Events in each Age Division with a minimum of 3 couples participating.

Plaque: 2024 AAU Junior Olympic Game Plaque awarded to Studios completing registrations & payment on-time.

CERTIFICATES

Each Competitor receives an AAU Junior Olympic Games Certificate of Achievement

SOUND EQUIPMENT

Sound equipment will be provided. Coaches will be required to submit their music online prior to the start of the competition in MP3 Format , instructions will be provided accordingly. Each individual or team is responsible for providing the accompaniment to the Music Manager online through Dance Comp Genie system. Penalties are given for late music. A back-up music in MP3 format is encouraged on a USB at the event in case of emergency. All music submitted must have the song selected on a single play list. MP3 Routines should be clearly marked with the competitor's or team/ Routine name and Studio. No volume adjustments will be made. The volume and quality of the accompaniment are the responsibility of the competitor and not the Music Manager. Volume or quality of sound will not be judged, although inferior music could affect the execution off the performance.

MUSIC

SOLOS, GROUPS, FORMATIONS etc Music must be submitted through the **Dance Comp Genie Registration portal** by **July 10th**. per instructions above.

Failure to submit "appropriate" music in proper format or supply an additional copy at event if needed could cause disqualification. Inappropriate music that contains foul verbiage or sexual content will be disqualified.

Please note that that the system will not accept your music if it is even 1 second over the approved time frame.

DRESS CODE

Costumes must be invigilated prior to competing. Athletes should proceed immediately upon arrival to the Dress Code Invigilator's area. Ballroom Dancers & Soloists: Have ALL costumes that you may need, out of suitcases and/or bags, and accessories including shoes easily accessible. The Dress Code Approval along with credentials

authorizes Athletes and a Coach permission to enter the Competitor Zone-Competition & Practice Area, Backstage On Deck & Dressing Rooms area. Failure to get a costume invigilated may result in disqualification.

DRESS CODE: Available online at: aaujrogames.org/dance

If the costume is questionable or you have a question, email front and back pictures of their costumes on a standing athlete. Pictures must be labeled with: Routine Title / Studio name / Dance Category. Email questions/pictures before June 20th to Mary: depaoli.mary@gmail.com Allow 24 hours for reply. *Note to Ballroom Teachers and Mix Proficiency Partners: Partners must conform to the competing student's level of Dress Code. Note: In all Syllabus dances - No stones.

COMPETITION

AAU Dance reserves the right to eliminate, add or combine events and or age groups, change awards or restructure to provide the best competition in response to the number and distribution of entries. Final schedule to be released a minimum of 5 days prior to event. Athletes should be dressed, in the Competitor Zone and ready to compete 30 minutes before scheduled heat time. Heats may be adjusted up to 30 minutes before or after final scheduled time.

DANCE FLOOR

COMPETITION: A 40' x 70' wooden dance floor is utilized for all dance styles. **PRACTICE:** A practice floor is available. Practice time may be scheduled or open, depending on number of routines performing. If it is necessary to set a practice time per Studio/School, the schedule will be posted at Registration Desk

COMPETITOR ZONE

An area designated for Athletes, Coaches and Officials with Credentials only.

Dressing Rooms, Practice Floor, Costume Invigilation, and ON-Deck are within these perimeters..

CELEBRATION OF ATHLETES

The Celebration of Athletes date is Monday, July 29, 2024, at North Carolina A&T Aggie Stadium. Athletes will Line up behind their STATE sign beginning at 6:00 pm. Celebration begins at 7:00 pm - More information will be posted at www.aaujrogames.org as it becomes available.

The GALA ~

Voted "Most Fun" event of the year, the Gala is where past Friends are reunited, and new Friendships are forged. Athletes have an opportunity to just be themselves and enjoy the Athlete Pizza Party and Social Dance Games with prizes & a whole lot of Dancing. AAU Dance' Kids 4 Kids will be hosting a Fundraiser to benefit the National Bullying Prevention Center.

