

# AAU CHEERLEADING

## PROGRAM OVERVIEW

The AAU Cheerleading Program offers opportunities for boys and girls, ages 18 and under, in all skill levels to participate in cheerleading. Events are held throughout the country, including local competitions, invitationals, District Championships, and National Championships. The National Championships are open, so any member team can participate.



Events are conducted under the current AAU Code, AAU Cheerleading Handbook and the competition rules of U.S. All Star Federation as modified by AAU. Modifications of rules that are beneficial to participants at the local level can be implemented with approval.

## AGE DIVISIONS

Cheer Division	Age	Level
Tiny Cheer	5 & Under	Level 1
Mini Cheer	8 & Under	Level 1-2
Youth Cheer	11 & Under	Level 1-5
Junior Cheer	14 & Under	Level 1-5
Senior Cheer	18 & Under	Level 1-5
Special Needs	Any age	N/A

The AAU Cheerleading program provides an avenue of competition for many ages as well as both genders. For more specific details on age division please visit the website [www.aaucheerleading.org](http://www.aaucheerleading.org) and review the AAU Cheerleading handbook.

### NATIONAL CHAIR

Cayla Myers  
407-617-9358

[Candicedowdyaau@gmail.com](mailto:Candicedowdyaau@gmail.com)

### SPORT COORDINATOR

Samantha Ursch  
407-934-7200

[samantha@aausports.org](mailto:samantha@aausports.org)

## FUTURE EVENTS

**Location:** Hampton Roads, VA  
**Dates:** August 3-4, 2015  
**Facility:** Boo Williams Sportsplex



## BENEFITS OF AAU CHEERLEADING

- Nationally recognized non-profit organization.
- Insurance, including general liability and participant accident, is included as a benefit of membership.
- Low membership fees.
- Low tournament fees.
- Freedom and flexibility in conducting programs and hosting events.
- Multi-sport membership card allows participants to compete in any sport.
- Open entry to the National Championships – any team can participate.
- Non-exclusive organization. Anyone can join.
- Easy online registration for membership, insurance certificates, license applications and events.
- Multi-year membership available – join for 1, 2 or 3 years.
- Level 3 Club Membership offering eligibility for tax-exempt status and to accept tax-exempt donations.

## SOCIAL MEDIA



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