

AAU JUNIOR OLYMPIC GAMES DANCE



LOCATION: George R. Brown Convention Center, 1001 Avenida De Las Americas, Houston, TX 77010

HOUSING: Hotel Reservations available at this link: [2025 AAU Junior Olympics Housing](#) see below for more info.

DATES: Coaches check in no later than the day before the competition to receive credentials and reserve practice time. More info below. Updates will be added periodically as we move near the event date.

EVENT BROADCAST: Coming Soon! Check back for details!

Date	Event	Location
July 22, 2025	Check-In	George R. Brown Convention Center
July 23, 2025	Champion Showcase of Stars	George R. Brown Convention Center
July 23, 2025	Judge/Coach/Ambassador Meetings	George R. Brown Convention Center
July 23, 2025	Future Champion Workshops	George R. Brown Convention Center
July 23, 2025	Pop Music Gala & Orange Sock Hop	George R. Brown Convention Center
July 24, 2025	Dance Opening Ceremony	George R. Brown Convention Center
July 24, 2025	Preliminaries / Competition	George R. Brown Convention Center
July 25, 2025	Competition	George R. Brown Convention Center
July 28, 2025	Celebration of Athletes	See Details online

Schedule is tentative and will be updated online as information is available.

AAU MEMBERSHIP All Athletes and Coaches must be members of the AAU. Join online www.aausports.org. You can no longer register for non-athlete (coach) or adult athlete membership onsite. Background screens are conducted for all non-athletes and adult athletes. Membership is no longer instant. BE PREPARED and register your coaches early!

QUALIFICATION **AAU MEMBERSHIP is required for all participants:** Join: <http://aausports.org>
BALLROOM & TRADITIONAL DANCE Styles: Open to all with AAU Membership
BREAKING School vs School- Open to all with AAU Membership
BREAKING Solo Performances & Team Performances: Open to all with AAU Membership
BREAKING 1vs1 Championships: Qualification Required: Participants must attend a min of 2 events in a Local League to accumulate a min of 50 pts to proceed to one of the 2 Regional Events to qualify for the AAU Junior Olympic Games. There are 39 Local Locations and 2 Super Regionals which are listed in the Dance Events at audance.org Rules may be viewed online audance.org.

ONLINE REGISTRATION **ENTRIES MUST BE COMPLETED ONLINE**
ALL DANCE Solos and All Teams/Groups: Register at au.dancecompgenie.com
BALLROOM Single and Multi-Dance Register at: ballroomcompexpress.com
BREAKING: 1vs 1 Tournament Qualified Participants: Available May 1st, 2025
Open School vs School - Solo Performance & Group Performance- Register at : au.dancecompgenie.com
 Registration and Entry fees are non-refundable. No onsite registration will be available.

Visa, Mastercard, Discover or American Express is accepted. You will need your AAU Membership at the time of registering. After registering online, you will receive an email confirming your entry and acceptance of payment.

REGISTRATION FEE \$65 per Athlete and \$50 per Coach. Coach / \$60 onsite. Onsite athlete registration is not available.

Athletes receive credentials for 4 days admission from July 22-25 including: all sport venues, Dance Opening Ceremonies, Future Champion Stars Showcase*, Competition, Competitor Zone, Pop Music Dance Gala and Fundraiser, Commemorative T-Shirt and Event Bag. Registered Coaches will receive the same. Entry fees and AAU membership is not included.

ENTRY FEES

DANCE:	SOLO	DUET	TRIO	ALL GROUPS
All Styles	\$90	\$105	\$105	\$35 per dancer per routine
BALLROOM:	SINGLE DANCE	MULTI-DANCE	10 DANCE*	9 DANCE*
Per Couple:	\$25 Per Dance	\$25 Each Dance	Included*	Included*
BREAKING:	1vs1 Tournament	School vs School Battle	Performance: see Solo/Groups above	
Per Athlete	\$ 35	\$35 Per dancer	Ballroom: *9 Dance - 10 Dance is included in Multi-Dance	

ENTRY SUBMISSION Individuals may submit entries and payment if they are not associated with a studio group. Multiple participants from one studio should be submitted by Studio as one package and designate one coach to represent studio at the registration desk.