DANCE OPENING CEREMONIES

A Celebration of Life, Youth, and Country kicks off the Dance Games with a Parade of Dance Athletes, Special Presentations, & Surprise Performances. Tuesday or Wednesday Morning. See Final Schedule

AMBASSADORS

Apply online aaudance.org – April 1st thru June 15th.. Independents/Studios may submit: 1 application if Team has fewer than 10 athletes attending or 1 application per ea 10 athletes attending. Questions? Text: 951-526-5255 International Teams: Contact the National Dance Chair at : AAUDancesport@gmail.com

CHECK-IN

All Coaches and Dance participants must check-in to receive their athlete credential or coach wristband. Dance participants must also Also Check- in at the Dance Registration table located at the Greensboro Coliseum Complex. The appropriate credential or wristband will be needed prior to gaining admittance into the competition venues. Participants should check-in Monday (see schedule) or at least the day prior to competing. *If that credential or wristband is lost or stolen there will be a replacement fee.* For check-in hours, maps and additional directions please visit www.aaujrogames.org (click on Event Info, then Registration). Schedule will be made available as it is verified.

NOTE: In addition to checking in to receive your credential, Team Coaches MUST also check in at the Dance Sport table at the Greensboro Coliseum during the designated Coach Check-In time.

COACHES:

DRESS CODE: Professionally in casual business attire. Ballroom Teachers and Mixed Proficiency Partners are required to dress in costume appropriate to dress code of age of competitor they are partnering with.

COACH HOSPITALITY ROOM: Snacks will be available during competition.

COACH MEETING: July 29th, Monday afternoon- check schedule a week before event for time.

COACHES' EDUCATION

The AAU is happy to make available **FREE Coaches' Education** for all AAU non-athlete members.

This excellent program is **MANDATORY** for all AAU non-athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on PCA COACHES EDUCATION to enter and take the MANDATORY AAU/PCA coaches' educational course. Membership may be revoked from non-athletes who do not complete course prior to competition. Submit Completed Certificate to aaudancesport@gmail.com

RELEASE & CONSENT

A Liability Waiver must be signed and returned with Entry for each participant and Coach. Electronic Signing Link is available through registration system or a link will be posted online at aaudance.org

SPORTS MEDIC

Sports Medical Service is onsite during Competition for consultation, emergencies, hydration, muscle cramps, sprained ankles, or other minor ailments. Athletes are encouraged to inquire at the Medic Booth for information

HOUSING:

The AAU makes every effort to provide the best quality experience for athletes, coaches and families that participate in AAU events. Athletes, coaches, and families can choose from a wide variety of accommodations in various price points and with several levels of amenities. The Local Organizing Committee has carefully

selected host hotels for participants with the lowest rates available. The hotels selected for the program not only provide great rates, but also the greatest convenience regarding location and other amenities.

All reservations are handled through the Local Organizing Committee. DO NOT CONTACT THE HOTELS DIRECTLY AS YOU WILL NOT RECEIVE THE DISCOUNTED RATE visit the website at

www.aaujrogames.org and click on Hotels to make your reservations. You may also click here to book : **[2024 AAU Junior Olympics Housing](#)** Please check online regarding deposit requirements and cancellation policies which may vary depending on hotel. AAU is not responsible for any refunds from cancellation.

AIRPORT

GREENSBORO: Airport Code **GSO** (10-12 minutes to Coliseum) Delta/American main airlines

RALEIGH: Airport Code **RDU** (70 miles...approx. 60 minutes to Coliseum) Southwest Hub

CHARLOTTE: Airport Code **CLT** (95 miles...approx. 1 hr 25 minutes to Coliseum) American Hub

VISITOR GUIDE

FOR ATTENDEES: [Visit Greensboro](#)

ADMISSION FEE

Athletes and coaches with a credential will receive admission to all competition venues and the Celebration of Athletes as part of your Registration fee. Please note that you must check-in and pick up your credential prior to receiving admittance into any venue, including the Celebration of Athletes. You must have the appropriate wristband or credential.

Spectator Tickets are \$20 per day for admittance to any sport event or \$50 for a multiple day ticket allowing entrance to all events, all days. (Dance Events are Monday through Wednesday.)

PARKING

Some locations may have parking fees. Coliseum parking: \$5 unless otherwise posted. Please visit www.aaujrogames.org and click on Maps & Directions for more information. Also, some hotels may charge for parking. Please check with your hotel for specific information as prices vary.

TRANSPORTATION

All participants and spectators are responsible for their own transportation to and from all activities, events, and hotels.

SECURITY

All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the AAU Junior Olympic Games.

