



2008 Central AAUDistrict Track & Field Championships

Hosted by the Rockford F.I.R.E. Track Club

Saturday, June 7, 2008

**Rockford Auburn High School
520 N. Pierpont Ave, Rockford, IL 61101**

Sanction: Amateur Athletic Union (AAU)

Meet Director:

Marchan Adkins

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Email: Marchan@AdkinsTrak.com

Website : www.AdkinsTrak.com

Fees:

Entry fee is \$15.00 for each ***athlete***. No entry fee will be transferred or refunded.

Entry will not be processed unless entry fee is paid by deadline. Bring a legible copy of a birth certificate or proof of age, along with a 2008 AAU membership card for each athlete entered; Do not send in advance. As with regional and anational meets, all entry fees must be paid online.

Eligibility:

This meet is open to any athlete that falls within the age divisions listed below.

AAU Memberships can be obtained through the AAU National Website

www.aausports.org . Contact Carolyn Lambert at (800) AAU-4USA if you have questions regarding your registration. Each Youth, Intermediate, and Young

athlete may enter in up to a maximum of 4 events including relays. Primary, Bantam, & Midget age brackets may only enter in 3 events including relays. **If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.**

Advancement:

Any individual or relay that finishes within the top 10 of each event is eligible to register for the Region 6B Championship in Louisville, KY. The regional meet will be held on July 3-6, 2008 at Male High School in Louisville.

Age Divisions:

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division. The Young Mens/Womens division is open to any one who was born in or prior to 1992 and will not turn 19 years of age prior to August 3, 2008..

Age Divisions	100	200	400	800	1500	3000	10000	30000	20000	8000	10000	10000	20000	40000	L	T	J	D	S	H	P	400	400	400	
Primary (2000 & Younger)	X	X	X	X											X				X			X			
Sub-Bantam (1999)	X	X	X	X	X		X								X				X	X					
Bantam (1998)	X	X	X	X	X		X								X				X	X		X	X		
Sub-Midget (1997)	X	X	X	X	X	X	X			X					X				X	X	X				
Midget (1996)	X	X	X	X	X	X	X			X					X				X	X	X		X	X	X
Sub-Youth (1995)	X	X	X	X	X	X		X			X		X		X	X	X	X	X	X	X	X			
Youth (1994)	X	X	X	X	X	X		X			X		X		X	X	X	X	X	X	X	X	X	X	X
Intermediate (1992-93)	X	X	X	X	X	X		X	X		G	B		X	X	X	X	X	X	X	X	X	X	X	X
Young (1989*-91)	X	X	X	X	X	X		X	X		W	M		X	X	X	X	X	X	X	X	X	X	X	X

Entry Process:

Teams:

All teams must utilize the online entry process via www.AdkinsTrak.com. This will permit a very efficient registration process that is easy to use. Teams will have until 11pm, Monday, January 14, to complete registration.

Immediately after registering online, teams will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving in Rockford, if at all possible.

Unattached:

The online entry site is also equipped to accommodate unattached or individual athletes. Unattached athletes must access this site via www.AdkinsTrak.com. Please follow the links on the website for unattached athletes.

Absolutely no entries will be accepted after June 4, 2008.

Check-In Requirements:

A packet will be provided for each team consisting of team roster and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up at the track facility beginning at 7:00am on meet day. Be sure to bring birth certificates and AAU cards with when you pick up packets.

Awards:

In individual events, awards will be presented for participants who finish 1st-6th place. Relay participants will be awarded for 1st -3rd place finishes.

Officials:

Anyone desiring to officiate at this meet is encouraged to contact Marchan Adkins via email at Marchan@AdkinsTrak.com. Your assistance is greatly appreciated.

Facility:

The track facility has an 8-lane all weather track with ample seating to accommodate this event. Only ¼" or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done by AdkinsTrak Timing Associates using Finishlynx Cameras interfaced with Hy-Tek Meet Manager. No radios, glass containers, or alcoholic beverages are allowed in the facility.

Refreshments:

A Full Service Concession Stand will be provided as well as a hospitality area for officials.

Equipment:

Starting blocks, will be provided by the meet management. Those that desire to utilize personal implements must obtain clearance from the meet official prior to use. If personal implements are used, they will not be released until the end of the competition for that age group.

Admission:

A charge of \$5.00 admission will be assessed for everyone not competing in the meet.

Host Hotel:

Listed below is detailed information on the host hotel.

Hotel	Location	Phone	Amenities	Rate
Cliff Breakers Riverside Resort	700 W. Riverside Blvd. Rockford, IL 61103	(815)282-3033	Fitness Room Restaurant Free Wireless Indoor Pool	TBD

Please be sure to indicate that you are participating in the AAU Track & Field Meet when requesting rooms at this facility.

Event Schedule

Running Events	Field Events
<p>8:00am 4X800m Relay (Midget-Young) 1500/3000 Racewalk (Sub-Bantam-Young) 4X100m Relay (All) 3000m Run (Midget-Young) 80/100/110m Hurdles Finals (Sub-Midget-Young) 100m Dash Trials (All) 100m Dash Finals (All) 800m Run (All) 400m Dash (All) 200/400m Hurdles 1500m Run (Sub-Bantam-Young) 200m Dash (All) 4X400m Relay (Bantam-Young)</p>	<p>All Field Events except the Triple Jump will begin at 8:00am and will run concurrently</p> <p>Long Jump (Youngest-Oldest) Triple Jump (Youth-Young) High Jump (Oldest-Youngest) Shot Put (Youngest-Oldest) Discus (Sub-Midget-Young) Javelin (Young-Sub-Youth) Pole Vault (Youth-Young)</p>

A detailed schedule will be printed after all entries have been submitted