ENTRY CONFIRMATION: Please check spelling of names and correct entries that are in error promptly by email. Name on entry must be spelled the same as AAU Membership to verify. Fees that were missed or added must be paid before Event.

Early Entry Bonus!

**FINAL BONUS DAY
JUNE 5TH**

Schools and Independents with fully paid entries and AAU membership by June 5th can submit a Freestyle Routine for the Virtual **"Future Champion Stars Showcase"**. The top 3 routines, as voted by the audience, will perform at the Dance Opening Ceremonies on July 24th. Videos due: June 6th Voting: June 10th - June 30th Winners announced: July 10th The event will be Showcased July 22nd - 25th on the AAU Dance Channel More details on April 15th. Register now! **Dare to be an AAU Jr. Olympic Games Dance Star!**

ENTRY DEADLINE June 25th, 2025, Entries received after June 25th will be accepted and processed if openings are available.

REGISTRATION CLOSES July 10th. Athlete wishing to enter after July 10th must email audancesport@gmail.com for space availability.

Local organizing committees and the AAU have spent many hours planning and preparing for this AAU event. In order to make it a success, we are asking for your cooperation. It is responsibility of the Parent, Coach, Instructor and Athlete to make sure the entries are on time and complete in every detail.

CHANGE FEES Changes must be in writing by email to AAUDancesport@gmail.com If no response within 48 hours, confirm receipt by Text to 951-526-5255. Include Athlete name and Category. No charge for corrections of our error. Changes requested after the List has been finalized and sent to Coach there will be a min. \$10 Admin fee.

HEAT LIST -Program 5-7 Days before event a preliminary Heat Listing /Lineup will be available online & in the Registration Systems.

AGE DETERMINATION: The age of the competitor on September 1 of 2024 is competitor's official competition age for the 2025 competition year. Proof must be provided if challenged (certified birth certificate or comparable legal document). See Age chart by birth year below for clarification.

AGE DIVISIONS

AGE	DIVISIONS						Group Age is determined in system by averaging ages
DANCE	PETITE	PRETEEN	JUNIOR	YOUTH	SENIOR		
Age:	4 – 7	8 – 11	12 – 14	15 – 18	19 – 20		

BALLROOM	PETITE	PRETEEN 1	PRETEEN 2	JUNIOR 1	JUNIOR 2	YOUTH	U 21
Age:	4 – 7	8 – 9	10 – 11	12 – 13	14 – 15	16 – 18	16 – 20

BREAKING		CABARET		
Age	7 – 17		Age	15 – 18 19- 20

DIVISIONS and CATEGORIES

TRADITIONAL DANCE CATEGORIES				
Solo	Duet	Small Group 3 – 9	Large Grp- 10-19	Large Grp- 10-19
XL Grp- 20+	Production 24+	Theater S-L-XL	ShowDance S-L-XL	Formation 8-12 /14-16
BALLROOM :	Amateur Couple	Single Student	Teacher / Student	Mix Proficiency
BREAKING :	Preliminary Showcase	Single Elimination	Tournament*	Open School vs School

STYLES
**Styles and/or Combinations not listed

TRADITIONAL DANCE STYLES						
Jazz	Contemporary	Lyrical	Hip Hop	Cabaret	Folk	Pom
Ballroom	**Open/Novelty	Standard	Smooth	Latin	Breaking	
Production	ShowDance	Formation	Musical Theater/Character			

BALLROOM STYLES					
STANDARD:	Waltz	Tango	Viennese Waltz	Foxtrot	Quickstep
LATIN:	Cha Cha	Samba	Rumba	Paso Doble	Jive
SMOOTH:	Waltz	Tango	Foxtrot	Viennese Waltz	
RHYTHM:	Cha Cha	Rumba	Swing	Bolero	Mambo

