

TENTATIVE AAU NATIONALS SCHEDULE: Subject to change, based on the results of the roster verification. Session age delimiters and assigned clubs will be provided once the verification process is completed, the week of May 8, 2023.

Gym A

Friday

Session 1A: Level 1

Session 2A: Level 1 & 2

Session 3A: Level 2

Session 4A: Level 2

Saturday

Session 5A: Level 4 & 5

Session 6A: Level 4 & Gold

Session 7A: Gold

Session 8A: Gold

Sunday

Session 9A: Gold

Session 10A: Gold

Session 11A: Gold

Session 12A: Gold

Monday

Session 13A: Gold

Session 14A: Level 6

Gym B

Friday

Session 1B: Level 3

Session 2B: Level 3

Session 3B: Level 3

Session 4B: Silver

Saturday

Session 5B: Silver

Session 6B: Silver

Session 7B: Silver

Session 8B: Silver

Sunday

Session 9B: Silver

Session 10B: Silver

Session 11B: Silver

Session 12B: Silver

Monday

Session 13B: Level 8, Open & Diamond

Session 14B: Diamond

Gym C

Friday

Session 1C: Bronze

Session 2C: Bronze

Session 3C: Bronze

Session 4C: Bronze

Saturday

Session 5C: Bronze

Session 6C: Bronze

Session 7C: Bronze

Session 8C: Bronze & Special Stars

Sunday

Session 9C: Ladies Bronze, Ladies Silver & Ladies Gold

Session 10C: Ladies Platinum, Ladies Diamond & Ladies Open

Session 11C: Platinum

Session 12C: Platinum

Monday

Session 13C: Platinum

Session 14C: Level 7