FOOD

All AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage The Visitors guide will help direct you to nearby restaurants and fast food establishments.

VENDORS

FINE DESIGNS ~ Order your AAU JR Olympic Games Shirts, Sweatshirts, Jackets
[Order JO Gear Here!](#)

CONTACT INFO:

AAUDanceSport@gmail.com or a quick Text to 951-526-5255

WEBSITE:

www.aaujrogames.org/dance or **www.audance.org**

NO GUARANTEE

The AAU cannot and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

- Availability of events and schedule is tentative and defendant upon entries received.

CHEER TEAMS

- **SIBLINGS AND FRIENDS** - May organize small cheering squads to cheer on their favorite athlete. Cheering for all athletes is highly encouraged and not just your favorites!! A little bit of kindness goes a long way- KIND is the new KOOI

We hope you will have a wonderful and delightful experience at the AAU Dance Games, whether it is your first time with us or you are a forever dance friend,

Deborah Huffman,
AAU National Dance Chair

COMPETITION AND MEETING SCHEDULE

(SCHEDULE IS TENTATIVE & SUBJECT TO CHANGE BASED ON NUMBER OF ENTRIES)
Schedule to be delivered to Studios and Registered Individuals 1 week before Competition.

Monday, July 29, 202

1:00 p.m. - 4:00 p.m.	Athlete and Coaches Check-In at Dance Table.	Greensboro Coliseum Complex
1:00 p.m. - 4:00 p.m.	Practice (check in first)	Greensboro Coliseum Complex
2:00 p.m. - 4:00 p.m.	Dress Code Invigilation	Greensboro Coliseum Complex
2:00 p.m. - 3:00 p.m.	Judge Systems Training	Greensboro Coliseum Complex
3:00 p.m. - 4:00 p.m.	Coaches Meeting	Greensboro Coliseum Complex
6:00 p.m. - 7:00 p.m.	Line up of Celebration of Athletes	North Carolina A&T Aggie Stadium
7:00 p.m.	Celebration of Athletes	North Carolina A&T Aggie Stadium

Tuesday, July 30, 2024

7:30 a.m. - 8:00 a.m.	Judges Meeting	Greensboro Coliseum Complex
7:45 a.m. - 8:00 a.m.	Athletes line up to be announced	Greensboro Coliseum Complex
8:00 a.m. - 8:45 a.m.	Dance Opening Ceremony.	Greensboro Coliseum Complex
9:00 a.m.-12:00 p.m.	Championship Competition	Greensboro Coliseum Complex
12:00 p.m.-1:00 p.m.	Officials Lunch	Greensboro Coliseum Complex
12:00 p.m.-1:00 p.m.	Attendees Lunch	
1:00 p.m.-5:00 p.m.	Championship Competition	Greensboro Coliseum Complex
5:00 p.m.-6:00 p.m.	Officials Dinner Break	Greensboro Coliseum Complex
5:00 p.m. - 6:30 p.m.	Attendees Dinner Break	
6:30 p.m. - 8:30 p.m..	Athlete Dance Gala, Pizza Party & Fundraiser	Greensboro Coliseum Complex

Wednesday, July 31, 2024

10:00 a.m. - 10:45 p.m.	Champion Workshops	Greensboro Coliseum Complex
10:45 a.m. - 11:30 p.m.	Champion Workshops	Greensboro Coliseum Complex
11:30 p.m. - 12:00 p.m.	Break	Greensboro Coliseum Complex
12:00 p.m. - 12:45 p.m.	Champion Workshops	Greensboro Coliseum Complex
12:45 p.m. - 1:00 pm	Practice	
1:00 pm	Dancer Show Off	

ADDITIONAL INFORMATION:

Check back for more information as it becomes available.

June 20th Update: Deadline has been extended.

July 5th Update: All Competition on Tuesday July 30th

July 8th Update: Dance Workshops- Wednesday 10 AM. Topics, Fee and Signup will be emailed to each studio/Individual participating at Event.

AAU DANCE NATIONAL CHAIR:

Deborah Stegemann
951-526-5255

Audance.deborah@gmail.com

AAU NATIONAL OFFICE

Tyler Wegehaupt
407-934-7200

tyler@aausports.org

We are excited and looking forward to meeting everyone!
Happy Dancing!