LEVELS

TRADITIONAL DANCE >	Intermediate: Under 2 yr. Exp	Advanced: 2 + Yr. Exp.	Elite 4+ Yr. Exp
BALLROOM			
Syllabus Single Dances:	Pre Bronze	Bronze	Silver Gold Gold Star
Syllabus Multi Dances:	Pre Bronze	Bronze	Silver Gold
Open Multi Dances:	Pre Novice	Novice	Pre Champ Champion
BREAKING >	Novice: Beginner	Amateur: Intermediate	Elite: Advanced

TRADITIONAL DANCE EVENTS

TRADITIONAL DANCE	SIZE	MUSIC TIME	STYLES	AGES
SOLO	1	3 Minutes	Any Style	All
DUET	2	3 Minutes	Any Style	All
TRIO	3	3 Minutes	Any Style	All
SMALL	4-9	3 Minutes	Any Style	All
*LARGE	10-19	3:30 Minutes	Any Style	All
*EXTRA LARGE	20+	4 Minutes	Any Style	All
*PRODUCTION	20 +	5 Minutes	Any Style	All
*MUSICAL THEATRE	4+ (Sm /Lg /XLg)	Per group size	Any Style	All
*SHOWDANCE	4+ Sm /Lg /XLg)	Per group size	1-5 Styles	All
*FORMATIONS.	8-12 & 14-16	4 Minutes	1-5 Styles	All

BREAKING EVENTS

AAU BREAKING			
PRELIMINARY	Must Qualify	Open to all	Open to all
CHAMPIONSHIP	1 VS 1	SCHOOL VS SCHOOL	Performance SOLO DUET TRIO

BALLROOM EVENTS

BALLROOM EVENTS Syllabus (Closed) Single Dances				
LEVELS	INT STANDARD	LATIN	SMOOTH	RHYTHM
Pre-Bronze		CHA CHA		SWING
Bronze	VW	S PD J	T VW	SW M B
Silver	FT VW	PD J	VW	B M
Gold	VW	PD	W	B

BALLROOM EVENTS Syllabus (Closed) Multi-Dances				
LEVELS	STANDARD	LATIN	SMOOTH	RHYTHM
Pre Bronze		C S		
Bronze	W Q & T F	C R	W FT	C R
Silver	W T Q	C S R	W T FT	C R SW
Gold	W T FT Q	C S R J	W T FT VW	C R SW M
Gold Star	W T VW FT Q	C S R PD J	W T FT VW	C R SW B M

BALLROOM EVENTS Championship (Open) Multi-Dances				
OPEN LEVELS	STANDARD	LATIN	SMOOTH	RHYTHM
PRE-NOVICE	W Q	C S	W FT	C R
NOVICE	W T Q	C S R	W T FT	C R SW
PRE-CHAMP	W T FT Q	C S R J	W T FT VW	C R SW M
CHAMPION	W T VW FT Q	C S R PD J	W T FT VW	C R SW B M

*AAU JUNIOR OLYMPIC GAMES -GRAND NATIONAL 9 & 10 DANCE CHAMPIONSHIPS			
AMERICAN 9 DANCE CHAMPIONSHIP	W T FT VW	C R SW B M	PT2- JR- Y- U21
INTERNATIONAL 10 DANCE CHAMPIONSHIP	W T VW FT Q	C S R PD J	PT2- JR- Y- U21

*9 Dance & 10 Dance Championship Grand National Award: Couples registered in both Standard & Latin 5-dances or Smooth & Rhythm 4 & 5 Dances are tabulated for the 9 Dance or 10 Dance Championships

RULES:

The AAU rules of competition will apply and are available at www.aaudance.org.

BREAKING Qualifiers

BREAKING- 1vs1 Elimination- to Qualify: Athletes must compete in a minimum of 2 events in one of the 13 local leagues which have a total of 39 events), to accumulate a minimum of 50 pts. to qualify to compete at one of 2 Super Regional Events for a chance to battle at the AAU Jr Olympic Games. Events are listed online at www.aaudance.org There is no qualifying required for Open School vs School Battles and Open Performance Solo & Team events for these open events you may register online at aau.dancecompgenie.com.

AWARDS

TRADITIONAL DANCE – Per Category, Age and Level

Medals : Gold, Silver, and Bronze AAU Junior Olympic Game Medals are awarded to the top three (3) Athletes/Teams (& members) in each Category/Age & level.

Ribbons : Will be awarded 4th through 8th placement.

BREAKING – Per Category and Level.

Medals : Gold, Silver, and Bronze AAU Junior Olympic Game Medals are awarded to the top three (3) Athletes

Ribbons : Will be awarded 4th up to 8th placement.

BALLROOM – Per Category, Age and level

Medals: Gold, Silver, and Bronze AAU Junior Olympic Game Medals are awarded in all Multi Dance Events

Ribbons : Are awarded 1st through 8th place in Syllabus Single Dance Events and to Athletes placing 4th -8th in Multi-Dance Events.

Trophy: A 1st Place Trophy and 1st- 3rd place Medals will be awarded to the highest scoring couple in the International 10 & American 9 Dance in PT2, JR, Y, U21 Age Divisions with a minimum of 3 couples participating.

***CERTIFICATES ***

Each Competitor receives an AAU Junior Olympic Games Certificate and may request an *Achievement Specific* certificate if needed for college resumes. Email: audancesport@gmail.com by June 15th with name/division/category being requested and parent cell number. Please confirm our receipt. Pick up at Event.

SOUND EQUIPMENT

Sound equipment will be provided. Coaches are required to submit their music in MP3 Format online no later than June 25th. Each individual or team is responsible for providing the accompaniment to the Music Manager online through au.dancecompgenie.com system. Penalties are given for late music. A back-up music in MP3 format is encouraged on a USB at the event in case of emergency. All music submitted must have the song selected on a single play list. MP3 Routines should be clearly marked with the competitor's or team/ Routine name and Studio. No volume adjustments will be made. The volume and quality of the accompaniment are the responsibility of the competitor and not the Music Manager. Volume or quality of sound will not be judged, although inferior music could affect the execution off the performance.

MUSIC

SOLOS, GROUPS, FORMATIONS etc. Music must be submitted through the **Dance Comp Genie Registration portal** by **June 25th**. Per instructions above. Failure to submit "appropriate" music in proper format or supply an additional copy at event if needed could cause disqualification. Inappropriate music that contains foul verbiage or sexual content will be disqualified. Please note that that the system will not accept your music if it is even 1 second over the approved time frame.

DRESS CODE

Costumes will be invigilated prior to competing. If the On-Deck Manager calls out a costume as non-conforming, penalties can be assessed, routine could be detained or disqualified. Therefore, Review the DRESS REGULATIONS : Available online at: <http://aausports.org/dance/> If the costume is questionable or you have any question, email front and back pictures of costumes on a standing athlete. Pictures must be labeled with: Routine Title / Studio name /Dance Category/Age. Email questions and pictures by June 15th to "Captain Mary: depaoli.mary@gmail.com Allow 24 hours for reply. Reconnect if no reply. *Note to Ballroom Teachers and Mix Proficiency Partners: Partners must conform to the competing student's level of Dress Code. Note: No stones allowed in Ballroom Syllabus dances- all ages.

COMPETITION

AAU Dance reserves the right to eliminate, add or combine events and or age groups, change awards or restructure to provide the best competition in response to the number and distribution of entries. Final schedule to be released a minimum of 5 days prior to event. Athletes should be dressed, in the Competitor Zone and ready to compete 30 minutes before scheduled heat time. Heats may be adjusted up to 30 minutes before or after final scheduled time. **Ballroom Conditional Provisions and Restrictions:** Preteens are restricted to Bronze, Silver and Gold Syllabus. PTII may dance in the Open Championship category but are restricted to Syllabus and Syllabus Costume. PTII dancing up to JI are restricted to Syllabus and Syllabus Costume. Athletes may dance up one age division and may dance up one level.. Single Students are restricted to Syllabus and Syllabus Costume. P2 II dancing with JI partner and does not dance in PT level, may petition for JI costume approval.

DANCE FLOOR

COMPETITION: A min.40' x 70' wooden dance floor is utilized for all styles. **PRACTICE:** A practice floor will be available. If a Practice schedule is necessary it will be posted at the Dance Registration Desk.

COMPETITOR ZONE

An area designated for Athletes, Coaches and Officials with Credentials only. Dressing Rooms, Practice Floor, Costume Invigilation, and ON-Deck are within these perimeters..

CELEBRATION OF ATHLETES The Celebration of Athletes date is Monday, July 28, 2025, location and time to be announced with further details. Please visit aausports.org/junior-olympic-games for information as it becomes available.

POP MUSIC DANCE GALA

Join us for an unforgettable evening at the **Pop Music Dance Gala!** Dance athletes and invited guests will enjoy a night of dance games, social dancing, and a surprise appearance featuring a special performance you won't forget! Don't miss this incredible celebration of talent, fun, and unforgettable memories! Parents, siblings, athletes, and guests – the Gala is a classy casual affair so 'Dress to Impress'. No tank tops, flip flops or offensive clothing. Dance shoes or clean sole tennis shoes required for dancing.

AAU DANCE CARES

AAU Dance Cares – Kids 4 Kids

Join AAU Dance 'Kids 4 Kids' at the **"The Orange Sock Hop!"** at the PoP Music Dance Gala with very Special Guest Stars! We're excited to announce that this fundraiser supports the National Bullying Prevention Center. Let's stand together and empower young voices. Be part of the magic with Kids 4 Kids! Stay tuned for details.



DANCE OPENING CEREMONIES July 24, 2025

The Opening Dance Ceremonies at the AAU Junior Olympic Games unite AAU Dance Ambassadors and fellow Dancers in an Athlete Parade, honoring our country, families, and friends. With special presentations, oaths, and honored guests, the event builds excitement for the Opening Performance, celebrating the privilege of participating in this prestigious competition. Stay tuned for an exciting surprise!

AMBASSADORS

Apply online at audance.org **April 5th thru June 5th, 2025.** AAU Membership and attendance at the AAU Junior Olympic Games required. Teams or Independents with 10 or less athletes may submit 1 Application. Teams with more than 10 athletes attending may submit 1 application per every 10 athletes attending. For questions, Contact the National Dance Chair at : AAUDancesport@gmail.com

CHECK-IN

All Coach and Dance participants should check-in July 22nd at the George R. Brown Convention Center to receive appropriate credential or wristband which is needed prior to gaining admittance into the competition

CHECK-IN CONT.	venues. Independents and Schools/Studios must also check-in their Teams at the Dance Desk If the credential or wristband is lost or stolen there will be a replacement fee. For check-in hours, maps and additional directions please visit aausports.org/junior-olympic-games (click on Event Info, then Registration). Schedule will be made available as it is verified. NOTE: In addition to checking in to receive your credentials Coaches MUST also check in at the Dance Sport table at the George R. Brown Convention Center during the designated Coach Check-In time.
COACHES:	DRESS CODE: Professionally in casual business attire.. COACH HOSPITALITY AREA: Details to be announced soon. Not available at all locations. COACH MEETING: July 23 ^h – check schedule for updates on time.
COACHES' EDUCATION	The AAU is happy to make available FREE Coaches' Education for all AAU non-athlete members. This excellent program is MANDATORY for all AAU non-athletes and will be administered by Positive Coaching Alliance (PCA). Please visit www.aausports.org and click on PCA COACHES EDUCATION to enter and take the MANDATORY AAU/PCA coaches' educational course. Membership may be revoked from non-athletes who do not complete course prior to competition. Submit Completed Certificate upon request.
RELEASE & CONSENT	A Liability Waiver must be signed and returned with Entry for each participant and Coach. Electronic Signing Link is available through aau.dancecompgenie.com registration system, or online at audance.org
SPORTS MEDIC	Sports Medical Service is onsite during Competition for consultation, emergencies, hydration, muscle cramps, sprained ankles, or other minor ailments. Athletes are encouraged to inquire at the Medic Booth for information
BROADCASTING	Coming Soon! Check back for Details!
HOUSING:	The AAU makes every effort to provide the best quality experience for athletes, coaches and families that participate in AAU events. Athletes, coaches, and families can choose from a wide variety of accommodations in various price points and with several levels of amenities. The Local Organizing Committee has carefully selected host hotels for participants with the lowest rates available. The hotels selected for the program not only provide great rates, but also the greatest convenience regarding location and other amenities. All reservations are handled through the Local Organizing Committee. Do Not Contact The Hotels Directly As You Will Not Receive The Discounted Rate , visit the website at aausports.org/junior-olympic-games and click on Hotels to make your reservations. Or click here to book: 2025 AAU Junior Olympics Housing Please check online regarding deposit requirements and cancellation policies which may vary depending on hotel. AAU is not responsible for any refunds from cancellation.
AIRPORTS	HOUSTON: George Bush Intercontinental Airport (IAH) 28 minutes to venue ~ 18.4 miles William P. Hobby Airport (HOU) 22 minutes to Venue ~ 10.2 miles
VISITOR GUIDE	FOR ATTENDEES: Use this link to Visit Houston!
ADMISSION FEE	Athletes and Coaches: You must have the appropriate wristband or credential for admittance into any venue or event. With the appropriate credential, you will receive admission to all competition venues and the Celebration of Athletes, Gala, Dance Opening Ceremonies,*Pizza Party, and **Prechamp Showcase as part of your Registration fee. To receive credentials please check-in at the main Registration area July 22 nd .
TICKETS	Spectator Tickets: Coming Soon! Daily Cost for admittance to Dance and any sport event or for a multiple day pass allowing entrance to all events, all days. (Dance Check-in and Events are Tuesday through Friday)
PARKING	Some locations may have parking fees. Please visit aausports.org/junior-olympic-games and click on Maps & Directions for more information. Also, some hotels may charge for parking. Please check with your hotel for specific information as prices vary.
TRANSPORTATION	Participants and spectators are responsible for their own transportation to and from hotels, activities & events,
SECURITY	All AAU Junior Olympic Games facilities maintain the right to search any bags, backpacks, purses, jackets, etc. throughout the duration of the AAU Junior Olympic Games.
FOOD	All AAU Junior Olympic Games facilities maintain exclusive rights to concessions. Outside food and beverage are not allowed. The Visitors guide will help direct you to nearby restaurants and fast food establishments.
VENDORS	FINE DESIGNS ~ ORDER YOUR AAU JR OLYMPIC GAMES Shirts, Sweatshirts, Jackets and Gear Shop Here
CONTACT INFO:	AAUDancesport@gmail.com
WEBSITE:	Aausports.org/junior-olympic-games or audance.org
NO GUARANTEE	The AAU cannot and does not guarantee the appearance and/or participation of specific participant(s) and/or teams (as applicable) in this event. The AAU has sanctioned (approved) this Event as an official AAU Event (competition), but the AAU is not and shall not be responsible for any participant's or spectator's expenses related to this Event (nor reimbursements for same) in case of dissatisfaction of any participant, friend, family, or spectator, this includes, but is not limited to all travel, hotel (lodging), food, entry fees and/or any other expenses related to the event.

COMPETITION AND MEETING SCHEDULE

The tentative event schedule will be created, updated and added here and online as information is available.

***Schedule will be available in the Registration System to Participants no later than 1 week before competition.**

COMING SOON!

*Whether it is your first time with us, or you are a forever dance friend,
We hope you will have a wonderful and delightful experience at the AAU Dance Games!*

Dance, dear hearts, with dreams so bright, Under the spotlight, in the gentle night.

Twirl and leap with spirits high, You're the stars that light the sky.

With every step, with every glide, Feel the joy, let hearts be your guide.

For in this dance, we all belong, A family united, forever strong.



See you there!

ADDITIONAL INFORMATION:

Check back for more information as it becomes available.

AAU DANCE NATIONAL CHAIR

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AAU NATIONAL OFFICE

Crystal Mannino

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DRESS REGULATIONS

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AAU BREAKING

Kennedy Phounsiri – EraNetik

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We are excited and looking forward to meeting everyone!